



# CONGREGATION OHR TORAH Weekly Newsletter

270 Pleasant Valley Way ☐ PO Box 6169 ☐ West Orange, NJ 07052  
[www.congregationohrtorah.org](http://www.congregationohrtorah.org)

## Matot-Masei

2-8 Av, 5779

August 3-9, 2019

Rabbi Marc Spivak • President David Goldstein

### Schedule 8/2 – 8/9

#### Friday, 8/2: ROSH CHODESH

Shacharit	5:50am
Mincha/Maariv	7:00pm
Light Shabbat Candles	7:10pm
Candle-lighting b'zman	7:53pm
Shkia	8:11pm

#### Shabbat, 8/3

Shacharit	9:00am
Latest Shema	9:28am
<b>SAY SHEMA BEFORE COMING TO SHUL</b>	
Mincha	7:45pm
Maariv	8:50pm
Shabbat ends	8:57pm

#### Sunday–Thursday, 8/4–8/8

Shacharit Sun	8:15am
Shacharit Mon/Thu	6:00am
Shacharit Tue/Wed	6:10am
Mincha/Maariv Sun-Th	7:50pm

#### Friday, 8/9

Shacharit	6:10am
Mincha	7:00pm
Light Shabbat Candles	7:10pm
Candle-lighting b'zman	7:45pm
Shkia	8:03pm

Eruv Hotline: (973) 736-1407 x6

### UPCOMING

Tisha B'Av Observed Sun Aug 11

Tu B'Av Fri Aug 16

Rosh Chodesh Elul Aug 31, Sep 1

### THE THREE WEEKS

The period between the 17th of Tammuz and Tisha B'Av is a time of mourning. Therefore:

- We avoid public celebrations involving dancing and music
- No weddings are held
- No haircuts or shaving
- We do not say Shehechianu on new items (except on Shabbat)
- We avoid pleasure trips
- Fingernails may be clipped except during the Nine Days

See page 3 for restrictions during the Nine Days.

**SHABBAT KIDDUSH** is sponsored by the Shul. **SEUDAH SH'LISHIT** is sponsored by Dina & David Goldstein in commemoration of the yahrtzeit of David's father, Alter Goldstein, Yisroel Avrohom Abba ben Shlomo Zalman z"l.

To sponsor a Shabbat Kiddush or Seudah Sh'lishit at the Shul, email [office@congregationohrtorah.org](mailto:office@congregationohrtorah.org) or sign up on our [website](http://website) under Donate: Sponsor a Kiddush or Shalosh Seudot.

**MISHNA B'RURA CLASS** will be held this Shabbat after Mincha.

**RABBI SPIVAK'S WEEKLY CLASS** will meet this Wednesday at 7:15pm in the Beit Midrash.

**TIME TO RENEW MEMBERSHIP FOR 2019/2020:** Membership renewal for 2019-2020 is currently open. The prices are \$765 for family memberships, and \$395 for a single membership. As in the past, we encourage you to participate in our voluntary Membership Plus program at any of the following levels:

**Builder:** \$2500+

**Sustainer:** \$1,800+

**Benefactor:** \$1,000+

**Patron:** \$750+

**Sponsor:** \$360+

**Donor:** \$180+

Also, please note that the forms (both on paper and online) include an optional \$54 donation to the West Orange Eruv. Since we all use it, let's shoot for 100% participation. To renew your membership online go to <https://www.congregationohrtorah.org/dues>.

**SISTERHOOD/MEN'S CLUB RENEWALS:** We have attached forms to the Newsletter to make it convenient for you to renew. The Sisterhood also maintains the Shul Directory. To make sure you are on the list, and/or to buy advertising in the booklet, see the form on page 7.

**THE ANNUAL OHR TORAH DIRECTORY**, produced every year by the Sisterhood, is in the works for 2019-20/5780. Increase the reach of your business and defray the cost of publishing the directory by placing an ad for \$54 with a business card, or with a full page ad for \$100. See the flyer on page 5 for more information.

