

## Purim

Sunday, March 5

ESTHER'S  
Disney  
MEGILLAH

*followed by our  
amazing Carnival!  
Fun for all ages!*

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Pictures from  
**Boca Havdalah**

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**COMMUNITY**  
*Shabbat*

Friday-Night Services & Dinner

Friday, March 31, 2023,  
at the Albany JCC

## Founder's Day Shabbat



*we welcome back  
Cantor Howard Stahl*

Cantor of  
Congregation  
Beth Emeth  
(1972-1989)

*Friday, March 24  
at 7:30 pm*



ALBANY'S INDOOR ROCK GYM

*Sisterhood and Brotherhood*

**Indoor Rock  
Climbing**

Saturday, March 25  
at 1:00 pm

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# A Message From our Clergy

## A Milestone Season of Celebration



It was on Sunday, March 25, 1838, that the history of the Albany Jewish community was forever changed. It was on that day that a group of Jews gathered together, strong enough in numbers and with the needed resources, to establish the first Jewish congregation in the city of Albany, Temple Beth El (House of God). By 1846, the temple had grown such that they were able to engage the services of their very first Rabbi, Isaac Mayer Wise.

Rabbi Wise was a visionary and a revolutionary figure. He brought with him from Europe the seeds of Reform Judaism and firmly planted them within the American soil. Many of the changes and innovations he introduced, now have become commonplace and taken for granted in how we conduct services, how we teach our children and the philosophical tenets that make Reform Judaism the vibrant and relative community that we are today.

But with any change, no matter how progressive and positive, it is often met with division amongst the congregation. With that said, during Erev Rosh Hashana services on September 6, 1850, there was a skirmish (to which many historians refer as the "famous fist fight") on the *bimah* as the temple president, Louis Spanier, attempted to encourage Rabbi Wise NOT to deliver a sermon that evening that would fuel the already divisive message of his reforms.

Melee broke out amongst the congregation and Wise was escorted out of services by the police for causing a "public outbreak."

A few days later, supported by many of his followers from Beth El, Wise went on to establish a new congregation, Congregation Anshe Emeth (Men of Truth,) dedicated to the new and burgeoning principles of Reform Judaism. At that time, Anshe Emeth became the FOURTH congregation in America (preceded by congregations in Charleston, Baltimore and New York

City) established as a REFORM congregation. (Thus, our current designation as #FORCA...the "fourth oldest Reform congregation in America.)

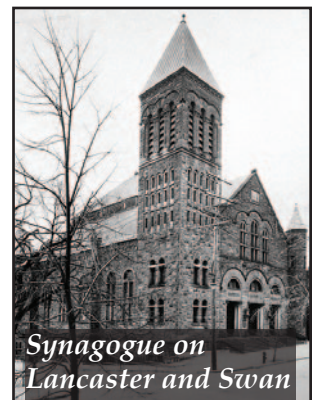
It was not until decades later, in 1885, long after Rabbi Wise had left Albany to move to Cincinnati where he became the chief architect of the institutions of the Reform Movement (UAHC/HUC/CCAR) that Beth El and Anshe Emeth reunited and merged back together again, thus creating Congregation Beth Emeth. Thereafter, the newly merged congregation built the magnificent temple building at Lancaster, Jay and Swan Streets to which Rabbi Wise returned for the dedication ceremonies. That temple building downtown served our community well until our eventual move in 1957 to our present Academy Road campus.

*Later this month, we will begin more formally to celebrate this season of our 185th anniversary as the fourth oldest reform congregation in America.*

We will be hosting the Annual *Founder's Day Shabbat* on Friday, March 24, which brings together all of the Reform congregations in the Capital Region and we will welcome back to Beth Emeth Cantor Howard Stahl who will be our guest speaker at that service.

In addition, there are programs and classes scheduled during the coming months continuing our Lifelong Learning theme this year celebrating our past, present and future.

Also, be sure to mark your calendars to attend a very special and nostalgic return to the old temple downtown for a wonderful Shabbat Service on Friday, April 28. We will "turn back the clock," dust off the old Union Prayerbook, recreate the music and the spirit of what it was like generations ago at the old temple and celebrate our rich and venerable history. More details about that special service as well as transportation that will be provided from our Academy Road parking lot that evening will be in the April issue of The Bulletin.



How honored I have been to have served this historic congregation for nearly four decades and to be a small part of the history which now spans 185 years. Celebrating this congregational milestone as I  
*(continued on bottom of page 3)*

# Kathy's Corner

## COVID Update

Is COVID over? Effective May 11, 2023, the United States will no longer be in a COVID-19 emergency, since the pandemic started three years ago.

### *What does that mean for our congregants and visitors to Congregation Beth Emeth?*

- Masks are no longer required and are optional. We welcome anyone who would prefer to wear a mask to do so for your own protection, or to protect someone close to you. Vulnerable individuals are encouraged to wear a mask in crowded spaces. We will continue to offer masks for adults and children near the front office.
- Vaccinations and Boosters are strongly encouraged, but not required.
- If you test positive after a CBE event, please let the office or those whom you were in contact with, know. There is no shame in being contagious and unintentionally giving the virus to others. It is very helpful to others to be on the lookout for symptoms.
- If you are unwell and/or have flu/cold-like symptoms (COVID or otherwise), please stay home and participate in services and meetings through Live Stream.

*The bottom line is that there are those in our congregation who are more vulnerable than others. Masking, vaccination and other responsible behaviors are encouraged.*

COVID continues to be a presence in our lives, and we have learned to pivot when necessary. We are all in this together and we are grateful for the support, patience, and vigilance we continue to experience.

