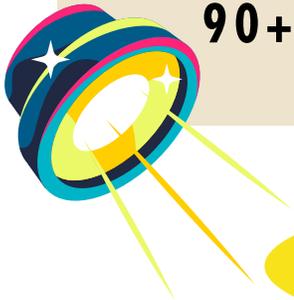


Celebrating Beth Ora's Super Seniors

PAYING TRIBUTE TO OUR MEMBERS 90+ YEARS OF AGE!

Welcome to the July edition of our Super Seniors Spotlight. Each month, we will be acknowledging and showcasing some of our very special seniors 90+ years of age, who are celebrating their milestone birthdays.



JULY SPOTLIGHT

**Happy and Healthy July Birthdays
from your Beth Ora family!**

**Sara Sheinfeld
July 11th**

**Leah Kaplovitch
July 15th**

**Leah Schwam
July 15th**

**Eve Segal
July 17th**

**Fay Azimov
July 18th**

**Daniel Bendon
July 24th**

**Saul Greenfield
July 26th**

**Sam Slodovnick
July 26th**

**Judy Levine
July 27th**

Get to Know Our Super Seniors

Sara Sheinfeld

Sara Sheinfeld was born in Montreal and has lived here her whole life. She and her family moved to Saint Laurent and joined Beth Ora during its early years. She has many fond memories of her family growing up in Saint Laurent, where she was a full-time, stay-at-home mom. Sara has always been proud of her growing family, but says her biggest blessings now are her grandchildren. What she values most in life is GOOD HEALTH! We wish you a very Happy Birthday on July 11th, Sara!

Fay Azimov

Fay Azimov was born in Poland in 1925. She is a Holocaust survivor, having lost her entire family. After the war, she was sponsored by relatives to come to Canada. John, the love of her life, worked for her uncle. It was love at first sight for both of them and they married soon after. The Azimovs had five sons. They moved to Saint Laurent in 1954. Beth Ora became an important part of their lives; they were regulars on Shabbat and holidays, and participated in shul activities. Fay was a super-mom, devoting herself completely to her family and their friends by cooking, baking and barbecuing. She joined her sons on many trips to ski hills, even though she herself did not ski. Everyone in the community knew Fay, who rode her bike everywhere. Keeping physically fit certainly contributed to her longevity. Happy Birthday, Fay!

Get to Know Our Super Seniors

SAM SLODOVNICK

Sam Slodovnick was born in Poland in 1928 and came to Montreal at the age of a year and a half. On the voyage by ship from Europe to Canada he was known as "Infant."

Sam and his family became Beth Ora members in 1960. Although he didn't take part in many of the shul's programs, he still has many good memories. His favourite memories are when he and his wonderful wife Ann celebrated their children's Bar Mitzvahs and weddings there. Another fond memory Sam has is of Reverend Kenner when he served as our shul's Chazan Sheini. Reverend Kenner had taught him his Bar Mitzvah. He and his family loved having him as Chazan Sheini, because, as Sam describes it, he always hurried up and finished on time!

As a very young man, at the age of 15, Sam had to start working in his father's snack bar at the Mayor Fur building downtown, because his father had become ill. Sam finished high school and then worked full time at the snack bar because, sadly, his father passed away. At such a young age, Sam had the huge responsibility of supporting his family. He worked for Israel Bonds for many years; he ran campaigns for Israel Bonds in Ottawa, Montreal and the Maritimes, and was the innovator who brought in entertainers and organized galas and parties to benefit the organization. After working for Israel Bonds, he went into real estate on his own, purchasing and managing many properties over the years.

Sam's hobby is gardening. He used to plant flowers and vegetables in the family's backyard and always found it very relaxing. What he values most in life is his Mishpacha; he is proud of each of his children and grandchildren. Sam believes that the most important value is charity, because charity is not just something you give, but also something you do.

Happy and healthy upcoming birthday, Sam, from your Beth Ora family! Wishing you good health, to 120, with your dear family and friends!