



# The Scribe



Volume MMXVIII, No. 5

Adar / Nisan / Iyar

March/April 2018

Temple Beth Am Sisterhood invites you to join us for a

## Champagne Brunch

Sunday, April 29, 2018, 11:30 AM

In honor of our

## 2018 Woman of Valor Heidi Carmel



Details and RSVP Form inside



# Happy Passover

Passover information inside.



## From Our President.....

Can you believe that Passover is almost here?!? It seems like the year is already flying by. I find it amazing how we can close our eyes for what seems like just a minute and the High Holidays have already come and gone and Chanukah is already over and Purim just passed and it's already Passover.



And thinking about Passover can be very overwhelming. We have so much work to do to get ready. We have cleaning to do and dishes to wash and sooooo much cooking to do. And it's so tempting to just say let's forget it this year and go on a kosher cruise!

But then you remember what a great time you had last year at your Seder. Whether you came to Temple Beth Am's Seder or went to a friend's Seder or family's Seder or had your own. And you remember how wonderful it was to be with your family and your friends, and all of a sudden you forget about all the work you had to do and remember instead how wonderful it was.

And that's what I think about (every year) as Terry and the kids and I are working so hard to get everything ready.

And it's the same thought process that many of us have when it comes to volunteering at our synagogue. It's so much work, it's so overwhelming. How can we possibly commit to all that work? And then we remember how wonderful it is to be a part of our community and how fulfilling it is to know that we made a difference.

And so, I hope you have the same feeling that I do and you find time to commit to helping us make the difference. Whatever time you can find to volunteer will help and will be truly appreciated by our members.

Wishing each and every one of you a Happy and Kosher Pesach from my family to you and yours!

*Risa Worrow*

Temple Beth Am President

*Temple Beth Am is an egalitarian conservative synagogue.  
We strive to be a spiritual home wherein a Jewish path can begin or continue in the company of a caring and loving community. The atmosphere is open, the journey engaging, the community supportive.*

# Happy Passover



**2018  
5778**



## Tree of Life

Inscribe a leaf, and make your special event part of our Temple history!

For more information contact the office at 954-968-4545.

## Temple Beth Am

Administrative Company

### Professional Staff

Rabbi Samuel Kieffer.....Ext. 18  
 Rabbi Emeritus, Paul Plotkin.....Ext. 10  
 Jonathan Peskin, Shaliach Tzibor.....Ext. 10  
 Sandi Witt, *Office Manager*.....Ext. 15  
 Joyce Siegel, *Program & Engagement Director*.....Ext. 36  
 Joyce Siegel, *Religious School & Youth Programming*.....Ext. 36

### Temple Beth Am Office Staff

Alana Menitoff, *Administrative Assistant*.....Ext. 11  
 Teddi Klein, *Administrative Assistant*.....Ext. 10

❖ *For all other concerns, dial ext. 10*

### Executive Board

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*"The Scribe" is published bi-monthly by*

## Temple Beth Am

7205 Royal Palm Boulevard, Margate, FL 33063

Phone: (954) 968-4545, Fax: (954) 970-4281

Visit us at [www.beth-am.org](http://www.beth-am.org)

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## WHY EGYPT?

I am indebted to Rabbi Daniel Bortz who wrote a book called “Beneath The Surface: How To Live A Life Of Purpose In Tune With Your Soul” for the idea expressed below.



On Passover we ask a lot of questions. “Why is this night different than any other night,” is only one of many. The entire Seder experience surrounds those questions and offers alternative responses. The mark of a successful Seder is the extent to which the participants engage in debate over the meaning of the questions and consider the various possible answers. Most of the questions we ask focus on the specific symbols—the matza, the maror, the salt water, the parsley, etc. May I suggest that it is proper and beneficial to consider the global meaning of the Passover celebration. We ought to spend some time thinking about the holiday, as a whole, and not just its individual parts. When we do that the fundamental question that comes to mind is why was it necessary that the Jewish People had to endure slavery in the first place? Matza stands for the quick departure from Egypt in the hot desert sun. Maror stands for the bitterness of slavery. I understand all that. But why did we have to be exposed to slavery in the first place? Why couldn’t Jacob and his children have remained in the Land of Israel where their descendants could have received the Torah later on, instead of at Mount Sinai?

When you think about life in Egypt, one thing that stands out as a memory of that environment is the fact that Egypt was impressively advanced technologically, compared to many other places in the ancient Near East, certainly including the Land of Israel. The Israelite slaves may have been the ones to carry out the tortuous work of building the pyramids (which historians point out is chronologically unlikely, but that’s a subject for another occasion). Yet, it wasn’t the slaves who came up with the idea of how to do so. They were instructed by the Egyptian taskmasters what to do and they carried out those instructions. The construction of these monumental structures was nothing less than miraculous considering the size and shape of the huge building blocks. Just to transport them to the desired location defied the laws of physics and of gravity. The architecture involved was unprecedented. Nothing about the pyramids could be described as normal or as possible. And yet, the slaves completed their task ( whether it was the Israelite slaves or those of some other group and some other time).

(cont.)

Taking the above observation a step further, now consider other monarchies and empires who controlled our lives in the centuries that followed the Exodus—Babylonia, Persia, Greece, Rome, Spain, and Nazi Germany? They all had one thing in common. They were not only powerful nations. They also led the world in cultural advancements during their time. In ancient Greece and Rome, the world witnessed amazing achievements in democracy, philosophy, and intellectual debate. How many tourists visit Greece and Rome to see the ruins of some of history's greatest monuments and structures. Spain had a golden age of art, literature, and world exploration. Nazi Germany, about whom it is painful to say anything that could be perceived as complimentary, but they certainly had a love for classical music and opera. They were leaders in the world in their love of the arts. Of course, what they also share in common is that the Jews suffered under each of them, which tells us that high culture does not equate to high morality. A Nazi German officer could go to church on a Sunday morning or the theater on a Sunday afternoon and then go to work at the nearby concentration camp. Obviously something was missing in their high culture.

Perhaps a possible answer to the question above is that had we NOT lived in Egypt, we may have always wondered: Look at the pyramids, mathematics, hieroglyphics. Aren't we missing out on this impressive learning that one can only get in Egypt, the most advanced culture in the world? We are known for the Torah. Can the Torah really match up to the wonders of the leading empire of the day? And just maybe, by living in Egypt we are able to say that our Torah IS more important to the world than the Coliseum of Rome, the bull-fighting arenas of Spain, and all the technology and culture of Nazi Germany. We may not be the most powerful, most culturally advanced, the most impressive nation on the face of the earth, but I will take the Torah, whose purpose is to influence each person in the world to act like a mensch over any of the other empires' accomplishments.

When we celebrate freedom on Passover, we must remember that it is freedom FOR that is more important than freedom FROM. Our freedom from all of the impressive empires of history was not only for us to be free of their tyranny and oppression but it was for us to be free in order to live a life of Torah and to impress the world with its teachings and values which outlast any building we might design and create.

