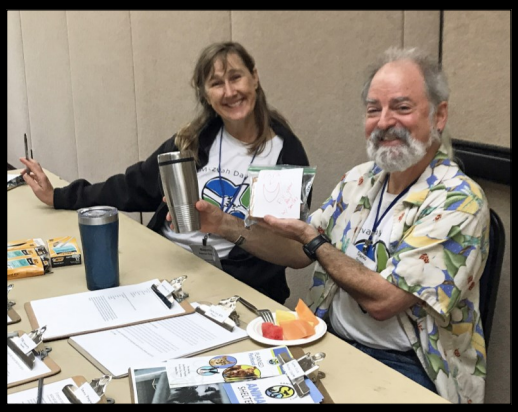Mitzvah Day 2019