SHABBAT TIMES

Friday, February 1

Latest Candles: 4:55 p.m.

Mincha/Kabbalat Shabbat: 5:00 p.m.

Shabbat, February 2

Hashkama Minyan: 7:30 a.m. Nach shiur: 8:20 a.m. Main Minyan: 8:45 a.m. Youth Minyan: 9:15 a.m.

Sof Zman Kriat Shema: 9:37 a.m.

Early *Mincha*: 1:45 p.m. *Daf Yomi:* 3:40 p.m.

Women's Learning: 3:40 p.m., in the *shul* Social Hall, *Shmuel Bet*, Chapters 20-21, led by Rivka Herzfeld and Mollie Fisch

Meir Hirsch's *shiur*: 3:50 p.m. 5th/6th grade Boys *Mishna* Group: 4:20 p.m., in the Book Room

Mincha: 4:50 p.m., followed by a shiur by Rabbi Gedalyah Berger, "Are You Saying that My Bubbe Wasn't Frum?! Changing a Community's Psak Halakhah"

Maariv: 5:55 p.m. *Havdalah*: 6:04 p.m.

Parent-Child Learning: 7:00 p.m.

Latest Candles on Friday, February 8: 5:03 p.m.

On Shabbat,
the shul elevator will operate
in Shabbat mode as follows:
Friday:
4:45-6:30 p.m.
Shabbat:
8:15 a.m.-12:15 p.m.

Is the *Eruv* Up? Call the *Eruv* Hotline before *Shabbat*: 201-530-0222

1:30-2:30 p.m., 3:30-5:45 p.m.

Shop Amazon & Support Beth Aaron Go to

www.bethaaron.org/amazon and click on the Amazon link to start your online shopping.

Contact Beth Aaron at office@bethaaron.org

This week's announcements are sponsored by Lamdeinu.

For information on their schedule of classes, see page 4 and go to lamdeinu.org.

Study in depth; be inspired!

SCHEDULE FOR THE WEEK OF FEBRUARY 3						
	Sun	Mon	Tues	Wed	Thu	Fri
	3	4	5	6	7	8
Earliest <i>Tallit</i>	6:05	6:04	6:03	6:02	6:01	6:00
Shacharit	6:30 MS 7:15 MS 8:00 MS 8:45 MS	5:53 SH 6:20 BM 7:10 BM 8:00 BM	5:52 SH 6:10 BM 7:05 BM 8:00 BM	5:51 SH 6:10 BM 7:05 BM 8:00 BM	5:50 SH 6:20 BM 7:10 BM 8:00 BM	5:55 SH 6:30 BM 7:15 BM 8:00 BM
Mincha	1:00 BM					
Mincha/ Maariv	5:00 MS	5:00 BM	5:00 MS	5:00 BM	5:00 BM	5:05 MS
Maariv	8:00 BM 9:30 BM					

KEY: MS = Main Shul BM = Beit Midrash SH = Social Hall

MAZAL TOV TO

- Rachel & Michael Cohen, on the engagement of their daughter Jessica to Chuck Fine of Denver. Mazal Tov also to Chuck's parents, Sivia & David Fine.
- Menucha & Hillel Hyman, on the birth of a grandson, born to their children Reva & Yechiel Stern of Kew Gardens Hills. *Mazal Tov* also to Yechiel's parents, Naomy & Morty Stern of Montreal. The *Shalom Zachar* will take place this Friday evening at the Hyman home, 164 Merrison Street, beginning at 8:00 p.m. The *bris* will follow *daven*ing in the Main *Shul* this *Shabbat*.
- Aggie & Mark Siletski, on the birth of a grandson, born to their children Dana & Yoni Siletski of Teaneck. The Shalom Zachar will take place this Friday evening at the Siletski home, 639 Sagamore Avenue, beginning at 8:15 p.m.
- Sandy & Eddie Steinberg, on the *Bar Mitzvah* of their grandson Dovid Steinberg. *Mazal Tov* also to Dovid's parents, Dini & Rabbi Avraham Steinberg of Merion Station, PA.

PARNAS HAYOM

Dedicate a day of learning at Beth Aaron on the occasion of a *yahrtzeit*, in the *zechut* of a *refuah shelaima*, or in honor of a *simcha*, a birthday or any other occasion. Each week's dedications are prominently displayed in the *shul* lobby and sent out to the membership via email. For more information, or to sign up, please go to www.bethaaron.org/parnashayom.

