



# the shofar

November 2019 ☆ Cheshvan–Kislev 5780 ☆ Vol. 53, No 3



## Shabbat Services

Friday, November 1

7:30 PM Erev Shabbat Service

Saturday, November 2

10:00 AM Sorin Bar Mitzvah Service

Friday, November 8

7:30 PM Erev Shabbat Service

Saturday, November 9

10:00 AM ShabbASANA

10:00 AM Shabbat Morning Service  
at Chadeish Yameinu

Friday, November 15

5:45 PM Beth El Bim Bam

7:30 PM Rock Shabbat

Saturday, November 16

10:00 AM Koontz Bar Mitzvah

Friday, November 22

7:30 PM Erev Shabbat Service

Saturday, November 23

10:00 AM Lessin Bat Mitzvah

Friday, November 29

7:30 PM Erev Shabbat Service

Saturday, November 30

10:00 AM Shabbat Morning Service

### BROTHERHOOD BRUNCH

## The Kepler Mission: Exotic Solar Systems on the Road to Earth-Like Planets

SPEAKER: Professor Jonathan Fortney,  
UC Santa Cruz Professor of  
Astronomy and Astrophysics

ALL TBE INVITED

Sunday, November 24

10:00 AM–12:00 PM



Exoplanets are planets outside of our solar system and, yes, they exist! The discovery of these remarkable astronomical objects and their features is a vibrant research field pushing the boundaries of modern technology. Professor Jonathan Fortney was a leading researcher of the planet Kepler Mission, is now part of the Cassini Team, and is the Director of the Other Worlds Laboratory, which seeks to make connections between distant planets and our solar system's planets.

Join us for a lox and bagel brunch, a little Brotherhood business, followed by Professor Fortney's talk. Recommended donation is \$5 for Brotherhood members and \$7 for non-members.



Shabbat program  
for families  
with children of all ages.  
November 15

5:45 PM • Vegetarian potluck  
Shabbat singing dinner

6:30 PM • Fabulous engaging  
Shabbat activities for all ages that  
include child friendly hands-on Jewish  
activities and PJ Our Way (ages 9-11)  
activities

Meet and schmooze with other  
Jewish families at this fun community  
Shabbat event for children of all ages.  
The program is free and open to the  
public.

Potlucks at TBE are *kosher style*.  
We do not serve meat and milk  
together and we don't serve pork or  
shellfish.

A special thank you to PJ Library  
[www.pjlibrary.org](http://www.pjlibrary.org). Please RSVP to  
[sclarkson@tbeaptos.org](mailto:sclarkson@tbeaptos.org) to save your  
place at dinner.

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## Rock Shabbat

Friday, November 15, 7:30 PM

Musical, spiritual,  
uplifting—for the whole family!

Sponsored by: Gus and  
Wilma Gold, Geri and Len Wolff, Dan Gold  
and Patrick LeCuyer, Meryl Selman and  
Dave Ptak, Jackie and Michael Tuttle.

Temple Beth El is a Reform congregation serving the Jewish community  
in the greater Santa Cruz area.

Passionate about peace and justice • Creative about prayer • Joyful about tradition

# Spirituality

THOUGHTS FROM RABBI PAULA



Rabbi Paula

## *Thanks-Giving A Jewish Practice*

One of my favorite sayings, which I have posted on the inside of my office door, is “To Kvetch is Human, To Act is Divine.”

It's so easy to kvetch and Judaism has an answer for this tendency. The practice is called, *hakarot hatov*, acknowledging/recognizing the good. Just like any practice, it may not be our natural inclination, and so it takes practice.

Imagine how different our interactions and relationships would be if each time we begin a new conversation, email or social media exchange, we would start with appreciation for the person on the other end of the communication. While saying thank you and acknowledging the good in the other might not be easy at first, it can become contagious. If just a few people in our family, friend group or workplace shift the tone of interactions, it can lead to others engaging in this behavior as well.

*Hakarot hatov* can also be an expression of our own limitations, a recognition that I am not completely in control—that I depend upon others. This can lead to a sense of humility and increased appreciation for how we are connected to others.

Jewish people are literally rooted in the concept of gratitude. We are called Jews, *יהודים* Yehudim, after the tribe of Yehuda, whose Hebrew linguistic root is *yadah* which means to give thanks. This means that it is literally in the DNA of all Jews (Yehudim) to recognize the good that someone does for us and give thanks for it.

