

1

Shabbat

For at least two Shabbats, lead Ha-Motzi over Challah before dinner on Friday evening and make sure that everyone gets a piece of Challah.



בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמּוֹצִיא
לֶחֶם מִן-הָאָרֶץ.

Baruch ata Adonai, Eloheynu melech ha-olam,
ha-motzi lehem min ha-aretz.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who brings forth bread from the earth.

2

Shabbat

For at least two Shabbats, Light and recite the blessing for the Shabbat candles Friday night before dinner for your family and friends.



בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

Baruch ata Adonai, Eloheynu melech ha-olam.
asher kid-shanu b'mitzvotav, v'tzivanu
l'hadlik ner shel Shabbat.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the light of Shabbat.

3

Shabbat

For at least two Shabbats, lead your family in the Kiddush. The Kiddush is part of the blessing we say when sanctifying the Shabbat with wine. Make sure that everyone has a small cup of wine or grape juice.



בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא
פְּרִי הַגָּפֶן.

Baruch ata Adonai, Eloheynu melech ha-olam,
borey p'ri ha-gafen.

PRAISE TO YOU, Adonai our God, Sovereign of the universe,
Creator of the fruit of the vine.

The Kiddush is the blessing over the wine which helps to sanctify the Sabbath. Sanctify means to make holy or special.

4

Shabbat

Attend a Munchkin Minyan Program or Shabbat service with your family.



5

Shabbat

Call a family member not with you on Shabbat and wish them a Shabbat Shalom. Even better, Skype or Facetime with them!



6

High Holy Days

Make a list of three things that you would like to do better this New Year!



7

High Holy Days

Avoid eating your favorite meal or snack during Yom Kippur.
What did you avoid eating?



8A

Sukkot

Make a fresh fruit salad from things we harvest.
What is your recipe?
Try a fruit you have not tasted before.
Star fruit is fun!



9

Simchat Torah

Attend Simchat Torah / Consecration Service at CGoP on October 20, 2019.

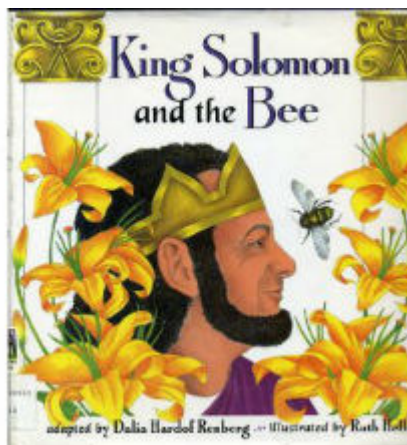
Dance with the huggable Torahs at Gates of Prayer.



10

Simchat Torah

Read a story about a famous character from the Torah. There are plenty of books in the Gates of Prayer Lake Library and Media Center.



11

Chanukah

Eat latkes one time during Chanukah.
Try them with Apple Sauce and Sour Cream?
Which way is your favorite?
Plain – Dipped in Apple Sauce – Dipped in Sour Cream



We eat latkes to remind us of the miracle of the oil.
The latkes are cooked in oil.

12

Chanukah

Light the Chanukah candles with your family and
say the 1st blessing together every night of Chanukah.



בָּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,
אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ לְהַדְלִיק
נֵר שֶׁל חֲנֻכָּה.

Baruch ata Adonai, Elohenu melech ha-olam
asher kideshanu be-mitzvotav, ve-tzivanu le-hadlik
ner shel Chanukah.

BLESSED ARE YOU, Adonai our God, Sovereign of the universe,
who hallows us with mitzvot,
commanding us to kindle the lights of Hanukkah.

13

Chanukah

Practice putting the candles in the Chanukah Menorah.

Candles are placed in the Chanukah Menorah from right to left.

(Candles are lit from left to right)

After practicing putting the candles in for each night, did you have any candles left over? How many candles were in the box?



14

Chanukah

Make a Chanukah decoration for your home.

Try to make it out of used or recycled materials.

What kind of decoration did you make?



15

Chanukah

Practice spinning several different Dreidels.

Which one was the easiest to spin?

Wooden – Plastic – Big – Small?

How many different Dreidels did you try?