This past week's Parnas Hayom sponsor was:

• Friday, 26 Shevat: Phyllis Reich, commemorating the yahrtzeit of her father, Selwyn Multer, Shalom Zvi ben Shlomo Zalman.

This week's Parnas Hayom sponsors are:

- Sunday, 28 Shevat: Dr. Barry Weissman, commemorating the yahrtzeit of his mother, Pearl Weissman, Peshe bat Shepsel.
- Tuesday, 30 Shevat: Lynn & Dov Silverberg, commemorating the yahrtzeit of Dov's sister, Feigie Sky, Feiga bat Yisroel Tzvi.
- Wednesday, 1 Adar I: Sherry & David Chasan, commemorating the yahrtzeit of David's father, Raphael Chasan, Raphael ben Nachum Tzvi.
- Friday, 3 Adar I: Meryl & David Rubin, commemorating the 33rd yahrtzeit of David's mother, Blanche Rubin, Bayla Leah bat Meir Tzvi.

PHOTO SHOOT DATES: SIGN UP NOW!

The *shul* is producing a new pictorial directory! There is no cost to our *shul*, and each participating family will receive a complimentary 8x10 portrait and directory and have the opportunity to purchase additional portraits to share with family and friends. Portrait-sitting dates are this Sunday, February 3; this Monday, February 4; Sunday, February 17; Presidents Day, Monday, February 18, and Sunday, March 3. To sign up for an appointment, visit https://booknow-lifetouch.appointment-plus.com/ykd034xy/.

Volunteers are needed both to act as greeters on the above dates and to contact members for follow-up. To volunteer, please contact Ramona Wolpoe, ramorich@aol.com or 201-801-0398.

MEN'S CLUB KIDDUSH

The Kiddush following the Hashkama Minyan is sponsored by the Hashkama Minyan Kiddush Society. Thank you to Laurie & Jerry Kasdan for enhancing the Kiddush in commemoration of the upcoming tenth yahrtzeit of Jerry's father, Irving Kasdan, Yisrael Zalman ben Yaakov Shmuel.

This week's Men's Club *Kiddush* following the Main *Minyan* is unsponsored.

If you are celebrating a *simcha*, commemorating a *yahrtzeit*, or simply want to say "thank you," consider sponsoring an upcoming *Kiddush* following either the *Hashkama Minyan* or the Main *Minyan*. To become a sponsor, please go to www.bethaaron.org/kiddush. For questions, contact Ari Gononsky at kiddush@bethaaron.org.

SHUL ANNOUNCEMENTS

The topic for this week's *Shivti seder limud* is "Examining the *Mitzvah* of *Kiddush* during *Shabbat* day and Making *Kiddush* on Non-Wine Substances." The program is held on Sunday mornings in the *Beit Midrash*, beginning at 9:00 a.m. A light breakfast is served at 8:45 a.m. Each Sunday morning program typically will be independent from the previous and subsequent programs. This week, Rabbi Sason Gabay will lead a *chabura* before the *shiur*, which will be given by *Rav* Mordechai Willig. Thank you to Aliza & Kal Staiman for their sponsorship of the February learning and to an anonymous sponsor for breakfast. For more information, please contact Mordy Ungar, 201-741-3920, mungar2@yahoo.com.

CHANGE OF DATE: The Men's Club is pleased to welcome back award-winning baseball writer Bob Klapisch to Beth Aaron this Sunday, February 3, at 9:30 a.m. Bob will talk about the 2018 season, the off-season moves both local teams made (and didn't make) and what to expect of the 2019 baseball season, the Red Sox winning the World Series, the Hall of Fame voting results, and his upcoming book due for release in March. He also will take questions from the audience on all baseball topics. There is no cost to attend, and the program is open to the entire community. A light breakfast will be served. Thank you to our sponsors, Ellen & George Friedman. To add your name to the list of sponsors or for more information, contact mensclub@bethaaron.org.