*Hakarot hatov* can be more difficult when we are facing challenges. And, it may be one way we can help lift our spirits. As we move toward Thanksgiving, may we work to incorporate this Jewish practice into our lives.

—Rabbi Paula Marcus

## *An Invitation From the Women's Rosh Hodesh Group of Temple Beth El*

Rosh Hodesh Kislev with Gaby Litsky on Tuesday November 26, 7:00–9:00 PM.



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## **DECEMBER 2019 SHOFAR DEADLINES**

Articles are due **November 1**. Advertising deadline is November 4. Email text or advertising questions to [mstein@tbeaptos.org](mailto:mstein@tbeaptos.org) or call (831) 460-1389. The Shofar is published September–June by Temple Beth El Jewish Community Center, 3055 Porter Gulch Road, Aptos, CA 95003. Phone (831) 479-3444, fax (831) 475-7246. A TBE membership benefit. Non-member subscription rate is \$40/year. Vol. 53, No. 3. Marcia Stein, Editor/Publisher.



# Synagogue News

## A NOTE FROM THE PRESIDENT



Amy Harrington

I hope everyone had a reflective and spiritually meaningful Rosh Hashanah and Yom Kippur. There were so many options for celebration and deep explanation.

Knowing that we take this time for ourselves in a way that is meaningful to you is what these holidays are all about.

There were outdoor options, traditional services, meditation, Rock Hashanah, and our congregation was participating in all of them. It was a delight to see so many familiar people and new community members who have joined our congregation.

Speaking of joining, I am happy to say that as of September 25, 2019 we have 444 accounts and a total of \$678,636 dollars in pledges for the year! Last year at this time we had 372 accounts and a total of \$581,233 in pledges. Thanks to all of you who renewed or joined our temple and gave so generously. We are well on our way to our goal of approximately \$780,000. Tanya Lorient and Melissa Sunberg have been working on streamlining the renewal process and they are always looking for feedback to improve our system for next year.

Thanks to our staff, our Rabbis, and all of you for making the beginning of 5780 such a special time for all of us.

—Shalom, Amy Harrington

## TBE Board Approves New Environmental Policy

On September 24, the TBE Board of Directors approved the TBE Environmental Policy, which allows the temple to qualify for a Green Business Certification. The policy incorporates sustainability into our core temple practices in the following ways:



1. Promoting the zero waste guidelines of refuse, reduce, reuse, recycle and rot.

2. Committing to purchasing products that sustain a healthy environment.

3. Promoting sustainable practices, environmental education, and outreach with our staff and the greater community.

4. Conserving energy, water, and natural resources.

TBE has already taken the following actions: Onegs and Brotherhood brunches are using washable or compostable containers and flatware, and the temple has selected and purchased environmental cleaning solutions. The temple will soon be purchasing bins for trash, recycling and compostables, plus explanatory signs for each bin, and will continue ongoing personnel trainings.

Many thanks to Robert Morgan and Marilyn Rigler of the TBE Green Team for spearheading this effort and to Tanya Lorient, Melissa Sunberg, and Julie Lorraine for their help with this endeavor.

## In The Temple Family



### NEW MEMBERS

Jessica Cohen and Matthew McKown  
Scott Peterson and Suzanne Geneste  
de Besme  
Dallas Sacher  
Katrina Tattenham and Pascual Cruz

### MAY THEIR MEMORIES BE FOR A BLESSING



September 16–October 10

Bernie Issenman, father of Philip (Nika) Issenman, Robert (Lori) Issenman, and Tina May; grandfather and great-grandfather of Ryan Coonerty (Emily) Daisy and Kellan, Casey Coonerty Protti (Michel Potti) Claire and Devin in Santa Cruz; and many others.

Len Jackel, father of Stephen and Jonathan Jackel

Julius Surkis, husband of Angela, father of Rachel and Judith.

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## TBE's Social Action Committee Advocates for Social Justice Legislation

On August 20, eleven members of TBE's Social Action Committee went to Sacramento to participate in the [California Religious Action Center's](#) annual Lobby Day, where over 200 Reform Jews from around the state met with their legislators to advocate for [RAC-CA's 2019 legislative agenda](#). That agenda included bills on housing/homelessness, climate/environmental



TBE's Lobby Day team with Assembly member Mark Stone outside his office in the State Capitol.

justice, immigrant justice, gun violence prevention, and criminal justice reform. Seven of the eleven bills on that agenda have now been approved by the legislature. If you are interested in promoting California legislation to address social justice issues, please consider joining TBE's Social Action Committee.