*Kathy Golderman  
Executive Director*



## Worship Services

### Friday Evening, March 3

5:30 pm Erev Shabbat Service  
Shabbat T'tzaveh

### Saturday Morning, March 4

9:30 am Torah Study with Yonatan Arnon

### Friday Evening, March 10

5:30 pm Erev Shabbat Service  
Shabbat Ki Tisa

### Saturday Morning, March 11

9:30 am Torah Study with Susan Kushner

### Friday Evening, March 17

5:30 pm Shabbat Unplugged Service  
Shabbat Vayak'heil-P'kudei

### Saturday Morning, March 18

9:30 am Torah Study with Yonatan Arnon

10:45 am Bat Mitzvah of Maya Colman

### Friday Evening, March 24

7:30 pm Founder's Day Shabbat Service  
Shabbat Vayikra

### Saturday Morning, March 25

9:30 am Torah Study with Susan Kushner

10:45 am Bar Mitzvah of Jonah Kent

### Friday Evening, March 31

5:30 pm Community Shabbat Service  
at the Sidney Albert Albany Jewish  
Community Center (no service at CBE)  
Shabbat Tzav

*With gratitude to Marge & Barry Hollander for our  
Live Streaming that enables everyone to be together.*

## Clergy Message

*(continued from page 2)*

anticipate my retirement in June, for me, adds to the significance of this season and to all that we are as a "Beth Emeth family," the sacred community that makes CBE so special.

I look forward to your sharing in the celebration throughout the upcoming season and to the bright and brilliant future as a new chapter begins at Congregation Beth Emeth under Rabbi Weitzman's spirited and dedicated leadership.

*L'dor Va Dor... From generation to generation... May we continue to go from strength to strength!*

*Rabbi Scott Shpeen*





# Our Temple Family

It is our practice to acknowledge congregants on special birthdays (starting at age 35) and anniversaries (beginning with the 10th) in multiples of five years. Please send events you want to share, or ones we have missed, to [Bulletin@BethEmethAlbany.org](mailto:Bulletin@BethEmethAlbany.org).

## March Special Birthdays

- |                      |                   |
|----------------------|-------------------|
| Caley Barile         | Elizabeth Langer  |
| Danielle Brown       | Lisa Levine       |
| Ruthie Ellenbogen    | Susan Lieberman   |
| Maria Englert-Rodden | Abby Nash         |
| Fred Erlich          | Marc Nash         |
| Iris Falk            | Steven Parnes     |
| Adam Geyer           | Elaine Peck       |
| Judith Glatt         | Eduard Raskin     |
| Jeffrey Gordon       | Jordan Rosen      |
| Ellen Harris         | Julie Schoonmaker |
| Helene Haven         | Kenneth Wolberg   |

## March Special Anniversaries

- Hilary and Joshua Brownstein ~ 10 years
- Wendy and Ed Sossner ~ 30 years

## In Memoriam

*Beth Emeth recognizes with profound sorrow the death of our members:*

### Jason Baker

Husband of Barbara Baker  
Father of Lori (Frank Coleman) Lubin and  
Leslie (Geoffrey Patack) Baker

### Dr. Ruth Beer

Wife of Yoram Beer, Sister of Michal (Ebril)  
Mother of Omri (Manami) Beer  
and Jonathan (Jackie) Beer

### Harvey Kahalas

Husband of Dianne Kahalas  
Father of Wendy (Douglas) Levey  
and Stacey (Joseph) Plunkett

*Beth Emeth extends sympathy to those in our congregation who have lost a loved one:*

### Joan Cope

Mother of Pya (David) Seidner

## Mazel Tov to...

**Sue and Art Katz** on the marriage of their son, Harrison, to Courtney Lynn Noyce, daughter of Robyn and Mike Noyce. They were married on October 10.

**Sue and Art Katz** on the engagement of their son, Gregory, to Erica Jan Pietzak, daughter of Patricia and Eric Pietzak. A Spring 2023 wedding is being planned.

**Emily Kurlander**, daughter of **Robyn Easton**, has been named recipient of the Bellin Award from the SAAJCC. The Bellin Award is awarded to a high school senior, who has shown outstanding leadership and contribution to the JCC and the community.

**Cynthia** (and the late Marvin) **Freedman, Elliott** (and the late Leita) **Marinstein** and **Robyn and Ed Marinstein**, on the engagement of their (grand) daughter Jessica Marinstein to Josh Jess, son of Lisa Ortiz and grandson of Dave ( and the late Janice) Jennings.

**Jessica and Alan Richer** and **Julie and Andrew Safranko** for being honored at the SAAJCC's 23rd Annual Pillars of the Community Awards on April 30.

## Special Bulletin Recognition



**Nancy Lozman**, a valuable Beth Emeth member and Sisterhood volunteer, has been handling Sisterhood Fund donations for our Sisterhood for well over a decade, possibly two! She writes beautiful thank you notes, acknowledges donations, and submits the information for The Bulletin every month. Thank you for your years of service to our community! We appreciate you!



**Susan Debronsky** who has retired from her position at Beth Emeth after being an administrative assistant to the clergy for 8 years, still volunteers to be a proof reader for The Bulletin every month. Her keen eye for detail and thoughtful process has been an enormous help in making sure that each issue has correct information and is easy to read and understand. We are so happy to have you as an out of town member and a critical piece in our Beth Emeth world.

## Congregation Beth Emeth Bulletin

Deadline for the April issue is March 4.  
Published monthly except in August.  
Please submit to [Bulletin@BethEmethAlbany.org](mailto:Bulletin@BethEmethAlbany.org)

# Lunch & Learn

Wednesdays from Noon - 1:30 pm

You Bring Lunch; Coffee, Tea and Dessert are on Us!

