

RAK LIMUD
ADULT EDUCATION
2018-2019
5779



K.K. Bene Israel
Rockdale Temple
Where you are valued...
...and values matter!

2018-19/5779 Overview:

September

- 1 ...Selichot: *Teshuvah* (Repentance) is Personal;
Beginning the Season of Repentance
- 19 ...Yom Kippur Afternoon Discussion: Who Determines the
Good?
- 23 ...From Profane to Sacred

October

- 2 ...Rockdale Book Club
- 7 ...From Profane to Sacred
- 9 ...Introduction to Judaism begins
- 9 ...Talmud Lessons Every Jew Should Learn
- 10 ...Islam from a Jewish Perspective
- 13 ...Shabbat Morning Yoga
- 21 ...Compassionate Communication
- 24 ...Islam from a Jewish Perspective
- 26 ...Rock Shabbat with Dan Nichols
- 27 ...Young Professionals Shabbat Service & Brunch with Dan
Nichols
- 27 ...Havdalah & House Concert with Dan Nichols
- 28 ...Community Concert with Dan Nichols

November

- 4 ...Mitzvahpalooza 11
- 7 ...Christianity from a Jewish Perspective
- 11 ...Global Day of Jewish Learning
- 13 ...Talmud Lessons Every Jew Should Learn
- 14 ...Christianity from a Jewish Perspective
- 17 ...Shabbat Morning Yoga

December

- 8 ...Shabbat Morning Yoga
- 11 ...Talmud Lessons Every Jew Should Learn
- 16 ...From Profane to Sacred

2018-19/5779 Overview:

January

- 6 ...From Profane to Sacred
- 9 ...Talmud Lessons Every Jew Should Learn
- 12 ...Shabbat Morning Yoga

February

- 12 ...Talmud Lessons Every Jew Should Learn
- 16 ...Shabbat Morning Yoga
- 20 ...The Golden and Not-so-Golden Ages of Spanish Jewry
- 24 ...From Profane to Sacred
- 27 ...The Golden and Not-so-Golden Ages of Spanish Jewry

March

- 6 ...The Golden and Not-so-Golden Ages of Spanish Jewry
- 12 ...Talmud Lessons Every Jew Should Learn
- 13 ...The Golden and Not-so-Golden Ages of Spanish Jewry
- 16 ...Shabbat Morning Yoga

April

- 9 ...Talmud Lessons Every Jew Should Learn
- 28 ...From Profane to Sacred

May

- 4 ...Shabbat Morning Yoga
- 14 ...Talmud Lessons Every Jew Should Learn

June

- 8 ...Shabbat Morning Yoga
- 8 ...Tikkun Leyl Shavuot

Shabbat Mornings: Year-Round

Sichat Torah (Torah Discussion)

Artist-in-Residence:



Spend a musical weekend with the Rockdale Temple community as we sing, pray, and learn with Jewish musician Dan Nichols! Dan is a singular talent in the world of Jewish music. His melodies have become an integral part of the spiritual and liturgical experience of countless individuals and Jewish communities. He is a proud product of GUCI, having spent ten summers there before receiving his degree in vocal performance at the University of North Carolina.

Rock Shabbat

Friday, October 26, 2018 at 6:15 p.m.

Dan leads our monthly Rock Shabbat, an upbeat, music-filled Shabbat service for all ages!

RUACH Shabbat Service & Brunch

Saturday, October 27, 2018 at 10:30 a.m.

Location TBA

RUACH will host a musical Shabbat brunch with musician-in-residence Dan Nichols! Dan will teach us, inspire us, and celebrate Shabbat with us through song. Jewish young professionals, their significant others and friends, and those exploring Judaism, ages 21-39 are welcome.

Dan Nichols

Havdalah & House Concert

Saturday, October 27, 2018 at 8:00 p.m.

The home of Rabbis Sissy Coran & Matthew Kraus

Adults only

Join in an intimate, musical experience with Dan Nichols as we celebrate Havdalah in the home of Rabbi Coran and Rabbi Kraus.

Community Concert

Sunday, October 28, 2018 at 11:30 a.m.

Our community is invited to sing along with Dan at a special concert, featuring Rockdale's religious school students. This concert follows a morning of musical programming for our students. All are welcome!

