

SEED / Young Family Shabbat

Hinei Mah Tov

Hinei ma tov u'ma na'im shevet achim gam yachad.

How good and how wonderful for brothers and sisters to sit together.

Shabbat is Here

Chorus:

Shabbat is here. Shabbat is here.

I'm so glad that Shabbat is here.

Candles burning bright, it'll be Friday night.

I'm so glad that Shabbat is here.

Shabbat shalom to *(class name)*, etc. *(Chorus)*

Bim Bam

Bim bam bim bim bim bam

Bim bim bim bim bim bam (2x)

Shabbat shalom Shabbat shalom

Shabbat Shabbat Shabbat Shabbat shalom (2x)

Shabbat Shabbat Shabbat Shabbat shalom (2x)

Dinosaur Song (with Dinah the Dinosaur)

Chorus:

There's a dinosaur knocking at my door, knocking One Two Three

There's a dinosaur knocking at my door,

and she wants to have Shabbat with SEED.

She wants to light the candles and she wants to drink the wine.

She wants to eat the challah 'cause it always tastes so fine.

She wants to eat dessert and she wants to sing the songs.

She just wants to be with us, she just wants to get along. *(Chorus)*

Oh she wants to eat the candles, and she wants to light the wine.

She just wants to drink the challah 'cause it always tastes so fine.

She wants to eat some songs, and wants to sing dessert.

She just wants to be with us, she just wants to get along. *(Chorus)*

Shabbat Brachot / Blessings

First, we bring the light into our eyes three times (**echad, shti'im, shelosh**), then close our eyes, and say the blessing over the candles:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו, וְצִוָּנוּ
לְהַדְלִיק נֵר שֶׁל שַׁבָּת.

*Baruch atah Adonai, Eloheinu, Melech haolam, asher kid'shanu
b'mitzvotav, v'tzivanu l'hadlik ner shel Shabbat.*

Blessed are You, Adonai our God, Sovereign of the universe, who hallows us with mitzvot (commandments), commanding us to kindle the light of Shabbat.

Next, we bless Shabbat as a special day, saying Kiddush over the grape juice:

בְּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, בּוֹרֵא פְּרֵי הַגֶּפֶן.

Baruch atah Adonai, Eloheinu, Melech haolam, borei p'ri hagafen.

Blessed are You, Adonai our God, Sovereign of the universe, Creator of the fruit of the vine.

Finally, we uncover the challah for HaMotzi, and bless sharing a meal together:

בְּרוּךְ אַתָּה יי, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch atah Adonai, Eloheinu, Melech haolam, hamotzi lechem min haaretz.

Blessed are You, Adonai our God, Sovereign of the universe, who brings forth bread from the earth.

(Shoobi the Bear and Dinah the Dinosaur enjoy their challah. We get to enjoy our own challah at home.)

Shalom Chaverim

Shalom chaverim, shalom chaverim. Shalom, shalom.

Lehitraot, lehitraot, shalom, shalom.

Goodbye to my friends, goodbye to my friends. So long, fair well.

'Til we meet again, 'til we meet again, Shalom, Shalom.

Shabbat shalom, Shabbat shalom, Shabbat, shalom.

Shabbat shalom, Shabbat shalom, Shabbat, shalom.

**SEED ECS at
TEMPLE BETH AM**

