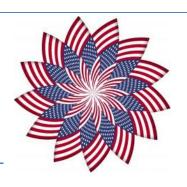


# **Of Note for July 2013** Young Israel of Sharon



Weekday schedule for July 1-4: Mon: 6:00 & 6:50 a.m. Shacharit Tues/Wed: 6:10 & 6:50 a.m. Shacharit

Thurs 7/4: 8:00 a.m. Shacharit

Mon-Thurs: 8:07 p.m. Mincha/Ma'ariv

Friday, July 5 7:00 a.m. Shacharit 7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv 8:06 p.m. Standard candle lighting

### Shabbat, July 6 Parshat Mattot Mas'ei

7:30 a.m. Early Shacharit 9:00 a.m. Shacharit 7:20 p.m. Shiur with Rabbi Sendor 8:06 p.m. Mincha, Mishnah Torah Shiur w/Rabbi Sendor 9:17 p.m. Ma'ariv, Havdalah

Sunday, July 7 8:00 a.m. Shacharit 8:05 p.m. Mincha/Ma'ariv

Weekday schedule for July 8-11:

Mon 7/8 Rosh Hodesh Av: 5:50 & 6:45 a.m. Shacharit

Tues/Wed: 6:10 & 6:50 a.m. Shacharit Thurs: 6:00 & 6:45 a.m. Shacharit Mon-Thurs: 8:05 p.m. Mincha/Ma'ariv Friday, July 12 6:10 & 6:50 a.m. Shacharit 7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv 8:03 p.m. Standard candle lighting

Shabbat, July 13 Shabbat Hazon Parshat Devarim

7:30 a.m. Early Shacharit 9:00 a.m. Shacharit 7:15 p.m. Shiur w/Rabbi Sendor

8:03 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor

9:13 p.m. Ma'ariv, Havdalah

Sunday, July 14 8:00 a.m. Shacharit 8:03 p.m. Mincha/Ma'ariv

### Monday, July 15 - Erev Tisha B'Av

6:00 & 6:45 a.m. Shacharit
6:30 p.m. Mincha (NOTE early time)
6:45 p.m. Seudah ha-Mafseket (dividing meal)
Only one cooked dish is permitted; traditionally
just bread, hard-boiled egg, and water
8:19 p.m. Fast begins (sundown)
9:00 p.m. Ma'ariv with Eikhah, Kinot
T'filat Nashim: Megilat Eikhah org by Lisa Altabet

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#### Tuesday, July 16 -Tisha B'Av

5:30 & 8:00 a.m. Shacharit, Kinot 12:51 p.m. Halakhic mid-day: sitting on chairs is permissible from this time on 7:45 p.m. Mincha with Tallit and Tefillin 9:11 p.m. Ma'ariv, Fast ends

Weekday schedule for July 17-18: Wed: 6:10 & 6:50 a.m. Shacharit Thurs: 6:00 & 6:50a.m. Shacharit Wed-Thurs: 8:03 p.m. Mincha/Ma'ariv

Friday, July 19 6:10 & 6:50 a.m. Shacharit 7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv 7:59 p.m. Standard candle lighting

### Shabbat, July 20 Shabbat Nachamu Parshat Va-etchanan

7:30 a.m. Early Shacharit 9:00 a.m. Shacharit 7:15 p.m. Shiur w/Rabbi Sendor 7:59 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor 9:07 p.m. Ma'ariv, Havdalah

Sunday, July 21 8:00 a.m. Shacharit 7:59 p.m. Mincha/Ma'ariv

Weekday schedule for July 22-25: Mon/Thurs: 6:00 & 6:50 a.m. Shacharit Tues/Wed: 6:10 & 6:50 a.m. Shacharit Mon-Thurs: 7:59 p.m. Mincha/Ma'ariv Friday, July 26 6:10 & 6:50 a.m. Shacharit 7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv 7:53 p.m. Standard candle lighting

