



Upcoming

EVENTS

MIZPAH WORSHIP AND STUDY

Sundays	Machanooga	9:30 am
Wednesdays	<i>Mussar</i> (schedule ZOOM with Rabbi Lewis)	7:30 am
	Mizpah Hebrew School Monthly Meet Up (25th)	5:00 pm
Thursdays	Adult B'nai Mitzvah class	6:30 pm
Fridays	<i>Shabbat</i> worship services	6:00 pm
	March 3rd: Shabbat Services and Dinner	6:00 pm
	March 17th: Shirei Shalom: Sabbath of Song	6:00 pm
Saturdays	Torah Study (breakfast prior)	9:15 am
	<i>Shabbat</i> worship services	11:00 am

SPECIAL EVENTS

Sunday, March 5:	Purim Carnival - Feinstein Hall	10:00 am
Monday, March 6:	Joint Mizpah and B'nai Zion Purim <i>Megillah</i> Reading and Trivia	6:00 pm
Wednesday, March 15:	MHS Meet-up at Greenway Farms	6:00 pm
Friday, March 17:	Shirei Shalom: Songs and Peace	6:00 pm
Saturday, March 18:	On the Chocolate Trail: Rabbi Deborah Prinz	4:00 pm
Sunday, March 19:	Youth Group goes Bowling	1:00 pm

Mizpah Programming Committee presents...

ON THE CHOCOLATE TRAIL

A Presentation by **Rabbi Deborah R. Prinz**. Rabbi Prinz has written extensively on Jews in the chocolate trade. She explores the history of Jewish bread as one of "survival of the Jewish people."

Bring your favorite chocolate treat to share

Saturday, March 18th

4:00 pm

Feinstein Hall

ON THE Chocolate TRAIL

A Delicious Adventure
Connecting Jews, Religions,
History, Travel, Rituals and
Recipes to the Magic of Cacao



RABBI DEBORAH R. PRINZ

A MESSAGE FROM YOUR PRESIDENT...

28 Shevat, 5783
February 19, 2023

Dear Fellow Congregants,

Being your president has been such an honor, but I was not prepared for the kind of meetings I am now privileged to attend. Our Board of Trustees is made up of extremely bright, educated, financially aware members who are managing our funds in the safest yet most effective way: **Flossie Weil, Sandy Dittus, Bob Berz (chair), Gary Chazen, and Jimmy Levine**. Our Cemetery Board regularly checks for damage, and deals with perpetual care of all graves. We can certainly claim one of the most beautifully maintained cemeteries in the city thanks to **Dana Banks (chair), Donna White-Dropkin, David Israel, Gary Chazen, and Andy Stone**.



Vicki Lewis

By the time you read this, we will have completed our first Shabbatery/Lottery. Hopefully, it will return soon by popular demand. Our programming has been varied, informative, and interactive. If you missed an evening with **Sgt. Ernest Crow** (See photo below), you missed a fascinating story about a hero who is outside our building, protecting us, every Friday night. And in March, we have so many exciting events planned the first weekend. In addition to our wonderful First Friday Family Shabbat on March 3, a Purim Carnival on Sunday the 5th, and Joint Purim Spiel and Trivia on Monday at 6:00 pm. And Purim is so much fun! Come to something that weekend.

THEN, on the 11th there will be Havdallah at the Creative Discovery Museum. I remember going to this service a few years ago and met Rabbi and Jen Lewis, and Eden. The CDM has recently completed many renovations through the leadership of former Mizpah President, **Henry Schulson**. If you have not been there in a few years, this would be the evening to come. AND, on Saturday, the 18th at 4:00 pm, we are having a wonderful afternoon for chocolate lovers, and those who are interested in the relationships and history of Jews to chocolate. Fascinating! See p. 1 for the details.

Rabbi Lewis and I want to hear from those of you who have - for various reasons - become less active. We are scheduling small focus groups, coordinated by our Social Action chair, **Deb Dubow**, who works professionally in group consensus planning. This is your opportunity to tell us what you would like to see happen in the future for Mizpah!! We are starting with our younger members - who are our future. If you are interested in participating, please email me at lewisvicki75@gmail.com. If you are asked, please say yes.