## March 1 - Love Your Neighbor A Jewish-Catholic Dialogue

### BONNIE CRAMER

Director, Union College Hillel  
Mashpia'ah Ruchanit, Co-Chair  
Jewish-Catholic Dialogue  
Member, Interfaith Committee,  
Community Relations Council  
Jewish Federation of NENY



### KATHLEEN K. DUFF

Member, Commission for  
Ecumenical and Interreligious  
Affairs, R.C.D.A.  
Retired Campus Minister,  
Notre Dame-Bp. Gibbons School  
Member, Interfaith Committee,  
Community Relations Council  
Jewish Federation of NENY

## March 8 - The Baskin Robbins of Judaism - The Many Paths to One God Explaining the different movements in Judaism with Rabbi Ami Monson

## March 15 - Know Before Whom You Stand What does it mean to fear God with Rabbi Ami Monson

## March 22 - Model Passover Seder at the JCC (not at CBE) Enjoy a meaningful, engaging and interactive Seder led by Rabbi Ami Monson, JFS Community Chaplain. Cost: \$18 per person. Lunch includes matzah ball soup and beef brisket. Reservations required. Please call 518.438.6651 to register.



## March 29 - P.P.S. - Pre Pesach Syndrome What does it mean to get rid of our physical and inner chametz with Rabbi Ami Monson



### March Collection

#### New or Gently Used Bedding

We're collecting linens and bedding of all sizes. Out of respect for the dignity of our neighbors, we'll accept new or gently used sheets, blankets or comforters, as long as they are in good enough condition to be used in your own home (no stains, fading or tears, please). Grassroot Givers will distribute them to individuals and families throughout Albany, many of whom are recent refugees.



Friday, March 17  
5:30 pm Service  
6:30 pm Dinner

Join us for a special musical Shabbat service! Grade 4 will be participating in leading services. Everyone with a March birthday is invited on the *bimah* to receive a birthday blessing.

Brotherhood will be cooking a delicious meal!  
Menu: Corned Beef, Potatoes, Vegetables, Salad  
Kids: Chicken Tenders  
Vegetarian: Pasta with Artichokes, Beans, Olives and Tomato. David's Cookies for dessert.

Price: \$8 per adult/ kids eat free  
RSVP: by Wednesday, March 15



# Kids

## B'nai Mitzvah

*B'nai mitzvah participate in candle lighting and Kiddush at the Friday night service prior to their b'nai mitzvah.*



**Maya Kelly Colman**, daughter of Jennifer and David, will become a bat mitzvah on March 18.

Maya has been dancing at the School of the Albany Berkshire Ballet for 7 years and has also been a member of the Albany JCC Arrows Swim Team since age 4.

Maya plays piano and viola and enjoys spending time with her family and friends. Her mitzvah project is volunteering at CBE's religious school on Sundays and at the CBE & Me early childhood program.



**Jonah Kent**, son of Kerry and Michael, will become a bar mitzvah on March 25.

Jonah is proud to be a 4th generation Congregation Beth Emeth member. In his free time, he loves to play sports and video games. For his Mitzvah Project, Jonah will be raising money to support Beth Emeth's *Benjamin Mendel, Jr. URJ Camp Scholarship Fund*, it is where he loves to spend his summers.



# President's Perspective

## *Purim Is For Everyone!*

Our Purim celebration on Sunday, March 5 has something for everyone! Whether it is listening to the Purim story and booing or shaking a grogger at the mention of Haman's name, playing carnival games, making and eating *hamantaschen*, or entering the costume parade, Purim is always a fun and entertaining holiday for us!



*Robyn and her husband, Ed welcome you to dress up for Purim!*

*This year, Purim is going to be better than ever! I am excited to announce the addition of a new event to the Purim festivities- the Committee Fair.*

The Fair is being sponsored by the Membership Committee under the leadership of co-chairpersons, Taylor Alfred and Joe Schwartz. Representatives from Beth Emeth's standing and special committees, along with our affiliates -Sisterhood and Brotherhood will be available in the temple lobby to tell you ALL about the amazing things they do! Whatever your passion, this is an opportunity for you to learn about the myriad of ways you can get involved with your Beth Emeth community.

The Committee Fair will begin at 9:30 am on Sunday, March 5, before the official Purim festivities begin. It promises to open up endless possibilities for you!

If you have questions or are unable to join us on March 5 and want to talk about getting involved, please reach out to me.

*Robyn Marinstein*  
*President@BethEmethAlbany.org*

# CBEYG

## Congregation Beth Emeth Youth Group

Since Retreat, we have welcomed a few new members into CBEYG, and we are so excited to have them join us for the rest of the year. In February, CBEYG led our annual Shabbat service with the theme, *Leadership*, written by our Religious and Cultural Vice President, Aden Siegfeld. As always, we are continuing to have many fun programs and tasty dinners at our regular Wednesday night meetings. The CBEYG Board has also been working behind the scenes to prepare for upcoming events, including the annual Purim Carnival at CBE. There, CBEYGers run different games and festive stations, as well as hand out prizes to kids in the religious school. We are also planning for our annual Havdalah Overnight in April. We can't wait to see you at our upcoming meetings and events!

*Jacob Hildreth, Executive Vice President*



*CBEYG teens bake up a super fun time for themselves, little ones, and adults to enjoy!*

## CBE & Me - Purim

Saturday, March 4 at 9:00 am



Children 0-5 and the grown ups who love them are welcome to join us for singing, snacks, and making their own groggers for the Purim Spiel!