Melinda and I wish all of you a Happy and Joyous Passover creating wonderful memories for your family and friends.

Shalom,  
*Rabbi Sam Kieffer*





## Candle Lighting Times



### March

- ❖ Friday, March 2, at 6:05 pm
- ❖ Friday, March 9, at 6:08 pm
- ❖ Friday, March 16, at 7:12 pm
- ❖ Friday, March 23, at 7:15 pm
- ❖ Friday, March 30, at 7:19 pm

### April

- ❖ Friday, April 6, at 7:22 pm
- ❖ Friday, April 13, at 7:25 pm
- ❖ Friday, April 20, at 7:29 pm
- ❖ Friday, April 27, at 7:32 pm

Join us for  
**Minyan**



**We Need You  
for a Minyan!**



## REGULAR SERVICE TIMES

Service times are subject to change.  
Please confirm times with the Temple Office  
at 954-968-4545

### Daily Minyan

Monday - Friday Morning: 7:20 AM  
Monday - Thursday Afternoon: 6:00 PM  
Sunday Morning: 8:30 AM  
Sunday Afternoon: 5:00 PM

### Shabbat

Happy Minyan - Friday Night Carlebach: 6:10 PM  
Shabbat Morning Services: 9:00 AM  
Shabbat Afternoon Service: 5:00 PM

### Office Hours

Monday - Thursday: 9:00 A.M. - 5:00 PM  
Friday: 9:00 A.M. - 12:00 PM  
Sunday: 9:00 A.M. - 12:00 noon





# Happy Birthday!



Happy Birthday to our TBA member Birthday Celebrants!

## March

Daniel Arkush  
 Joe Berkovits  
 Lori Berkovits  
 Heidi Carmel  
 Stephen Chairnoff  
 Lois Chairnoff  
 Barry Cohen  
 Robert Denberg  
 Adam Dier  
 Fred Epstein  
 Stanley Feldman

Phyllis Felsenfeld  
 Michael Feuer  
 Gary Fixelle  
 Tazko Fried  
 Beth Garfield  
 Larry Gochman  
 Merri Goldberg  
 Sophie Gottlieb  
 Leila Handelman  
 Janet Horn

Steven Iskowitz  
 Saul Kagan  
 Frederick Kravitz  
 Robin Levine  
 Fred Miller  
 Ronald Morris  
 Sidney Randel  
 Clifford Saginor  
 Wendy Sheldon  
 Joyce Siegel

Debbie Silverberg  
 Lawrence Spector  
 Ruth Spectre  
 Marvin Stein  
 Bennett Storfer  
 Gershon Tabak  
 Ivy Tenenbaum  
 Janice Weinsoff  
 Pearl Winikoff  
 Goldie Witrock  
 Terence Worrow

## April

Mark Abzug  
 Eileen Adelman  
 Reuben Babich  
 Karen Comiter Beer  
 Alan Bennett  
 Ana Brand  
 Nancy Brodzki  
 Anita Carr  
 Howard Dvorkin  
 Jill Finkelstein

Tammy Frand  
 Stanley Friedman  
 Deborah Gilman  
 Barry Gluck  
 Sharon Golden  
 Craig Goodwin  
 Simzon Gottlieb  
 Elissa Greenberg  
 Leonard Kaplan  
 Lori Katz  
 Steve Lerner

Linda Levens  
 Andrea Levenson  
 Donna Levy  
 Anita Mann  
 Jay Michelson  
 Stephen Moskowitz  
 Dahlia Muhlbaum  
 Diane Newman  
 Linda Newmark  
 Roberta Randel  
 Mindy Rieders

Alison Rosenberg  
 Steven Seiderman  
 Shirley Shrut  
 Marda Silbernik  
 Frances Silver  
 Steven Silverberg  
 Jack Solinsky  
 Barbara Sturm  
 Stanley Tenenbaum  
 Philip Winikoff





# B'nai Mitzvah



*March 10, 2018*  
**Aaron Perah**  
*Son of Baruch & Claudia Perah*

*March 10, 2018*  
**Miriam Perah**  
*Son of Baruch & Claudia Perah*



*April 28, 2018*  
**Naomi Sternberg**  
*Daughter of Adam & Laura Sternberg*

מזל טוב!



*Congratulations!*

# Simcha Shabbat



Once a month Temple Beth Am hosts a Simcha Shabbat lunch. For a minimum donation of only \$36 we will recognize your simcha with an announcement & a cake celebrating the event!

**Join the celebration!**

Call the Temple office at 954-968-4545 for more information

**Bikur cholim**— (**Hebrew**: ביקור חולים; "visiting the sick"; also transliterated **Bikur holim**) refers to the **mitzvah** (**Jewish** religious commandment) to visit and extend aid to the sick.



Bikur Cholim is one of the important deeds included in Gemilut Hassadim—the performance of loving kindness. It means “caring for the sick” but there is much more that we can do. It is also one of the many mitzvahs we are commanded to do.

Temple Beth Am would like to connect with our members who are ill or recovering from surgery with a card or a phone call and let them know we care. If you, your family member, or dear friend is in need and would like support from the Bikur Cholim or you would like to volunteer, please call the Temple office at 954-968-4545.



## TREE OF LIFE



### DONATED By

SHAVIE, ZACK, IAN AND JAKE FAGAN  
BARRY AND CLAUDIA PERAH

### IN HONOR Of

BAR MITZVAH of RYAN ANTHONY FAGAN  
B'NAI MITZVAH of CHILDREN MIRIAM & AARON PERAH

# jfs JET Express

a volunteer driver program of Goodman Jewish Family Services

The goal of **JET Express**, a new volunteer driven program by Goodman JFS is to help older adults remain active and independent, by accessing safe and reliable transportation with community volunteers.

To become a **JET Express** Member, you must:



- Be 60 years of age and older.
- Be without readily available transportation.
- Be non-wheelchair bound (if you can get into the car and have your wheelchair put into the trunk, that's acceptable),
- Membership is \$100 annually which provides for the potential of 60 roundtrip rides a year.
- Rides need to be scheduled 5 business days in advance.
- There is a 30-mile roundtrip limit.
- Rides can be used for medical appointments, going to the hairdresser, going to the grocery store; anything that helps older adults remain active and independent.

If you would like to become a member of JET Express, please contact Pamela Carre at 954-909-0839 or at [pcarre@jfsbroward.org](mailto:pcarre@jfsbroward.org) for an enrollment packet.

We are also looking for community-minded volunteers who like to drive and work with older adults. For those who would like the opportunity to help older adults remain active, please contact Pamela Carre, at 954-909-0839 or at [Pcarre@jfsbroward.org](mailto:Pcarre@jfsbroward.org).



This has been made possible by support from the following  
Community Foundation of Broward Funds:  
Frank P. and Blanche S. Buck Fund, Stephen and Ethel Keller Fund,  
Berta Hirschl Fund, Mary and Alex Mackenzie Community Impact Fund



# מה נשתנה הלילה הזה?

Mah Nishtanah ha-lilah ha-zeh?



