



Of Note for August 2013

Young Israel of Sharon



Friday, August 2

6:10 & 7:00 a.m. Shacharit

7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv

7:45 p.m. Standard candle lighting

Shabbat, August 3

Parshat Re'eh

7:30 a.m. Early Shacharit

9:00 a.m. Shacharit

7:00 p.m. Shiur w/Rabbi Sendor

7:45 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor

8:51 p.m. Ma'ariv, Havdalah

Sunday, August 4

8:00 a.m. Shacharit

7:45 p.m. Mincha/Ma'ariv

Weekday schedule for August 5-8:

Mon/Thurs: 6:00 & 6:50 a.m. Shacharit

Tues/Wed: **Rosh Chodesh Elul** 5:50 & 6:45 a.m. Shacharit

Mon-Thurs: 7:45 p.m. Mincha/Ma'ariv

Friday, August 9

6:10 & 6:50 a.m. Shacharit

7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv

7:35 p.m. Standard candle lighting

Shabbat, August 10

Parshat Shoftim

7:30 a.m. Early Shacharit

9:00 a.m. Shacharit

6:50 p.m. Shiur w/Rabbi Sendor

7:35 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor

8:41 p.m. Ma'ariv, Havdalah

Sunday, August 11

8:00 a.m. Shacharit

7:35 p.m. Mincha/Ma'ariv

Weekday schedule for August 12-15:

Mon/Thurs: 6:00 & 6:50 a.m. Shacharit

Tues/Wed: 6:10 & 7:00 a.m. Shacharit

Mon-Thurs: 7:35 p.m. Mincha/Ma'ariv

Friday, August 16

6:10 & 6:50 a.m. Shacharit

7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv

7:25 p.m. Standard candle lighting

Shabbat, August 17

Parshat Ki Tezei

7:30 a.m. Early Shacharit

9:00 a.m. Shacharit

6:40 p.m. Shiur w/Rabbi Sendor

7:25 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor

8:30 p.m. Ma'ariv, Havdalah

[Young Israel of Sharon](http://www.yisraelofsharon.org) | 100 Ames Street, Sharon, MA 02067 | 781-784-6112 Fax 781-784-7758

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Sunday, August 18
8:00 a.m. Shacharit
7:25 p.m. Mincha/Ma'ariv

Weekday schedule for August 19-22:
Mon/Thurs: 6:00 & 6:50 a.m. Shacharit
Tues/Wed: 6:10 & 6:50 a.m. Shacharit
Mon-Thurs: 7:25 p.m. Mincha/Ma'ariv

Friday, August 23
6:10 & 6:50 a.m. Shacharit
7:00 p.m. Mincha, Kabbalat Shabbat & Ma'ariv
7:15 p.m. Standard candle lighting

Shabbat, August 24
Parshat Ki Tavo
7:30 a.m. Early Shacharit
9:00 a.m. Shacharit
6:30 p.m. Shiur w/Rabbi Sendor
7:15 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor
8:18 p.m. Ma'ariv, Havdalah

Sunday, August 25
8:00 a.m. Shacharit
7:15 p.m. Mincha/Ma'ariv

Schedule of Shiurim for August:

The Summer Beit Midrash continues until August 6th, with Rabbi Klapper's Shiur on Wednesday evenings, 8:30 pm, and Shiurim by the Kollel. Remember to check here for all the information about daily shiurim of the Kollel.

In August, the Rabbi's shiurim resume:
Women's Torah Circle on Tuesdays at 10:30 am
Gemara Shiur on Wednesdays at 8:30 pm.

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Weekday schedule for August 26-29:
Mon/Thurs: 6:00 & 6:50 a.m. Shacharit
Tues/Wed: 6:10 & 6:50 a.m. Shacharit
Mon-Thurs: 7:15 p.m. Mincha/Ma'ariv

Friday, August 30
6:10 & 6:50 a.m. Shacharit
7:03 p.m. Candle lighting
Mincha, Kabbalat Shabbat & Ma'ariv

Shabbat, August 31
Parshat Nitzavim-Vayeilekh
Selichot
7:30 a.m. Early Shacharit
9:00 a.m. Shacharit
6:15 p.m. Shiur w/Rabbi Sendor
6:57 p.m. Mincha, Mishnah Torah Shiur w/ Rabbi Sendor
7:57 p.m. Ma'ariv, Havdalah
12:00 midnight: Pre-Selichot Shiur w/ Rabbi Sendor
12:45 a.m. Selichot

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From the Rabbi:

Rabbi Yitzhak in the Gemara Rosh Ha-Shanah (16b) lists a number of actions of repentance that “rip up a negative divine decree against a person,” including “changing one’s name, changing one’s deeds,” and some say “changing one’s place.” The common theme is that Tshuvah entails making changes in our behavior.