One more very important request! This year is flying by, and Passover will be here before you know it. Our Traditional Family Seder will be on Wednesday, April 5, at 6pm. And just like you used to help with your families when you celebrated at home, we need you to help us celebrate here at Mizpah. Do you have a favorite matzah kugel recipe that you would be willing to make? Can you make and freeze matzah balls? What about your favorite Passover dessert? What about setting the tables? Many hands make light work! Please contact me at lewisvicki75@gmail.com if you are willing to help.

L'dor va Dor - From Generation to Generation
Warmly, **Vicki**



Jed Mescon
interviews Sgt.
Ernest Crow for
Intriguing
Conversations

A MESSAGE FROM YOUR RABBI...

The month of March begins with the great holiday of Purim, sometimes known as the “festival of masks.” This may just be the perfect month for Purim since March “comes in like a lion and out like a lamb.” That is to say, the month has two distinct identities, acting as a bridge between the violent Winter weather and the gentler Spring. And we could wonder, “which is the mask?” Is March a lion later pretending to be a lamb, or vice-versa. If the Purim story from the Book of Esther is our guide, the latter must be the case, as the true identity, like Esther’s, is revealed at the end. So, March must be the gentle lamb, masquerading as a lion. In its heart is an invitation to April showers that will bring about May flowers, but following February, March cannot immediately reveal its purpose. So, is it a lion or a lamb? Again, guided by the Book of Esther, we conclude, it is actually both. A mask does not necessarily hide the wearer’s identity. It can actually serve to reveal some hidden part of the wearer’s being. As Oscar Wilde writes, “Give [a man] a mask, and he will tell you the truth.” In the story of Esther, she is the fairest maiden in all of Persia, though timid and unsure of herself. She never stops being Jewish, though her “mask,” allows her to access courage which had been hiding dormant inside of her. Underneath her mask, she becomes emboldened, discovers her powerful truth, and exercises her greatest strength when the mask comes off. Every aspect of Esther’s being is unified as the beautiful, brave, strong, Jewish woman who, as Queen of Persia, can wield power to save her people. Esther’s mask reveals more than it hides, and for the better. On the other hand, a mask can allow less desirable traits to emerge. A midrash about the wicked Haman tells us he had very humble, if not noble beginnings as a hairdresser (BT Megillah 16a). While there is nothing wrong with ambition, Haman’s desire for political influence is fueled by an authoritarian impulse. He masks his ordinary origins and positions himself as an adviser to the King. With his meeker persona hidden from view, he leverages his position to attempt genocide against a people who will not bow to him. The midrash ultimately strips Haman of his mask when he is forced to dress and style Mordecai for a royal parade. And here is the twist, the ultimate lesson: Mordecai reassures Haman that it cannot be that bad returning to his former self. At this point in the story, the worst has not happened. With some reflection, Haman could recognize the ugliness his mask has revealed. Unfortunately, he chooses the path of wickedness over the path of return. We can learn from this story to be ever-conscious of what we reveal when we wear a mask, and if, like Esther, we reveal our better faces, we embrace the discovery. But, if the mask helps us discover things we do not like, we have a chance for change. The mask may reveal truth, but like Esther, we control our destiny.



Rabbi Craig Lewis

Have a Happy Purim and a wonderful March.

May it be more like lamb than lion.

