

CONGREGATION BETH AARON

September 15-17

1-2 Tishrei

ROSH HASHANAH

Larry Rothwachs, Rabbi
Ben Zion Feld, Assistant Rabbi

Moishe B. Singer, President



Friday, September 15:

Erev Rosh Hashanah

Mikvah Hours: 4:30 a.m. to 3:00 p.m.
Latest Candle Lighting: 6:47 p.m.
Mincha/Maariv: 6:50 p.m.

Shabbat, September 16:

First Day Rosh Hashanah

Vatikin: 5:50 a.m.
Beit Midrash: 7:15 a.m.
Main Shul/Social Hall: 8:00 a.m.
Daf Yomi shiur: 5:25 p.m., Kiddushin 34,
Shuie Klavan.
Mincha: 6:35 p.m.
Rabbi Feld's shiur: 6:55 p.m.
Maariv: 7:35 p.m.
Earliest Candles: 7:56 p.m.

Sunday, September 17:

Second Day Rosh Hashanah

Vatikin: 5:50 a.m.
Beit Midrash: 7:15 a.m.
Main Shul/Social Hall: 8:00 a.m.
Tashlich: 5:35 p.m.
Please note there will not be a Daf Yomi shiur
because of the timing conflict with Tashlich
Additional blowing of the shofar: 6:20 p.m.
Mincha: 4:35 p.m. and 6:35 p.m.
Rabbi Rothwachs' shiur: 6:50 p.m.
Maariv: 7:47 p.m.
Havdalah: 7:56 p.m.
Selichot: 10:00 p.m.

Monday, September 18:

Tzom Gedalia

Fast begins: 5:24 a.m.
Fast ends: 7:30 p.m.

THE WEEK AHEAD

TUESDAY, SEPTEMBER 19

Shelly Mermelstein z"l Semichat Chaver
Program: 8:30 p.m., Rabbi Feld, Main
Shul. Laws of the seudah chabura,
for men only

WEDNESDAY, SEPTEMBER 20

Tehillim Mechulak for women: 7:15 p.m.,
Lower Level, Aliza Fischman
"Roadblocks Ahead: How Common
Defense Mechanisms Obstruct Our Path
Towards Teshuva": 8:15 p.m., Rabbi
Rothwachs

WEEKDAY DAF YOMI

Monday-Thursday at 9:15 p.m.
LL Book Room, with Rabbi Dovid Levy.
Also on Zoom Meeting ID: 878 74906 117
Passcode: 001400

NIGHT SEDER FOR YOUNG

PROFESSIONALS

Monday-Thursday at 9:00 p.m., Beit
Midrash. In conjunction with YU,
Masechet Gittin

DAF HASHAVUA

In the Beit Midrash
Tuesday and Thursday nights, at 8:55 p.m.
Also on Zoom Meeting ID: 997 4153 396.
Passcode: Daf

SCHEDULE: Week of SEPTEMBER 18

	Mon	Tues	Wed	Thurs	Fri
	18	19	20	21	22
Earliest Tallit	5:39	5:40	5:41	5:42	5:43
Shacharit	with Selichot 5:00 SH 5:40 BM 6:35 SH 7:50 BM	with Selichot 5:10 SH 5:50 BM 6:40 SH 7:50 BM	with Selichot 5:10 SH 5:50 BM 6:40 SH 7:50 BM	with Selichot 5:00 SH 5:40 BM 6:35 SH 7:50 BM	with Selichot 5:10 SH 5:50 BM 6:40 SH 7:50 BM
Mincha	6:30 BM				
Mincha/ Maariv		6:40 BM	6:40 BM	6:40 BM	6:40 MS
Maariv	7:10 BM 9:30 BM	9:30 BM	9:30 BM	9:30 BM	
Selichot	10:00 BM	10:00 BM	10:00 BM	10:00 BM	

KEY: MS = Main Shul BM = Beit Midrash SH = Social Hall LL = Lower Level

ANNOUNCEMENTS SPONSORSHIPS

To sponsor our weekly Shabbat announcements, please send your dedication, along with your check for \$54, to the shul office, or email office@bethaaron.org.

Send all Mazal Tovs and submission requests to office@bethaaron.org by 9:00 a.m. Wednesday.

YOM KIPPUR APPEAL

We at Beth Aaron understand what it means to be unified in support of the kehilla. Despite significant economic challenges faced by members and by the greater community, we came together last year and raised close to \$100,000! We are focused on achieving our communal goal of 100% participation of our membership, as well as our financial goal. Any amount you can pledge and donate is appreciated and will help us reach these important and achievable milestones.

