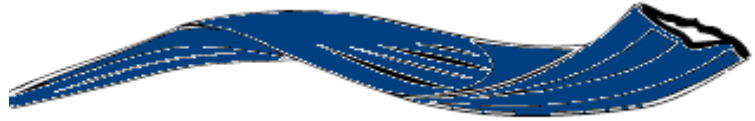


# SHOFAR



Monthly Newsletter of the Monterey Peninsula Jewish Community

[www.carmelbethisrael.org](http://www.carmelbethisrael.org)

HIGH  
HOLY  
DAYS



## High Holiday Highlights

We are already gearing up for our 5782 High Holiday Season. As you will see, there are many dynamic plans that will enrich our Holy Days. We are excited to share that Cantorial Soloist Suzanne Guinane and Rabbi Bruce Greenbaum will lead multi-access services this year. Unless something changes in the next month, we hope up to 200 people who are fully vaccinated will join us in person for services in the sanctuary/social hall. For joining us in person, CBI members will be given priority over guests. **CBI members are asked to RSVP to attend Holy Day services in person by calling the CBI office by August 30.** We are also going to provide an online option for those who are not vaccinated or who choose to participate virtually. On both Rosh HaShanah and Yom Kippur days we will hold a family/children's service outdoors in our lower lot. All are welcome to join these family/children services (no age limitations). The two family/children's services will not be offered online.

This year, Rosh HaShanah begins with our evening service on Monday, September 6 at 7:00 pm. The next morning, Tuesday, September 7, we start with our adult morning service both online and in person in our sanctuary/social hall at 10:00 am. The family and children's outdoor service begins at 12:30.

*Continued on page 9*



## Jewish Food Festival 2021 a drive- thru event Sunday, August 22

We are less than a month away from this year's *drive-thru* Jewish Food

Festival, and preparations are well underway. I wonder if the founders knew what they were starting back in 1988. From what I hear, the first Jewish Food Fair was 3 tables in the upper parking lot. Who would have thought that more than 30 years later we would be back to our roots in the upper parking lot, with our first drive thru event?

Some updates for Jewish Food Festival 2021:

- Pre-order online at [CarmelBethIsrael.org/Jewish-food-festival/](http://CarmelBethIsrael.org/Jewish-food-festival/). The pre-order deadline is **August 18**. Products are limited and this will guarantee that you get all the delicious foods that you want.
- Please bring your order confirmation or ID and plan to pick up your orders at CBI on Sunday, **August 22, between 10 AM and 3 PM.**
- You will drive from booth to booth while your order is filled by friendly, masked volunteers. You never have to leave your car.
- Once your order is complete, you can head home with The Best Jewish Food the Monterey Peninsula has to offer. Enjoy!

*Continued on page 9*



## From the Rabbi's Desk...

"To go or not to go, that is the question." Okay, maybe that is not the exact quote by Shakespeare ("To be or not to be...") but it is the question that many of us

constantly ask ourselves daily. Is it now safe to go to the store, or a meeting, or inside a restaurant with or without a mask? So much information has been given us about the delta variant and about vaccinations. Discussions about booster vaccines and herd immunity are bantered about. What should we do?

One of my Christian colleagues shared with me that he has not been vaccinated and never shut down his in person, indoor Church services. He told me he and his community know that Jesus watches over them and protects them. He then shared that only a few of his members ended up in the hospital with Covid-19. While I respect his conviction and faith, I challenge his leaving it completely "in Jesus' hands." I have always believed God helps those who help themselves. I have strong faith in God, but will not ignore my own responsibilities to be a partner with God in all my actions.

If my house were on fire (God forbid) I would not sit and wait for God to bring the rain to put it out. While I might pray for colder wet weather to slow the fire, I would also call the fire department and grab a hose to attack the flames. Yes, use God, but don't ignore our God given abilities and knowledge.

One might argue that God created this virus. I would counter that God also gave humanity the ability to create vaccines to combat that virus. Through science and medicine humanity can overcome many of the things that threaten our very existence. One generation ago polio threatened millions of people around the globe. Today there are only a couple countries in the world where polio remains a threat. Vaccines do work and can eliminate diseases that otherwise might kill us.

Today in California, close to 70% of those that are over 12 have been vaccinated against the coronavirus. Statistics now show that those vaccinated have a much

smaller chance of possibly contracting the virus and if they do get Covid-19, there is **less than a 1% chance** of them being severely impacted by it. Statistics further show that far less than 1% are severely harmed in any way by side effects from the vaccine. That leaves me questioning why anyone would discourage people from getting vaccinated. It is good for every individual and for society as a whole.

I am grateful that the vast majority of CBI members who have spoken with me have been vaccinated. Still, with the ongoing threat of different variants and the questions that remain, it does not hurt to take steps to assist God in protecting ourselves. So for the rest of the summer, most of our CBI services will be held outdoors. We will continue to require those who are not vaccinated to wear masks. When we do move indoors, we will do so while taking certain logical precautions. For example, as of the middle of July when I am typing this message, the plan for the High Holy Day Services is to limit those attending inside to 200 people. Of course, everyone who chooses can still join us online for all our services. Knowing that children under 12 cannot yet be vaccinated, we will hold outdoor Family/Children services on Rosh HaShanah Day and Yom Kippur Day. Being outdoors, all who wish can join these services as well.

"To go or not to go..." I encourage you to go to our CBI events. I truly believe that it is now safe for all of us to participate in one way or another in our services and activities. Let's go to Havdalah on Carmel Beach. Let's go to our Friday outdoor services in our back yard. Let's pray together this Holy Day Season. May God watch over us as we take those necessary steps to care for ourselves and one another. Amen.





## From our President *Dan Nussbaum, President Board of Trustees*

As we move towards the High Holy Days, an introspective and solemn time, I want to balance that with some current events that really are to be celebrated.

First is a highlighting of our continued success in enhancing the safety and security of our physical building and our congregants. These successes come from the Safety and Security Committee (SSC), our Executive Director, Julie, and our Office & Facilities Manager, Abby.