Rabbi Craig Lewis



**PURIM
&
TRIVIA NIGHT**

MONDAY, MARCH 6
FEINSTEIN HALL
6:00PM - MEGILLAH READING
7:00PM - TRIVIA WITH NERDY TALK

MIZPAH CONGREGATION YAHRZEITS - February 26 - April 1, 2023

February 26-March 4	March 5-11	March 12-18	March 19-25	March 26-April 1
Robert Haesloop	Harold Birghenthal	Rose Angel	Ida "Skeedie" Deitch	Betsy Flammer
Beatrice Kaplan	Minnie Lorberbaum	Dora I'Vovna	Sadie Liberman	Bill Flammer
Robert Miller	Marian Schlacter	Belinskaya	Hannah Cohen	Beau Gage
Iphigene Ochs Sulzberger	Harold Schwartz, Jr.	Marilyn Belle	Betty Kass	Jerome Shaffer
Lillian Rechtweg	Wallace (Wally) White	Aaron Michael	Ruth Schulson	Marie Smith
Ruth Regenbaum	Herman Geismar, Sr.	Brodsky	Benjamin Solomon	Frieda Coplon
Roselyn Reisman	Harry Moore	Billie Lou Coulter	Theodore Berz	Sarah Rebecca Edelman
Benjamin Shapira	Micol Schejola	Leone Lerner	Julius Chazen	Sam Goldberg
Marilyn Simonds	Rebecca Schwartz	Gerald Levine	Mathew Lipworth	Pat Mittenthal
Florence Burk Milder	Elsie Wertheimer	David (Duvy)	Steven Mallen	Bernard Ross
Louise Mittenthal	Weill	Richelson	Gertrude Stoller	Irma Ross
Edwin Nachbar	Jonathan Belle	Esther Goldblatt	Isaac Wassman	Julius Cohn
Bernard Pollack	Carlos Dominguez	Henry Maurice (H.M.)	Samuel Weber	Harry Levin
Jay Silverstein	Eleanor Burstein	Poss	Herman Metsky	Anna Raisin
Andy Wear	Alvin Shuckman	Frances Brandt	Stella Thomas	Seamour Shavin
Elaine Laband	Annis Effron Goelman	Nina Colbert	Fannie Center	Dena Ariel Schwartz
Joan Lodge	Walter Gottlieb	Ruth Katzman	Harris A. Gould	William Ziv
Sidney Steinau	Margaret Levine	Morris Feldman	Belle Perlman	Jan Mickler
Betty Weill Long	Bessie Metsky	Bernice Shalett	Eve Levine Shenkan	Rosalind Pap
David Weill, Sr.	Michael Steven	Richard Henry Shaw	Sarah Wassman	Abraham Saul Eisen
Mary Sorkin Young	Minnen	Estelle Levine	Anna Cohn	Anne Garry
Jordan James	Kate Robbins	Morris Ettkin		Ezekiel Ryan Kelman
Julius Miller	Jose Weksler	Isabelle Feintuch		Joan Koplan
Myrtle Lachman Kahn	Joyce Levis Goldfarb	Edward Shalett		David Merren
Louis Meyer	Phyllis Niman Metsky	Howard Young		Barbara Nadel
Martin Cohn	Minora Pearson	Max Brener		Rose Stock
Selma Lencer	Howard	Al Freiberg		Paula Dropkin
Blanche Rayor	Herman Saul Raisin	Louis Nathan Howard		Donald Gold
Patti Ann Schwartz		Maurice Kaplan		Lydia Gold Kaset
		Edward Benjamin		Werner Widman
		Shalett		
		Sara Stone Kaplan		

The *S.S. Adolph S. Ochs* (1943-1968) was a "Liberty" ship, a merchant vessel. Built in only 24 days, the *Ochs* carried grain from Canada to Britain and iron ore from Cyprus to Germany. It also called on South American ports. The U.S. Maritime Commission mass-produced 2,700 Liberty ships to transport cargo and troops during World War II. Many were named after prominent Americans such as Mr. Ochs. He was among a handful of Jews honored with namesake Liberty ships.



Following decommission, the nameplate was presented in 1973 to Och's daughter **Iphigene Ochs Sulzberger** (1892-1990). Her February 26 - March 4 yahrzeit is above. The nameplate is on display in the Museum of the New York Times, the paper founded by Mr. Ochs, who also founded the Chattanooga Times, and was the principal benefactor of our Mizpah Temple.



Machanooga presents a Purim Carnival and Mario Brothers Spiel!

\$5 suggested
donation

Sunday, March 5
9:30 AM - Noon
Mizpah Congregation

Carnival Games, Prizes, Inflatable Slide,
Cotton Candy, popcorn, and
the Purim Story through a FUN spiel.

Happy Purim
חג פורים שמח



Open to the
Jewish community
for ages 1-120!