**Temple Beth Am is hosting a Passover Seder!**

Temple Beth Am, 7205 Royal Palm Boulevard, Margate, FL 33066

Friday evening, March 30, 2018

Maariv 7:00pm

Seder 7:30pm

**MEMBER PRICE**

\_\_\_ #Adults (13+) \$65/pp

\_\_\_ #Children ages (4-12) \$40/pp

\_\_\_ #Children (ages 0-3) Free

**NON-MEMBER PRICE**

\_\_\_ #Adults (13+) \$75/pp

\_\_\_ #Children ages (4-12) \$50/pp

\_\_\_ #Children (ages 0-3) Free

Seder led by Rabbi Sam Kieffer

**Reservations Required**

**Passover Seder**

Return completed form to the Office or register online at [www.beth-am.org](http://www.beth-am.org)

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Please seat me with \_\_\_\_\_

**MEMBER PRICE**

\_\_\_ #Adults (13+) \$65/pp

\_\_\_ #Children ages (4-12) \$40/pp

\_\_\_ #Children (ages 0-3) Free

**NON-MEMBER PRICE**

\_\_\_ #Adults (13+) \$75/pp

\_\_\_ #Children ages (4-12) \$50/pp

\_\_\_ #Children (ages 0-3) Free

\_\_\_ # Vegetarian meals requested

**Amount Enclosed \$ \_\_\_\_\_**

Questions, contact Joyce Siegel at [jsiegel@beth-am.org](mailto:jsiegel@beth-am.org)

*(Please note: Seder is subject to cancellation in the case of insufficient registration.)*



Ruth & Norman Rales  
Jewish Family Services  
Help. Hope. Humanity.  
FOOD AND FINANCIAL ASSISTANCE

# ANNUAL PASSOVER FOOD DRIVE

Benefitting the Jacobson Family Food Pantry a  
program of Ruth & Norman Rales Jewish Family Services



**CHAMETZ DONATIONS**  
Accepted  
March 1<sup>st</sup> - March 23<sup>rd</sup>

**PASSOVER DONATIONS**  
Accepted  
April 8<sup>th</sup> - April 20<sup>th</sup>

Collection boxes located at  
Temple Beth Am

**YEAR ROUND  
JACOBSON FAMILY FOOD PANTRY  
SHOPPING LIST:**

- Tuna
- Peanut Butter
- Jelly
- Canned Fruit
- Cereal
- Pasta
- Tomato Sauce
- Canned Vegetables
- Soup
- Vegetarian Beans
- Instant Mashed Potatoes
- Rice

Unfortunately, we cannot accept meat products, items that are in glass jars or expired.

## THE JACOBSON FAMILY FOOD PANTRY DISTRIBUTES OVER 110,000 POUNDS OF FOOD ANNUALLY

**For additional information contact:**

Debby Laznik, Food Pantry Outreach Coordinator  
561.852.3380 or [deborahl@ralesjfs.org](mailto:deborahl@ralesjfs.org)

**Ruth & Norman Rales Jewish Family Services provides:**

Food & Financial Assistance | Senior Services | Counseling & Mental Health Services  
Career & Employment Services | Family & Children's Services | Volunteer Opportunities





# Sisterhood News



## ...Just.. a..note...

I am so proud of all the things that Sisterhood has accomplished this year, and of all the fun we have had. We continue to have our game day, the third Sunday of every odd month. As random as that sounds, it seems to be working for us. We have our next one on the 18<sup>th</sup> of March, so even if you don't have a regular mah jongg or canasta game, please think about joining us. There are always people that will take you in. We would like to add RummyQ to the morning, so if that interests you, come on over.

We had our "Old Bags Brunch" in January. Thank you to the women who donated, the women that bought, the woman, Jill Finkelstein, that organized, and our outstanding auctioneer, Jeffrey Needle. The morning was a HUGE success and everyone left smiling, especially the sisterhood bottom line.

Thank you Amy Hymes for once again putting together our Shalach Manot boxes. We all look forward to them every year. And thank you Goldie Witrock for conducting the discussion of *The Bridal Chair*. (Last book will be "Golda" by Ralph Martin. Not till May, but start reading now.)

So, you ask, what's coming up??? Well, I'll tell you. Sunday, March 11<sup>th</sup> we are joining the Men's Club in bringing in the Jewish Genealogical Society for the Speaker Series. Once again, it is only \$5 and includes a bagel breakfast. See a separate article. Then on March 17<sup>th</sup>, we have our annual Women's Shabbat. If you would like to participate, see Sapir Roth and the information in a separate article.

Our last big event of the year, is our Woman of Valor luncheon. This year we are so happy and proud to be able to honor *Heidi Carmel*. If you participate in adult ed, Hebrew class, bingo, programming or Shabbat, just to name a few, you know Heidi. Few of us can keep up with all she does. We expect to have a huge turn out, so be sure to get your reservation in early. Once again, see the separate article.

This is the article before Pesach, so I wish you all a "Zissen Pesach" and hope your holiday is filled with family, friends and a good vacuum for all those matzah crumbs.



Sisterhood of Temple Beth Am

Temple Beth Am Sisterhood

Invites you to join us for a

# Champagne Brunch

Sunday, April 29, 2018, 11:30 AM

In honor of our

2018 Woman of Valor

Heidi Carmel



RSVP by April 15, 2018

Reservation flyer available in Temple office  
or sign up online at [www.beth-am.org](http://www.beth-am.org)

Temple Beth Am Sisterhood  
invites you to join us for a

# Champagne Brunch & Entertainment

Sunday, April 29, 2018, 11:30 AM

in honor of our

## 2018 Woman of Valor

# Heidi Carmel

Lunch is \$45

Donations in any of the following categories includes lunch  
and your name listed in our program

Grand Patron - \$100    Patron - \$75    Sponsor - \$54

.....

Yes, I will be attending -

Grand Patron @ \$100 \_\_\_\_\_ Patron @ \$75 \_\_\_\_\_

Sponsor @ \$54 \_\_\_\_\_ Lunch @ \$45 \_\_\_\_\_

Name \_\_\_\_\_

Please seat me with \_\_\_\_\_

RSVP by April 15, 2018

Any questions, contact Amy Hymes at 954.270.7207

Checks payable to: Temple Beth Am-Sisterhood  
7205 Royal Palm Blvd  
Margate, FL 33066

or sign up online at [www.beth-am.org](http://www.beth-am.org)



## BINGO AT BARC



### *Bingo balls, bingo balls, bingo all the way!*

For about the past 15 years, about a dozen of our members meet at BARC (Broward Addiction Recovery Center) in Coral Springs at 9:45 AM on December 25<sup>th</sup> for their annual Mitzvah Day gig: Playing bingo with the clients, sharing inspirational tales, singing seasonal songs, and bringing some holiday cheer into what might otherwise be just another ordinary day.