According to R. Israel Salanter, change is the core strategy of the month of Elul, the month preceding Rosh Ha-Shanah, the month that inaugurates the season of Tshuvah. He says that it used to be, in traditional Jewish communities, that the advent of Elul itself was enough to make people tremble and arouse every Jew to mend their ways and strengthen their commitment to Torah and Mitzvot and service of Ha-Shem. Added to this was the custom to blow shofar for the month, after Shacharit “to awaken a person from their sleep and the vanities of their distractions to pay attention to their deeds, as it says ‘can the shofar sound alarm in the city and the people not tremble (Amos 3:6).’” But these days, complains R. Salanter, we need more to shake us up to draw close to Ha-Shem and His service. These days the most effective strategy we have for Tshuvah is to work hard to make changes in our routines, changes in our accustomed patterns of behavior that have become ruts of complacency. We do this by finding new opportunities to help others and dedicating ourselves to new, higher levels of careful practice of Mitzvot, and investing new energy in our Torah learning (Or Yisrael 14). We can stimulate these changes by finding new ways to help others, new mitzvot to take seriously in detail, and finding new opportunities to learn Torah. Join a new shiur in Shul, join or gather together a new learning group or a chavruta, even find new opportunities to learn online. These changes are not artificial. They are valuable in themselves and they prompt a critical self-awareness that helps us transform ourselves in positive and substantive ways.

The month of Elul is the month of moral and spiritual opportunity, the month in which our Tradition says that Ha-Shem is especially close to us and we can draw close to Ha-Shem. In this season we can take advantage of this intimacy with Ha-Shem to awaken ourselves to a reinvigorated life and welcome a New Year of new possibilities for ourselves, our community and Klal Yisrael.

Rabbi Meir Sendor



From Our President



The month of Elul is a reflective month for the Jewish people. We are asked to think about the past year and evaluate what we have done right and wrong in our lives. It's a time to think about who we want to be and what we want to accomplish in the coming year. As our shul has grown the past few years into a larger shul we seem to have lost some of our small community feel. At times of crisis and need as always there is an outpouring of love and support. Now is the time to open our homes to new families and the families you see each week but don't know well.

In shul news, our new website is up and active. Please take a few minutes to log on. You can download the Yom Tov seat forms and fill in your family member's personal information, birthdays, anniversaries and yahrtzeit information. Your family account information is available with many new ways to pay: monthly, with credit cards...

I want to thank Roy Strunin for his countless hours spearheading the implementation of the new shul software and web site.

I also want to thank Iris Blitstein for all her work transferring the data from the old system to the new system.

David Katz

Evolving our Shmira Program

For the past year we have asked all members to volunteer and participate in the Shmira program, standing outside the shul each Shabbat morning. We have assigned members weekly to 30 minute watches, asking them to stand outside and monitor those that enter. We received many suggestions regarding this program, focusing on lack of training and procedures.

In response to this feedback we met with Michael Morgenstern, the local leader of The Community Security Service (CSS), a volunteer organization focused on Shul safety, to learn how their program works and how our shul could participate. CSS uses a model that is currently being used at over 30



Shuls in the New York Metropolitan area and in Jewish communities around the world. The program consists of community members volunteering for leader and Shmira positions. The leaders must participate in a 12 week course, while Shmira members must participate in a 6 hour course. There is no cost to our shul for the training or the ongoing support from CSS.