BIRTHDAYS

March 1

Doris Goldstein

March 2

Beth Bledsoe

Mike Birghenthal

March 4

Israel Goldberg

Scott Israel

March 5

Bea Long

Flossie Weill

March 6

Max Brener

March 8

Sanford Winer

March 17

Amy Cohen

Laura Israel

March 15

Louise Spector

March 16

Betsy Brouner

Eli Binder

Joshua Weiss

March 17

Stefanie deOlloqui

Steve Cohn

March 18

Diane Stoller

March 19

Michael Brody

March 20

Arthur Gordon

March 21

Carol Cohn

March 22

Susan Caminez

March 23

Jerry Finkle

March 25

Charles Rosenthal

John Brooks

Ellyn Brooks

March 26

Ron Wiley

March 27

Ted Feintuch

March 28

Jay Shaffer

March 29

Zachary Israel

Douglas Dodson

March 30

Steven Schwartz

March 31

Jesse Rosenthal

Edie Lipman-Weiss

ANNIVERSARIES

March 2

Todd and Rebecca Levin

March 8

Scott and Laura Israel

March 11

John and Tracy McCarley

William and Bridget Fischer

March 12

Gilbert Travis and Nancy Greenblum-Travis

March 13

Charles Dupree and Carol Berz

March 16

Rachel Nelson and Adam Riggs

March 23

Max and Susan Brener

Louis and Deana Brody

March 26

Julian and Anita Saul

It's time to take a tour along the **Chocolate Trail** as we explore some surprising, sweet, Jewish connections through cultures and countries. Get ready to pick up some amazing recipes along the way with our tour guide, **Rabbi Deborah Prinze**. Make sure you wear the right hiking shoes.

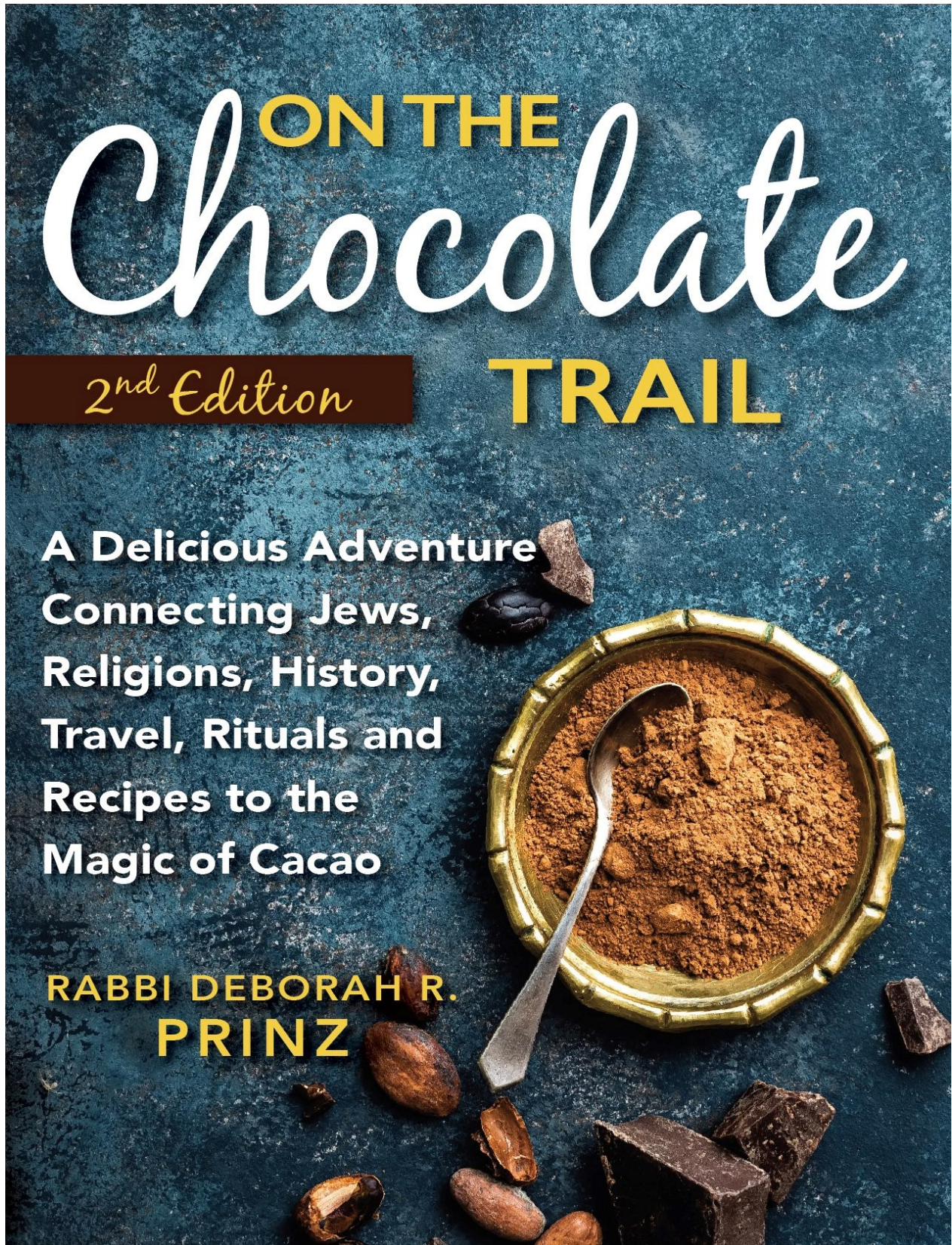
Saturday, March 18th 4:00 P.M.