16

Tu B'Shevat



Help plant a new tree, bush or plant at your home or school.
If you have nothing to plant, try collecting newspapers or copy paper from your home and bring to a recycle center.



17

Purim

Make a donation of more than 5 food items to a Food Bank or bring them to J-FLEx and put them in the wooden box near the Sanctuary.

Try to purchase fruit type items in honor of a Sweet Purim.

Canned fruit, etc.



18

Purim

Make Hamantashen at home using cookie mix and fruit jelly, jam or preserves. What was your favorite flavor?



19

Purim

Attend the Purim service at a synagogue.

Was there a lot of noise?

Why was there a lot of noise at certain times?



Have fun and wear a costume.

20

Passover

Make your own salt water for the Seder.

What was your recipe?

How much salt and how much water?



21

Passover

Read/sing the first 2 of the 4 questions in English at your Seder.

First Question

Why is it that on all other nights during the year we eat either bread or matzah, but on this night we eat only matzah?

Second Question

Why is it that on all other nights during the year we eat any vegetable, but on this night we eat only bitter herbs?



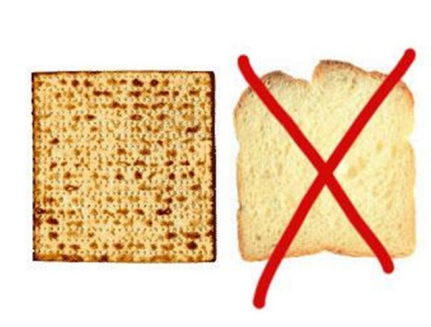
Who read the other questions?

Who was the youngest person at your Seder?

22

Passover

Before Passover begins, help your family search for Chametz?



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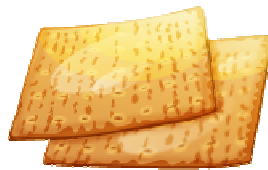
Passover

During Passover, experiment with Matzah with your family or friends.

Let them try different things on Matzah.

Cream Cheese – Butter – Jelly

What did each person like the best?



24

Passover

Open the door for Elijah and look for the Afikoman at the end of the Seder.

Who hid the Afikomen?

Who found the Afikomen at your Seder?

What was the Afikomen in?



Afikoman means dessert. Dessert is served at the end of the Seder. It was designed to keep the children interested through the Seder meal.

25

Tzedakah

Go to the grocery store with your parent to pick up a Non-perishable food item for the hungry and bring it to Religious School.
Try to pick something that a homeless person could eat.
Something that does not require a kitchen to cook in.



Tzedakah means Justice or Righteous and can involve giving of money, food, or time.

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Tzedakah

One time when you get a gift of money from someone,
give 10% of it to Tzedakah.
Bring it to your J-FLEx counselor on Sunday and contribute it
to your cabin Tzedakah collection.
Example: If someone gifts you a gift of \$20, give at least \$2 to Tzedakah.



Sharing and giving to others is a good feeling!

27

General

Make an Israeli Flag and display it at home to show your support for Israel.
Make it out of any materials. Paper, cloth, etc.



28

General

Write the names of the following people who work at CGoP.

Senior Rabbi
Assistant Rabbi
Rabbi Emeritus
Cantorial Soloist
Temple Educator
Temple Administrator
Nursery School Director

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General

Name three kinds of things you could find in the Gates of Prayer Gift Shop.



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General

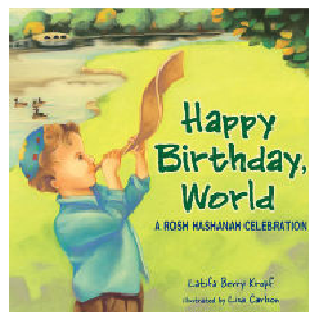
Read a book about a Jewish Holiday. Write a short description about it.

Name of Book

Favorite Character

Favorite thing that happened in the book

Was the book funny, sad, or other?



31

General

Attend a Bar or Bat Mitzvah ceremony.

Write about something you noticed or learned during the ceremony.

Did you attend a Bar or Bat Mitzvah ceremony?

Whose Bar or Bat Mitzvah ceremony did you attend?



8B

Sukkot

Have a snack in your own personal Sukkah or
in the Gates of Prayer Sukkah.