**READING BUDDIES NEEDED:** Jewish Family Services of MetroWest is looking for volunteers 55 and over to read aloud to children in kindergarten and second grade once a week during the school year, as part of their RSVP (Retired Senior and Volunteer Program) efforts called "Reading Buddies." They have just added Redwood School this year—ideal for Ohr Torah members. Interested readers can contact Julie Cramer at (973) 637-1761 or [jcramer@jfsmetrowest.org](mailto:jcramer@jfsmetrowest.org). For more information or to sign up for the program, go to [www.jfsmetrowest.org/RSVP](http://www.jfsmetrowest.org/RSVP).

**KULANU METROWEST OPEN HOUSE** Kulanu MetroWest is a new and dynamic after-school program, offering vibrant and dynamic educational, spiritual, and social programming for Jewish children in public school, including those who have left yeshiva or Jewish day school. Kulanu's Open House will take place on Wednesday, August 7, 7-8:30pm, at the JCC MetroWest, 760 Northfield Avenue, West Orange. Registration is available online at [www.KulanuMW.org](http://www.KulanuMW.org).

**Sisterhood Tribute Fund** Please consider making a donation to honor or in memory of someone in any of the following categories. Tributes \$5; Sefer Fund \$10; Youth Fund \$18; Siddur or Machzor \$40; Chumash \$60. For more information, please contact Debbie Druce at [deborahdruce@gmail.com](mailto:deborahdruce@gmail.com).

**OT SECURITY Thank you** to our security volunteers this week who stepped up to keep us all safe. **We still need a lot of volunteers for August.** Even if you've never volunteered in the past, please try it out! Sign up and send Dov Chelst a message at [dncchelst@gmail.com](mailto:dncchelst@gmail.com) and he can tell you what is required.

**TAKE ME OUT TO THE BALL GAME** The "AABJ&D/Ohr Torah" team beat their in-town rivals AABJ&D in an extra innings thriller to capture their first Livingston Temple Softball League B Division Championship. It was AABJ&D/OT's second straight trip to the B division final, and they were determined. AABJ&D jumped out to an early 13-2 lead after 4 innings. But AABJ&D/OT didn't back down. They tightened their defense and stormed back with 6 in the fifth and 5 in the sixth to tie it up at 13! After a scoreless seventh, both teams scored 2 in the eighth. After a scoreless ninth and top of the tenth, the game went into the bottom of the tenth tied at 15. Asher Malech led off with a double and Alex Malech finished off a 6 for 6 game with a bomb to center for the walk-off RBI, giving AABJ&D/OT their first trophy since the team's inception almost eight years ago. Congrats to Amir Goldstein, David Younger, Doron Brand, Jerry Blugrind, Asher Malech, Alex Malech, Donny Sohnen, Michael Sinnreich, Joel Tennenberg, Steve Kops, Corey Kops, Chai Brand, and Eric Feiler.



**SMILE TIME:** Elderly Mr. Schwartz is resting peacefully on the veranda of his resort in the rural Catskills, when he sees a cloud of dust up the road. Walking out to see who could be approaching, he spies a farmer with a wagon.

"Good afternoon," says Schwartz.

"Afternoon," says the farmer.

"Where you headed?" asks Schwartz.

"Back to my farm."

"What do you have in the wagon?"

"Manure."

"Manure, eh? What do you do with it?"

"I spread it over my strawberries."

"Well," says Schwartz, "you should come here for lunch one day. We use sour cream."

**CELEBRATE a Birthday or an Anniversary** at a monthly Shabbat Mevarchim. If you or a loved one or friend are celebrating a birthday or anniversary during a particular month, you can co-sponsor a kiddush in their honor for just \$36 per event. To sign up online, go to <https://www.congregationohr Torah.org/kiddush> and click on "Participate in a Shabbos Mevorchim Kiddush." Alternatively, you can contact Anna, at [office@congregationohr Torah.org](mailto:office@congregationohr Torah.org), or call the office, 973-669-7320 ext. 1. Sign up for sponsorship by the Tuesday night preceding the Shabbat Mevarchim Kiddush so we can list the sponsors in the Weekly Newsletter. **The next Shabbos Mevarchim Kiddush is August 24, for the month of Elul.**

