**SHABBOS SCHEDULE**

<table>
<thead>
<tr>
<th>Event</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candle Lighting</td>
<td>5:36 pm</td>
</tr>
<tr>
<td>Mincha</td>
<td>5:40 pm</td>
</tr>
<tr>
<td>Hashkamah</td>
<td>8:00 am</td>
</tr>
<tr>
<td>Shacharis</td>
<td>8:50 am</td>
</tr>
<tr>
<td>Early Mincha</td>
<td>2:00 pm</td>
</tr>
<tr>
<td>Daf Yomi</td>
<td>4:50 pm</td>
</tr>
<tr>
<td>Mincha</td>
<td>5:30 pm</td>
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<tr>
<td>Seudah Shlishis</td>
<td>5:50 pm</td>
</tr>
<tr>
<td>Maariv</td>
<td>6:35 pm</td>
</tr>
<tr>
<td>Shabbos ends</td>
<td>6:33 pm</td>
</tr>
<tr>
<td>Rabbeinu Tam</td>
<td>7:08 pm</td>
</tr>
</tbody>
</table>

**SHUL ANNOUNCEMENTS**

- **KIDDUSH**
  Kiddush at the main minyan is sponsored by Dr. Morris & Sharon Silver in memory of the first yahrzeit of Dr. Silver’s father, Mr. Walter Silver, a’h.

- **HAFTARAH**
  The Haftarah this week will be read by Dr. Morris Silver.

- **BNOS**
  Bnos is this Shabbos from 2:30 - 4:00 pm.

- **TOMCHEI SHABBOS**
  Thank you to the Kirschenbaum family for driving Tomchei this week. It’s that time again - please sign up for delivering Tomchei Shabbos route 4/2/2020 - 5/27/2020, [click here](#).

**CONDOLENCES**

To Mrs. Barbara Gindi on the passing of her mother, Mrs. Muriel (Mickie) Goldstein. Barbara will be sitting shiva until Sunday morning at 1155 South Rodeo Drive. No visitations on Motzei Shabbos after 9:30 pm. Shacharis on Sunday is at 8:00 am.

**PARSHAS ZACHOR**

There will be two additional readings of Parshas Zachor this Shabbos. One will be right after davening at approximately 11:10 am, and the other will be at 4:45 pm.

**NITZACHON ARTICLES**

Nitzachon articles are due as soon as possible.

**CHAI LIFELINE EVENT**

On Sunday evening, March 8th, Chai Lifeline West Coast will hold its Annual Legacy of Hope Gala at the Directors Guild of America. Chai Lifeline assists hundreds of families in our community every single day. To learn more, visit www.wcgala.org.

**THANK YOU TO OUR PURIM SPONSORS!**

Yoni & Sara Barz, Dr. Michael & Tally Kleinman, Prero Orthodontics, Dr. Roy & Yael Braid, The Silver Family, Daniel & Rachel Margolies, Ryan & Amanda Lynn, and Lou & Simi Shapiro.

The break fast food is sponsored l’ilui Nishmas Avrohom ben Yosef Dovid.

**ZICHRON MENACHEM PRESENTS NIGHT SKATING**

Sunday, March 22nd from 6:15 - 8:15 pm.
Iceland Skating Arena, 14318 Calvert St, Van Nuys, CA 91401, 818.785.2171
For Adas Torah Members - $10 Entrance Fee. ZM Sweatshirt for $10. For more info please email lazichronmenachem@gmail.com

Please see page 4 for the purim schedule.
FRIDAY NIGHT BAIS MEDRASH
Our Bais Medrash will be open on Friday nights for anyone who wants to learn.

CHOVOS HALEVAVOS CHABURA
Given by Rabbi Simcha Bornstein on Shabbos after the 8:00 am minyan.

TANYA SHIUR
Rabbi Revah is continuing his Tanya shiur before davening on Shabbos morning at 8:30 am on: The Simcha of Being Close to Hashem.

NEW! DAF YOMI - SHABBOS MORNING
Given by Isaac Kleinman on Shabbos at 10:05 am in the library.

