



With the oncoming storm the Shabbat schedule is tentative, please use an abundance of caution when traveling to and from services, and if it doesn't seem safe please stay indoors.

Service Times

Friday, September 14

7:00 pm - Mincha
6:09 pm – Earliest Candle Lighting
7:10 pm – Late Candle Lighting

Saturday, September 15

9:00 am – Shacharit
(10:09 am – Latest preferable time to say the shema)
10:00 am – Shabbat Morning Youth Groups
10:30 am – Youth Tefilla Begins

Shabbat Shuva Shiur following services

Parsha Shiur Cancelled

6:40 pm – Mincha
8:04 pm – Havdalah

Kiddush/Lunch Sponsor:

The Arbiv Family in honor of the Bar Mitzvah of Yali Amos Akunis - **Cancelled**

Thanks to Edie and Joe Rubin for sponsoring last week's kiddush.

Sep 22 – Available

Sep 24 – Sukkot Day 1 – Available

Sep 25 – Sukkot Day 2 - Available

Sep 29 – Available

Oct 1 – Shmini Atzeret – Available

Please consider marking a special event in your life by sponsoring a Kiddush. Contact Lenny Zucker at lenbarbz@alum.mit.edu. Regular Kiddush is \$150. Shabbat Academy Kiddush/Lunch is \$275.

Weekday Services

Monday Mincha/Maariv services will be at 7:00 pm.

Regular Classes

Torah Study – The Avraham Stories – **is off for the summer.**

Lunchtime Talmud - Thursdays at noon (with Facebook Live access. Please contact Rabbi@DorTikvah.org with questions.)

Dor Tikvah Youth Programs

Information about our youth programs is available at www.dortikvah.org/youth

Yom Kippur Schedule

Erev Yom Kippur -
Tuesday Sept. 18

7:03pm – Fast begins
7:04pm – Candle Lighting
7:10pm – Kol Nidre

Yom Kippur - Wednesday Sept. 19

8:00am – Greatest Hits of Yom Kippur
9:00am – Shacharit
10:15am – Torah Reading
12:00pm – Yizkor
12:30pm – Mussaf
4:50pm - Mincha
6:20pm – Neilah
7:58pm – Havdalah

Upcoming Holiday Events

Sep 24-25 - Sukkot

Sep 24 – Sukkah Hop n' Tisch

Sep 29 – Shabbat Chol Hamoed Sukkot - Candy Sukkah Building Competition

Oct 1 day – Shmini Atzeret (Yizkor)

Oct 1 evening – Simchat Torah Extravaganza

Oct 2 – Simchat Torah

Community Events

Hebrew Ulpan – Weekly on Mondays beginning Sep 3rd | 5:30-6:45PM at CofC by Professor Noa Weinberg. Ulpan classes aim to teach students how to speak and read Hebrew.

Refuah Shelema

Yechil Yeshiahu ben Fradel
Robert Levinson
Hodel bat Raozel (Linda Kirshstein)
Yehudit Elisheva bat Miriam Leah Claret (Kate Kalin Tobakos)
Laella bat Simcha
Talia bat Shoshana
Bloom bat Chaya Sara (Bertha Hoffman)
Miriam bat Mazal
Bear Phillips
Yisrael ben Chaya

Boaz Moshe ben Golda Tamar
Moshe ben Chava
Linda Milligan
Shmuel Zalman ben Shoshana
Yocheved Koplowitz
Zelig Aharon HaLevi ben Miriam
Valerie Armour
Aryeh Chaim Simcha ben Yael Bracha (Teddy Mocle Levine)
Leah Gittel bat Nahama Beryl
v'Moshe HaCohen (Leah Chase)

Life Cycle

Birthdays

- Phyllis Katzen (9/15)
- Jennifer Schager (9/16)
- Rachel Kirshtein (9/16)
- Yoni Alon (9/16)
- Jeremy Zucker (9/20)
- Paul Saltzman (9/20)

Yahrzeit

- Ethel Oberman Katzen, mother of Marvin Katzen (9/16)
- Ethel Lisker, mother of Barbie Zucker (9/20)

We appreciate all contributions - those of \$10 or more will be acknowledged here. Contributions in support of CDT, can be made at, DorTikvah.org or by check to Congregation Dor Tikvah | PO Box 80301 | Charleston, SC 29416

Growth Worksheet

Rabbi Shraga Simmons | Aish HaTorah

The High Holidays are all about personal growth. Here are key areas that will make the greatest difference in building overall spiritual health.

"The world stands on three things: On Torah, on the service [of G-d], and on acts of kindness." (Talmud - Avot 1:2)

A chair or table needs at least three legs to stand on. In the spiritual world, this is true as well. Every human being has three primary relationships in life: with yourself, with G-d and with others. Success and balance are required in all three. Rosh Hashana is the time for getting our lives in order, correcting our mistakes, and making a plan for the future. With that in mind, here's how these three pillars translate to our life today:

Torah = Pursuit of Wisdom

Service of G-d = Spiritual Connection

Kindness = Kindness

PURSUIT OF WISDOM

To get started on your High Holiday growth program, try asking yourself some of the following questions, relating to "pursuit of wisdom:"

When I read or watch TV, is the content something that will make me a better person?

Do I regularly waste time?

Have I clearly identified a set of life-long priorities?

What am I afraid of? How do those fears hold me back from pursuing my dreams?

Do I have a role model in my life?

Do I value the wisdom and life experience of my parents and teachers?

Do I have friends who regularly provide me with honest feedback?

Do I respond well to criticism, or do I get defensive?

Do I readily admit when I'm wrong?

To what extent do I rationalize my mistakes?

Is there any mistake that I commit habitually to the point where it no longer bothers me?

Is there one question about life that I yearn to have answered?

How could I spend one hour each week pursuing wisdom?

SPIRITUAL CONNECTION

Do I give the same concern and attention to my spiritual health as I do to my physical health?

How would I define my relationship with G-d?

In what ways do I struggle with the Jewish understanding of G-d?

In general, do I view events in my life as random occurrences, or as powerful spiritual messages?

How do I relate to the idea of prayer? Do I pray? Does it work?

Do I spend time appreciating the beauty of nature?

Do I ever feel isolated and alone?

Do I respect idealistic people, or do I think they're naive?

Do I ever compromise my human values for the sake of monetary gain? For career advancement? For acceptance by others?

In the past, why have I not stuck to my goals?

Is there anyone who could help me achieve what I want in life? Why have I not asked for their help?

How could I spend one hour each week nourishing my soul?

ACTS OF KINDNESS

Am I regularly concerned about the needs of others?

How often do I put my own needs on hold in order to help others?

Do I sometimes intimidate others, or take advantage of the weak and vulnerable?

Do I give tzedakah (charity) regularly? Do I give gladly or begrudgingly? Am I careful about selecting the best recipient?

Do I volunteer my time and resources to help others in need? Do I make that an important part of my week?

Am I careful to keep my word?

Do I conduct business in a fair and honest manner?

In business and relationships, do I look for the win-win solution?

Do I genuinely feel good, or feel bad, when I hear about another person's success?

Do I gossip and talk negatively about others?

Do I lose patience with others and get angry? Can I identify those situations where I'm most likely to get angry?

Do I ever use language that is rude, harsh and obscene?

Am I jealous of what others have? Do I think somehow, I am more deserving?

Do I ever invade another's privacy by looking or listening to something private?

Have I ever betrayed the trust of a friend?

Do I listen with empathy and compassion when someone has a problem?

Am I careful never to embarrass or insult others?

How could I spend one hour each week giving selflessly to others?