

HIGH HOLIDAY RESOURCES

Find links to videos & talks given at Mishkan Shalom from Erev Rosh Hashanah thru Yom Kippur and Sukkot, on Page 3

MEET OUR NEXT B'NAI MITZVAH!

Asher Hawkins
and Hallie Lima
on Pages 6 and 7



Begins Sunset of Sunday,
December 18
Ends Nightfall of Monday,
December 26

DEPARTMENTS

Letter from Rabbi Shawn	1
Letter from the President.....	4
Congregational School.....	5
B'nai Mitzvah.....	6-7
Tikkun Olam	8
Library.....	9
Acts of Caring	10

Rabbi's Letter

by Rabbi Shawn Zevit

From Return to Thanksgiving to Rededication: Riding the Wave of the Holy Days to Hanukkah

I continue to hear from many of you as we ride the wave of the *Yamim Noraim* and *Sukkot* festivals we shared together. Collectively, we are taking a deep dive into the way we are living this one precious life and discovering how we can chart our future spiritual and activist efforts, laying the foundation for the year ahead.



I pray you will all have connecting and gratitude-filled Thanksgiving celebrations in the month ahead. I hope that you take time to share your appreciation for life and loved ones with whomever sits at your physical and/or virtual holiday table. The weeks that include and surround Thanksgiving and Hanukkah, are an opportunity to focus on:

- commonality even where there are differences
- the enduring importance and nurturing of relationships
- making sure those in need have a place and sustenance to share in the bounty
- rededicating ourselves to our Jewish values and traditions.

Rabbi Mordecai Kaplan defined Jewish life in North America as “living in multiple civilizations at once.” The concept of *Hoda'ah*, offering gratitude, 100 blessings and thanks each day, is both a Jewish practice and an American tradition.

Celebrating Thanksgiving also means challenging those narratives that pave over injustice, offering gratitude for the earth's bounty and honoring and acknowledging those who once lived here in abundance. We need to remember the [Lenni Lenape people](#) of Pennsylvania who were displaced by white settlers and the governments and military of that time. (Click [here](#) to view Mishkan's 2021 conversation with Adam de Paul of the Pennsylvania Lenape.)



As we head towards this Hebrew calendar month of Kislev and Tevet, we will commemorate the 11th annual *Tru'ah*: Human Rights on December

(continued on the next page)

3rd, and honor the twenty New Member households who have joined Mishkan Shalom since last year at this time – the most in recent years!

Of course, Kislev also ushers in the eight-day celebration of Hanukkah, our Festival of Lights and Rededication. This year, we will kindle the first light of our menorahs on Sunday, December 18th -- the date of our **Hannukat HaMishkan**- rededication to our Mishkan Shalom community. The celebration marks the completion of our successful five-year ReGenerations Campaign and the unveiling of Karen Singer's inspirational mural honoring all the campaign contributors.

The original Hanukkah menorah was an oil lamp that was lit on the outside of the home doorway, as a way of rededicating ourselves and reclaiming our Jewish identity. Then and now, the menorah symbolizes our willingness to shine our light into the world and engage in the larger society.

Sociopolitical and meteorological realities forced the menorah indoors as Jews dispersed around the world, and in some communities the custom developed of placing it on the windowsill instead. Either way, shining our light within and into the world to illuminate the night in the shortest days of the year is a vital balancing energy to the hate and division so many of us are rising to heal and overcome in our daily lives.

In more recent years, Hanukkah has taken on a life of its own, in terms of religious freedom, responding to the tensions of commercialization, and dedication of one's values in personal and public life. We can embody the spirit of this holiday by giving *tzedakah* to a different cause each day of Hanukkah and by rededicating ourselves to our relationships and strengthening our commitments to each other in our Mishkan community and beyond.