TEFILAH GROUP FOR GIRLS
There is a Tefilah Group for Girls 11 and up run by Basia Markman, with davening, kiddush, and learning.

GEMARA SHIUR ON MASECHES SHABBOS
Given by Isaac Kleinman after davening on Shabbos morning in the library, from 11:15 am - 12:00 pm, on “94b - Derabanan on Shabbos”.

MOTZEI SHABBOS LEARNING
Motzei Shabbos father - son learning program will be continuing this Motzei Shabbos, from 7:00 - 8:00 pm. Motzei Shabbos Learning this week is sponsored anonymously. Please note, this will be the last week. We will be raffling off a Shas sponsored by the Nath family.

YOREH DEAH CHABURA
Our Yoreh Deah Chabura is on Sundays from 8:00 - 9:00 am. We are learning the Halachos of Bishul Akum, Pas Akum and Cholov Yisrael.

DAF YOMI
Daf Yomi is at 6:05 am Mon - Fri and 7:20 am on Sundays. Daf Yomi on Purim is at 6:05 am.

MORNING DAF YOMI SHIUR
Rabbi Simcha Bornstein gives a morning Daf Yomi shiur at 6:05 am Mon - Fri and at 7:20 am on Sundays. Mazal Tov to our Daf Yomi Shiur on being Mesayem Maseches Brachos today. This Sunday, the shiur will be starting Maseches Shabbos. We are always looking for new members!

DAF YOMI CHABURA
7:15 am Mon - Fri at Adas Torah, please speak to Rabbi Matt Rosenberg. Maseches Shabbos is starting on Sunday.

DAF YOMI SHIUR AT THE MERKAZ HATORAH
COMMUNITY KOLLEL -- GIVEN BY ISAAC KLEINMAN
Join the Daf Yomi shiur at the Kollel continuing this Sunday night. The shiur is at 9:00 pm Sun - Thurs.

NEW! SHLUCHIM ORAH HALACHAH BRUCHOT SHIUR
Rabbi Revah is continuing the new Shiur - Shluchim Orah Halachah Bruchot Monday - Friday from 7:30 - 7:45 am.

MRS. REVAH’S CHUMASH SHIUR
Will not take place this week due to Purim.

ZICHRON MENACHEM PROGRAM
Every Monday & Wednesday from 7:00 - 7:45 pm, there is a 6 - 8th grade boys learning Seder at Adas Torah. Either learn with a chavrusa or join a shiur. There will be refreshments, punch cards, great prizes and more!

CHABURA - אברכים בן
MONDAY & WEDNESDAY, 8:00 PM
The Chabura is learning Perek Eilu Metzios. The goal of the chabura is that all participants will master the Perek, understanding and retaining the information. This is accomplished by a built in review program which has been utilized very successfully and has led to a tremendous sense of accomplishment.

KIDS CORNER!
Dear Kids and Parents,
A big thank you to Rabbi Rosen and all the bochurim at the Teen Yeshiva minyan last week!
Thank you to everyone who davened/leined and helped out last week! Yitz Beck, Efraim Kleinman, Shaya Block, Eli Shapiro, Efraim Pariser, Akiva Moore & Shemaya Wilnai.

Get ready for an exciting Purim at Adas Torah! We begin with a kids’ Megillah reading at 7:30 pm on Monday, followed by a comedy magic show and custom Adas photo booth! Get your dancing shoes on too, as there will be music, dancing and fun for everyone! On Purim morning we have a 9:30 am kid’s Megillah reading followed by fun Purim crafts and then take off your shoes and dance on the moon bounce - rain dependent.

This week’s parsha craft will be edible Choshen for the Kohen Gadol.

The answer to last week’s riddle is the letter ו which is also the word for “hook”, which was used to hang the courtyard curtains in the Mishkan. The answer to the bonus question was the flowers and almonds on the Menorah’s branches.

This week’s question is: First I felt crushed from all the pressure, but then I realized I could really shine. What am I?

Bonus question: When some wear me it is a mitzvah but for others a sin. What am I?