If you have not already done so, please consider contributing to the campaign to help boost participation and inspire others to participate as well. Please make your donation at www.bethaaron.org/yomkippur or send your check to the office, noting in the memo line that it is for the Yom Kippur Appeal.

We thank you in advance and extend to you and your families a Yasher Koach for your consideration and wish you a Ketivah vi-Chatimah Tovah and a year of health, happiness, beracha, and peace.

PARNAS HAYOM

Dedicate a day of learning at Beth Aaron on the occasion of a yahrtzeit, in the zechut of a refuah shelaima, or in honor of a simcha, a birthday or any other occasion. Dedications are sent out to the membership via email. For information or to sign up, please go to www.bethaaron.org/parnashayom.

Last week's Parnas Hayom sponsor was:

- **Friday, 29 Elul: Debbie Indyk**, commemorating the yahrtzeit of her husband, Leonard Indyk, Yehuda Leib ben Aharon Yitzchak Zelig

This week's Parnas Hayom sponsors are:

- **Tuesday, 4 Tishrei: Claire & Meyer Katz**, commemorating the yahrtzeit of Meyer's father, Jacob Katz, Yaakov ben Tzvi Zev
- **Tuesday, 4 Tishrei: Cathy & Steve Schuss and Aliza & Kal Staiman**, commemorating the yahrtzeit of Cathy and Kal's father, Shalom Schuss, Shalom Tzvi ben Aharon
- **Friday, 7 Tishrei: Evie & Alden Leifer**, commemorating the yahrtzeit of Alden's brother, Noah Leifer, Nachman Moshe ben Chaim

MAZAL TOV TO

- **Ehud Adler**, on his engagement to Nechama (Chumi) Weingarten of New York City. Mazal Tov also to Ehud's parents, Nurit & Gary Adler (former members now living in Rehovot), and to Nechama's parents, Cecilia & Ephraim Weingarten of Baltimore.
- **Sandy & Eddie Steinberg**, on the engagement of their grandson Yitzy Steinberg of Merion Station, PA, to Adina Neustadt of Edison, NJ. Mazal Tov also to Yitzy's parents, Dini & Rabbi Avraham Steinberg, and to Adina's parents, Aviella & Rabbi Mordechai Neustadt.

SHUL ANNOUNCEMENTS

The Women's Sunday Learning Group is on hiatus until after Sukkot, when they will begin the study of *Iyov*.

This Wednesday, September 20, the **Tehillim Mechulak** gathering will take place at 7:15 p.m., so interested women also can attend Rabbi Rothwachs' series.

This Wednesday, September 20, at 8:15 p.m., Rabbi Rothwachs is offering the last in his series, **"Roadblocks Ahead: How Common Defense Mechanisms Obstruct Our Path Towards Teshuva."** This week's topic is "All of My Parts: The Human Capacity for Compartmentalization." Prepare for the unique opportunities and challenges that mark the months of Elul and Tishrei! To sponsor this shiur, contact office@bethaaron.org.

This Thursday, September 21, during Aseret Yemei Teshuva, at 8:15 p.m., **Rabbi Baruch Simon**, Rosh Yeshiva at RIETS, will offer a drasha, "Tik'u ba-Chodeh Shofar: The Progression from Rosh Hashanah to Yom Kippur to Sukkot." All are invited to attend. If you would like to sponsor this shiur, please contact office@bethaaron.org or plustiger@gmail.com. Sponsorships are \$50 and up.

For the eleventh year, the **Men's Club will be providing a light lunch on the Lower Level for young children on Yom Kippur afternoon**, thus permitting parents to remain in shul, rather than going home with their children. We are looking for a few parents to volunteer to set up and clean up lunch, as well as a few sponsors at \$36 each. To become a sponsor, click [HERE](#). To volunteer, please e-mail Moishe B. Singer, moishe@gmail.com.

On Shabbat, October 14, the **Foundations Minyan**, in memory of Andy Dimond, z"l, will meet. The Foundations Minyan will be joining the Youth Minyan at 9:15 a.m. in the Beit Midrash for Shacharit and then will move to the Social Hall for the Torah reading and Musaf. The minyan will be followed by a special Kiddush. The Minyan will be led by Rabbi Elie Weinstock, Senior Rabbi of the Jewish Center of Atlantic Beach on Long Island, and is open to everyone of all ages and backgrounds. The

minyan offers an inspirational and dynamic tefillah experience, with insights into the Tefillot and Kriyat ha-Torah. For details and sponsorship opportunities, please see Foundations Minyan.