This Mitzvah Day event has been spearheaded for many years by Simeon Gottlieb. Duties are divvied up: Some of us hand out bingo cards and markers, some are bingo callers or verifiers, others are “floor” volunteers who call back winners’ numbers, and some are...sock throwers! Yes! Like T-shirt throwers at ballgames, we toss new socks to the winners! (and no, we don’t split pairs if there are 2 winners!) This year’s volunteers included *Sophie and Simeon Gottlieb, Arnold and Barbara Himmelgreen, Henny Katz, Marty Pines, Sapir Roth, Larry Schwartz, Ruth Sperber, Anita Todras, Eduardo and Carolina Villafane, and Gary Weichselbaum*. It was a bit more chaotic this year because not only were there over 80 clients, but they were already inside when we went in. Plus, someone who shall remain nameless, felt that we needed a newfangled “official” bingo cage to hold the balls, instead of the usual paper bag. During the game, the cage occasionally went rogue, and the teeny plastic bingo balls went rolling and bouncing away, causing a mix of dismay and laughter as people scrambled to catch them. And for a while there, we couldn’t figure out the number on one of the balls (turned out to be I-19).

Larry Schwartz was tasked with being bingo caller. He did so well that we let him call the whole time. Luckily, Henny Katz provided him with a throat lozenge, and he got his second wind. Larry’s calling style is a mélange of bingo caller, carnie worker and sports commentator. “Beeee-13, Dan Marino’s number!” “I-22, Emmitt Smith!” “N-41, best pitcher ever, Tom Seaver!” “G-54, some defensive tackle!” and “Oh-Oh-Oh-75....!” The volunteers and clients got a kick out of it and joined in. Meanwhile, as clients got close to getting bingo, tension mounted, and as winners called out, they were jumping up with excitement and socks were flying!

During a halftime break, Ruth kept the crowd spellbound with her inspirational stories of hope, faith, and good karma. After a few more rounds of bingo, Ruth brought the day to a close with a true and touching story of her own, after which she donned a green tinsel wig, a red nose, and reindeer antlers, and everyone sang rousing versions of “Rudolph, the Red-Nosed Reindeer” and “Jingle Bells.”

BARC staff took our usual group photo and, as the clients and volunteers parted, there was handshaking and expressions of thanks and appreciation all around. Usually BARC sends us a signed thank-you card after the holiday, but this time, for the first time, they handed us a hand-made card of thanks right there, signed by the clients, thanking us for being ourselves and doing what we do.

We volunteers feel that we benefit from this mitzvah as much as the residents do. We are reminded of how much we have, and how much others don’t. We are grateful for the opportunity to bring joy to others, even if only for a short while. We have hope that they are inspired by Ruth’s tales, and that they will remain resolute and better their lives, so that next year they will be among their family and friends, celebrating to the max. Do you think they’ll miss bingo at BARC on Christmas?

# Join us!

...for Brunch  
and a morning of  
Mah Jongg, Canasta & RummyQ

Bring your mah jongg set, your canasta cards,  
your friends, and your appetite!



Join the fun!



**March 18, 2018**

**Members: \$10 pp**

**Non-Members: \$12 pp**

Reservations Required

*Sponsored by the Sisterhood of Temple Beth Am*

Heartfelt 

# THANKS

## TO OUR VOLUNTEERS!

...for making the annual  
Mitzvah Day BARC Bingo  
a smashing success!



Front Row: Sophie Gottlieb, Eduardo Villafane, Sapir Roth, Barbara Himmelgreen, Carolina Villafane; Back Row: Simeon Gottlieb, Arnold Himmelgreen, Marty Pines, Larry Schwartz, Ruth Sperber, Henny Katz, Gary Weichselbaum, Anita Todras



to Holocaust Awareness

For more information:  
[Sixmillionstepstoholocaust@gmail.com](mailto:Sixmillionstepstoholocaust@gmail.com)

Registration and payment:  
<https://goo.gl/EWtPX>

## A Holocaust awareness walk reaching six million cumulative steps

### Free Community Wide Event

■ **DATE**

Sunday, March 18, 2018

■ **TIME**

9:00am – 12:00pm

■ **WHERE**

Coral Springs Sportsplex Track  
2700 Sportsplex Drive, Coral Springs 33065

Special guest speakers , family friendly activities,  
live streaming with Israel

For more info:

[sixmillionstepstoholocaust@gmail.com](mailto:sixmillionstepstoholocaust@gmail.com)

**\$18 Donation, paid by Feb 28<sup>th</sup>, to receive a free T-Shirt**

**Registration and payment can be made online at:**

<https://goo.gl/EW2tPX>

Follow us online at Facebook:

<https://www.facebook.com/6MillionStepsAwareness/>

Hosted by:



# jfs JET Express

a volunteer driver program of Goodman Jewish Family Services

## VOLUNTEER DRIVERS NEEDED

**Become a Volunteer Driver and give so much more than just a ride...**

**JET Express is a new initiative by Goodman JFS to keep older adults active and independent.**

**Volunteering is easy and fun! A few reasons why you'll love driving for JET Express...**



- Choose when you drive, where you drive, and who you drive!
- Flexible commitment – drive as little as once a month!
- Easily choose your rides on-line.
- Receive mileage reimbursement.
- We provide secondary auto insurance.
- You'll help strengthen the community.
- You'll directly impact the lives of older adults in our community!

To become a Volunteer Driver for Jet Express, contact Pamela Carre at [Pcarre@jfsbroward.org](mailto:Pcarre@jfsbroward.org) or call 954-909-0839.

JET Express is made possible by support from the following  
Community Foundation of Broward Funds:  
Frank P. and Blanche S. Buck Fund, Stephen and Ethel Keller Fund,  
Berta Hirschl Fund, Mary and Alex Mackenzie Community Impact Fund





## March/April 2018

At the end of January, the Men's Club hosted a Trivia Night where we had 60 people battling over trivia questions in categories such as music, TV shows, movies, and more. It was an entertaining evening and we even learned something (Yes, the first doorbell was indeed created in 1831 by inventor Josef Henry). Thank you to Larry Rodkin from Lawrence of Florida for hosting a fun event.

The original trivia night or "pub quiz" was established in the UK in the 1970s, by a company called Burns and Porter, to get people into pubs on quieter nights. Popularity grew and grew over the next few years and from 30 to 10,000 teams playing each week. Back in 2009, there were approximately 2,000 regular weekly quizzes in the United States. On May 4, 2017, the first ever online pub quiz took place, run by Primordial Radio in the United Kingdom. It used existing technologies of a YouTube live stream and the answer sheet by survey monkey.

People's love for their cell phones has now generated a new trivia game that can be played on the go. This new game is called HQ Trivia, and many of you may already be playing it. Every night, about 1 million players pick up their phones at 9:00pm and answer 12 questions. Answering a question incorrectly eliminates you and the final winners split a cash prize of \$2,500 or higher.

During the upcoming months Men's Club will be sponsoring several Sunday Speakers:

**March 4** Mark Breiman from MSB Consulting Group, who will discuss retirement options, insurance, and asset protection strategies.

