

TEMPLE
SINAI

5505 Forbes Ave
Pittsburgh, PA 15217
(412) 421-9715
www.TempleSinaiPGH.org

Shanah Tovah



HIGH HOLY DAYS
2021 ~ 5782

A MESSAGE FROM RABBI DANIEL FELLMAN

L'Shanah Tovah!!

I am thrilled to be joining with you to celebrate 5782! Our gatherings this year will be filled with joy and hope, song, and smiles. So much is new and exciting at Temple Sinai, and so much remains the treasured gem we all love.

Coming out of the pandemic, the holidays will be a wonderful opportunity to reconnect and recharge. Each of us has felt the stresses and challenges of lockdowns and more, and all of us will be strengthened by coming together as a community.

Our tradition teaches us that *Teshuva*, *Tefila*, and *Tzedakah*—repentance, prayer, and righteous charity will lead us forward in strength. Each of those values will be present as we welcome the New Year at Temple Sinai.

We will join together in accounting for ourselves over the past year—noting both the moments of challenge and the moments of success. We will support each other as we acknowledge all that we have been during the year just ending.

Our voices will rise in prayer together. We will sing and be inspired with Cantor Marshall Portnoy, and we will be strengthened by messages from our rabbis.

And we will see that in acts of *Tzedakah*, righteous giving, we make ourselves and our world more whole. Our gifts remind us of our connections to each other as we renew our bonds.

Join us—online or in person, and together we will continue the work of creation, filling all of us with wholeness and holiness.

Rabbi Keren Gorban &
Rabbi Daniel Fellman



WELCOME TO THE HIGH HOLY DAYS 5782!

We look forward to being together as a community as we usher in the new year. At Temple Sinai, we strive to enable everyone to experience the awe and transcendence of the time, to offer accessible and inspiring services that speak to the mind, heart, and soul, and to model the best of what our synagogue community can be. We wish you great blessings as we bid 5781 farewell and step forward into 5782 with hope, conviction, and the promise of a new tomorrow.

MEMBER & COMMUNITY CARDS OF ADMISSION

All members who have made their 2021–2022 Pledge will receive Cards of Admissions for all High Holy Day services.

- Cards of Admission are included in this packet for all members who have made their 2021–2022 Pledge.
- Cards of Admission are not included in this packet if you did not yet make your 2021–2022 Pledge. Please contact Drew Barkley to make arrangements to receive your Card of Admission.
- Children (ages 25 and younger) and college students (with a current school ID) do not need Cards of Admission.
- Many services, including all Tot Services, are open to the Community. **Anyone attending services open to the community must have a Community Card of Admission.** To receive your Community Card of Admission, please contact Sunshine Figlio.

GUEST CARDS OF ADMISSION

A member who has made their 2021–2022 Pledge may request Guest Cards of Admission for children ages 26 and older, siblings, parents, grandparents, and other family for a suggested donation of \$180 each. Please submit requests to Nancy Conaway by Friday, Aug. 27.

RECIPROCAL CARDS OF ADMISSION

Going out of town for the High Holy Days? Contact Nancy Conaway by Friday, Aug. 27 to ensure you have a seat at the synagogue you plan to visit.



SERVICES OPEN TO THE COMMUNITY

A number of Temple Sinai High Holy Day services (listed below) are open to the community. We encourage you to bring your friends. Contact Sunshine Figlio for a Community Card of Admission. Tot Services are complimentary, and all other Community Services have a suggested donation of \$118 per family or \$54 per person.

All Tot Services (see next page for Tot Service schedule)

Erev Rosh HaShanah Service:

Monday, Sept. 6, 7:45 PM

Rosh HaShanah 2nd Day Morning Service:

Wednesday, Sept. 8, 10 AM

Kol Nidre Intergenerational Family Service:

Wednesday, Sept. 15, 6 PM

Yom Kippur Afternoon Services: Thursday, Sept. 16, beginning with Beit Midrash at 1:30 PM (see page 6 for the schedule of services)



Service of Remembrance

Sunday, August 29, Noon

In keeping with Jewish tradition, Rabbi Daniel Fellman of Temple Sinai and Rabbi Barbara Symons of Temple David will conduct the annual Service of Remembrance on the Sunday prior to Rosh HaShanah.

