



# The Minyan M'chadesh Book of Blessings

An on-line resource of blessings for members of the congregation

**Dedicated to the memory of Pearl Goldberg Z"L**

Minyan M'chadesh ©



## The Minyan M'chadesh Book of Blessings

- **The vision** for the book is to offer a handy resource of blessings to members of the congregation especially for occasions when appropriate blessings are not found. Many of the blessings were requested by members of the congregation.
- **The layout:**  
The blessings are grouped by subject such as health, home or travel. Each is on a separate page and can be printed individually. We will continually add new blessings in each group.
- **Language:**  
At the top of each page is the blessing in English, followed by Hebrew recitation and transliteration. Changes can be made to the English part of the blessings as desired, without changing the Hebrew and its transliteration (the Hebrew reflects the essence of the blessing and is not a direct translation of the English). Nikud (vowels) will be added to the Hebrew in the future. When reading directly in the Hebrew and needing help with pronunciation, one can use the English transliteration as guide. Alternative God language is offered on the last page.
- **Sources:**  
Traditional blessings excepted, the blessings are the compilation of the Minyan's writing.



# The Minyan M'chadesh Book of Blessings

## *Notes:*

- This book is offered initially on-line only, on the Darchei Noam website. Feedback and suggestions from congregants are important, and changes and additions will be made as feedback is received.
- This is a grassroots effort and mistakes, inconsistencies, omissions, transgressions, etc...most likely have been made. The Minyan M'chadesh is solely responsible for the content.
- These blessings do not replace any of the practices of the congregation, they respond to the need of congregants who have expressed their wishes for additional resources.
- Hebrew names can be used in the Hebrew part of the blessing.
- Many blessings are available in traditional texts and have not been included here.
- There are a few requests for blessings that have not yet been included, to be considered in the future.
- Blessings in a longer poetic format, submitted by some members will be added in the future.



# The Minyan M'chadesh Book of Blessings

## **Groupings of blessings:**

- Two traditional blessings, the Sheheyanu, the Hagomel
- Home
- Health
- Travel
- School
- Work
- Lifecycle events
- Pets
- Nature
- Food
- Culture

**Alternative God language**



## The Minyan M'chadesh Book of Blessings *The "Shehechyanu"*

This blessing marks any special occasion on its own, and is also used following other blessings that are more specific to the occasion.

May God bless this occasion of reaching this milestone with joy and gratitude, and may it be a source of understanding and appreciation of the profound meaning of being alive.

Blessed are you God, Ruler of the Universe, who has kept us alive, sustained us and enabled us to reach this time.

ברוך אתה אדוני אלוהינו מלך העולם שהחיינו וקיימנו והגיענו לזמן הזה

*Baruh ata adonay eloheynu meleh ha'olam, shehechyanu vekieymanu vehigi'anu lazeman hazeh*

*Amen*



## The Minyan M'chadesh Book of Blessings *The "Hagomel"*

Blessing for surviving illness or danger. This blessing is usually said in a service and the congregation participates responsively

Individual: Blessed are you God, Ruler of the Universe, who bestows good things on the committed, and has bestowed on me every goodness."

Congregational Response: Amen. May God who has bestowed on you every goodness continue to bestow on you every goodness selah."

ברוך אתה אדוני אלוהינו מלך העולם הגומל לחייבים טובות שגמלני כל טוב  
הקהל עונה: מי שגלמך כל טוב הוא יגמלך כל טוב סלע

Individual: *Baruh ata adonay eloheynu meleh ha'olam hagomel lehayavim tovot shegmalani kol tov.*

Congregational Response: Amen. To a man: *Mi shegmalhah kol tov hu yigmolhah kol tov selah*

To a woman: *Mi shegmaleh kol tov hu yigmoleh kol tov selah*



## The Minyan M'chadesh Book of Blessings *Home: Mezuzah*

This blessing is recited when the mezuzah, a parchment inscribed with the Shemah prayer held in a special case, is attached to a doorpost, usually when moving into a house/apartment. The “Shehehyanu” blessing is usually recited after it.

May God bless this home and its people with health, prosperity and peace, affirmed by the affixing of this mezuzah, by which we are committing to live according to the best of the moral Jewish teachings, thus making this home a place of joy, love and goodwill to all who dwell in it.

Blessed are you God, Ruler of the Universe, who has sanctified us with your commandments and commanded us to affix the mezuzah.

ברוך אתה אדוני אלוהינו מלך העולם, אשר קדשנו במצותיו וצונו לקבוע מזוזה  
ברוך אתה אדוני אלוהינו מלך העולם שהחיינו וקיימנו והגיענו לזמן הזה

*Baruh ata adonai eloheinu meleh ha'olam, asher kid'shanu b'mitzvotav vetzivanu likbo'a mezuzah*  
*Baruh ata adonay eloheynu meleh ha'olam, shehehyanu vekieymanu vehigi'anu lazeman hazeh*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Home: downsizing*

This blessing can be recited when the decision is made to downsize and/or when the first house is actually sold, and/or when the new smaller place is bought and/or moved into. The “Shehehyanu” blessing may also be recited after it.

May God bless this new stage in my/our life. May I/we cherish the good memories of the old home and experience renewal in the new home: live in it with joy, experience in it prosperity and peace, and share a good life with family and friends.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו לברך את הזמן הזה, לשמוח בזכרונות הטובים מהבית הישן ולהתרענן בביתנו החדש, לחיות בשמחה בהצלחה ובשלום עם המשפחה והחברים.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu ve'imoteinu levareh et hazman haze, lismoah bezihronot tovim mehabayt hayashan velehitra'enen bebeitaynu hahadash, lihyot besimhah ubehatzlahah ubeshalom im hamishpahah vehahaverim.*

*Amen*





## The Minyan M'chadesh Book of Blessings

### *Home: moving into assisted living space*

This blessing can be recited when the decision is made to move into assisted living space, and/or when the old home/apartment is being sold, and/or when actually moving into the assisted living space. The “Shehehyanu” blessing can also be recited.

May God bless me/us in this new stage of life to live with dignity and peace, supported by the arms and goodwill of the dedicated people in the new place. May I cherish the good memories of a life well lived till now, and be blessed with the ability to make a good new life from here on, shared with new and old friends living here, and visiting family and friends.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו לברך את הזמן החדש הזה לחיות בכבוד ובשלום בתמיכה וברצון הטוב של האנשים המסורים במקום החדש הזה. לשמוח בזכרונות טובים של העבר וביכולת לחיות חיים טובים מעכשיו יחד עם חברים חדשים וישנים שחיים כאן, ומשפחה וחברים שיבואו לבקר.

*Yehi ratzon milfanah adonai eloheinu ve'elohei avoteinu levareh et hazman hahadash haze lihyot bekavod ubeshalom bitmiha uberatzon hatov shel ha'anashim hamesurim bamakom hahadash haze. Lismoah bezihronot tovim shel haavar ube'yeholet lihyot haim tovim meahshav yahad im haverim hadashim ve'yeshanim shehaim kan vemishpahah vehaverim sheyavo'u levaker.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Home: selling a home*

This blessing can be recited when the decision is made to sell a home, especially one in which the family lived for a long time and has become attached to it, and/or when the old home is actually sold, or at the time of moving.

May God bless this undertaking of selling the house I/we lived in for \_\_\_\_\_ years, a house full of memories of good times (and not so good), of celebrations and challenges that were faced while sheltered by it. At this time I/we look forward to moving into a new space that will become my/our home from now on, and may I/we be blessed to prosper and live a happy life.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו לחזק את ידי־ינו במכירת הבית בו חיית־חיינו \_\_\_\_\_ שנה, בית מלא  
זכרונות. בתקוה לחיים מאושרים, מבורכים בהצלחה.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu lehazek et yadi/yadeinu bimhirat  
habayt bo ani/anu haiti/hainu \_\_\_\_\_ shana, bayt male zihronot. Betikva lehair meusharim, mevorahim  
behatzlahah.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Home: buying a home*

This blessing can be recited when the decision is made to buy a home and/or when a home is actually bought, and/or at the time of moving into it. The “Shehehyanu” is usually also recited.

May God bless this undertaking of buying a new home with a life of prosperity and peace, and may I/we, its inhabitant/s, enjoy living in it for a long time in joy and happiness, sharing with family and friends.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו לחזק את ידי! ידינו במבצע זה של קניית בית חדש בחיים של הצלחה ושלום, ומי יתן שכל הגרים בו נהנה לזמן ארוך בשמחה ואושר יחד עם המשפחה וחברים.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu lechazek et yadai/yadeinu bemivtzah ze shel knyat bait hadash behaim shel haztlahah veshalom, umi iten shehagarim bo neheneh lizman aroh besimhah veosher yachad im hamishpahah vehaverim.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Home: closing the home of a parent who passed away*

May God strengthen my hands as I do this difficult task of closing my parental/mother's/father's home while I am still mourning their/her/his loss. Every day the presence of my parents \_\_\_\_\_ in this place is diminishing, like a light dimming slowly. May I find solace and consolation during this time as I go through this place and their belongings that tell so many stories about their lives and rekindle memories from the past. May I complete this mission with love and respect for their/his/her memory, considering their/his/her wishes and requests, and let me find peace in knowing that this will close another chapter in the history of our family as we go from generation to generation.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו לחזק את ידי! ידינו לסגור את בית הוריי! אמי! אבי. למצא נוחמים בזמן הזה ולמלא את השליחות באהבה ובכבוד הראויים לחיי משפחתנו מדור לדור.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu lehazek et yadi/yadeinu lisgor et beit horai/imi/avi. Limtzo nihumim bazman haze velemaleh et hashlihut beahavah ubekavod hareu'im leha'iei mishpahteinu midor ledor.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Health: prayer when one is ill*

This prayer is a petition recited by an ill person asking for healing (the Mi Sheberah for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Creator of the universe, I am ill and frightened. Help me during this time of not knowing what my future will be. Be with me and bless me with strength, courage and hope. Open my heart to warmly receive help and support from friends and family. Let me accept advice and bless me with discernment to make good choices for me and my family. Return me, I pray, to a state of good spiritual and physical health. Amen.

