



4's/Pre-k Curriculum

The 4's/Pre Kindergarten Program at The Community Synagogue L'Dor V'Dor Early Childhood Center (ECC) is designed to prepare children for kindergarten. Teachers plan developmentally appropriate activities and experiences to enhance readiness skills. Literacy, math, and science concepts are integrated into the daily classroom experience. The children are prepared to be lifelong learners. Our program focuses on promoting social-emotional learning, self-esteem, listening skills, following directions and problem-solving.

Our enrichment classes during the week provide opportunities for students to explore yoga, music, STEM, and outdoor classroom exploration. One day a week our Pre-K students spend time learning Hebrew with our language learning specialist. Jewish holidays, customs, values, and traditions are celebrated in a warm and loving way. Jewish holidays and traditions are explored through storytelling, reading books, singing songs, and engaging in classroom activities. Our 4's also participate in holiday concerts for families and even a mock seder during Passover.

Social & Emotional Objectives

Develop positive relationships/connections

Express needs and feelings

Join others in existing play

Develop problem-solving skills

Seek assistance or support from peers

Improve hygiene skills

Wash hands/toilet independently

Show respect/concern for others

Continue to improve sharing/turn taking

Demonstrate leadership skills (class jobs)

Develop positive self-image

Follow classroom rules and routines

Manage transitions more efficiently

Cognitive Goals:

- *Organize and recall information*
- *Continue to practice problem-solving strategies*
- *Ask questions to gain understanding*
- *Make predictions*
- *Maintain focus for a longer time period*

Language & Literacy Objectives

Recognize upper/lower case letter names

Identify upper/lower case letter sounds

Connect letters to sounds

Distinguish words beginning with same sound

Learn rhyming words and word families

Recite fingerplays/songs

Discuss stories – recall, sequence, predict

Listen to others during group discussions

Respond appropriately to questions

Follow two- and three-step directions

Be exposed to various types of literature

Identify the parts of a book

Explore print concepts

Hold writing tools correctly

Form shapes and letters

Write name upper/lower case

Begin to label pictures





Cognitive Goals (continued):

Mathematics Objectives

Be exposed to numbers to 100
Demonstrate 1-to-1 correspondence
Recognize numerals 1-20
Count up to 50 and higher
Sort by color, size, texture, shape
Understand the concepts of more and less
Identify all colors/how they are mixed together
Identify two- and three-dimensional shapes
Identify similarities/differences in objects
Recognize and extend patterns
Sequence objects by size
Engage in more complex block play
Explore measurement and quantity
Be exposed to graphs/learn to interpret results

Science & Social Studies Objectives

Explore sequence of life cycles
Learn more about where animals live/habitats
Perform simple experiments
Observe and interpret data
Explore solids and liquids
Understand sink and float
Experiment with concepts of light and shadows
Identify parts of plants
Observe changes in nature
Understand adaptations to weather changes
Use observations – ask questions/make predictions
Learn more about the human body/five senses
Work with ramps, balls and wheels
Explore STEM concepts

Gross & Fine Motor Skills

Use scissors
Work with pencils, markers, crayons
Hold writing tools correctly
Use paintbrushes and fingerpaint
Build with blocks
Use lacing cards and beads
Create with play dough and clay
Fold paper
Trace
Dance
Jump
Climb
Stretch
Throw/kick a ball
Put on/zip jacket
Open lunch box, bags/packages

Jewish Customs, Holidays & Values

Celebrate Jewish holidays
Perform mitzvot
Give tzedakah
Expand Hebrew vocabulary
Discuss traditional foods and customs
Recite prayers and blessings
Celebrate Shabbat with clergy and family
Learn more about Shabbat customs
Delve more into Israel about Jewish history