



CONGREGATION OHR TORAH Weekly Newsletter

270 Pleasant Valley Way □ PO Box 6169 □ West Orange, NJ 07052

CHAYEI SARAH

25 Cheshvan - 1 Kislev, 5780 November 23– 29, 2019

Rabbi Marc Spivak, President David Goldstein, Rabbinic Intern Matt Lubin

SHABBAT KIDDUSH and **SEUDAH SH'LISHIT** are sponsored by the Shul.

To sponsor a Shabbat Kiddush or Seudah Sh'lishit at the Shul, please contact Tami Puder at office@congregationohrtorah.org.

MISHNA B'RURA CLASS with Rabbi Grosberg after Shabbat Mincha will be held in the Beit Midrash.

RABBI SPIVAK'S WEEKLY CLASS will meet this Wednesday evening at 7:45pm.

ED CROMAN'S KABBALAH CLASS: The final class in the Fall session is Thursday, December 5th, 7:30 - 9:30pm, in the Beit Midrash.

מזל טוב: Mazel Tov to David Druce and Karen Shulman on the birth of a daughter. Mazel Tov to sister Kochava, and to grandparents Debbie and Howard Druce, Uncle Ben, Uncle Nat, Aunt Eliana, cousin Avi Druce, and to extended Druce, Greisman and Shulman family.



מזל טוב: Mazel Tov to Amalia Loeb who was honored by Saint Barnabas Medical Center as one of the designated Junior Rockstars in connection with her coordination with Comfort Project 360 - it was her Bat Mitzvah project in which she collected and donated comfort items for patients at the hospital undergoing cancer treatment.

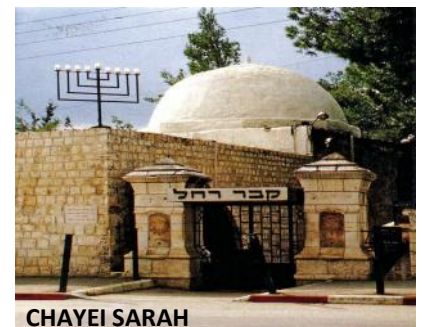
מזל טוב: Mazel Tov to Paula Moskovitz on her upcoming marriage to Zachary Levy son of Susan and Steven Levy. Mazel Tov to parents Boni and Martin Moskovitz and siblings Jacob and Gabrielle, Kurt, and nephew Noah Lev, to Grandmothers Judy Moskovitz and Carol Lee Loebenberg and the entire Moskovitz and Levy Families.

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FROZEN
ON BROADWAY
Tickets sold out

HANUKKAH
BOUTIQUE
See page 5

YOUR NUTRITION
INTERACTIVE TALK
See page 5



CHAYEI SARAH

Schedule 11/22 – 11/29

Friday (11/22)

Shacharit	6:10am
Light Candles	4:15pm
Mincha	4:20pm
Shkia	4:33pm

Shabbat Mevarchim (11/23)

Shacharit	9:00am
Latest Shema	9:18am
SAY SHEMA BEFORE COMING TO SHUL	
Mincha	4:05pm
Maariv	5:11pm
Shabbat ends	5:18pm

Sunday - Thursday (11/24 - 11/28)

Shacharit Sun	8:15am
Shacharit Mon	6:00am
Shacharit Tue/Wed	6:10am
Shacharit Thu*	8:15am

*ROSH CHODESH / THANKSGIVING

Mincha/Maariv Sun/Thu*	4:20pm
Maariv Mon-Wed	7:30pm

Friday (11/23) ROSH CHODESH KISLEV

Shacharit	5:50am
Shacharit	8:15am
Light Candles	4:12pm
Mincha	4:15pm
Shkia	4:30pm

Eruv Hotline:

(973) 736-1407 x6

Sisterhood Events and Donations

SAVE THE DATE: Ohr Torah Sisterhood's Annual Membership Brunch will be on Sunday morning, **December 8th**. Our guest speaker this year is nutritionist Michelle Routhenstein. Flyer and details to follow in the coming weeks.