## Celebrate Purim!

Sunday, March 5

9:30 am Religious School begins  
Parents are welcome to visit the Committee Fair

10:15 am Purim Spiel and Megillah Reading, featuring Clergy and Senior Staff  
Everyone is invited and encouraged to come!  
Feel free to wear a costume

## ESTHER'S DISNEY MEGILLAH

11:00 am Purim Carnival Begins  
Free Games and Activities Hosted by CBEYG  
Food will be for sale by Brotherhood  
(burgers, hot dogs, and vegetarian burritos)





# March Calendar

## Wednesday, March 1

12:00 pm Lunch & Learn

## Friday, March 3

5:30 pm Erev Shabbat Service

## Saturday, March 4

9:00 am CBE & Me Purim  
9:30 am Torah Study with Yonatan Arnon

## Sunday, March 5

9:30 am ARBA for Fours!  
9:30 am Committee Fair  
10:15 am Purim Spiel  
11:00 am Purim Carnival

## Monday, March 6

7:00 pm Zoom Knit & Nosh

## Tuesday, March 7

7:15 pm Board of Trustees Meeting

## Wednesday, March 8

10:00 am Red Cross Blood Drive  
12:00 pm Lunch & Learn

## Thursday, March 9

6:30 pm Brotherhood Dinner & Card Night  
7:30 pm Sisterhood is Calling

## Friday, March 10

5:30 pm Erev Shabbat Service

## Saturday, March 11

9:30 am Torah Study with Susan Kushner

## Sunday, March 12

12:15 pm Grade 8 Meet & Eat

## Monday, March 13

7:00 pm Zoom Knit & Nosh

## Wednesday, March 15

12:00 pm Lunch & Learn

## Thursday, March 16

8:30 am MultiAccess Philanthropy Meeting  
9:00 am Sisterhood Mah Jongg Tournament

## Friday, March 17

5:30 pm Shabbat Unplugged Service  
6:30 pm Shabbat Dinner

## Saturday, March 18

9:30 am Torah Study with Rabbinic Intern Yonatan Arnon  
10:45 am Grade 6 and 7 Shabbat Program  
10:45 am Bat Mitzvah of Maya Colman  
1:00 pm Sisterhood Family Walk - UAlbany

## Sunday, March 19

9:30 am ARBA for Fours!  
10:15 am Grade 8 Meet & Eat  
1:00 pm Wine & Shine

## Monday, March 20

7:00 pm Zoom Knit & Nosh  
7:15 pm Virtual Membership Committee Mtg

## Wednesday, March 22

8:30 am Zoom Finance Committee Meeting  
12:00 pm Lunch & Learn

## Friday, March 24

7:30 pm Founder's Day Shabbat Service

## Saturday, March 25

9:30 am Torah Study with Susan Kushner  
10:45 am Bar Mitzvah of Jonah Kent  
1:00 pm Indoor Rock Climbing

## Monday, March 27

7:00 pm Zoom Knit & Nosh  
7:00 pm Education Committee Meeting

## Tuesday, March 28

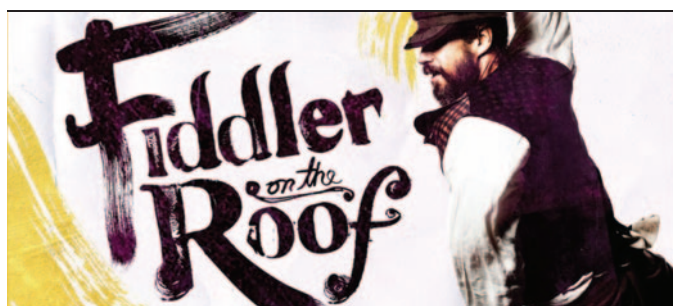
6:00 pm Sisterhood Night Out - The Standard

## Wednesday, March 29

12:00 pm Lunch & Learn

## Friday, March 31

5:30 pm Community Shabbat Service at the J



**Wednesday, April 26 at 7:30 pm**

**at PROCTORS**

*Let's go to the show together!  
Purchase your tickets through our website  
by March 23 to take advantage of our group  
rate and sit with your CBE family!*



# Sisterhood

## Wine & Shine

Sunday, March 19 at 1:00 pm

Make Jewelry and Sip Wine!

Design and take home a wine glass and a one-of-a-kind exquisite bead bracelet

Cost: \$40 per person  
includes supplies, wine and charcuterie

Where: Diamond Centre by Glennpeter Jewelers,  
private design room  
1544 Central Avenue, Albany, NY

# Brotherhood

## Join Us in March!



In February, Brotherhood enjoyed the warmth of a wonderful Havdalah Service led by Rabbi Weitzman, and moved on to the wonder of the Albany Institute of History & Art's exhibits. Everyone had a great time!

March will be busy! On March 5, The Einhorn Center for Jewish Education will be hosting a Purim Spiel and Carnival. Brotherhood is proud to help host and serve refreshments. We will be working with other temples in our region to deliver Yom Hashoah candles to Jewish families throughout the Capital Region. We will be serving a Shabbat Unplugged Dinner on March 17.

All of these events require the support of more than just a few people. We can use MORE people to assist in both planning and execution. Please consider volunteering with us. This can be as simple as prep and cook for food-based events, helping us to set up the site, check people in as they arrive, help serve, or clean up afterwards. Please feel free to reach out to us to see how YOU can assist. You may feel more a part of this wonderful community of ours!

*Yours in Brotherhood, Jay Hurewitz*



# Sisterhood Walks

Saturday, March 18 at 1:00 pm

UAlbany Paved Trail - Meet at outdoor football stadium parking lot off of Western Ave., Albany

RSVP to Jacki Stein at [CBESisterEvents@gmail.com](mailto:CBESisterEvents@gmail.com)

# Mah Jongg (2 ways)

All Levels Welcome!

Sponsored by CBE Sisterhood

**When:** Thursday, March 16  
9:00 am Coffee and Bagels  
9:30 am Games Begin

**Where:** Congregation Beth Emeth

**RSVP:** By Friday, March 10  
register online or  
mail in a check to temple office  
(include name, phone and email  
and if you will bring a set)

**Contact:** Debbie at [Debbie.Sokoler@gmail.com](mailto:Debbie.Sokoler@gmail.com)

**Choose From:**

✓ **Tournament Play**  
With timed games and cash prizes.  
Cost: \$25 inclusive fee

✓ **Relaxed Play**  
Mixed level players.  
Cost: \$10 inclusive fee

Bring a brown bag lunch

Fee includes light breakfast, dessert and snacks

# Sisterhood and Brotherhood

## Indoor Rock Climbing

Saturday, March 25 at 1:00 pm

Cost: \$20

Includes general admission to all climbing areas, climbing shoes and harness rentals.

