



**Shabbat Times**

**Friday, February 23**

5:54 pm –Candle Lighting  
5:55 pm – Mincha/Kabbalat Shabbat/Maariv

**Saturday, February 24**

9:00 am – Shacharit  
(9:43 am – Latest preferable time to say the shema)  
10:00 am – Shabbat Morning Youth Groups  
12:30 pm - Shabbat Academy

Speaker: Yoni Alon | Topic: "Is it Hashem or is it Me?"  
Babysitting available  
**1:20 - Mincha**

6:50 pm – Shabbat Ends  
7:00 pm - Maariv  
8:00 pm – Motzai Shabbat Pickup Basketball

**Kiddush Sponsor:**

Shabbat Academy Kiddush/Luncheon: Sponsored by Liz and Leo Dobkin and family with blessings for Ahavat Chinam.

- **Mar 3:** Leah Chase in memory of her beloved husband, Philip Harold Chase/Fivel Aron ben Moshe
- **Mar 10:** Available
- **Mar 17:** Shabbat Academy kiddush/lunch - Available

**Weekday Services**

Maariv services every Monday and Wednesday at 7:00 pm.

**Regular Classes**

(Classes held at the Dor Tikvah House. Park in the Shul parking lot.)  
Sunday night Torah 7:30 pm – The Avraham Stories

Lunchtime Talmud @ noon on Thursdays with FaceBook Live access. Contact Rabbi@DorTikvah.org with questions.

**Dor Tikvah Youth Programs**

For programming updates visit [www.dortikvah.org/youth](http://www.dortikvah.org/youth)

**Purim**

Sunday February 25	Wednesday February 28	Thursday March 1
Kids ages 3 – 4 <sup>th</sup> grade, are invited for a special Mishloach Manot making program at the home of Dr. Arlene Rosenthal from 3-4:30.  Youth Mega Event for kids ages 10-15 at Frankie's Fun Park from 12-5 pm. Contact Shlomi for more info. \$40/kid.	Fast of Esther – begins 5:36 am   ends following Megillah reading or at 6:54 pm  Mincha– 5:45pm   Machatzit HaShekel Masquerade– 6:15pm  Maariv & Megillah– 6:30pm  Purim Panini Party   \$5/person following Maariv	Purim Day Shacharit & Megillah @BSBI– 6:45am Second Daytime Reading– 10:30am @ the Dor Tikvah House  Rabbi Davies will collect Gifts for the Needy. Please get cash/check to him by 10:30am Thursday.

**Upcoming Dor Tikvah Events**

**Feb 25:** Breakfast Minyan and Annual Congregational Meeting

**Mar 10:** Shabbat Shebang

**Mar 17:** Shabbat Academy with the Frisch School students

**Mar 24:** Picnic and a Playdate (Shabbat HaGadol – Shabbat before Pesach)

**Community Events**

**Mar 6:** Women Who Make a Difference at Synagogue Eman-El 7:00 pm. Dor Tikvah will be honoring Lori Gleaton for all of her contributions to our Shul and our community.

**Refuah Shelema**

Yechil Yeshiahu ben Fradel	Talia Bat Shoshana
Robert Levinson	Blooma bat Chaya Sara (Bertha Hoffman)
Hodel bat Raozel (Linda Kirshstein)	Miriam bat Mazal
Yehudit Elisheva bat Miriam	Tovah Chaya Bas Gitel Hannah
Leah Claret (Kate Kalin Tobakos)	Mordechai Yehuda Zelig Ben Ettel (Marvin Katzen)
Laella bat Simcha	Sarah Leah Bat Batia (Sandy Katz)
Fradyl Shoshanna bat Leah Gittel (Freda Chase)	Bear Phillips
Gershom ben Naomi	Tzvi Hirsch ben Pasha (Howard Hoffman)
Sima bat Sura Miriam (Sylvia Yellin)	Boaz Moshe ben Golda Tamar
Moshe Ben Chava	

**Life Cycle**

**Birthdays**

- Sharon Stricker (2/26)
- Jason Goldberg (2/27)

**Anniversaries**

- Arlene & Peter Rosenthal (3/1)