*יוצר העולם אני במחלה ובפחד. עזור לי בזמן הזה וברכני בכוח אומץ ותקוה לקבל עזרת המשפחה והחברים ולחזור לחיים בריאים וטובים.*

*Yotzer ha'olam ani bemahalalah ubepahad. Azor li bazman haze vebarcheni bekoah be'ometz vetikvah lekabel ezrat hamishpahah vehahaverim lahzor lehaim bri'im vetovim.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Health: prayer for someone who is ill*

This prayer is a petition for healing recited on behalf of someone ill (the Mi Sheberah for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

May God bless \_\_\_\_\_ and grant him/her complete healing of body and soul. May \_\_\_\_\_ find sustenance in his/her own strength of spirit, the support of loving family, friends and community, and the successful treatment by competent and caring professionals. Let good health and a happy life be his/hers always.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו לברך את \_\_\_\_\_ ולתת לו!לה רפואה שלמה בגוף ובנפש למצוא כוח ותמיכת המשפחה החברים והקהילה. לחיות חיים של בריאות ואושר לאורך ימים.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et \_\_\_\_\_ velatet lo/lah refuah shlemah baguf ubanefesh limtzo ko'ah vetmihat hamishpahah hahaverim vehakehila. Lihyot haim shel briut ve'osher le'oreh yamim.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## Health: prayer before surgery

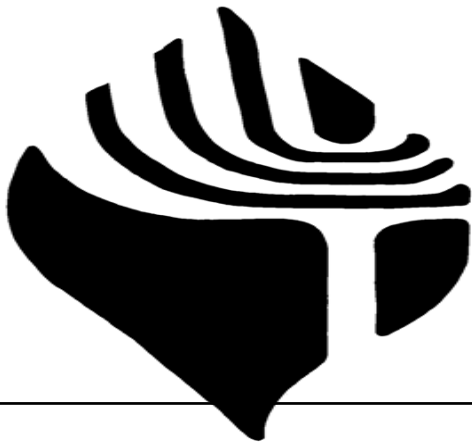
This prayer is a petition for healing recited before one has surgery (the Misheberach for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Adonai, my health and life are always in your hands. Tomorrow is the day of my surgery and I am scared. I feel worried about the procedure and the outcome. In your hands I place my soul and my body. Impart your wisdom to the doctors and nurses who will be instrumental in my procedure. Let the outcome be favourable. Keep the hope of my family burning bright while I am in the operating room and be with us all during the period of recovery. Grant me strength to deal with the pain, to hope and to recover. Amen

אדוני, הבריאות והחיים שלי בידיך. מחר יום הנתוח ואני בפחד ובדאגה נותן נפשי וגופי בידיך. תן חכמה לרופאים ואחיות לרפאני וכוח לי ולמשפחתי לעמוד בכאב ובדאגות הבאות עד שאגיע לבריאות טובה.

*Adonai habriut vehahaim sheli beyadehah. Mahar yom hanitu'ah ve'ani bepahad ubeda'agah noten nafshi vegufi beyadeyha. Ten hohmah larofim vele'ahayot lerapeni vekoah li velemishpahti la'amod bake'ev ubada'agot haba'ot ad she'agyah leabriut tova.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Health: prayer for someone before their surgery*

This prayer is a petition for healing recited on behalf of someone before surgery (the Misheberach for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Creator of the Universe, in your hands lie the issues of life and health. Watch over \_\_\_\_\_ during surgery. Protect him/her from fear and pain, and grant us all patience. Direct the doctors with your good counsel and may they bring us good news when the procedure is complete.

יוצר העולם, בידך חיי אדם ובריאותו. שים את השגחתך והגנתך על \_\_\_\_\_ בזמן הנתוח נגד הכאב הפחד והרעות. כוון את ידי הרופאים שנשמע חדשות טובות כשהנתוח יגמר.

*Creator of the Universe, beyadeyhah hayei adam vebriuto. Sim et hashgahathah vehaganathah al \_\_\_\_\_ bizman hanitu'ah neged hake'ev vehapahad vehara'ot. Kaven et yedey harofim shenishmah hadashot tovot kshehanituah yegamer.*





## The Minyan M'chadesh Book of Blessings

### *Health: prayer after surgery*

This prayer is a petition for healing recited after surgery (the Misheberach for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Dear God, I am grateful to you for sustaining me during the period of my surgery and thank you for the gift of this day. Thank you for directing the doctors and nurses in my care and for the gifts of strength and hope to help me through to full recovery. May I never take your blessings for granted and may I cherish each day.

אדוני, תודה על התמיכה בי בזמן הניתוח ועל שהגעתי לזמן הזה. תודה על התמיכה לרואפים ולאחיות ועל הכוח והתקווה שעדיין נחוצים לי להבריא רפואה שלמה.

*Adonai, todah al hatmihah bi bezman hanitu'ah ve'al shehigaatii lazman haze. Todah al hatmihah larofim vela'ahayot ve'al hako'ah vevatikvah sheadain nehutzim li lehavri refuah shlemah.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Health: prayer for someone after their surgery*

This prayer is a petition for healing recited on behalf of someone after surgery (the Misheberach for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Dear God, we are grateful to you for sustaining \_\_\_\_\_ during the surgery and thank you for the gift of this day. Thank you for directing the doctors and nurses in his/her care, and for the gifts of strength and hope to help him/her through to full recovery. May we never take your blessings for granted and may we cherish each day.

אדוני, תודה על התמיכה בזמן הנתוח של \_\_\_\_\_ ועל שהגיע לזמן הזה. תודה על התמיכה לרופאים ולאחיות ועל הכוח והתקוה שעדיין נחוצים להביא לרפואה שלמה.

*Adonai, todah al hatmihah bezman hanitu'ah shel \_\_\_\_\_ ve'al shehigyah lazman haze. Todah al hatmihah larofim vela'ahayot ve'al hako'ah vematikvah sheadain nehutzim lehavi lehavra'a shlemah.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Health: prayer on the anniversary of recovery from critical illness*

This is a prayer of gratitude and a petition for God's continuing blessing of life  
It can be personalized to specific circumstances.

Adonai, it has been \_\_\_\_\_ years since my \_\_\_\_\_ surgery. Thank you for the successful treatment and for the recovery from the surgery. Thank you for the gift of this time which has been so precious. Thank you for the support of my family and friends. May I be blessed with additional years of wellness and continued renewal of my confidence in my ability to prioritize life's challenges and enjoy your continuing blessings after treatment.

שכינה, עברו \_\_\_\_\_ שנים מהנתוח שלי. תודה על עזרתך ועל מתנת הזמן היקר. תודה על תמיכת משפחתי החברים והקהילה. מי יתן ואתברך בשנים טובות ובחיים טובים ומאושרים.

*Shehinah, avru \_\_\_\_\_ shanim mehanituah sheli. Todah al ezratheh ve'al matnat hazman hayakar. Todah al tmihat mishpahti hahaverim vehakehilah. Mi iten ve'etbareh beshanim tovot ubehaim tovim veme'usharim.*

*Amen*



## The Minyan M'chadesh Book of Blessings *Health: prayer when recovery is unlikely*

This is a prayer and petition for God's support when recovery from a critical illness or surgery is unlikely (the Misheberach for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Creator of all, the news is so difficult to bear. I am so frightened to know I will not recover. Be with me during this time so that I can use these days well. Instead of being paralyzed with fear, allow me to prioritize my actions and focus my energies and attention on my family and loved ones. May the time I have, give rise to reconciliation, completions and precious memories that will live on beyond me.

***Additional: "The breath is Yours, the body is your doing. Have compassion on Your work"***

יוצר הכל, החדשות מאד קשות. היה עמי בשעת פחד זאת שאדע לחיות את יתר ימי בתבונה, לרכז את כוחי ולהתעתף באהבת משפחתי וקרובי. בזמן שנותר ברצוני להשלים עם העולם ולעשות את הדברים שיביאו לגמר טוב ולזכרונות טובים שיחיו מעבר לחיי שלי.

**Additional:**

**הנשמה לך והגוף פעלך חוסה על עמלך**

*Yotzer hakol, hahadashot me'od kashot. Heye imi bishat pahad zot she'edah lihyot et yeter yemei hai ai bitvunah, lerakez et kohi velhitatef be'ahavat mishpahti vekrovai. Bizman shenotar birtzoni lehashlim im ha'olam vela'asot et hadvarim sheyavyu ligmar tov velezihronot tovim sheihyu me'ever lehayai sheli.*

***Additional: Hanesamah lah vehaguf pa'aleh husah al amaleh***

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Health: prayer for someone whose recovery is unlikely*

This is a prayer and petition for God's support of someone when their recovery from a critical illness or surgery is unlikely (the Misheberach for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

Creator of all, the news is so difficult to bear. We are so frightened to know \_\_\_\_\_ will not recover. Be with him/her during this time so that he/she will use these days well. Instead of being paralyzed with fear, allow him/her to prioritize his/her actions and focus energies and attention on family and loved ones. May the time he/she has give rise to reconciliation, completions, and precious memories that will live on beyond. May we be able to offer the right support that is needed at this difficult time and make a difference for good.