Jewish youth and adults from around the world draw inspiration from Dan's music and its positive message of Jewish values, identity, and pride. He spends more than 180 days each year on the road. He has performed live in Israel at the historic fortress of Masada, and has been featured at conferences and conventions of nearly every major Jewish movement, including the URJ Biennial, NFTY Convention, BBYO International, and Limmud. In addition to his musical talents, Dan is a gifted teacher and has served on the faculty of Hava Nashira since 2000. In 2009, he co-founded Shulhouse Rock, a songleading workshop for Jewish high school students. Dan Nichols lives in Raleigh, North Carolina with his wife Elysha and his daughter Ava.

Travel Jewish Spain

Rockdale Temple's Journey to Spain

October 27-November 7, 2019

with optional Portugal extension

Led by Rabbi Sissy Coran

On our adventure together we will...

- Tour the world famous Prado Museum and stroll through the beautiful Retiro Park in Madrid
- Visit the Grand Toledo Cathedral and the Transisto Synagogue in the Imperial City of Toledo
- Step back in Jewish history in Cordoba, with visits to the synagogue, "La Juderia" (the Jewry) and the famous La Mezquita
- Explore the Old Jewish Quarter of Seville, tour the city, and visit the Moorish Alcazar Palace
- Celebrate Shabbat with members of the Progressive Jewish community of Seville
- Discover Granada's Alhambra Palace, where the expulsion decree was signed in 1492
- See the awe-inspiring Sagrada Familia Church and stroll through the Generalife Gardens and the Old Jewish Quarter in Barcelona
- Meet with members of the Progressive Congregation ATID for a tour and discussion of Jewish life in Barcelona
- See the Old Jewish Quarter in Gerona, formerly a major Jewish center and home to Ramban/Nachmanides

...and so much more!

Optional extension to Portugal:

November 7-10, 2019

- 3 nights at Dom Pedro Hotel, Lisbon
- Touring and sightseeing
- Breakfast daily
- Shabbat dinner

with Rabbi Coran

This amazing tour includes:

- 3 nights at the Westin Palace, Madrid
- 3 nights at Melia Gran Colon, Seville
- 1 night at Barcelo Hotel, Granada
- 3 nights at Eurostars Grand Marina Hotel, Barcelona
- Breakfast daily
- 3 dinners, including Shabbat dinner in Seville
- Tapas lunch in Barcelona
- AVE train from Madrid to Cordoba
- Professional Tour Director throughout
- Arrival/departure transfer with main group
- Entrance fees and portorage per itinerary
- Touring in a deluxe air-conditioned vehicle
- Incredible and unique touring adventures throughout

Explore the full itinerary and register online:
secure.ayelet.com/RockdaleSpain2019.aspx

Pricing starts at \$4,899—land-only.



High Holy Day



Selichot Observance
Saturday, September 1, 2018

8:00 p.m.

**Study Session & Discussion
with Aaron Singerman and Rabbi Coran
Teshuvah (Repentance) is Personal:
Treatment in Lieu of Conviction and How it
Saved My Life**

Aaron Singerman will share with us his personal story of very early addiction, his experiences with the legal system and treatment centers, and how getting a second chance at life instead of jail time changed his life forever. Rabbi Coran will lead a discussion on *teshuvah* through Jewish texts.

Aaron Singerman (Columbus, OH) is a 34 year-old Jewish recovering Alcoholic/Addict with six years of complete abstinence of all mind-altering substances. After several years of battling drug addiction, Aaron got sober through a Drug Court Diversion program. Since then, he has dedicated his life to his daughter, his family in Cincinnati, the recovery community in Columbus, and serving the greater Columbus area as a real estate agent.

Learning Opportunities

Yom Kippur Afternoon Discussion

with Rabbi Jonathan Hecht, Ph.D.

Wednesday, September 19, 2018 at 1:00 p.m.

“Who Determines the Good?”



Humankind is distinguished from the rest of God’s creation because we can think ethically. Each of us has a sense of what is good and what is bad. We may, or may not, follow our inclinations for the good, but even in the breach, ethics are always with us. Yet, how do we define good and evil? It differs from person to person. Some people believe that what is good is that which benefits the most number of people. Others believe that the good is based not on the welfare of the majority, but rather, on that which is good for the individual.

Who determines the good? Does God? Or, do we?

Join the Dean of Hebrew Union College’s Cincinnati Campus, Rabbi Jonathan Hecht, in an exploration of ethics through Plato’s dialogue, *Euthyphro*, and Abraham’s moral struggles as depicted in the Book of Genesis and rabbinic texts.