# Synagogue News

GET TO KNOW

## Marilyn Valencia and Cynthia Carman



We are thrilled to 'Get to Know' our two new wonderful office staff; Marilyn Valencia and Cynthia Carman. Both positions play an integral part in how the temple functions. We are very lucky to have such kind and dedicated individuals. So, as they get to know all of us, let's get to know a little more about each of them.

Marilyn is a Santa Cruz native having graduated from Harbor High and Cabrillo College. She has health services, veterinary, and culinary backgrounds. You may have already seen her assisting at some temple functions. Her passions include catering, hiking, camping and gardening. She recently completed a two-and-a-half week road trip visiting ten National Parks! (Yellowstone was her favorite.) She also has a black Lab named Alice and a white cat named Marshmallow. Marilyn is thankful to be part of TBE "because it is important to feel the warmth of a community!"

Cynthia Carman is a San Jose Native who comes to us from the Los Gatos JCC. She has a lot of experience in accounting, although she wants to make it clear that she is really more of a people-person than a strictly numbers-person. She loves the beach, cooking, traveling, and skiing. She has a Corgi named Jolly Mon, and a son who works for Apple and lives in San Francisco. Her personal motto is "Life is short, live it well." She is looking forward to being able to make a positive difference in people's lives!

Call or visit and let Marilyn and Cynthia know how grateful we are to have them with us!

## TEMPLE BETH EL BOARD OF DIRECTORS 2019-20

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To be announced  
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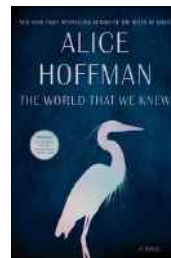
www.pearlestelle.com  
pearlestelle@yahoo.com



LIBRARY HIGHLIGHT:

## Golems Everywhere You Look

The mythical golem—a creature made of mud brought to life by divine or magical means—is as old as Judaism itself: the Talmud refers to Adam as a golem. The most famous golem story, retold many times, tells of Rabbi Judah Loew in 16th century Prague, who created a protector for the residents of the Jewish ghetto. Legend says that Rabbi Loew's golem is hidden in the Old Synagogue awaiting the day it is revived. While the Prague golem waits, the story has been resurrected many times in modern literature. Superman, created by sons of Jewish immigrants, may be based on the golem story. Other appearances of golems include Cynthia Ozick's *Puttermessa Papers*, Michael Chabon's *Kavalier and Clay* (based on Rabbi Loew's and Superman's origin stories), and Helene Wecker's *The Golem and the Jinni*. Golems even appear in a surprising number of children's and young adult stories, from *The Golem's Latkes* to *The Golem's Mighty Swing*. In the past month we have added two excellent new books featuring golems: the children's book *Sweep: The Story of a Girl and Her Monster* by Jonathan Auxier, and Alice



Hoffman's newest novel, *The World That We Knew*. While some may wonder at the attraction of this ancient myth in modern times, we're not surprised that the golem—a powerful protector—has been

revived during such dark days.

You can find these books, and others, in the TBE library using the online catalog at <https://tbeaptos.libib.com>. You can also browse the literature collection by author. Members may borrow books from the library collection for 30 days (renewable) using the self-service station near the door. For questions or comments, contact [librarytbe@gmail.com](mailto:librarytbe@gmail.com).

# Contributions *September 5–October 3*

BARTFIELD YOUTH CAMPERSHIP FUND  
in loving memory of my father, Daniel  
Israel Levine, who taught me  
everything  
Joan Levine

BROTHERHOOD DONATION  
In loving memory of Glenn Millhauser's  
mother, Velma Millhauser  
Melinda and Dan Luster

CAMP KAYETZ FUND  
In memory of Jacob and Ruth Guthartz  
Steven and Miriam Guiney

CEMETERY FUND  
In memory of Paxine Wylde  
Gail Wylde and Chris LaRue  
In loving memory Bea and Leo  
Greenberg  
Rivka Greenberg

GENERAL MEMBERSHIP SERVICES FUND  
In appreciation for Rosh Hashanah  
aliyyot and in honor of Rabbi Paula  
Murray and Sheila Baumgarten  
In honor of Gail Levine  
Margie Kern-Marshall  
In honor of Leta Miller and the TBE  
choir  
Jill Tardif  
In loving memory of Bernard Issenman  
Casey Coonerty Protti and Michel  
Protti  
In loving memory of Noah Tomash  
Adelle Tomash  
In memory of my beloved husband  
Martin  
Miriam Rappaport