## Yahrzeits August 3-9

**2 AV:** Ethan Kra for Mady's Mother, Chana bat Shimon, Hilda Rollhaus, on Shabbat, August 3.

**3 AV:** Tova Chamama for her Father, Akiva ben Ahron Tzvi, Akiva Weinberger, on Sunday, August 4.

**4 AV:** Fara Azar for her Father, Pinchas ben Meir, Pinhas Bandari, on Monday, August 5.

**4 AV:** David Goldstein for his Father, Yisroel Avraham Abba ben Shlomo Zalman, Alter Goldstein, on Monday, August 5.

**6 AV:** Susan Lando & Dov Lando & Zvi Lando for her Husband and their Father, Harav Dovid Yaakov ben Harav Chaim Gronim, David Lando, on Wednesday, August 7.

**7 AV:** Beverly Barton for her Brother, Avraham Menachem ben Alter Yosef, Alan Martin Feigen, on Thursday, August 8.

**7 AV:** Rina Hafner for her Father, Dovid Zev ben Pesach Yehuda, David W. Goldberg, on Thursday, August 8.

**8 AV:** Robert Grosberg for his Grandfather, Moshe ben Yechiel Yehudah, Maurice Schiffer, on Friday, August 9.

For changes/corrections to this list, please contact Elia Weixelbaum, or send an e-mail to:

[ShabbatNewsletter@congregationohr Torah.org](mailto:ShabbatNewsletter@congregationohr Torah.org)

**NEWSLETTER SUBMISSIONS:** Items for the Newsletter must be submitted *before* 4:00pm on the Wednesday before publication. Anything submitted after that time will be considered for the following issue.

Email to: [shabbatnewsletter@congregationohr Torah.org](mailto:shabbatnewsletter@congregationohr Torah.org)

### CONTACT INFORMATION:

**Rabbi Marc Spivak** [rabbi@congregationohr Torah.org](mailto:rabbi@congregationohr Torah.org)

**Office:** Anna Chosak [office@congregationohr Torah.org](mailto:office@congregationohr Torah.org)

**Board:** [board@congregationohr Torah.org](mailto:board@congregationohr Torah.org)

**Men's Club President:** Larry Freedman, [larry@18thstory.com](mailto:larry@18thstory.com)

**Sisterhood President:** Bertha Sharret, [rsharret@hotmail.com](mailto:rsharret@hotmail.com)

**Chesed:** Rabbi Spivak, Anna Chosak

**Shiva Assistance:** Rabbi Robert Grosberg, Judy Carmeli, Stuart Rosenblum

**Building Committee:** Arnold Barton

**Subscription Requests:** [listserv@congregationohr Torah.org](mailto:listserv@congregationohr Torah.org)

**Monthly Calendar:** Elia Weixelbaum

**Newsletter:** all submissions must be emailed by Wed., 4:00PM to:

[ShabbatNewsletter@congregationohr Torah.org](mailto:ShabbatNewsletter@congregationohr Torah.org)

**Reading Torah:** Avi Klein, [otlaining@congregationohr Torah.org](mailto:otlaining@congregationohr Torah.org)

**Scheduling Calendar:** Anna Chosak, e-mail to

[Schedule@congregationohr Torah.org](mailto:Schedule@congregationohr Torah.org)

**Tributes/Siddurim/Chumashim/Machzorim Donations:** Debbie Druce

**Bookplate Design-Bar, Bat Mitzvah Inscriptions:** Debbie Druce

**Yahrtzeit/Tree of Life Plaques:** Jack Rosen

**Youth Committee:** Leron Thumim and Chavi Trenk (co-chairs)

[leron.Thumim@gmail.com](mailto:leron.Thumim@gmail.com) and [ebtrenk@gmail.com](mailto:ebtrenk@gmail.com)