This Sunday, February 3, the Beth Aaron Men's Club will join with the Jewish Center of Teaneck's Men's Club for their 2nd Annual **Super Bowl Party**. The event will begin at 6:30 p.m. at the Center, 70 Sterling Place, with a Chopstix buffet and viewing of the game. The event is open to all men and women, age 13 and older. The cost is \$25 in advance or \$35 at the door. To register, please contact mensclub@jcot.org. Payment is on the Center's website, www.jcot.org/payment.php, and please use the "Men's Club Super Bowl" option under "type of payment."

Sisterhood's *Rosh Chodesh Adar* event will feature Devorah Kigel, discussing "How to Become a Queen in Your Home: Lessons Learned from the Three Women in the *Purim* Story." The program will be held this Tuesday, February 5, at 8:00 p.m., at the *shul*. Thank you to sponsors **Tamar Chaitovsky, Michelle Dimond,** and **Diane Fogel**. To add your name to the list of sponsors, please contact <u>sisterhood@bethaaron.org</u>.

"When a Marriage is Fine, Is It Really? What Science and Torah Teach Us about Making a Good Marriage Great" will be the topic on Monday, February 11, at 8:00 p.m., when Rabbi Dr. Ari Sytner will speak in the *shul*. Rabbi Dr. Ari Sytner is a licensed social worker and couples' therapist with a private practice in Teaneck. He is a

professor at the Wurzweiler School of Social Work, the author of *The Kidney Donor's Journey*, and the Director of Leadership and Community Development for Yeshiva University's Center for the Jewish Future. Rabbi Dr. Sytner speaks extensively about dating, marriage, and divorce, sharing his unique doctoral research on marital relationships within the Orthodox community. Rabbi Dr. Sytner brings extensive research and experience to this critical topic of conversation and will discuss what science and *Torah* teach us about making a good marriage great.

On *Motzaei Shabbat*, February 23, there will be a **French Wine Tasting** in the *shul*. Reservations are \$45 per person through February 14, \$50 per person beginning February 15. Register at www.bethaaron.org/event/WineTasting5779.

The **Sisterhood Book Club** will next meet on *Motzaei Shabbat*, March 2, to discuss *Witness: Lessons from Elie Wiesel's Classroom*, by Rabbi Ariel Burger. For further information, contact Diane Fogel, difogel2@aol.com.

Sisterhood condolence cards are available from the office for \$8 each or \$50 for 10. Contact Judi at the office, office@bethaaron.org, 201-836-6210, to order condolence cards.

Sisterhood can arrange for **bags of candy for smachot** at a cost of \$1 per bag. Two weeks' notice is appreciated. To order the bags, please contact Lisa Breen, 201-966-8958.

If you have a **name to be added to the** *Mi-Shebeirakh* **list**, please send the person's Hebrew name and mother's name to cholim@bethaaron.org. Also needed is the name of person requesting the *Mi-Shebeirakh*, the relationship between the requestor and the person in need, and the *minyan* in which the requestor *davens*.

The **Rebecca Gottlieb Youth Library** is located in the lower level book room of Congregation Beth Aaron. The library contains thousands of Jewish children's books including *parsha*, Jewish holidays, Jewish history, graphic novels, fiction, nonfiction, board books, chapter books, biographies, and much more. The library is open during *shul* hours. Donations of Jewish children's books in new or good condition or monetary donations to purchase new books in memory or in honor of a loved one are greatly appreciated. For more information or to make a donation please contact <u>youth@bethaaron.org</u>.

WEEKLY SHIURIM AT CONGREGATION BETH AARON

- Daf Yomi: For Daf Yomi shiurim and resources in Teaneck, go to www.teaneckshuls.org/daf/.
- Daf Yomi shiur: Monday-Thursday evenings, at 9:45 p.m.
- Daf ha-Shavua: Tuesdays and Thursdays at 8:55 p.m. Sunday morning chazara shiur at 7:55 a.m. on the previous week's daf. Shiurim will be given by Rabbi Larry Rothwachs, Rabbi Yair Hindin, and David Schnaidman.
- Tanya shiur by Rabbi Moshe Rosenberg: Tuesdays at 9:00 p.m.
- Rabbi Rothwachs' Sanhedrin shiur: Wednesdays, at 8:30 p.m.
- Morning *Mishna Chabura:* Tuesday, Wednesday, Friday: 7:00 a.m.; Monday, Thursday: 6:55 a.m.

