



2018/5779 High Holiday Reference Guide

SEAT RESERVATIONS

Early Bird Deadline is July 24, 2018

- Member prices are automatically charged when you're logged into your online shul account!
- When signing up for your seat, please provide as much information as you can. We try to accommodate as many requests as we can -- but seats are assigned in the order in which they were received.
- As in past years, we are expecting the service in Abramson Social Hall to sell out -- be sure to buy your seats as soon as you can to avoid disappointment!

Final date for seat requests - August 10
Tickets mailed - August 29

SECURITY

Security and safety are on everyone's mind. We have extra security measures in place, and are asking everyone to be extra vigilant. **Please be sure to bring your tickets with you** (you will be asked for a ticket at the door) and take note of security information which will be posted around the building.

GREETERS

Our volunteer greeters and ushers make the High Holidays welcoming, safe, and comfortable for all. Members are encouraged to volunteer as greeters for a slot during the holidays. To sign up, please contact Jessica in the office (jpelt@bethsholom.org)

ACCESSIBILITY

We're very proud that Beth Sholom's facility is **an accessible building**. We are happy to accommodate guide dogs, and will have a quiet room available to use with adult supervision.

YIZKOR BOOK

Our Book of Remembrance has been refreshed, and is now a Yizkor Memorial Book. It will be published for Yom Kippur each year, and will then be available in shul for the other times that Yizkor is recited (Shmini Atzeret, Pesach, Shavuot).

While it is traditional to say Yizkor for immediate family members, so many more people impact our lives on a daily basis. This book is designed to embrace the memories of all the important people in our lives.

- Memorial page for the members we lost this year
- The community is encouraged to participate by contribute the names of their family members and friends.
- Debra Band, a longtime Beth Sholom member, Judaic artist and published author, is bringing her talents to this project.
- Memorialize your loved ones through your own page, half page space, or through a traditional name listing.

Sponsorships available for each of the Yizkor Prayer section and the Community Memorial Section.

LULAV & ETROG:

Lulav and Etrog sets (and hoshanos!) are available for sale. Proceeds support Beth Sholom's Youth Programming. Same prices as last year. Orders being taken until Friday, September 8.

YOM KIPPUR FOOD COLLECTION:

The Social Action Committee will be providing empty bags at the shul during Rosh Hashanah for our annual Yom Kippur food drive. We encourage everyone to fill the bags, supplied by Moti's Market, with food and return them to the shul during Yom Kippur.

Schedule at-a-Glance

SELICHOT: Saturday Night, September 1

Saturday Night, September 1st
10:00 PM *Pre-Selichot Kumsitz and Inspiration*
11:00 PM-12:00 AM *Musical Selichot*

ROSH HASHANAH

EREV ROSH HASHANAH: Sunday, September 9

Selichot followed Shacharit 7:30 AM
Hatarat Nedarim after Shacharit services*
Candle lighting 7:09 PM
Mincha 7:10 PM

FIRST DAY ROSH HASHANAH:

Monday, September 10

Sephardic Minyan 8:00 AM
Shacharit 8:00 AM
Combined Ashkenazi Shacharit service in Epstein with open seating
Sermon and Shofar Blowing can be as early as 9:45 AM
Rabbi Antine: Epstein Sanctuary
Rabbanit Fruchter: Abramson Social Hall
Guided High Holiday Experience: Herschel Hall Approx 11 AM-1:00 PM
Join us for a two-hour journey through the High Holiday experience, which will include pieces from the traditional liturgy, meditation, reflection, and discussion. The program will balance traditional texts in Hebrew with plenty of explanation and guidance in English.
Daf Yomi 6:10 PM
Mincha 6:55 PM *followed by Tashlich.*
Maariv 7:55 PM
Candle lighting after 8:05 PM

SECOND DAY ROSH HASHANAH:

Tuesday, September 11

Sephardic Minyan 8:00 AM
Shacharit 8:00 AM
Combined Ashkenazi Shacharit service in Epstein with open seating
Sermon and Shofar Blowing can be as early as 9:45 AM
Rabbi Antine: Abramson Social Hall
Rabbanit Fruchter: Epstein Sanctuary
Guided High Holiday Experience: Herschel Hall Approx 11 AM-1 PM
Daf Yomi 6:20 PM
Mincha 7:05 PM
Followed by Shiur with Rabbi Aaron Frank
Yom Tov Ends 8:04 PM

FAST OF GEDALIAH: Wednesday, September 12, 2018

Fast begins 5:26 AM
Shacharit 6:00 AM
Mincha 6:50 PM
Fast ends 8:02 PM

YOM KIPPUR

EREV YOM KIPPUR: Tuesday, September 18

There is a tradition to immerse in the mikvah before Yom Kippur.
Men: Friday, Erev Yom Kippur, Chabad Mikvah open to men.
Women: Please contact rabbanitfruchter@bethsholom.org if you are interested in immersing for Yom Kippur.
Kaparot should be done at home. The service can be found on page 820 of the brown Artscroll siddur.

