

## DISCOVER BETH EMETH!

Our members come from all corners of the Capital District. If you're looking for an active, thriving and friendly Jewish community, Congregation Beth Emeth is the place for you. **Families with children and without, singles, LGBT, young, old and in-between** join in a wide range of exciting spiritual, social, communal, educational programs, blending Jewish tradition and personal expression.



## YOU'LL MEET NEW PEOPLE AT CBE

**Interfaith families** find a home at CBE through introduction to Judaism and social events, supported by individualized spiritual guidance from our clergy.

**Women of all ages** enjoy Sisterhood's wellness series, new spiritual dimensions of Rosh Chodesh Services, the Chapter One Book Club's discussions of popular writings, Knit and Nosh, Mah Jongg, theater trips and much more.

**Men build friendships** at Brotherhood social events; a day at the races, a trip to a hockey game or watching major sports events on wide-screen at Temple over dinner. Cooking for Temple events is a highlight for many.



\*\*\*\*\*

For our calendar and more information, please visit us at [www.bethemethalbany.org](http://www.bethemethalbany.org)

For membership, and to schedule a visit or other information please contact Kathy Golderman, Executive Director, at [kgolderman@bethemethalbany.org](mailto:kgolderman@bethemethalbany.org) or call 518-436-9761 ext 225

**Congregation Beth Emeth is a member of the Union of Reform Judaism.**



**CONGREGATION  
BETH EMETH: A  
WARM AND  
WELCOMING  
COMMUNITY  
SUSTAINING AND  
CELEBRATING  
JEWISH LIFE IN NEW  
YORK'S CAPITAL  
REGION**

100 Academy Road  
Albany, NY 12208

[www.bethemethalbany.org](http://www.bethemethalbany.org)

## A PLACE FOR THE SPIRIT

**Weekly and holiday services** in our intimate chapel or beautiful sanctuary.

**First Friday Shabbat** explores new directions in spiritual expression.

**Live, web-streamed services** are for travelers, snowbirds, college students, and others who cannot attend in person.

**The rabbis and cantor** lead meaningful and memorable ceremonies for milestones — birthdays, weddings, Bar and Bat Mitzvah, conversion, Confirmation, baby naming, special wedding anniversaries and more.

**Supportive and attentive counsel by the clergy** provide confidential and compassionate guidance through all of the challenges of life.

**Beth Emeth Cemetery** is available to all members, including interfaith households.



## WHERE CHILDREN LEARN AND GROW

**The Einhorn Center for Jewish Education** provides a strong Jewish foundation through music, Israeli dance and song, children's library and crafts.

**Family education** brings parents and grandparents into intergenerational activities several times each year.

**High school students** continue their education beyond Bar and Bat Mitzvah through confirmation.

**Special needs children** and their families have access to Jewish learning through the most effective learning strategies developed by our extraordinary teachers. Congregation Beth Emeth makes Jewish learning accessible to all.

## A HOME FOR FAMILIES WITH YOUNG CHILDREN

**Toddler and parent Shabbat Shalom Yeladim** celebrates Torah and the holidays through music, stories, crafts and of course, a nosh! And, the Parenting Center is open during services.

**Mazel Tots** is a weekly drop in program with a wide variety of activities in our family friendly parenting center.

## WHERE TEENS WANT TO BE

**Teen-led, adult-supervised weekly, overnight and regional activities** through the Congregation Beth Emeth Youth Group (CBEYG), instill leadership skills and supportive guidance in charting personal, social and spiritual direction.

**Teen religious school aides** serve as assistant teachers and young mentors.



## A PLACE FOR LEARNING

**Adult continuing education** at Lunch and Learn explores a variety of engaging topics and themes.

**Lay-led Shabbat Torah study** uncovers new meaning in ancient texts.

**World class speakers and programs** via live satellite from the NYC 92nd Street Y expand and enhance learning opportunities.

## AN OPPORTUNITY TO MAKE A DIFFERENCE

**The community garden—Diane's Farm** on CBE grounds, planted, maintained, and harvested by congregants supplies the community and neighbors in need with fresh vegetables.



**A weekly soup kitchen** staffed by member volunteers feeds the hungry in our neighborhoods.

**Food donations and distribution** fights hunger in the community

**CBE member families in need, the infirm, sick and elderly** receive emotional support, bereavement sympathy baskets and meals.