

# Food Services, Supportive Services

## Daily Delivery

[Meals on Wheels Sign-Up](#) Meals on Wheels provides meals for 7 days a week, including holidays, provides safety checks and visits. It subsidizes 60% of the costs for meals, delivery, and other services provided, regardless of a senior's ability to pay.

[Instacart](#) can have a [Personal Shopper](#) go into local stores for you. Items are then delivered to your door. Delivery times seem difficult to book, but throughout the day they release new delivery times, so keep checking.

## [Vons/Albertsons Home Delivery](#)

## Weekly Food Subscriptions

[Whole Foods](#) can be delivered through the AMAZON website.  
Weekly Grocery Subscription Deliveries from companies including:

[Farm Fresh](#) is a subscription grocery service that delivers weekly boxes of fruits and vegetables to your door.

[Imperfect Foods](#) delivers weekly boxes of fruits and vegetables to your door. They also have surplus groceries such as bread, cereal, salmon, and dairy products available to add to your weekly shipment.

## Medications and Other Pharmacy Needs

[CVS](#) is offering free deliveries for prescription medications. Some CVS locations have Drive-thru.

[Target](#) has a [Drive-Up](#) option- You purchase items through their App and when it is ready, you drive to the location, park in one of the "Drive Up" Designated spots and someone will bring your bags to your car.

## Social Services

[Interfaith Community Services](#) provides a large range of free social services, from Housing, Supportive Services, Employment & Economic Development, and Clinical & Behavioral Health.