**Youth Director:** Rivky Balsler [Youth@congregationohr Torah.org](mailto:Youth@congregationohr Torah.org)

**Newsletter Advertising:** Howard Charish, [advertising@congregationohr Torah.org](mailto:advertising@congregationohr Torah.org)

**Cholim:** Mark Grebenau [mark.grebenau@prodigy.net](mailto:mark.grebenau@prodigy.net)

**HELP US MAKE A MINYAN** by joining a WhatsApp group for alerts when the shul needs help making a minyan. If you would like to be added to the group, sign up at:

<http://congregationohr Torah.org/minyanwhatsapp>

on your mobile phone with WhatsApp already installed and tap the "Join Chat" button. Alternatively, you can email either Bruce Schlanger ([Bruce.Schlanger@gmail.com](mailto:Bruce.Schlanger@gmail.com)), or David Goldstein ([davesmail@golddave.com](mailto:davesmail@golddave.com)) with the phone number you use with WhatsApp and they will add you to the group.

## MEMBERSHIP PLUS DONORS

### BUILDER

Marilyn and Ed Croman

### SUSTAINER

Linda and Murray Laulich

### BENEFACTOR

Gail and Bruce Bukiet  
Sharon and Howard Charish

Howard Katuna  
Renee and Howard Spear

### PATRON

Roberta and Barry Schwartz

Bertha and Raphael Sharret

### SPONSOR

Tova and Eli Feiler  
Sarah and James Geller  
Dina and David Goldstein

Anna and Steven Kirshblum  
Chavi and Chesky Trenk

### DONOR

Sarah and Michael Diamond  
Susan and Robert Grosberg  
Boni and Martin Moskovitz

Shuly and Aaron Spool  
Davida and Gary Stadtmauer

## THE NINE DAYS

The first nine days of the month of Av are days of acute mourning for the destruction of the first and second Holy Temples.

During this time, we don't:

- Eat meat (including poultry) or drink wine, for during this period the sacrifices and wine libations in the Holy Temple ceased. The exceptions to this rule are meat and wine consumed on Shabbat or as part of a meal that celebrates a mitzvah, such as a circumcision, bar mitzvah, or the completion of a tractate of the Talmud.
- Launder clothing (except for a baby's)—even if it will not be worn during the Nine Days—or wear freshly laundered outer clothing. Those who wish to change their clothing daily should prepare a number of garments and briefly don each of them before the onset of the Nine Days. Then it is permitted to wear these “non-freshly laundered” garments during the Nine Days.
- Swim or bathe for pleasure.
- Remodel or expand a home.
- Plant trees to be used for shade or fragrance (as opposed to fruit trees).
- Buy, sew, weave or knit new clothing—even if they will be worn only after the Nine Days. (Exceptions to this rule: (a) If you will miss a major sale, or if the garment will be unavailable later. (b) For the purpose of a mitzvah, such as purchasing new clothing for a bride and groom.)
- Cut nails during the actual week of the fast of Tisha B'Av—i.e., starting from the Saturday night before the fast until the conclusion of the Nine Days.

The Sephardic custom is to observe the stringencies regarding bathing only in the week of Tisha B'Av.

Some more observances:

- The Sanctification of the Moon is postponed until after Tisha B'Av.
- There is no law forbidding traveling during the Nine Days; however, it is customary to refrain from traveling (or engaging in any potentially perilous activity) during these days, unless it is absolutely necessary.
- One may become engaged to be married during this period, but no celebration should be held until after Tisha B'Av.

Note: All these restrictions are in addition to the restrictions that apply during all of the Three Weeks.