### Shabbat, July 27 Parshat Ekev

9:00 a.m. Shacharit 7:00 p.m. Shiur w/Rabbi Sendor 7:53 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor 9:00 p.m. Ma'ariv, Havdalah

Sunday, July 28 8:00 a.m. Shacharit 7:53 p.m. Mincha/Ma'ariv

7:30 a.m. Early Shacharit

Weekday schedule for July 29-August 1: Mon/Thurs: 6:00 & 6:50 a.m. Shacharit Tues/Wed: 6:10 & 6:50 a.m. Shacharit Mon-Thurs: 7:53 p.m. Mincha/Ma'ariv

Friday, August 2 6:10 & 6:50 a.m. Shacharit 7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv 7:45 p.m. Standard candle lighting

### Shabbat, August 3 Parshat Re'eh

7:30 a.m. Early Shacharit 9:00 a.m. Shacharit 7:00 p.m. Shiur w/Rabbi Sendor 7:45 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor 8:51 p.m. Ma'ariv, Havdalah

Sunday, August 4
8:00 a.m. Shacharit
7:45 p.m. Mincha/Ma'ariv

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# From the Rabbi: The significance of the Three Weeks

The Rambam says in Hilkhot Ta'anit (5:1):

"There are days on which all Israel fasts because of the calamities that occurred on them, in order to awaken the hearts, to open the paths of Tshuvah, that there be remembrance of our bad actions and the actions of our ancestors that were like our current actions, which caused them and us these calamities. For with the remembrance of these things we shall return to improve ourselves..."

We are now in the period of the Three Weeks, one of the seasons of which the Rambam speaks, framed by the fast days of the 17th of Tammuz and the 9th of Av. A vivid example of the remembrance to which the Rambam refers is the harrowing account of the destruction of the Temple and the Second Jewish Commonwealth in the Gemara Gittin, 55b and following, which begins with a verse from Proverbs (28:14): "Fortunate is the person who is always afraid, but one who hardens their heart shall fall into evil." This verse serves as a kind of theme-and-variations thread for the entire lengthy account. The verse is intended to shake us up – it seems counter-intuitive to say that the person who is always afraid is fortunate. The fear spoken of here is not the usual term used in phrases like "fear of Heaven," the spiritually uplifting "yira," which can also be comfortingly translated as "awe". Here the term "pachad" is used: gritty, anxious, low-down fright, terror, dread. Such fear is not usually connected with fortunate happiness, but the Gemara regards this as a fear that leads to vigilance and wisdom. The Gemara shows in detail how a lack of such fear, and various forms of hardening of the heart, led to the destruction of the Jewish State, and the Gemara's analysis rings with fearful truth and relevance for us today.

The Gemara presents a series of vignettes, descriptions of the condition of Jewish society just prior to the destruction, each contributing to the downfall. In these vignettes we meet Jews who are myopic, stubbornly narrow-minded, self-righteous, just sleepwalking through life – all examples of "hardening the heart." We meet Jews dismissive of other Jews, engaged in petty vendettas, insults and disrespect that escalate into political danger. We meet Rabbinic leaders afraid to act with moral courage, who worry about petty halakhic issues in the face of clear and present crisis, oblivious to the looming threat of Roman occupation. We meet people lost in their own little worlds, while the real world comes crashing down on them. We meet Jews convinced that God is on their side, working against each other instead of pulling together, leading them to acts of stupidity and cruelty that play into the enemy's hands. We also meet heroic Rabbinic leaders and individuals who make difficult choices and endanger themselves to save others.

The Gemara's account has an uncanny resonance for us today, Rachmana li-Tzlan. We, too, live in a time in which the State of Israel is beset on the outside by dangerous and violent enemies, with serious existential threats looming on the horizon. Yet we, too, find religious leaders lacking moral courage, engaged in petty squabbles and concerns in the face of real danger. We,

too, find Jews full of obtuse self-righteousness, undermining and even working against the welfare of Jewish society, dismissive of others and refusing to contribute their share. We, too, find Jews sleepwalking, in their own little worlds. But we also find a few courageous souls who are trying to work together to strengthen Israel and Torah society to stand up to the challenges that face us.

