

# THE PURIM EXPERIENCE **FAMILIES THAT GIVE**

Tuesday, March 10th, 11:30am-1:00pm

Schara Tzedek

**MEGILLAH**  
Hear Rabbi Rosenblatt's Purim Story

**FEAST**  
Enjoy a lunch feast of pizza and snacks

**GIVE TO THE POOR**  
Bring a Toonie for Charity

**MISHLOACH MANOT**  
Pack your own gift basket and give to a friend

Complete the challenge and receive a special prize!

BOUNCY CASTLES | FACE PAINTING | BALLOONS | MAKE YOUR OWN MASK  
FREE EVENT – Ages 0-8 (older siblings welcome)

COMMITTEE – LEORA VOLODARSKY

Congregation Schara Tzedek  
RSVP: chaya@scharatzedeck.com or call 604-736-7607 or register online at: www.scharatzedeck.com

SCHARA TZEDECK AND BETH HAMDRAH PRESENT

PURIM 2020

# PURIM SEUDAH

ADULT \$30  
AGE 6-12 \$15  
AGE 3-5 \$5  
AGE 0-2 FREE

MARCH 10, 2020  
5:00 PM  
3476 OAK ST.

Congregation Schara Tzedek

בית המדרש  
SEPHARDIC CONGREGATION  
BETH HAMDRAH

REGISTER AT SCHARATZEDECK.COM



# Congregation Schara Tzedek Shabbat Bulletin

Rabbi: Rabbi Andrew Rosenblatt

Associate Rabbi: Rabbi Ari Federgrun

Torah Reader: Reverend Joseph Marciano

**A message from a Rabbi with the coronavirus whose congregation is quarantined**  
Rabbi Reuven Fink

As so many of us are now contemplating going into a Shabbos of seclusion, I want to share a few thoughts with you.

We all woke up Tuesday morning prepared for our usual schedules of work or school or whatever we usually do. By late afternoon we learned that the State and the County health departments ordered a voluntary quarantine of those who were in a number of venues where the Coronavirus might have been. I said to myself, "but at all of those places we were performing mitzvos." To be davening in shul, attending a funeral, attending bar and bat mitzvah celebrations- all are good deeds, mitzvot!" And yet, we were about to commence an unpleasant course of action: Isolation and quarantine are words that evoke fear. I must confess I was frightened that we might have an epidemic, a pandemic in our community. Michael, Judy and I met with the health officials and tried to explain that quarantine of almost an entire congregation was an overarching edict. They quickly disavowed us of any such thinking, and announced the shutdown of the Shul before we could even announce it to our own members.

We were locked in our homes. What would we do? This Shabbos is Parshat Zachor!! We all know it is incumbent upon Jews to hear Zachor being read from the Torah. Additionally, Elior Paley's Bar-mitzvah was scheduled for Shabbos. Elior had studied his Parsha so long and hard. What would be? And then, Tess Peiper's Bat-mitzvah was on Sunday. She would be so disappointed! Our friend and member Dahlia Nordlicht lost her dear father, Albert Kalter, and is sitting shiva. We who are in quarantine are not able to visit her in her time of need. People's lives are so disrupted. And certainly, our minds never diverted from thinking about and praying for our good friend Lawrence Garbuz who lay in the hospital in such serious condition.

We thought of Adina and the kids and what they were going through in comparison to what our situation was.

I told myself we would work things out. The people of New Rochelle are resourceful people.

March 7, 2020  
Adar 11, 5780  
Parshat Zachor /  
Telzaveh

Torah Reading pg. 464

Class for Page-a-Day  
Talmud Group: 8:30 am

Childminding - all ages -  
9:30 am-10:00 am

Kids Club - all ages - 10:00  
am - 12:00 pm - Wosk  
Auditorium

20/20 with Rabbi Berger -  
20 minutes after Kiddush

"Spring Forward" - move  
your clocks forward one  
hour at 3 am.