Rabbi Kaplan saw Hanukkah as a key festival in the ongoing reconstructing of Jewish life to remain relevant and compelling in our time: "If

the observance of Hanukkah can awaken in us the determination to reconstruct Jewish life, by informing it with a religious spirit characterized by absolute intellectual integrity, unqualified ethical responsibility and the highest degree of aesthetic creativity, it will indeed be a Festival of Dedication."- The Meaning of God in Modern Jewish Religion.

Rav Kook, the first chief rabbi of Israel, explains why we are admonished "to kindle Hanukkah light" and not "lights". He states "A person drawn to one light believes if another person is predisposed to different lights, the quality of light is diminished. However, as each person strives to strengthen the positive aspect toward which they are naturally inclined, the collective is built up and improvements multiply... Peace will prevail in the future when it is clearly recognized that all the different, individual lights are in fact one single light."- Olat Re'iyah, p.435

The possibilities and challenges of Hanukkah are imperatives for us today. May we be blessed as we explore the season of light in the darkness and darkness in the light - with all of us realizing we are in fact part of one precious planet, and one radiant light.

Hag Sameach,
Rabbi Shawn



High Holy Day/Sukkot Resources:

This is a comprehensive list of offerings by Rabbi Shawn, Member Rabbis, Rabbinic Interns and Members over the past several weeks of communal gatherings. In them you will find words that address "how we can chart our spiritual and activist efforts into the future...[and lay] the foundation for our year ahead."

Rabbi Shawn's Sermon, **Judaism for the Long Path: Hindsight-Insight-Foresight:**

[Rosh Hashana Video](#)- and [Sermon Text](#)

[Yom Kippur: Yizkor to Neilah](#), Rabbi Shawn

[Blessed Be You When You Go Forth & Blessed Be You When You Return](#) by Alana Krivo-Kaufman, Erev Rosh Hashanah

[When We Began to Create: Emerging 5783](#) by Alana Krivo-Kaufman: On Breisheet, Rosh Hashanah morning

[Zichronot: Remembering](#) by Anndee Hochman

[Rosh Hashanah Day 2](#) Talk by Lynn Iser and Mordechai Liebling

[What Happens to a Vow Annulled?](#) by Alana Krivo-Kaufman, Kol Nidre

[Teshuvah- Yom Kippur 5783](#) by Rabbi Phyllis Berman

[Yizkor: Opening Up to the Hard Rain](#) by David Bradley

[Judaism and Resilience:](#) Talk by Rabbi Waxman on Shabbat Sukkot



Here's What You Need to Know About the November 8th Election

Most of us wonder whether phone banking and door knocking will make any difference in the outcome of this election. **Here are the facts:**

1. The statewide and many local races in PA are a tossup.
2. In elections this close our efforts make all the difference!
 - **Canvassing increases voter turnout by 4-5%**
 - **Phone banking increases turnout by 2-3%**
3. Those who motivate the most voters will determine the results of this election. It's that simple.

This is what we did in 2018 and 2020. Let's do it again!

[Register Here](#)

From now until the election, join POWER Interfaith members to:

1. Canvass and Phone Bank: <http://bit.ly/POWERvotes2022>
2. Canvass with Change the Conversation in partnership with **POWER**.if interested contact deb.lip@verizon ASAP.

Greetings, Mishkaners!

By the time you read this, we will have explored where we need to do our *T'shuvah*, and re-dedicated ourselves to our lives, families and community. I'm grateful for our clergy team's wonderful offerings during these holidays: Rabbi Shawn's inspired leadership, and our wonderful rabbinic interns Alana Krivo-Kaufman, and Noah Dor Lind. We've all had the opportunity to be steeped in their prayers, their voices, and their thoughtful *Divrei Torah*

I'm also grateful to the numerous members of our community whose contributions to our High Holy Days led to a deeper experience for all of us. We are blessed as a community with so many offering your thoughts, your singing, your *leyning*, and your participation in so many ways.