YOU ARE CORDIALLY INVITED  
TO A

# Breakfast Reception

IN SUPPORT OF

## THE NATIONAL ASSOCIATION OF CHEVRA KADISHA

SUNDAY, AUGUST 4, 2019

AT THE HOME OF

AVI AND LINDA LAUB

25 SWAYZE STREET, WEST ORANGE, NJ 07052

FEATURING

### RABBI ELCHONON ZOHAN

DIRECTOR OF THE CHEVRA KADISHA OF THE VAAD HARABONIM OF QUEENS,  
FOUNDER & PRESIDENT OF THE NATIONAL ASSOCIATION OF CHEVRA KADISHA (NASCK)

### THE CHALLENGE OF CREMATION: TOOLS AND STRATEGIES BASED ON TORAH VALUES.

BREAKFAST RECEPTION 9:00 AM  
PROGRAM TO CONCLUDE BY 10:00 AM

**DONATE NOW!** [HTTPS://WWW.NASCK.ORG/DONATE/](https://www.nasck.org/donate/)





# OHRTORAH SISTERHOOD MEMBERSHIP RENEWAL FORM



Please renew your membership or become a Sisterhood member for the first time. Dues of \$36 provide the funds for chesed services, events, mailings, projects and more. Kindly send your membership dues by September 27, 2019.

**Option 1:** If you would like to renew/join via PayPal or your credit card, go to [www.congregationohrtorah.org](http://www.congregationohrtorah.org) and hover over the DONATE tab, then click on the "Sisterhood Tributes and Membership" option. Click on the button next to "Annual Membership." Fill out all fields that have an asterisk. If your information has changed from last year's directory listing, please indicate this in the "Additional Information" field. Once you click Submit, you will be directed to the PayPal website. If you do not have a PayPal account, click on the gray button near the bottom that says "Pay with Debit or Credit Card."

**Option 2:** If you would like to pay with a check, fill out and return this form, along with your check, to Bertha Sharret, 17 Sherwood Place, West Orange, NJ 07052. *Please DO NOT send it to the shul's PO box, or to the Shul or combine Mens/Sisterhood payments.*

NAMES \_\_\_\_\_ TELEPHONE NUMBER (     ) \_\_\_\_\_ - \_\_\_\_\_

EMAILS \_\_\_\_\_ CELLPHONE NUMBERS (     ) \_\_\_\_\_ - \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

NAME & AGES OF CHILDREN WHO WISH TO BABYSIT \_\_\_\_\_

Check here if you can be contacted to help in future programs



# OHR TORAH MEN'S CLUB MEMBERSHIP RENEWAL FORM

Please renew your membership or become a Men's Club member for the first time. Men's Club membership dues of \$36 provide funds for Ohr Torah's Chesed Services, Events, Special Projects and more. Kindly send your membership dues by September 27, 2019.

**Option 1:** If you would like to renew/join via PayPal or your credit card, go to [www.congregationohrtorah.org](http://www.congregationohrtorah.org) and hover over the DONATE tab, then click on the "Men's Club Donation" option. Click on the button next to "Annual Membership." Fill out all fields that have an asterisk. If your information has changed from last year's directory listing, please indicate this in the "Additional Information" field. Once you click Submit, you will be directed to the PayPal website. If you do not have a PayPal account, click on the gray button near the bottom that says "Pay with Debit or Credit Card."

**Option 2:** If you would like to pay with a check, fill out and return this form, along with your check, to Raphael Sharret, 17 Sherwood Place, West Orange, NJ 07052. *Please DO NOT send it to the shul's PO box, or to the Shul or combine Mens/Sisterhood payments.*

NAMES \_\_\_\_\_ TELEPHONE NUMBER (     ) \_\_\_\_\_ - \_\_\_\_\_

EMAILS \_\_\_\_\_ CELLPHONE NUMBERS (     ) \_\_\_\_\_ - \_\_\_\_\_

ADDRESS \_\_\_\_\_ ZIP \_\_\_\_\_

Check here if you can be contacted to help in future programs

# 5780 SHUL DIRECTORY

The Sisterhood is printing an updated membership directory for 2019/2020 - 5780. The directory will include "business ads" for \$54, full page is \$100. Get your friends and relatives to support the directory by advertising in it.



Please send this form, a business card and check of \$54 or wording for a full page ad and a check for \$100 payable to **Ohr Torah Sisterhood** by September 27, 2019 to:

Bertha Sharret, 17 Sherwood Place,  
West Orange, NJ 07052

**Do not send checks or ads to the Shul.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Cellphone Number (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

Ad enclosed: \_\_\_\_\_