**March 11** tba Men's Club and Sisterhood are proud to bring in the Jewish Genealogical Society of Palm Beach County (JGSPBCI). Cindy Potter Taylor, the president of the JGSPBCI, will be speaking about Genealogy 101 which includes learning how to research your family tree, what organizations are available to help, what Jewish roots trips are available, and more.

**April** Florida Congressman Ted Deutch. Date TBD

*Moshe Shmia*  
Men's Club President

# “Retirement Planning for Dummies”

*Mark Breiman, MSB Consulting Group, LLC*

As you plan your retirement, you should be asking the following questions:

*Should I buy annuities? What about Income riders?*

*Should I invest in IRAs? If so, which ones, Traditional or Multigenerational?*

*Am I leaving my retirement to chance?*

*How I do keep my money in my family?*

*What are my insurance options?*

**Find out the answers to these questions and more!**

As an active seminar teacher in the not-for-profit speakers’ bureau, the **Association** of Financial Educators, Breiman is part of a national group of financial professionals freely giving their time to fulfill the mission of eliminating financial illiteracy in the U.S. Breiman founded Strategic Insurance Partners and will share more than 18 years of financial planning experience with us. His areas of expertise include Equity Indexed Fixed Annuities, Premium Finance, Life Insurance, Long Term Care, Tax Strategies, and Wealth Transfer.

Sign up now for this **FREE** event at [www.beth-am.org/retirement](http://www.beth-am.org/retirement) or by contacting the temple office at 954-968-4545

<b>Date</b>	<b>Sunday, March 4, 2018</b>
<b>Time</b>	<b>Bagels and coffee at 9:30 AM; Speaker at 10:00 AM</b>
<b>Location</b>	<b>Temple Beth Am Lustig Ballroom</b>
<b>Cost</b>	<b>FREE; RSVP at <a href="https://www.beth-am.org/retirement">https://www.beth-am.org/retirement</a></b>

Sponsored by the Temple Beth Am  
**MEN’S CLUB & SISTERHOOD**

[mensclub@beth-am.org](mailto:mensclub@beth-am.org)

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[sisterhood@beth-am.org](mailto:sisterhood@beth-am.org)



# SUNDAY SPEAKER SERIES

[www.beth-am.org/jewish-genealogy](http://www.beth-am.org/jewish-genealogy)

The study of genealogy and ancestry is a very top topic in America today. As of April 2017, AncestryDNA, the DNA testing segment of Ancestry.com, had 4 million members. In the 3 months before that, the membership counts exploded from 3 million to 4 million. With this interest in genealogy, the Temple Beth Am Men’s Club and Sisterhood are proud to present.....

## Cindy Potter Taylor

*Jewish Genealogical Society*  
*“ Jewish Genealogy 101”*



**JGSPBCI**

*jewish genealogical society of palm beach county*

**Established in 1991**

The Jewish Genealogical Society of Palm Beach County (JGSPBCI) was founded 27 years ago and is currently the 5<sup>th</sup> largest Jewish Genealogical Society in the United States. Cindy Potter Taylor has been a genealogy researcher for the past 15 years.

She will be speaking about the following topics:

- Getting started in researching your family tree, beginning with web sites and how to use them
- Becoming a “detective” when it comes to your family history and how grave-stones can be used to find your ancestors
- Naturalizations and DNA
- The importance of genealogy and ancestry to your loved ones

<b>Date</b>	<b>Sunday, March 11, 2018</b>
<b>Time</b>	<b>Breakfast at 9:30 AM; Speaker at 10:00 AM</b>
<b>Location</b>	<b>Temple Beth Am Lustig Ballroom</b>
<b>Cost</b>	<b>\$5.00 per person</b>

Tickets available at [www.beth-am.org/jewish-genealogy](http://www.beth-am.org/jewish-genealogy)  
or by calling the temple office at (954) 968-4545

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\*

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## Rep. Ted Deutch (D)

*Congressman, Florida's 22<sup>nd</sup> District*

Congressman Ted Deutch represents Florida's 22<sup>nd</sup> district, home to communities throughout Broward County and southeastern Palm Beach County. Now serving his fifth term in Congress, he is the ranking Democrat of the House Ethics Committee and a senior member of the House Judiciary Committee and the House Foreign Affairs Committee, where he serves as the Ranking Democrat on the Middle East and North Africa Subcommittee.

**Date: TBD**

Sponsored by the Temple Beth Am **MEN'S CLUB** \* [mensclub@beth-am.org](mailto:mensclub@beth-am.org)

## 9<sup>th</sup> Annual Film Festival



### **FRISCO KID— Saturday, March 17, 2018 at 8:30pm**

A Polish rabbi wanders through the Old West on his way to lead a synagogue in San Francisco. On the way he is nearly burnt at the stake by Indians and almost killed by outlaws. Starring Gene Wilder and Harrison Ford.



### **In Our Hands, The Battle for Jerusalem—Wed, April 18, 2018 at 7pm**

"In Our Hands" tells the story of the Battle of Jerusalem in the Six-Day War through the eyes of the IDF's 55th Paratrooper Brigade, highlighting their role in the liberation of Jerusalem. The docudrama combines dramatic reenactments with interviews of veterans of the Six-Day War and archival footage and photos.



All films are followed by a dessert reception and a discussion!



Register online at [www.beth-am.org](http://www.beth-am.org)

Any questions, please contact the office at 954-968-4545.



## Book Discussion Group

Sunday, May 12<sup>th</sup> (at Shabbat lunch)

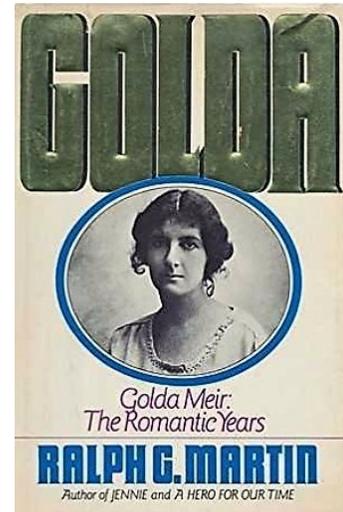
### Golda

Sponsored by Temple Beth Am Sisterhood

#### The book....

The last book of this season will be after a Shabbat lunch on May 12th, when Linda Storfer will lead the discussion of Golda by Ralph Martin.

Meir was one of the most influential women of the 20th century as a founder of Israel and later Prime Minister. She projected an image of pragmatism combined with unwavering devotion to the cause of creating and maintaining a Jewish homeland, now Martin reveals her human side. Emphasizing her inadequacies as a wife and mother and cataloguing her alleged lovers, Martin traces Meir's life through 1948. He interweaves her political successes with her human frailties.