יוצר הכל, החדשות מאד קשות. היה עם \_\_\_\_\_ בשעת פחד זאת לחיות את יתר הימים בתבונה, להתעתף באהבת המשפחה והקרובים. בזמן שנותר להשלים עם העולם ולעשות את הדברים שיביאו לגמר טוב ולזכרונות טובים שיחיו מעבר לחיים כאן

*Yotzer hakol, hahadashot meod kashot. Heye im \_\_\_\_\_ bishat pahad zot lihyot et yeter hayamim bitvunah, lehitatef beahavat hamishpaha vehakrovim. Bizman shenotar lehashlim im ha'olam vela'asot et hadvarim sheyaviu ligmar tov velezihronot tovim sheihyu me'ever lehaim kan.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Health: prayer for support when giving care to a parent with deteriorating health*

This prayer is a petition for God's help when a parent is chronically ill (the Mi Sheberah for all those who are ill is said in synagogue during the Torah Service). It can be personalized to specific circumstances.

God, my mother/father \_\_\_\_\_ has always been a source of strength and inspiration to me, taught me the ways of life and love. Now she/he no longer recognizes me/ and my heart aches for the parent I no longer have. Help me remember the parent who was and give me the strength to care for her/him with the respect, compassion and tenderness she/he taught me. Protect me from resentment, from anger and from burnout. Help me see the signs before it is too late so that I might get the help that is needed. Fill me with the patience and compassion you show to us who turn to you for help and let my mother/father be treated with dignity and love all the days of her/his life.

שכינה, אמי אבי \_\_\_\_\_ מקור חיי, לא מכיר ה אותי ולבי כואב. עזרי לי לתת את העזרה המגיעה עם כבוד ואהבה. שמרי אותי מטינה כעס וגמר כוחות. תני לי סבלנות כדי שהטיפול בהורה שלי יהיה טוב ונאות לכל הימים שנשארלהיותם.

*Shehina, Imi/Avi, \_\_\_\_\_ mekor haiai, lo mekir/a oti velibi ko'ev. Izri li latet et ha'ezrah hamagyah im kavod ve'ahavah. Shimri oti mitinah ka'as vegmar kohot vetni li savlanut k'dei shehatipul behoreh sheli ihye tov vena'ot lehol hayamim shenisharu lihyotam.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Travel: "Tefilat Hadereh"*

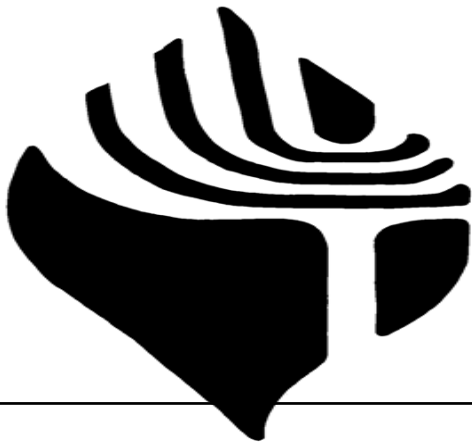
This prayer is the traditional traveller's petition for a good voyage

May this be Your will, God, the God of our ancestors, that You lead me/us toward peace, guide my/our footsteps toward peace, and help me/us reach the desired destination, for life, gladness, and peace. May You save me/us from the hand of every foe and ambush along the way, and from all manner of accidents that happen in this world. May You bless my/our work, and grant me/us grace, kindness, and mercy in Your eyes and in the eyes of all who will meet me/us. May You listen to my/our petition, God who listens to prayer petitions. Blessed are You, God, Who listens to our prayer.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו שתוליכנו לשלום ותצַעֲדֵנוּ לְשָׁלוֹם. וְתִסְמְכֵנוּ לְשָׁלוֹם. וְתִדְרִיכֵנוּ לְשָׁלוֹם. וְתִגְעֵנוּ לְמַחֲזֵי חַפְצֵנוּ לְחַיִּים וְלִשְׂמֹחָה וְלִשְׁלוֹם וְתִצְלֵנוּ מִכָּפַי כָּל אוֹיֵב וְאוֹרֵב וְלִסְטִים וְחַיּוֹת רָעוֹת בְּדַרְךְךָ וּמִכָּל מִינֵי פּוֹרְעָנִיּוֹת הַמְתַּרְגְּשׁוֹת לְבוֹא לְעוֹלָם וְתִשְׁלַח בְּרָכָה בְּכָל מַעֲשֵׂה יָדֵינוּ, וְתִתְּנֵנוּ לְחַן וְלִחֶסֶד וְלִרְחֻמִּים בְּעֵינֶיךָ וּבְעֵינֵי כָּל רוֹאֵינוּ וְתִשְׁמַע קוֹל תַּחֲנוּנֵינוּ. כִּי אֵל שׁוֹמֵעַ תְּפִלָּה וְתַחֲנוּן אַתָּה. בָּרוּךְ אַתָּה ה', שׁוֹמֵעַ תְּפִלָּה

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu shetolihenu leshalom vetatzidenu leshalom vetadrihenu leshalom, vetagyienu limhoz heftzenu lehayim ulesimha uleshalom. Vetatzilenu mikaf kol oyev ve'orev velistim vehayot ra'ot badereh, umikol minei puranuyot hamitragshot lavo la'olam. Vetishlah brachah b'khol ma'asei yadeinu vetitnenu l'hen ul'hessed ul'rahamim be'eineihah uve'einei kol ro'einu. Vetishma kol tahanuneinu ki el shome'a t'fila vetahanun ata. Baruh ata adonai shome'ah t'filah.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Travel: trip to Israel*

This prayer is a petition for a good voyage to Israel. The general traveller blessing (Tefilat Hadereh) may also be recited.

May God guide my/our journey to Israel, the land of our ancestors, as I/we fulfill the mitzvah of going to the land, and grant me/us a peaceful and inspiring stay. May I/we rejoice in the beauty of the land and its people and in the successes of Israel. May I/we contribute positively to the country in all my/our encounters with its people and its environment.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותינו ואמותינו שתדריך את נסיעתנו לישראל, ארץ אבותינו, כשאנו מקיימים את המצוה לבקר את הארץ, לשהות בה בשלום ובהנאה. שיתאפשר לנו לשמוח ולהנות מיופיה של הארץ ואנשיה ומהצלחת ישראל. שנתרום חיובית למדינה בכל פגישותנו עם אנשיה ומקומותיה שנבקר בהם. ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu shetadrih et nesiyatenu leIsrael eretz avoteinu kshe'anun mekaimim et hamitzvah levaker baaretz, lishot ba beshalom ubehanaah. Sheitafsher lanu lismo'ah velehenot miyofiah shel haaretz ve'anasheiah vemehatzlahat Israel. Shenitrom hyuvit lamedinah behol p'gishoteinu im anasheiah umekomote'ah shenevaker bam. Baruh ata adonai shome'ah t'filah.*

*Amen*





## The Minyan M'chadesh Book of Blessings

### *Travel: living in Israel/making Alyah*

This prayer is a petition recited before leaving on a trip to live in Israel for a while. For someone making Alyah, specify it. The general traveller blessing (Tefilat Hadereh) may also recited.

May God bless this inspiring undertaking of going to live/study/teach in Israel/ make Alyah and experience the joy of living amongst the people of Israel in the land of Israel. May I/we be granted a peaceful and inspiring stay as I fulfill my dream of living/studying/teaching/ in the land of our ancestors. May I/we rejoice in the beauty of the land and its people and in the successes of Israel. May I/we contribute positively to the country in all encounters with its people and its environment.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את ישיבתי בישראל לעלות לארץ לחיות בשמחה בין תושבי ישראל, תנני חיים של השראה ושלום, לשמחה ביופיה של הארץ ויושביה, ובהצלחות ישראל. שאתרום חיובית למדינה בכל פגישותי עם אנשיה ומקומותיה שאבקר במ ברוך אתה אדוני שומע תפילה

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et yeshivati be'Israel/laalot laaretz lihyot besimha beyn toshvey Israel, bimdinat Israel. T'neni haim shel hashra'ah veshalom, lismo'ah beyofyah shel haaretz veyoshveyah, uvehatzlahot Israel. She'etrom lamedinah behol p'gishotai im anashe'ah umekomote'ah shenevaker bam. Baruh ata adonai shome'ah t'filah.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Travel: study and learning*

This prayer is a petition recited before leaving on a trip to study away from home. The general traveller blessing (Tefilat Hadereh) may also be recited. It can be personalized to specific circumstances.

May God bless this journey, as I take this major step of travelling away from home and family in order to achieve an education. May I be granted the insight, strength and stamina required to achieve this goal, surrounded by people of goodwill and a friendly and supportive environment. May my learning lead to wisdom which I will apply for good.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי ללימודים כשאני עושה צעד גדול זה לנסוע רחוק מהבית כדי לרכוש השכלה. תנני החכמה, החוזק והעוז הנחוצים להשיג מטרה זאת, בין אנשים טובים וסביבה ידידותית ותומכת. ברוך אתה אדוני שומע תפילה

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et darkii lelimudim ksheani osa/ose tza'ad gadol ze linso'ah rahok mehaba'it k'dei lirkosh haskalah. Tneni hahohmah, hahozek veva'oz hanehutzim lehasig matarah zot, bein anashim tovim usvivah yedidutit vetomehet. Baruh ata adonai shome'ah t'filah.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Travel: work abroad*

This prayer is a petition recited before leaving on a trip to work abroad for a short or longer time. It can be personalized to specific circumstances. The general traveller blessing (Tefilat Haderech) may also be recited.

May God bless my journey as I leave home and family, friends and community, to do this work, and grant me the wisdom, strength and stamina required to achieve my undertaking. May I be surrounded by people of goodwill and a friendly and supporting environment, and may the results of my efforts be worthy.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי בעוזבי את ביתי לעשות עבודה זאת, תנני את החכמה, הכוח והעוז הנחוצים להגשים התחייבותי. שאהיה בין אנשים טובים וסביבה ידידותית ותומכת, ויהיו תוצאות מאמצי מוצלחים. ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanahah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et darki be'ozvi et beiti la'asot avoda zot, t'neni et hahohmah, hako'ah vecha'oz hanehutzim lehagshim hithaivuti. She'ehie bein anashim tovim usvivah yedidutit vetomehet, veihyu totz'ot ma'amatzai mutzlahim. Baruh ata adonai shome'ah t'filah.*

*Amen*



## The Minyan M'chadesh Book of Blessings *School: start of year*

This prayer is a petition recited before starting the school year. It can be personalized to specific circumstances. The “Sheheyanu” may also be recited.