**Supporters of Congregation Dor Tikvah**

*We acknowledge contributions given:*

- Neil and Elaine Gross
- Ian and Ellen Kay
- Ariel and Michelle Asa

*We appreciate all contributions - those of \$10 or more will be acknowledged here. Contributions in support of CDT, can be made at, [DorTikvah.org](http://DorTikvah.org) or by check to Congregation Dor Tikvah | PO Box 80301 | Charleston, SC 29416*



# Shabbat Shalom Weekly

Based on Growth Through Torah by Rabbi Zelig Pliskin | Aish.com

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The Torah states,

"And you shall command the Children of Israel that they bring to you pure pressed olive oil for illumination to keep the lamp constantly burning" (Exodus 27:20).

The Midrash comments on this verse that the Almighty does not really need the light, but you should nonetheless make a light for Him just as He makes light for you. The Midrash gives the analogy of a blind person and a person who could see who were walking together. The person with sight led the blind person the entire way. When they came to their destination the sighted person told the blind person to make a light. "I want you to do this," he said, "so you will not feel a debt of gratitude for all that I have done for you. Now you have done something for me in return."

Rabbi Yeruchem Levovitz comments that from here we see what total kindness is. There are many ulterior motives a person can have when he does favors for others. The ultimate in doing kindness is to do it without any expectations for something in return. This Midrash should be our guide when we do a favor for another person. Our attitude should be totally to help someone and not expect even gratitude in return.

Many people feel strong resentment towards people who do not show any gratitude for what they have done for them. While a person should feel gratitude, one who does kindnesses for others for the sake of doing kindness will be free of any negative feelings towards someone who does not reciprocate or express gratitude. Moreover, an elevated person will go out of his way to make the person receiving his kindness feel free of any obligations towards him.

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## Teaching Your Family Ahavat Chinam

Adina Soclof | OU.org

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According to our tradition, the second temple in Jerusalem was destroyed because of *sinat chinam*, baseless hatred of one another. In every generation the Jewish people are called upon to rectify this by practicing *ahavat chinam*, loving others freely without judgment.

As parents we want to transmit this message of *Ahavat Chinam* in simple ways to our kids and live our lives according to this principle. Happy families are families who, for the most part, can love each other unconditionally, without judgment. But how? An important principle in Judaism is to give others the benefit of the doubt. In marriage and in parenting, it is essential. It helps us avoid anger and unnecessary blaming, leading to better relationships. It allows us to model *ahavat chinam*. And ultimately, it leads to improved behavior in our children.

Giving the benefit of the doubt means that we don't always assume that the motivation behind our spouses and child's behavior is a negative one. For example, we might think: "My spouse didn't take out the garbage just to annoy me." Or, "My kids are squabbling at the dinner table because they are the most difficult, unruly kids!"

Instead, we can try to assume that our spouse's and child's intentions were positive, and look for the good in our family's behavior instead of reacting negatively and assuming our children are misbehaving or our spouse is being inconsiderate.

Why?

Because when we attribute negative motives to our spouses and children's behavior, it makes us angry. And when we're angry, we tend to say things we don't mean. When we are angry we usually aren't able to discipline effectively.

We are more likely to say things to your spouse like: "You never remember to take out the garbage! You are so inconsiderate."

Or you might say to your children: "You are so rude! Why do you always have to fight? You guys never get along! When will I ever have a peaceful dinner?"

When we speak to our spouses and kids in that way, we place them in a situation where their only recourse is to attack us or defend themselves. They are put into a position where they generally exhibit more negative or even oppositional behavior.

To nurture our relationships with our families and discipline our kids effectively we want to use statements that show we are giving our families the benefit of the doubt:

To your spouse: "I took out the garbage, I figured you were tired and it probably just slipped your mind..."

To your kids: "You probably did not realize how important it is to me that the dinner table is peaceful. Let's figure out a way to keep the fighting at a minimum. Any ideas?"

When we give the benefit of the doubt we show faith in our family's innate goodness. We promote strong and loving interactions. Our spouses and even our children will not feel the need to oppose us. This is especially effective when parenting because we are then free to direct the child kindly and firmly to use better behavior or to come up with some solutions how to behave better.

Giving the benefit of the doubt is a great way to practice *Ahavat Chinam* and keep your home happy and stress-free.