



A MESSAGE FROM YOUR RABBI...

As we enter 2022, let us take on the challenge to find what is joyful in life and double down on it. Now let me be clear, this is not an endorsement of hedonism or a call for overindulgence. Some behaviors can be harmful to ourselves or others. When I say “double down,” I am advising that we do things that will make it easier to live with our current challenges. The Pandemic continues to be a stressor, an ever-present stressor whether we send our kids to school, go to the store, attend the theater, or plan to go on vacation. Safety mitigation and risk-reward evaluations are constantly on our minds. The best way to combat these stresses is to proactively seek out things that bring joy.

This is part of my own philosophy on Judaism: our faith and traditions are paths toward a “good life.” The Psalmist writes, “Worship God with happiness, come before God with joy.” And so, we find those things which allow us to do these things. As Reform Jews, we each make personal calculations regarding the aspects of Jewish life that bring meaning, versus those that we find overly burdensome. We all find our own balance. I will tell you, I personally believe, as Kohelet says, “there is a time for every experience under heaven.” That means there may be Jewish observances not yet tried which can bring satisfaction. I also believe enjoyment can be found even in the face of hard times, as demonstrated through our handling of survival holidays like Purim and Passover. The same principles that enhance our Jewish lives can expand outward to our secular lives. You may be surprised by some of the following suggestions.

The least surprising suggestion is entertaining ourselves. Like my explanation of the role of wine during a wedding, we believe that joyfulness and holiness are closely intertwined. This can apply to the seemingly “little things.” I will never forget the feeling when, in 2020, the delayed baseball season finally began, I became absorbed in a losing season for my team. It was not just for love of the game, but for need to engage my mind in something exciting but inconsequential. Everyone has their different interests. In fact, I know more than a few people who, during the Pandemic, have become newly obsessed with watching Formula 1 racing. If not sports, it may be binge watching, or reading, or listening to music. No matter what it is that brings joy, as long as it does not interfere with work, education, or other life necessities, double down on release valves for daily tensions.

Another source of joy beyond entertainment is creating. Cooking and baking, even when a recipe is less than successful, can be joyful experiences, magnified when done in tandem with others. And the enjoyment continues as the creation is consumed. The same could be said of gardening, facilitating nature’s beauty or growing delicious foods. Painting, sketching, or making music too are all things which increase joy for ourselves and others. Personally, as a non-artist, I have discovered simply doodling can be a joyful distraction. So, even if you lack artistic talent, everyone has something creative they can do. The author Chaim Potok wrote in [My Name is Asher Lev](#), “Every artist is a man who has freed himself...” Creation is liberation.

The most surprising source of joy is finding productive ways to respond to grief. The line between joy and sadness can be a razor’s edge. This in no way means that we ignore grief but recognize that it can be an opportunity to sublimate an experience. Sometimes, when I counsel people who have encountered a tragedy, they ask, “What do I do?” It is impossible to offer a fully satisfactory answer to such a question at such a time. So, I first encourage the person to give themselves space and time to grieve and to know that, over time, it will become less painful. I guide them through prescribed Jewish rituals of *Kaddish and Shiva*, and encourage more personal memorials like scrapbooking, journaling, or connecting with family. Then I advise, not now, but in the coming weeks and months, to seek out some positive thing to do in response to the tragedy they encountered - acts of Tzedakah, volunteering, mentoring, or becoming a policy advocate. It does not eliminate suffering, as if anything could, but does allow enjoyment to co-exist alongside pain and diminishes its power. As we sing in Shir Ha-ma’alot, “those who sow in tears will reap in joy.”

As we carry memories of the past two years, and their challenges continue into 2022, let us all continue to focus on health and safety, and all the while, find as much joy as we can, and double down on it so it begins with us and spreads across our world and throughout this year.



Rabbi Craig Lewis

Rabbi Lewis

A MESSAGE FROM YOUR PRESIDENT...

As January begins, I was hoping that Covid would begin to fade as a topic. The majority of our congregation is triple vaccinated and we have reopened to Torah Study breakfasts and Shabbat *Onegs*. Unexpectedly comes the Omicron variant. As of this writing, I don't know where we will be as far as allowing food and drink in the building this month. I do expect that we will continue in person services and events, continuing our vaccination and mask requirements.