REFLECTOR BELTS

Safety reflector belts safeguard you when walking to and from *shul* and any other night activity. Comfortable and lightweight, they are adjustable for men, women, and children. The belts are available at no cost to members, but a donation to offset costs is appreciated. If you would like one, please stop by the *shul* office or contact Judi, office@bethaaron.org, 201-836-6210.

REGISTER FOR THE BETH AARON ANNUAL DINNER

Join us for the Beth Aaron Journal 43rd Annual Dinner, to take place on Sunday, March 3, at Congregation Ahavath Torah in Englewood. Honorees are:

- Lorraine & Rabbi Sam Vogel: Guests of Honor
- Elissa & Joel Richter: Shelly Leffel Service Award
- Rachel, Aliza and Talia Sperber: Eitan Shapiro Young Leadership Award

We look forward to celebrating with all of you on March 3. To place an ad and make reservations, go to <u>Bethaaron.org/dinner.</u> There also forms in the lobby.

BETH AARON YOUTH and JUNIOR HIGH

The 5th and 6th grade Boys *Mishna* Group will meet this *Shabbat*, February 2, at 4:20 p.m., in the Book Room. The group is learning *Masechet Pesachim* with Rabbi Rothwachs and meets weekly on *Shabbat* afternoons, 30 minutes before *Mincha*.

Parent-Child Learning will be held this Motzaei Shabbat, February 2, at 7:00 p.m. The final date in this year's series is February 16. Parents and children are encouraged to come and learn. Bring your own materials to learn, or take out a book from our Youth Library. Children are welcome to sign up to say a Dvar Torah. To sign up to say a Dvar Torah, please go to www.bethaaron.org/event/pcl5779 or contact youth@bethaaron.org. Thank you to the Gilbert family for sponsoring this week's Parent-Child Learning in loving memory of Alexander Yisrael ben Menashe, father and father-in-law of Rebecca & Peter Gilbert and grandfather of Daniel, Joshua, and Sammy Gilbert, on the occasion of his fifth yahrtzeit. Thank you to the Ausubel, Bogner, Brusowankin, Chaitovsky (Tamar & Avi-Gil), David, Dimond, Dubin, Fisher, Gilbert, Giles, Gordon, Gruber, Gur-Aryeh, Heidings, Himelstein, Hoenig, Honikman, Isaacs (Judah & Tzvia), Kaplan (Barry & Emily), Klavan, Knapp, Korn, Lauer, Lazar, Lewitan, Nussbaum, Rotenberg, Segal (Eric & Olga), Shapiro (Miriam & Menachem), Shapiro (Stephanie & Jerry), Sheffey, Silverberg, Singer, Stein, Waxman, Wechter, Weisinger, Wolff, and Zell families who have joined the Parent-Child Learning Society. To sponsor a session or to join the Society, please go to www.bethaaron.org/event/pcl5779.

Thank you to **Ellen & George Friedman** for sponsoring the recent Youth Department *Tu bi-Shevat* program in memory of George's father, Irving Friedman, Yitzchak Moshe ben Tzvi, whose *yahrtzeit* is on *Tu bi-Shevat*.

For more information about youth programs, contact Youth Directors Erica and Jason David, 732-618-9473, youth@bethaaron.org.

COMMUNITY ANNOUNCEMENTS

This Shabbat, February 1-2, at Congregation Beth Abraham, 396 New Bridge Road, Bergenfield, **Rabbi Dovid Gottlieb** will be the Scholar-in-Residence. On Friday, he will offer a *Dvar Torah* following the 4:55 p.m. *Mincha* and also will speak on "Talking to the Shepherd —What Does Being Religious Really Mean?" at an 8:30 p.m. *Oneg* at the Alter home, 31 Sylvamdur Avenue, Bergenfield. He will offer *drashot* during the *Shabbat* morning *minyanim*, and, at a *shiur* following the 4:50 p.m. *Mincha*, his topic will be "Revenge of the Nerds — The Case of the Poison Sandwich."

This Shabbat, February 1-2, at the Young Israel of Teaneck, 868 Perry Lane, **Dr. Yael Ziegler** will be the Scholar-in-Residence. At an 8:00 p.m. *Oneg* at the Lowe home, 96 Golf Court, she will discuss "Journeys, Wells, and Marriages: When Couples Meet in the *Tanakh.*" At the conclusion of *daven*ing on *Shabbat* morning, she will offer a *drasha*, "Esther and Joseph: Is Beauty Skin Deep?" At 3:35

p.m., her *shiur* is entitled "Kingship, Democracy, and the Danger of Power," and, during *Seudah Shlishit* at 5:15 p.m., her topic will be "Parenting Lessons in the Bible: Nature, Nurture, and Who Is Born to Fight a Lion?"

