

Additional Prayers for Yom Kippur Afternoon

Prayer for Healing (Todd Herzog)

based on Numbers 12:13

אֵל נָא רְפָא נָא לָהּ רְפָא נָא לָנוּ

El na refana la refana lanu

Dear God of our ancestors, help us renew our faith
Grant us a perfect healing, bring peace to all our days

El na refana la refana lanu

Restore our strength of body, help clarify our minds
Refresh our tired spirits, rejuvenate our light

El na refana la refana lanu

Thank you for all these blessings, throughout our days and nights
We celebrate the journey, this precious gift of life

El na refana la refana lanu

Nachamu, Comfort Us (Elana Arian)

based on Isaiah 40:1

נַחֲמוּ נַחֲמוּ עַמִּי, יֹאמַר אֱלֹהֵיכֶם

Nachamu nachamu ami yomar Eloheichem

Comfort us, comfort us in our wilderness
Comfort us as we struggle to take care of one another
Comfort us, comfort us in our wilderness
Comfort us as we struggle with this world