# Yom Hashoah

## Film

### "Raise The Roof"

Sunday

April 8

3:00 PM

## Memorial Program & Service

Featuring a special  
guest speaker

Wednesday

April 11

7:00 PM



# snapshots

Temple  
**BETH** 





Yom Ha'Atzmaut

Celebrate Israel's 70<sup>th</sup> birthday  
at Temple Beth Am

**Saturday, April 21<sup>st</sup>**

**Rabbi Kieffer will speak during Shabbat services about "Israel Today!"**

**Following services there will be a festive Israeli lunch, songs and speakers.**

**Suggested attire: blue and white to honor Israel**

# 2018 - 5778



## Passover Schedule



Thursday, March 29	Search for Chametz in the house	After dusk
Friday, March 30	Fast of the First Born - Siyum Study session led by Rabbi Kieffer Burning of Chametz (no later than 10:00am) Maariv First Seder	7:20 AM 10:00 AM 7:00 PM
Saturday, March 31 1st day of Passover	Morning Services (Yom Tov) Mincha Second Seder	9:00 AM 5:00 PM
Sunday, April 1 2nd day of Passover	Morning Services (Yom Tov) Mincha	9:00 AM 5:00 PM
Thursday, April 5	Mincha	6:00 PM
Friday, April 6	Shacharit (Yom Tov) Mincha/Maariv	9:00 AM 6:10 PM
Saturday, April 7	Shacharit, Musaf & Yiskor Services (Yom Tov) Mincha	9:00 AM 5:00 PM



The approved list of Passover products will be available in the Temple Office and on our website at [www.beth-am.org](http://www.beth-am.org)

# Passover Outlook

Prepared by Rabbi Paul Plotkin

## The Siyum B'chorim

On the day before Passover, the first born of our people fast to commemorate the deliverance of the first born in Egypt. But one may eat if he is participating in a Seudat Mitzvah, the festive meal which accompanies the performance of certain mitzvot. One such mitzvah is Talmud Torah (*study*) and thus when a scholar completes a significant section of material (e.g., a tractate of Talmud) it is customary for all present to join in a Siyum, a ceremony of completion, with a meal. Any first born who participates in said ceremony may eat; this is known as the Siyum B'Chorim. If Pesach falls on a Saturday night, the Siyum is held on Thursday morning. This year the Siyum B'Chorim will take place on Friday, March 30, at 7:20 AM.

## Why Must We Clean Our Houses So Thoroughly Before Pesach?

The rule against Chametz on Pesach applies not only to eating but to enjoyment (*hana'ah*) and also involves removing all the chametz from one's home. No chametz is even allowed to be in the possession of a Jew during Passover. To facilitate this cleaning the following rituals are part of Passover preparations:

1. **Bedikat Chametz** (*search for chametz*) Thursday, March 29 - After the house has been cleaned, on the night before Passover we search once again for any crumbs of chametz we may have missed. We put a little piece of bread in each room that we ordinarily eat in. We use a candle, a feather and a wooden spoon. This symbolizes that all the chametz which we could see was removed. We put all of the above in a paper bag for the burning the next day. Kits are available while supply lasts.
2. **Bittul Chametz** - A formal renouncing of any chametz left that we may have inadvertently missed and canceling our responsibility for it, thus legally removing it from our homes.
3. **Be-ur Chametz** - On Friday, March 30, by 10:00 A.M., we burn the chametz that has been found during the search the night before. We have a fire at the Shule after the Siyum at 8:00 A.M.

## Kashering of Kitchen Appliances and Utensils

It is customary (and easiest) to remove the utensils and dishes that are used during the year, replacing them with either new utensils or utensils used year to year only for Pesah. This is clearly not possible for major appliances and may not even be possible for dishes and utensils.

There is a process for kashering many, but not all, kitchen items thus making them kosher for Pesah:

**The general principle used in kashering** is that the way the utensil absorbs food is the way it can be purged of that food, כבולעו כך פולטו (*Ke-volo kach pol'to*). This principle operates on the basis of the quality or intensity of how the items absorb food. Things used for cold food can be kashered by rinsing since no substance has been absorbed by the dish or glass. Items used on a stove absorb the food and thus need a stronger level of action namely expelling the food into boiling water, called הגעלה (*hag'alah*). The most intense form of usage is directly on a fire or in an oven and these utensils require the most intense method of kashering, namely ליבון (*libbun*) which burns away absorbed food.

# Passover Outlook Continued

## Kashering Specific Appliances and Utensils

### METALS

To *kasher* **pots, silverware, and utensils wholly of metal not used for baking**, thoroughly clean the item with soap and water, then, following a strict 24 hour waiting period during which they are not used, immerse the item in water that is at a rolling boil (הגעלה *hag'alah*). For pots and pans, clean handles thoroughly. If the handle can be removed, do so for an even more thorough cleaning. To effect הגעלה (*hag'alah*), the item must be completely exposed to the boiling water. Pots and pans are either immersed in a larger pot of boiling water (may be done one section at a time) or filled with water brought to a rolling boil and then a heated stone is dropped into the pot such that the boiling water overflows to cover the sides of the pot. In the case of silverware every part of each piece must be exposed to the water at a rolling boil. Following this הגעלה (*hag'alah*) process, each utensil is rinsed in cold water.

**Metal bakeware, pans and sheets used in a fire or in an oven** must first be thoroughly scrubbed and cleaned and then must be subjected to direct fire or an oven at its maximum setting. Thus using a blow torch or putting it in an oven during self-cleaning are two ways to accomplish this purging (ליבון - *libbun*). This is a complicated and a potentially dangerous procedure and may result in discoloration or warping of the metal being purged. Exercise caution when performing ליבון (*libbun*). New pans and sheets may be preferable.

A **metal kitchen sink** can be *kashered* by thoroughly cleaning and scrubbing the sink (especially the garbage catch), letting 24 hours pass during which only cold water is used, and then carefully pouring boiling water over all the surfaces of the sink including the lip. A porcelain sink cannot be *kashered*, but should be thoroughly cleaned, then Pesah dish basins and dish racks must be used, one each for dairy and meat.

### GLASS

**Glass dishes** used for eating and serving hot foods are to be treated like any dish used for eating and serving hot food. *Kashering* is effected by cleaning and immersing in boiling water (הגעלה *hag'alah*).

**Glass cookware** is treated like a metal pot for *kashering* (see paragraph on metal, above). Glass bakeware cannot be *kashered*. Drinking glasses or glass dishes used only for cold foods may be *kashered* by a simple rinsing. Some follow the custom of soaking for three days in cold water and changing the water every 24 hours.

### PLASTICS

Though some may permit *kashering* heavy duty plastic generally I do not approve of *kashering* plastic.

### CERAMIC DISHES

**Ceramic dishes (earthenware, stoneware, china, pottery, etc)** cannot be *kashered*. However fine bone china that was put away clean and that has not been used for over one Jewish calendar year may be used after thorough detergent and hot water washing. The china is then considered *pareve* and may be designated for meat or dairy use.

