

CONGREGATION BETH AARON

September 1-2 16 Elul

KI TAVO

Larry Rothwachs, Rabbi
Ben Zion Feld, Rabbinic Intern

Moishe B. Singer, President



SHABBAT SCHEDULE

Earliest Candles:
6:07 p.m.
Latest Candles:
7:10 p.m.
Mincha/K. Shabbat:
5:55 p.m. BM
7:15 p.m. MS
Shacharit:
7:15 a.m. BM
8:00 a.m. SH
8:45 a.m. MS
9:15 a.m. BM
Sof Zman Kriat Shema:
9:39 a.m.
Early Mincha:
1:45 p.m. BM
Mincha: 7:05 p.m. MS
Shkiah: 7:27 p.m.
Maariv: 8:10 p.m. MS
Havdalah: 8:19 p.m.

SCHEDULE: Week of September 3

	Sun	Mon	Tues	Wed	Thurs	Fri
	3	4	5	6	7	8
Earliest Tallit	5:25	5:26	5:26	5:27	5:28	5:29
Shacharit	6:30 MS 7:15 MS 8:00 MS 8:45 MS	6:30 BM 7:15 MS 8:00 BM 8:45 BM	5:50 SH 6:30 BM 7:15 BM 8:00 BM	5:50 SH 6:30 BM 7:15 BM 8:00 BM	5:40 SH 6:20 BM 7:05 BM 8:00 BM	5:50 SH 6:30 BM 7:15 BM 8:00 BM
Mincha	1:45 BM					
Mincha/Maariv	7:05 MS	7:05 MS	7:05 BM	7:05 BM	7:05 BM	5:45 BM 7:05 MS
Maariv	9:30 BM	9:30 BM	9:30 BM	9:30 BM	9:30 BM	

KEY: MS = Main Shul BM = Beit Midrash SH = Social Hall LL = Lower Level

MAZAL TOV TO

- **Penina** (former Beth Aaron Administrator) & **Lenard Persin**, on the upcoming marriage of their son Reuven to Yael Schild of Passaic. Mazal Tov also to Yael's parents, Ilana & Gary Schild.
- **Aviva & Benjy Yablok**, on the marriage of their grandson Elie Yablok of Passaic to Kayla Silverman of Woodmere. Mazal Tov also to Elie's parents, Ronit & Ephraim Yablok; to Kayla's parents, Vicki & Ivan Silverman; to Aunt Esther & Uncle Josh Klavan; and to the entire family
- **The Sunday Women's Learning Group**, on their completion of the study of Sefer Daniel.

PARNAS HAYOM

Dedicate a day of learning at Beth Aaron on the occasion of a yahrtzeit, in the zechut of a refuah shelaima, or in honor of a simcha, a birthday or any other occasion. Dedications are sent out to the membership via email. For information or to sign up, please go to www.bethaaron.org/parashayom.

This week's Parnas Hayom sponsors are:

- **Sunday, 17 Elul: Marsha & Herb Edelman**, commemorating the 36th yahrtzeit of Herb's mother, Julia Edelman, Yitta bat Ya'akov
- **Sunday, 17 Elul: Yaffa & Mordy Ungar**, commemorating the yahrtzeit of Yaffa's father, Rabbi Shlomo Kahn, ha-Rav Shlomo ben Klonimos ha-Kohen.

MEN'S CLUB KIDDUSH

The Ice Cream Kiddush following davening in the Main Shul is sponsored by:

- **David Goldsheyder**, commemorating the yahrtzeit of his mother, Manya bat Moshe, and his grandmother, Rochel bat Boruch.
- **Yacha & Moishe B. Singer**, in honor of their daughter Kayla-Rachel's birthday.
- **Ramona Lee & Richie Wolpoe**, commemorating the upcoming yahrtzeit on Erev Sukkot of Richie's father, Harry Wolpoe, Tzvi ben Chaim.
- **Tikva & Larry Yudkowitz**, commemorating the 53rd anniversary of Tikva's safe release from being hijacked to Jordan in 1970.

ORDER YOUR LULAV AND ETROG

Log in at www.bethaaron.org/lulavetrog5784.html to order your Arba'ah Minim set. The cost is \$80.00 for a better quality set and \$70.00 for a good quality set.