Sisterhood Tribute Fund:

Please consider making a donation to honor or in memory of someone in any of the following categories. Tributes—\$5; Sefer Fund—\$10; Youth Fund—\$18; Siddur or Machzor—\$40; Chumash—\$60. For more information, please contact Debbie Druce deborahdruce@gmail.com

Yahrzeits November 23 - 29

25 CHESHVAN: Mali Schwartz for her Brother, Dovid ben Tzvi, on Shabbat, November 23.

26 CHESHVAN: Benjamin Fusman for his Father, Moshe ben Reuven, Moises Fusman, on Sunday, November 24.

27 CHESHVAN: Jeff Stiel for his Grandfather, Avroham Yehudah ben Yonah, on Monday, November 25.

28 CHESHVAN: Bennett Degen for his Grandmother, Leya bat Avraham Yitzchak haLevi, Lea Gross, on Tuesday, November 26.

30 CHESHVAN: Adley Mandel for Susan's Mother, Devora bat Yosef, Barbara Seligman, on Thursday, November 28.

For changes/corrections to this list, please contact Elia Weixelbaum or send an e-mail to : ShabbatNewsletter@congregationohratorah.org

CONTINUED FROM FRONT PAGE

FOR SENIORS: Together on Tuesdays. Tuesday, November 26, 12:30-2:15pm- *"Increasing Joy and Contentment as We Age"* by Karen Frank, Project SHIN, Pastoral Care Nurse. At AABJ&D Sephardic Wing. 12:30-1:00pm- Light lunch of soup, salad, dessert, coffee and tea (Cost \$3.00). 1:00-2:15pm- Featured Program. In case of inclement weather and the possibility of cancelling a program, call (973) 736-1407 x240 and listen for the recorded message.

OT SECURITY: Thank you to our security volunteers this week who stepped up to keep us all safe. **We need volunteers for December.** Even if you've never volunteered in the past, please try it out! Sign up by sending Dov Chelst an email message at dnychelst@gmail.com and he can tell you what is required.

Thursday and Friday are Rosh Chodesh Kislev. On Thursday, Shacharit is 8:15am and Mincha / Maariv at 4:20pm. On Friday, the day after Thanksgiving, there will be two Shacharit Minyans, one at 5:50am and the second at 8:15am. **Chodesh Tov!**

**HAPPY
THANKSGIVING**



MEMBERSHIP PLUS DONORS 5780

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Yoav & Carrie Rosenblat

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Rena & Bruce Schlanger

Shuly & Aaron Spool

Holly & Howard Sragow

David & Gary Stadtmuer

Shawn & Ari Tarzik

NEWSLETTER SUBMISSIONS: Items for the Newsletter must be submitted **before 4:00pm on the Wednesday before publication.** Anything submitted after that time will be considered for the following issue.

Email to: shabbatnewsletter@congregationohratorah.org

CONTACT INFORMATION:

Rabbi Marc Spivak rabbi@congregationohratorah.org

Office: Tami Puder office@congregationohratorah.org

Board: board@congregationohratorah.org

Men's Club President: Larry Freedman, larry@18thstory.com

Sisterhood President: Bertha Sharret, rsharret@hotmail.com

Chesed: Rabbi Spivak, Tami Puder

Shiva Assistance: Rabbi Robert Grosberg

Shiva Meals: Gail Bukiet

Building Committee: Arnold Barton

Subscription Requests: listserv@congregationohratorah.org

Monthly Calendar: Elia Weixelbaum

Newsletter: ShabbatNewsletter@congregationohratorah.org

Reading Torah: Avi Klein, otlaining@congregationohratorah.org

Scheduling Calendar: Tami Puder, e-mail to

Schedule@congregationohratorah.org

Tributes/Siddurim/Chumashim/Machzorim Donations: Debbie Druce

Bookplate Design-Bar, Bat Mitzvah Inscriptions: Debbie Druce

Yahrtzeit/Tree of Life Plaques: Jack Rosen

Youth Committee: Leron Thumim and Chavi Trenk (co-chairs)

leron.Thumim@gmail.com and ebtrenk@gmail.com

Youth Director: Rivky Balser Youth@congregationohratorah.org

Newsletter Advertising: Howard Charish

advertising@congregationohratorah.org



Jeff & Keren

TORAH THOUGHT:

Chayei Sarah: Well, what do you know?

Jeff Raskin has lived in West Orange for over 50 years and is one of the current VPs at OT. He has been practicing Gastroenterology in North Bergen, NJ for the last 27 years. He is married to Chagit and they have 4 children, Perry, Ariel, Yonatan and Keren. Keren is the co-author of today's Dvar Torah. She graduated lower and middle school at Kushner and is currently a senior at Maayanot. She is a starter on the reigning champion Maayanot's volleyball team and student body president of Maayanot.

Well, well, well. Here we are again. Another year has passed, and we find ourselves at Parshat Chayei Sarah where we see the devoted servant Eliezer searching for a wife for Yitzchak at a well. But, why a well? What is the significance of a "well?"