Join in One of Our

Spiritual Growth: Compassionate Communication

Sunday, October 21

Linda Chatterjee, RN, 5th Grade Teacher at Rockdale

Do you long for more connection and understanding in your relationships with your children and others? Do you miss fun activities together because your kid is often “grounded?” Come and learn compassionate communication ideas as taught by Marshal Rosenberg in his book *Nonviolent Communication*. We will practice identifying and empathizing with feelings and needs in order to get past temper tantrums (from parents and kids) and brainstorm real solutions.

Shabbat Morning Yoga

Saturday mornings at 9:30 a.m.

**October 13, November 17, December 8, January 12,
February 16, March 16, May 4, June 8**

Lori Reidel

Once a month, experience Shabbat rest and refreshment through the practice of yoga. Lori Reidel, Rockdale member and yoga instructor, will teach us to understand the Sabbath through this lens. Attendees are welcome to stay for services in their yoga attire. Bring your own mat, or use the ones provided. Generously supported by the In the Beginning Fund of Women of Rockdale.

Adult Education Series:

Talmud Lessons Every Jew Should Learn

Lunch and Learn

The Second Tuesday of Each Month at Noon:

Oct. 9, Nov. 13, Dec. 11, Jan. 9, Feb. 12, Mar. 12, April 9, May 14

At Temple or via Google Hang-Out

Rabbi Sigma Faye Coran

(Beginners and Beyond: You need not commit to every month!)

We will start with 12 sections of Talmud that Rabbi Aaron Panken, of blessed memory, loved to teach his students before his untimely death in May. Rabbi Panken developed this curriculum as Professor and then President of the Hebrew Union College-Jewish Institute of Religion.

Do you want to join the class from your home or office? If you have a computer with a camera or a smartphone, please join our lunch and learn via Google Hang-Outs. You will need to set up a Google Plus account and then download Hangouts or install the app on your phone. Let Rabbi Coran know you will be joining in, and she will send you the email invite! RSVP to scoran@rockdaletemple.org.

From Profane to Sacred

Sunday mornings at 11:00 a.m.

Sept. 23, Oct. 7, Dec. 16, Jan. 6, Feb. 24, April 28

Rabbinic Intern Zachary Goodman

Find meaning in living Jewishly throughout the year by deepening your understanding of Jewish traditions, from the everyday to the holy days. We will interact with one another, with Jewish text, and music. Our Rabbinic Intern will engage your mind and spirit. *Feel free to join our Religious School parents for a schmooze at 10:00 a.m. and stay to learn.*

Join in One of Our

Children of Abraham and Sarah: Christianity & Islam from a Jewish Perspective

Islam with Professor Craig Perry

Wednesday evenings 7p.m. to 8:30p.m.

October 10 & 24

Assistant Professor of Judaic Studies, University of Cincinnati

A look past the headlines to understand the fundamental beliefs and practices of Islam. We will explore how Islam views Jews as a protected class. How has the relationship between Jews and Muslims helped each grow throughout history, and how is this understanding both undermined and uplifted?

Christianity with Rabbi Matthew Kraus

Wednesday evenings 7p.m. to 8:30p.m.

November 7 & 14

Associate Professor of Judaic Studies, University of Cincinnati

We will examine how Jews should engage with Christians and Christianity from two angles: 1. What should we do about the Gospel of John, which is perhaps the most anti-Jewish of all the Gospels? 2. For a number of reasons, many Christians have discarded hostility and prejudice toward Jews and Judaism that had characterized the medieval period, but lingered as late as mid-twentieth century. How should Jews respond to this fundamental shift in Christianity?

Adult Education Series

The Golden and Not-so-Golden Ages of Spanish Jewry

Wednesday evenings at 7p.m.

February 20 & 27

Professor Jennifer Grayson, Assistant Professor, Hebrew Union College and Xavier University

March 6 & 13

Professor Craig Perry, Assistant Professor of Judaic Studies, University of Cincinnati

The history of Jews in Spain has been varied. At times, Jews enjoyed safety and security. Spain was a center of Jewish life and learning--from Torah commentary to philosophy, literature, and beyond. At other times, Jews (and New Christians from Jewish families) were targeted and persecuted, leading to the Inquisition and Expulsion in the 15th Century. What lies hidden in mosques, churches, and castles? How has our tradition preserved this unique history? Join in learning from two engaging professors of Medieval Jewry. *Perfect for those planning to travel with Rockdale to Spain in October 2019, and for those wanting to learn and explore this rich history.*

Join in One of Our

Rockdale Book Club

Ususally Tuesdays, 7p.m. to 9p.m.