On Sunday, October 15, at 7:30 p.m., the **Sisterhood Book Club** will meet via Zoom to discuss *The Lost Shtetl*, by Max Gross. Zoom meeting details: <https://ehmchealth.zoom.us/j/83798956113> Meeting ID: 837 9895 6113

Our **Summer Mishnah Learning Contest** continues through October. Join the learning and be entered in a raffle for prizes: First Prize: \$54 gift card; Second Prize: \$36 gift card; and Third Prize: \$18 gift card. Those under 18 will be given 2 entries, and those under Bar/Bat Mitzvah age will be given 3 entries. Register now [HERE](#). For resources, go to <https://allmishnah.org/>

MEN'S CLUB KIDDUSH

The Men's Club is gearing up for another great **Simchat Torah kiddush** on Sunday, October 8. The Kiddush is dedicated to the memory of Bryan Stern z"l. Bryan was one of the founding members of the Men's Club more than 20 years ago. In addition to being a wonderful event that marks the conclusion of the Yom Tov season, the kiddush is an important fundraiser for the Men's Club. Money raised from this kiddush will help defray the cost of future kiddushim and Men's Club programs. You can choose your sponsorship level and indicate any dedication online [HERE](#). Checks, made payable to "Cong. Beth Aaron Men's Club," and dedications can be sent to the shul office and marked "Simchat Torah Kiddush." All donations should be received by Tuesday, October 3. For questions, contact the Kiddush Committee, kiddush@bethaaron.org.

Help sponsor upcoming Men's Club Kiddushim. Visit www.bethaaron.org/kiddush.

MEMORIAL PLAQUES

Memorialize your departed family members with tablets on the **Memorial Plaques** in the Main Sanctuary. Donations are \$375 per tablet.

Those who perished in the Holocaust may be memorialized on the **Holocaust Memorial Tablet** in the shul lobby for a donation of \$136.

Leaves on the Tree of Life in the shul lobby may be inscribed for a donation of \$100 per leaf to mark special occasions.

Contact the office, office@bethaaron.org, for more information.

Shabbat/Rosh Hashanah elevator schedule:

Friday: 6:45 p.m. to 8:00 p.m.

Shabbat/ Rosh Hashanah:

6:00 a.m. to 12:15 p.m.

7:05 a.m. to 2:15 p.m.

5:20 p.m. to 8:45 p.m.

Sunday/ Rosh Hashanah:

6:00 a.m. to 12:15 p.m.

7:05 a.m. to 2:15 p.m.

4:30 p.m. to 8:05 p.m.

Is the Eruv Up? Call the Eruv Hotline before Shabbat: 201-530-0222

Teaneck Keylim Mikvah self-service hours:

Sunday-Friday: 7:00 a.m. to 6:00 p.m.

Teaneck Mikvah usage is by appointment only. The appointment system closes 1.5 hours before opening. For an appointment, go to <https://www.teaneckmikvah.com/Appointment/>

RETURNING SEFORIM

During Aseret Yemei Teshuva, we examine our actions over the past year. Please also examine your possessions and return all seforim that should not have been removed from the Beit Midrash or the Book Room.

YOUTH DEPARTMENT

The **Torah Tots** program will return after the chagim.

We know that Sukkot seems so far away, but we are thinking ahead. If you are interested in **hosting a sukkah hop spot** this year, please sign up [HERE](#). The deadline to sign up is this Friday, September 15.

The Beth Aaron Youth Department is starting the year with a bang! **Torah Comics owner Andrew Galitzer will be the Cartoonist-in-Residence** on Shabbat Parshat Bereishit, October 14. He will visit with Shabbat morning groups to do activities, speak during the Youth Minyan, discuss art in Torah during a Seudah Shlishit, and offer a cartooning workshop during Parent-Child Learning on Motzaei Shabbat. To become a sponsor, please click [HERE](#).

YOUTH BIRTHDAY CLUB

The Beth Aaron Youth Birthday Club celebrates your child's birthday in Shabbat groups! Contribute \$36 to sponsor the weekly snack, or order and pick up cupcakes from Butterflake. There will be a shout-out in the weekly announcements, and groups will sing "Happy Birthday" to your child. The deadline to sign up is the Wednesday before each Shabbat.

To sign up, click [HERE](#). After you register, the Youth Department will be in touch.

GIVE A ROSH CHODESH SHIUR IN 5784

ISO women of all educational backgrounds and ages, to give Rosh Chodesh shiurim in 5784. Qualifications:

- Ability to speak in front of a friendly audience.
- Speak on any theme that relates to the current Hebrew month, holiday, or parsha.

If you are interested and available, we have lots of slots open for the coming year. Contact Shulamis Hes, meshanemazal@gmail.com or Joy Sperber, joy.sperber@gmail.com.