This is so disappointing to our planning for upcoming holidays. We have spent time working on great Purim programs. We expect them to take place, but so much is up in the air. As has been said, "Man plans and G-d laughs". It seems so true at this time. But I know we will push through this pandemic and that we will thrive in the future.

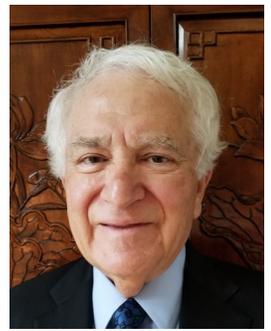
Meanwhile, **Betsy Temple** has revitalized the Garden Committee and organized the library. **June Collins** has taken our Caring Committee to a new level and has renamed it "Chesed". Our Social Action Committee lead by **Debra Dubow** is expanding its activities and is planning a January meeting to consider new projects. The Bridge Refugee Project to assist new immigrants is off to a busy start. **Vivian Hershey** will be the point person for Family Promise, which will need meals prepared for late January delivery. **Richard Waxler** is looking into reapplying for the Federal Security Grant for 2022. The Leadership Development Committee had a very productive Board program in December organized by **Lynn Howard and Amy Cohen**. We were rewarded by some excellent ideas from our younger Board members. **Richard Zachary** has organized services when Rabbi Lewis was out of town and has kept our Religious Activity calendar full. In addition the Board approved two new memberships in December.

The Executive Committee of **Vicki Lewis, Paula Israel, Bev Coulter, Beth Thomas, Steve Cohn, Alan Richelson** and I have conferred multiple times on various issues related to running Mizpah. I am so fortunate to have such an active, knowledgeable, and effective team. It has been a pleasure to work with such a group. Our professional staff of **Rabbi Lewis and Susan Caminez** have been great leaders with new ideas and bold plans for the future. Our Administrator **Angela Rickert** and Building Caretaker **Steve Smith** keep the organization and facility running smoothly.

As I look at the Covid situation and think how difficult it has made things, I realize what a privilege I have had to work with such wonderful people. It is the incredibly warm and caring Mizpah community that makes my job so rewarding.

Am Yisrael Chai
The People Israel Lives

Dr. Frank Miller
President, Mizpah Congregation



Frank Miller

WELCOME NEW MEMBERS!

Erin Lopez: "I grew up going to Mizpah and have recently moved back to Chattanooga after 16 years with my daughter **Paloma**. We live in the Southside, spend a lot of time at the neighborhood bakery & cheese shop, and love meeting new friends. "

We also welcome **Paige (Megan) Loewenthal and Lawrence McDermott**.

WELCOME TO MIZPAH! Find a committee or program you enjoy and join in!



MIZPAH CURRENT AND ONGOING COVID POLICIES:

We continue daily to evaluate the ongoing changes in the COVID world. We expect everyone who attends Mizpah to be vaccinated and to wear masks, unless eating or speaking while in a study session or on the bimah in services.

When possible, we will hold events outside. Please exercise common sense when in close contact with others. All future events will be evaluated on a individual basis. Lifecycle events will continue with certain suggested limitations. All worship and lifecycle events are on Zoom and livestream.

A MESSAGE FROM YOUR EDUCATION COORDINATOR...

I love new beginnings, opportunities for a clean slate, or basically any chance I get to elicit the feeling of starting over - whether it's the start of a new year, another birthday, a new school year, turning the calendar to the next month, or something as simple as the first page in a new notebook. The feeling that I can start again and let go of whatever came before is powerful. It's so powerful, there are books, TEDx talks, and even songs about starting over and "letting go."

So, what is it about new beginnings that I love so much? What are these little glimmers that I feel when a new month, year, special day arrives? I believe it is like a reset life button, essentially little moments of self-care and/or self-forgiveness. I can start again and do better.

I can forgive myself for the mistakes I made yesterday, last week, this past month, or past year and carry the good forward. We are our own worst critics, and these little resets are like forced mindfulness. "Forgiveness is the release of the burden in one's own heart."¹ These releases allow me to move forward.

