

## **Judaism as a Spiritual Journey**

Registration Required; Eight Sessions Sundays 9:00am-10:00am  
Cantor Alisa, Rabbi Shifra, Sarah Tziporah

### **Welcome to Class Jewish Literacy Basics**

Each Sunday we will meet (all three tracks) as a class and learn and spend some time as a larger group and some time divided into those seeking conversion, those study for adult b'nai mitzvah, and class members who simply want to deepen their relationship to Judaism without conversion or b'nai mitzvah.

**9:30am-10:00am** we will split into three tracks (B'nai Mitzvah, Conversion, General Spirituality)

### **B'nai Mitzvah Track (Cantor Alisa)**

Breakout session for B'nai Mitzvah (B'nai Mitzvah ceremony will be Feb 2022)

#### **Learn to read Hebrew:**

1. Watch RS youtube Hebrew Hints video at least 3 times
2. Purchase EKS Sounds of Hebrew flashcards, and review daily
3. Teach Yourself Hebrew book (about 10-12 weeks to get through it, we can suggest tutors for you to hire if you need one.)
- 4.

## **Study Prayers & Blessings Packet with audio <https://www.tbeaptos.org/bar-and-bat-mitzvah-prayers-and-blessings.html>**

Attendees are encouraged to purchase David Syme: The Jewish Home book  
[https://www.thriftbooks.com/w/the-jewish-home-a-guide-for-jewish-living\\_daniel-b-syme/343364/#edition=3471437&idq=7055148](https://www.thriftbooks.com/w/the-jewish-home-a-guide-for-jewish-living_daniel-b-syme/343364/#edition=3471437&idq=7055148)

### **Conversion Track (Rabbi Shifra)**

Ceremony in Spring 2021

Requirements:

1. Read Jewish Literacy (Telushkin) [https://www.thriftbooks.com/w/jewish-literacy-the-most-important-things-to-know-about-the-jewish-religion-its-people-and-its-history\\_joseph-telushkin/253617/#isbn=0061374989](https://www.thriftbooks.com/w/jewish-literacy-the-most-important-things-to-know-about-the-jewish-religion-its-people-and-its-history_joseph-telushkin/253617/#isbn=0061374989)
2. Read A Book of Life (Strassfeld) [https://www.thriftbooks.com/w/a-book-of-life-embracing-judaism-as-a-spiritual-practice\\_michael-strassfeld/550439/#edition=37636432&idq=39946733](https://www.thriftbooks.com/w/a-book-of-life-embracing-judaism-as-a-spiritual-practice_michael-strassfeld/550439/#edition=37636432&idq=39946733)
3. 3 Essays
4. Mikvah
5. Beit din

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[https://www.thriftbooks.com/w/the-jewish-home-a-guide-for-jewish-living\\_daniel-b-syme/343364/#edition=3471437&idq=7055148](https://www.thriftbooks.com/w/the-jewish-home-a-guide-for-jewish-living_daniel-b-syme/343364/#edition=3471437&idq=7055148)

### **General Jewish Spirituality Track (Sarah Tziporah)**

We will discuss spiritual aspects of Jewish basics and focus on open discussion and delving deeper into our tradition and personal practice. Some topics we will explore include: belief in G-d, the meaning behind our holidays, Torah, Talmud, Jewish Law (halakha), meditation, social justice, Jewish blessing and prayer practices, and more. This track will involve group discussion and *chevruta* practice -- partner study -- a traditional Jewish way to learn.