The Gemara's description of Second Commonwealth Judea on the eve of destruction is brutally honest and unflinching – and this has been its power through the generations. By holding up an unflattering mirror to our society, then and now, it shows us the changes we need to make. Only if we are honest with ourselves, wake up with a "fear" that keeps us vigilant, identify and our problems and work together to fix them, can we hope to survive and to flourish. This is the great virtue of our commemoration of the Three Weeks, the time during which we give thought to the mistakes of our ancestors, and our mistakes which are just like their mistakes, and work to fix them, to effect real Tshuvah and lay the groundwork for a new Holy Temple and the blossoming of a truly enlightened Jewish Society, light of the nations, speedily in our days.

Rabbi Meir Sendor

### From Our President

As we approach the three weeks and Tisha B'av I want to remind everyone the Summer Beit Midrash is in full swing. This is a great opportunity to hear a shiur or learn in Chavrutah. The Men and Women are learning each day and night in the beit midrash. They are happy to meet with you and learn what ever portion of Tanach, Mishana or Gemorah that interests you. This is the one time each year we can offer this amazing opportunity. I know our lives are hectic but find an hour or two each week to join in the learning.

Please contact Anne Sendor if you want to schedule time to learn in a Chavrutah or check the weekly schedule for shiurim. I hope to see you over the next few weeks.

David Katz

## Halakhot of the Nine Days

(based on *A Summary of Halachos of the Three Weeks*, by Rabbi Shimon Eider, Ztz"l, and a summary by Rabbi Yirmiyahu Ullman of Ohr Sameah, Ohr.edu)

In addition to the restrictions that apply to the entire threeweek period, sent previously, during the nine days between the 1st of Av until after Tisha B'Av the following restrictions on pleasure and joy also take effect:

### Activities of Pleasure and Joy

- 1. One should not purchase an object of joy or luxury that will be available after Tisha B'Av for the same price.
- 2. Building a structure not required for dwelling, such as a vacation house, should be suspended.
- 3. Painting, wallpapering and general home decoration should not be done.
- 4. Similarly, one should not plant or garden for pleasure.

### **Eating Meat and Drinking Wine**

- 1. The custom is to refrain from eating meat and poultry or drinking wine and grape juice during the nine days. This also applies to children.
- 2. The prohibition of meat includes foods cooked with meat or meat fat. However, foods cooked in a clean fleischig vessel are permissible.
- 3. Eating meat and drinking wine is permitted for Shabbat. Even one who has ushered in the Shabbat on Friday afternoon before sunset, or extends the

- third meal of Shabbat into Saturday night may also eat meat and drink wine at those times.
- 4. Similarly, one may drink the wine of Havdallah. Some have the custom to give the wine to a child of 5-6 years old, or to use beer for Havdallah.
- 5. Meat and wine are also permitted at a meal in honor of a mitzvah like brit milah, pidyon ha-ben, and completing a tractate of Gemara or a Seder of Mishnah in the normal course of learning.
- 6. A person who requires meat because of weakness or illness, including small children and pregnant or nursing women who have difficulty eating dairy, may eat meat. However, whenever possible poultry is preferable to meat.

### Laundering

- 1. Laundering is prohibited even for use after Tisha B'Av. One may not even give clothing to a non-Jewish cleaner. (Although one may give it to him before the 1st of Av, even though he will wash it during the Nine Days.)
- 2. The prohibition of laundering includes linens, tablecloths, and towels.
- 3. A person who has no clean clothes may wash what he needs until the Shabbat before Tisha B'Av.
- 4. Children's diapers and clothing that constantly get dirty may be washed as needed even during the week of Tisha B'Av, in private.
- 5. Laundering for the purpose of a mitzvah is permitted.