And let's extend our gratitude to Holli Goldenberg and the High Holy Day Team, who helped to organize all of the logistics needed for us to have our *Shehecheyanu* moment of our very first *Yom Kippur* in our own building. Thanks to all who volunteered in so many capacities behind the scenes - our Zoom Levites, camera operators, Producer Levites, ushers, greeters, and setup and cleanup folks.

We'll continue to ponder the themes we experienced over the coming year, including especially the ideas of Hindsight, Insight and Foresight that Rabbi Shawn has been discussing with us.

My moment of Hindsight: when I was in college, I went to the Hillel office and asked where the Israeli dancing was, and they said, "We don't have that. Why don't you start it?" With some friends, I started a small Israeli dance performing group. Having grown up Reform, I asked folks at Hillel, "Where are the Reform services on campus?" and they said, "We don't have that. Why don't you start it?" And, with a small group of other students, we did.

This leads me to an insight I'd like all of us to think about from *Pirkei Avot*: "*Lo alecha hamlacha ligmor, v'lo ata ben chorin l'hibateyl mimenah*. You are not required to complete the work, but neither are you free to refrain from it."

What is that work? It's my hope that each Mishkan member will consider your piece of the work of building and sustaining our shared spiritual community. We build community when we spend time at services, when we spend time with each other, and when we support

the community as a whole. Many of you have thanked me for serving as President. The best thanks you can offer is to step up and be a part of making Mishkan work.

While we're thrilled to have added Rebecca Phillips to our staff, **we need your volunteer energy to make things at Mishkan work.** You can host a Village *Shabbat* gathering, you can help organize a fundraiser for the school, and you can learn to be Lead Levite for services. (Contact Rebecca at rebecca@mishkan.org to learn about Lead Levite training.)

We need YOUR volunteer energy to make things work at Mishkan. Each time there are services, we need people to help with Levite duties, ushering, and greeting. We're going to begin offering kiddush after services, so you can offer the kiddush, and help with setup and cleanup.

Our *Brit HaMishkan* asks you to volunteer at least once a year, but the truth is that if you volunteer just once a year, that means someone else is volunteering 10, 20 or even 30 times over the course of the year. **When we each do our share, we lighten the work for others.**

You can sign up here: <https://www.signupgenius.com/>

YOUR volunteer energy makes all of Mishkan's wonderful programming possible: our services, our religious school, adult education, maintaining our grounds, singing with the choir, or playing Mah Jongg. There are opportunities to join and lead committees, and even to join the board this year or next. If you're new to Mishkan, or just looking to connect in a deeper way, these are all great ways to build stronger bonds with your fellow Mishkaners.

And last, Foresight. Read your on November 19 and December 10. Connect with your community by participating in these upcoming programs:

- **December 3** - Human Rights Shabbat
- **December 7** - Community Meeting
- **December 18** - Hanukkah Celebration and Donor Wall Dedication

I think I've been banging my *tof* enough for you to get the message: Mishkan needs you! If you're not sure what might be the best place for you, I am happy to chat with you: email me at jeanbrody@comcast.net and let's talk!

Jean

Here's What's Been Going On at Mishkan's School!

Gan/Aleph/Bet

We have had a wonderful start to our new school year! Our class theme, Let's Discover Jewish Stories, fits perfectly into the school-wide theme of Journeys (*Nesiyah*). We have dived into two stories connected with our recent holidays. The first story, *Today is the Birthday of the World*, is a sweet conversation between G-d and many creatures of the world, reflecting on their good deeds of the past year in celebration of *Rosh Hashanah*, the birthday of the world. We engaged in many activities around this book and around *Rosh Hashanah* including; acting out the story, making *Tashlich* paper airplanes, eating pomegranates, and making mini round clay *challot*. We're now in the middle of exploring the story, *Shanghai Sukkah*, a story about a boy named Marcus who moves from Berlin, Germany to Shanghai, China, finding friendship and cultural connections in his new home with a new friend, Liang. Last week, we made red lanterns with riddles to decorate the *sukkah*, recognizing this tradition as part of the Chinese Moon Festival. We look forward to delving deeper into the themes of the story and of *Sukkot*.