Light snacks and drinks will be provided in a party room on site reserved for our group.

All new guests must fill out a waiver before being eligible to participate.

RSVP by March 23



**A.I.R.**  
ALBANY'S INDOOR ROCK GYM  
4C Vatrano Rd, Albany





*Our 30th Anniversary Boca Shabbat event, during which we kicked off our CBE 185th anniversary celebration and Rabbi Shpeen's upcoming retirement, was attended by a record breaking crowd this year of over 200 people sharing in the festivities. Heartfelt thanks to those who helped underwrite the event (see p.11). And....to Ellie Safranko and the CBE administrative staff for assisting with many of the details...and to our CBE photographer extraordinaire, Billy Golderman.*







**A very special thank you for all who attended this wonderful evening.**  
 We would like to acknowledge those who helped make the event possible: **Levine Memorial Chapel** (Jane and Mark Levine), **Malka and Eitan Evan**, **Jennifer and David Siegal**, **Sara Lee and Barry Larner** (in honor of Rabbi Shpeen), **Ayelet Tours** (Diane and Ira Rubtchinsky), **Amy Rosen Manchester and Mark Rosen** (in memory of Penny and Harvey Rosen), **Lori and Steven Strong**, **Judith and Peter Saidel**, **Leslie and Barry Feinman**, **Schoonover-Smith Group**, **Beth and Mark Scher** and **Nancy and Barry Simon** (in memory of Beverly & Harold Greenstein, Leona & Harold Simon and Elaine Scher).



# Donations

CBE mails receipts to individuals who have made contributions in excess of \$100. Notifications are mailed to all recipients, and appear in The Bulletin shortly thereafter. This list includes new gifts received by February 5.

## Clergy Funds



**Rabbi Scott Shpeen  
Discretionary Fund**  
Barbara and Jason (z"l) Baker  
in appreciation of the many years  
Rabbi Shpeen has lead Beth Emeth

Lori and Rick Goldstein  
in appreciation of Rabbi Shpeen

**Rabbi Greg Weitzman  
Discretionary Fund**  
Dorothy and Julius Lazarus  
in appreciation of Rabbi Weitzman

Janice Rubenstein  
in appreciation of Rabbi Weitzman

Leslie and Barry Feinman  
in recognition of  
Ashley and Rabbi Weitzman  
joining the Beth Emeth community

**The Rabbi Scott Shpeen  
Rabbinic Chair Fund**  
Robin and Ted Sobol in honor of  
Julie and Andrew Safranko receiving  
the SAAJCC Pillars of the Community  
Award

**The Shenker / Campbell  
Clergy Development Fund**  
Jim Campbell, Maddy Campbell,  
Alex and Casey King in memory of  
Cindy Shenker



## Helping our Synagogue



**The David Goodman Reyt/  
Caring Community Fund**  
Cynthia Freedman  
in memory of Jason Burrick

Cynthia Freedman  
in memory of Janice Rosenthal

Pya and David Seidner  
in memory of Joan Cope

**The Ellen Herkowitz  
Judaic Art Fund**  
Gloria Herkowitz in memory of  
Dorice K. Brickman  
Eleanor Metzner  
Stanley Metzner

**The General Fund**  
Carol and Leon Aronowitz  
in memory of Dorice Brickman

Beverly Vener  
in honor of the engagement of  
Jessica Marinstein and Josh Jess

Michael Levine  
in memory of Jason Baker

Robin and Ted Sobol in honor of the  
special birthday of Shirley Feldman

Robin and Ted Sobol in honor of  
Jessica and Alan Richer receiving the  
SAAJCC Pillars of the Community  
Award

**The Lurie Wander Fund for Sukkot**  
Toby and Fred Wander  
in memory of James Cohen

**The Smith Fund for  
Professional Development**  
Robin and Ted Sobol in honor of the  
special birthday of Doreen Smith

**The Thomas M. Nathan Fund  
For Cemetery Maintenance**  
Diane, Bernard, Jennifer and  
Brian Kern in memory of  
Natalie Reichel Kern

## Helping our World



**Social Action Tzedakah Fund**  
Lois and Jan Dorman in honor of the  
special birthday of Ron Backer

Lauri Rosmarin-Plattner  
in honor of the attentive care of  
Dr. Richard Alfred

Toby and Fred Wander  
in memory of Harlan Steuer

## Helping Our Children



**The Fund for Jewish Education**  
Bernard, Diane, Jennifer, and  
Brian Kern in memory of  
Bessie Selector Reichel

Sherry Gold and Wendell Lorang in  
appreciation of Cantor Sharon Kohn

**The Larner Family  
Tree of Life Fund**  
Sherry Gold & Wendell Lorang in ap-  
preciation of Rabbi Shara Siegfeld

**The Sisterhood YES Fund**  
CBE Sisterhood in honor of the  
special birthday of:  
Elaine Peck  
Jacqueline Rosenthal





# Tikkun Olam

## Fast Facts About The Sunday Soup Kitchen

- 1 40 Years** - that's how long CBE has been involved in our Sunday Soup Kitchen.
- 2 5,000 meals a year** - every single Sunday, we feed between 80 and 120 people a hot, healthy meal (for many, it's their only meal of the day).
- 3 We don't judge, we feed .... children, adults and senior citizens.** Some come every week and we know them by name. Others are new. Anyone is welcome, and everyone is served with grace, dignity and acceptance for who they are at that moment in time.
- 4 It's an interfaith partnership** between CBE, All Saints Catholic Church and, a group of adults originally connected with the Girl Scouts, who continue to serve as an expression of their faith.
- 5 Once per month** CBE and the Girl Scouts each staff it, and twice per month All Saints.
- 6 Food costs and other supplies are funded, in part, by State and Federal grants** administered by CBE. All Saints makes sizable donations to cover other costs, and has taken on many of the operational responsibilities. The Girl Scout group donates much of the food they serve.
- 7 Food is purchased from the Regional Food Bank,** which provides food to nonprofit agencies that serve people in need at no cost. Quantities and availability of items fluctuates week to week.
- 8 Every shift is led by an experienced Crew Chief,** a member of CBE who provides direction, quality control, knows how to handle every occurrence, and is prepared for the unexpected.
- 9 The current location is the Sister Maureen Joyce Center** at 369 Livingston Ave. in Arbor Hill, Albany.
- 10 Safety is the top priority:** The building is closed to guests, with only our crew allowed inside. For the last 3 years, all meals are take-out. Plenty of on-street parking is close by.