- The most recent enhancement was the purchase of very solid planters- which in the security world are called bollards- that now provide a physical barrier to vehicles at the front of the synagogue. The SSC, along with Julie and Abby, researched and bought the bollards, all the planting equipment, including soil, soil nutrients, and appropriate plants. They put it all together into what is now a tasteful and security-enhancing addition to the front of the synagogue. All of this was financed by the grant that we got from the California Office of Emergency Security, a grant that Julie has assiduously watched over and shepherded, while creating and maintaining positive relationships with personnel at CAL OES.
- We have also enhanced our posture in the area of personal security. No doubt you will not notice what we have done, because it is meant to be simultaneously effective and unobtrusive, with the result that we now have both actual and virtual “eyes on” awareness of our building. This capability is the last of the enhancements done under the Cal OES grant; so WELL DONE to all who participated.

Second, we have also made terrific progress in preparing protocols for the much-awaited post - Covid environment. We sincerely thank Sandy Leader and her team who continue to seek and find the balance between caution and aggressiveness, striking a hard-to-achieve equilibrium that is consonant with state,

county and federal laws and guidance. As a result of this work, we have been able to hold outdoor services and indoor Torah study groups, reminding people that there is no longer a requirement for masks or social distancing for those who are fully vaccinated. We are also planning (this is a plan because as you know the world of viruses can change, has changed, and will continue to change) for High Holy Day services and next year’s Religious School, under similar guidelines. You can see greater details about High Holydays and Religious School plans in other articles in this Shofar.

Third, I believe in our being able to lead openly Jewish lives in safety. There are disturbing signs throughout the world, but it is also true that the international scene, which is, in an overall historical context, peaceful, has seen great strides made in the Middle East in building secure and peace-enhancing relationships between Israel and its neighbors. These islands of calm started with peace treaties with Egypt and Jordan, and now include the Abrahamic Accords with the United Arab Emirates, Bahrain, Morocco, and Sudan. When you look at the map, it is clear that the borders of Israel present a far different and much better picture than was true when many of us were growing up. All these agreements were brokered with the indispensable support of the US government, which is a source of great pride for me.

May all our efforts to improve security and return to normal inter-personal activities bring us peace.

Dan Nussbaum  
(C) (831) 324-3228





## From Our Cantorial Soloist and Director of Education....

### Friendly School Reminders:

**Wednesday, 8/18**

Last Day to Register with Early Bird Discount

**Sunday, 9/19**

First Day of School

**9:00 am – 12:30 pm Kindergarten – Grade 6**

**1:00 pm – 2:30 pm Aleynu Grades 7 – 12**

### High Holy Day Services

**12:30 pm Outdoor Family Services on:**

**Rosh Hashanah**

**Tuesday, 9/7/2021**

**Yom Kippur**

**Thursday, 9/16 2021**

Rabbi and I are excited to lead these services in our backyard with our families and children safely and together.

**Please call the office, 831-624-2015, to Register for Services.**

***Tashlich on the Beach is Back!!* Tuesday, 9/7/2021 at 4:00 pm on [Carmel Beach below 13<sup>th</sup> Street](#)**

**The month of Elul** begins at sundown on Saturday, August 7<sup>th</sup>.

Sunday, August 8<sup>th</sup>, the first day of *Elul* is also referred to as *Rosh Chodesh Elul* – A New Year for the Animals. I really enjoyed meeting so many of your pets in our Zoomiverse last year and I know your pets are important to you – just like my cats, Kiva and Goldi. How can we honor them? Welcome in and Celebrate the *Rosh Chodesh Elul* for our pets and all the animals on our peninsula? I can't wait to read your answers! Please email them to me or even better – come to our **Family Kabbalat Shabbat** on **Friday, August 6<sup>th</sup>**, at **6:00 pm** in our backyard and we all share our answers! We'll be celebrating July & August Birthdays too. Do any of your pets have a birthday in July or August?



**KIVA**



**GOLDI**

**Family Activity for Sunday, August 8<sup>th</sup>** – Take a walk and/or hike on our beautiful peninsula and:

1. Write down/talk about all the animals you see and hear
2. Take pictures or draw pictures of your most favorite animal
3. What would you like to learn from the animals?



## Lunch with the Rabbi

It's fun to be together so let's meet at the restaurant again! If you are vaccinated, join Rabbi Greenbaum this month on **Wednesday, August 11 at noon** at Baja Cantina located about a mile east of CBI when he leads the discussion. This month he will lead a discussion on "the new normal." Can we return to the way things were before Covid-19 or are some things permanently changed? What positives might emerge following this recent pandemic? Has it changed our Jewish rituals and traditions? Come prepared to question and offer your thoughts. Call the CBI office at 624-2015 to RSVP. We will order off their regular menu so expect lunch to cost approximately \$15-\$20.



## Join Us for Havdalah on the Beach August 14

Let's do it again! Is anything better than sitting around a fire pit, enjoying a Havdalah service and then making s'mores as you watch the sun setting into the ocean? If this sounds like a great way to end your Sabbath, then join Rabbi Greenbaum and Cantorial Soloist Suzanne Guinane on Saturday evening, August 14th. Look for them on Carmel beach below 13<sup>th</sup> and Scenic Drive. The rabbi will bring a propane fire pit and fixings for s'mores for a relaxing Havdalah evening on Carmel Beach. We begin at **7:00 p.m.** but you can come early and enjoy a picnic dinner before our Havdalah service. Bring warm clothes, beach toys, something to sit on, and musical instruments. This is a great event for the entire family and even the family dog!