Gimel/Dalet

We have had a great start to the school year..... we welcomed three new students to Mishkan ...Mikayla and Zolie, and Amalia.

We started the year by introducing our theme: Journey through Exodus, Prophets and Writings ... we made a mural and Morah Amy shared some pictures and objects about a journey that she took

several years ago ... a trip to Italy that encompassed many Jewish components and the tour guides came from Israel.

We then covered some holiday learning, vocabulary and the meaning of the holidays ... and enjoyed *Tishrei* bingo, *Sukkot* bingo, making honey butter and High holiday cards, reading books, decorating the *Sukkah* and watching a few short videos and a great *Sukkot* skit by Covenant Award winner Gabby Kaplan-Mayer.

Hebrew on zoom has been great, too, focusing on the textbook and holiday blessings. We look forward to delving into our bible studies after *Simchat Torah!*

Hey/Vav

Kitah Hey/Vav is exploring the origins, customs, and current state of Jewish communities around the world. So far, we've learned about the Jews of Morocco, Yemen, Syria and Turkey. We've heard tales of persecution, but also the history of friendly cohabitation in some predominantly Arab countries.

We are reexamining our holidays through the lens of Jewish values. For the High Holy Days, we focused on *T'shuvah* - making amends and dedicating ourselves to become ever more the people we want to be. For *Sukkot*, we dove into the value of hospitality - that, and the teamwork it took to create a HUGE paperchain, long enough to encircle our entire *Sukkah*.



Asher Hawkins November 19

Asher Hawkins understood the vague outlines of his grandmother's life—that she'd lived in a lot of different places, including Morocco, France and Israel—but he didn't know the details until he interviewed her and recorded the results for a school project.

He realized that she lived in refugee camps for the first twelve years of her life. "I knew she moved when she was young...but I didn't know how hard the conditions were. That must have taken a lot of strength and belief."

Because his grandmother has Alzheimer's, Asher had to speak with other relatives to fill in the gaps. That experience inspired his *tikkun olam* project: to raise money for Alzheimer's research while creating an online archive where families can record the stories of elder relatives.

"That way, when the stories can't be told anymore, they're still here," he says.

Asher began Mishkan's Hebrew School in the middle of 4th grade. "My classes were in Hebrew, and I remember thinking, 'Oh, my God, I have no clue.'" But he quickly caught up; he began preparing for his bar mitzvah this spring, just after breaking both wrists in a tumble off his bike.

"I knew I wanted to have a *bar mitzvah*," he says. "It's the idea that I'm choosing to be Jewish, not that my family is making me."

From his *parasha*, *Chayei Sarah* (Gen. 23:1-25:18), Asher is focusing on the servant Eliezar's journey

to find a wife for Yitzchak. In discussions with Rabbi Shawn, he began to focus on Rivka's kindness to Eliezar; she offers water to his camels without being asked. "She did that because she knew it was the right thing to do," he says.

He's found learning *Torah* to be "pretty straightforward, pretty easy." A system of sticky flags in strategic places on his *parasha*—"extend the note on word 8, line 23"—helps him refine his chanting.

Asher's family moved to Philadelphia from Atlanta in 2018. There, thanks to Spanish classes starting at the age of three, he is fluent; now, it's his favorite class at Springside Chestnut Hill Academy. He also plays soccer, tennis and golf.

Although it's been a challenge to fit *bar mitzvah* practice into a jammed schedule of homework and sports practice, Asher has found that the skills he's learned at Mishkan can spill over.

"Before, I'd never really read or analyzed a Torah portion. I just had a history essay where a lot of it was analysis, and it felt easier than it ever has before."