Thanks to 6 of our shul members who have already volunteered to participate in the 12 week course we will be able to institute a new security program starting this September. These members are Dan Rosen, Roy Strunin, Judd Shreiber, Andy Warren, Efraim Shapiro, and Arieh Taube. They are over half way done completing their extensive training course, which incorporates counter-terrorism theory with physical self-defense components. The course is taught by CSS instructors with backgrounds in military, intelligence, and law enforcement. Moreover, many will continue to train with CSS on a weekly basis as the instruction offered develops on the skills and techniques learned in the initial course.



We are now looking for 25 shul members to volunteer for monthly guard duty, Shmira. Volunteers will work in teams of 2 monitoring the Shul and reporting to the team leader on that Shabbat. We are hoping to have enough volunteers so each member will work once every 2 months. In order to participate you will need to take a 2 night course which will be offered at Young Israel Saturday & Sunday nights August 25th and 26th.

Even if you are on the fence about participating, please sign up and take the course. This will allow you to learn more about the program and confirm if you are willing to participate. This program will succeed based on volunteers. I will be joining in the training class and encourage all of you to do the same.

What this means for us is that starting this September, every Shabbat, our Shul will be guarded by our trained volunteers. They will have procedures in place for evacuations and for lock downs, for how to identify and handle suspicious people or items, and how to better report these issues to the Shul members and the police or fire departments.

While I can appreciate how this program might seem strange at first, I would ask that you show your respect and gratitude to our volunteers by cooperating with their requests and saying thank you to them on your way in or out of Shul. Just as importantly, please report to them any suspicious activity you may notice. Our team leaders and members will be identified to the shul and wear a CSS lapel pin while at shul each Shabbat, in case you need their assistance.

It is sad that a Shul needs to implement such a program, but it is a sign of the times we live in. May Ha-Shem continue to protect us and bless us as a Kehillah.

Until we implement this system, by Rosh Hashana, we will continue to rotate through the shul list – please look out for your turn.

For further information or to volunteer please see me or Michael Delman.

David Katz

Introducing Our New B'not!

We are excited to welcome two new B'not, Dvora Katz and Ma'ayan Biton, when they arrive on August 18th!

They will be staying at the Milgrims. Please introduce yourselves once they arrive, and invite them for Shabbat meals. Here is a short teaser until we can get to know Dvora and Ma'ayan in person:

Both Dvora and Ma'ayan have experience as Bnei Akiva counselors and working in schools.



On the fun side, Dvora plays the guitar, knows how to sew and repair clothing, and took Hip-Hop and rhythmic gymnastics classes. As part of the dance committee for her graduation, she put together and taught her class a dance.



Ma'ayan loves art! She likes to create and design. Ma'ayan does this online, using software to make invitations and signs. She also enjoys doing handicrafts, making albums and jewelry, decorating classrooms, and designing events. Ma'ayan also enjoys reading and cooking.

Get To Know Our Members: Family Edition

This month we feature an extended family with a long history in Sharon: **Barry and Rebecca Rosenstein; Dina (Rosenstein), Aaron, Joshua, and Gabriella Saks; and Simmie (Rosenstein), Ronen, Eliana, and Maya Hefetz.**

How long have you been living in Sharon? Where were you living before and what brought you to our lovely town?

We first visited Sharon in 1980, when our friends Sharon and Marty Rosenblum (who many long-time members remember) lived here. In 1986, after five years on the faculty of the University of Texas at Dallas Medical Center, Barry accepted a position at Brown University and Rebecca, Barry, Simmie and Dina moved to Sharon and lived on Brook Road until 1991, before moving to New York. Our whole family loved living in Sharon.

Following a year at Bar Ilan University, Simmie returned to Boston to attend Boston University in 1996. When she and fellow student Ronen married in 2002, they lived in Brookline. They moved to Sharon in 2005 when Eliana was one month old. Maya came along in 2008.

Dina and Aaron both graduated from the University of Maryland, and stayed in Maryland after marrying in 2000. The two sisters longed to be together, so when Aaron was able to arrange to do his work from a base in the Boston area, Dina and Aaron moved to Sharon in 2007, with Joshua, then 3, and Gabriella, then 1.

With both daughters and their families in Sharon, Rebecca and Barry were spending so much time here that they decided to set up a place of their own in Sharon. They have an apartment in Wilber School and split their time between their homes in Riverdale and Sharon. They celebrated their 40th wedding anniversary this summer.