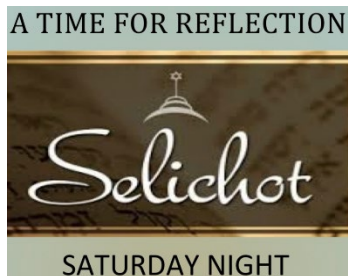
## Annual Congregation Meeting August 15

Join us at **7:00 PM on Sunday evening, August 15** as our congregation joins together in person and on Zoom for our annual congregation meeting, including a review of our annual budget and election of our new Board of Trustees. We will hear the "State of the Synagogue" reports by the Rabbi and leaders of our Congregation, and honor some of our dedicated volunteers. We hope that all who are vaccinated will join us in person in our sanctuary, but you can also use Zoom to join us. You must be a member in good standing to vote (that means that you've submitted your 2021-22 pledge). Please call the CBI office at 624-2015 to let us know how you plan to attend. Your presence will be rewarded with delicious beverages and tasty desserts after the meeting. So we may confirm a quorum, please RSVP in advance by calling the office at 624-2015.

## BEST YEARS

### Best Years Pre-JFF Volunteer Day

In past years the majority of our Best Years gatherings have the rabbi preparing food or introducing a speaker or catering to the Best Year Participants. This month, we are asking Best Years members to volunteer to do some preparation work of their own. Join us on Saturday afternoon, **August 21 at 1:00** to assist in packing cookies and other foods as we complete our final prep work for the Food Festival! All Best Years volunteers will be rewarded with a variety of delicious snack foods and desserts and maybe even a bagel sandwich! Join the throngs of people who will make this year's Jewish Food Festival a huge success. To RSVP to join our JFF Saturday afternoon volunteer group, call the CBI office at 624-2015. Also, let us know if you need a ride to and from the synagogue.



## Selichot Study and Worship

Observance of the Jewish Holy Day Season begins with Selichot Services held on a Saturday night before Rosh Hashanah,

this year on **August 28**. The mood of the service is reflective, and like the entire month of Elul, is used to set a certain "kavanah," or intention with which to commence the High Holy Days.

Join us in our social hall (if you are fully vaccinated) or you can choose to participate virtually on Zoom, that **Saturday, August 28 beginning at 7:00 pm** we will join with Rabbi Jeffrey Schulman for our first hour of study. His session is titled "I am my Prayer." We often talk about our prayers as if they go upward, ascending to a Divine Source. There's another model though: our prayers take us inward and we go deeper, not higher. Praying becomes an internal event, an inner journey, an act of self and Divine discovery. Prayers we most fervently offer work because they enlarge our heart space and increase our longing for a Source that dwells within us. In this way, we become our prayers. We offer ourselves. Come join us on Selichot evening to explore these ideas together and experience an inner journey that takes us deeper into our prayers and our longing.

At **8:00** we will enjoy a second hour of study as we focus on "Songs of the Season" with Cantorial Soloist Suzanne Guinane.

At **9:00** our Selichot observance continues with a service as we shift into our sanctuary (and continue virtually on zoom). Together we will reflect on how we turn towards God, *teshuvah*, during our Holy Day season. During this service we exchange our green Torah mantels with the Holy Day white covering. Please share with us in this annual evening of study and prayer. By taking your place in our congregational family, you will be enriched and strengthened.



## I-HELP Fundraiser!

We continue supporting the I-HELP Men who are now on a rotation schedule at the 30+ religious organizations that host them. For our CBI July commitments, the Lambourne Institute for Life Mastery purchased dinner from the Great Wall Chinese Restaurant in Monterey, which always contributes foods to the meal. We were informed that the men "loved the dinner!" Thanks to Nancy and Barry Rund who generously provided and delivered breakfast and lunch.

Coming Up: Let's support I-HELP's annual fundraiser, "Pasta with the Pastors" on **Tuesday, August 10**. The California Pizza Kitchen (Del Monte Center) will donate 10% of all lunch and dinner meals purchased that day to I-HELP. So we encourage you to stop by the restaurant that day and enjoy their fabulous cuisine.

The Fundraiser festivities begin on Zoom from **5:30-6:30pm** with testimonials from participants in the men's program, and comments from Supervisor Wendy Root Askew. I-HELP hosts, the meal providers for the men and women, I-HELP board members, prayers, and of course, the all-important fundraising.

The Zoom Link will be posted on I-HELP's website: <https://www.ihelpmontereybay.org/>

If you'd like to participate in our Social Action activities or have Social Action recommendations, please contact me and we'll plan what works best for you.

Arlene Krebs, Social Action Trustee  
<arlenekrebs123@gmail.com>



## **Congregation Beth Israel**

5716 Carmel Valley Road, Carmel, CA

831-624-2015

### **HIGH HOLY DAYS SCHEDULE OF SERVICES**

Rabbi Bruce D. Greenbaum and Cantorial Soloist Suzanne Guinane

#### **SELICHOT**

(Preparing yourself for the Holy Days)

**Saturday, August 28<sup>th</sup>**

7:00 p.m. 2 Study Sessions

9:00 p.m. Service

#### **ROSH HASHANAH**

**Monday, September 6<sup>th</sup>**

7:00 p.m. Erev Rosh Hashanah

**Tuesday, September 7<sup>th</sup>**

10:00 a.m. Morning Service

12:30 a.m. Family/Children's Service  
(outdoors only)

4:00 p.m. Tashlich on Carmel Beach  
below 13<sup>th</sup>

**Wednesday, September 8<sup>th</sup>**

10:30 a.m. Second Day Service

Friends from Temple Beth El in  
Salinas are invited to join us

#### **MEMORIAL SERVICE**

**Sunday, September 12**

4:00 p.m. Memorial Service at  
Mission Memorial Park,  
1915 Ord Grove Avenue, Seaside

#### **YOM KIPPUR**

**Wednesday, September 15<sup>th</sup>**

7:00 p.m. Kol Nidre Service

**Thursday, September 16<sup>th</sup>**

10:00 a.m. Morning Service

12:30 p.m. Family/Children's Service  
(outdoors only)

1:30 p.m. Holy Day Discussion  
led by Beryl Levinger

3:00 p.m. Afternoon Service

\*4:45 p.m. Yizkor Service

\*5:30 p.m. Closing Neilah Service

\*6:30 p.m. Break-the-Fast

CBI will provide challah and a variety  
of beverages

**\*Times are approximate on Yom  
Kippur afternoon**

#### **SUKKAH BUILDING**

**Sunday, September 19<sup>th</sup>**

10:00-11:30 a.m. Sukkah Building

#### **SIMCHAT TORAH SERVICE**

**Tuesday, September 28<sup>th</sup>**

7:00 PM

If you are fully vaccinated you are invited to attend in person in our  
Sanctuary and Social Hall. In-person attendance is limited to 200.  
Members, please call the office to reserve a place no later than  
August 30. All are welcome to join online.