It is a special time to honor and remember those of our loved ones who are no longer with us. Chairs will be provided for the comfort of all visitors and a tent will offer protection from the elements. All are welcome!

Temple Sinai Memorial Park

7740 Saltsburg Road, Plum, PA 15239

High Holy Day Food Drive

supporting the JFCS Squirrel Hill Food Pantry

Items needed: canned tuna, peanut butter, 100% fruit juice, low sugar cold cereal, low sodium soup, pasta, rice, vegetable oil, baby diapers, laundry detergent, paper towels, and toothpaste

Please donate unopened, unexpired items in cans, boxes, packages, etc.

Please no glass jars or bottles.

**DONATIONS ACCEPTED AT
TEMPLE SINAI AUG. 28–OCT. 3.**

ESPECIALLY FOR KIDS AND FAMILIES!

TOT SERVICES

A fun, active service led by Rabbi Keren Gorban with stories, singing, and dancing for families with children 0–5. **For security reasons, advanced registration is required.** Contact Sunshine Figlio for your complimentary Community Card of Admission.

Erev Rosh HaShanah: Monday, Sept. 6, 5 PM

Rosh HaShanah: Tuesday, Sept. 7, 8 AM

Kol Nidre: Wednesday, Sept. 15, 5:30 PM

Yom Kippur: Thursday, Sept. 16, 8:15 AM



INTERGENERATIONAL FAMILY SERVICES

An engaging service for kids, parents, and extended family of all ages. We hope this service will allow all to share in a journey of the spirit of renewal for our Days of Awe.

Rosh HaShanah: Tuesday, Sept. 7, 8:45 AM

Kol Nidre: Wednesday, Sept. 15, 6 PM

Yom Kippur: Thursday, Sept. 16, 9 AM

TASHLICH SERVICE & PICNIC DINNER AT FRICK PARK

We'll have a short service by a stream in Frick Park (*map available on our website and in our lobby.*) Bring a dinner and stay for a picnic after the service.

Rosh HaShanah: Tuesday, Sept. 7, 5 PM

BABYSITTING *(preregistration required)*

- Available during both morning and evening services for Rosh HaShanah and Yom Kippur for ages 0–5 (including babies in diapers).
- Preregister by Wednesday, September 1 for Rosh HaShanah and Wednesday, September 8 for Yom Kippur.
- \$10 per child per holiday.
- Parents must remain in the building.

REGISTER ONLINE at www.TempleSinaiPGH.org/hhd2021 or with Debbie Haber at (412) 421-7039 or DHaber@TempleSinaiPGH.org.

S'lichot

Saturday, August 28

7:30 PM *The Magic Is In the Music: An Examination of our High Holy Day Musical Traditions* with Cantor Marshall Portnoy followed by the S'lichot Service

SERVICE OF REMEMBRANCE

Sunday, August 29

Noon Service of Remembrance with Temple David at Temple Sinai Memorial Park (7740 Saltsburg Road, Plum, PA 15239)

ROSH HASHANAH

Monday, September 6 (Labor Day)

5 PM Erev Rosh HaShanah Tot Service *

7:45 PM Erev Rosh HaShanah Service
with sermon from Rabbi Keren Gorman * 🕯️



Tuesday, September 7

8 AM Rosh HaShanah Tot Service *

8:45 AM Rosh HaShanah Morning Intergenerational Family Service 🕯️

10:45 AM Rosh HaShanah Morning Service with sermon from
Rabbi Daniel Fellman 🕯️

5 PM Tashlich Service & Picnic Dinner at Frick Park

Bring a dinner and stay for a picnic after the service.

(Cards of Admission not required.)

