



### Shabbat Times

#### **Friday, March 9**

6:05 pm – Candle Lighting  
6:05 pm – Mincha/Kabbalat Shabbat/Maariv

#### **Saturday, March 10**

9:00 am – Shacharit  
(9:33 am – Latest preferable time to say the shema)  
10:00 am – Shabbat Morning Youth Groups  
10:30 am – Youth Tefilah begins

5:40 pm – Mincha  
7:01 pm – Havdalah

#### **Kiddush Sponsor:**

Women of Dor Tikvah in honor of Lori Gleaton, Dor Tikvah's Woman of the Year

- **Mar 17:** Shabbat Academy with the Frisch School students kiddush/lunch – Available
- **Mar 24:** Picnic and Playdate, Sponsorship Available
  - **Mar 31:** Pesach Day 1, Shabbat – Available
    - **Apr 1:** - Day 2 - Available
    - **Apr 6:** - Day 7, Shabbat - Available
    - **Apr 7:** - Day 8 - Available

*Note: Pesach kiddushes are \$175.00.*

Please consider marking a special event in your life by sponsoring a kiddush. To schedule a kiddush, contact Lenny Zucker at lenbarbz@alum.mit.edu. The cost of sponsoring a regular kiddush is \$150.00 and a Shabbat Academy Kiddush/lunch is \$275. Visit the online donation page to pay online or download a donation form, print it out and mail it in. Be sure to select "kiddush" for the donation type.

### Weekday Services

Mincha/Maariv services resume every Monday and Wednesday at 7:00 pm.

### Regular Classes

(Classes held at the Dor Tikvah House. Park in the Shul parking lot.)  
Sunday night Torah 7:30 pm – The Avraham Stories is off this week for the Addlestone Gala

Lunchtime Talmud @ noon on Thursdays with FaceBook Live access. Contact Rabbi@DorTikvah.org with questions.

### Dor Tikvah Youth Programs

For programming updates visit [www.dortikvah.org/youth](http://www.dortikvah.org/youth)

### Reminder

Daylight Saving Time Begins March 11 at 2:00 am. Set your clock ahead 1 hour.

### Welcome NCSY Greater South Shabbaton!

#### Upcoming Dor Tikvah Events

**Mar 17:** Shabbat Academy - Frisch Yeshiva High School group through New Jersey NCSY

**Mar 24:** Picnic and a Playdate (Shabbat HaGadol – Shabbat before Pesach) - Join us for lunch, and kids activities to get ready for Passover in partnership with PJ Library! Open to adults and children. \$5/person. RSVP on our website

#### **Mar 30 – Apr 7: Pesach**

#### Community Events

**Mar 11:** Addlestone Hebrew Academy Gala. Addlestone Gala: Derby Days, 6:30 PM - 9:30 PM, Citadel Holliday Alumni Center

**Mar 14 & 15:** Addlestone Hebrew Academy presents "The Grunch" performances by 1st through 8th Grade students. Student/Senior tickets are \$5 in advance and \$7 at the door. Adult tickets are \$8 in advance and \$10 at the door. 8<sup>th</sup> grade Israel trip fundraiser dinners before each performance from 5:00-6:30. Play starts at 7:00.

#### Refuah Shelema

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| Yechil Yeshiahu ben Fradel                                   | Blooma bat Chaya Sara (Bertha Hoffman)           |
| Robert Levinson  | Miriam bat Mazal                                 |
| Hodel bat Raozel (Linda Kirshstein)                          | Tovah Chaya bat Gittel Hannah                    |
| Yehudit Elisheva bat Miriam Leah Claret (Kate Kalin Tobakos) | Mordechai Yehuda Zelig ben Ettel (Marvin Katzen) |
| Laella bat Simcha  | Bear Phillips                                    |
| Fradyl Shoshanna bat Leah Gittel (Freda Chase)               | Tzvi Hirsch ben Pesha (Howard Hoffman)           |
| Gershom ben Naomi  | Boaz Moshe ben Golda Tamar                       |
| Sima bat Sura Miriam (Sylvia Yellin)                         | Hessel ben Chaim                                 |
| Talia bat Shoshana   | Moshe ben Chava                                  |
|  | Miriam Chana bat Sarah                           |

#### Life Cycle

##### Yahrzeit

- Rose Stricker, grandmother of Michael Stricker (3/12)
- Bud Lisker, brother of Barbie Zucker (3/15)

#### Contributions

##### In Memory of

- My mother, Ruth B. Silverman, by Susan & Lowell Cantor
- Dr. Seymour Stricker, by Arlene & Peter Rosenthal