JANET ROTHCHILD ROCK SHABBAT  
FUND  
Rock Shabbat Sponsorship  
Bob Katz and Leola Lapidés  
Carolyn and Curt Coleman

MINYAN FUND  
In loving memory of Len Cohen, father  
of Rabbi Eli Cohen  
Joan Levine

ONEG FUND  
In loving memory of Edwin Hausser  
Lisa Delan and Wynn Hausser

PIANO FUND  
A gift  
Eleanor and Bernard Hilberman  
In honor of Leta Miller  
Amy and David Harrington

In memory of Alan Miller  
Scott Sandler and Jodi Rieger  
Ethel Herring

RABBI LITVAK DISCRETIONARY FUND  
Thanking Rabbi Rick for his caring  
support of the Issenman and Coonerty  
family in officiating Bernard  
Issenman's funeral  
Casey Coonerty Protti and Michel  
Protti

RABBI MARCUS DISCRETIONARY FUND  
To Rabbi Paula for honoring Bernard  
Issenman by participating in his  
funeral with thanks from the  
Issenman/Coonerty families  
Casey Coonerty Protti and Michel  
Protti  
In loving memory of my mother, Edith  
Levine  
Joan Levine

ROSE LEVINE YOUTH CAMPERSHIP  
FUND  
In memory of Mark Levine  
Estelle Levine

SECURITY DONATION  
A gift  
Laurie Getz  
Jay and Ann Goodman

SENIOR CONNECTIONS FUND  
In memory of Rosie  
Gilda Zelin

SIMCHA PRESCHOOL FUND  
In honor of Lori Scher's Birthday  
Andy Martin and Aimee Raphael-  
Martin

SOCIAL ACTION FUND  
In loving memory of my mother,  
Maxine Nanas  
Paula Marcus and Aryeh Nanas



## Donor Spotlight:



## Terry and Jerry Spodick

This month we would like to recognize long time members and major contributors to our TBE community, Terry and Jerry Spodick. Jerry's parents, Florence and Saul, were actually one of the founding families of Temple Beth El. A young Jerry and his brother David both became Bar Mitzvahs here.

Terry and Jerry joined the temple a few years after their marriage in 1984 and have been involved in many fundraisers! Over the years, Terry has enjoyed her involvement with the membership committee, scholars in residence, becoming an adult Bat Mitzvah, and helping with graphics needs at the temple. She took over the cemetery duties from Arnold and Estelle Levine, and skillfully oversaw the expansion at Home of Peace Cemetery as well as the purchase of the Beit Olam Cemetery in Soquel. After a hiatus she is back on the cemetery committee. This is extremely important work for our community and requires much dedication, although Terry states "It is an honor to be able to connect with people at such a vulnerable time in their lives."

In 2004 Terry was recognized with our Woman of Valor Award. Currently she serves on the WOV committee, and enjoys the Women's Writing Group every Wednesday.

Both Spodicks feel that it is important to honor those who have gone before and preserve their heritage by supporting the local Jewish community. "I was brought up to believe that money is only good for what it can do for others, and we are grateful that we are in a position to help others," says Terry.

Temple Beth El owes the Spodicks a great big Todah Rabah!



# Youth

## TEMPLE SCHOOL NEWS



Rabbi Shifra

### *Temple School fosters a love of Jewish learning in a joyful, engaging and supportive community.*

Thank you for everything you do to support Temple School. Our scholarship fund is a very important and worthwhile donation.

We are granting more scholarships than ever as we are committed to helping every family who needs financial assistance to send their children to Temple School.

Thank you for all of the wonderful, positive feedback about Temple School. I am happy to say that Temple School is thriving with many new families. While many congregations are having trouble attracting young families, thanks in part to Sarah Clarkson heading the 'Young

Families Project,' our schedules are full of baby namings and our halls are full of adorable youngsters. I am thrilled with my staff and there are some very exciting things going on.

Thanks to the Brotherhood for another fantastic opening day picnic and thanks to the education committee volunteers for ensuring that everything went smoothly on the first day.

I was filled with pride at the many ways our teens took on leadership roles during the High Holidays including leading prayers at the main service and up in the tent for Jr. Congregation. We are truly blessed to have such energy, creativity and innovation in the school.