### *Why are you reading this now?*

In the simplest of terms, we may not be able to continue as a partner unless more people fill our volunteer roster. In addition to our Crew Chiefs, there are many individuals who have spent part of their Sunday on the Soup Kitchen Team and we thank each and every one of you! You, and we, know who you are. But many weeks we struggle to find volunteers and end up with too small a crew to do such a big job.

### *What does it mean to volunteer?*

It means you'll be welcomed into an energetic team and will spend a highly satisfying, meaningful and fun few hours, between 11:00 am and 2:00 pm. You'll go home with memories you won't easily shake and will have no regrets. Ask anyone who's ever been a part of our team. Whether you have kitchen experience or not, there's a role for you. Some are in the kitchen, some are in the meal set-up and distribution area. You'll take part in cooking a nutritious meal from scratch, putting it into a take-out container, adding a beverage, dessert and utensils, then packing it up, and handing it out to the folks waiting in line outside. Children 10-15 years old are invited to help, as long as they bring a parent. Come with a friend, or plan to make a new one. All are welcome.

### *Is there another way I can help if I can't be there on a Sunday? YES!*

If you'd like to bake simple desserts to add to the Sunday meal, be part of a baking team in our CBE Kitchen.

If you'd rather work from your own home, consider putting together a small treat bag to be included with the meal. For health reasons, all food must be commercially prepackaged, nothing can be prepared in home kitchens.

Consider organizing a collection of essential items (not covered by any form of public assistance) to include in the Sunday bag, such as lotion, shampoo, toothpaste, toothbrush, shampoo, razors, shaving cream, tissues, paper towels, toilet paper, etc.

Consider a donation to the Soup Kitchen Fund that will go to supplement our meals with healthy items not available at the Regional Food Bank.

The upcoming CBE shifts are on March 5, April 9, April 30, May 14. Sign up thru the Volunteer Registration tab on our website.

If you have questions or want more information about how you can fill a vital role, please contact Judy Kahn at [JudyGKahn@gmail.com](mailto:JudyGKahn@gmail.com) or Taylor Alfred at [TVV0629@gmail.com](mailto:TVV0629@gmail.com).



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- Uncover the uniqueness of a **Druze community** and experience home hospitality and **delicious cuisine**
- Experience the **mystical city of Safed** while meandering through the cobblestone streets to admire the ancient synagogues and artist's colony
- Visit **Genesis Land** for an authentic **Bedouin experience**
- Savor the flavors of fruits and vegetables grown out of the desert sand and enjoy a **picnic lunch** at the **Salad Trail**
- Delve deep into **Jerusalem's history** underground in the **Western Wall tunnels** and in the **Old City's** living quarters
- Discover the architectural, cultural and intellectual foundations of the metropolitan city of **Tel Aviv**



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# Beautification

*This fund enhances Beth Emeth with flowers. Listed are the donations received by February 14. Donations received after, will be listed in the April Bulletin.*



## Shabbat of February 3 - 4

Harriet Ackerman and Susan Volo and families

## in memory of

Roy Cohen

## Shabbat of February 10 - 11

Gabrielle and Jiggs Englander

## in memory of

Richard M. Englander

## Shabbat of February 17 - 18

Elizabeth Greenberg Friedland and Susan Raab

## in memory of

Isaac Honigsbaum

## Shabbat of February 24 - 25

Elizabeth Greenberg Friedland and Susan Raab

## in memory of

Harry Raab

## Shabbat of March 3 - 4

Louis W. Bookheim 3rd and Daniel A. Bookheim  
Joyce Bookstein and family  
Lisa, Max and William Brown  
Elizabeth and Brian Epstein  
Elizabeth Greenberg Friedland and family  
The Friedlander family  
Helene Haven  
Ruth F. Mendel  
Mark Rosen and family  
Carol G. Rosenthal and family  
Jacalyn Itzkow and Carl Ruppert  
Linda and Larry Schechter  
Valerie and Spike Solomon  
Carol R. Tulgan  
Jeffrey Wennar

## in memory of

Dora Schlesinger Bookheim  
Gertrude Bookstein  
Herman Rosenbaum  
Ervin Rosenfeld  
Beatrice Raab Greenberg  
Sophie Friedlander  
Arnold A. Haven  
Alex Zolzensky Colin  
Harvey M. Rosen  
Sanford Jaffee  
Philip Itzkow  
Sanford Jaffee  
Gertrude Paul Solomon  
Bernice F. Rosenstock  
James Wennar

## Shabbat of March 10 - 11

Joan (Perles) and Harvey Friedman  
Nancy and Steven Lerner  
Allison and David Meyers  
Kathleen Meyers  
Jessica, Alan and Alexandra Richer  
Jackie Rosenthal and family  
Linda Rosenthal  
Jane and Garry Sanders  
Marcia Shapiro and family  
The Sykes family

## in memory of

Irving A. Perles  
Harriet Lerner  
Mary Aronson Yunich  
Mary Aronson Yunich  
Dr. Edwin A. Locke  
Gertrude M. Cadan  
Gertrude M. Cadan  
Pearl Silberg Figarsky  
Sumner Shapiro  
Edna Shapiro Schaffer

