

Prayers for the Washing of Hands

*Reciting this prayer out loud will take approximately 20 seconds
leading to clean hands and a pure heart*

Holy One of Blessing, let this moment of washing be pleasant and full of Your goodness.

Let the work of my hands prosper as I cleanse them, preparing myself to bring healing and comfort to our world.

Soul of the Universe, fill my heart with intention to embrace life and those I love for health and for peace. Let me be a source of light and hope for everyone I meet.

בְּרוּךְ אַתָּה יי, רוֹפֵא כָּל בָּשָׂר וּמַפְלִיא לַעֲשׂוֹת.

Baruch atah Adonai, rofei kol basar u'mafli la'asot.

Blessed are You, *Adonai*, who brings healing, working wonders.

For Kids

Thank you, God, for fun and play throughout my day.
Now it is time for the *schmutz* (dirt) to be washed away.
I feel You in warm water running through my fingers,
I feel You in soapy bubbles that tickle and tingle.
As I scrub, bring health to my home
And to those I love peace, *Shalom*.

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שׁוֹמֵר נְקִיוֹן.

Baruch atah Adonai eloheinu melech ha-olam shomeir nikayon.

Blessed are You, *Adonai*, Soul of the Universe, Keeper of cleanliness.