—Blessings, *Rabbi Shifra Weiss-Penzias*

## Simcha Preschool

What a pleasure to celebrate Sukkot together during our Simcha Sukkot potluck! Thank you, Rabbi Paula, for leading the lulav, etrog, and prayer rituals in the child-decorated sukkah. Thank you to Nicole and Eli Karon for donating the bamboo reeds to make our sukkah's walls, too! We love seeing what the children create each year, to decorate our sukkah.

Preschool class parent Patrick Maguire, has been facilitating enjoyable music classes in all three classrooms. The children are learning about music basics such as what is rhythm and the chorus, as well as about music-making tools like a guitar capo.

October commenced our newly

minted 'Parent Committee Parent Education Series' with guest speaker Kelly Gavin, who shared about the usefulness of essential oils for families and in the home. In November, Sabrina Max will be teaching families about their financial savings options for their children's college careers and other future endeavors. December's speaker, Speech Language Pathologist Johanna Lambert, will bring her expertise in children's language development to the monthly series.

With the High Holidays and Sukkot pleasantly in our recent memories, we are looking toward Thanksgiving and then Chanukah. Chag Sameach!

—With warm regards, *Lisa Mendez, Director*

## SRFY Shabbat Dinner

November 8, 6:00–8:00 PM

At the home of SRFY board member Ezra Hapner

Please bring a dish to share and something to contribute to bags for the homeless that we will be building. RSVP to Jennifer at [kanterjennifer1@gmail.com](mailto:kanterjennifer1@gmail.com) and let her know what you will be bringing. She will give you the address.



## Mazel Tots



Sunday, November 3

9:45 to 11:15 AM

at Temple Beth El

Join in fun family-themed activities for children five years and under with their families. Members and non-members welcome. Free. Please bring a healthy snack.

## Temple School, Hebrew High & Young Families Program Calendar



Sunday, November 3

TS Grades K-6, Mazel Tots, 5th Grade Parent Participation/Cemetery Field Trip

Wednesday, November 6

TS grades 4–6, KEF, Hebrew, 7th Grade & Hebrew High, 7th Grade Parent Meeting

Sunday, November 10

NO TEMPLE SCHOOL—Veteran's Day

Wednesday, November 13

TS grades 4–6, KEF, Hebrew, 7th Grade & Hebrew High

Friday, November 15

Beth El Bim Bam and Rock Shabbat

Sunday, November 17

TS Grades K-6, Kindergarten Parent Participation

Monday, November 18

Beth El Baby Bunch

Wednesday, November 20

TS grades 4–6, KEF, Hebrew, 7th Grade & Hebrew High

Thursday, November 21

Round Challah Making at New Leaf Market West Side

Sunday, November 24

TS Grades K-6, Brotherhood Brunch

Wednesday, November 27

NO TEMPLE SCHOOL—Thanksgiving Break

# Nachas/Upcoming Events to Note

## Nachas for Leta Miller

LETA MILLER, professor emeritus of music, was one of three UCSC faculty members awarded the Edward A. Dickson Emeriti Professorship in recognition of their outstanding achievements in scholarship and teaching for the 2019-20 academic year. The awards are given annually and funded by an endowment from the estate of former UC Regent Edward A. Dickson. The professorships make it possible for the university to retain the invaluable services of highly accomplished, retired faculty members, for the benefit of its students.



Miller joined the UC Santa Cruz faculty in 1980 and retired in 2016. She has published widely on music in the 20th century, including her 2011 book, *Music and Politics in San Francisco: From the 1906 Quake to the Second World War*. She previously co-authored two books on composer Lou Harrison and has published a critical edition of his works.

Miller's article on Henry Cowell and John Cage in the *Journal of the American Musicological Society* won the Lowens award from the Society for American Music. Her biography of Pulitzer-Prize-winning composer Aaron Jay Kernis appeared in 2014, and she is currently completing a book with J Michele Edwards on Chinese American composer Chen Yi.

The Dickson emeriti award will help Miller support travel for research on a new book about racial segregation in the American Federation of Musicians from 1896 through the 1960s. The project expands on an article she published in 2007 dealing with the racial struggles in the San Francisco union, extending that research for a book that will now cover the entire country.

## Join Brotherhood Under The Boardwalk!

All of TBE Invited

Sunday, December 8, 9:30 AM

RSVP Now for the Tour!



Back by popular demand, Brotherhood is sponsoring "Under the Boardwalk," a FREE behind-the-scenes tour of the Santa Cruz Boardwalk for temple members. This event SOLD OUT the last two times Brotherhood and the Boardwalk sponsored this tour.