If you cannot order online, complete the form [HERE](#) or pick up a form from the lobby. Return it to the shul office with full payment. The deadline to order is Wednesday, September 13. For questions, contact Rich Feldman, lulav@bethaaron.org, 201-738-7966.

THE WEEK AHEAD

SHABBAT, SEPTEMBER 2

Halacha shiur: 7:35 a.m., Rabbi Duvie Nachbar
Nach shiur: 8:20 a.m., Rabbi Rothwachs
Daf Yomi shiur: 5:55 p.m., Kiddushin 20, Rabbi David Schnaidman. For questions, contact David Hes, dhes613@gmail.com.
Women's Parsha Shiur: 5:55 p.m., Social Hall, Shulamit Hes
Shiur between Mincha and Maariv: Rabbi Rothwachs

SUNDAY, SEPTEMBER 3

Women's Learning: 4:00 p.m., Sefer Daniel, Chapter 12, Mollie Fisch. Zoom only. Click [HERE](#) to join.
Meeting ID: 874 9438 6720
Passcode: Torah

TUESDAY, SEPTEMBER 5

Shelly Mermelstein z"l Semichat Chaver Program: 8:30 p.m., Rabbi Feld, Main Shul. Laws of the seudah chabura, for men only

WEDNESDAY, SEPTEMBER 6

Tehillim Mechulak for women: 7:15 p.m., Lower Level, Aliza Fischman
"Roadblocks Ahead: How Common Defense Mechanisms Obstruct Our Path Towards Teshuva": 8:15 p.m., Rabbi Rothwachs

WEEKDAY DAF YOMI

Monday-Thursday at 9:15 p.m.
LL Book Room, with Rabbi Dovid Levy.
Also on Zoom Meeting ID: 878 74906 117
Passcode: 001400

NIGHT SEDER FOR YOUNG PROFESSIONALS

Monday-Thursday at 9:00 p.m., Beit Midrash. In conjunction with YU, Masechet Gittin

DAF HASHAVUA

In the Beit Midrash
Sunday morning, at 7:55 a.m.
Tuesday and Thursday nights, at 8:55 p.m.
Also on Zoom Meeting ID: 997 4153 396.
Passcode: Daf

CONGREGATION BETH AARON
950 Queen Anne Road Teaneck, NJ
Office Phone: 201-836-6210
office@bethaaron.org
In-person office hours:
Fridays, from 10:00 a.m. to 1:00 p.m.

SHUL ANNOUNCEMENTS

Thank you to **Rachel & Bradley Hercman** for sponsoring the Kiddush following last week's Foundations Minyan; the sponsorship was in honor of Yosef Weinstein's birthday.

On Wednesdays, September 6, 13, and 20, the **Tehillim Mechulak** gathering will take place at 7:15 p.m., so interested women also can attend Rabbi Rothwachs' series.

On Wednesdays, at 8:15 p.m., Rabbi Rothwachs is presenting **"Roadblocks Ahead: How Common Defense Mechanisms Obstruct Our Path Towards Teshuva."** Prepare for the unique opportunities and challenges that mark the months of Elul and Tishrei! To sponsor future shiurim, contact office@bethaaron.org. The weekly topics are:

- September 6: "Who Me? Couldn't Be: Confronting Our Tendency Towards Denial and Blame"
- September 13: "Mirror, Mirror on the Wall: The Extraordinary Narratives We So Naturally Project"
- September 20: "All of My Parts: The Human Capacity for Compartmentalization"

On Shabbat, September 9, at 5:40 p.m., Shulamis Hes will offer a **Women's Pre-Rosh Hashanah shiur**, "The Power of Remembrance During the Yamim Noraim and Year Round." For further information, contact Joy Sperber, joy.sperber@gmail.com.

Help build the Men's Club Sukkah on Sunday, September 10, from 8:45 to 10:00 a.m. Many people use the Sukkah, so please give an hour or two to help build it. Thank you in advance for your help!