As I start this year of studies may God bless my efforts and grant me the strength and stamina required to achieve success. May I be supported by my family, friends and good colleagues, and may the results of my efforts be worthy.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי בתחילת שנת הלימודים. ברכני בחכמה, כוח ועוז הנחוצים להצלחה.  
ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanah adonai eloheinu ve'elohei avoteinu levareh et darki bithilat shnat halimudim. Barheni behohmah, ko'ah ve'oz hanehutzim lehatzliah. Baruh ata adonai shome'ah t'filah.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *School: completion of school year*

This blessing of gratitude marks the completion of the school year. It can be personalized to specific circumstances. The “Sheheyanu” may also be recited.

As I complete this year of studies, may God bless my efforts so they become a stepping stone for future success. May the learning that I have acquired be useful and helpful in my future studies, and may my efforts be worthy. I am grateful for the learning I achieved, the growth I experienced and the friendships I developed.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי בגמר שנת הלימודים, שיהיו לימודי שלב טוב בדרכי להצליח בלימודי העתידים..

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et darki bigmar shnat halimudim, sheihyu limudai shlav tov bedarki lehatzlyah belimudai ha'atidim.*

*Amen*



## The Minyan M'chadesh Book of Blessings *School: award*

This blessing marks the receiving of an award and can be personalized to specific circumstances. The “Shehehyanu” may also be recited.

As I receive this award with gratitude for the recognition I am given, may God bless this occasion and the opportunities it offers to further learn and advance myself . May the learning that I have acquired in doing the work that resulted in this award be useful and helpful in the future, for myself and for others in the community.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי עם קבלת הפרס הזה וההכרה שקבלתי ומי יתן שעבודתי תתרום לעתידי ולעתיד הכלל.

*Yehi ratzon milfaneihah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et darki im kabalat haprass haze vehahakarah shekibalti vemi iten she'avodati titrom le'atidi vele'atid haklal.*

*Amen*



## The Minyan M'chadesh Book of Blessings *School: graduation*

This blessing marks the personal milestone of graduating school at any level. It can be personalized to specific circumstances. The “Sheheheyanu” may also be recited.

Upon becoming a graduate, may God bless this worthy occasion of fulfilling the important goal of completing another stage in my education. and of achieving a stepping stone in my journey to become a self-supporting member of my family and my community. May the learning that I have acquired in my schooling be useful to myself and the community, as I continue my life journey of learning with joy and success.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי עם סיום לימודים זה בדרכי לעצמאות, להצלחה, ולתרומה למען הכלל.

*Yehi ratzon milfanehah eloheinu ve'elohei avoteinu veimoteinu levareh et darki im syum limudim ze bedarki le'atzmaut, lehatzlahah, veletrumah lema'an haklal.*

*Amen*



## The Minyan M'chadesh Book of Blessings *School: starting study of a subject/course*

This prayer is a petition recited before starting the study of a subject/course. It can be personalized to specific circumstances.

May God bless my efforts in this study so I achieve success in the understanding, applying and testing related to the subject and material I learn. May I have the strength and stamina required to accomplish this task and may my work be recognized and become useful to me and to others.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי עם תחילת הלימודים האלה שאצליח להבין ללמוד ולעבור את  
הבחינות הדרושות ושיהיה לי הכוח לסיים בהצלחה. ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanehah eloheinu ve'elohei avoteinu veimoteinu levareh et darki im t'hilat halimudim ha'ele  
she'atzliah lehavin lilmod vela'avor et hab'hinot hadrushot vesheihye li hako'ah lesayem behatzlahah.  
Baruh ata adonai shome'ah t'filah.*

*Amen*





# The Minyan M'chadesh Book of Blessings

*School: teaching* – starting a new class/subject

This prayer is a petition recited before starting the teaching of a subject/course. It can be personalized to specific circumstances.

As I start this new teaching, may God bless my efforts to instill this new knowledge and ability in my students with success. May I have the understanding of what is required for my students to learn, the ability to teach them well, and the strength and stamina to accomplish the task.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי ללמד בהצלחה את תלמידי את החומר, שתהיה לי היכולת והכוח הנחוצים לעשות את מלאכתי על הצד הטוב ביותר. ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanehah eloheinu ve'elohei avoteinu veimoteinu levareh et darki lelamed behatzlahah et talmidai et hahomer' shetihye li hayeholet vehako'ah hanehutzim la'asot et melahti al hatzad hatov beyoter. Baruh ata adonai shome'ah t'filah.*

*Amen.*



The Minyan M'chadesh Book of Blessings  
*School:going away to study: see Travel*



## The Minyan M'chadesh Book of Blessings *Work: start of a new job*

This prayer is a petition recited before starting a new job. It can be personalized to specific circumstances. The “Sheheheyanu” may also be recited.

As I start this new job, may God bless my efforts to be off to a good start, to learn easily what is needed to do and to do it well, and to be appreciated and recognized by my colleagues and management. As I continue to learn and acquire experience, may I enjoy a successful work journey towards self-fulfillment. May I have the stamina and strength to accomplish my tasks, and the wisdom to achieve a life balance between work and personal/family needs. May I have the understanding and gratitude to appreciate my ability to support myself/my family through productive work that benefits the community and the environment.

*יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את דרכי בתחילת העבודה החדשה הזאת ללמוד בקלות את תפקידי ולהצליח בו לקבל הכרה והערכה על עבודה טובה ולהיות בכוח וביכולת לעבוד למען הפרנסה. ברוך אתה אדוני שומע תפילה.*

*Yehi ratzon milfanehah eloheinu ve'elohei avoteinu veimoteinu levareh et darki bithilat ha'avodah hahadashah hazot, lilmod bekalut et tafkidi velehatzlyah bo. Lekabel hakarah vahaarahah al avodah tovah velihyot beko'ah ubeyholet la'avod lema'an haparnasah. Baruh ata adonai shome'ah t'filah.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Work: not getting a promotion*

This blessing marks the observance of loss and personal grief related to not getting a promotion. It is also a petition for future success, and can be personalized to specific circumstances.

As I acknowledge the fact that I have been passed over for this promotion which I expected, I feel a loss that requires pause and reflection. I ask for God's guidance during my introspection and learning from this experience, and for God's blessing of my search to find new ways of achieving success in my work.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את עבודתי בעתיד כי לא קבלתי קדום זה שחיכיתי לו, אבל תקותי שאצליח בעתיד בכוח וביכולת שלי לעבוד למען הפרנסה. ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanahah eloheinu ve'elohei avoteinu veimoteinu levareh et avodati be'atid ki lo kibalti kidum ze shehikiti lo, aval tikvati she'atzliah be'atid beko'ach ubeyeholet sheli la'avod lema'an haparnassah. Baruh ata adonai shome'ah t'filah.*

*Amen*



# The Minyan M'chadesh Book of Blessings

## *Work: retirement*

This blessing of gratitude and petition marks the personal milestone of retirement from work. It can be recited at any time before imminently retiring, during the process, or after leaving work, and can be personalized to specific circumstances. The “Sheheheyanu” can also be recited.

May God bless my new life as I safely reach retirement. I am grateful for the years of parnassah that provided me and my family with a living. Some of the years were challenging, some were cherished, some resulted in career satisfaction and even recognition. As I close this chapter, help me God to see that the future can also be blessed with good times, new opportunities, and feelings of great self-worth and accomplishment. May I have the health, strength and stamina I need to lead a good life and contribute to my family and the community.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את יציאתי לגימלאות. עזור לי בורא העולם לחיות חיים טובים בבריאות ואושר יחד עם משפחתי חברי והקהילה ולתרום למען טובת הכלל. ברוך אתה אדוני שומע תפילה.

*Yehi ratzon milfanehah eloheinu ve'elohei avoteinu veimoteinu levareh et yetziati legimla'ut. Azor li boreh olam lihyot haim tovim bivryut veosher yahad im mishpahti, haverai, vehakehilah, velitrom lema'an tovat haklal. Baruh ata adonai shome'ah t'filah.*

*Amen.*



# The Minyan M'chadesh Book of Blessings

## *Work: losing a job*

This blessing marks the observance of loss and personal grief related to losing a job. It is also a petition for future success and can be personalized to specific circumstances.

Blessed is God who renews the seasons of our lives. As I have lost my job, I grieve and feel a deep loss. At this difficult time in my life I pause and reflect. I ask for God's blessing of my introspection and learning from this experience. May I have the stamina and strength to accomplish the task ahead, and God's blessing in my search to achieve future career success. May my family and I have the patience required to sustain each other during this time.

ברוך אדוני מחדש את עונות חיינו. יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו לחזקני בשעה קשה זאת בה אבדתי את משרתי ולברך אותי בכוח וביכולת למצוא עבודה חדשה והצלחה בעבודה חדשה. ברוך אתה אדוני שומע תפילה.

*Baruh adonai m'hadash et onot hayeinu. Yehi ratzon milfanehah eloheinu ve'elohei avoteinu veimoteinu lehazkeni besha'ah kashah zot bah ibadti et misrati velevareh oti beko'ah ubeyeholet limtzo avodah hadashah vehatzlahah beavodah hadashah. Baruh ata adonai shome'ah t'filah.*

*Amen.*



# The Minyan M'chadesh Book of Blessings

## *Life: birthday*

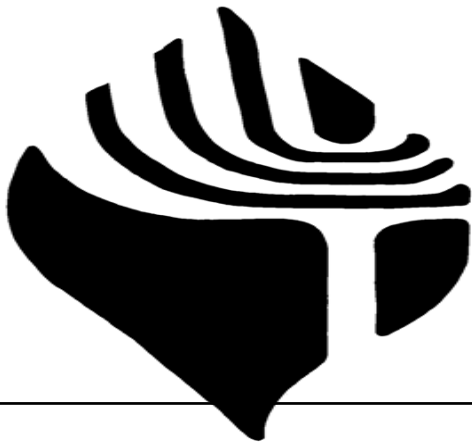
This blessing marks a personal birthday and additional wishes can be added – it can be personalized to specific circumstances. The “Shehehyanu” can also be recited.

