

# Milchig Swap

Summer 2019-5779

Nshei Yeshurun is pleased to offer you the opportunity to enjoy a variety of gourmet milchig and parve delights for the nine days.

To purchase items, please complete the order form at [www.adasyeshurun.com/swap](http://www.adasyeshurun.com/swap). Orders will be processed in the sequence in which they are received. You will receive an email confirmation once your order is processed. Please do not call the chefs directly to place an order! After the Shul has received and processed your order, the chef will receive your contact information and will contact you in order to coordinate a convenient time and date to pick up the order from the chef's home. Thank you for your participation!

## Questions?

Please contact Lisa in the Shul office  
773-465-2288 [lcutler@adasyeshurun.com](mailto:lcutler@adasyeshurun.com)



# Soups

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## 1. Potato Leek Soup

Delicious classic soup! Healthy and flavorful! Serves 6-8.  
Cholov Yisroel available upon request.

**1 available by Malka Miretzky (\$10)**

## 2. Fruit Soup

Cold sweet cherry with a medley of seasonal fruit. Perfect beginning or end to any meal. Pareve. Serves 6-8.

**2 available by Beruria Loew (\$15)**

## 3. French Onion Soup

Enjoy this flavorful soup filled with savory caramelized onions. Perfect with some cheese on top! Cholov Yisroel available upon request. Serves 6-8.

**2 available by Devorah Seif (\$15)**



## Sides

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### 1. Challah

Delicious homemade challah with your choice of regular or partial whole wheat.

**8 available by Michal Mendelsberg (\$15)**

### 2. Italian Focaccia Bread

Authentic Italian bread, a great way to start your meal.

Serves 4-6.

**1 available by Shana Schuman (\$15)**

### 3. Cheesy Scalloped Potatoes

These potatoes go with any meal. Creamy in the middle, cheesy on top and a sure crowd-pleaser. 8x8 pan serves 4-6.

**2 available by Flora Lifsys (\$15)**

### 4. Mini Crust-less Smoked Salmon Cheesecakes

These mini cheesecakes are a great appetizer or bunch dish, served with crackers or raw veggies. It's like having a bagel with lox and cream cheese but a fancier version! Great option as a side for your lunch on the go! 6 mini cheesecakes.

**1 available by Rachel Fliegelman (\$15)**



### 5. Seven Layer Taco Dip

Enjoy tasty South of the Border cuisine. This tasty salad with Mock meat, vegetables, refried beans, guacamole, sour cream, shredded cheese, tortilla chips. Cholov Yisroel available.

**1 available by Faye Meyers (\$20)**

## Main Dishes

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### 1. Chili Cornbread Pie

Perfectly seasoned and healthful pareve chili becomes a real treat when baked under a yummy cornbread topping.

Serves 6-8

**2 available by Sara Zuckerbraun (\$20)**

### 2. Vegetable Quiche

Yummy quiche with zucchini, onion and red pepper with cheesy goodness.

**1 available by Barbara Kandelman (\$18)**



### 3. **Tantalizing Lasagna**

If you are looking for a filling milchig dish, look no further. With this sensational lasagna, (with or without vegetables) your main course is taken care of. Serves 6-8

**2 available by the Weil Family (\$20)**

### 4. **Sweet Cheese Noodle Kugel**

The cornflake topping and the sweet cheese combine for a savory meal. Cholov Yisroel. Serves 6-8.

**2 available by Michal Cohen (\$20)**

### 5. **Tuna Casserole**

A comforting and reliable classic. Cholov Yisroel available upon request. Serves 4-6.

**1 available by Marna Schreiber (\$18)**

### 6. **Jumbo Stuffed Shells**

Scrumptious six-cheese stuffed shells! Delicious shells filled with the perfect mixture of cheeses, spices, and sautéed onions. Sure to be a family favorite! Cholov Yisroel. Serves 6-8

**1 available by Chavie Millunchick (\$20 )**



### 7. Poached Salmon

This delicious salmon is always a showstopper!

**1 available by Lynne Brody (\$28)**

### 8. Salmon Loaf

So delicious, so healthy! Cholov Yisroel available upon request. Serves 6.

**1 available by Lynne Brody (\$26)**

### 9. Panko-crusted salmon

The salmon is the perfect balance of spice, zest, and texture. It has a hint of lemon flavor and a coating that will hit the spot. Parve. Serves 6

**1 available by Megan Wulkan (\$26)**

### 9. Spaghetti Pizza

Delectable dish of pasta and cheese awash in marinara sauce. It can be topped with onion and/or peppers upon request. Serves 6. Cholov Yisroel available upon request.

**2 available by Miriam Meyers (\$20)**

### 10. Scrumptious Spinach Quiche

The Popeye-approved way to get your dose of spinach! Serves 8-10. Cholov Yisroel.

**2 available by Michal Cohen (\$18)**



## 12. Tuna Noodle Cheesy Casserole

Complete 1 pan supper. Cholor Yisroel. 9x13 serves 6, 8x8 serves 3.

**4 available by Rachel Miller (\$20)**

## Desserts

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### 1. Cheesecake

Creamy cheesecake made to order: plain, caramel, chocolate chip or strawberry drizzle. Yum! Serves 6-8

**2 available by the Weil Family(\$16)**

### 2. Cheesecake

Enjoy this light and decadent cheesecake. Cholor Yisroel available upon request. Serves 10.

**1 available by Lynne Brody (\$16)**

### 3. Cinnamon Bun Pie

A less sticky but just as delicious cousin to cinnamon buns, this sweet pie is a great way to end a meal...or to start a meal (We're not judging).

**1 available by Elana Kandelman (\$20)**



**4. Peanut Butter Cookies**

Who can say no to some PB cookies? About 25 cookies.

**1 available by Sara Loew (\$20)**

**5. Chocolate Chip Cookies**

No description is necessary. About 36 cookies

**1 available by Malka Miretzky (\$15)**

