

J2A

Journey to Adulthood

Facilitated by Erin Chernow - erinchernow@gmail.com; 678-595-8564

Introduction: A Bar/Bat Mitzvah at Congregation Shearith Israel

Join other families who will celebrate a Bar/Bat Mitzvah around the same time as your family, receive the B'nai Mitzvah Handbook, get questions answered, and learn who to ask for guidance.

It's not about the Kugel: Looking deeper into the meaning and practice of Bar/Bat Mitzvah

Through games, props and interactive discussion, we will explore the history and the evolution of the Bar/Bat Mitzvah ritual and your place in the chain.

Developing a Bar/Bat Mitzvah Action Plan: Insights on Reclaiming the Bar/Bat Mitzvah

Expand the relevance, meaning and joy of this special time by trying this simple, yet profound process. The goal is to deepen parent/child compassionate listening skills and to elicit and build upon the emotions being experienced by students and families in anticipation of Bar/Bat mitzvah.

Mitzvah projects: Hands-on Ways to Perform the Commandments

This session is filled with opportunities to discover your skills and interests and to identify matching mitzvah projects.

Torah, Musaf, Shacharit, Haftarah, Prophets: What is this all about? The structure of the Shabbat morning service

Explore behind the scenes in the sanctuary. Learn the order and parts of the Shabbat Morning service, the meaning and purpose of the prayers, and the honors/aliyot to offer to family and friends.

Writing a D'Var Torah: Don't Get Chopped!

Reality TV meets D'Var Torah writing. Join us for a friendly face off to prepare a spectacular speech using ingredients from the parsha the week of your simcha. AND no one gets chopped!

Jewish Values: Developing a Moral Code

What are some core Jewish values? What do I value as I become a Jewish adult? Find the answers and enhance the meaning and experience of your simcha.

Jewish Life After the Thank You Notes

Mazel Tov! So you made it to the other side. This session is held after the cohort has completed their B'nai Mitzvot. Come together one more time and reflect on your simcha. How can you stay involved in Jewish life? What goals do you have as a Jewish adult?

Sessions occur on Sundays at 11:00 am and are intended for the student and one or both parents.



J2A

Journey to Adulthood

Topic	Fall 2020	Spring 2021
Introduction: A Bar/Bat Mitzvah at Congregation Shearith Israel	September 8, 2019	
It's Not About the Kugel: Looking deeper into the meaning and practice of Bar/Bat Mitzvah	September 15, 2019	
Developing a Bar/Bat Mitzvah Action Plan: Insights on Reclaiming the Bar/Bat Mitzvah	October 27, 2019	January 26, 2020
Torah, Musaf, Shacharit, Haftarah, Prophets: What is this all about? The structure of the Shabbat morning service	December 8, 2019	
How to write a D'Var Torah: Don't get Chopped!	January 12, 2020	April 19, 2020
Jewish Values: Developing a Moral Code	February 23, 2020	September 13, 2020

Sessions occur on Sundays at 11:00 am and are intended for the student and one or both parents.

Mitzvah projects: Hands-on Ways to Perform the Commandments	March 22, 2020	
Jewish Life After the Thank You Notes	TBD January/February 2021	TBD April 2021

Sessions occur on Sundays at 11:00 am and are intended for the student and one or both parents.