### Wearing Freshly Laundered Clothing

- 1. It is forbidden to wear freshly laundered clothing during the nine days. This includes all clothing except that which is worn to absorb perspiration.
- 2. Therefore, the usual practice is to prepare before the Nine Days by wearing freshly laundered suits, pants, shirts, dresses, blouses and the like for a short time so that they may be worn during the Nine Days. Socks, undershirts and underwear need not be prepared in this way.
- 3. The prohibition of using freshly laundered items applies to linens, tablecloths, and towels.
- 4. One may wear freshly laundered Shabbat clothing, as well as use clean tablecloths and towels. Changing bed linen, though, is prohibited.
- 5. Fresh garments and Shabbat clothing may be worn in honor of a mitzvah for example at a brit milah for the parents, mohel, and sandek.

# Wearing, Buying and Making New Clothes; Repairing Garments

- 1. One may not buy new clothes or shoes during the Nine Days, even for use after Tisha B'Av, except in a case of great necessity, for example for one's wedding.
- 2. If one forgot or was unable to buy special non-leather shoes needed for Tisha B'Av, such as sneakers or slippers, one may do so during the nine days.

3. Repairing torn garments or shoes is permitted.

### **Bathing and Swimming**

- 1. The custom is not to bathe for pleasure even in cold water. Bathing means full immersion in a bath. Washing hands, face and feet in cool water is permissible.
- 2. Bathing in cold water for medical reasons or to remove dirt or perspiration is permitted. Cold water need not be street temperature: hot water may be added to cold water as long as the mixture is not comfortably warm.
- 3. Shampooing with warm water is prohibited unless it is required for medical reasons or to remove dirt and perspiration that will not come off otherwise.
- 4. Swimming is prohibited except for medical reasons. Similarly, one may take a quick dip in a pool to remove dirt or sweat.
- 5. Bathing for a mitzvah is permitted, therefore a woman who needs to bathe to prepare for her immersion in the Mikveh may do so in the normal way with hot water.
- 6. A man who immerses in a mikva every Friday may do so in cold water this Friday. But one who omits immersing occasionally because he is too busy or because of the cold may not.
- 7. One who bathes every Friday in honor of Shabbat with hot water, soap and shampoo may do so on the Friday before Tisha B'Av.

# New Online Billing and Membership System!

### **Important Changes for YI Sharon Website & Management**

The shul has just switched over to a new on-line billing and membership system. When you are logged into the secure system you will be able to update your profiles (family and individuals), view/pay your pledges and much more. In addition to pages that visible to the general public, there are pages that are only viewable to members who are logged in, such as a member directory, photo albums and more. There are many more features which will be available as we continue the roll out.

To activate your account you need to use the link in the email that was sent recently. If you did not receive the email send an email to <a href="mailto:roy@strunin.com">roy@strunin.com</a>.

Thank you! Roy Strunin

# **Updates**

**Summer Beit Midrash:** We are looking forward to another great summer of learning with the fellows and the community. Please let Anne Sendor know if you'd like to set up learning, either in a one-to-one hevruta or in a small-group habura, as well as any particular topics that interest you so that the fellows can prepare appropriately. To remind you, the group will be here from June 26 to August 6, so do take advantage of this opportunity to learn something for yourself. Also, if anyone can house 4 young men for part of the time, please let Anne know.

Tefilat Nashim has a booklet available in the Young Israel office illustrating the structure for Tefilat Nashim; what we do and don't do, page numbers for the service and ideas for celebrating a Bat Mitzvah. It is especially helpful for those planning to celebrate a bat mitzvah in Tefilat Nashim. The handbook is approved by Rabbi Sendor. (We will be gathering on Shabbat 5/25 at 9:30a to celebrate Daphne Spira's Bat Mitzvah.)

Don't forget about our paper recycling bin! More information is available at <a href="http://www.paperretriever.com">http://www.paperretriever.com</a> or by contacting Hershel Ellenbogen at <a href="ellenbogen@juno.com">ellenbogen@juno.com</a>.