Wednesday, September 8

10 AM Rosh HaShanah 2nd Day Morning Service * 🕯️

YOM KIPPUR

Wednesday, September 15

5:30 PM Kol Nidre Tot Service *

6 PM Kol Nidre Intergenerational Family Service * 🕯️


7:45 PM Kol Nidre Service with sermon from Rabbi Daniel Fellman 🕯️


*"And my house shall be called
a house of prayer for all peoples."
(Isaiah 56:7)*

YOM KIPPUR (continued)


Thursday, September 16


8:15 AM Yom Kippur Tot Service *

9 AM Yom Kippur Morning Intergenerational Family Service 

11 AM Yom Kippur Morning Service with sermon from
Rabbi Keren Gorman 

1:30 PM Yom Kippur Beit Midrash *

4 PM Yom Kippur Minchah Afternoon Service * 

5:15 PM Yom Kippur Yizkor with sermon from Rabbi Daniel Fellman & N'ilah * 

7:15 PM Yom Kippur Break Fast: a light, portable snack to break your fast

SUKKOT

Tuesday, September 21

10 AM Sukkot Morning Service at Rodef Shalom Congregation
(4905 Fifth Ave, Pittsburgh, PA 15213)

SIMCHAT TORAH


Monday, September 27

6 PM Torah Celebration with Consecration of New Students (Pre-K–3)

Tuesday, September 28

10 AM Simchat Torah Morning Service with Yizkor at Temple Sinai

**Open to the community. Advanced registration and
Community Cards of Admission are required.*

 American Sign Language interpreter provided

**Livestream and Zoom links will be provided closer to
the dates above.**



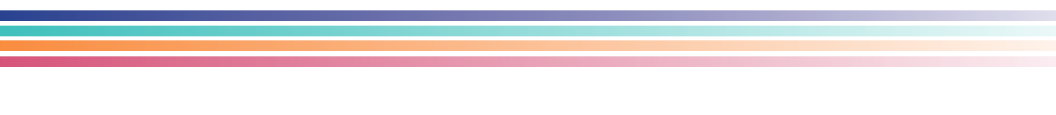
HIGH HOLY DAYS SECURITY & SAFETY INFORMATION

With High Holy Days just around the corner (Erev Rosh HaShanah is Monday, September 6), we strive to enable everyone to feel the awe and transcendence of the time, to offer accessible and inspiring services that speak to the mind, heart, and soul, and to model the best of what our synagogue-community can be.

It is very important that you know what to expect when coming to Temple Sinai for High Holy Day services.

- As of now, anyone entering the Temple Sinai grounds or building must (a) be fully vaccinated against COVID-19 or wear a mask at all times, (b) not be experiencing symptoms of COVID or aware of any recent exposure at the time of entry, and (c) agree to comply with all Temple Sinai COVID requirements. Fully Vaccinated means at least two weeks after the second shot of a two-shot regimen (e.g. Pfizer or Moderna) or after the single shot of a one-shot regimen (e.g. Johnson & Johnson). Exception: masks are not required for individuals under the age of two. Those with medical exceptions may address them with Drew Barkley.
- As always, uniformed Pittsburgh Police officers will be present. We'll also have plain clothes security in the building during all services.
- **SHOW YOUR CARDS OF ADMISSION TO THE GREETERS AND STAFF.** If you do not have your Card, a staff person will be available to help you prior to entering the building.
- Everyone who has made their 2021–2022 Pledge will receive Cards of Admission with the High Holy Day mailing.
- If you have not made your 2021–2022 Pledge before the mailing, your Cards of Admission will not be in your High Holy Day package. Please contact either Judy Rulin Mahan or Drew Barkley to make arrangements to receive your Cards of Admission prior to the High Holy Days.
- Some of our High Holy Day services, like Tot Services, are open to the community. We ask all non-members attending community services to call in advance to request Community Cards of Admission.

Please read through the information in the High Holy Day packet carefully and don't hesitate to call the Temple Sinai staff with your questions.