May God bless \_\_\_\_\_ on this \_\_\_\_ birthday with health, happiness, a life full of joy, achievement and success, amongst family, friends and the community. May he/she be spared trouble and upsets, and may he/she fulfill his/her wishes in this world for good.

יִבְרַךְ בּוֹרֵא עוֹלָם אֶת \_\_\_\_\_ בְּיוֹם הַהוֹלָדֶת הַזֶּה בְּבְרִיאוֹת, אוֹשֶׁר, חַיִּים שֶׁל שִׂמְחָה, הַשְּׂגִים וְהַצְלָחָה, וּבְלִי צַעַר, יַחַד  
עִם הַמְשַׁפְּחָה, הַחֲבֵרִים וְהַקְהִילָה.

*Yevareh boreh olam et \_\_\_\_\_ beyom hahuledet haze bivriut, osher, haim shel simhah, hesegim  
vehatzlahah, uvli tzaar, yahad im hamishpahah, hahaverim, vehakehilah.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Life: anniversary*

This blessing marks a couple's anniversary and can be personalized to specific circumstances. The "Sheheyanu" can also be recited.

May God bless you \_\_\_\_\_ on the anniversary of your joining together in marriage with health, happiness, and a continued life together full of satisfaction, achievement and success. As you celebrate this joyous occasion amongst family, friends and the community, may it be a source of goodness to all.

יברך בורא עולם אתכם \_\_\_\_\_ בחגיגת יום הנשואין הזה בכריאות, אושר, חיים ארוכים של שמחה, והצלחה יחדיו,  
עם המשפחה, החברים והקהילה.

*Yevareh boreh olam ethem \_\_\_\_\_ behagigat yom hanisu'im haze bivriut,  
osher, haim arukim shel simhah, vehatzlahah yahdav, im hamishpahah, hahaverim, vehakehilah.*

*Amen*





## The Minyan M'chadesh Book of Blessings

### *Life: engagement*

This blessing marks a couple's engagement and can be personalized to specific circumstances. The "Shehehyanu" is also recited.

May God bless \_\_\_\_\_ on the occasion of their engagement, with a life full of happiness, health and prosperity, as they travel life's journey together. May their love grow stronger, based on trust, appreciation and respect, and may their commitment to each other bring them closer together in times of doubt. As we celebrate this joyous occasion amongst family, friends and the community, may it be a source of inspiration, love and sharing that abounds.

יֵבֶרֶךְ בּוֹרֵא עוֹלָם אֶת \_\_\_\_\_ בְּחֻגֵיגַת הָאִירוּסִין, בְּחַיִּים מְלֵאִים אוֹשֶׁר, בְּרִיאוֹת וְהַצְלָחָה יַחְדָּיו, הַבְּנָה וְהַעֲרֵכָה וְכִבוֹד הַדָּדִי, עִם הַמְשַׁפְּחָה, הַחֲבֵרִים וְהַקְהִילָה.

*Yevareh boreh olam et \_\_\_\_\_ behagigat ha'erusin, behaim mele'im osher, briut, hatzlahah, havanah vеха'arahah, vekavod hadadi, im hamishpahah, hahaverim, vehakehilah.*



# The Minyan M'chadesh Book of Blessings

## *Life: birth of a baby*

This blessing celebrates a baby's birth. It and can be personalized to specific circumstances. The "Sheheyanu" is also recited.

May God, Creator of the world, bless this precious newborn child, \_\_\_\_\_ with a healthy and happy life, nestled in an abundance of love and caring by parents \_\_\_\_\_, family and community. May \_\_\_\_\_ have all the opportunities to fulfill his/her potential, bring joy to the family, have friends, become a good and contributing member of the community, and be a blessing to all of us.

יִבְרַךְ בּוֹרֵא עוֹלָם אֶת הַיּוֹלֵדֶת \_\_\_\_\_ בְּחַיִּים טוֹבִים, בְּרִיאִים וּמְאוֹשְׂרִים, הַגִּשְׁמָה עֲצֻמִּית  
וְתְרוּמָה לְחִבְרָה, עִם הַהוֹרִים \_\_\_\_\_, הַמְשַׁפְּחָה וְהַקְּהִילָה.

*Yevareh boreh olam et huledet \_\_\_\_\_ beha'im tovim, bri'im veme'usharim,  
hagshamah atzmit veterumah lahevrah, yahad im hahorim \_\_\_\_\_ hamishpahah  
vehakehilah.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Life: becoming a grandparent*

This blessing celebrates becoming a grandmother/ grandfather. It and can be personalized to specific circumstances. The “Sheheyanu” is also recited.

May God, Creator of the world, bless our becoming grandmother/and/grandfather to this precious newborn named \_\_\_\_\_, and grant us the ability to fulfil our new role with wisdom and care, as we delight in this new life. May we be privileged to share with our new grandchild the traditions of our ancestors and the values and insights we cherish. May I/we have good health and patience to nurture this grandchild, as we look forward to celebrate his/her Bar/Bat Mitzvah and in the fullness of time, the Chuppah.

יְבָרֵךְ בּוֹרֵא עוֹלָם אֶת הַיּוֹתֵינוּ סַבָּא וְסַבְתָּא לְ \_\_\_\_\_ לְגַדֵּל אוֹתוֹ וְאוֹתָהּ לְחַיִּים טוֹבִים,  
בְּרִיאִים וּמְאוֹשְׁרִים וְתֵן לִי לָנוּ לְמַלֵּא תַפְקִידֵנוּ בְּכִינוּה וְאֶהְבֶּה וְשִׁנּוּכָה לְהַגִּיעַ לְבַר אֶבְרָת הַמְצוּה וּלְחֻפָּה.

*Yevareh boreh olam et heyoteinu sabah/ve/savta le \_\_\_\_\_ legadel oto/ota lehaim  
tovim, bri'im veme'usharim, veten li/lanu lemale et tafkideinu bevinah veahavah veshenizke lehagiah lebar  
hamitvah velahupah.*

*Amen*



# The Minyan M'chadeh Book of Blessings

## *Life: on behalf of someone becoming a grandparent*

This blessing celebrates someone becoming a grandmother/grandfather. It can be personalized to specific circumstances. The Shehehyanu can also be recited.

May God Creator of the universe bless \_\_\_\_\_ on becoming a grandmother/and/grandfather to this precious newborn baby named \_\_\_\_\_, and grant her/him/them the the ability to fulfil this new role with wisdom and care, while delighting in this new life. Privileged to share with this grandchild the cherished traditions of our ancestors, values and insights, may she/he/they have good health and patience to nurture him/her and celebrate his/her Bar/Bat Mitzvah and in the fullness of time, the Chuppah.

יברך בורא עולם את \_\_\_\_\_ סבא/וסבתא ל \_\_\_\_\_ , למלא ,  
תפקידם בבינה ואהבה עם הוראת המסורת וחכמת אבותינו ושיזכו להגיע לבר/בת המצוה ולחופה.

*Yevareh boreh olam et \_\_\_\_\_ sabah/ve/savta le \_\_\_\_\_  
\_\_\_\_\_ lemale tafkidam bevinah veahavah im hora'at hamasoret vehohmat avoteinu vesheizku lehagiah  
lebar hamitvah velahupah.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Life: parents adopting a child*

This blessing celebrates the adoption of a baby. It can be personalized to specific circumstances. The “Shehehyanu” is also recited.

May God Creator of the world bless the adoption and welcoming of this precious baby named \_\_\_\_\_ into our family. May he/she be blessed with a healthy and happy life, nestled in the abundance of our love and caring, and the support of extended family and the community. May God bless our commitment to embrace and nurture this baby as our own. Grant us the wisdom to raise this child well. May \_\_\_\_\_ have all the opportunities to fulfill his/her full potential, adapt easily to the new environment, grow and develop, and be a blessing to all of us. May we celebrate his/her Bar/Bat Mitzvah and in the fullness of time, the Chuppah.

יברך בורא עולם את אימוץ \_\_\_\_\_ לתוך משפחתנו בהצלחה, ובחיים טובים ומאושרים, ומי יתן  
ונהיה הורים טובים נבונים ותומכים שנגדל אותו/אותה להגיע לבר/בת מצוה ולחופה.

*Yevareh boreh olam et imutz \_\_\_\_\_ letoh mishpahtenu behatzlahah, behaim tovim  
veme'usharim, vemi iten shenihye horim tovim, nevonim vetomhim, shenegadel oto/otah lehagiah lebar/bat  
mitzvah velehupah.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Life: on behalf of people adopting a child*

This blessing celebrates the adoption of a baby. It can be personalized to specific circumstances. The “Shehehyanu” can also be recited.

May God Creator of the world bless the adoption and welcoming of this precious baby, \_\_\_\_\_ into his/her new family. May he/she be blessed with a healthy and happy life, nestled in the abundance of love and caring of \_\_\_\_\_ the adoptive parents, family and community. May God bless these parents who in their deep love of this child committed to embrace him/her as their own, and grant them the wisdom to raise this child well; may \_\_\_\_\_ have a have all the opportunities to fulfill his/her full potential, adapt easily to the new environment, grow and develop, and be a blessing to all. May they celebrate his/her Bar/Bat Mitzvah and in the fullness of time, the Chuppah.