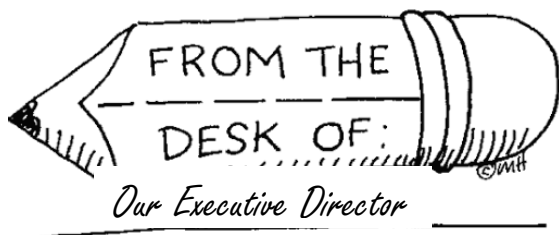
## CBI Book Club

**Tuesday, August 10, 1:30 PM**, home of Suellen Rubin  
Book: FLORENCE ADLER SWIMS FOREVER by Rachel Beanland.

Please RSVP directly to Suellen.  
([suellenrubin@hotmail.com](mailto:suellenrubin@hotmail.com)).

At this meeting we also will choose our book for October. Please bring suggestions for that and future book selections.

**NOTE: All who attend must be fully vaccinated against the Covid-19 virus.**



We are delighted to welcome you all back to CBI. You will see that we have been busy improving both the security and attractiveness of our campus. Improvements include new camera and access control systems, improved doors and locks, new lighting in the parking lot and backyard, bollards, updated fire and burglary systems, and reinforcement of all our windows. We have contracted security personnel for all events and services, and the Safety and Security Committee is working on security related training sessions for our members and staff. You may remember that all of this is possible with the oversight of our Safety & Security Committee and a generous grant from the California Office of Emergency Services.

We have horticulturalist John Kern, along with our Gardner Juan Diaz, to thank for guiding us as we improve the landscaping around our building. John has a long career in all aspects of horticulture and was kind enough to share his expertise with us. If you would like to learn from John, he teaches several great courses at Monterey Peninsula College and I've included the flyer here.

This issue of the Shofar is packed with information about our annual meeting, the Jewish Food Festival, High Holy

Days, Religious School, and our other upcoming events. Please check our updated website, for more information as, these days, things are often changing. Abby and I are in the office Monday -Friday. Please stop by or give us a call with any questions.

**Horticulture Department**

**MPC** | MONTEREY PENINSULA COLLEGE

**Register Now ! ONLINE Gardening Classes at MPC!**



**MPC Horticulture Classes Offered Fall 2021**

**ORNH 51: Introduction to Horticulture I**  
This course introduces students to career opportunities and skills needed to be successful in the horticulture industry and explores plant science, including structure, growth processes, soil, planting techniques, fertilizers, garden color and how to control pests, diseases and weeds. Offered fully online.

**HORT 61: Plant Identification: Shrubs, Vines, and Ground Covers**  
This course covers identification, habits of growth, cultural requirements, and use of ornamental plants in the landscape. It focuses on the selection, planting, care and maintenance of ornamental and native shrubs, vines and groundcovers. Offered fully online.

**ORNH 70: Irrigation Design and Water Economy**  
This is a course in the theory and practice of designing water efficient irrigation systems for sustainable garden and landscape projects including drip and sprinkler devices, water supply assessment, soil testing, smart controllers, hydraulics, pipe sizing, backflow prevention and current topics in landscape irrigation, all with a focus on water conservation. The course content prepares students for the Qualified Water Efficient Landscaper (QWEL) certification exam. Offered partially Online.

**ORNH 426: Successful Gardening Techniques**  
This course covers fundamental horticultural techniques for home gardeners including tool selection and maintenance, pruning, soil management, planting, fertilizing, irrigation, and pest and disease control. Portions of instruction may be offered online; may also be offered fully online. Field trips included.

**Contact:**  
John Kern : [jkern@mpc.edu](mailto:jkern@mpc.edu)  
Visit our website for more information: [www.mpc.edu](http://www.mpc.edu)

Don't need college credit?  
Just want to enroll for an enriching learning experience?  
All classes may be taken with a Pass/No Pass option.



## New Chavurah Now Forming!!

**Definition:** a small group of like-minded CBI congregants who gather together to share communal experiences.

In other words, groups of approximately 10 members per Chavurah who have some fun together by doing dinner, activities, sharing, and celebrating life.

**The Plan:** to establish as many groups by interest/cohort as those who are open and interested.

Email or call coordinator Rich Harrit [richardharrit@gmail.com](mailto:richardharrit@gmail.com) 831.298.7674

COME ONE, COME ALL AND LET'S ENJOY EACH OTHER'S FRIENDSHIP!!!!!!!!!!!!!!



## High Holy Days

*Continued from page 1.*

That afternoon we reconvene on Carmel beach at **4:00** for our Tashlich gathering. Second day

Rosh HaShanah services are on **Wednesday, September 8, starting at 10:30 am.** Members of Temple Beth El of Salinas are invited to join us either online or in our Sanctuary.

On Sunday afternoon, **September 12 at 4:00**, the weekend between Rosh HaShanah and Yom Kippur, we will be holding a short community memorial service in our CBI Cemetery Gan HaZikaron.

Kol Nidre services begin Wednesday evening, **September 15, at 7:00 pm.** Our main morning Yom Kippur service begins **Monday at 10:00 am**, followed by our outdoor family and children's service at **12:30 pm.** Starting at **1:30**, Beryl Levinger will lead a Yom Kippur discussion. The afternoon service begins at **3:00 pm**, the Yizkor service at approximately **4:45 pm** and a closing service begins at approximately **5:30 pm.**

Again, all services will be in person in our sanctuary/social hall for those who are fully vaccinated, or online for those who are not vaccinated or who choose to participate virtually rather than in person. **NO TICKETS are needed** for our Holy Day services, however, we ask that you register in advance with Abby at the CBI office. If you have not previously provided proof of vaccination, please do so ahead of time. Military personnel, other guests, and those under 21 years of age are all welcome. Of course CBI gladly accepts donations to help defray Holy Day costs which this year included upgrading security and technology.