TBE's own Marq Lipton will lead us on a rare expedition to explore the secrets under the Boardwalk, unseen by the public, where only we fortunate few will venture. Marq reports that there's even some Jewish history at the Boardwalk. Meet at the merry-go-round for the approximately 90-minute tour. But you must RSVP to Dan Luster at [dan@iuster.com](mailto:dan@iuster.com) as soon as possible. Reservations will be cut off once we reach the maximum number that the Boardwalk can accommodate. First come, first served!

For those who would like to enjoy an early lunch, we're planning a group feast in the party room at the bowling alley at 11:30 AM. Watch for details on menu and cost. You're also welcome to enjoy the limited Boardwalk rides and games, indoor arcades, mini golf, laser tag and delicious foods. This is going to be a fun-filled day!

## The 2020 Santa Cruz Jewish Film Festival (SCJFF) Needs Your Support



Mark your calendars! Saturday, April 25, 2020, is opening night for the 2020 SCJFF, once again featuring a delicious reception prepared by Zena and a raffle of baskets filled with goodies. The Film Festival Committee is busy screening films and arranging venues. Watch for the program in the March or April Shofar.

Your generous donations help with the cost of film rentals and venues. We couldn't have a Film Festival without your support! Donor contributions start at just \$18. Please consider supporting the 2020 SCJFF. Make checks out to TBE and note in the memo section it's for the Film Festival or SCJFF. Watch for more information about films, volunteer opportunities, and donating raffle prizes. Please contact Marcia Meyer at [marmey26@comcast.net](mailto:marmey26@comcast.net) with any questions.

### Donor Levels

- \$18** - Chai (gets 1 raffle ticket)
- \$36** - Double Chai (gets 2 raffle tickets)
- \$54** - Triple Chai (gets 3 raffle tickets)
- \$90** - Chai Mensch (gets 5 raffle tickets)
- \$180** - Super Chai Mensch (gets 10 raffle tickets)
- \$250** - Royal High Mensch (gets 10 raffle tickets, 1 reception ticket, and reserved seating at 1 film)
- \$360** - Chai Co-Sponsor (Co-sponsors 1 film, gets 10 raffle tickets, 2 reception tickets, and reserved seating at 1 film)
- \$500** - Chai Sponsor (Sponsors 1 film, gets 10 raffle tickets, 2 reception tickets, reserved seating at 1 film, and advertising in theater)
- \$1000** - Chai Roller (Film Festival Sponsor, gets 10 raffle tickets, 2 reception tickets, advertising in the theater and program, and reserved seating at all films)

Thank You!

# Todah Rabah/Activities & Events



The MAZON Project is Temple Beth El's Longest-Running Social Action Program. Participation in the Temple Beth El MAZON Project brings love and spiritual sustenance both to the givers and receivers via the mystical power of home-cooked food. Sign-up now! Go to The MAZON SignUpGenius Mazon link listed under "MAZON Project" in the "Social Action" pull-down menu on the TBE website, or contact Chris Goldstein at [orngold@aol.com](mailto:orngold@aol.com) or Robin Belkin at [Robin@MyVeryOwnCoach.com](mailto:Robin@MyVeryOwnCoach.com).

Thank you very much to our compassionate congregants that have generously provided dinner, on behalf of Temple Beth El, to the Santa Cruz Homeless Shelter, every Sunday of the Year, since 1988!

**Our spectacular September volunteers were:** Shira Coleman (6X!), Wilma Gold (4X!), Rachael Katz and Friends (5X!), Lisa Segnitz, Deborah Jacobson, Martha Jacobson (2X), Penny Chesluk, Carol Maler, Nancy and Marc Yellin (2X), and Catherine and Bob Cooper (2X).

**Our awesome October volunteers were:** Toby Alexander, Catherine and Bob Cooper, Shifra Weiss-Penzias, Susan and Stephen Karon, Fay Levinson, Rachael Katz (5X!), Leslie Smith, Martha Jacobson (2X), Priva Tarbet, Marcia Meyer, Vicki Halil, Rowan Jones, Jessica Olamit, Gaby Litsky, and Susan Karz.