## Shabbat of March 17 - 18

Barbara Freedman, Lynda Freedman and Kazi Deminski  
Sherry and Steven Einhorn and family  
Judith Halpern  
The Hollander family  
Amy Gingold Horwitz, Gary Weitzman and Eli Horwitz  
Leslie and Mark Laven  
Julie Kapner Leamon  
Abby Potts  
Laura and Lawrence Rosenstock  
Carol G. Rosenthal and family  
Diane and Ira Rubtchinsky  
Linda and Larry Schechter  
Rabbi Shpeen and family  
The Stulmaker and Sobol families  
Valerie and Spike Solomon  
Lori M. Strong

## in memory of

Janice Cramer  
Frank Milton Goldberg  
Joseph B. Halpern  
Sophie J. Hollander  
Marvin Harris Gingold  
Janice Cramer  
Eva Segall  
Elaine Applebaum Edwards  
Miriam Elkind  
Marvin Harris Gingold  
Joseph B. Halpern  
Marvin Harris Gingold  
Gertrude M. Goodman  
Harvey Stulmaker  
Dr. Evans H. Nelson  
Herman S. Mendelson

## Shabbat of March 24 - 25

Barbara, Ralph and David Cohn  
The Davidoff famiy  
Susan and Brian Debronsky  
Lynn Shaw and Paul Katzman  
Jill Goodman and Artie Malkin  
Michael Moss  
Jason Rice  
Mark Rosen and family  
Judith and Peter Saidel  
Jane and Garrett Sanders  
Millicent Serling  
The Serling family  
Cookie and Peter Siegel  
Phyllis O. Silverman

## in memory of

Sidney Gothelf  
Lois A. (Dembo) Rice  
Lillian Klein Ruzow  
Evelyn Katzman  
Sylvia Plotkin Malkin  
Helen Bach Moss  
Lois A. (Dembo) Rice  
Leslie Joan Newman  
Dorothy Aufsesser Saidel  
I. Robert Holland  
Charles Serling  
Charles Serling  
Lillian E. Siegel  
Rabbi Martin I. Silverman

## Shabbat of March 31 - April 1

The families of Hank and Tom Barnett

Celia Berk  
Phyllis Berk  
Jim Campbell and family  
The Davidoff family  
Karen and Steven Fein  
Kathy and Billy Golderman  
Marion Kintisch Greenberg and family  
Margaret S. and Jonathan P. Harvey  
Margie and Larry Kirsch  
Nancy and Steven Lerner  
Zalie and Bob Linn  
The Mendel family  
Kathleen Meyers and family  
Jo Lewis and Stan Schertzer

## in memory of

Eleanor Gunst Barnett Oppenheimer  
Howard Berk  
Howard Berk  
Cindy Shenker  
David Dembo  
Caroline Fein  
Howard M. Kahn  
Merill Greenberg  
Dr. Philip L. Forster  
Archie Linn  
Howard M. Kahn  
Archie Linn  
Alan Mendel  
Burt Meyers  
Cantor Jodi M. Schechtman

# Yahrzeits

If you wish to have a name included on our Shabbat Kaddish list or have a question about a Kaddish name being recited, please call the office at 518.436.9761 x224 (please do not leave a name for the Yahrzeit list on voice mail). When phoning in a name, please do so by the Thursday of the week it is to be read.



## Shabbat of March 3 - 4

Mollie Barnet Aufsesser	Bernie Meyer Levy
Minna H. Bach	Frank S. Lyons
Louis Baere	Lewis Muhlfelder
Lawrence Bloomberg	Stanley Nevett
Lottie Bondy	Sara Miller Newell
Dora (Doris) Schlesinger	John Ritz
Bookheim	William Rogowski
Gertrude R. Bookstein	Kate C. Ronson
Nettje Anker Clapkin	Harvey M. Rosen
Alex Zolzensky Colin	Herman Rosenbaum
Harry H. Feldman	Valerie Rosenberg
Dan Fishell	Sampson Rosendale
Sophie Friedlander	Ervin Rosenfeld
Beatrice Raab Greenberg	Bernice F. Rosenstock
Herbert S. Groper	Rae Friedman Rosenthal
Joseph B. Hai	Abraham Safranko
Arnold A. Haven	John J. Sandler
Julius Illch	Hyman Shapiro
Abraham Illch	Eileen R. Shields
David Facher Iselin	Harry W. Sims
Philip Itzkow	Gertrude Paul Solomon
Sanford Jaffee	Adolph Sommers
Louis Kaminsky	Fannie Tarsey
Natalie Reichel Kern	Nannie Valkenburgh
Isidore Krouner	James B. Wennar

## Perpetual Memorials

The family of **Howard I. Clark** has established a Perpetual Memorial in his memory

Debbie and Rick Sokoler have established a Perpetual Memorial in memory of **Marga Marx**

*Perpetual Memorials ensure that Kaddish will always be recited for your loved ones. Each year the name is added to the Kaddish list and a plaque is hung in the Chapel or Sanctuary. Notices are sent to remind you of the upcoming Yahrzeit and the name of your loved one is listed in The Bulletin. For more information inquire with the temple office.*

## Shabbat of March 10 - 11

Carole K. Balick	Meyer S. Levy
Rebecca Barnet	Dr. Edwin A. Locke
Henry Bischof	Max Miller
Isadore R. Blatner	Hon. George Myers
Lillian Joseph Braun	Minna Myers
Eva Braun	Florence L. Myers
Mae Hai Brecher	Arthur Harris Nadell
Elias Brody	John P. Newell
Gertrude M. Cadan	Arthur Newell
Samuel Caplan	Louis Pearlman
Shirley L. Cohen	Irving A. Perles
Fannie Cohn	Bessie Pickar
Amelia Cohn	Ella Rosenberg Piel
Ruth Ratner Cowan	Harriet Adler Rosenberg
May Dachs	Joseph Rosengarden
Pearl Silberg Figarsky	Samuel Rubin
Mame Finkelstein	Irving H. Sabghir
Leah Meyerson Gertskin	Edna Shapiro Schaffer
Molly Glatt	Dr. Joseph Schleifstein
Israel William Goldfarb	Bertha Shapiro
Julius J. Goodman	Sumner Shapiro
Doris "Duch" Groper	Isedore Siegal
Morris Grossman	Martin Leo Slawsky
William Illch	Charles M. Stern
Ruth Weil Joseph	Rosara Kotzin Sundell
Frieda Kadish	Dr. Henry Swartz
Henry H. Koblantz	Rae Heitner Turko
Peggy Levitan Kraft	Rose H. Urbach
Rose Krips	Marvin F. Wise
Harriet Lerner	Mary Aronson Yunich