WELCOME CANTOR PORTNOY, OUR HIGH HOLY DAY CANTOR

We are pleased to announce that Cantor Marshall Portnoy will join Temple Sinai as guest cantor for the upcoming High Holy Days.

Cantor Portnoy has made a lasting impact on Jewish music as a talented cantor, composer, and teacher. He is the Cantor Emeritus of Main Line Reform Temple in Wynnewood, PA, at which he served for more than 20 years. An accomplished author, Cantor Portnoy's two-volume work *The Art of Cantillation* has brought the skill and the joy of reading Torah and Haftarah to tens of thousands throughout the globe. Cantor Portnoy has recorded two CDs: *Songs of Renewal* (2006) and *I Still Believe* (2010).



HIGH HOLY DAY OFFICE HOURS

Our offices will close early or be closed on the following dates.

- **Rosh HaShanah:** closed all day, Tuesday–Wednesday, Sept. 7–8
- **Kol Nidre:** closing at Noon, Wednesday, Sept. 15
- **Yom Kippur:** closed all day, Thursday, Sept. 16
- **Sukkot & Simchat Torah:** closed all day, Tuesday, Sept. 21 & Tuesday, Sept. 28

QUESTIONS? CONTACT US

- **Drew Barkley**, Executive Director, (412) 421-9715 ext. 111, Drew@TempleSinaiPGH.org; *Contact Drew with any questions about High Holy Day services.*
- **Nancy Conaway**, Receptionist & Administrative Assistant to Clergy, (412) 421-9715 ext. 115, Nancy@TempleSinaiPGH.org; *Contact Nancy for Guest or Reciprocal Cards of Admission.*
- **Sunshine Figlio**, Program Coordinator, (412) 421-9715 ext. 121, Sunshine@TempleSinaiPGH.org; *Contact Sunshine for Roll of Remembrance and to register for Community and/or Tot Services.*
- **Debbie Haber**, Religious School Administrator, (412) 421-7039, DHaber@TempleSinaiPGH.org; *Contact Debbie to register for babysitting.*
- **Judy Rulin Mahan**, Clergy Team Chief of Staff, (412) 421-9715 ext. 110, Judy@TempleSinaiPGH.org; *Contact Judy if you need an accommodation to attend any of the High Holy Day services.*

SERVICE ETIQUETTE

Before entering the Temple for services, please be sure to silence your cell phone or any other personal electronic devices.

In consideration of those worshiping at the early service, congregants arriving for the late service will not be admitted until the early service has concluded and participants have time to leave their seats.

At the conclusion of services, please place your prayerbook on your seat or in the pew rack in front of you.

STREAMING & ZOOMING OF SERVICES

If you have a friend, relative, or a loved one who cannot travel or otherwise attend services in person, please let them know that they can view all services in the Leebov Sanctuary via livestream or Zoom. (Links will be posted on our website at www.TempleSinaiPGH.org a few days before the services and will also be emailed to those on our email list.)

If you do not wish to appear on camera, please be sure to sit at least six rows from the front of the Leebov Sanctuary.

IF YOU HAVE A NEED

Temple Sinai is an inclusive community that embraces, supports, and values all people, regardless of ability or needs, to participate in every aspect of our Reform Jewish synagogue life.

- We have wheelchairs available at the Krieger and Kittanning Way entrances if you need help moving from the door to the sanctuary. Just ask a greeter for assistance.
- Magnifying glasses and a limited number of large print prayerbooks are available at the receptionist desk near the Krieger entrance. Please make sure you return them at the end of the service so they will be available for the next service.
- Fidget tools are available at the receptionist desk near the Krieger entrance. Please return them at the end of the service so they will be available for the next service.
- If you need a quieter place to participate in services, we will livestream services in the Rogaliner Lounge. The Malakoff Conference Room is available for parents with small children who need a break from services.