Following our closing service we will break the fast with challah and a variety of beverages.

We wish everyone L'Shanah Tovah, Happy New Year.



## Jewish Food Festival

*Continued from page 1.*

- Our members have been very kind in giving time and effort to previous festivals. Please help us out again! Please include the

task for which you would like to volunteer. See all the available volunteer opportunities on page 11. You can send an email to either Gary Simon, [GarySimonMonterey@gmail.com](mailto:GarySimonMonterey@gmail.com) or Susan Greenbaum [greenbaumcarmel@sbcglobal.net](mailto:greenbaumcarmel@sbcglobal.net)

- Become a sponsor by contacting Abra Teitler [AETJN@aol.com](mailto:AETJN@aol.com) or click here [Become a sponsor](#)

Whether you are a volunteer, baker, sponsor, or customer, thank you to everyone who participates to make this event such an amazing day!

*Malina Breaux  
JFF Chair*



## CBI Interest-Free Loan

Because of the generosity of an anonymous donor, CBI is now offering interest-free loans up to \$500 for CBI members. Please contact our Administrative

Assistant, Abby King, or Rabbi Greenbaum at 831-624-2015 and ask for the simple, one-page loan application. Loans will be made for both personal and professional needs. All requests will be kept confidential. Our congregation is here to support those in need during these challenging financial times.





## 2021 *Drive-Thru* Jewish Food Festival Order Form

**Order deadline - August 18th, 2021**

- Pre-order early to assure you can get all the Jewish Food you need. There is a limited supply, and we expect to sell out.
- On August 22, 2021, between 10AM and 3PM, come to Congregation Beth Israel at 5716 Carmel Valley Rd, Carmel to pick up your order.
- Bring your ID to confirm your order.
- You will drive from booth to booth while your order is filled by friendly, masked volunteers. You never have to leave your car.
- Once your order is complete, you can head home with The Best Jewish Food the Monterey Peninsula has to offer. Enjoy!

<b>Bakery Booth</b>	qty	price	total
Rugalach (Baker's Dozen)		\$ 15.95	
Cookie Sampler (Baker's Dozen)		\$ 15.95	
Rye Bread (sliced 1.5 lb loaf)		\$ 8.95	
Challah Traditional		\$ 7.95	
Challah Round		\$ 7.95	
<b>Latke Booth</b>	qty	price	total
Latke (3)		\$ 6.95	
<b>Deli Booth</b>	qty	price	total
Pastrami Sandwich		\$ 14.95	
Corned Beef Sandwich		\$ 14.95	
Chopped Liver (3 oz)		\$ 6.95	
<i>Pre-order only:</i>			
Pastrami by the pound		\$ 19.95	
Corned Beef by the pound		\$ 19.95	

<b>Dairy Booth</b>	qty	price	total
Kugel (12 oz)		\$ 6.95	
Knish (1)		\$ 6.95	
Cheesecake (slice)		\$ 4.95	
Matzah Balls (3)		\$ 3.95	
<b>Drink Booth – Dr. Brown's</b>	qty	price	total
Black Cherry		\$ 2.75	
Black Cherry - Diet		\$ 2.75	
Cel-Ray		\$ 2.75	
Cream Soda		\$ 2.75	
Cream Soda - Diet		\$ 2.75	
Shopping Bag: Free with \$75 purchase		\$ -	Free
Cookbook: Free with \$100 purchase		\$ -	Free
<b>TOTAL</b>		\$	

NAME \_\_\_\_\_ PHONE # \_\_\_\_\_

EMAIL \_\_\_\_\_ I've enclosed a check for \$ \_\_\_\_\_

Please mail your check to Congregation Beth Israel, 5716 Carmel Valley Road, Carmel CA 93923



# Become a Volunteer

Our members have been very kind in giving time and effort to previous festivals. Please help us out again! Listed below are the options. You can send an email to either Gary Simon, [GarySimonMonterey@gmail.com](mailto:GarySimonMonterey@gmail.com) or Susan Greenbaum, [greenbaumcarmel@sbcglobal.net](mailto:greenbaumcarmel@sbcglobal.net) . Please include the task for which you would like to help.

OUR NEEDS	WHEN	WHERE	# NEEDED	NOTES
Challah baking	July 25, 10 am to 1 pm	CBI kitchen	3	Bakers need to show proof of vaccination for Covid (only once) and masks need to be worn throughout the baking sessions.
Strudel baking	August 8, 10 am to 1 pm	CBI kitchen	4	
Friday Packaging	Friday, August 20, 10 am to 4 pm	Social Hall	20	Package cookies, chopped liver, matzo ball, cheesecake, blintzes, knishes. This is a sitting job.
Saturday Packaging	Saturday, August 21, 1 pm to 5 pm	Social Hall	25	Package cookies, chopped liver, matzo ball, cheesecake, blintzes, knishes. This is a sitting job.
Parking Assistance	Sunday, August 22, 9:00 – 10:00 am	Lower Lot	2	help guide our other volunteers to park in our lower lot. Adults only, please.
Latkes booth	Sunday, August 22, 9:30 am to 5:30 pm	Lower lot	4	primarily to help in packaging latkes
Volunteer Lunch Service	Sunday, August 22, 11:00 am- 2:00 pm	Lounge	4	Serve and clean-up lunch area for volunteers
Give-away Tables	Sunday, August 22, 9:30 am to 3:30 pm	Front parking lot	4	Give out cookbooks, bags, and CBI information at table 1 and collect completed order forms and give out napkins and forks at table 2.
Booth teardown	Sunday, August 22, 3:00 pm to 6:00 pm		8	Break down and store booths.
Monday cleanup, including inventory	Monday, August 23, 10 am to 1:30 pm	Where needed	8	



## Jewish Food Festival 2021

The Jewish Food Festival has been the signature event for Congregation Beth Israel. No other has done more to open the temple to the citizens of Monterey County – Jews and non-Jews alike.