Mizpah Feinstein Hall

ON THE *Chocolate* **2nd Edition** **TRAIL**

**A Delicious Adventure
Connecting Jews,
Religions, History,
Travel, Rituals and
Recipes to the
Magic of Cacao**

**RABBI DEBORAH R.
PRINZ**



MIZPAH FUNDS: YOUR DONATIONS ARE GREATLY APPRECIATED!

DONATIONS *(Received by the 15th of prior month) Consider \$18 - "chai" - the minimum donation*

Archives
Building
Capital Campaign
Cemetery
Educator
Endowment
Flower
Garden of Life
Goldman/Moses
Mary W. and Jacob L. Levine

Leadership Development
Library
Miller/Lefkoff
Marks Memorial
Mazon (Feed the Hungry)
Miller/Schwartz
Music
NFTY (Youth Group)
Operating
Oneg

Prayer Book
Physical Property
Religious Activities
Rabbi's Discretionary Fund
Rabbinic Endowment
Rita Russ Speer
Religious School
Social Action
Staff Support
Kindertransport Chapel

Operating

In Memory of Rosalyn Vogel

Karen Diamond and Clark White

In Memory of Sonia Young

Karen Diamond and Clark White

Bernie and Virginia Frogel

In Memory of David Sachsman

Karen Diamond and Clark White

In Memory of Abe Spector

Louise Spector

In Honor of Bev Coulter

In Memory of Stan Smith

In Memory of Karen Simon

In Memory of David Sachsman

In Memory of Howard Levine

David and Susan DiStefano

In Honor of the Bat Mitzvah of Lilah Parker

Scott and Laura Israel

In Memory of Irwin Karp: Yitzhak Shmeul Ber

Yehuda Tzvi

AquaShield Inc.

Rabbi's Discretionary Fund

In Honor of Rabbi Craig Lewis

Warren Posternack and Marilyn Goler

In Memory of Sonia Young

John and Ellyn Brooks

In Memory of Arline Dubow

Thomas Lyons and Debra Dubow

Endowment

In Memory of Rosalyn Vogel

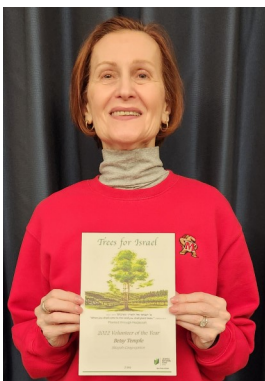
For a Speedy Recovery of Sally Chazen

For a Speedy Recovery of Steve Coulter

David and Finette Winer

Good News and Mazal Tov to...

...**Rabbi Ken Kanter**, seen here with 40+ years and counting friend **M.J. Levine**, who was our Mizpah guest Scholar-in-Residence.



...**Betsy Temple**, who in January was honored by the Federation as Mizpah Volunteer of the Year. Betsy works tirelessly in the Garden, the Library and preparing food for Torah study.

...**Nancy Travis**, at right, celebrating her Dad **Leo's** 99th birthday, with her daughter, **Alexis**.



...**Ruth Longway**, shown here with her Mom, **Ina**, who recently celebrated her 98th!

A message from your Temple Administrator...

Dear Members and Friends,

I hope this newsletter finds you all well. I wanted to take a moment to provide an update on some ongoing projects in our synagogue. As you may know, we have been working on enhancing our security measures, including installing security doors. While progress has been made, we are still waiting on the delivery of the crash bar to complete the installation. I call every few days to see where we stand and at this point we just wait for it to arrive.

Another ongoing project is the installation of our upgraded fire panel. While this is still a work in progress, we are confident that it will be completed soon. Safety is of utmost importance to us, and we want to ensure that our synagogue is equipped with the necessary equipment to prevent and handle any emergency situations. On a positive note, I am pleased to report that our sanctuary has not experienced any leaks or other water-related issues. Maybe this last fix was the one. We will continue to monitor the situation closely.

Our dinners and activities continue to grow in attendance. We are glad to see people coming into the building more and more. In personal news, I wanted to share that my nine-month-old grandbaby, Zaddik, is growing up so quickly. It is such a joy to watch him grow and develop. He is our little Angel. Additionally, my husband Karl will be racing for the first time this year in March. Pictures to come next month.