In Judaism, you may not realize that we have many opportunities to start again. We, of course, immediately think about the High Holy Days - the Jewish New Year and our new page in the Book of Life. However, according to the Mishnah, there are four Jewish New Years: 1 Tishrei (Rosh Hashanah - the new year); 15 Shevat (Tu B'shevat - the birthday of the trees); 1 Nisan (the first month and our exodus from Egypt); and 1 Elul (the tithing of cattle). We also have Rosh Chodesh, the celebration of the new moon at the start of each Jewish month. Combine these with our secular restarts and we have almost 24 times a year we can have a new beginning. That's at least 24 times you can start that diet again, exercise more, cut back on your social media, or call your loved ones more often. Don't limit yourself to just the start of the new year! times is nice, but how about 365? Every morning is a new beginning when we start each day with *Modeh Ani*:

מִוֹדָה אֲנִי לְפָנֶיךָ מֶלֶךְ חַי וְקַיִם שְׁהַחֲזַרְתָּ בִּי נִשְׁמָתִי בְּחַמְלָה, רַבָּה אֲמוּנָתְךָ
Modeh ani l'fanecha, melech chai v'kayam, shehechezarta bi nishmati, b'chemla raba emunatecha *Modeh Ani* is our morning prayer for gratitude, but Sarah Ester Crispe writes, "...*Modeh Ani* is about much more than gratitude. The word *modeh* can mean "thank," but it can also mean "admit" or "surrender." She continues, "[s]o we begin the day with the admission that no matter who we have been up until now, today is a new opportunity to be that much more."² Every day you can start on a fresh page in your life notebook. Every day you can feel the glimmer of hope that you can be okay and move forward. Every day can be filled with self-forgiveness, self-love, and gratitude.

May your New Year be filled with new beginnings!

¹<https://www.jpost.com/judaism/torah-portion/parashat-aharei-mot-kedoshim-forgiveness-and-self-love-665959>

² <https://www.myjewishlearning.com/article/modeh-ani-its-not-just-about-gratitude/>



Susan Caminez



Machanooga

Invites the Community

To

A PURIM CARNIVAL

March 20, 2022

11:00—1:00 pm

Mizpah Feinstein Hall

Facepainting / Games / Costumes

Prizes and More!

Carnival Food for Sale

All Proceeds to Benefit Machanooga

SAVE THE DATE / MAKE PLANS NOW!



Chanukah Toddler Program

MIZPAH CONGREGATION YAHRZEITS—December 26—February 5

Dec. 26 - Jan. 1

Ann Deitch
 Samuel Leonard
 Leventhal
 Dora Neiman
 Anna Abish
 Gertrude Frank
 Ida Steinburg Gould
 Leo Leventhal
 Samuel Esbinsky
 Ruth Goldstein
 Fred Kann
 Steven Weber Scull
 David Carney
 James DiStefano
 Nettie Rose
 Al Wolff
 Jacob Bach
 Fannie Bach
 Benjamin Bissinger
 Marx Block
 Delphine Block
 Caroline Fischer
 Rebecca Etheridge
 Nina Levin
 France Goldman
 Levine
 Louis Merenbloom
 Elizabeth Raisin
 Simon Steinau
 Fannie Bar Steinau
 William Tepper

Jan. 2 - Jan 8

Mavlin Brock
 Mae Greenberg
 Kaset
 Edward Lodge
 Fred Morris
 Stephen Joseph
 Koplan
 Sol Edelstein
 Ben Lerner
 Rose Moses
 Rubin Skolnick
 Gloria Epstein
 Fershko
 David Karr
 Mark Aaron Spector
 Joy Effron Adams
 Ruth Chazen
 Louis Lebovitz
 Richard Lerner
 Harry Wise, Sr

Jan. 9 - Jan. 15

Gussie Joseph
 Rose Richelson
 Lena Brody Bloch
 Fischer
 Marsha Hiller
 Marjorie Oxman
 Tepper
 James Charles "JC"
 Bouldin
 Irving Litoff
 Frank Terzano
 Jeffrey Lawrence
 Thal
 James Bumgardner
 George Cooley
 August Gould
 Milton Longway
 Bettie Mihalovits

David Minnen
 Sadye Segal
 Louis Issac Brody
 David Samuel Alper
 Frank Goldman
 Gussie Long Brener
 Esther Diamond
 Cohn
 Stan Levin
 Louis Richelson

Jan. 16 - Jan. 22

Lawrence Green
 Bertha Green
 Miriam Spitalny
 Sonia Ettin
 Frieda Brull
 Ada Rachel Long
 David Mindes
 David Myron Stock
 Joseph Bly
 Ethel Goldman
 Paul Kalman
 Shirley Nachbar
 Pauline Parrot
 Lester Deitch
 Betty Schechtman
 Eisen
 Paul Goldblatt
 Rose Hite
 Donnie Pulliam
 James Ruppe
 Jack Sigmon
 Audrey Starvaski
 Irving Brem
 Betsy Bush
 Edward Freibrun
 Mickey Leventhal
 DeAnna L. Elis
 Odineal
 Walter Dinsberg