This Sunday, February 3, at 8:45 a.m., at Congregation Rinat Yisrael, 389 West Englewood Avenue, **Rabbi Yehoshua Sussman**, *Rosh Yeshiva*, Yeshivat Eretz ha-Tzvi, will speak on "Alexa, Can I Use You on *Shabbat*? Thoughts on *Shabbat* in the Age of Artificial intelligence."

On Tuesday, February 5, and on Wednesday, February 6; Tuesday, February 12; and Wednesday, February 13, at Congregation Rinat Yisrael, 389 West Englewood Avenue, there will be **Feldenkrais classes** held at both 11:00 a.m. and 8:00 p.m. Please bring a mat and wear comfortable clothing. There is a \$15 recommended donation to Rinat for each session.

This Tuesday, February 5, at 7:30 p.m., at Ben Porat Yosef, East 243 Frisch Court, Paramus, Refa'enu will hold its **peer-led mood disorder support groups** for those with a disorder (depression, bipolar), as well as for their loved ones. Groups meet on the first and third Tuesdays of every month, with no reservations required. For more information go to www.refaenu.org or contact dena@refaenu.org.

On Thursdays, February 7, 14, 21, and 28, at 10:15 a.m., at Ma'ayanot, 1650 Palisade Avenue, **Leah Herzog** will offer a free class, "What Does *Hashem* Really Want From Us? An In-Depth Analysis of *Yeshayahu*."

On Sunday, February 10, at 9:30 a.m., at Congregation Rinat Yisrael, 389 West Englewood Avenue, the **Jewish Youth Encounter Program (JYEP)** will hold its annual breakfast. **Rebecca Cooper**, daughter of Michele & Benjamin Cooper, is among the honorees. For more information, contact School Director Dr. Debby Rapps, 201-833-JYEP.

On Monday, February 11, at 8:00 p.m., at the Lerer home, 788 Winthrop Road, Maayanot will offer "Meal Prep 101: How to Plan and Organize Your Meals," with **Gila Guzman**. The second session, "Meal Prep 102: Cooking Weeknight Dinner," will be held on Monday, March 25, at 8:00 p.m., at the Ort home, 358 Floral Court, New Milford.

On *Motzaei Shabbat*, February 16, at 8:00 p.m., Landeinu will hold a free **Women's** *Kumzitz* **and** *Melava Malka*. The location will be supplied on registration. To register, go to www.lamdeinu.org/register. For more information, contact lamdeinu613@gmail.com.

On Sunday, February 17, at 8:45 a.m., at Congregation Rinat Yisrael, 389 West Englewood Avenue, **Rabbi Moshe Taragin** will discuss "Has Brisker Creativity and *Tanach* Analysis Eliminated the Awe of *Talmud Torah*?"

On *Motzaei Shabbat*, February 23, at 8:00 p.m., at the Montammy Country Club, Montammy Drive, Alpine, **Ben Porat Yosef will hold its Annual Dinner**. For more information, go to <u>BPYdinner.org</u> or contact Director of Development Gabrielle Altman, <u>gabriellealtman@benporatyosef.org</u>. 201-845-5007, ext. 35.

On *Motzaei Shabbat*, February 23, at 8:30 p.m., at Congregation Keter Torah, 600 Roemer Avenue, **Bonei Olam** will hold a Chopped Competition with Naomi Nachman. To sign up for a chance tp compete, go to bit.ly/boneiolamchopped. No RSVP is required to attend the event.

On Sunday, February 24, from 10:00 a.m. to 1:00 p.m., at Congregation Keter Torah, 600 Roemer Avenue, the *Purim* Costume *Gemach* will be open. A \$5 donation is requested, but not required. There also is a \$10 per costume refundable deposit. To donate used costumes, contact rivkirosenthal@gmail.com, 201-923-7622.