- We have a hearing loop system in the Leebov Sanctuary and the Falk Auditorium. Switch on your hearing aid's T-coil and choose a seat on the perimeter of the auditorium and sanctuary. Avoid sitting in the "slate area" and the middle of the Leebov Sanctuary and the Falk Auditorium as the system doesn't work as well in those areas.

PARKING INFORMATION

GENERAL PARKING: The area on Forbes Avenue immediately in front of the main entrance is a drop-off area. Greeters will be available to assist congregants.

With the exception of authorized cars, the Temple Sinai driveway in the rear of the building is a NO PARKING area. It is used for Valet Parking only.

The City of Pittsburgh and the Parking Authority have graciously extended the courtesy of no ticketing for street cleaning and no ticketing around synagogues on Rosh HaShanah and Yom Kippur. However, parking permit areas are not included in the "no ticketing" courtesy.

PLEASE BE A GOOD NEIGHBOR AND DON'T BLOCK DRIVEWAYS.

VALET PARKING: Temple Sinai will, once again, offer courtesy valet parking for Seniors and Persons with Disabilities. This service is specifically for persons with a state-issued Disability Parking Placard or Disability License Plate and who drive themselves and/or their family. Please complete and return the Valet Parking Registration Form in your High Holy Day packet. Contact Drew Barkley with questions.

Congregants not eligible for courtesy valet parking may still valet park their car for High Holy Day services. Contact D&P Valet directly to reserve and pay for valet parking at each High Holy Day service. The fee is \$12 per day and paid directly to D&P Valet.

Please make your reservation online or download their phone app at www.parkingpanda.com/high-holy-days-temple-sinai.

Questions? Contact D&P Valet at (412) 287-9977.



WHAT ARE THE HIGH HOLY DAYS?

The High Holy Days are a period that spans nearly two months and might better be called the "Season of Return." Throughout this time, our rituals and services try to guide us back to the best versions of ourselves, which often gets lost in the busyness of life. Our many observances encourage us to pause and reflect, so that we return our various relationships to wholeness and renew our commitment to righteous living.

Shanah
Tovah

Elul (אלול)

Change rarely happens overnight, especially when we are the ones trying to break old, unhealthy habits and develop new, healthy ones. The month of Elul gives us time to reorient ourselves to our personal missions and visions so that we can identify where we've succeeded and where we've fallen short. We offer S'lichot prayers that remind us of the qualities embodied by our ancestors and the divine attributes that we might want to emulate. In Sefardi tradition, S'lichot begins at the beginning of Elul; in Ashkenazi tradition, S'lichot starts at the end of Shabbat about a week before Rosh HaShanah. During Elul there is also a practice of reciting Psalms 27 and 130, symbolically asking God to guide us back to the path of righteousness.

Rosh HaShanah (ראש השנה)

Our preparation in Elul leads us to Rosh HaShanah on the 1st day of the month of Tishrei, which celebrates the creation of the world and God's sovereignty. We eat round challah to remind us of the cycle of the year and

a crown. We hear the blasts of the shofar that announce the presence of God in our midst. The shofar's penetrating sound rouses our lazy souls to do the work of repentance. We call upon God as a loving and forgiving parent who only wants the best for us.



Ten Days of Repentance (עשרת ימי תשובה Aseret Y'mei T'shuvah)

The ten days from the beginning of Rosh HaShanah to the end of Yom Kippur invite us to repair the mistakes of the past year and commit to doing better. One of the rituals during this time is Tashlich, which we often do on the afternoon of Rosh HaShanah. During Tashlich we try to unburden ourselves of our failures and missteps by casting sticks, pebbles, or birdseed into flowing water. (People have often used bread for Tashlich, but it harms the fish and birds and pollutes the water.) This period also includes the Fast of Gedaliah, which takes place on the 3rd of Tishrei. During the daylight fast, we mourn the assassination of the Judean governor Gedaliah by other Jews and remember how important it is for us to support each other and our community. The Shabbat between Rosh HaShanah and Yom Kippur is called Shabbat Shuvah and includes special insertions into prayers that ask God to remember us for goodness and inscribe us in the Book of Life.