יְבָרֵךְ בּוֹרֵא עוֹלָם אֵת \_\_\_\_\_ הַמְאֲמִצִּים אֵת \_\_\_\_\_ לְתוֹךְ מִשְׁפַּחְתָּם בְּאַהֲבָה, בְּהַצְלָחָה, וּבְחַיִּים  
טוֹבִים וּמְאוֹשְׁרִים, וּמִי יִתֵּן וַיְהִיו הַרְיִים טוֹבִים נְבוֹנִים וְתוֹמְכִים שִׁיְגַדְלוּ אוֹתוֹ/אוֹתָהּ לְהַגִּיעַ לְבַר/בַּת מִצְוָה וּלְחֻפָּה.

*Yevareh boreh olam et \_\_\_\_\_ hame'amtzim et \_\_\_\_\_ letoh mishpahtam  
beahavah' behatzlahah, ubehaim tovim veme'usharim, umi iten sheihyu horim tovim, nevonim vetomhim,  
sheyegadlu oto/otah lehagiah lebar/bat mitzvah velehupah.*

*Amen.*



# The Minyan M'chadesh Book of Blessings

## *Life: a girl's menarche*

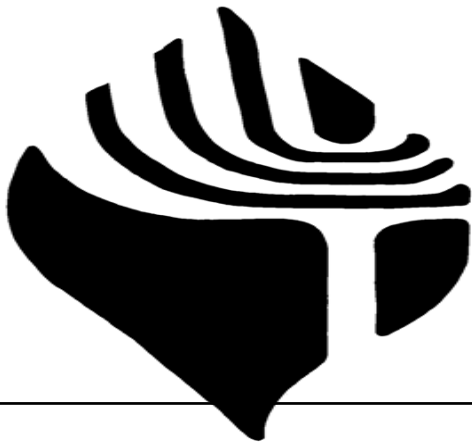
This blessing marks a girl reaching menarche. It can be personalized to specific circumstances. The “Shehehyanu” can also be recited.

May God, Source of life bless me/ \_\_\_\_\_ on reaching menarche, a joyful occasion to celebrate the beginning of womanhood from which flows an abundance of blessings. This momentous event marks the happiness of growing up female and healthy, of nature taking its course wondrously, the first stage in the amazing journey from childhood to becoming a happy adolescent and on to being a happy and wonderful mature woman, all in the seasons of life.

יְבָרֵךְ בּוֹרֵא עוֹלָם מֵעֵין הַחַיִּים אוֹתִי/את \_\_\_\_\_ בְּזִמְנֵי תַחִילַת הַפּוֹרְיוֹת בְּשִׂמְחַת חַיִּים וַיְצִירָהּ, אוֹשֵׁר וְהַצְלִיחָהּ,  
בְּמַעֲשֵׂים הַטּוֹבִים וְהַשְׂרָאָה לְכֹל הָאוֹהֲבִים וְהַתּוֹמְכִים לְאוֹרֵךְ הַזְּמַן.

*Yevareh boreh olam ma'ayan hahaim oti/et \_\_\_\_\_ bezman t'hilat haporyut  
besimhat haim veyetzirah, osher vehatzlahah bema'asim tovim vehashra'ah lehol ha'ohavim vehatomhim  
leoreh hazman.*

*Amen.*



# The Minyan M'chadesh Book of Blessings

## *Life: menopause*

This blessing marks a woman's reaching menopause. It can be personalized to specific circumstances. The "Sheheyanu" can also be recited.

May God, Source of life, bless me/ \_\_\_\_\_ on reaching the menopause season in a woman's life, whether productive or not, with health, serenity, and happiness. May the conclusion of the fertility period in her life mark the satisfaction from an abundant life well lived, and may it be the start of a good new stage in life free of womanly worries past. As nature takes its course, may she be spared ill effects and troubles, and if they do afflict, let them disappear in a hot flash.

יברך בורא עולם מעין החיים אותי/את \_\_\_\_\_ בזמן סיום הפוריות בבריאות, שמחת חיים וסיפוק, ולהיות  
השראה לכל האוהבים והתומכים לאורך חיים טובים וארוכים.

*Yevareh boreh olam ma'ayan hahaim oti/et \_\_\_\_\_ bezman syum haporyut bivriut'  
simhat haim vesipuk' velihyot hashra'ah lekol haohavim vehatomhim leoreh haim tovim ve'arukim.*

*Amen.*





# The Minyan M'chadesh Book of Blessings

## *Life: finding a lost relative*

This blessing marks the celebration of finding a lost relative. It can be personalized to specific circumstances. The “Shehehyanu” can also be recited.

May God, Spirit of the world bless this occasion of celebrating the reunion of \_\_\_\_\_ and \_\_\_\_\_ who found each other after an extended relative search, full of yearnings and sorrow. May they at long last enjoy each other's company as they share their life stories and start to build a joyful family relationship,

יִבְרַךְ אֲדוֹנָי רוּחַ הָעוֹלָם אֶת פְּגִישַׁת בְּנֵי הַמִּשְׁפָּחָה \_\_\_\_\_ וְ \_\_\_\_\_ שֶׁחִפְּשׂוּ אֶחָד הַשְּׁנַיִם (אֶחָת אֶת הַשְּׁנִיָּה) אַחֲרֵי הַרְבֵּה שָׁנִים שֶׁל גַּעְגּוּעִים וְצֶעַר, שִׁיְהִיו מְאוֹשְׁרִים יַחַד וְיִבְנוּ יַחְסֵי מִשְׁפָּחָה מְאוֹשְׁרִים יַחְדָּיו.

*Yevareh adonai ruah ha'olam et p'gishat b'nei hamishpahah \_\_\_\_\_ ve  
\_\_\_\_\_ shehipsu ehad et hasheni (ahat et hashniah) aharei harbe shanim shel ga'aguim vetza'ar,  
sheihyu me'usharim yahad ve'ivnu yahasei mishpahah me'usharim yahdaiv.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Life: blessing of children by parents*

The Friday night traditional custom is for the parent to put his/her hands on the child's head and recite the blessing, followed by a kiss/personal words of praise.

For a daughter: May God make you like Sarah, Rebecca, Rachel and Leah.

For a son: May God make you like Ephraim and Menashe

May THE ETERNAL bless you and protect you.

May THE ETERNAL's face give light to you, and show you favor.

May THE ETERNAL's face be lifted toward you, and bestow upon you peace.

לבן: ישימך אלוהים כאפרים וכמנשה  
יברכך אדוני וישמרך  
יאיר אדוני פניו אליך ויחונך  
ישא אדוני פניו אליך וישים לך שלום

לבת: ישימך אלוהים כשרה רבקה רחל ולאה  
יברכך אדוני וישמרך  
יאיר אדוני פניו אליך ויחונך  
ישא אדוני פניו אליך וישים לך שלום

For a son: Ye'simha elohim ke-Ephraim vehi-Menashe.

Yevarheha adonay veyishmereha.

Ya'er adonay panav eleha vihuneka.

Yisa adonay panav eleha, veyasem leha shalom.

For a daughter: Yevarheh adonai veyish'mereh.

Ya'er adonay panav elaih veyehunek.

Yisa adonay panav elaih, veyasem lah shalom.



## The Minyan M'chadesh Book of Blessings *Life: children leaving home*

This parental blessing and petition marks the transition of a child leaving their home to live on their own. It can be personalized to specific circumstances. The “Sheheyanu” can also be recited.

May God bless you \_\_\_\_\_ our son/daughter as you are going out into the world, creating your own path and space, towards becoming an independent, happy and fulfilled person. May you be successful in your efforts in building your own nest and may you be out of harm's way. We mark this occasion with mixed feelings over the loss of your continuous presence at home, and hope to maintain our strong family bond of love and caring.

יהי רצון מלפניך אדוני אלוהינו ואלוהי אבותנו ואמותינו לברך את הבן/הבת \_\_\_\_\_ ביציאה מהבית להתחיל חיים חדשים בעצמאות, בגרות, ובהצלחה, ובידיעה שאהבתנו תמיד קיימת ותומכת. אנו מקווים לשמור קשר ויחסי משפחה חזקים וטובים.

*Yehi ratzon milfanehah adonai eloheinu ve'elohei avoteinu veimoteinu levareh et haben/habat \_\_\_\_\_ beyetziah mehabait lehathil haim hadashim be'atzma'ut, bagrut, ubehatzlahah, ube'yedyah she'ahavateinu tamid kayemet vetomehet. Anu mekavim lishmor kesher veyahasei mishpahah hazakim vetovim.*

*Amen*



## The Minyan M'chadesh Book of Blessings *Life: mourning a mother's death*

This blessing does not replace any of the practices of the congregation, it responds to the need of some congregants to have additional expressions of loss at this difficult time in their life.

May God Creator of the world bless the memory of my mother \_\_\_\_\_ as I mourn her loss. Everyone has a mother, who conceives, sustains and nurtures us until we grow up, and seemingly we don't need her anymore. We may even feel that she needs us more than we need her. But in time, and after her death, we realize that she is always with us, ever standing at our elbow, encouraging, reminding, sometimes even nagging, so that to deny her presence is to deny ourselves. Her immortality is in us and in our memories of her very being. May her memory be a blessing and a comfort always.

יברך בורא עולם את זכרה של אמי \_\_\_\_\_ בתקופת אבל זאת אחרי מותה. היא נתנה לי את החיים וגידלה אותי. היא תמיד עומדת לצידי אפילו לאחר שאינה יותר בעולם הזה, ומעודדת אותי. יהיה זכרה ברוך ולנחמה לתמיד.

*Yevareh bore olam et zihrah shel imi \_\_\_\_\_ bitkufat evel zot aharei motah. Hi nat 'nah li et hahaim vegidlah oti. Hi tamid omedet letzidi afilu le'ahar she'eynah yoter ba'olam haze, veme'odedet oti. Yhye zihrah baruh velenehamah tamid.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Life: mourning a father's death*

This blessing does not replace any of the practices of the congregation, it responds to the need of some congregants to have additional expressions of loss at this difficult time in their life.