The Food Festival Planning Committee has made the hard decision to change the format and have a “drive-thru” Festival this year. It is our hope that 2022, we will be able to bring the Food Festival back in its full glory.

Sponsor Benefits	Gourmet \$5000 +	Connoisseur \$2500 +	Foodie \$1000 +	Epicure \$500 +	Chef \$300 +	Sous Chef \$150 +
Booth Sponsorship	*	*				
Logo with Link on JFF Web Page	*	*				
Personalized Sponsor Sign at JFF	*	*	*			
Recognition on Festival Facebook	*	*	*			
Recognition on JFF Web Page	*	*	*	*		
Recognition on Sponsor Poster	*	*	*	*	*	*
Recognition on Festival Order Sheet	*	*	*	*	*	*

Email [foodfestival.cbi@gmail.com](mailto:foodfestival.cbi@gmail.com) or Call Malina 831.601.5791 or ~~Abra~~ 831.601.5773 with questions.

I wish to become a sponsor of the 2021 Jewish Food Festival at the level indicated below:

<input type="checkbox"/> Gourmet	<input type="checkbox"/> Connoisseur	<input type="checkbox"/> Foodie
<input type="checkbox"/> Epicure	<input type="checkbox"/> Chef	<input type="checkbox"/> Sous Chef

Name to be listed in festival materials: \_\_\_\_\_

Email and/or phone #: \_\_\_\_\_

### Payment Options:

- Please make your check payable to Congregation Beth Israel and return with this completed form to Congregation Beth Israel, 5716 Carmel Valley Road, Carmel, CA 93923.
- Please charge my credit card:
- Name on Card \_\_\_\_\_ Credit Card # \_\_\_\_\_  
Expiration Date: \_\_\_\_\_ CVV# \_\_\_\_\_
- Click the Donate Button at [www.carmelbethisrael.org](http://www.carmelbethisrael.org) and include JFF in the description
- Or call the temple office (831-624- 2015)

NOTE: Congregation Beth Israel is a 501.c.3. Your sponsorship may be deductible for tax purposes.

Jewish Food Festival –  
Congregation Beth Israel  
5716 Carmel Valley Road,  
Carmel, CA 93923  
831.624.2015

# How to Make Round Challah for Rosh Hashanah

Makes 4 Loaves

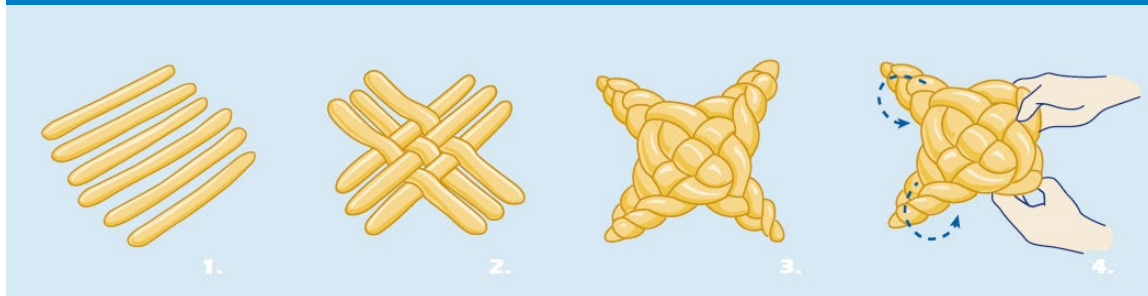
- 2 tablespoons dry yeast
  - 2¼ cups (500 ml) lukewarm water
  - ½ cup (100g) sugar
  - 4 eggs, beaten, plus 2 yolks for glazing
  - 1 tablespoon salt
  - ½ cup (125 ml) vegetable oil
  - About 9 ¼ cups (1 1/3 kg) flour
  - Poppy or sesame seeds (optional)
1. Dissolve the yeast in the water with 1 teaspoon of the sugar. Beat well and leave 10 minutes, until it froths.
  2. In a very large bowl, lightly beat the eggs. Then add the salt, sugar, and oil and beat again. Add the frothy yeast mixture and beat well. Now add the flour gradually, and just enough to make a soft dough that holds together, mixing well, first with a large spoon, then working it in with your hands. Knead vigorously for about 15 minutes, until it is very smooth and elastic, adding flour if the dough is too sticky. Pour a little oil in the bowl and turn the dough, so that it is greased all over. Cover the bowl with plastic wrap and put it in a warm place to rise for 2-3 hours, or until it has doubled in bulk. Punch the dough down and knead again, then divide into four pieces to make 4 loaves.
  3. Follow the directions below to shape each loaf
  4. Place the 4 loaves on well-oiled baking sheets, leaving plenty of room for them to expand, then leave to rise for 1 hour, or until doubled in bulk. Now brush gently with the beaten egg yolks or if you want to sprinkle with poppy or sesame seeds, brush first with the whole beaten egg (the seeds stick better if the white is there too). Bake in a preheated 350° F (180°C) oven for 30-40 minutes or until the loaves are beautifully golden-brown. They are done if they sound hollow when you tap the bottoms.

## Variations for Sweet Challahs:

- Add ½ cup (125 ml) honey to the beaten eggs.
- Add ¾ cup (100 g) raisins and knead them into the dough after it has risen and been punched down.

*Reprinted The Book of Jewish Food: An Odyssey from Samarkand to New York, published by Knopf.*

## DIRECTIONS FOR BRAIDING



1. Shape the dough into six strands of equal length.
2. Lay three strands horizontally on a floured surface, then weave the other three strands into them vertically. Lift the bottom strands as needed to weave the top strands in. The ends of the strands will stick out.
3. Now braid the ends together on all four sides.
4. Gently tuck the braided edges underneath the middle section. *Voila!* A round challah!