Firstly, let's point out the importance of "water." The Talmud Bava Kama on 17a states **ואין מים אלא תורה** There is no water except Torah. This statement equates Torah with water. How may this be? Torah and water share some unique basic characteristics: for example, they both promote growth, quench thirst, and make the arid land flourish. Therefore, it's no surprise that many key encounters in the Torah revolve around water.

There are 3 famous people in the Torah that found their wives at a well: Yitzchak, Yaakov, and Moshe. In this week's Parsha, it's Yitzchak's mate that is found at a well. We mentioned that water is so important that it's equated to Torah, but is there something else special about wells that makes them the proper site for our fore-parents to find their soulmates?

Maybe the answer is simple: it's a practical answer. It was the young single girls of the household who had the task of trekking down to the well to gather water for the house. So, it makes sense that if one wanted to find a young unmarried girl, a well would be the perfect spot.

Or maybe the answer is a bit more complex. In those days, the well was the center of all village life. It was the source to sustain life and was the hub for human

activity. At this vantage point, people's actions and character could be readily observed and shared with others. Yaakov showed the strength of his love for Rachel by moving the huge rock from the well. Moshe demonstrated his character by protecting Yitro's daughters at the well. And in our Parsha, Eliezer is able to observe Rivka's kindness and eagerness to serve at the well.

To go one step further, a well as a "location" is not the only connection. A well is also found to be used as a metaphor for a woman **אשה**. We see this on Mishlei 5:15-18 where women are referred to as, "Drink water from your cistern, and flowing waters from your own well. May your fountain be blessed and rejoice with the wife of your youth." And Shir Hashirim 4:12 and 4:15, "An enclosed garden is my bride, a spring shut up, a fountain sealed." Also, the well that served the Jews in the desert when they left Egypt, was called "The Well of Miriam."

So, what really happened is that our patriarchs went to the well (**באר**) to find their precious well (**אשה**). There is no "WATER" without Torah. There is no Jewish woman - **אשת חיל** - without Torah. It is the Jewish mother who inculcates the children in the home with Torah and Torah values and is a living example of these values.

This is the lesson that our family learns from Parshat Chayei Sarah, and what we concentrate on when our women close their eyes on Erev Shabbat lighting the candles and saying the Shabbat prayers. **Shabbat Shalom.**

A regular feature of the newsletter is to have *different people write a D'var Torah for the newsletter. The goal is to hear words of Torah from other Ohr Torah members and learn a little about who they are. I encourage everyone to participate. Please email me at Rabbi@congregationohratorah.org if you would like to volunteer to share your ideas with us. Torah unites our nation. We are really excited about this project and I hope it will strengthen our bonds as a community.* **Rabbi Marc Spivak**

AROUND OUR TOWN

COMEDY AT KUSHNER: The annual Joseph Kushner Hebrew Academy/Rae Kushner Yeshiva High School ATID SOCIETY Event, Sunday, November 24. The ATID SOCIETY presents the stand-up comedy of MODI, voted one of the "Top 10 comedians in New York City" by *Hollywood Reporter & Backstage*. The performance will take place at JKHA/RKYHS, 110 South Orange Avenue in Livingston, at 7:30pm and followed by a deluxe desert reception. A pre-concert dinner reception for all members of the ATID SOCIETY will take place at 6:00 PM. Please visit www.jkha.org/atid to purchase tickets and join the ATID SOCIETY. For more information, slevinson@jkha.org or 862-437-8001.

CONCERT: Thursday, December 5, 12:30-4:30PM—NJ Symphony Matinee Concert at NJPAC, Newark with conductor Xian Zhang, and pianist George Li. Repertoire: Rachmaninoff; Third Piano Concerto, Dvorak; Symphony #8 and Anna Clyne Premiere; "With Her Arms." Cost: \$32.00; Make reservations and submit checks written out to: Cong. AABJD, memo: NJSO concert by November 26, 2019. *Bus leaves Cong. AABJD 12:30PM and returns @ 4:30PM.

WHATS APP GROUPS: General Announcements: To join the Ohr Torah General Announcements group, go to <http://congregationohrtorah.org/whatsapp> on your mobile phone (be sure WhatsApp is installed first) and tap the "Join Chat" button. Alternatively, email Tami (office@congregationohrtorah.org) or David Goldstein (davesmail@golddave.com) with the phone number you use with WhatsApp and they will add you to the group.