Hallie Lima December 10

Hallie remembers reading picture books in Mishkan's Hebrew School classrooms when she was in kindergarten. She recalls the art projects and games. And she remembers spinning around the dance floor in the social hall in her hee-ees.

She knew there would be a *bat mitzvah* somewhere along that Jewish path. "I always knew it was going to happen, especially when my older sister had hers. I was really excited. I got to see how prepared she was, what part she played in all of that."

Witnessing *bat mitzvah practice* was one thing; doing it was a bigger challenge. "It has definitely not been easy [learning *trop*]. But I really enjoy doing it, even if it's hard, because it feels like it will all be worth it." On tutoring days, she wakes up 30 minutes earlier to practice.

While *trop* may have been a new musical language for Hallie, the story of her *parasha*, *Vayishlach* (Gen. 32:4-36:43) felt intimately familiar. "It's when Jacob reunites with Esau," she says. "My sister and I have always been close, so seeing two siblings reuniting was cool. I connected to it. In my *d'var*, I'm asking about relationships with siblings, what you do for them. I talk about how close I am with my sister and how grateful I am to have my sister."

For her *tikkun olam* project, Hallie is organizing a neighborhood yard sale to benefit three Afghani men, refugees who are now making their home in Philadelphia. It's a project that, like her Torah

portion, strikes close to home. "My dad is an immigration lawyer, and my grandparents were immigrants from Brazil," Hallie says.

At Springside Chestnut Hill Academy, where Hallie is a 7th-grader, she loves English (they're reading a novel about the Spanish Inquisition) and history (they're studying the colonial period in the United States). Outside the classroom, she plays soccer and lacrosse and loves to bake, especially a three-layer chocolate cake with icing that drizzles down the sides.

And though it's been hard to shoulder responsibility for a project as big as a *bat mitzvah*—"when to practice my *parasha*; when to schedule meetings"—she's glad to be doing it. "I just feel like I'm working toward something, and I get to do what my sister did and what my mom did. This is definitely a major moment. I feel like getting to the finish line is definitely going to be special."



Immigrant and Refugee Rights Committee

Update: Resettling Afghan Refugees

The Mishkan Shalom/St. Vincent's Catholic Church Co-Sponsorship Resettlement Team is continuing to work closely with the three Afghan refugees, Abdullah, Khalid, and Mukhtar. The men are now settled into their Grays Ferry home. Khalid has passed his driving test, and Mukhtar and Abdullah have passed the computer test and will soon be ready for the driving test. Khalid and Abdullah have secured employment with a plumbing company. Although each would prefer a different type of work, they will continue working there until other work can be secured. Abdullah would like some type of office work. His English skills are considered high intermediate. Khalid would like a delivery or other type of driving job. Mukhtar is now looking for employment. It is critical that he find work so he can provide for his own needs and share in the household expenses. His English skills are low-intermediate. He could do deliveries, warehouse work (packing, shelving, etc) or cleaning. His ideal job would be with a pharmacy because he would like to become a pharmacy tech. **Please let the team know of any opportunities for these men by contacting Gail Bober (gbober52@gmail.com or 267-597-1898)**

HIAS PA will assist the men financially for only a couple more months, but the men will continue to need some financial assistance beyond what HIAS-PA can provide. **Additional funds are needed to supplement their expenses**, and many individuals

have already donated to the "Afghan Emergency Fund" that has been set up. If you would like to donate to the fund, please send your check made out to Mishkan Shalom, and send it to Gail Bober at 7900 Old York Road, Unit 606 B, Elkins Park, PA 19027. Mark the memo section of the check "Afghan Emergency Fund."

Driver's Licenses for All Now!