Selichot/Shacharit..... 6:15 AM
Mincha..... 3:00 & 6:40 PM
Candle Lighting..... 6:55 PM
(6:55 PM is the latest time. Candles may be lit as early as 5:55 PM)
Please remember to change into your non-leather shoes.

KOL NIDRE..... 6:55 PM

Rabbi Antine Sermon: Epstein Sanctuary
Rabbanit Fruchter Sermon: Abramson Social Hall

YOM KIPPUR DAY, Wednesday, September 19

Sephardic Minyan 8:30 AM
Shacharit 8:30 AM
Combined Ashkenazi Shacharit service in Epstein with open seating
Sermon and Yizkor be as early as 10:45 AM
Rabbi Antine: Abramson Social Hall
Rabbanit Fruchter: Epstein Sanctuary

Guided High Holiday Experience..... Approx. 12:00 PM – 2:00 PM
Join us for a two-hour journey through the High Holiday experience, which will include pieces from the traditional liturgy, meditation, reflection, and discussion. The program will balance traditional texts in Hebrew with plenty of explanation and guidance in English.

Daf Yomi: Epstein..... 4:30 PM
Pre-Mincha Meditation with Russ Roberts..... 4:30 PM
Mincha Abramson & Epstein combined in Epstein; Bobrow..... 5:10 PM

Ne'ilah..... approx. 6:10 PM
Shofar and Conclusion of Fast..... 7:51 PM

Please Note We Will Have Open Seating In Epstein For The Following Services: Shacharit, Mincha and Ne'ilah on Yom Kippur.

About Our Service Options

Please note that the Traditional and Participatory services **are combined** in Epstein Sanctuary for Rosh HaShanah Maariv (both nights), Rosh HaShanah Shacharit (both days), Yom Kippur Shacharit, and Yom Kippur Mincha/Neilah*. **There are no reserved seats during those services.**

For **Rosh HaShanah Musaf (both days), Yom Kippur Kol Nidre/Ma'ariv and Musaf**, the following reserved seat options are available:

Traditional Service (Epstein Sanctuary)

This service, featuring *chazzan* Abe Cherrick, will include familiar tunes in a traditional mode accompanied by commentary and explanation by Rabbi Antine and Rabbanit Fruchter, who will be present for most of the service.

Participatory Service (Abramson Social Hall)

This service, led by various lay *chazzanim*, will feature *ruach* (spirit), singing, and dancing. The service will also include introductions and explanations of the various prayers from Rabbi Aaron Frank.

Sephardic Service (Bobrow Chapel)

This service, led by a professional Sephardic *chazzan*, is a Sephardic Edot Mizrach minyan.

All services feature sermons from Beth Sholom Clergy. Additionally, during Rosh HaShanah and Yom Kippur, join us for a two-hour **Guided High Holiday Experience**, which will include pieces from the traditional liturgy, meditation, reflection, Shofar blasts, and discussion. Don't know Hebrew? No fear! The program will balance traditional texts in Hebrew with plenty of explanation and guidance in English and will be accessible and easy to follow.

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BETH SHOLOM
your Jewish experience.

YOUR HIGH HOLIDAYS,
TRANSFORMED.

*The High Holiday
Guided Experience*

BOTH DAYS OF ROSH HASHANAH AND YOM KIPPUR

REFLECTION + HEARTY DISCUSSION + TEXT
STUDY MEDITATION + EXPERIENTIAL LEARNING

MORE INFO AND RSVP:
WWW.BETHSHOLOM.ORG/ELEVATE

A project of eLEVate Beth Sholom. All backgrounds, ages, and abilities welcome.
Open to the greater community, **FREE with RSVP**

High Holidays in the Daniel Pearl Youth Center

We are very excited to offer a series of wonderful programs and groups for our youth this High Holiday season. As listed below, we will have groups for each age, and look forward to seeing all of our children and guests there. To comply with security measures and synagogue safety and decorum, if you do not have private childcare arrangements, your children **must attend the youth programs, be registered for childcare** (available for a fee in the building), **or sit with you in services**. To maximize the safety of our children and to maintain a meaningful prayer experience throughout the building, children may not loiter in the hallways. Please register either for the youth program or for childcare when you purchase your High Holiday tickets on our website.