# Passover Outlook Continued

## COOKING APPLIANCES

For **ovens and ranges**, every part that comes in contact with food must be thoroughly cleaned. This includes the walls and the top and bottom of the oven. The oven should be heated at maximum heat for an hour; the range top until the elements turn red and glow. Then parts of the range top around the elements that can be covered should be covered, (usually with aluminum foil). After a general and careful cleaning, self cleaning ovens are put through the full cleaning cycle while empty. Following this process, the oven should be again cleaned to remove any ash. If the oven was very dirty to start, two cycles may be needed to assure a thorough cleaning.

**Smooth, glass top electric ranges** require *kashering* by **ליבון** (*libbun*) and **ערוי** (*iruy*) – pouring boiling water over the surface of the range top). First, clean the top thoroughly, then turn the coils on maximum heat until they are red hot. Then carefully pour boiling water on the surface area over and around the burners. The range top may now be used for cooking.

**Microwave ovens** that have no convection option should be thoroughly cleaned. Then an 8 ounce cup of water is placed inside and the oven is turned on until the water almost disappears (at least 6 of the 8 ounces is gone). Heating to complete dryness may damage the oven. At one point when boiling, stop the microwave and move the cup so that the area covered by the cup is exposed to the steam. A microwave oven that has a browning element cannot be *kashered*.

**Convection ovens** are *kashered* like regular ovens. Make sure that during the cleaning phase you clean thoroughly around the fan.

## ADDITIONAL KITCHEN APPLIANCES

A **dishwasher** needs to be cleaned as thoroughly as possible including the inside area around the drainage and filters. Then a full cycle with detergent (with racks in) should be run while the dishwasher is empty. After 24 hours of not being used the dishwasher is again run empty (with racks in) and set on the highest heat for the purpose of *kashering*. If the sides of the dishwasher are made of enamel or porcelain, the dishwasher cannot be *kashered* for Pesah.

**Other electrical appliances** can be *kashered* if the parts that come in contact with **חמץ** (*hameitz*) are metal and are removable, in which case they may be *kashered* like all other metal cooking utensils. If the parts are not removable, the appliances cannot be *kashered*. I recommend whenever possible that small appliances be used that are strictly for Pesah, thus avoiding the difficulty of *kashering* these appliances.

## WORK SURFACES

**Tables, closets, and counters** should be thoroughly cleaned and covered for Pesah. The coverings can be contact paper, regular paper, foil or cloth that does not contain **חמץ** (*hameitz*) (e.g. been starched with *hameitz* starch). Note that the covering material should be made of material that is not easily torn.

Many **counter top surfaces** can be *kashered* simply by a thorough cleaning, a 24 hour wait and **ערוי** (*iruy*) – pouring boiling water over them). To have **ערוי** (*iruy*) be effective for *kashering*, the surface must have no hairline cracks, nicks or scratches that can be seen with the naked eye.

- ♦ Plastic laminates, limestone, soapstone, granite, marble, glass, Corian, Staron, Ceasarstone, Swanstone, Surell and Avonite surfaces can be *kashered* by **ערוי** (*iruy*). ♦ Ceramic, cement or porcelain counter tops cannot be *kashered* by **ערוי** (*iruy*).
- ♦ Wood without scratches is also *kashered* by **ערוי** (*iruy*).

The potential effectiveness of **ערוי** (*iruy*) depends on the material of which the counter was made. A full list of counter materials that can be *kashered* (according to their decisors) may be found on the website of the Chicago Rabbinical Council (CRC), <http://www.crcweb.org/>.

Refrigerators and freezers should be thoroughly cleaned with detergent. If there are places where food can be stuck (e.g. cracks or difficult corners to reach), these areas should be covered.

# Passover Outlook Continued

## Foods

The Torah prohibits the ownership of חמץ (hameitz) (flour, food or drink made from the prohibited species of leavened grain: wheat, oats, barley, rye or spelt) during Pesah. Ideally we burn or remove all חמץ (hameitz) from our premises or they can be donated to a non Jewish food pantry.

In some cases, however, this would cause prohibitive financial loss. In such cases, we arrange for the sale of the חמץ (hameitz) to a non-Jew and its repurchase after Pesah:

חמץ (mekhirat hameitz – the sale of hameitz) is accomplished by appointing an agent, Rabbi Kieffer, to handle the sale (see attached form). This must be considered a valid and legal transfer of ownership and thus the items sold must be separated and stored away from all other foods and supplies. This means that non-Passover dishes, pots, utensils and חמץ (hameitz) food that have been sold as part of the selling of one's חמץ (hameitz) should be separated, covered or locked away to prevent accidental use.

At the end of the holiday, Rabbi Kieffer will arrange to repurchase the items on behalf of the owner, since the חמץ (hameitz) at that time is again permitted. One must wait until one is sure the repurchase has been done. If ownership of the חמץ (hameitz) was not transferred before the holiday, the use of any such חמץ (hameitz) remains prohibited after the holiday (חמץ שעבר עליו הפסח - hameitz she-avar alav ha-Pesah) and any such products should be given away to a non-Jewish food pantry.

### Prohibited Foods:

Since the Torah prohibits the eating of חמץ (hameitz) during Pesah, and since many common foods contain some חמץ (hameitz), guidance is necessary when shopping and preparing for Pesah.

Prohibited foods (hameitz) include the following:

- biscuits
- cakes
- coffees containing cereal derivatives
- crackers
- leavened bread
- pasta

These are foods that are generally made with wheat, barley, oats, spelt or rye (grains that can become חמץ (hameitz)). Any food containing these grains or derivatives of these grains must be certified kosher for Pesah. Flavorings in foodstuffs are often derived from alcohol produced from one of these grains which would render that food חמץ (hameitz). Such products also need Pesah supervision.

### קטניות – Kitniyot

In the past, Ashkenazi Rabbinical authorities added the following foods (קטניות - kitniyot) to the above list of prohibited foods:

- beans
- corn
- millet
- peas
- rice
- soy

These and some other plant foods (e.g. mustard, buckwheat and sesame seeds) are not permitted for eating on Pesah. They need not be sold or disposed of before Pesah. The processed products, whether liquid or solid, from קטניות (kitniyot) are also forbidden by most Ashkenazic rabbinical authorities. These might include but not be limited to ascorbic acid (vitamin C), corn oil, corn sweetener, and soy oil.

# Passover Outlook Continued

Most Sephardic authorities permit the use of all the (kitniyot) foods other than those that might have come in contact with the prohibited grains. Israeli products are often marked “contains kitniyot” and thus Ashkenazi Jews who do not use (kitniyot) need to be vigilant when purchasing Israeli products for Passover.

Our Movement’s Committee on Jewish Law and Standards has permitted the use of peanuts and peanut oil on Pesah provided said items have proper year round kosher certification and do not contain any חמץ (hameitz) ingredients. New this year — the law committee has now permitted the use of kitniyot.

## Permitted Foods

An item that is kosher all year round, that is made with no חמץ (hameitz), and is processed on machines used only for that item and nothing else (such as ground coffee) may be used with no special Pesah supervision. As we learn more about the processing of foods and the ingredients they contain, relying on the kashrut of a product for Pesah without a Passover הכשר (hekhsher) may be problematic. Wherever possible, processed foods ought to have a “כשר לפסח” (“kasher l’Pesah” הכשר (hekhsher) from a reliable source. Since that is not always possible, however, our guidelines reflect some alternatives that are acceptable.