MINYAN HELP: Help us make a minyan by joining the WhatsApp group for alerts when the shul needs help. To join this group, please go to: <http://congregationohrtorah.org/minyanwhatsapp> (be sure WhatsApp is installed first) and tap the "Join Chat" button. Alternatively, you can email Bruce Schlanger (Bruce.Schlanger@gmail.com) or David Goldstein (davesmail@golddave.com) with the phone number you use with WhatsApp and they will add you to the group.

SENDING IN A CHECK FOR A PAYMENT TO OHR TORAH? Assist us in our record keeping by writing on the memo line or include a note about the reason for the check. Also, remember that mail should always be sent to PO Box 6169, West Orange, NJ 07052, and not to 270 Pleasant Valley Way. Thank you!

Kashrut Links:

Looking for information on Kosher establishments and/or products? Here are the links for some of the most popular in our area.

The Vaad of MetroWest <http://www.metrowestvaad.org/>

Orthodox Union <https://www.ou.org/>

Kof-K <https://kof-k.org/>

Chicago Rabbinical Council <https://www.crcweb.org/>

Rabbinical Council of Bergen County <https://www.rcbcvaad.org/>

Jersey Shore Orthodox Rabbinate <https://www.jsor.org/>

OK Kosher <http://www.ok.org/>

Star-K <https://www.star-k.org/>


Rabbinical Council of New England <https://kvhkosher.org/>

Passaic Clifton Kashrus no website listed.

Kashrus Council of Lakewood no website listed.

ANNUAL AMIT

CHANUKKAH BOUTIQUE



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WHEN: SUNDAY NOVEMBER 24TH, 2019

WHERE: AABJD
700 PLEASANT VALLEY WAY
WEST ORANGE, NJ 07052
1pm—5pm

Questions:
Contact Debbie at 917-332-88100 or
Michal at michal1@hotmail.com

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NUTRITION AND HEALTH: Michelle Routhenstein is the owner and president of Entirely Nourished LLC, a nutrition counseling and consulting private practice based in Forest Hills and New York City. She is a Registered Dietitian Nutritionist, Certified Diabetes Educator, and Preventive Cardiology Dietitian. She has over 10 years of experience counseling individuals

on chronic disease prevention and management. Additionally, Michelle developed and implemented a risk assessment tool and program to identify and reduce an individual's risk for chronic disease, specifically heart disease and heart attacks, through lifestyle modification. Hear her interactive talk at Congregation Ohr Torah on December 8th at 10am.



SMILE TIME: I Moshe Samuel Katz, being of sound mind hereby declare this to be my last will and testament. To my son Louis, my first born and the best lawyer in New Jersey, I leave \$3,000,000. To my daughter Julie who always helped her mother and graduated from college with honors, I also leave \$3,000,000. To my loving wife I leave (whatever is not in her name already) \$4,000,000 and wish her a blessed long life. And finally to my brother-in-law Ralph, who smoked like a fiend, and who lived with us and sponged off us ever since we got married, and who always said that I would never ever mention him in my will, hello Ralphie!



OHR TORAH SISTERHOOD
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Interactive talk about Nutrition & health for your family with


MICHELLE ROUTHENSTEIN, MS RD CDE CDN
PREVENTIVE CARDIOLOGY DIETITIAN

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 **THE ATID SOCIETY**
Joseph Kushner Hebrew Academy/Rae Kushner Yeshiva High School
PRESENTS

THE STAND-UP COMEDY OF
MODI

Voted one of the
"Top 10 comedians in NYC"
— *Hollywood Reporter & BackStage*



Sunday, November 24, 2019 • 26 Cheshvan 5780
7:30pm

Dr. Morris Epstein—Bernard Stein Auditorium
Joseph Kushner Hebrew Academy • Rae Kushner Yeshiva High School
110 South Orange Avenue, Livingston, New Jersey

For ticket and sponsorship information: www.jkha.org/ATID

For additional information please contact the Development Office: development@jkha.org • 862-437-8001

ATID SOCIETY chairs: Bat Sheva and Murray Halpern



Join us for an evening with author Jack J. Hersch

Death March Escape tells the story of Jack's
survivor father, who escaped the Nazi
Holocaust twice



Jack will present aspects of the story his father
never revealed

Date: Wednesday, December 11, 2019 at 7pm
Location: Congregation Beth Sholom
354 Maitland Avenue, Teaneck

Suggested Donation: \$10 per person
Books available for purchase

Please RSVP to groups@jfcnsnj.org or 201-837-9090