Rabbi's class will resume in  
the Spring

Mincha 5:40 pm  
Havdalah 6:54 pm

Mincha  
Sunday – 6:55pm,  
Monday – 6:45pm, Tuesday  
– Thursday -  
6:55 pm

PLEASE JOIN US FOR AN EXCITING  
CELEBRATION & THEATRE SPORTS

# PURIM CELEBRATION

FOOD FOR PURCHASE!

MONDAY, MARCH 9

SHOW FOR TEENS & ADULTS

7:35pm – Maariv/Megillah  
9:00pm – Second Megillah  
Reading in the Chapel

After 9:00pm  
**Theatre Sports**

Congregation Schara Tzedek

VANCOUVER THEATRESPORTS

SCHARA TZEDECK • 3476 OAK STREET VANCOUVER, BC • RACHAEL@SCHARATZEDECK.COM • 604-736-7607

PLEASE JOIN US FOR  
AN EXCITING PURIM CARNIVAL

# CARNIVAL

MONDAY, MARCH 9

COME IN COSTUME!  
PLAY GAMES AND WIN FABULOUS PRIZES!

7:35pm – Maariv/Megillah  
8:30pm – Carnival led by our  
Bar/Bat Mizvah Students, Alumni & Families  
9:00pm – Second Megillah  
Reading in the Chapel

Congregation Schara Tzedek

FOOD FOR PURCHASE

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And we prayed. Everyone was emailing for Lawrence's Hebrew name and wanted to know which tehillim should be recited. People who were not in quarantine were calling to arrange to help people in need, particularly those who were elderly or sick. Neighboring communities volunteered to help. Our neighbors in Scarsdale and White Plains shopped and made deliveries to many. Seasons and Chickies tried to make ordering easy. So many good people did so much good. And it continues.

Over the past day or two other members of our congregation were tested and found to be positive for the Coronavirus. I as well found out an hour ago that I too am infected with the virus. I can now reassure you that it is possible Thank G-d to get through this virus without a special vaccine. I have the virus and am doing reasonably well. But I must caution all of you who have had personal contact with me to seek counsel from your health practitioner as to how to proceed.

As a Shul we must worry about religion. We tried to address in writing what people could do for the observance of yahrzeit and recitation of kaddish. We worked out a plan to read Zachor on Purim. Daf Yomi was taught online thanks to Chaim Jaroslowicz and "ZOOM." We had two shiurim today given by me and by Rabbi Axelrod about Purim topics.

A crisis can bring out the best in people. It is bringing out the best in us.

Admittedly, it is hard to comply with the burden the State has placed on us. But as we see, despite all these measures the amount of people testing positive is increasing. We all have to be careful to comply. I have heard alarming reports that some of our members who should remain in quarantine have repeatedly violated it. This, obviously, is irresponsible. It is a Chillul Hashem and reflects poorly on our community. One must think very seriously about the consequences of one's actions - before they act.

There are some positive elements that can be found in looking at our predicament. It slows down the pace of our frenetic lives. That can be positive. It can give us more time with our families. Maybe that book that we never got around to reading can be read now. Maybe we always wanted to find time to learn Torah. We now have that opportunity. I can't remember the last time I davened without a minyan for shacharis. But my davening this morning was much slower than usual.

This circumstance certainly gives us the opportunity to think. Our attention turns to mortality and our vulnerability. We sometimes find ourselves victims of life's fragility and tentativeness. This is one of those times. It can help us to reorient our ultimate goals in life. Contemplation is good for the soul.....

We still have a way to go in handling our communal situation. Together we can persevere and triumph over these challenges. With our ever-abiding faith in G-d who is the Healer, we pray that we, as well as our fellow Americans and the peoples of the world will conquer this disease במהרה בימינו אמן.

### Schara Tzedek Announcements

#### Todah Rabah

To Charlene and Alex Zbar, Rochelle and Harry Hammer, and Gerry and Gail Goldstein for sponsoring the Congregational Kiddush in memory of their father Max Goldstein z'l, long time member of Schara Tzedek.