Good Shabbos,
Rabbi Avrohom Wagshul
Thank you to Fred Denitz, Jason Moore, Zack Glastein & Noam Casper who took security shifts last Shabbos.
We encourage all members to volunteer for security shifts on Shabbos morning.

YAHRZEITS
Adar 11-17/ March 7 - 13
Monday: Alan Rich’s father,
Mr. Harvey Rich
עומר בן דוד י'ע"ה
Dr. Morris Silver’s father,
Mr. Walter Silver
ענבל בן יגאל ז"א
Mrs. Esther Barz’s mother,
Mrs. Zinat Alyeshmerni
נווה בן רב יוסי י'ע"ה
Thursday: Moshe Luger’s mother,
Mrs. Shynde Luger
נחום בת רחל ז"א
Friday: Anne Glaser’s mother,
Mrs. Sylvia Lowich
ירה בת יוסי י'ע"ה

HAPPY BIRTHDAY!
Deena Richards - March 11th
Yakira Schultz - March 11th
Noam Halpern - March 12th
Emma Perles - March 13th

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Steve Kirschenbaum
D’VAR
TORAH

The Bigdei Kehuna are made L’cha’hano Li. Many commentators point out that it’s a Geder of Lishmah -- the Bigdei Kehuna must be made L’sheim the Kehunah, for specifically that which they’re going to be used for. The Begadim, which adorn the Guf of the Kohen, is meant to make the impression that there is a Kedushas HaGuf, that the Guf has the Chashivus of a vehicle in serving G-d.

The Meshech Chochmah writes that a Kohen is a Meshamshei Kedusha, his Guf has a Kedusha as someone who is Meshameish in the Beis Hamikdash and that’s why one is Mechabeid a Kohen.

Rav Schwab in his Sefer Iyun HaTefilla on the Siddur writes that by the obligation of burial, we’re extremely concerned with Kavod HaMeis, with giving great respect to a body which had once upon a time served HKBH and now remains without its Neshama as a tool of Kedusha created with a Tzelem Elokim. He then elaborates on the idea of Kedushas HaGuf. He says Asher Kidishanu B’mitzvosav V’tzivanu is an expression that HKBH Kidishanu, infused Kedusha into the Jew’s body by the Guf being a Meshameish of Mitzvos, being a tool with which one does Mitzvos. Through the Guf performing Mitzvos, it’s now deemed a Meshamshei Kedusha. With this explanation, he answers a Kasha of the GRA on Shulchan Aruch.

The Shulchan Aruch writes that you only say Birchas HaTorah if your learning includes either speaking or writing, and not just thinking. The GRA explains dismaysay and says thinking in learning is also Talmud Torah -- why do you only make a Beracha if you speak or write in Torah?

Rav Schwab answers that of course the Shulchan Aruch agrees that the Mitzvah of Talmud Torah includes Machshava alone, but the Beracha of Birchas HaMitzvos is Asher Kidishanu B’mitzvosav V’tzivanu. Asher Kidishanu, the One who endowed Kedusha within our physical bodies, B’mitzvosav with the Mitzvos. Therefore, we only make the Beracha on Mitzvosav that we do physically with our Guf and not with Machshava alone. Asher Kidishanu refers to Kedushas HaGuf. Further, Rav Schwab says that is also the language we use when we wash our hands for Netilas Yadayim. Netila is a language of lifting up. Says Rav Schwab, Netilas Yadayim, we do a Mitzvah and we elevate the Guf. Therefore, there needs to be an appreciation that our physical bodies are tools in serving G-d.

The Beis Halevi explains that just like the parchment of a Sefer Torah has Kedusha because it’s the place upon shich Torah She’bichsav sits, so too the Guf of a Jew is the Klaf of the Torah She’baal Peh. A Jew’s body is the parchment where the Torah She’bal Peh resides. There is a Halacha that Hazmana Mila Mi’la. If you prepare Klaf to be used for a Sefer Torah, Hazmana the preparation, Mila Mi’la – carries significance and imbues it with Kedusha. That’s not true about everything. If you prepare a bag to be used for Tefillin but never actually put the Tefillin inside of it, Hazmana Lav Mila Mi’la, the preparation doesn’t give it Kedusha. Only by the Guf HaKedusha, the receptacle of the Kedusha itself and not the place that it’s stored. It’s by the Guf HaKedusha, the parchment of the Sefer Torah, that we say Hazmana Mila Mi’la.