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Victor & Rena Feuerstein: In memory of Edward  
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### Rabbi's Discretionary Fund

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Ellyn Gelson: July Birthdays & Anniversaries  
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 good health  
 Susan Schwartz: in memory of my parents Seymour &  
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# HAPPY BIRTHDAY

Sandra Kohn	2	Charlotte Salomon	17
Victor Feuerstein	3	Jill Sleeper	17
Gordon Freedman	3	Galena Bordetsky	18
Astrid Holberg	3	Micah Sun-Suslow	18
Bruce Neben	5	Selina Glater	19
Herbert Stern	7	Ben Kaatz	21
Bari Tolliver	8	Stephen Ryter	21
Miriam Lyons	9	Gerrick Bergsma	22
Stanley Weiss	9	Barbara Lipman	23
Lisa Kohn	10	Steven Prager	25
Mindy Western	10	Sylvia Krimsley	26
Beth Helfont	11	Ryan Dicus	28
Victor Krimsley	14	Robert Kohn	29
Elias Pelc	14	Marlene Maier	30
Yvonne Ascher	15		

# HAPPY ANNIVERSARY

Gordon & Amanda Freedman	1
Andrea & Noel Carr	4
Rabbi Bruce & Susan Greenbaum	4
Ronald & Darcie Kroll	4
David & Laurie Benjamin	6
Robert & Raya Hoskinson	7
Ilana & Ari Entin	8
Larry Solow & Sharon Neumann-Solow	11
Michael & Debora Waxer	11
Nick & Aline Harris	15
Grant & Melanie Rosen	15
Marsha & Brian Kelly	27
Jim Gumberg & Nina Patane	31
Carlos Ramirez & Lisa Kroopf	31
Ellie Sorkin & Deborah Stewart	31

# Family News

***We Mourn the loss of:***

**Longtime member Sandra Kahn and**

**Former member Susan Franklin**

***May their memories be for a blessing.***



**Thinking about  
honoring a loved one  
or special occasion?**

**Consider a plaque at CBI**

A leaf on our Tree of Life

\$180

A Yahrzeit Plaque in our sanctuary

\$360.00



# Congregation Beth Israel

## August 2021

### Av ~ Elul 5781

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6 6:00 PM Outdoor & in Person Shabbat Service with Birthday Blessings, also on	7 10:30 AM Shabbat Morning Service when Jonny Goldberg becomes a Bar Mitzvah 
8	9	10 I-Help Fundraising Day  7:00 PM CBI Executive Committee Meets	11   12:00 PM Lunch with the Rabbi at Baja Cantina	12	13  6:00 PM Outdoor in person Erev Shabbat Service, also on	14 10:30 AM Torah Study @ CBI also on  7:00 PM Havdalah on Carmel Beach 13 <sup>th</sup> below Scenic
15  7:00 CBI Annual Meeting	16	17	18   Deadline for Jewish Food Festival online orders	19	20   6:00 PM Outdoor in person Erev Shabbat Service, also on	21 10:30 AM Torah Study @ CBI also on  1:00 PM Best Years – JFF packaging
22 10:00 AM TO 3:00 PM Jewish Food Festival – Drive Thru. 	23	24	25	26	27  6:00 PM Outdoor in person Erev Shabbat Service, w/ Anniversary Blessings, also on	28 <b>SELICHOT</b>  7:00 PM 2 Study Sessions 9:00 PM Service
29 Teacher Orientation	30  Deadline for member reservations for in person High Holy Day services	31  7:00 PM CBI Board of Trustees Meets	1  12:00 PM Lunch with the Rabbi at Baja Cantina	2	3  7:30 PM Indoor in person Erev Shabbat Service w/ Birthday blessings also on	4 10:30 AM Torah Study @ CBI also on

# Helping Kids Create Resolutions for the New Year

[Rosh Hashanah](#), the beginning of the Jewish year is almost here! With a new year comes new resolutions and goals—but do kids, especially little ones, really understand what this means? Young children may not really grasp the concept of starting a new year, let alone a Jewish year versus a secular year, but they can understand [being kind to siblings](#), [sharing with friends](#), [solving problems](#) and [trying harder](#).

The activities below can help your children think about things that have happened over the past year. What are the happy and sad moments that stand out? What are the big moments? While focusing on the many wonderful things that have taken place, encourage your children to think of how they can make next year even better than the last.



## LETTER TO YOURSELF

The simple act of writing a letter to yourself that you seal and open the following year is a great way to recognize changes over the year and see if you've stuck to your goals. Parents and kids can all get some value out of this exercise. Parents might be a little more practical in their goals and resolutions, while kids might just enjoy hearing something they said a year ago, since children change so much in the early years. And if children are too young to write the letter themselves, of course they can always dictate to you.

## RESOLUTION STICKS

For a more tangible way to help keep resolutions in mind throughout the year, try making a visible collection of resolutions. You could write them on popsicle sticks or on little flags using scraps of paper attached to recycled plastic straws. Parents and kids can even pull a certain stick out of the jar every once in a while as necessary to help hold each other to the resolutions.



## KIDS COACH

Coming up with resolutions is a great activity for the whole family, so be a resolution role model and have your children help suggest resolutions for you. Together you can narrow down the list to the two or three most reasonable ones. Just as you would do for the kids' resolutions, keep things positive. Talk about the good things from the previous year as a way to open up a discussion about what could be even better in the coming year.



## **Torah Connections:**

**Vol. 159      August 2021, 5781**

By Michael L. Waxer

### **36, a profound number**

The book of Devarim takes place in 36 days, and the first word of this final book of Torah, *Aleh*, happens to also add up to 36.

*“These are the words... (Aleh devarim...)”*  
(Deuteronomy [Devarim] 1:1, portion)

This tool, called **gematria**, is easy to understand, as each of the Hebrew letters corresponds to a number. The first letter, *aleph*, is 1, second letter, *beyt*, is 2. Once you hit the tenth letter, *yud*, which is 10, it then counts by tens, so the eleventh letter, *kof*, is 20. Once you get to 100, which is *kuf*, the last three letters count by hundreds, so *reish* is 200, *shin* is 300, and *tav* is 400.