To the Stein Family for sponsoring the Scotch in honour of Shyah.

### Weekly Schedule

Daily Halacha with Rabbi Federgrun  
Monday-Friday 20 minutes before Shacharit

#### **Sunday:**

9:15 am - Parsha class with Rabbi Don Pacht following the Sunday breakfast.

#### **Monday - Fast of Esther:**

6:03 am - Fast Begins  
6:30 am - Fast Day Selichot  
7:00 am - Shacharit  
6:45 pm - Mincha  
7:35 pm - Maariv and Megillah Reading  
7:44 pm - Fast Ends  
8:30 pm - Purim Celebration! Carnival led by our Bar/Bat Mitzvah Students  
9:00 pm - Second Megillah Reading  
9:15 pm - TheatreSports Improv Comedy Show for Teens and Adults

#### **Tuesday - Purim Day:**

7:00am & 8:30am- Shacharit and Megillah Reading (40 mins into services)  
8:30 am - Women's Megillah Reading  
11:30 am - Purim Challenge for Kids!  
5:00 pm - Purim Seuda - please register here.

#### **Wednesday - Shushan Purim:**

10:00 am - Women's Weekly Torah Study with Ayala Wilchfort

#### **Thursday:**

9:00 am - Women's "Pray Tell" with Rabbi Federgrun at the Blicker Residence  
6:00 pm - Parsha Class with Rabbi Estrin



**Tuesday, March 17th**  
**SWEAT FOR TZEDEKAH** with Yael Segal

**2 CLASSES AVAILABLE**  
1-2pm or 2-3pm

All proceeds will benefit the Rabbi's Discretionary Fund which provides target needs for some of the most vulnerable families in our community. This fund helps those in need on a monthly basis including, keeping the disabled from being homeless, feeding those who can't afford groceries, and helping children receive a supplementary Jewish education.

**DONATIONS:**  
SWEAT FOR ONE - \$36  
SWEAT FOR THE COMMUNITY - \$72  
SWEAT FOR AM YISRAEL - \$180

**KONDI STUDIO 806 HOMER STREET (YALETOWN LOCATION)**  
PLEASE ARRIVE 15 MINUTES PRIOR TO THE CLASS.  
LIMITED SPACE.

**Prepare to get sweaty!**  
Class will begin with a short (but highly efficient!) treadmill warm up through a series of HIIT (high-intensity interval training) style sprints to get the heart-rate pumping. Then we head into the mat area for the Callanetics duration of class. Callanetics is a non-impact exercise method which uses small controlled pulses to improve muscle tone, correct posture, and promote drastic inch loss. This is done by most targeting the waist, thighs and behind. Kandi has infused Callanetics with the best of Pilates, classic strength and resistance training to create a unique and effective method.

**Women Only**

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**FAMILIES THAT GIVE**  
**SEDER IN A BOX**  
TUESDAY, APRIL 7, 2020

Supporting **JEWISH FAMILY SERVICES**

Each family will receive a:

- Seder Plate
- Z'rah, Hard Boiled Egg, Green Leaf Lettuce, Horseradish, Haroset, Potato (Karpas)
- Box of Matzah
- Bottle of Grape Juice
- Matzo Ball Soup
- Green Salad
- Angula, Fresh Mango & Strawberry, Cranberry, Candied Almonds, Pomegranate Vinaigrette
- Oven Baked Chicken
- Oven Baked Salmon
- Herb Roasted Baby Potatoes
- Tzimmes
- Stewed Yam, Carrots, Raisins & Prunes
- Fruit Salad Bowls

**Sponsor a meal \$25 per person**  
**Sponsor a family of 4 \$100**

Special thanks to our co-sponsors Maple Grill & Murray Shapiro

To sponsor a Seder in a Box [www.scharatzedek.com](http://www.scharatzedek.com)  
For more information on this initiative call Rachael at 604-736-7607 or email [rachael@scharatzedek.com](mailto:rachael@scharatzedek.com)