



May 21, 2021

Israeli/Palestinian Crisis

J-Street's Statement regarding recent tragic unrest in Israel:

[CLICK HERE](#)

ADL Webinar: Under Attack: The Surge of Antisemitism During the Conflict in Israel and the Region
Friday, May 21, 2:30 East Time, 12:30 MDT

[CLICK HERE](#) to register

J-Street Briefing: Understanding the Debate about Aid and How We Talk about It
With Jeremy Ben-Ami & Rabbi Deborah Waxman*
Tuesday, May 25 | 4:00 pm Eastern, 2:00 pm MDT

[REGISTER](#)

* Rabbi Deborah Waxman, Ph.D., is president of Reconstructing Judaism.

From the Israeli American Council:

On Sunday, May 23, Israel's supporters will gather to show their love and support for the people of Israel.

Participants will meet at Civic Park by Lincoln and Broadway streets in Denver, at 4:30 pm. Police and private security guard will be at the rally

Curious about what the members of our Youth Education Program has in store for the coming year? Hint: It's JOYFUL!
JOIN US AT OUR VIRTUAL ANNUAL MEETING!

Sunday, June 6, 2:00 - 3:30 pm

[CLICK HERE](#) for more information!

Shabbat



This week's [#VirtualShabbatBox](#) brings you poetry, podcasts, readings and videos to help you rest, relax and find peace this [#Shabbat](#) . <https://www.reconstructingjudaism.org/shabbat-box>



Shabbat aLIVE: A Shabbat of Re-Emerging, Friday, May 21, 6:00 - 7:00 pm MDT

Join us for an evening of prayer, song, and community to create strength and intention as we begin to re-emerge into our new world. The service will include leadership by Student Rabbi Kolby Morris-Dahary from Judaism Your Way and Hal Aqua. Hal Aqua is a song leader at Temple Micah and serves as Cantorial Ritual Director for B'nai Havurah.

The service will also include guest wisdom by Rabbi Brian Field from Judaism Your Way, Rabbi Evette Lutman from B'nai Havurah, Rabbi Adam Morris from Temple Micah.

While this service will be broadcast via Zoom and Facebook, we invite you to experience this service as if we were in person. We hope to lay the spiritual and emotional framework that we all need in order to be ready to re-emerge.

To register: [CLICK HERE](#)

A collaboration:



**Connecting? Disconnecting? Reconnecting?
Shabbat Shacharit (Morning) Service
May 22, 10:00 - 11:15 am**

Join us to honor Ed on his birthday!

This past year or so has been one of all kinds of connections--imperfect, sweet, broken, adequate. Our connections with each other and our world have changed, atrophied, or maybe even grown. As we come closer to being comfortable in physical proximity to one another, let's learn from our Torah portion how the ancient practice of blessing can be a guide to truly connecting with each other. And let's talk about the connections we crave as well as the possible problems we anticipate.

Join us for a Recon Lab service that always includes reconstructed prayers, guided meditation, thoughtful discussion and learning, and joyful singing led by Hal Aqua.

Recon Lab is a group of B'nai Members who are committed to Reconstructing Judaism, experimenting with liturgy and practice within traditional prayer services. Our group comprises Ed Towbin, Pat Madsen, Debbie Goodman, Laurie Cohn and Risa Aqua.