Samuel Edelstein

Jan. 23 - Jan.29

Fannie Alman
 Rhonda Seeber
 Bertha S. Topkis
 Joyce Abish
 Bess Koplan
 Lena Rothfeld
 Abraham Effron
 Sam Epstein
 Matt Lambeth
 Bethany Schklar
 Mollie Feintuch
 Louis Robert Levine
 Jacob Sherman
 Carroll Messing
 Rosenhein
 Anne Schweitzer
 Clarence Shaw
 Arline Debow
 Elsie L. Goldberg
 Hilda Harzfeld
 Joseph Mallen
 Jack. M. Spitalny
 Kitty Wolff
 Gertrude Berry

Jan. 30 - Feb. 5

Irving Caminez
 Emily Hershfield
 Garry
 Isadore Gordon
 Violet Gordon
 Sophie Siegel
 Abraham Spector
 Sarah Louise Trivers
 Martin Coplon
 Benjamin Harris Cove
 Jeanette Lippmann
 Joe Reingold
 Joseph Cohen
 Sam Diamond
 Frances Greenberg
 Florence Alder Jacob
 Zorro David Ruben
 Mary Becker Shutting
 Hershel Ullman
 Ralph Anderson
 Charles Levine
 Judith Ann Marks
 Sam Slaughter
 David Weill, Jr.
 Gertrude Jacobs
 Pearl Ann Silverstein
 Samuel John Young

CALL FOR MAZAL TOV AND OTHER GOOD NEWS

We want to hear from you! Please send your good news, your life changes and happy time information so we can share with your Mizpah family. We are not trying to replace Facebook or Twitter, but we like to keep up with you all!

Send the info and good photos to our Office: Mizpah@mizpahcongregation.org.



BIRTHDAYS

January 1

Evgenya Brodsky

January 2

Nancy Greenblum-
Travis

January 3

Rebecca Sadowitz

January 4

Susan Kaplan

David Gottlieb

Irvin Pressman

January 6

Richard Shulman

January 9

Stan Vogel

January 10

Ellen Freiberg

January 11

Jan Suhrbier

Jennifer Lewis

January 12

Johnny Walling

January 13

Elaine Winer

Sandra Shapiro

Pamela Winer-
O'Dwyer

Leigh Speal

January 14

Iris Abelson

Judy Monen

January 15

Wallace Ballew

January 17

Barry Gold

Cassandra
McCarley

January 18

Rosalyn Vogel

January 19

Kirk W. Brody

January 20

Daniel Gottlieb

January 22

Michael S. Dzik

Abigail Brody

Ava Brody

Nikki Hasden

January 24

Caden Benjamin
Walling

January 25

Paula B. Israel

Hugo Caminez

Karen Diamond-
Giblin

Rachel Ruiz

January 27

Sandy Tabakin

January 28

Noah Emerson
Moss

Traci Young

Rachel Schulson

January 29

Andy Hodes

January 30

Elijah Young

Alexandria Center

Austin Center

January 31

Rebecca Dzik

Grace Brody

ANNIVERSARIES

January 10

Bruce & Carol Lebovitz

January 20

Jeff & Cherie Monen

January 21

Howard & Laura Grody

January 28

Mike and Lori Shalett

Shalom to our Congregation family,

It is with mixed emotions that we announce our plans to move in January to California.

In August, we became acutely aware that close family members in California had become quite ill and injured. They needed our support, and so I looked for opportunities which would place us near family.



I have secured a position with Valley Children's Hospital in Madera. I will be the Medical Director of Pediatric Sleep Medicine.

Jan, Ben, and I will be living in nearby Clovis, California.

Our time in Chattanooga has been memorable due to the love, friendship, and support from all of you at Mizpah. Jan and Ben's teaching in the Religious School, Jan's 2 years on the Temple Board, readings at High Holiday services on the bimah, and my participation in two Purim Spiels are just a few highlights of our time at Mizpah.

Most of all, we will remember the friendships made and the time spent with them.

We thank you, we love you, and will never forget you or our time at Mizpah.