Other dates and books to be determined by the group

Facilitated by Rockdale Librarian, Karen Zanger

Tuesday, October 2 *The Fortunate Ones* by Ellen Umansky

This group of curious folks chooses and reads one Jewish fiction or non-fiction book (alternating) about every six weeks. Join us for freewheeling discussions around a very large, and friendly table up in the Rockdale library! Book Club is for people who like having a little structure and company around reading interesting Jewish books. The bonus is getting to know other Rockdale book lovers lots better! We choose our next book at each successive meet-up instead of far in advance so that we're free to entertain whims or brand new books. If enough copies of a chosen book are not available from libraries, or if paying the purchase cost is difficult for a group member, book cost can be reimbursed through an "In the Beginning" grant from the Women of Rockdale. Contact person for the Book Club is Karen Zanger. Write to her at solsearch@aol.com, or call her at 513.919.1271

Adult Education Series

Do you have ideas about Jewish education?

Join our Adult Education Committee! To get involved, or for more information, contact Rabbi Coran at scoran@rockdaletemple.org

A Year Full of

Mitzvahpalooza 11

9:30 a.m. to 3:00 p.m.

November 4

An opportunity to learn about some advocacy issues in the morning, and participate in *Tikkun Olam* in the afternoon.

Tikkun Leyl Shavuot

June 8

Late-night study and discussion as we celebrate receiving the Torah at Mt. Sinai.

Opportunities

New! Shabbat Morning Yoga

Saturday mornings at 9:30 a.m.

Oct. 13, Nov. 17, Dec. 8, Jan. 12, Feb. 16, Mar. 16, May 4, June 8

Once a month, experience Shabbat rest and refreshment through the practice of yoga. Lori Reidel, Rockdale member and yoga instructor, will teach us to understand the Sabbath through this lens. Attendees are welcome to stay for services in their yoga attire. Bring your own mat, or use the ones provided. Generously supported by the In the Beginning Fund of Women of Rockdale.

Sichat Torah- Torah Discussions

9:30 a.m.

Every Saturday morning

Join in a lively Torah discussion on Shabbat morning. Learn, laugh, and be transformed by the community and the weekly portion.

Learning Opportunities

Global Day of Jewish Learning

Mayerson Jewish Community Center

Sunday, November 11, 2018 at 2:00 p.m.

Cincinnati's 2018 Global Day of Jewish Learning will feature Rabbi Susan Goldberg of Wilshire Boulevard Temple, Los Angeles. As the Rabbi Script Consultant for the acclaimed TV series *Transparent*, she will speak on "In the Wilderness: The Spiritual Journey of *Transparent*." Rabbi Goldberg will use stories and performances from the groundbreaking, award-winning TV show, *Transparent*, to spark thinking and conversation about how issues of gender and sexuality can expand our understanding of Jewishness, and one's identity, generally. Following Rabbi Goldberg's talk, participants can choose from a variety of workshops on extraordinary passages with local experts, including University of Cincinnati Judaic Studies, physicians from Cincinnati Children's Hospital, HUC-JIR, and Cincinnati rabbis. Global Day of Jewish Learning is an annual event where Jewish communities across the globe study a shared theme from a variety of perspectives rooted in Jewish texts. This year's theme is Extraordinary Passages - Texts and Travels.

Register at mayersonjcc.org/globalday

in the Community

Introduction to Judaism

Sponsored by the Union for Reform Judaism and the Reform rabbis and congregations of Cincinnati

An eight-week course covering topics about living Jewishly, including: practice and observance, beliefs, creating a Jewish home, lifecycle observances, synagogue and prayer, history, Shabbat and holidays, and choosing Judaism. A sponsoring rabbi is required.

Classes will be held at:

Hebrew Union College, Herman Learning Center

3101 Clifton Avenue, Cincinnati, OH 45220

Beginning October 9

Please contact Rabbi Coran or Rabbi Kahan if interested!

Tuesday evenings, 7:00p.m. to 9:00p.m.

Rabbi Matthew Kraus, Director of Undergraduate Studies, Department of Jewish Studies, University of Cincinnati

Registration Fee: \$200 per individual, \$235 per couple. *Students will be asked to purchase books for the class.*

For more information, contact Steve Sorkin at ssorkin@urj.org, or at 314.983.0229.



K.K. Bene Israel

Rockdale Temple

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...and values matter!

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