Sephardi/Mizrahi Shabbat



Friday, May 28, 6:30 - 7:30 pm

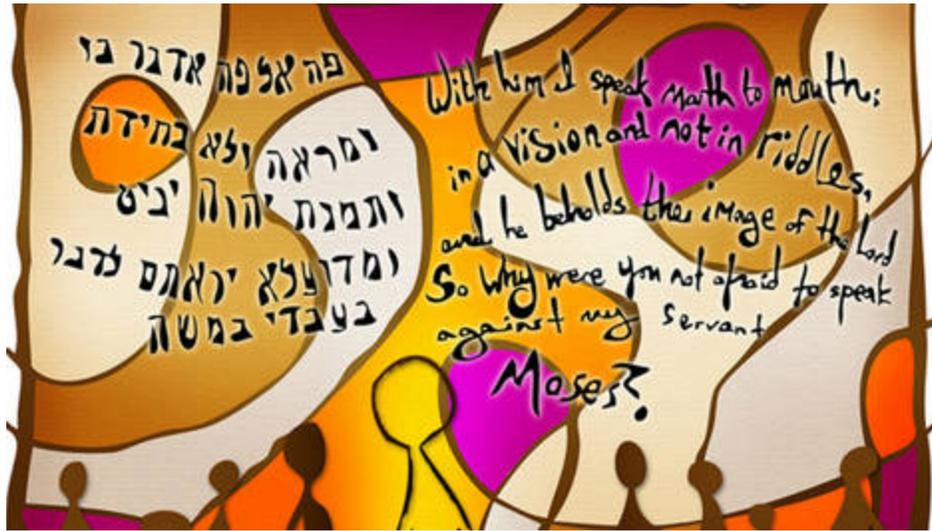
Welcome Shabbat with B'nai Havurah's Kabbalat Shabbat Experience, a monthly all-ages music-filled celebration. At 6:30 pm, Hal Aqua and Annie Aqua lead a musical journey through the themes of the Friday night service, followed by candlelighting and Kiddush led by Rabbi Evette Lutman.

Haunting melodies from Sephardic (Judeo-Spanish) and Mizrahi (Middle Eastern) traditions guide us through the Friday night service.

Zoom Access Information

<https://us02web.zoom.us/j/81737808434?pwd=TEVHZWhkTFdOZnhiMHRiNGFvb3ArQT09>

Registration requested: [**CLICK HERE**](#)



Shabbat with Rabbi Evette
Saturday, May 29, 2021
Parsha Beha'alotcha

Family discord: Miriam is struck with leprosy after gossiping with brother Aaron against their little brother Moshe and his wife. In jealousy, she and Aaron claim the same powers as Moshe - that God speaks through them too.

At this Shabbat service we will examine why Miriam is struck with leprosy, and what Moses begs for in response. Join us!

SATURDAY SHABBAT SERVICES Zoom link for May 22 and May 29

<https://us02web.zoom.us/j/500159377?pwd=OEVVbEt1bnFLWmU2UjF3elg0NGovdz09>

Meeting ID: 500 159 377

Passcode: N58wJq

Dial in on your phone: 669-900-9128 or 346-248-77

Meeting ID: 500 159 377 Passcode: 640527

Adult Education



My Mitzvah at B'nai Havurah

My Mitzvah begins in late September and registration will be accepted in early May. For more information click the button below.

Program Directors: Risa & Hal Aqua

Please contact Risa Aqua at risaaqua25@gmail.com if you have questions.

MORE INFO

YEAR OF LEARNING

Our Wednesday May 19th Year of Learning program, Israeli Art as a Window to History & Collective Memory, was fascinating, by all accounts. **To view the video of the 90 minute class, [CLICK HERE](#).**



Year of Learning is brought to us by the CBG Family Fund. This initiative provides the opportunity for B'nai Havurah to bring new programming to the community.

For additional information, contact Year of Learning Program Coordinator Debbie Goodman at 303-388-4441 ext. 14 or debbielgoodman@comcast.net.



Sunday June 6, 10:00 - 11:30 am - All are welcome!

June's book:

The Collected Stories, by Leonard Michaels - we'll focus on the last seven stories in the collection, the Nachman stories

[MORE INFO & REGISTRATION](#)

Don't miss the *Enduring Appeal of Advice Columnists* (June 9 and 16) & *A Literary Feast—Food Essays and Memoirs* (June 23 and 30)

with

Sally Stich, 35 year B'nai member, author, frequent facilitator at Osher Lifelong Learning Institute (OLLI)

[See below for information below.](#)



The Enduring Appeal of Advice Columns with Sally Stich
Two Wednesdays: June 9 & 16, 10:00 - 11:30 am
Offered remotely via Zoom and in person at B'nai Havurah

Some reading is needed for class.

For many of us, it's the first thing we read each morning, either in the paper or online; however, few realize how old this genre is. The very first advice column on record was written by four men in 1690 in England (answering questions like, "Is it normal to cry after consummating your marriage?")