Dave, Jan, and Ben Suhrbier



MACHANOOGA
INVITES THE COMMUNITY TO ITS

PURIM CARNIVAL!

MARCH 20, 2022 | 11:00-1:00 PM
923 MCCALLIE AVE

FACEPAINTING / GAMES / COSTUMES
PRIZES / AND MORE!
CARNIVAL FOOD FOR SALE

ALL PROCEEDS TO BENEFIT MACHANOOGA

SOCIAL ACTION AT MIZPAH

As 2021 comes to a close, I want to thank the congregation for all that you have contributed these past four months since I started my new position as Social Action Chair. We have accomplished a great deal in this short amount of time. During the High Holidays we raised over \$2500.00 for the Chattanooga Food Bank. We partnered with Bridge Refugee, B'nai Zion, & the Jewish Federation to collect furniture, household goods, & cash donations to place two refugees in their own homes. We even had additional collections placed in storage for future refugee families. A special appreciation to **Rose Zulligar** for coordinating this entire effort, along with **Richard Zachary, Ruth Longway, & Vivian Hershey** for setting up the apartments & moving furniture. Finally, we collected over 100 scarves for the **Sue Cohn** (z"l) Chanukkah warming project that were donated to the Partnership for Families, Children, & Adults to help women going through trauma have a brighter holiday.



Debra Dubow

It has truly been an honor to serve in my new role. Thank you to **Vivian, Angela, Vicki, and Rabbi** for your support in helping me to navigate and learn. Thank you to the Social Action Committee for sharing your ideas and helping bring some of these ideas into action. I know we have much more we can accomplish and will continue to find creative ways during this ongoing pandemic to make a difference together. I hope you will join me in this effort and attend our initial meeting on January 20, from 5-6:30 pm at Mizpah to discuss what else we can accomplish in 2022.

Most importantly, I wish everyone a very happy and healthy New Year filled with joy and love.

Debra

MIZPAH SPONSORED BLACK - JEWISH DIALOGUE

Created by the American Diversity Report

Hosts: **Rabbi Craig Lewis and Deborah Levine**



MEDIA AND COMMUNITY

Join us online on Sunday, January 9 at 4:00pm ET for the next Black-Jewish Dialogue when we feature two television / media experts with a passion for building community. **LaTrice Currie** is a native Tennessean who graduated from Hampton U. LaTrice joined Chattanooga's Channel 3 Eyewitness News in 1995. She now co-anchors news at noon and 5:30 and also serves as Eye On Health Reporter and host of Trends on 3. **Ilene Gould** is a photographer, writer, illustrator and full time news producer for NewsChannel9 in Chattanooga where she has produced every show from mornings, to dayside evening shows, to nightside. She also co-produced an hour long Town Hall called "Changing Chattanooga". Ilene is a Michigan State Graduate with a degree in Media and Information, a concentration in Film and Video Production, and minors in Fiction Filmmaking and Music. Zoom meeting ID: 98703868005

Mazel Tov

...to **Joanna Nash Presley** on her September 4th marriage to **Scott Presley**

...to **Eden Lewis**, son of **Rabbi Craig and Jen Lewis**, and **Eli Binder**, son of **David and Brenda Hodges Binder**, both who recently enjoyed lead roles in the Chattanooga Theater Center's production of A Charlie Brown Christmas.

...**Henry and Rachel Schulson**, whose son **Michael** and his wife **Emma Green**, celebrate the birth of a baby boy on December 23, 2021. The baby naming is to be held on December 31st. Emma also just recently began a new job as staff writer for The New Yorker.

...**Rabbi Craig Lewis**, for his inclusion of a chapter in the recent publication, The Social Justice Torah Commentary (CCAR Press, 2021). Rabbi Lewis wrote the commentary on *P'kudei*, the final *parsasha* of Exodus.

MIZPAH FUNDS: YOUR DONATIONS ARE GREATLY APPRECIATED!

