

Dear Friends,

Each week during our Monday, Thursday and Shabbat morning services, we pray for healing for the individuals named on our MiShebeirach list. This sacred custom calls on the power of prayer and community to support our loved ones and ourselves.

I am reaching out because you have shared a name with our MiShebeirach list, and I wanted to extend to you another opportunity for prayer. We have started a weekly healing service, on Wednesdays, immediately following our 6:00 ma'ariv evening service. In this brief healing service, we sing, recite Psalms, the MiShebeirach prayer for healing, and offer individual prayers for special circumstances, such as recovering from surgery and coping with loneliness during healing.

You are welcome to join us in person in the Temple Beth Tzedek minyan room, or by Zoom at [this link](#). We hope you will join us for Ma'ariv at 6:00 and then stay on for the healing service, but if you would like to join for only the healing service, we typically conclude Ma'ariv at 6:15 and begin the healing service a few minutes later.

Rabbi Sara Rich

PS: The service is not restricted to those with names on our MiShebeirach list.

Healing Service

Every Wednesday at 6:00 PM
beginning Wednesday October 11

We will recite the daily prayer service,
followed by Psalms and Prayers for Healing
for ourselves and for loved ones in need of healing.

For more information call Rabbi Rich at 716-838-3232
or email rabbirich@btzbuffalo.org