When studying Torah it can be helpful to not just understand the literal meaning of a word, the **pshat**, but also its context, and where has the word been used before? We also endeavor to understand Torah seeing the story as a metaphor, known as the **remez** level of understanding.

Beyond these methods there is a **drosh** level, which is sometimes described as filling in the empty spaces between the words, and then there is a kabbalistic or secret level called **sod**. When these four levels are put together, their first letters form an acronym, **PaRDeS**, which means ‘orchard’ in Hebrew. Using the PaRDeS method of reading and understanding Torah, one has the fundamental tools necessary to unravel its wisdom.

Gematria can be part of the drosh and sod levels of understanding, which can connect stories due to certain words having the same gematria, or number. It can also bring insight into realms that are not obvious, such as, the 42 journeys that the Israelites took through the desert that are summarized in the last portion of Numbers, happens to correspond to the number of times that the Hebrew word for love, *ahavah*, appears in Torah. This then helps us understand how these journeys, however difficult, were associated with God’s love, and that there is purpose and meaning which can transcend the physical despair.

The *Lamed Vovniks* is a bit of a legend, and those two letters add up to 36 (Lamed is 30, and the Vov is 6). The notion is that the physical world has, or needs, a minimum of 36 righteous people at any time. Without this minimum amount of goodness, the world would come to an end. This teaching comes from the Talmud, that in every generation 36 righteous greet the Shechinah (also known as the Divine Presence). As you might expect, a lamed-vovnik would not know they are one of the 36. The idea that the world needs a minimum amount of goodness may remind us of the arguments Abraham had with HaShem, regarding the pending destruction of Sodom and Gemorrah.

When Jews donate money, they will often donate in multiples of 18, because 18 is the number for *chai*, meaning life. 36 is a ‘double chai’, which is perhaps a glimpse of the dualistic nature of humanity, each of us having a physical ‘life’ and a spiritual ‘life’. This could also be represented by the number 36.

So much of our existence is wrestling with how to harmonize these two very different aspects of ourselves. If we can balance our physical needs and desires, with our spiritual goals, we have the best opportunity to harness ‘spiritual energy’ and bring this ‘light’ or ‘energy’ or ‘goodness’ into the physical world.

Just looking at this one number, 36, we have connected the 36 days of Deuteronomy, the first word of that same book, and the core amount of goodness that the world needs. This word, *aleh*, reminds us of *aicha*, the first word in the book of Lamentations, which means ‘how’. *Aicha* also adds up to 36, and its context is ‘How could this have happened?’ But this word also appears just a few verses later:

*“How [aicha] can I bear alone your troubles, your burdens, and your quarrels?”* (Deuteronomy [Devarim] 1:12)

Even more fascinating, the first time this word appears in Torah, is right after Adam and Eve eat from the Tree of Knowledge of Good and Evil, and then God calls out to them ‘*ayeka*’ – Where are you? The word is spelled the same as *aicha* but pronounced slightly differently. This word is used only 4 times in the whole Tanach, (these first word in Deuteronomy 1:1, and again in 1:12, the related word in Genesis (*ayeka*), and the first word of the book of Lamentations, and this book is known in the Hebrew as *Aicha*) and each has a relationship to the other. You could say they are biblical echoes.

A core question we ask throughout our lives, “What happened... I started with such good intentions”. And *ayeka*, where are we now that we have done this? We have distanced ourselves from HaShem, how do we rectify this? Just using these words brings to mind another association, that of us distancing and then growing nearer to HaShem. The word for sacrifices, *corbon*, actually means ‘to draw closer’.

This number, 36, represents both our failings, *aicha* (how did this happen), and also our hope, as it represents ‘double chai (life)’, and also the core goodness (the lamed-vovniks) that allow each of us to keep wrestling, to spiritually develop, which brings light and energy into our physical world. Remember, the word ‘*Israel*’ literally can mean ‘wrestle with God’.

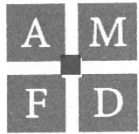
*This Torah Connection was inspired by Rabbi Trugman’s ‘Orchard of Delights’, but is the sole responsibility of the author and specifically does NOT necessarily reflect those of the Board of Trustees of CBI, CBI, its membership, Reform Judaism, or Judaism. Please send any comments to the author at: [mlwaxer@sbcbglobal.net](mailto:mlwaxer@sbcbglobal.net).*

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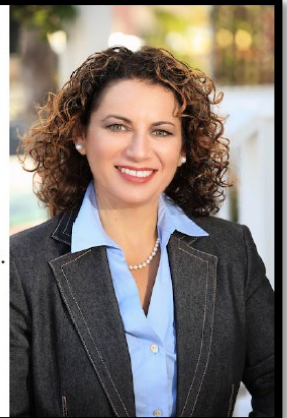
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Chartered in 1954 as the Jewish Community of the Monterey Peninsula, Congregation Beth Israel today serves the spiritual, educational, and social needs of Jews on the Peninsula. We derive programming and administrative strength from our affiliation with the Union for Reform Judaism and offer traditional programming to meet the needs of most Jews on the Monterey Peninsula. The Congregation sponsors weekly worship services on Shabbat evening and Shabbat morning; observances of all holidays and festivals; and formal educational programs from toddler through adult. We operate our own school on weekend mornings and midweek afternoons, and we also maintain a Judaic library.

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Suzanne Guinane - *Cantorial Soloist & Director of Education*  
Julie Chase - *Executive Director*  
Abby King - *Administrative Assistant/Facility Use Coordinator*  
Ruby Cohan - *Bookkeeper*

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## **Parshiot**

### **August 7, Re'eh**

**T: Deuteronomy 11:26-16:17**  
**H: Isaiah 54:11-55:5**

### **August 14, Shoftim**

**T: Deuteronomy 16:18-21:9**  
**H: Isaiah 51:12-52:12**

### **August 21, Ki Tetze**

**T: Deuteronomy 21:10-25:19**  
**H: Isaiah 54:1-10**

### **August 28, Ki Tavo**

**T: Deuteronomy 26:1-29:8**  
**H: Isaiah 60:1-22**