Yom Kippur (יום כפור)

By the time we reach Yom Kippur, we have hopefully done much of the work of repair to return our human relationships to wholeness. If so, then the services of Yom Kippur focus on how to bring wholeness to our relationship with the Divine. With a full sundown-to-sundown fast from food, drink, sex, cosmetics, and leather; simple clothes (often white); and a day spent in prayer, we ask God to forgive us for the harm we have caused and to guide us toward a better life. The final blasts of the shofar at the end of Yom Kippur mark the Days of Repentance but reverberate within us so we continue the work.



Sukkot & Sh'mini Atzeret-Simchat Torah (סוכות ושמניני עצרת-שמחת תורה)

The High Holy Days don't end with Yom Kippur but continue with the festival celebrations of Sukkot and Simchat Torah.

On Sukkot we celebrate our many blessings—it's called *Z'man Simchateinu*, the Time of Our Joy. We build sukkot, temporary structures with sturdy walls but a porous roof, to remind us to enjoy what we have despite the impermanence of life.

We are commanded to "dwell" in the sukkah for seven days, which the rabbis of old understood as eating meals there. You're also welcome to study, work, and even sleep in it, too! We also shake the lulav, a bouquet of date palm, willow, and myrtle, and etrog (a lemon-like fruit) to acknowledge God's presence all around us and the gift of the fall harvest.

The Torah also mentions a holiday called Sh'mini Atzeret that's observed eight days after Sukkot begins. We combine that holiday with a celebration of the Torah called Simchat Torah. During Sh'mini Atzeret-Simchat Torah, we sing and dance with the Torah scrolls. We also read the last chapters of the Torah and begin again with the first chapters.

From the beginning of Elul through the end of Simchat Torah, we have finally come back full-circle—to beginning of the year to the beginning of the Torah, and to our truest selves.



Photo by Dale Lazar

*May you be inscribed in the book of life
for a fulfilling and happy year!*

What a year this has been! We are getting vaccinated and finally getting back to "normal." Temple is opening up, and we are welcoming a new Rabbi and his family into our lives. Truly a new beginning for the New Year.



We invite you to participate in the annual Holiday Card program by Women of Temple Sinai (WoTS)—an easy way to send New Year's Greetings to your fellow congregants. We create, produce, and mail New Year's cards on your behalf to the Temple Sinai members of your choice. As in the past, you can make your selections online.

The Holidays are very early this year! You should have already received an email from WoTS@HappyRoshHashanah.com. This email will contain the instructions for logging on to your file. Once there, you can select those members to whom you would like us to send a card on your behalf. In addition to the ability to select individuals, you will be able to choose specific groups within Temple Sinai, such as the choir, Clergy, WoTS, etc. There also is an option to send your greetings to the entire congregation. You will be able to pay via credit card online or send a check made out to "WoTS" to Temple Sinai.

If you did not receive the email, (or accidentally deleted it), you can go to www.HappyRoshHashana.com and click on "get my code." Just enter your email address and your code will be emailed to you.

If you have requested a printed order form in the past, we will automatically mail one to you this year. If you have not gotten one by August 1 and would like one, please call Carol Woolford at (412) 731-5054 or Susan Cohen at (412) 363-7745.

Please keep in mind the deadline for ordering is August 16!

Thank you for your support. L'Shana Tovah!
Carol Woolford, WoTS President

THIS ROSH HASHANAH,
MAKE A COMMITMENT
THAT WILL BE A SWEET
REMINDER OF WHO
YOU ARE AND WHAT IS
IMPORTANT TO YOU.



PLEASE REMEMBER TEMPLE SINAI WITH
A GIFT IN YOUR WILL, TRUST, RETIRE-
MENT ACCOUNT, OR LIFE INSURANCE
POLICY.

TEMPLE
SINAI



To create your Jewish legacy, contact: Drew Barkley, Executive Director
Drew@TempleSinaiPGH.org, (412) 421-9715 ext. 111