SISTERHOOD CONDOLENCE CARDS

Sisterhood condolence cards are an appropriate way to reach out to someone for a yahrtzeit or condolence while also supporting Beth Aaron's Sisterhood. For only \$8.00, we will mail a beautiful card on your behalf.

Want to send your own cards? You can buy them in bulk from the office at \$50 for 10 cards.

To place an order, contact the office, office@bethaaron.org.

COMMUNITY NEWS

The **Teaneck Mikvah**, 1726 Windsor Road, will be **open for men's use** on Erev Rosh Hashanah and Erev Yom Kippur. One of the three mikvaot will close at 12:30 p.m. on Erev Rosh Hashanah and at 1:00 p.m. on Erev Yom Kippur in order to prepare it for immediate post-Yom Tov use. Please shower at home and bring your own towels. Fees are payable by check, cash or Zelle/Quickpay: \$25 per person and \$54 per family. Mikvah hours are:

- Erev Rosh Hashanah, Friday, September 15: 4:30 a.m. to 3:00 p.m.
- Erev Yom Kippur, Sunday, September 24: 5:00 a.m. to 3:30 p.m.

For questions, contact the mikveh at 201-837-8220 or office@teaneckmikvah.org.

This Tuesday, September 19, at 10:30 a.m., at the **Beit Midrash of Teaneck**, 70 Sterling Place, the final Kinnus Teshuva session will take place. For information about accessing this program via Zoom, contact BMTeaneck@gmail.com.

This Tuesday, September 19, at 8:15 p.m., at Congregation Bnai Yeshurun, 641 West Englewood Avenue, **Rav Aharon Kahn**, Rosh Yeshiva at RIETS, will speak on "So What's the Bottom Line? Reflections on Yom Kippur's Neilah."

This Wednesday, September 20, at 8:30 p.m., at the Paul home, 56 Norfolk Street, Bergenfield, **Yad B'Yad Israel Experience**, Yachad's premier summer program for teens with and without disabilities, will hold an Parlor Meeting. Hear firsthand from participants and meet some of the program staff. Tuition discount provided for all attendees. For further information, please contact Jen Saibel, at 646-459-5189 or SaibelJ@ou.org.

This Thursday, September 21, at 7:45 p.m., at the Dayan home, 358 Churchill Road, **Ben Porat Yosef is offering a pre-Yom Kippur shiur**. Morah Isca Friedeman will discuss "The Importance of Forgiveness."

On Sunday, September 24, from 11:00 a.m. to 12:30 p.m., at the Hackensack Middle School, 321 State Street, Hackensack, the **Bergen County Girls Flag Football League** will hold a free flag football clinic for girls from Kindergarten to grade 8. All attendees will be registered into a raffle for an autographed football. Registration for the clinic and/or the fall season is not required. For more information, go to www.bergengirls.com or call Ken Goffstein, 201-314-8931.

Registration is now open for the **fall season of the Bergen County Girls Flag Football League**. The 8-week season begins on Sunday, September 24, at the Hackensack Middle School. Enrollment is \$225 for the season. For

more information, go to www.bergengirls.com or call Ken Goffstein, 201-314-8931.

On Tuesday, October 3, Chol ha-Moed Sukkot, **NCSY is going to Six Flags Great Adventure and Safari**. Kosher food will be available for purchase; there will be a sukkah on the grounds. For details of opening times and to buy tickets, click [HERE](#). For teen transportation and tickets from Teaneck, click [HERE](#). All tickets are non-refundable, and season passes will not be honored.

On Motzaei Shabbat, October 14, at 8:30 p.m., at Congregation Keter Torah, 600 Roemer Avenue, **Project Yechi** will hold its annual barbecue. There is no admission fee. Project Yechi provides financial support for families undergoing cancer treatments both in the U.S. and in Israel.

Congregation Shomrei Torah of Fair Lawn is planning a **January 2024 trip to Israel**, with Sara & Rabbi Andrew Markowitz, Shevi & Rabbi Benjamin Yudin, and the Eretz Israel Movement. The trip will take place from January 8 to 16. For itinerary details and cost, please contact Michael Glass, mglass1015@yahoo.com or 973-462-3078.

BAT MITZVAH LEARNING PROGRAM

An experiential learning program is starting soon for Bat Mitzvah-aged girls (grades 5 to 7) and their mothers/grandmothers. It will focus on incredible women, beginning with our matriarchs and continuing to modern day influential women. All learning levels are welcome, regardless of background. There will be no charge for the 10-session Sunday morning program. Please sign up to reserve your spot by completing this form: **CBA Bat Mitzvah Program**. For more information and to reserve a spot, contact Tzippy Staum, tzipper75@verizon.net.