DONATIONS (Received by the 15th of prior month) Consider \$18 - "chai" - the minimum donation

Archives
Building
Capital Campaign
Cemetery
Educator
Endowment
Flower
Garden of Life
Goldman/Moses
Mary W. and Jacob L. Levine

Leadership Development
Library
Miller/Lefkoff
Marks Memorial
Mazon (Feed the Hungry)
Miller/Schwartz
Music
NFTY (Youth Group)
Operating
Oneg

Prayer Book
Physical Property
Religious Activities
Rabbi's Discretionary Fund
Rabbinic Endowment
Rita Russ Speer
Religious School
Social Action
Staff Support

Rabbi's Discretionary

Thank You for Our Wedding Ceremony

Joanna Nash and Scott Presley

In Honor of Rabbi Lewis

Bob Marlowe and Marcia Noe

Dennis Matzkin

January 2022

Dear Mizpah Congregation,

On behalf of the entire Giving committee we want to thank the Mizpah community for their pledges toward our Operating Fund. We are pleased we have done so well. Our goal was exceeded by 6.6 %.

There are still (50) + giving units that we have not heard from. We know:

- **Energy costs are going up (heat, air, electricity, fuel)
- **Security needs are ongoing with more people and activities in the building
- **Our staff needs to be able to grow again since the Pandemic closure
- **Professional salaries need to be maintained and kept competitive in the marketplace

The word philanthropy comes from the Greek word "to love humanity". We should never lose sight that a part of our gift to the Temple's mission is making it possible for the Temple— in G-d's name—to reach out to humanity.

If you have not returned your pledge letter, we are counting on you. If you need another form, please let our office know.

We wish to ensure that Mizpah is *all* our home as we meet there to worship, study, socialize and raise our families in Jewish traditions and values.

Sincerely,
Bev Coulter, VP of Annual Giving



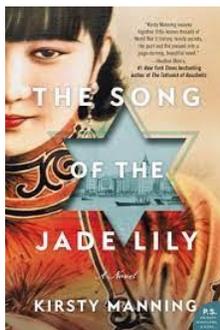
MIZPAH BOOK CLUB

Sunday, January 30th, 10:30 am

We talk! We eat! We talk some more!

Email Amy Cohen to join in the fun!

AmyJCohen@gmail.com



Library News!

Betsy Temple is busy in the Gould Memorial Library. Old, unused volumes are culled (and donated) and new editions are added. Please note: we accept books *only* after the titles are reviewed. We appreciate all donations. Get in touch with Betsy to more information. For a teaser, check out The War and the Jew (1940) by Vladimir Jabotinsky. His take on pre-war Germany is amazing!



FROM YOUR TEMPLE ADMINISTRATOR...



Angela Rickert

Because the JCC is being remodeled, Mizpah is providing space in the Library for their weekly Caregiver Support Group. I'm very happy that we can offer them the space. I'm also very thankful that Marki from the Federation had this idea. I love to see them coming into the building, knowing they are coming together for strength, knowledge, to share their stories, and to get support. This gives me

joy. I have been on the caregiver side of life many times in my life, and it's important that they are supported also. I believe that there are people from Mizpah, BZ and the community who are attending. The items I speak of below were all here before I began working at Mizpah, and I'm working on 16 years in 2022. The freezer in the kitchen finally bit the dust. We are currently looking around for a fair price on another one. The one in the laundry room will have to do for now. We also had to replace the microwave in the kitchen. When it stopped working and Steve pulled it down off the shelf, we saw the year on it. I said no way are you going to take the time to try and repair it; it's gone. We replaced it and we love the new one - it is very powerful. We also had to get 3 new vacuums recently. We have requested a couple of bids to replace/repair the double doors behind the *bimah* so that we can make that an emergency exit. I will let you know when that happens. Amy Sandy from BZ recently called and said that Steve and I may want to come look at the ceiling in her office. Sure enough, we needed to look at it. A sizable chunk had fallen on the floor. The roof had a leak. So off goes Steve, to the roof. He repaired it, and we had plenty of rain to evaluate the repair he made. Now he is in the process of repairing the ceiling.

Let's not forget, it's been a long two years, but we are cautiously optimistic for our First Friday Dinner on January, 7th, following our 6:00 pm Shabbat Service. I look forward to seeing as many of you there that can attend. Please remember to make your reservation.