On Sunday, September 10 and Monday, September 11, our **sofer, Rabbi Yitzchok Weinberger** of Lakewood, will be at Beth Aaron to **check Tefillin and Mezuzot**. There will be a box in the shul lobby where they can be left, and another into which Rabbi Weinberger will

place checked items. Please leave your name, email address, and cell phone number with your Tefillin/Mezuzot so you can be reached in the event extensive work is required. The cost is \$25 for an external examination of Tefillin and \$15 per Mezuzah. Should repair be needed, there will be an additional charge of \$20 per Tefillin and \$5 per Mezuzah. If more extensive work is needed, the sofer will contact you and make an arrangement. If you want an internal check, the cost is an additional \$80, for a total of \$105. If you have any doubts as to the external condition of your Tefillin, checking them is strongly advised. Should your Tefillin shel Rosh need tightening, the sofer will do that without additional cost. Checks should be made out to "Congregation Beth Aaron." No work will be done by the sofer unless a check for the full amount is left with the Tefillin/Mezuzot. If you have any questions, please contact David Hes, dhes613@gmail.com, 201-294-3258.

On Sunday, October 15, at 7:30 p.m., the **Sisterhood Book Club** will meet via Zoom to discuss *The Lost Shtetl*, by Max Gross. Zoom meeting details: <https://ehmchealth.zoom.us/j/83798956113> Meeting ID: 837 9895 6113

Our **Summer Mishnah Learning Contest** continues through October! Join the learning and be entered in a raffle for prizes: First Prize: \$54 gift card; Second Prize: \$36 gift card; and Third Prize: \$18 gift card. Those under 18 will be given 2 entries, and those under Bar/Bat Mitzvah age will be given 3 entries. Register now [HERE](https://allmishnah.org/). For resources, go to <https://allmishnah.org/>

A ROSH HASHANAH GIFT

The Beth Aaron Sisterhood and Men's Club wish everyone a year full of brachot. Please pick up a gift to you in the lobby of the shul. Please note these are for full members only. There is a sticker with names on each gift, so please take only your own -- and that of a neighbor to help with delivery.

YOM KIPPUR APPEAL

We at Beth Aaron understand what it means to be unified in support of the kehilla. Despite the significant economic challenges faced by our members and greater community, last year's campaign achieved phenomenal success thanks to the generosity of the entire kehilla. We came together and raised close to \$100,000!

Aside from reaching our financial and operational goals, we are focused on achieving our communal goal of 100% participation of our membership. Any amount you can pledge and donate is greatly appreciated and will help us reach this important and very achievable milestone.

If you have not already done so, please consider contributing to the campaign to help boost participation and inspire others to participate as well. Please make your donation at www.bethaaron.org/yomkippur or send your check to the office, noting in the memo line that it is for the Yom Kippur Appeal.

HIGH HOLIDAY SEATS AND YOUTH GROUP SIGNUP

Please sign up for High Holiday seats as soon as possible to give our seating committee sufficient time to plan out seating, as well as to ensure that you get the seats of your choice at the minyan of your choice. Please note that prices increase on September 1. To request seats, please click [HERE](#). To print a 5784 Seat Reservation Form, click [HERE](#), complete the form, and send it to the office with payment, or you can pay online with a credit card later.

To register children between Nursery and age 12 for youth groups, please click [HERE](#). Please note that you need to submit a separate form for each child.

Shabbat elevator service schedule:

Friday: 5:50 p.m. to 8:25 p.m.
Shabbat: 7:00 a.m. to 12:15 p.m.
1:30 p.m. to 2:15 p.m.
5:50 p.m. to 8:25 p.m.

Is the Eruv Up? Call the Eruv Hotline before Shabbat: 201-530-0222

Teaneck Keylim Mikvah self-service hours: Sunday-Friday: 7:00 a.m. to 6:00 p.m.

Teaneck Mikvah usage is by appointment only. The appointment system closes 1.5 hours before opening. For an appointment, go to <https://www.teaneckmikvah.com/Appointment/>

VOLUNTEER OPPORTUNITIES

We're looking for people to help with setup for the Yamim Noraim, which are right around the corner. We need help putting out selichot books and machzorim and also labeling chairs.

To volunteer for this and other projects, please contact Moishe B. Singer, president@bethaaron.org. Thank you in advance.

RETURNING SEFORIM

Now that Elul has arrived, we are examining our actions over the past year. Please also examine your possessions and return all seforim that should not have been removed from the Beit Midrash or the Book Room.

MEMORIAL PLAQUES

Memorialize your departed family members with tablets on the **Memorial Plaques** in the Main Sanctuary. Donations are \$375 per tablet.

Those who perished in the Holocaust may be memorialized on the **Holocaust Memorial Plaque** in the shul lobby for a donation of \$136.