Any food that you purchase with a “כשר לפסח” (“kasher l’Pesah”) הכשר (hekhsher) must have a label that is integral to the package and it should have the name of a recognizable, living supervising Rabbi or creditable kosher supervision agency if possible. If the label is not integral to the package or if there are questions regarding the labeling, the item should not be used without consulting Rabbi Plotkin.

## **NO PESAH HEKHSHER REQUIRED**

Products which may be purchased without a Pesah הכשר (hekhsher) before or during Pesah:

- baking soda
- bicarbonate of soda
- eggs
- fresh fruits and vegetables
- fresh or frozen kosher meat (other than chopped meat)
- Nestea (regular and decaffeinated)
- pure black, green, or white tea leaves

## **NO PESAH HEKHSHER REQUIRED IF PURCHASED BEFORE PESAH**

Products which may only be purchased without a Pesah הכשר (hekhsher) before Pesah. If bought during Pesah they require a הכשר (hekhsher):

- all pure fruit juices
- filleted fish
- frozen fruit (no additives)
- White milk

Frozen, uncooked vegetables may be processed on shared equipment that uses חמץ (hameitz). It is preferable to purchase those with a “כשר לפסח” (“kasher l’Pesah”) הכשר (hekhsher) label. One may, however, buy bags of frozen non-hekshered vegetables before Pesah provided that one can either absolutely determine that no shared equipment was used or one is careful to inspect the contents before Pesah and discard any pieces of חמץ chametz.

# Passover Outlook Continued

## PESAH HEKHSHER ALWAYS REQUIRED

Products which require reliable **כשר לפסח** (*kasher l'Pesah*) certification (regular kosher supervision being not sufficient) whether bought before or during Pesah:

- all baked goods
- any product containing matzah
- farfel
- matzah
- matzah meal
- matzah flour
- Pesah cakes
- all frozen processed foods
- candy
- canned tuna
- cheeses
- chocolate milk
- decaf coffee
- decaf tea
- dried fruits
- herbal tea
- ice cream
- liquor
- oils
- soda
- vinegar
- wine
- yogurt

## BABY FOOD

Baby food with a Passover **הכשר** (*hekhsher*) is sometimes available. Of course, home preparation of baby food, using **כשר לפסח** (*kasher l'Pesah*) utensils and kitchen items is always possible. Pure vegetable prepared baby food that is **כשר** (*kasher*) the year round is acceptable for Pesah. The use **קטניות** (*kitniyot*) for babies is also acceptable with care taken that this baby food does not mix with food from the rest of the family even for families that don't eat kitniyot.

Separate dishes and utensils are recommended. Most infant formulas are made from soy and the prohibition of **קטניות** (*kitniyot*) does not apply to infants. Thus infant formula products, **כשר** (*kasher*) the year round, are acceptable for Pesah. Here as in baby foods, the bottles, nipples and formula should be kept away from the general kitchen area and clean up should be done out of the kitchen area (e.g. a bathroom sink).

## MEDICINES

Prescription medicines are permitted. Non-prescription pills & capsules are permitted; for liquids, check with Rabbi Plotkin.

## PET FOOD

The issue of pets on Pesah is a complicated one. There are several options:

1. The pet is given, for the week of Pesah, to a gentile who can feed it whatever food is available.
2. Since no **חמץ** (*hameitz*) is allowed in our possession on Pesah, one could feed the pet either **כשר לפסח** (*kasher l'Pesah*) pet food, pet foods with no grain, or food off your own table which is already **כשר לפסח** (*kasher l'Pesah*). Incidentally **קטניות** (*kitniyot*) would be permissible.

## NON FOOD ITEMS

Any detergents, cleaners, etc. which are not a food stuff and which are not eaten, may be used for Pesah with no hekhshered supervision. This would include:

- aluminum products
- ammonia
- baby oil
- bleach
- candles
- contact paper
- charcoal
- coffee filters
- fabric softener
- isopropyl alcohol
- laundry and dish detergent
- oven cleaner
- paper bags
- paper plates (with no starch coating)
- plastic cutlery
- plastic wrap
- polish
- powder and ointment
- sanitizers
- scouring pads
- stain remover
- water with no additives
- wax paper

# CHAMETZ SALE FORM

Know all men by these presents; that I, the undersigned, do hereby make and appoint Rabbi Samuel Kieffer, my true and lawful attorney, to act in my place instead, for me in my name, and in my behalf, to sell all chametz owned, and possessed, by me (knowingly or unknowingly), as stated in the Torah, and defined by the Sages of Israel (example: chametz, doubt of chametz, and all kinds of chametz mixtures). Also, chametz that tends to harden and adhere to a surface of the inside of pans, pots, or other cooking or eating utensils, of whatsoever nature, and to lease all places where in the aforementioned chametz owned, or possessed by me, may be found, especially in the premises located at:

---

(Name)

---

(Home Address)

Rabbi Kieffer has the full authority and power, to sell said chametz, and to lease said places where said chametz may be found, upon such terms and conditions as he, in his absolute discretion, shall deem fit and proper. Rabbi Kieffer has the full power to sign or appoint a substitute, or substitutes, shall lawfully do or cause to be done by virtue of these presents. To this I hereby fix my signature on this \_\_\_\_\_ day of \_\_\_\_\_, in the year 2018.

---

(Signature)

---

(PRINT name here)

Address-Addresses of all residences where you have chametz:

---

---

*Tear out and return to Rabbi Kieffer no later than Sunday, March 25, 2018.*

*If mailing, allow enough time for delivery before Sunday, March 25, 2018.*

Enclosed is my donation which is used to help the poor at Passover and year round.

It also provides scholarships for children for Jewish experiences.

Your generosity at this time is most appreciated.

*Temple Beth Am Gratefully Acknowledges These Gifts of Tzedakah....*

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***In Memory Of***

*Brandon Way Stoiber  
Beloved husband, Carl Freedman  
Bill Makowich  
Sardina Neiman  
Alan Ranofsky  
Beloved aunt, Miriam Abrams  
Bill Rappaport  
Ethel Birnbaum, beloved sister of Sylvia Pachter  
The Strassberg Family that perished  
in the Holocaust  
Sylvia Pachter's sister, Ethel Birnbaum  
Rabbi Efry Spectre*

***In Honor Of***

*Carl Villarruel's birthday  
Anita Todras—Mazel Tov on the birth of  
your granddaughter  
Elisa Elpern Stephens healthy recovery  
Dov Brosh—get well & much love  
David & Florence Freedman—  
for good health & much love  
Torah honor  
Janice Goldstein's speedy recovery  
Donation  
Janice Goldstein—get well wishes on your surgery  
Aliyah  
Aliyot  
Ryan Fagan's Bar Mitzvah  
Elisa Stephens—happy for the good news  
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Aliyot*

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