The same thing with the Guf of a Yid. When a Jew does Hazmana, prepares his Guf to be a receptacle for Torah She’baal Peh, the preparation alone furnishes it with a great level of Kedusha. Therefore, Hazmana Mila Mi’la.

If we look at ourselves as the Klaf of a Sefer Torah and as a receptacle of Torah She’baal Peh, our perspective changes and we regard our Chashivus differently. We recognize our self-importance as the Klaf of a Sefer Torah and elevate our actions by appreciating the potential we have. Kedushas HaGuf is something that the Torah teaches us that the Kohanim who are Meshamshim Kedusha and by extension to every Jew, Asher Kidishanu B’mitzvosav.
Purim Learn-A-Thon:
Learn on Purim and raise money for your yeshiva or favorite tzedakah! All boys who come to learn between 10:00 am and 11:30 am for every 20 minutes will receive $10 to be donated to a local institution of your choice. A Munchie’s gift card will be given to each participant. This program is a joint program of Zichron Menachem, Adas Torah, Anshe Emes, LINK, Pico Bais Medrash. In past years the Learn-A-Thon was attended by 100 boys who gave 2000 dollars to local institutions.

MATANOS LEVYONIM:
Rabbi Revah will be distributing funds for matanos levyonim on Purim both locally and in Eretz Yisrael. If you want to participate, please make a check to Adas Torah and note that the check is for Purim. Last year we raised 39,560 dollars.

Monday, March 9th

<table>
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<th>Event</th>
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<tbody>
<tr>
<td>5:57 am</td>
<td>Fast Begins</td>
</tr>
<tr>
<td>6:00 am</td>
<td>Daf Yomi</td>
</tr>
<tr>
<td>6:30 &amp; 7:45 am</td>
<td>Shacharis</td>
</tr>
<tr>
<td>6:35 pm</td>
<td>Mincha</td>
</tr>
<tr>
<td>7:35 pm</td>
<td>Fast Ends</td>
</tr>
<tr>
<td>7:25 pm if difficult</td>
<td></td>
</tr>
</tbody>
</table>

Machatzis Hashekel is given on Ta’anis Esther.

Maariv: 7:25 pm  Krias Megillah: 7:35 pm

There will be a kids’ Megillah reading with Rabbi Wagshul at 7:30 pm.

Please join us Monday night at Shul after Megillah for light refreshments, music, and dancing.

The break-fast food is sponsored Lilui Nishmas Avrohom ben Yosef Dovid.

Second Krias Megillah: 8:50 pm

Tuesday, March 10th

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>6:45 am - Megillah appx 7:30 am</td>
<td>Shacharis Neitz:</td>
</tr>
<tr>
<td>8:00 am - Megillah appx 8:40 am</td>
<td>Second Shacharis:</td>
</tr>
<tr>
<td>9:30 am &amp; 10:00 am</td>
<td>Additional Megillah Readings:</td>
</tr>
<tr>
<td>9:30 am</td>
<td>Kids’ Megillah:</td>
</tr>
<tr>
<td>3:00 pm</td>
<td>Mincha:</td>
</tr>
<tr>
<td>7:45 pm</td>
<td>Maariv:</td>
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</table>

There will be a kids’ Megillah reading at 9:30 am with Rabbi Wagshul. There will babysitting for younger kids during the adult Megillah reading as well.

After Megillah reading, please join us for crafts, food, prizes, moonbounces & more!

Thank you to our sponsors: Yoni & Sara Barz, Dr. Michael & Tally Kleinman, Prero Orthodontics, Dr. Roy & Yael Braid, The Silver Family, Daniel & Rachel Margolies, Ryan & Amanda Lynn, and Lou & Simi Shaprio.
We are looking for sponsors, please email adastorahla@gmail.com if you are interested. Sponsorships are $250