Thank you for your continued support and involvement in our synagogue community. Please feel free to reach out to me with any questions or concerns.

Best regards,

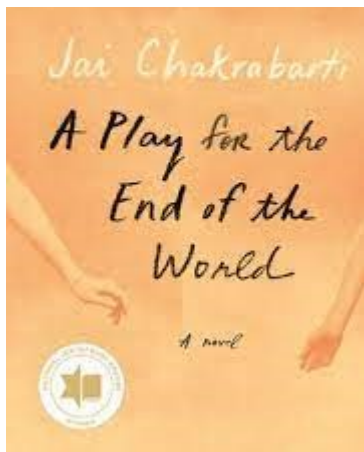
Your Temple Administrator, **Angela Rickert**



Bev Coulter received the American Heart Association / Chattanooga Survivor of the Year Award at this year's Heart Ball. In Bev's words:

Stress cardiomyopathy - also know as "broken heart syndrome" was my issue. It's a big deal for women of menopausal age to be aware of. Stress management is key to ongoing survival.

*Pictured here are **Bev and Steve Coulter**.*



BOOK CLUB MEETS MARCH 19th

The Mizpah Book Club will meet at 10:30 am, Sunday March 19th, at the home of **Hope Flammer and Jay Shaffer**, 504 Lindsay Court. We are reading: *A Play for the End of the World*, by Jai Chakrabarti.

A dazzling novel—set in early 1970's New York and rural India—the story of a turbulent, unlikely romance, a harrowing account of the lasting horrors of World War II, and a searing examination of one man's search for forgiveness and acceptance.

Contact Amy at amyjcohen@gmail.com to join this literary group!



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Mizpah is a Reform Jewish Congregation. We offer worship, learning and social action / social justice programs designed to enhance our lives and improve our world. Mizpah is a welcoming congregation as we embrace interfaith couples, those of all faith-traditions and culturally-diverse backgrounds as well as families in all forms.



Find us on:
facebook®

www.MizpahCongregation.org
Office@mizpahcongregation.org
www.urj.org

Email: Office@mizpahcongregation.org
www.mizpahcongregation.org
Monday-Friday: 9:00 am - 4:00 pm
423-267-9771

Craig Lewis, Rabbi
Rabbi@mizpahcongregation.org

Vicki Lewis, President
President@mizpahcongregation.org
Angela Rickert, Administrator
Susan Caminez, Education Coordinator
Richard Zachary, Newsletter

TEMPLE OFFICERS AND BOARD

July 1, 2022 - June 30, 2023

Craig Lewis, Rabbi
Susan Caminez, Education Coordinator
Angela Rickert, Temple Administrator

OFFICERS:

President:	Vicki Lewis
VP-Administration	David Israel
VP-Programming:	Jed Mescon
VP-Annual Giving	Bev Coulter
Treasurer:	Steve Cohn
Board Secretary:	Beth Thomas
Immed. Past President:	Frank Miller

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Austin Center Holly Schwartz
Gary Chazen Amy Cohen
Bob Marlowe Jacque Nodell

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Dana Banks, Board Representative
Gary Chazen Donna White-Dropkin
David Israel Andy Stone

TRUSTEES

Bob Berz, Board Representative
Flossie Weill Gary Chazen
Jim Levine Sandy Dittus



Mizpah Board: Top row, from left: Austin Center, Rabbi Lewis, Jacque Nodell, Frank Miller, Steve Cohn; Bottom row: Holly Schwartz, Rachael Ruiz, Vicki Lewis, Beth Thomas. Not pictured: Mike Birghenthal, Gary Chazen, Bob Marlowe

MEET OUR NEW MEMBER!

Karen Bloch, a lifelong resident of Rochester, New York has moved to Chattanooga to live closer to her oldest of three daughters. Karen is an experienced piano teacher (Master of Music Eastman School of Music) who works both in her home studio and online through Skype. The internet has made it possible for her to teach students throughout the country. Since joining Mizpah, Karen has been learning to play mahjonn with the Mizpah Mahjonn Mavens. In addition to this new hobby, Karen enjoys painting, biking, swimming, ping pong, Scrabble and decorating. Karen lives in the East Brainard area with her dog, Rosie.

Karen can be reached at:
kblochpiano@gmail.com
585-419-5192

Paula Israel, Membership chair

