

What is Living Judaism?

Living Judaism is a program designed to help families Live Jewishly at home as well as the synagogue. Composed of 31 activities, Living Judaism provides simple opportunities for families to participate in the joy of Jewish life. From lighting the Shabbat candles, hearing the sound of the shofar, to finding the Afikoman, Living Judaism is filled with Jewish family opportunities.

There are two ways to participate in the Living Judaism program. At our opening day of J-FLEx each family in levels Pre/K through 2nd Grade will receive a Living Judaism packet. In each packet are 31 cards highlighting a Jewish activity to perform. Once you have completed the activity turn in the matching “return card” with the J-FLExer’s name and any accompanying information about the activity, to their counselor at CGoP. We will keep track of all the completed activities and the J-FLExer will be awarded a special item of Judaica at the end of the year, marking their completion of the program.

If you are more of a tech family, Living Judaism may also be accessed on the J-FLEx web page. Search the form for the various activities, complete the activity as a family, fill out the accompanying fields in the form and hit submit. It is that simple.