## Shabbat of March 17 - 18

Mollie Seltzer Ackerman	Percy Lieberman
Lazarus S. Bach	Irving S. Lozoff
Selma E. Barnet	Herman S. Mendelson
Marvin Berman	Amalie Miller
Morris Jacob Bloomberg	Moses Naumoff
Harry S. Braun	Thelma 'Toby' Ziegler
Donald Bronstein	Neifeld
Janice Cramer	Dr. Evans H. Nelson
Elaine Applebaum Edwards	Leo H. Neuman
Meyer J. Efron	Albert Newell
Miriam Elkind	Lillian Block Odes
Sadie Finks Fogel	Dr. Irving Rosenthal
Frieda Fox	Bernard J. Roskin
Dorothy Friedlander	Paul J. Roth
Ellis O. Friedman	Sarah Feltman Rudof
Irene Stein Gangberg	Martin V. B. Schuster
Marvin Harris Gingold	Eva Segall
Frank Milton Goldberg	Alfred J. Sporborg, Jr.
Gertrude M. Goodman	Fannie Stern
Joseph B. Halpern	Harvey Stulmaker
Jacob Handler	Lewis Sumberg
Annette Herbst	Harriet Danziger Swartz
Carrie Hessberg	Harris Swartz
Sophie J. Hollander	Marvin D. Weil
Dr. Gerald M. Kotzin	Goldie Sherman Zubres
Isabella Laventall	



### Shabbat of March 24 - 25

Ernest O. Berman  
 Henry L. Bloch  
 Martin Bernard Cohen  
 Rosalyn Weinberg  
 Coleman  
 Frederick S. deBeer, Sr.  
 Rose D. Einhorn  
 Helen Ettinger  
 Ellis Ferber  
 Irving S. Fleishman  
 Henry Fluster  
 Dr. Philip L. Forster  
 Moses I. Frank  
 Sidney Gothelf  
 Fanny Handler  
 Nathan Herskowitz  
 I. Robert Holland  
 Lillian Warshaw Horovitz  
 Max S. Hyman  
 Henrietta Illch  
 Louis Jaffe  
 Gertruyd Jaffe  
 Evelyn Katzman  
 Lena Livingston  
 Sylvia Plotkin Malkin  
 Flora Nusbaum  
 Mandelbaum

Rosalie Mendleson  
 Augusta D. Miller  
 Leon S. Moos  
 Tillie M. Moos  
 Helen Bach Moss  
 Edith Braunold Muhlfelder  
 Theresa Neuman  
 Leslie Joan Newman  
 Abraham Press  
 Samuel Ratzker  
 Bessie Selector Reichel  
 Lois A. (Dembo) Rice  
 Gertrude Rosen  
 Lillian Klein Ruzow  
 Anne Kaplan Safranko  
 Dorothy Aufsesser Saidel  
 Charles Serling  
 Lillian E. Siegel  
 Rabbi Martin I. Silverman  
 Marcia S. Sims  
 Gary Alan Spiegel  
 Esther F. Stracher  
 Samuel Summer  
 Adrien Teasley

### Shabbat of March 31 - April 1

Bessie S. Aker  
 Morris Alpart  
 Spencer Jay Andre  
 Leon Aronowitz  
 Howard Berk  
 Samuel Berman  
 Henrietta Lowenstein  
 Bernhard  
 Judah Bettman  
 Bessie Bloom  
 Bessie M. Caplan  
 Ruth I. Clonick  
 David Dembo  
 Caroline Fein  
 Celia Feuer  
 Leigh M. Fine  
 Elaine Drooz Friedman  
 Merill A. Greenberg  
 Jacob Isaacs  
 Howard M. Kahn  
 Bernice Meyers Karp  
 Lizzie Blatner Kaufman  
 David Klugman  
 Recilla Rudnick Koblitz  
 Cyril P. Kotzin  
 Richard Laks  
 Archie Linn  
 Dr. Philip L. Livingston

Leah Waldman Mann  
 Goldie S. Meckler  
 William Meckler  
 Alan Mendel  
 Burt Meyers  
 Mildred M. Miller  
 Bernard G. Milstein  
 Elinor Naigles  
 Hannah Holzer Newhof  
 Eleanor Gunst Barnet  
 Oppenheimer  
 Belle Muhlfelder Pareira  
 Sadie E. Poskanzer  
 Murray L. Ronson  
 Herman Rosner  
 Cantor Jodi M. Schechtman  
 Rudolph W. Schwartz  
 Cynthia Dee Shenker  
 Jo Ann Tinkle Sonis  
 Flora Sperry  
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**Anniversary Shabbat**  
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**Finding More Joy**  
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Thursday, April 27  
at 7:00 pm



*A Sisterhood Event*

*Mark Your Calendars*  
**Community/Congregational Reception**  
Thursday, June 8, 5:30 - 7:30 pm  
*Wine & Dessert Reception*

**Shabbat Service**  
Friday, June 9 at 7:30 p.m.  
*Oneg sponsored by Sisterhood & Brotherhood*

**Gala Cocktail Reception & Dinner**  
Saturday, June 10 at 6 p.m.

