

PASTIME PARTNERS: VIRTUAL INTEREST GROUPS

JFS Occupational Therapists are hosting *small informal gatherings* over zoom/phone (3–4-person limit) for those who may have barriers to attending large groups. Challenges such as dexterity, vision, hearing, or shyness can sometimes limit one's comfort in participating in groups. As facilitators, we will make adaptations and provide technological assistance as needed.

Three groups to choose from:

SINGING - Join songbirds to sing folk, rock and standards. Lyrics will be available.

ART SESSIONS – Local high school students will be sharing simple art projects focused on Jewish holiday themes. Several sessions will be held throughout the year. No experience needed!

YIDDISH - Do you remember any Yiddish words from your childhood? Enjoy some “schmooze time” with others. Bring back memories and sharpen your language skills at the same time.

Facilitator: Nanette Brenner, OTR

For information or to register, please email info@jfsneny.org, call 518-482-8856 or visit jfsneny.org.

Once we have a minimum of three group members for any given group, we will contact you with a start date.

