

# The Out and About Club Annual Appeal 2021

After a year like no other, we do hope that we will be able to count on your continuing support for the Out and About Club, which is non- denominational, and all of whose members have a range of disabilities, with many aged over 90.

For over 50 years, The Liberal Jewish Synagogue has been our home as we organise fortnightly meetings with members coming to us on special buses.

2020 meant that the physical meetings could no longer take place, however, the club has continued with a tremendous range of ways in which to keep in contact: regular phone calls, conference calls, cards, and where possible, gatherings online via Zoom. In some cases, we have been able to offer IT and other support to help individuals stay in touch. For some of our members this provides them with crucial and almost unique contact with the outside world.

Our annual dinner, which is one of the highlights of the year, was replaced with the innovative and creative delivery of food parcels to individual homes. These included a remarkable range of home-baked and seasonal foods.

All of this is only possible with your continued support; your donations provide the vital funds to keeping the club going. For operational reasons we are asking that you to send contributions electronically, or by cheque posted to our Co-Chair Jenny Nathan at the address below. If you wish to pay by credit card, you may do this via the LJS website <https://www.ljs.org/form/donate>.

In this year we have sadly lost members, and particularly remember Michael Nathan who is greatly missed.

***Thank you for your continued support.***

Helpers: Jenny Nathan; Sonia and Martin Leanse; Charles, Jo, and Danny Kessler; Benita Bray; Anshel Cohen; Geraldine Geewater; Marian Gevelber; Eddie Griffiths; David Hogarth; Meg Pennycook; Geoffrey Laventhall, Wendy Mote, Adele Rubenstein; Ken Solomons; Jill Rosenheim; Joany Weinberg; Sybil Watson, and Aviva Shafritz.

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*You may make your donation by:*

**Direct Bank transfer to:** The Out and About Club  
Sort Code: 20-74-63  
Account number: 43787796

**By cheque:** made out to The Out and About Club. Please post your cheque to: The Out And About Club, c/o Jenny Nathan, 1 Martlett Lodge, Oak Hill Park, London NW3 7LE

**By credit card via the LJS website:** <https://www.ljs.org/form/donate>. Be sure to include in the note field that your donation is for The Out and About Club (we will then transfer the funds)

*Please give us your name and address, and whether an acknowledgement is required.*

A constituent of Liberal Judaism

The Liberal Jewish Synagogue is a company limited by guarantee (Company No. 09113305)  
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