Mishkan Shalom, through its membership with the New Sanctuary Movement, continues to be involved with the Driving PA Forward Coalition (drivingpaforward.org). Driving PA Forward is a statewide coalition composed of advocacy, faith, business, farmer, labor and community organizations working together in support the passage of legislation regarding accessibility of a standard driver's license with strict privacy and data protections for all Pennsylvanians regardless of immigration status. Immigrants around Pennsylvania, including NSM members in Philadelphia, have long identified this as a top priority, which their fellow immigrants in Maryland, Delaware, New Jersey and New York can already access. Passage of the House bill, known as "Driver's Licenses for All," has been a struggle and will again not leave the transportation committee during this legislative session. There is optimism, however, that the bill may be presented for a vote during next year's session. If you have interest in volunteering with this effort, please contact Gail Bober. For more information on Driver's Licenses for All, contact Gail Bober, gbober52@gmail.com

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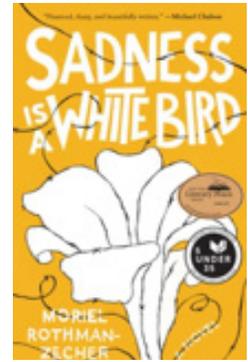
Please send articles to Eilen Levinson at levinsone@yahoo.com.

One Book Mishkan's Chai Year: Our Annual Series Turns 18!
Join us in reading our 5783 selection:

Sadness is a White Bird, by Moriel Rothman-Zecher

"Unflinching in its honesty, unyielding in its moral complexity, Sadness Is a White Bird offers thoroughly original insights into the holy and the broken place that is modern Israel. Moriel Rothman-Zecher is a piercing observer...who peels back layers of pain to lay bare the difficult truths of his homeland...."

— Geraldine Brooks, Pulitzer Prize-winning author



The Library Committee is excited to share our plans as we begin this year's *One Book Mishkan* program series. Moriel Rothman-Zecher's debut novel, **Sadness Is a White Bird**, gives us a fresh take on the 'coming-of-age' novel, laying bare a young man's struggle to reconcile his close friendship with Palestinian siblings with his imminent army service. Author Michael Chabon says the novel is "...nuanced, sharp, and beautifully written," and Kirkus wrote: 'A passionate, poetic...story set in a mine field. brilliantly capturing the intensity of feeling on both sides....' (Parents: If there are teen readers interested in joining us, please note there is some explicit content.)

Many thanks to Rabbi Nancy Fuchs Kreimer and novelist Simone Zelitch for bringing this title to our attention, with their hearty recommendations!

Moriel Rothman-Zecher is a novelist and poet, originally from Israel, who recently moved to Philadelphia with his family. Some of you may have attended poetry readings he's given at Mishkan.

**We hope you'll read with us and join us for
One Book Mishkan programs in the months ahead (watch for dates!):**

Saturday Night at the Movies: Tel Aviv on Fire A lighter take on the conflicted individual – this time a young Palestinian – this comedy/drama should make for an engaging movie night. We'll view the film together on Zoom and, no doubt, a lively discussion will follow! (The film is currently available on Amazon Prime.)

One Book Leads to Many Books We love to produce a list of books (or other media) related to our *One Book*. Do you have a title you'd like to recommend to the community? Any genre, written or recorded are welcomed and encouraged. We're particularly interested in titles for younger members, kids to teens. Please send suggestions – title and a brief description – to yours truly before the end of the year so the list can be compiled and shared.

The Library Committee's 'Changing of the Guard': Andrea Nunez is Our New Chair! Following Library Committee founder Lillian Sigal's retirement as long-time Committee Chair, Adam Blistein stepped in to fill the void and led us, most ably, through the next 5 years, with great skill and patience (and his signature deadpan good humor!). He has decided to return to the ranks of "committee member." We're grateful for all of his efforts before, and during, his Chairmanship, and look forward to continued good things to come!

Although her role as Library Committee Chair is well underway, we're thrilled to report that Andrea Nunez has taken up the mantle, leading us in our established *One Book* programs, exploring new ideas, and overseeing Library systems updates, all with the goal of making the collection as accessible as possible. Watch this space for updates!