May God Creator of the world bless the memory of my father \_\_\_\_\_ as I mourn his loss. Everyone has a father, who conceives, sustains and nurtures us until we grow up, and seemingly we don't need him anymore. We may even feel that he needs us more than we need him. But in time, and after his death, we realize that he is always with us, ever standing at our elbow, encouraging, reminding, sometimes even nagging, so that to deny his presence is to deny ourselves His immortality is in us and in our memories of his very being. May his memory be a blessing and a comfort always.

יברך בורא עולם את זכרה של אבי \_\_\_\_\_ בתקופת אבל זאת אחרי מותו. הוא נתן לי את החיים וגידל אותי. הוא תמיד עומד לצידי אפילו לאחר שאינו יותר בעולם הזה, ומעודד אותי. יהיה זכרן ברוך ולנחמה לתמיד.

*Yevareh bore olam et zihro shel avi \_\_\_\_\_ bitkufat evel zot aharei moto. Hu natan li et hahaim vegidel oti. Hu tamid omed letzidi afilu le'ahar she'eynenu yoter ba'olam haze, veme'oded oti. Yhye zihro baruh velenehamah tamid.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Life: divorce*

Creator of all, \_\_\_\_\_ years ago, we stood before You under the chupah, our hearts filled with love and anticipation. We looked forward to a life of happiness, accomplishment and partnership. In spite of our best efforts, this partnership has failed.

Help me to retain the positive memories of our life together and to let go of the negative ones. Help me to focus on building a new future for myself/and my children \_\_\_\_\_ born of this partnership, so I can be here for them, as they too face the future of our divorce. Help me to keep my strength, my hope, my belief in my ability to create a more harmonious and positive life for myself/and my children. Keep me from becoming bitter and resentful/and from disparaging their mother/father who will always be an important person in their life. I pray for a positive future and to be surrounded by supporting family, friends, and community. I lift my eyes to you, releasing the past and opening myself for a positive future.

יברך בורא עולם את החיים העתידים שלי ושל ילדי בסיום חיי הנשואים בבריאות, שלווה, פרנסה ונחמה. מי יתן שנקים חיים חדשים טובים שנבנה באומץ ובתקוה ובלי טינה וכעס ובעזרת המשפחה, החברים והקהילה.

*Yevareh bore olam et hachaim ha'atidim sheli veshel yeladai besiyum chaiei hanisuiim bivri'ut, shalvah, parnasah, venehamah. Mi iten shenakim chaim chadashim tovim shenivneh be'ometz ubetikvah ubli tina vekaas ube'ezzrat hamishpachah, hachaverim vehakehilah.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Pets: adoption of a pet*

This blessing marks the adoption of a pet. It can be personalized to specific circumstances.

May the adoption of \_\_\_\_\_, my/our chosen pet and beloved new companion be blessed with a mutually loving relationship, in which \_\_\_\_\_ thrives as I/we commit to care for it and take care of all its needs, including food, shelter and all other necessities of life. May \_\_\_\_\_ feel cared for and secure, loved and cherished. As we spend time together playing and enjoying each other's company, let me/us remember that while I/we have many other relationships and interests, this pet only has me/us. May I/we have the wisdom to do all that is right for \_\_\_\_\_, in order for \_\_\_\_\_ to enjoy a long and good life.

מי יתן ואימוץ \_\_\_\_\_ כחיית בית יתברך באהבה והבנה הדדית בהצלחתי לדאוג ולטפל ולתת איכות חיים טובים לייצור זה ללא תמיכה אחרת בעולם.

*Mi iten ve'imutz \_\_\_\_\_ kehayat bait it'bareh beahavah vehavanah hadadit behatzlahati lid'og veletapel velatet eihut haim tovim le'itzur ze lelo tmihah aheret baolam.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Pets: mourning the death of a pet*

This prayer marks the death of a beloved pet. It can be personalized to specific circumstances.

For \_\_\_\_\_ years you \_\_\_\_\_ added to the spirit of our home. You met us at the door when we returned home each day. You played with us when we had time and nudged us to take a few minutes for play when we thought we didn't. You gave unconditional love and always sensed when we need some extra attention or loving. You helped us see that caring for another being helps us grow. You brought laughter with your funny ways. You tolerated the frequent stroking and petting of all little people who came to our home. Thank you \_\_\_\_\_ for all that you enriched our lives. We loved you and we know you loved us. You will always be remembered. May God bless you.

שנים עם \_\_\_\_\_ של אהבה צחוק ומשחקים היו לנו ואנו מודים על מתנת האושר שזכינו לה. נזכור תמיד את הזמנים היפים שהיו לנו ויהי הזכרון ברוך.

\_\_\_\_\_ *shanim im* \_\_\_\_\_ *shel ahavah tzhok vemishakim hayu lanu ve'anu modim al ma'tnat ha'osher shezahinu la. Nizkor tamid et hazmanim hayafim shehayu lanu veyehi hazikaron baruh.*

*Amen.*





## The Minyan M'chadesh Book of Blessings

### *Nature: the garden*

This blessing is recited when starting a new garden, at the beginning of the gardening season, when enjoying it in season, or when visiting someone else's garden. It can be personalized to specific circumstances.

May God Creator of the world bless this garden and the people who work to make it a haven of enjoyment and celebration of nature, God's creation. May its trees, plants and flowers, paths and views be a source of restful inspiration and and may all who come to it delight their senses in its beauty. May it be a haven for nature's good visitors – bees, birds and butterflies, and unharmed by ill intended intruders such as pests and damaging insects. May it flourish and grow with abundance.

יברך בורא עולם את הגינה הזאת ואת האנשים שעובדים בה לעשותה מקום של הנאה בבריאת האל. תבורך בעצים, צמחים ופרחים, ואורחים כמו דבורים, צפורים ופרפרים, וגם מראות שיהיו מקור השראה לכל.

*Yevareh bore olam et haggnah hazot ve'et ha'anashim she'ovdim bah la'asotah makom shel hana'ah bivri'at ha'el. Tevurah be'etzim, tzmahim veprahim, ve'orhim kmo dvorim, tziporim veparparim, vegam mar'ot she'ihyu makor hashra'ah lakol.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Nature: feeling of awe in nature*

This blessing is recited when experiencing an awe-inspiring moment in nature, either seeing a rainbow, an avalanche of blooms, a new and beautiful flower never seen before, a spring or waterfall surprisingly encountered, a unique fragrant smell, an unusually beautiful butterfly, or other small animal that enchants. It can be personalized to specific circumstances. There are other blessings of this sort in other sources.

May God Creator of the world bless nature and its wonders as I experience this awe inspiring moment of seeing/hearing/sensing \_\_\_\_\_ . May God's creatures flourish and may nature continue to display its beauty and bounty. May humankind be compelled to protect it, so generations to come can also revel in its splendour.

יברך אלוהים בורא עולם את מראות הטבע הנהדרים שישנם, בעודי עכשיו בתוך חויה חזקה שמגלה את היופי והשפע בעולם הטבע. מי יתן שהאנשים שחיים על האדמה ישמרו את אוצרות הטבע מדור לדור.

*Yevareh elohim bore olam et mar'ot hatevah hanehedarim sheyeshnam, be'odi ahshav betoh havayah hazakah shemegalah et hayofi vehashefah be'olam hatevah. Mi iten sheha'anashim shehaim al ha'adamah ishmeru et otzrot hatevah midor ledor.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Nature: spring – first crocus/forsythia/bird (robin) appearance*

This blessing can be recited at the beginning of spring when sighting the first flower or bird or bud, etc., or anytime during spring when having a similar experience. It can be personalized to specific circumstances.

Blessed be God Creator of the world who orders and renews the seasons and signals their change, bringing colours, sounds, and variety in nature that delight us and renew our spirit anew each spring. I feel joy and gratitude as I see/hear/smell/sense \_\_\_\_\_ . May nature flourish and continue to display its lush beauty and bounty on this earth, and revitalize where damaged. May humankind be compelled to protect it, so generations to come can also revel in its splendour.

יבורך אלוהים בורא עולם שמחדש את העונות ומשנה את הזמנים, מביא צבעים, קולות ושפיע בטבע ומחייה את נפשנו מחדש כל אביב.  
יפרח כל ציץ ופרח ויתחדש כל מקום שניזוק בעבודת האנשים עלי האדמה לשמרה כדי שהאנושות תהנה מיופי הטבע מדור לדור.

*Yevorah elohim bore olam shemehadesh et ha'onot vemeshane et hazmanim, mevi tzva'im, kolot veshefah batevah, vemehaye et nafsheinu mehadash kol aviv. Yfrah kol tzitz vaperah veythadesh kol makom shenizok be'avodat ha'anashim alei ha'adamah leshomrah k'dei sheha'enoshut tehene miyofi hatevah midor ledor.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Nature: summer – first berries, etc.*

This blessing can be recited at the beginning of summer or anytime during the summer, for example when plants ripen, when taking the time to enjoy nature in the garden or at the cottage, during a vacation, even when experiencing a heat wave. It can be personalized to specific circumstances.

Blessed be God Creator of the world who orders and renews the seasons and signals their change, bringing colours, sounds and variety in nature that delight us and renew our spirit anew each season. As I see/hear/smell/sense/ \_\_\_\_\_ / \_\_\_\_\_ , I experience joy, gratitude and awe this summer season. May nature flourish and continue to display its lush beauty and bounty on this earth, and revitalize where damaged. May humankind be compelled to protect it, so generations to come can also revel in its splendour.

יבורך אלוהים בורא עולם שמחדש את העונות ומשנה את הזמנים, מביא צבעים, קולות ושפיע בטבע ומחיייה את נפשנו מחדש כל קיץ.  
יפרח כל פרח וצמח ויטופל כל מקום שניזוק בעבודת האנשים עלי האדמה לשמרה כדי שהאנושות תהנה מיופי הטבע מדור לדור.