The monthly shul bulletin is produced by Naomi Korn Gold. If you have anything you'd like included, please contact her at <a href="mainto:naomikorn@gmail.com">naomikorn@gmail.com</a>.

### Get To Know Our Members: Family Edition

This month we feature an extended family who lives in Sharon: The Raubs (and though Dinka-Etta is making aliya this week, we expect to see her back often to visit her daughters and grandchildren).



How long have you been living in Sharon? What brought you here?

13 years. Before Sharon, I lived in Rochester NY. I'm one of legions to be brought in through the machinations of the wonderful Myron Kaufman zl. During the spring of 2000, my mom sent notices to Boston-area shuls seeking housing, Myron responded and the rest is now family history.

What is your favorite part of Sharon?

The valley that in late summer turns purple with wildflowers on the trail behind the Ames Street pond. The rows of snap peas on the CSA farm. The turquoise flowers on the Young Israel parochet.

# Rebecca Raub, Rafi Finegold, & fam

How long have you been living in Sharon? What brought you here?

We moved 5 years ago from Brighton, Massachusetts. We came because Sharon is a beautiful town and to live near Rebecca's parents.

What is your favorite part of Sharon? It's a toss up between the lake, Moose Hill and Ward's Berry Farm.



Leah (Raub) & Gershon Gottlieb & fam

How long have you been living in Sharon? What brought you here?

2 years. We were living in Jerusalem near Rechavia and decided to come back for Leah to work on her masters and for Gershon to get some more experience in his field. Not to mention the most important reason: to be near our incredible family!

What is your favorite part of Sharon?

We love breathing the air in Sharon and feeling like we're at summer camp/back in the shtetle all year long.

#### Dinka-Etta Raub

What do you do to keep busy, for work and play?

I learn Torah in the morning with a bunch of women on a conference call, I write (currently working on a Holocaust memoir), give memoir "boot camps" around our new workbook (with former Sharonite, YI's Naomi Grossman) & hang with the kids and the grands.

Tell us an interesting tidbit about yourselves!

By the time you are reading these words I hope to be an Israeli citizen. Come visit!

### Rebecca Raub, Rafi Finegold, & fam

What do you do to keep busy, for work and play?

Rafi works for Zipcar, Rebecca's a learning specialist and we all love being outdoors- biking, hiking, swimming, and new for this summer, gardening.

Tell us an interesting tidbit about yourselves!

We grew up in the two cloudiest cities in America: Rochester, NY and Seattle, WA. Despite this, we are pretty happy people!

### Leah (Raub) & Gershon Gottlieb & fam

What do you do to keep busy, for work and play?

We like opportunities to grow and embrace life, in whatever form they may come.

Tell us an interesting tidbit about yourselves!

Gershon went to Pratt and spent a lot of time with the satmar chassidim in Brooklyn. Leah spent two months in Thailand, traveled to Poland, and wants to experience as many corners of the world as possible. Nachum loves to hear stories. Shifra is the most patient baby to ever exist.





# Help Young Israel, Help Yourself

### **Purchase of Yahrtzeit Memorial Plaques**

You can memorialize a loved relative or friend who has departed by purchasing a Yahrtzeit Memorial Plaque. The plaque is hung on the yahrtzeit board in the sanctuary of the Young Israel. Light bulbs are lit on the occasion of the yizkor services and the name of the departed individual is read aloud by the Rabbi at the time of the yizkor prayers. In addition, a reminder card is sent to the purchaser with the date of the yahrtzeit.

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TREE OF LIFE: Our Tree of Life is branching out. All of the formerly purchased leaves were placed on the Young Israel's Etz Chaim, located in the entranceway of the shul. It is possible to purchase a new leaf in recognition and celebration of your simcha. The cost of a leaf is \$100 apiece.

If you are interested contract Marcia Shimshak by e-mail at <u>mshimshak@gmail.com</u> or phone 781-784-8192.

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