On Sunday, February 24, at 4:45 p.m., at the Marriott Glenpointe Hotel, 100 Frank W. Burr Boulevard, **SINAI Schools will hold its Annual Benefit Dinner**. For reservation, go to www.sinaidinner.org or call 201-833-1134, ext. 106.

On Sunday, February 24, at 6:30 p.m., at Congregation Shaarei Orah, 1425 Essex Road, the *shul* will offer a **two-hour CPR course** for ages 13 plus, in conjunction with Madison Programs. The cost is \$75 and includes the two-hour course and training materials as well as certification, textbook, and a certification card from the American Heart Association. To reserve and pay for a spot, go to www.sephardicteaneck.org/form/CPR. For more information, please contact office@sephardicteaneck.org or 201-833-0800.

On Wednesday, May 1, at 7:30 p.m., at Teaneck High School, 100 Elizabeth Avenue, the Jewish Community Council of Teaneck will hold its **annual** *Yom Hashoa* **observance**. The speaker is Toby Levy, whose family was hidden in the barn of a former Polish employee until they were liberated in June 1944. To ensure that memorial names are read and printed in the memorial booklet, please send a check for \$25 or more to Sharon Penkower Kaplan, 534 South Forest Drive, by March 13. For more information, contact Amy Elfman, mmyelfman18@gmail.com, or Felicia Grossman, felicia0221@optonline.net or visit www.teaneckyomhashoa.org.

From Monday, May 13, to Monday, May 20, Rabbi Steven Pruzansky will lead a Congregation Bnai Yeshurun Jewish Heritage Trip to Latvia, Lithuania, and Belarus. The group will explore Riga, Dvinsk, Boisk, Vilna, Kovno, Radin, and Volozhin, among other places. Shabbat will be celebrated in Vilna. The resident historian will be Rav Avraham Krieger, founder of Shem Olam. About ten spots remain, and all members of the community are invited to join. Those interested should contact Rabbi Pruzansky, Rabbi@Bnaiyeshurun. org, or go to http://heritageseminars.org/eventsarchive/

STAY WARM AND DRY WITH A LOCKER

It's getting chillier and wetter out there! Need a sweater in *shul* or sometimes need a poncho to get home? Rent a locker! The annual rental fee is \$100 per fiscal year (July 1 to June 30) and can be pro-rated. To rent a locker, please contact the *shul* office, office@bethaaron.org. Feel free to contact Isaac Hagler, isaachagler@gmail.com, with any further questions.



This Sunday, February 3, Yeshiva University's *Kollel Yom Rishon*, weekly free learning for men, will be held in Glueck 307 (515 West 185th Street, corner of Amsterdam Avenue), and its *Midreshet Yom Rishon*, weekly free learning for women, will be held in the Schottenstein Center (560 West 185th Street, between Audubon and St. Nicholas Avenues). Both are open to participants of all ages, backgrounds, and learning levels, with no registration. This week, *Kollel Yom Rishon* will feature *Rabbi Meir Goldwicht* and *Rabbi Baruch Simon*, and *Midreshet Yom Rishon* will feature *Dr. Yardaena Osband* and *Sarah Gordon*. The first *shiur* starts at 9:30 a.m., the second at 10:30 a.m. For information or to download *mar'ei mekomot*, visit www.midreshetyomrishon.org or call 212-960-0041.

Congregation Keter Torah, 600 Roemer Avenue, presents *Torah* in the AM on Tuesdays and Thursdays: 9:05 a.m. -- *Chavura* studying *sefer Bamidbar*; 9:45 a.m. -- 7th *Perek* of *Masechet Shabbos*, with Rabbi Menachem Meier; Thursdays: 10:45 a.m. -- *Halakha* and thought in Rambam's *Mishneh Torah*, with Rabbi Menachem Meier.

On Mondays, at 10:00 a.m., at 1510 Jefferson Street, *Rebbetzin* Leah Kohn offers a *shiur* on "Women in *Tanach*."

On Tuesdays, at 8:30 p.m., at Congregation Bnai Yeshurun, 641 West Englewood Avenue, *Rav* Meir Goldwicht offers a *Parshat ha-Shavua shiur* in Hebrew.

On Wednesdays, at 11:00 a.m., at the Jacoby home, 271 Briarcliffe Road, **Chani Juravel** offers a women's *chabura* on the topic "*Bereishit* -- A Study in Relationships." Each class is \$10.

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