*Yevorah elohim bore olam shemehadesh et ha'onot vemeshane et hazmanim, mevi tzva'im, kolot veshefah batevah, vemehaye et nafsheinu mehadash kol kaitz. Yfrah kol perah vetzemah veyetupal kol makom shenizok be'avodat ha'anashim alei ha'adamah leshomrah k'dei sheha'enoshut tehene miyofi hatevah midor ledor.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Nature: fall – first aster, etc.*

This blessing can be recited at the beginning of fall or anytime during the fall. Examples: leaves changing colours, bird migrations, plants ready for harvest, turning the garden. It can be personalized to specific circumstances.

Blessed be God who orders and renews the seasons and signals their change, bringing colours, sounds and variety in nature that delight us and renew our spirit anew each season. As I see/hear/smell/sense/do: \_\_\_\_\_/ \_\_\_\_\_, I experience joy, gratitude, awe, and even some sadness, as summer is over and we are in the glorious fall season. May nature flourish and continue to display its lush beauty and fall bounty of food for sustenance on this earth, and may it revitalize where damaged. May humankind be compelled to protect it, so generations to come can also revel in its splendour.

יבורך אלוהים בורא עולם שמחדש את העונות ומשנה את הזמנים, מביא צבעים, קולות ושפיע בטבע ומחיייה את נפשנו מחדש כל סתיו. יתן הטבע את יכולו ויראה את יופי הסתיו. יטופל כלמקום שניזוק בעבודת האנשים עלי האדמה לשמרה כדי שהאנושות תהנה מיופי הטבע מדור לדור.

*Yevorah elohim bore olam shemehadesh et ha'onot vemeshane et hazmanim, mevi tzva'im, kolot veshefah batevah, vemehaye et nafsheinu mehadash kol stav. Yten hatevah et yevulo veyare et yofi hastav. Yetupal kol makom shenizok be'avodat ha'anashim alei ha'adamah leshomrah k'dei sheha'enoshut tehene miyofi hatevah midor ledor.*

*Amen*



## The Minyan M'chadesh Book of Blessings *Nature: winter – first snow, etc.*

This blessing can be recited at the beginning of winter or anytime during winter, during a falling of snow, sighting icicles and snowed branches of trees, starting the skiing season, using the winterized cottage, etc. It can be personalized to specific circumstances.

Blessed be God who orders and renews the seasons and signals their change, bringing colours, sounds and variety in nature that delight us and renew our spirit anew each season. As I see/hear/smell/sense/do: \_\_\_\_\_ / \_\_\_\_\_, I experience joy, gratitude, awe, at the beauty of winter and its own pleasures. May nature continue to display its beauty in all seasons and be a safe shelter for its inhabitants, and may it revitalize where damaged. May humankind be compelled to protect it, so generations to come can also revel in its splendour.

יבורך אלוהים בורא עולם שמחדש את העונות ומשנה את הזמנים, מביא צבעים, קולות ושפע בטבע ומשמר את נפשנו מחדש כל חורף. גם לחורף יש יופי משלו. יטופל כל מקום שניזוק בעבודת האנשים עלי האדמה לשמרה כדי שהאנושות תהנה מיופי הטבע מדור לדור.

*Yevorah elohim bore olam shemehadesh et ha'onot v meshane et hazmanim, mevi tzva'im, kolot veshefah batevah, v meshamer et nafsheinu mehadash kol horef. Gam lahoref yofi mishelo. Yetupal kol makom shenizok be'avodat ha'anashim alei ha'adamah leshomrah k'dei sheha'enoshut tehene miyofi hatevah midor ledor.*

*Amen*



## The Minyan M'chadesh Book of Blessings

*Food:* Blessings for bread and wine are widely accessible and thus are not included. Other food blessings are listed below. The food should be held in one's hand or be present before the person who recites the blessing. Consult sources for more details on food blessings.

1. Foods (other than bread) made from wheat, barley, oats, rye, or spelt: cake, cookies, cereals, crackers, pies:  
Blessed are You God who creates various foods.

ברוך אתה אדוני אלוהינו מלך העולם בורא מיני מזונות

*Baruh ata adonai eloheinu meleh haolam bore minei mezonot.*

2. Fruit of the tree that grows on permanent limbs of a plant, such as apples, grapes, olives, nuts:  
Blessed are you God who creates the fruit of the tree.

ברוך אתה אדוני אלוהינו מלך העולם בורא פרי העץ

*Baruh ata adonai eloheinu meleh haolam bore pri haetz.*

3. Plants that grow on regrowing stalks such as vegetables, herbs, peanuts, rice, corn, bananas:  
Blessed are you God who creates the fruit of the earth

ברוך אתה אדוני אלוהינו מלך העולם בורא פרי האדמה

*Baruh ata adonai eloheinu meleh haolam bore pri ha'adamah*

4. Any other foods such as water, meat, fish, dairy, mushrooms, beverages other than wine:  
Blessed are you God that creates everything with your word

ברוך אתה אדוני אלוהינו מלך העולם שהכל נהיה בדברו

*Baruh ata adonai eloheinu melech ha'olam shehakol nihyie bidvaro.*



## The Minyan M'chadesh Book of Blessings

### *Culture: attending a special performance*

This blessing is recited when experiencing an exceptional and awe inspiring cultural performance such as a concert, play, speech, dance that move one to recite a blessing. It can be personalized to specific circumstances.

May God Spirit of the world bless the creators and performers of this extraordinary performance that makes my spirit soar with gratitude and awe. May they be recognized for their achievements and continue their good work that gives people such pleasure and thus makes the world a better place.

יברך אלוהים רוח העולם את היוצרים והמופיעים על הבמה במופע נפלא זה שגרמו לי חויה בלתי נשכחת של יופי והדר. מי יתן שימשיכו במלאכתם הטובה לתת אושר לאנשים ולעשות את העולם למקום יותר טוב.

*Yevareh elohim ru'ah haolam et hayotzrim vehamofim al habamah bemofah niflah ze shegarmu li havayah bilti nishkachat shel yofi vehadar. Mi iten sheyamshihu bimlahtam hatovah latet osher le'anashim vela'asot et ha'olam lemakom tov yoter.*

*Amen.*





## The Minyan M'chadesh Book of Blessings

### *Culture: performing on stage*

This blessing is recited before going on stage to perform in front of an audience, in a concert or play, delivering a speech, etc. It can be personalized to specific circumstances.

May God Creator of beauty in the world bless my steps as I go on stage to perform this play/music/deliver this speech/participate in this panel \_\_\_\_\_ in front of the audience. May I have the strength stamina and focus to deliver this performance, doing the best I am capable of, and may it be well received by the people attending. I am thankful for the gifts bestowed upon me.

יברך אלוהים יוצר היופי בעולם את צעדי לבמה לבצע את המטול עלי לפני הקהל. תן לי כוח ורכוז לעשות את הטוב ביותר שאני מסוגל כדי שהקהל יקבל את הופעתי ברצון.

*Yevareh elohim yotzer hayofi ba'olam et tza'adai labamah levatze'ah et hamutal alai lifnei hakahal. Ten li ko'ah verikuz la'asot et hatov beyoter she'ani mesugal k'dei shehakahal yekabel et hofa'ati beratzon.*

*Amen*



## The Minyan M'chadesh Book of Blessings

### *Culture: before playing a musical instrument for the first time*

This blessing is recited when starting to learn how to play a musical instrument. It can be personalized to individual circumstances.

May God Spirit of the world bless my efforts to learn how to play the \_\_\_\_\_, as I take it in my hands to perform on this instrument for the first time. May my joy, enthusiasm and anticipation, as well as my hesitations and trepidations at the newness of this occasion move me forward to do my best, and may my learning be smooth, enjoyable, and thorough.

ברוך אלוהים רוח העולם את מאמצי בתחילת דרכי ללמוד לנגן בכלי נגינה זה. מי יתן שכוונתי, התלהבותי והתחייבותי למשימה כמו גם חששותי ופחדי לפני החידוש במשימה ידחפו אותי קדימה לעשות עבודה טובה וללמוד בקלות ובהנאה היטב.

*Yevareh elohim ru'ah haolam et ma'amatzai bithilat darki lilmod lenagen bihli neginah ze. Mi iten shekavanati' hitlahavuti, vehithaivuti lamesimah' kmo gam hashashotai vep'hadai lifnei hahidush bamesimah idhafu oti kadima la'asot avodah tovah velilmod bekalut uvehana'ah heitev.*

*Amen.*



## The Minyan M'chadesh Book of Blessings

### *Culture: creating a great piece of art*

This blessing is recited when starting to create a new piece of art. It can be personalized to individual circumstances.

May God, the Creator of beauty in this world, bless the creation of this new piece of art. May I have the right spirit, strength of mind, and steady hand to do the best work I am capable of, and may my effort and result be worthy. May I have the stamina to see it to fruition and to have the satisfaction of a job well done, and may it be worthy in the eyes of others who will contemplate it.

יברך אלוהים יוצר היופי בעולם את תחילת היצירה של האומנות הזאת. מי יתן שתהיה לי הרוח הנכונה והכוח הרוחני והיד הבטוחה ליצור את האמנות הכי טובה ומי יתן שתהיה ראויה בעיני האנשים.

*Yevareh elohim yotzer hayofi ba'olam et t'hilat hayetzirah shel ha'omanut hazot. Mi iten shetiye li haru'ah hanehonah vehako'ah haruhani vehayad habetuhah litzor et ha'omanut hahi tova vemi iten shetihye re'uyah be'einei ha'anashim.*

*Amen.*



## The Minyan M'chadesh Book of Blessings *Alternative God language*

God language can be changed in the blessings using any of the following names used in this text, or names available from other sources.

Shehinah	שכינה
Source of Life	עין החיים
Spirit of the World	רוח העולם
Creator of the World	יוצר העולם
Creator of Beauty in the world	יוצר היופי בעולם