Leaves on the Tree of Life in the shul lobby may be inscribed for a donation of \$100 per leaf to mark special occasions.

Contact the office, office@bethaaron.org, for more information.

YOUTH DEPARTMENT

The **Youth Minyan** will begin at 9:15 a.m. in the Beit Midrash.

Youth groups will begin at 9:30 a.m. and end at the conclusion of the Main Minyan. They will be held on the Lower Level. Parents, please pick up your children from groups before you go to Kiddush.

Please note that the **Torah Tots** program is on summer hiatus.

We know that Sukkot seems so far away, but we are thinking ahead. If you are interested in **hosting a sukkah hop spot** this year, please sign up [HERE](#). The deadline to sign up is Friday, September 15.

YOUTH BIRTHDAY CLUB

The Beth Aaron Youth Birthday Club celebrates your child's birthday in Shabbat groups! Contribute \$36 to sponsor the weekly snack, or order and pick up cupcakes from Butterflake. There will be a shout-out in the weekly announcements, and groups will sing "Happy Birthday" to your child. The deadline to sign up is the Wednesday before each Shabbat.

To sign up, click [HERE](#). After you register, the Youth Department will be in touch.

CPR/FIRST AID CLASS

On Sunday, September 10, there will be a CPR and First Aid class for our group leaders.

If there are additional spaces, we will open it to adults and other children/teenagers in the community. More details to follow.

GIVE A ROSH CHODESH SHIUR IN 5784

ISO women of all educational backgrounds and ages, to give Rosh Chodesh shiurim in 5784. Qualifications:

- Ability to speak in front of a friendly audience.
- Speak on any theme that relates to the current Hebrew month, holiday, or parsha.

If you are interested and available, we have lots of slots open for the coming year. Contact Shulamis Hes, meshanemazal@gmail.com or Joy Sperber, joy.sperber@gmail.com.

PARNAS HAYOM DEDICATIONS

Please submit Parnas Hayom dedications at least 72 hours before the date of the dedication to allow sufficient time for the email notice to be set up and the gabbaim to be notified of the dedication. Thank you for your cooperation.

COMMUNITY NEWS

This Sunday, September 3, **Congregation Ohr HaTorah** will celebrate the **Chanukat ha-Bayit** of its new home at 40 Rector Court, Bergenfield. The schedule is as follows: 9:30 a.m. - Inaugural community shiur by Rav Mordechai Willig; 10:15 a.m. - Chanukat ha-Bayit with Rav Sobolofsky and elected officials, followed by a community collation; 11:00 a.m. to 12:30 p.m. - free OHT Youth Department Kickoff Event.

The Beit Midrash of Teaneck, 70 Sterling Place, is offering a three-part **Kinnus Teshuva** on Tuesdays, September 5, 12, and 19, at 10:30 a.m. This Tuesday, September 5, Rabbi Daniel Fridman of the BMT and the Jewish Center will offer the shiur, "For It Is Not in the Heavens: The Full Meaning of Teshuva." For more information about accessing this program via Zoom, contact BMTeaneck@gmail.com.

On Sunday, September 10, from 9:00 a.m. to 2:00 p.m., at Congregation Shaare Tefillah, 510 Claremont Avenue, the shul will hold its annual **Blood Drive**. All donors will receive a \$5 Chopstix coupon. Register at www.redcrossblood.org; the sponsor code is Shaare Tefillah. For more information, contact Ari Davis, ari.davis1@gmail.com. Reminder: On the day of your blood donation, eat a healthy meal a few hours before your appointment, drink extra water, and bring your ID!

On Tuesday, September 12, at 7:30 p.m., YU presents **Monavar's Journey: Bridge to Hope**, via Zoom. Hear **Regine M. Tessone** discuss her new life in America after fleeing Iran, marriage to a non-Persian Jew, and founding of the Aqua Modesta clothing line. Register at yu.edu/tessone.

On Tuesday, September 12, at 8:00 p.m., at the Mandel home, 60 Westminster Avenue, Bergenfield, **Rabbi Y.Y. Jacobson** will offer a shiur supporting the organization **Just One Life**.

On Tuesdays, at 8:30 p.m., at Congregation Bnai Yeshurun, 641 West Englewood Avenue, **Rav Meir Goldwicht** offers a weekly parshat ha-shavua shiur in an easy-to-understand Hebrew. Both men and women are welcome.