OU SPIRIT PARTNERS WITH BETH AARON



The weekly SPIRIT (Stimulating Program Initiative for Retirees that Inspires Thought) program focuses on timely topics that are of interest to those in the +60 demographic. SPIRIT attracts Retirees, Not-yet-Retirees, Baby Boomers, Empty Nesters, Sandwich Generation Parents, and Seniors.


This Tuesday, September 19, at 12:00 p.m., the topic will be "**From Family Feud to Relationship Rapport: Engaging over the Holidays**" presented by Deborah Schick Laufer, Esq. Click [HERE](#) for the Zoom link and to receive the recording following the program. To sign up and for additional details, go to www.ou.org/spirit. For questions, contact Moishe B. Singer, president@bethaaron.org.

BETH AARON YOUTH PRESENTS
TORAH COMICS CARTOONIST-IN-RESIDENCE
 PARSHAT BEREISHIT
 SHABBAT, OCTOBER 14
 FEATURING TORAH COMICS OWNER
 ANDREW GALITZER

Featuring:
 Shabbat morning groups visit with activities
 Youth Minyan Speech
 Seudat Shlishit Shiur on Art in Torah
 Motzaei Shabbat Cartooning Workshop
 at Parent-Child Learning

Sponsorships available:
<https://www.bethaaron.org/event/TorahCartoonist>





Roadblocks Ahead

How Common Defense Mechanisms
 Obstruct Our Path Towards Teshuva

RABBI LARRY ROTHWACHS
 Congregation Beth Aaron, 950 Queen Anne Road, Teaneck.
 WEDNESDAY NIGHTS AT 8:15 PM

AUGUST 30 Let Me Try and Explain: Our Remarkable Propensity for Rationalization	SEPTEMBER 6 Who Me? Couldn't Be: Confronting Our Tendency Towards Denial and Blame
SEPTEMBER 13 Mirror, Mirror on the Wall: The Extraordinary Narratives We So Naturally Project	SEPTEMBER 20 All of My Parts: The Human Capacity for Compartmentalization

SELICHOT INFORMATION

The Selichot/Shacharit time listed on the grid on page 1 indicates the scheduled start time of the Selichot. These times are based on the expectation that Selichot will end about the time that the corresponding Shacharit minyan is scheduled to begin. However, depending on various factors, Selichot may end earlier than anticipated (by as much as 15 minutes) and will be immediately followed by Shacharit. Thus, those planning to attend only Shacharit and not the Selichot that precede it may wish to arrive earlier than the normal start time for Shacharit to ensure that they will be present for the entire Shacharit.

There is a 10:00 p.m. Selichot option noted on the calendar. Please note that it is halachically proper to recite Selichot during the time frame beginning at Chatzot through the early morning hours and that reciting Selichot at night before Chatzot should be done only in instances where one is unable to recite Selichot during the hours noted above.

Slower-paced Selichot: From this Monday, September 18, to Friday, September 22, there is a slower-paced Selichot at Congregation Bnai Yeshurun, 641 West Englewood Avenue, at 6:30 a.m. Enter through the parking lot entrance; the combination is 3,5. Keep walking straight past the Social Hall to a large classroom where Selichot will take place, followed by a slow-paced Shacharit, expected to finish about 8:30 a.m. ArtScroll Selichot books will be available. For questions, please contact dhes613@gmail.com.

SELICHOT COURTESY REMINDER: Please be considerate of our neighbors. We ask that you not slam car doors, not use a remote locking device that beeps, and not speak loudly near the building. Please do not block a driveway at any time. We are certain that those living close to the Beth Aaron building will appreciate our courtesy and our thoughtfulness as we recognize that our ruchniyut is not elevated if it is at the expense of our neighbors.

CONGREGATION BETH AARON
 950 Queen Anne Road Teaneck, NJ
 Office Phone: 201-836-6210 office@bethaaron.org
 In-person office hours: Fridays, from 10:00 a.m. to 1:00 p.m.

YAD B'YAD

Inclusive Israel Experience

Post 10th and 11th Graders

JULY
15 TO AUG
19
2024

Join us at an
Info Session to
learn more!

Wednesday,
September 20th
8:30 PM

Paul Family
56 Norfolk Street
Bergenfield, NJ 07621



Pre-Register Today!
Yachad.org/yby

No money down,
receive \$250 off tuition!

 [yad.byad](https://www.instagram.com/yad.byad)

Potential scholarship
assistance through
our partnership with



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