

Sponsoring an Oneg Shabbat / Kiddush at B'nai Havurah

The B'nai Havurah community gathers for an oneg (light meal, literally “delight” in Hebrew) after Saturday services at about 11:30 a.m. It is traditional to sponsor an oneg or kiddush to commemorate a yahrzeit, mark a special event such as a birth, baby-naming, wedding, anniversary, or graduation or celebrate a joyous occasion such as a return to health or a new job. By gathering to chat and nosh after the service, we add to the joy of the Shabbat.

To sponsor an oneg, please contact the office at least 3 – 4 weeks in advance. We make every effort to accommodate each sponsor's first choice of date. If two occasions fall on the same date, the office staff will contact each sponsor to discuss the possibility of sharing.

Beginning January 1, 2016, each sponsor is asked to contribute \$36 towards the purchase of wine, juice, challah and custodial service.

The oneg is a simple buffet—remember, it's a nosh, not a full meal. You decide what you'd like to serve—be as creative as you like! Popular offerings include bagels, cream cheese, lox, smoked whitefish, tuna salad, green salad, kugel, quiche, casseroles, pasta, crackers, cheeses, crudités, nuts, dried fruit, hummus, fresh cut fruit, cookies, brownies, and cake. It's always thoughtful to provide and label gluten-free crackers and a dairy-free dish for those who have allergies.

We welcome both homemade and purchased food or you may use a caterer who will honor our dietary rules. Please contact the office if you would like a referral for a caterer.

The synagogue provides coffee and tea. You may choose to bring additional beverages, but that is optional.

We usually have between 25-40 people at a service. If you are planning to have numerous guests at your event (such as a bar/ bat mitzvah or baby naming), please increase quantities accordingly.

The kitchen is stocked with serving trays and utensils, as well as plates, bowls, cups and silverware. We have an oven and two large hot plates. We ask that you stay after the oneg to wrap up any leftovers and help tidy up. Our custodial staff will wash the dishes and clean the kitchen.

B'nai Havurah's Dietary Rules:

B'nai Havurah maintains a dairy kitchen, which means that no meat may be served in the synagogue. Fish (no shellfish) and eggs are parve and thus allowed. Remember to check ingredients for lard and other non-kosher or meat-derived substances,