We'd Love to Have You Join Us! Are you a reader, booklover or lover of libraries? Would you like to deepen your knowledge of Jewish subject matter? The Library Committee could be a great fit for you! We also welcome volunteers who can help us maintain the collection. Be in touch! Contact Andrea Nunez, Chair. See you in the Library! (or on Zoom!)

G'milut Hasadim/Acts of Caring

by Stephanie Shell, Ariel Weiss and Susan Schewel

Mazel Tov

We send a hearty mazel tov to Asher Hawkins and Hallie Lima and their families as they celebrate their b'nai mitzvot. And another mazel tov to Maralin and Adam Blistein and their loved ones who celebrated the marriage of their son Jon (a Mishkan bar mitzvah) to Alexandra Hohausser.

Condolences

We send condolences to Ariel Cheryl Tarash on the death of her father Jack Tarash; to Lisa Mervis on the death of her brother Stephen Eric Weinreb; to Meryl Crean on the death of her sister Sharon Burwell; to Mary Laver on the death of her mother Nancy Sweetland; and to the family and friends of Robin Leidner, a longtime Mishkan member who died in September. May Jack's, Eric's, Sharon's, Nancy's and Robin's memories be for a blessing and may their loved ones be comforted among all who mourn.

Love and Support

This month we send our ongoing love, support, and prayers for healing to Mishkan members Rivka Jarosh, Bob Prischak, Mindy Dorfman, Howie Shapiro, Lily Weston, Stacey Meadows, Peggy Jacobs, Karen Singer, Yosaif August, Steve Newman, Wendy Erslev, Cindy Perkiss, Lilith Rose, John Palmer, Deenah Loeb, Raphael (Ray) Kaplan, Robin Berenholz and Natalie Gorvine. May they all experience a *refuah sheleimah* (full healing).

We also send ongoing love, support, and prayers for healing to all those Mishkan members in need of healing but who seek to remain private.

We are keeping these individuals in our prayers as well: Debra Singer (sister of Karen Singer), Patrick Windle (brother of Susan Windle), Sal Berenholz (father of Robin Berenholz), Jackie Berman-Gorvine (daughter-in-law of Natalie & Harold Gorvine), Edgar Galson (father of Wendy Galson and father-in-law of Susan Windle), and Julie Post (sister of Nancy Post). May they all experience a *refuah sheleimah* (full healing).

Please notify us if you want a name added to, or removed from, our "Ongoing love, support, and prayers of healing..." list.



A reminder: Snail-mail cards are always welcomed by all those who are healing and mourning.
If you think of it, do it!

Acts of Caring

Acts of Caring lets the Mishkan Shalom community learn about significant events in the lives of our members. In this way, we can reach out to one another in times of grief, illness, and joy. To reach us simply email: actsofcaring@mishkan.org.

Do you receive Acts of Caring via email?

Acts of Caring goes out to all Mishkan members. It is our communication central for sharing life cycle events and community needs for help. If you are not receiving Acts of Caring, please check your spam, or if you have gmail, your solicitations folder (Acts of Caring is distributed by Constant Contact). If you unsubscribe from *Ma Hadash*, intentionally or accidentally, you will also be unsubscribed from Acts of Caring. Please contact the office for clarification.

HINENI--HERE I AM If you could use a little help because of illness, or joy (new baby!) or you know of a Mishkan member too shy to ask, please email actsofcaring@mishkan.org and we will reach out. *Hineni* offers concrete support to members in need of short-term help, including meals, visits, transportation, etc. If you would like some help, but do not wish a public solicitation, please contact the rabbis, or actsofcaring@mishkan.org and we will speak with you privately and seek to arrange help. Our *Hineni* coordinators are Lisa Mervis and Chris Taranta.

Got Nachas? Sharing your good news is a marvelous way to connect our community! Please don't be shy - send all lifecycle events you would like to be posted to our email address: actsofcaring@mishkan.org.