*If you offer your compassion to the hungry And satisfy the famished creature Then shall your light shine in darkness And your gloom shall be like noonday.*

- Isaiah 58:10



## Shabbat at the Beach Setup Appreciation

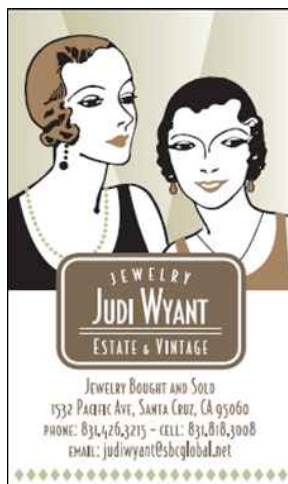
Thank you to the people who made Shabbat at the Beach happen. Thank you to Kate Avraham and Carol Skolnick for securing our fire pit spot. Thank you to Shira Coleman for bringing wood. And thank you to the Sisterhood for providing the makings for s'mores. It takes a village...

## Women's Health and Reproductive Rights Presentation

Sunday, November 17, 1:30–3:30 PM



Sisterhood will present *Fix It: Healthcare at the Tipping Point*. This film explores the affordability and implementation of a single-payer health system and addresses opposition arguments to such a plan. There will also be a discussion of how a Medicare-for-All plan would affect women's reproductive rights and access to healthcare. Presented by TBE Sisterhood as part of its Issues-in-Sisterhood Women's Series.



## Challah Making

November 21, 3:30 PM



New Leaf Market, 1101 Fair Ave  
on the west side of Santa Cruz

Make Challah with Temple Beth El's Young Families Project at New Leaf Market's West Side kitchen. We will have helpers, all the ingredients, and the recipe! Take home the dough to bake, the simple one bowl recipe and a little challah to enjoy. The kitchen is at the back left corner of New Leaf Market. Bring your little chef(s) and the Shabbat spirit! RSVP's are helpful to Sarah at [sclarkson@tbeaptos.org](mailto:sclarkson@tbeaptos.org).

## Death Café

with Holly Blue Hawkins  
and Rose Ashford

November 18, 7:00–8:30 PM

There's no agenda for this session. We will just get together for tea and cookies and talk about death.

## Birth of God in the Biblical World

with Jehon Grist, Senior Educator,  
Lehrhaus Judaica

Thursday, November 14, 7:00–8:30 PM  
at the home of Margaret Gordon

Our sense of who God is and what God does will forever be linked to the ancient Israelites and their core text, the Hebrew Bible. In this session, we will discover how their ideas about God drew on Canaanite, Mesopotamian and Egyptian notions about the divine. Then, we will explore Israel's profound (and sometimes troubling) theological breakthroughs that gave birth to the world's first enduring monotheism. We'll also address the many names of the God of Israel acquired over time as well as the wife that was lost in the process.



# Activities & Events

## COPA Behavioral Health Civic Academy

Sunday, November 3, 1:30–3:30 PM

Find out how mental health and substance abuse issues in Santa Cruz County can be improved. Please check the weekly email for more information.

## Baby Bunch

Monday, November 18  
11:00 AM–12:30 PM



Quality social time with parents and babies birth to age 3, here at TBE in the coffee lounge. Questions? Contact Sarah [sclarkson@beaptos.org](mailto:sclarkson@beaptos.org).

## Senior Connections

November 11  
*The making of  
books: Authors,  
Publishers and  
Libraries with  
Lee Jaffe*



November 25  
UCSC Professor  
Emerita Ronnie Gruhn:  
*U.S. Foreign Policy in  
Crises*



