



# **SHEHECHEYANU**

## **BLESSING OF GRATITUDE**

**Please read:**

**In gratitude for all our blessings we say:**

בָּרוּךְ אַתָּה, יי  
אֱלֹהֵינוּ, מֶלֶךְ הָעוֹלָם,  
שֶׁהַחַיִּינוּ וְקִיַּמְנוּ וְהִגִּיעָנוּ לַזְּמַן הַזֶּה.

BARUCH atah, Adonai

Eloheinu, Melech haolam,

shehecheyanu v'kiy'manu v'higianu laz'man hazeh.

**We praise You Adonai  
Ruler of the Universe  
for giving us life, for sustaining us, and for  
enabling us to reach this day.**

**Amen**