On Tuesdays and Thursdays, from 9:00 to 9:45 a.m., **Stanley Shapiro leads a chavurah on Yirmiyahu**. It is followed from 9:45 to 10:45 a.m. by **Rabbi Menahem Meier teaching Masechet Yoma, perek 8**. Both men and women are welcome. Both are via Zoom. Click [HERE](#) for the Zoom link. Meeting ID: 876 9557 8518 Passcode: 777096

JB (formerly The Jewish Braille Institute) offers those who are blind or visually impaired free Machzorim, Selichot, Tashlich prayers,

Yizkor books, a 16-month holiday calendar, and much more, all in accessible formats. JBI delivers, free of charge, a wide variety of Jewish-interest materials in large print, audio, and braille, directly to patrons' doorsteps. To learn more about JBI's free circulating library of both fiction and nonfiction, liturgical texts, personalized custom materials, and cultural offerings including a bi-monthly magazine and concert and lecture series, call 800-433-1531, email library@jbilibrary.org, or visit www.jbilibrary.org. Requests for High Holy Day materials should be made before this Thursday, September 7.

PAYPAL GIVING FUND

You can pay any outstanding charges through the PayPal Giving Fund, without paying an online fee. When you



make a donation through our link, Beth Aaron will receive 100% of your donation, with no credit card expense for either party.

The Fund can be used for one-time donations and payments only. PayPal will transfer the money to us once a month (in the month after the donation is made).

Please DO NOT check the box that the gift is being made anonymously. We need to be able to credit your account. Visit bethaaron.org/givingfund for more details or to make a payment.

OU SPIRIT PARTNERS WITH BETH AARON



The weekly SPIRIT (Stimulating Program Initiative for Retirees that Inspires Thought) program focuses on timely topics that are of interest to those in the +60 demographic. SPIRIT attracts Retirees, Not-yet-Retirees, Baby Boomers, Empty Nesters, Sandwich Generation Parents, and Seniors.

This Tuesday, September 5, at 12:00 p.m., the topic will be "**Forever Growing.... Into a New Year,**" presented by Harriet Cabelly, LCSW. Click [HERE](#) for the Zoom link and to receive the recording following the program.

On Monday, September 11, at 7:30 p.m., there will be a meeting of the **Parkinson's Support Group**. A Q & A will follow the presentation of a research update from The Michael J. Fox Foundation. Register [HERE](#).

To sign up and for additional details, go to www.ou.org/spirit. For questions, contact Moishe B. Singer, president@bethaaron.org.

CONGREGATION BETH AARON

**WOMEN'S
PRE-ROSH HASHANAH
SHIUR**



TISHREI SHIUR PRESENTED BY:

SHULAMIS HES

THE POWER OF REMEMBRANCE DURING THE YAMIM NORAIM AND YEAR ROUND

SHABBAT NETZAVIM-VAYELECH
SEPTEMBER 9, 2023

5:40 PM IN 
BETH AARON'S SOCIAL HALL
950 QUEEN ANNE ROAD, TEANECK



Questions? Contact Joy Sperber at joy.sperber@gmail.com



Roadblocks Ahead

How Common Defense Mechanisms Obstruct Our Path Towards Teshuva

RABBI LARRY ROTHWACHS

Congregation Beth Aaron, 950 Queen Anne Road, Torrance

WEDNESDAY NIGHTS AT 8:15 PM

AUGUST 30

Let Me Try and Explain: Our Remarkable Propensity for Rationalization

SEPTEMBER 13

Mirror, Mirror on the Wall:
The Extraordinary Narratives
We So Naturally Project

SEPTMBER 6

Who Me? Couldn't Be: Confronting Our Tendency Towards Denial and Blame

SEPTMBER 20

All of My Parts:
The Human Capacity for
Compartmentalization

celebrate WITH US
BETH AARON

Celebrate your child's birthday WITH Beth Aaron Youth Department

Beth Aaron Youth Birthday Club
offers two ways to celebrate:

- 1) Contribute \$36, and sponsor the weekly snacks in groups.**
- 2) Upgrade package: Parents order cupcakes from Butterflake and arrange for them to get to groups.**

With both options, your child will get a special shout-out in the weekly newsletter, and groups will sing "Happy birthday" to your child.

To sign up, fill out the form at bethaaron.org/form/birthdayclub no later than the Wednesday prior.

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