**Chanukah Story Time  
at Bookshop Santa Cruz**  
Thursday, December 5, 5:30 PM

**Breakfast and Books**  
Sunday, December 8, 12:00 AM

**Chanukah Extravaganza Dinner**  
Friday, December 20, 5:45 PM

**Rock of Ages Rock Shabbat**  
Friday, December 20, 7:00 PM

**Erev Chanukah Community  
Candle Lighting**  
Sunday, December 22, 6:30 PM

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BC006 CRC2176129 07/18



# November 2019

## Temple Beth El Jewish Community Center • Cheshvan–Kislev 5780

All events are subject to change. Please check the Temple website. [www.tbeaptos.org](http://www.tbeaptos.org) or call the office at 831-479-3444 to verify information.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b> Erev Shabbat Service 7:30pm  Simcha Closed for Professional Development  5:52pm	<b>2</b> Sorin Bar Mitzvah (Noach) 10:00am
<b>3</b> Temple School Grades K–6 and 5th Grade Parent Participation Field Trip 9:45am Mazel Tots 9:45am Adult B'nai Mitzvah Class 12:30pm	<b>4</b> Mussar Class 7:00pm (out)	<b>5</b> Pilates Class 10:00am Mah Jong 12:00pm Caregiver Support Group 7:00pm Jewish Meditation 7:00pm	<b>6</b> Women's Writing Group 10:30am Chair Yoga 12:30pm Temple School Grades 4–6, KEF and Hebrew 4:00pm 7th Grade & Hebrew High 6:30pm Craft Group 7:00pm Introduction to Kabbalah, Part 2 7:00pm 7th Grade Parent Meeting 7:00pm	<b>7</b> Pilates Class 10:00am Lunch & Learn 12:00pm Library Staffed 3:00pm Women's Song Circle 7:00pm (out)	<b>8</b> Erev Shabbat Service 7:30pm   4:45pm	<b>9</b> ShabbASANA Yoga 10:00am Shabbat Service with CY (Lech-Lecha) 10:00am (out)
<b>10</b>   No Temple School	<b>11</b> Senior Connections 1:30pm Mussar Class 7:00pm (out)  Simcha Closed Veteran's Day	<b>12</b> Pilates Class 10:00am Mah Jong 12:00pm Men's Writing Group 3:00pm Jewish Meditation 7:00pm	<b>13</b> Women's Writing Group 10:30am Chair Yoga 12:30pm Temple School Grades 4–6, KEF and Hebrew 4:00pm 7th Grade & Hebrew High 6:30pm Craft Group 7:00pm Introduction to Kabbalah, Part 2 7:00pm	<b>14</b> Pilates Class 10:00am Lunch & Learn 12:00pm Library Staffed 3:00pm Birth of God in the Biblical World—Salon 7:00pm (out)	<b>15</b> Beth El Birn Bam 5:45pm Rock Shabbat Service 7:30pm   4:39pm	<b>16</b> Koontz Bar Mitzvah (Vayera) 10:00am
<b>17</b> Temple School Grades K–6 9:45am Kindergarten Parent Participation 9:45am Adult B'nai Mitzvah Class 12:30pm Sisterhood Speaker Series—Women's Health Rights 1:30pm	<b>18</b> Baby Bunch 11:00am Women's Song Circle 7:00pm (out) K'vod Café 7:00pm Mussar Class 7:00pm (out)	<b>19</b> Pilates Class 10:00am Mah Jong 12:00pm Simcha Parent Committee Meeting 6:30pm Caregiver Support Group 7:00pm Jewish Meditation 7:00pm General Board Meeting 7:00pm	<b>20</b> Women's Writing Group 10:30am Chair Yoga 12:30pm Temple School Grades 4–6, KEF and Hebrew 4:00pm 7th Grade & Hebrew High 6:30pm Craft Group 7:00pm Introduction to Kabbalah, Part 2 7:00pm	<b>21</b> Pilates Class 10:00am Lunch & Learn 12:00pm Library Staffed 3:00pm Challah Making 3:30pm	<b>22</b> Erev Shabbat Service 7:30pm   4:35pm	<b>23</b> Lessin Bat Mitzvah (Chayei Sara) 10:00am
<b>24</b> Temple School Grades K–6 9:45am Brotherhood Brunch 10:00pm Adult B'nai Mitzvah Class 12:30pm	<b>25</b> Senior Connections 1:30pm	<b>26</b> Pilates Class 10:00am Mah Jong 12:00pm Jewish Meditation 7:00pm Rosh Hodesh Kislev 7:00pm	<b>27</b> Women's Writing Group 10:30am Chair Yoga 12:30pm  Simcha Closed No Temple School or 7th Grade & Hebrew High	<b>28</b>  Office and Simcha Closed for Thanksgiving	<b>29</b> Erev Shabbat Service 7:30pm  Office and Simcha Closed  4:33pm	<b>30</b> Shabbat Morning Service (Toldot) 10:00am



# Gift Shop/Pictures

## SISTERHOOD GIFT SHOP



Come to see our Judaica on Wednesday afternoons 2:30–6:00 PM and Sunday mornings 9:30 AM–12:00 Noon. If another time is easier for you, give us a call: Shirley (831) 685-2710 or Ruth (831) 476-1154. We are here to help!

Ruth and Shirley have gathered the best items for holiday gifts. Save time, save gelt, and support the temple by shopping at TBE. Chanukah extended hours will begin on December 2.



## Building the Sukkah



# Campus Tour November 19, 9:30 am

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## High Holidays



## Tashlich at Natural Bridges and Rio Del Mar Beaches



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