Young America picked up the mantle and we've enjoyed advice columns in some form or another for the last 300 years. These columns have shaped American behavior, revealed the pressing problems of the day, and proliferated in the age of social media to offer a shoulder for anyone of any orientation.

[MORE INFO & REGISTRATION](#)



A Literary Feast—Food Essays and Memoirs with Sally Stich
Two Wednesdays: June 23 and 30, 10:00 - 11:30 am
Offered remotely via Zoom and in person at B'nai Havurah

Some reading is necessary for class.

Until 50 years ago, food writing was considered “frothy,” a second cousin to “serious” essays and memoirs. Today top-notch writers—many of them Jewish—now mix exquisite prose with food memories to create stories about human hunger, in all its manifestations, as a way of understanding their lives. In fact, few literary experiences are more delicious than stories that evoke the power of the senses and the pleasure of a memorable meal. Or a knish.

We shall explore the food essays and memoirs of M.F.K. Fisher (the grande dame of serious food writing) and skip a few decades to the writings of Ruth Reichl, Anthony Bourdain, Patricia Volk, Boris Fishman, and others. (Lecture, discussion, analysis)

Ongoing Programs



The Rest of the Tanakh with Pat Madsen

Weekly on Thursday, 4:00 - 5:30 pm

All attitudes toward the text welcome, from reverent to what-the-f** is this and anywhere in between.

[MORE INFO & REGISTRATION](#)



Weekly on Thursday, 10:30 - 11:15 am

Drop in via Zoom and kibbitz on the week's news and current events.

[MORE INFO & REGISTRATION](#)



Informal Torah Study

Weekly on Saturdays, 9:00 - 10:00 am

All are welcome, drop in when you are able!

MORE INFO & REGISTRATION

Tikkun Olam

Safe Outdoor Spaces Meal Train Update

In the paragraph below, Vicki Saragoussi Phillips of Havurah Ruach shared the experience of her havurah through their participation in providing a meal for the residents of Safe Outdoor Spaces (SOS), a program that was established to provide a safe outdoor living area for homeless women. EarthLinks, one of our grantees and the featured grantee for our 2021 Tikkun Olam Shabbat, is one of the organizations supporting this program.

"Havurah Ruach was proud and excited to join in the Tikkun Olam effort in supporting people in the Denver area experiencing homelessness and poverty. Not only did we contribute toward a night of meals for women and trans-identifying individuals in need, but we supported the struggling restaurant industry, namely the SAME Café, which also supports and serves everyone in the high-needs community with dignity – a Triple Tikkun! We paid for, picked up, and delivered an aromatic and healthy catered meal (soup, salad, entrée, and dessert!). A great project for other havurot as this needed effort will continue through the Spring." [Read more](#)

Liane Morrison and Alan Greenberg of Havurah Ruach



What's Nu will next be in your in box on June 2.

Visit our website 24/7 for up-to-date information about scheduled services and programs.

<https://www.bnaihavurah.org/calendar> or

<https://www.bnaihavurah.org> (scroll down a bit to "Upcoming Events").

Friday Update, highlighting upcoming Shabbatot and holiday services and events, will continue to be emailed on most Fridays.

Tikkun Olam



**Habitat Interfaith Alliance
2021 Summer Build Opportunities**

Volunteer to build on a Sunday with members of the Jewish congregations to help build a new home!



Habitat of Metro Denver has organized three Sunday builds for the Jewish congregations. The dates are June 3rd, June 13th and July 11th. Please sign up on the HIA registration link listed below:

<http://hia.denver.volunteerhub.com/> Please contact Nancy McCahill at nancymccahill@hotmail.com or 720-936-7504 if you have any questions.

Community Events

New What's Nu Schedule: What's Nu will be emailed every other Wednesday, rather than every Wednesday.

Upcoming What's Nu publication dates are: June 2, 16, 30

Deadlines: If you would like us to review your event, article, photo (we love photos!) for publication consideration in What's Nu, we will need your information one week prior to the publication date, please.

Please email your information for consideration to: exec@bnaihavurah.org.

Please call our office at [303-388-4441](tel:303-388-4441) if you have any questions.