From the Rickerts:

No racing for me this month, but we did attend one in Braselton, GA called a Lemon's race, which raises money for various charities. It's a wheel-to-wheel endurance race. There were 120 cars competing on the track at the same time. In this kind of race, there are several drivers of the car over a 2-3 day period. Karl's team was made up of 4 members who drove a pink Miata. It is much more dangerous than the kind of racing Karl and I do together. All members of his team must have fire retardant socks, shoes, head stocking, jumpsuits and a full-face helmet. They have a fire extinguisher mounted inside the passenger side of the car. They also have radio headsets in the helmets where they can communicate with the other members in the pit. Karl's team was in 5th place until the rain began which slowed everyone down, then the wrecks, and Karl's car had a bolt fall out of the brake caliper which locked up the wheel and broke it. This sent



Karl Rickert



him spinning to the side of the track and he could not go forward - he could only put it in reverse and back off the track as far as he could go to get out of the way. When a

different driver was driving, he got rear-ended which sent him to the pit for a repair. So all in all when it was said and done, they placed 20th. Yay for Team Rickert. info.

A huge Thank You to the Board of Directors, Mahjong Ladies, Frank Miller, and many more for making such an effort to show Steve and me appreciation. We both thank you, more than you know. These words cannot express how grateful we are to you all. I Hope you all have a great New Year, till next month my wonderful congregants.

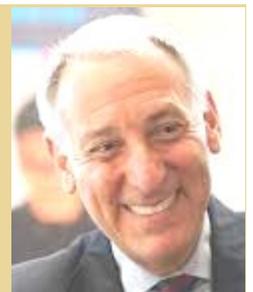
Angela

FEDERATION ANNUAL MEETING AT MIZPAH

Due to ongoing renovations to the JCC, the Federation Annual Meeting will be held this year at Mizpah. The date and time: January 25th at 7:00 pm. Volunteers of the Year, Fundraising highlights, election and installation of new Board and Officers. Special guest speaker: **Eric Fingerhut**, JFNA (Jewish Federations of NA) President and CEO (at right).

Dessert reception to follow

Must RSVP to: RSVP@JewishChattanooga.com





ADDRESS SERVICE REQUESTED

Non Profit Org.
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Chattanooga, TN
Permit
No. 281

Mizpah is a Reform Jewish Congregation. We offer worship, learning and social action/programs designed to enhance our lives and improve our world. Mizpah is a welcoming congregation as we embrace interfaith couples, those of all faith-traditions and culturally-diverse backgrounds as well as families in all their forms.

Email: Office@mizpahcongregation.org
www.mizpahcongregation.org
 Monday-Friday: 9:00 am - 4:00 pm
 423-267-9771

Craig Lewis, Rabbi
Rabbi@mizpahcongregation.org

Frank Miller, President
President@mizpahcongregation.org
 Angela Rickert, Administrator
 Susan Caminez, Education Coordinator
 Richard Zachary, Newsletter



www.MizpahCongregation.org
Office@mizpahcongregation.org
www.urj.org

MIZPAH WORSHIP, STUDY AND MEETING SCHEDULE

Services are in-person, Livestream, Zoom and FB
 Torah Study is in-person, Zoom and FB

Sundays	Machanooga	9:30 am
Tuesdays	Federation Annual Meeting	7:00 pm
Wednesdays	<i>Mussar</i> (sign up with Rabbi Lewis)	7:30 am
	Caregivers Support Group	1:30 pm
	26th: Hebrew School Meet-up	5:00 pm
Thursdays	Adult B'nai Mitzvah program	6:30 pm
	20th: Social Services Committee	5:00 pm
Fridays	<i>Shabbat</i> worship services	6:00 pm
	7th: First Friday Dinner is BACK!	6:45 pm
	21st: <i>Shirei Shabbat</i> : Sabbath of Song	6:00 pm
Saturdays	Torah Study (bagels and lox prior)	9:15 am
	<i>Shabbat</i> worship services	11:00 am
	15th: Bar Mitzvah of Jacob Nash	10:30 am
	No Torah Study or regular Shabbat worship	
	22nd: Learner's <i>Shabbat</i>	11:00 a1m

TEMPLE OFFICERS AND BOARD
 July 1, 2021 - June 30, 2022
 Craig Lewis, Rabbi
 Susan Caminez, Education Coordinator
 Angela Rickert, Temple Administrator

OFFICERS:

President:	Frank Miller
VP-Administration	Vicki Lewis
VP-Programming:	Paula Israel
VP-Annual Giving	Bev Coulter
Treasurer:	Steve Cohn
Board Secretary:	Beth Thomas
Immed. Past President:	Alan Richelson

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 Shelton Goldblatt
 Donna White-Dropkin

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 Flossie Weill
 Jim Levine

Gary Chazen
 Sandy Dittus