##### In Honor of

- Rabbi Davies and Charles Steinert by Phyllis & Marvin Katzen

##### Cemetery Consecration

- Arlene & Peter Rosenthal
- Phyllis & Marvin Katzen

##### Rabbi's Discretionary Fund

- Joel & Phyllis Doobrow, Leah Chase, Linda & David Gilston, Linda & David Cohen, Edie & Joe Rubin, Phyllis & Marvin Katzen

##### Contributions for NCSY Shabbaton

- Phyllis & Marvin Katzen

# Shabbat Shalom Weekly

Based on Growth Through Torah by Rabbi Zelig Pliskin | Aish.com

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Our Sages instruct us to start preparing for a holiday 30 days beforehand. Pesach (Passover) begins Friday evening, March 30th.

**Many Jewish** holidays have been humorously described as: "They wanted to kill us. We won. Let's eat." If you'd like to have your Pesach Seder to be more than "Can we skip this part of the Hagaddah ... and Let's eat!", then this week's edition will be of help. Your Seder can be an even more enjoyable, memorable and warm family experience --if you put the time into preparing!

**How does** one get his/her children to feel positively about being Jewish? You cannot transfer your feelings, but you can create the atmosphere and the experience, which will engender positive feelings. Many people who love being Jewish, fondly reminisce about their *Zaideh* (grandfather) presiding over the Shabbat table or their *Bubbie* (grandmother) lighting Shabbat candles ... and their Seder! You are a link in that chain!

## Q & A: How Do I Make My Seder Enjoyable, Creative and Meaningful?

**Remember** that the Seder is for the kids, to transmit our history and understanding of life. You've got to make it interesting and intrigue them to ask questions. If a person asks a question, he'll be inclined to hear the answer! The only way to transmit your love and feeling for Judaism is through shared, positive experiences. You need to be excited about the Seder! Some ideas from Rabbi Shimon Apisdorf:

**1. Invest** time before the Seder. Trade in your Maxwell House Hagaddah for one with commentary. Then read it! Visit a Jewish bookstore and see what intrigues you. Look at a commentary to get interesting insights to share with your family and guests. A few suggestions: [Judaism in a Nutshell: Passover, Artscroll Haggadahs](#) and [The Exodus You Almost Passed Over](#) by Rabbi David Fohrman. Also, excellent materials including an audio guide "How to Conduct the Passover Seder" are available at [ChadishMedia.com](#)!

**2. Get Passover** storybooks for the kids now! Read to them the stories before Pesach. Have them or help them make a little play to present at the Seder. Buy them [Artscroll Children's Hagaddah](#)!

**3. Have quizzes** and prizes. Ask questions and give 20 points for a right answer. 100 points and they get a prize! Start with the youngest and work up through the ages. Name: the plagues, the 4 sons, the number of years in slavery -- make your list of questions before the Seder.

**4. Plan out** the Seder with little surprises and props. During the section on the plagues throw into the air plastic animals when you get to the Wild Beasts; use ping-pong balls for the plague of Hail. Be creative. Give each child a brown paper bag filled with his props. Have fun!

**5. Delegate.** Give your kids or guests a small part of the Haggadah to prepare. They can look at a Haggadah with commentary -- or go to [Aish.com](#) and search. It involves them and makes them a part of the Seder rather than being an observer.

**6. Have questions** for discussion at the table! Passover marks the birth of the Jewish people. It's a time to reflect on the meaning, value and implications of being Jewish. Here are some questions to discuss:

1. On a scale of 1-10, how important is being Jewish to you? Please explain.
2. If your son, daughter, brother, sister, or best friend told you that they planned to raise their children without any Jewish education or identity, how would you react?
3. If you thought the existence of Israel was in danger, would you risk your life to help save it?
4. What do you like about being Jewish? What don't you like?
5. Is it important to you or for your children to have mostly Jewish friends? Why?

## Vayak'hel-Pekudey, Exodus 35:1 - 40:38

**Moshe** relays the Almighty's commands to refrain from building the *Mishkan* (the Tabernacle or Portable Sanctuary) on the Shabbat, to contribute items needed to build the *Mishkan*, to construct the components of the *Mishkan* and the appurtenances of the Cohanim. The craftsmen are selected, the work begins. The craftsmen report that there are too many donations, and *for the first and probably the only time in fundraising history*, the Jewish people are told to refrain from bringing additional contributions!

**Pekudey** includes an accounting of all the materials that went into the making of the *Mishkan* and details of the construction of the clothing of the Cohanim. The Tabernacle is completed, Moses examines all of the components and gives his approval to the quality and exactness of construction, the Almighty commands to erect the Tabernacle, it's erected and the various vessels are placed in their proper place.