

High Holy Days 5780 at Temple Beth David

The High Holy Day season is a time of joy and introspection. As we celebrate the New Year we reflect on our lives and rededicate ourselves to living with goodness and purpose.

We look forward to seeing you during these Days of Awe.

Bring your family. Connect with community. Renew your spirit.

L'Shanah Tovah U'Metukah – Wishing you a good and sweet New Year!

High Holy Day Service Schedule

Selichot Saturday, Sept. 21

Selichot Film with wine & cheese reception	7:00 p.m.
Havdalah & Service	8:00 p.m.

Rosh Hashanah, 1st Day

Evening Service	Sunday, Sept. 29	7:00 p.m.
Early Morning Service	Monday, Sept. 30	8:30 a.m.
Late Morning Service	Monday, Sept. 30	11:15 a.m.
Yeladim (children's service)	Monday, Sept. 30	4:00 p.m.

Rosh Hashanah, 2nd Day

Morning Service	Tuesday, Oct. 1	10:00 a.m.
Tashlich	Tuesday, Oct. 1	12:15 p.m.

Yom Kippur

Kol Nidre	Tuesday, Oct. 8	7:30 p.m.
Early Morning Service	Wednesday, Oct. 9	8:30 a.m.
Late Morning Service	Wednesday, Oct. 9	11:15 a.m.
Study with the Rabbis	Wednesday, Oct. 9	1:30 p.m.
Yeladim (children's service)	Wednesday, Oct. 9	3:00 p.m.
Contemplative Chanting	Wednesday, Oct. 9	3:00 p.m.
Afternoon Service	Wednesday, Oct. 9	4:00 p.m.
Yizkor and Neilah Services	Wednesday, Oct. 9	5:15 p.m.
Break Fast		

(Note that the Afternoon, Yizkor and Neilah services are continuous.)

*A reminder that for everyone's safety, you must show your service ticket when you arrive.
For more information about tickets and membership, please contact Leah, Linda, or our Rabbis.
Thank you to all of our ushers and volunteers for helping to make a meaningful holiday season.*

Additional High Holy Day Information

The High Holy Days begin on **Saturday Evening, Sept. 21**, with *Selichot*, a spiritually moving service including *Havdalah*, the changing of Torah scrolls into white, and sounding the shofar. Before the service we will show and discuss two short films by Tiffany Shlain: *The Tribe* and *Making of a Mensch*. Reflect on your Mensch Code for the New Year.

Rosh Hashanah & Yom Kippur Service Times:

The Rabbis and Religious Practices Committee hope everyone will feel welcome and at home for the holidays. There is one evening service and two morning services; you may choose which morning service to attend. All services will use our new *machzor*, *Mishkan Hanefesh*. The early service is more child-friendly and concise. The late service takes full advantage of the prayer book's variety of reflection and study. Please contact our Rabbis if you have questions about which services to attend.

Children are welcome in all Services:

Babysitting with advance sign up is available through 2nd grade during the early morning services. Age-appropriate children's activities are offered during part of the early services for K-4th grades (including a "sermon alternative" story). The Rosh Hashanah (4:00 p.m.) and Yom Kippur (3:00 p.m.) *Yeladim* children's services are for families with young children (infants through early elementary), with a special prayer book, songs and a story. On Rosh Hashanah a craft and apples and honey follow the service.

Family Tashlich Experience on Sunday, Oct. 6 at 10:45 a.m.

This special *Shorashim* Religious School session will include a family *Tashlich* experience at Buckmaster Pond. All are welcome to join!

Contemplative Chanting with Batya Ellinoy (new this year) and Study on Yom Kippur Afternoon with the Rabbis: "Two Inclinations: *Yetzer Ha'Tov* (for Good) and *Yetzer Ha'Ra* (for Evil)" – Jewish understandings of human nature, free will, and how we make choices in the face of competing desires

The Holidays Continue – All Are Welcome

Help build the Sukkah on Sunday, Oct. 13 at 9:00 a.m.

Sukkot "Lunch & Learn" in the Sukkah on Thursday, October 17, 12:00-1:00 p.m.

Bring your lunch and a dessert to share. Bless the *lulav* and *etrog*. Study Talmud Tractate Sukkot; learn how to build a sukkah and what it means to dwell within.

Shabbat & Sukkot Service Fri, Oct. 18 at 6:30 p.m. and harvest *Oneg*

Simchat Torah Celebration & Consecration

Sunday, Oct. 20 5:00 p.m. Shorashim RS Family Torah Study

5:30 p.m. Community Dinner; 6:15 p.m. Service & Consecration

Rejoice as we complete the cycle of Torah reading and begin again. We will open the Torah for all to see and welcome new students with a special Consecration blessing and mini Torah scrolls. Celebrate with a musical service followed by sweets and Israeli dancing. Please see your weekly Shofar to RSVP for dinner by Conrads.