What is your favorite part of Sharon?

Friends have been at the core of what is so wonderful about the community. Since Simmie and Dina have been living here, Rebecca and Barry have renewed their long-time friendships with many people who are still living in Sharon.

We all enjoy the beauty, and the lake has provided many hours of fun.

But the thing we all love best about being in Sharon is watching our children/grandchildren grow up together. It never ceases to amaze us that, although they see each other nearly every day, they are excited whenever they get together.



What do you do to keep busy, for work and play?

Barry is a Professor of Radiation Oncology at Mount Sinai School of Medicine in New York. He heads an international research program whose goal is to improve cancer treatment through identification of biomarkers predictive of cancer radiotherapy outcome. He also teaches a course in clinical radiation biology attended by the radiation oncology and medical physics residents from 7 residency programs in the New York area. After a few years at home, Rebecca began graduate work in statistics at Southern Methodist University in Dallas when Simmie and Dina were 5 and 3, and earned her doctorate degree four years later. She worked in clinical research for the pharmaceutical company Pfizer for 20 years before retiring for health reasons last year.

Simmie, who earned her undergraduate degree in early childhood education, teaches at Striar Hebrew Academy preschool and at the Temple Israel Hebrew School. Ronen earned his bachelor's degree in computer science, and is an Installation Programming Manager at Nuance Communications. Dina, who has a master's degree in reading education, has been teaching for the past few years at Striar Hebrew Academy. Starting last year, she took on the responsibility as Curriculum and Instruction Coordinator while continuing to teach third grade secular studies. Aaron, who has his master's degree in information technology, recently joined Samsung as Regional Training Manager after 8½ years at Panasonic.

The Boston area has something wonderful to offer each of our families. The Saks family loves to hike and camp and the Hefetz family likes to rock out at the summer concerts at the lake. When in New York, Rebecca and Barry enjoy going to the New York Botanical Garden and seeing independent films in the City, while here in Sharon they enjoy visiting local parks and beaches. We are happy that living here provides everyone something that they can enjoy, but the thing that we enjoy most is being together!

Tell us an interesting tidbit about yourselves!

Simmie was born after only 28 weeks gestation, weighing 1090 grams/2 pounds 7 ounces, and spent her first three months in the Neonatal Unit at the University of Rochester Medical Center. Although today, a large proportion of babies that age and size do well, during that period she was the youngest and smallest baby in the unit to survive.

During her second pregnancy, Rebecca spent three months on bed rest at home and a month in the hospital, but B"H Dina was born at 36 weeks gestation, weighing 4 pounds 15 ounces – a big baby by Rosenstein standards!

As mentioned above, Rebecca was a statistician at Pfizer for twenty years. During the early years, she worked on clinical trials and regulatory submissions for Zoloft (anti-depressant), Zithromax (antibiotic), and Celebrex (pain and two large studies in cancer prevention). With the acquisition of Pharmacia in 2003, Pfizer moved into oncology drug development, and Rebecca enthusiastically agreed to support the oncology portfolio, having spent years married to a cancer researcher. She continued to work in oncology for the remainder of her career at Pfizer, and during her last few years headed a team of statisticians who supported the early development of novel, targeted cancer therapies. Ironically, this was the work she was doing when the disease that both she and Barry were working to better understand and treat came into their lives in a very personal way.

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You can memorialize a loved relative or friend who has departed by purchasing a Yahrtzeit Memorial Plaque. *The plaque is hung on the yahrtzeit board in the sanctuary of the Young Israel. Light bulbs are lit on the occasion of the yizkor services and the name of the departed individual is read aloud by the Rabbi at the time of the yizkor prayers. In addition, a reminder card is sent to the purchaser with the date of the yahrtzeit.*
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*Contact Jon Marcus for details
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TREE OF LIFE: Our Tree of Life is branching out. All of the formerly purchased leaves were placed on the Young Israel's Etz Chaim, located in the entranceway of the shul. It is possible to purchase a new leaf in recognition and celebration of your simcha. The cost of a leaf is \$100 apiece.

If you are interested contact Marcia Shimshak by e-mail at mshimshak@gmail.com or phone 781-784-8192.

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