Creating meaningful *tefillah* (prayer) experiences for children is an important part of the High Holy Days at Beth Sholom. We hope that children of all ages will find their place in our services, which include age-appropriate prayers, songs, activities, and learning about the High Holy Days. Programs will include a snack, with gluten-free and nut free options. For older children, there will be a quiet room available for reading and board game playing.

Ages 0-3: **Torah Tots** begins with supervised play, and is followed by an interactive program at **10:45 AM** that includes tefillah, singing, and Parsha stories followed by kiddush and a snack. Children should have a parent or caregiver with them at all times.

K-2nd Grades: Join **Morah Rachel in Kochavim** for an immersive Rosh HaShanah experience that includes games and tefillah. **10:00 AM-1:30 PM**. (On Yom Kippur until 2:30 PM)

3rd-5th Grades: Don't miss out on the incredible experience of Junior Congregation in the Daniel Pearl Youth Center! Featuring games with our *shaliach* (Jewish Agency emissary from Israel) Tomer Hilel, tefillah with Mr. Helfgott, and activities/discussions with Yael Wielgus and special guests--not to mention special snacks and prizes! Free play begins at **10:00 AM**, and program starts at **10:30 AM** with pickup at **1:00 PM**.

Additionally, each morning features special programming (with great food!) for **teens** in partnership with NCSY, and this year, for **middle schoolers** led by our new Youth Director, Yael Wielgus.

If you have any questions or concerns please contact:

Yael Wielgus, Youth Director: ywielgus@bethsholom.org

Rabbanit Fruchter, Assistant Spiritual Leader: rabbanitfruchter@bethsholom.org

Frequently Asked Questions

What are Selichot and what goes on at that program?

Selichot are special prayers said in the days leading up to Rosh Hashana. The first night of selichot (Saturday Night Sept. 1), which takes less than an hour (11 pm - 12 am), is considered the start of the High Holiday season. It will include the communal singing of the 13 Attributes of Mercy and other moving prayers communally sung. Join us at 10:00 PM for words of Torah, singing, and inspiration to precede the service.

When can I expect to receive my tickets in the mail?

The final date to submit ticket requests is August 10, and tickets will be mailed on August 29.

What time do Rosh HaShanah services start and end? What will it be like?

Though each service varies slightly, most services start at 8:00 a.m. and we expect davening to be over by 1:15 p.m. Shofar and the sermon can be as early as 9:45 AM. While each service is a little bit different, they include *drashot*, traditional tefillah, and soulful singing to reflect the spirit of Rosh Hashanah and Yom Kippur.

Which Machzor (holiday prayer book) do you use?

The Epstein and Abramson minyan provides Artscroll Machzorim for the High Holidays. While you should feel free to bring one you enjoy using, please note that page numbers called will be from the Artscroll Machzor.

Will there be childcare?

Yes! Children are welcome in services, and there will also be extensive youth programming during the High Holidays, organized by our youth director Yael Wielgus. Additionally, babysitting with experienced childcare professionals will be available for an additional fee. The programming will include organized activities as well as structured play (inside and outside, weather permitting); a detailed schedule will be released closer to the holidays. See page 4 for more information.

What is the High Holiday Guided Experience?

As a project of eLEVate, Beth Sholom's center for Jewish engagement and innovative programming, the High Holiday Guided Experience is an opportunity to experience Rosh HaShanah and Yom Kippur in a whole new way. While it is not a service, the goal of the Guided Experience is to give you new information about the themes of the High Holidays, and new ways to connect to our prayers and each other in a warm, engaging, and inclusive environment. We will shift between singing, studying, and reflecting. Each person will surely find their own comfort zone, so invite yourself to try new things, stretch yourselves and meet other participants that are joining our community for Rosh Hashanah and/or Yom Kippur and beyond. This program is free and open to the community, but requires an RSVP at www.bethsholom.com/elevate.

Who organizes High Holidays at Beth Sholom?

There is a wonderful team of members that gets together every year to make the High Holidays possible, in partnership with the clergy and the professional staff. There are many opportunities to get involved, and we would love to have you on our team. Please reach out to office@bethsholom.org if you would like get involved.