



TEMPLE BETH SHALOM
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From Rabbi Sarah's Desk



My dear Temple Beth Shalom community,

It's been almost a year since we've gathered together. I miss you tremendously, even while grateful for all of the ways we've been connecting online and (occasionally)

outdoors. Like you, I'm eager for a time when we can gather together in person. Throughout the past year, I've been focusing on resilience -- my own and others'. When things have felt particularly challenging, I remind myself that we're surviving a global pandemic, something that none of us have done before. Recently, I wrote the following Op/Ed published in the local papers to help others tap into their resilience.

Once, King Solomon tasked an advisor with bringing him a magical ring that could make a sad person happy and a happy person sad. After searching throughout the kingdom with no luck, the advisor was about to give up. He finally went to a small jeweler's shop in a rundown part of town not too far from the castle, and explained his dilemma. The jeweler went into a back room and returned with a plain gold ring, inscribed with the words: "This too will pass." King Solomon was thrilled to receive the ring and wore it every day. Whenever he felt happy and joyful, he looked at the ring and remembered to cherish the moment. Whenever he felt sad and depressed, he looked at the ring, and his mood would change, knowing that the situation was temporary.

We're coming up on 11 months of altered living due to the COVID-19 pandemic and it has certainly taken a toll. Many of us are anxious, angry, grieving, lonely, or depressed. We are struggling. Things are hard right now, but this too shall pass. Not every day has to be a good day. The opportunity always awaits to get back up again. We can see the light at the end of the tunnel as the vaccines are rolled out. The end of the pandemic is in sight, but it's still far away. Now is the time for us to stay strong and stay the course. We read in Proverbs, "Though a person falls seven times, they rise again." How do we do that? There are three values that can improve our resilience and help us carry on and stay the course during hardship: compassion, gratitude, and connection.

It's hard to be a person. Life throws all sorts of

curveballs and challenges our way. It's really, really hard to be a person living through a global pandemic. This time is difficult enough without harsh thoughts or judgments.

Compassion invites us to see each other with empathy, to recognize that we all struggle. Compassion isn't weak -- shifting your perspective to recognize another person's humanity, vulnerability, and pain is one of the hardest things to do. Compassion can also be directed inwards. I encourage you to be gentle with yourself and with others, to soften your heart, give the benefit of the doubt, and remember: it's hard to be a person and this too will pass.

It's easy to focus on everything that we can't do or don't have. That's a sure path to unhappiness. I am reminded of an ancient rabbi who asked, "Who is rich? One who is content with what they have." Being grateful means recognizing all the good that is already yours. What would an ancestor who lived 500 years ago be amazed by in your life? Gratitude helps get us through hardship by shifting our focus towards everything that we have, not what we lack. Our lives are filled with blessings, large and small, if only we let ourselves notice.

Social isolation and loneliness has been one of the most challenging things about this pandemic. We're social beings and have a hard time being apart. One of the ways to get through this challenging time is to go out of our way to connect with others -- by phone, Zoom, email, letter, social media, and more. We need each other. I encourage you to reach out to someone you think may be struggling. You'll both feel better.

We know that in time, this pandemic too will pass. Instead of rushing out to get "back to normal," take a moment to reflect on what you want "normal" to look like. Wouldn't it be wonderful to get back to something even better than before the pandemic? Ask yourself: What lessons have I learned about myself and my loved ones? What have I missed the most? What have I gained? How might I take these insights forward to craft an even better future post-pandemic?

With prayers for good health and wellbeing,

Rabbi Sarah

A Message From Our President



The winter has been a busy time here at TBS. We have had some beautiful sunny mild days, and then the snow seemed to fall endlessly to welcome the month of February. Nature has been powerful in so many ways, both this year as well as last. I continue to feel grateful for the technology that

allows our leadership group and our volunteers to continue to work tirelessly, building on the inspirational vision that was initiated at our congregational meeting.

Early February also brought the challenge of obtaining appointments for the Coronavirus vaccines. In this capacity, TBS continues to be an amazing and special community.

Congregants were assisting one another with information and helping each other to obtain appointments. When someone asks me “WHY TBS?”, “Why does being a part of this community matter so much?”, to me, one of the key reasons is CONNECTIONS. It is the connections that are made through friendships that evolve over the years of belonging to this community. People care, and when they do, relationships are built. I often think of the TBS community as my first go to when I want to find out about anything. Do you need a dentist? A doctor? A specialty store or service? All that knowledge is available through relationships created at TBS. A few weeks ago, the impact of this was personally profound. Like so many others, David and I were having difficulty obtaining an appointment for the vaccine. My dear friend, Lynn Michaels said three words, “let me help.” By that evening David and I had appointments to get our initial dose...in Binghamton! The trip was no problem. We didn’t mind traveling to a place that was so familiar and filled with happy memories of our son’s college years. The vaccine was accomplished! What will always remain with me is that very special bond that was created getting to know the Michaels’ family initially through board meetings, committees, and later through social events and outings that built a solid friendship. Lynn was successful helping several other people obtain their appointments. The friendships at TBS have quite the unique ability to touch our lives in so many ways if we are open to it! I hope each of you will find and develop those magical friendships and connections as a member of our Kehilah.

In addition to vaccines, the beginning of the year focused my thoughts about the direction that TBS would take during 2021. Our spiritual, educational, and community lives comprise all of the elements that identify us so strongly as a congregation. In order to meet the needs identified in these three areas of TBS life, we established several new task groups. All three groups are doing work that we know will support the TBS vision and the

mission statements. (You can find these statements on our website.) As we do this work, the power of collaboration, team building, and vision sharing is palpable.

The first of these three groups is the B’nai Mitzvah Support group. Fondly called the BMS group, it was designed to meet the needs of families preparing for B’nai Mitzvah during the pandemic. We recognized that a new approach to the B’nai Mitzvah experience was needed for the student, their family, TBS staff, and our entire community, in order to create a spiritually and emotionally fulfilling day. The group is comprised of Rabbi Sarah, Ritual Co-Chair and BMS group coordinator Eddie Lapa, the TBS tutors “par excellence” Jeff Guest and Lynn Michaels, as well as me, as TBS lay administrator. The BMS group has already held online conversations with each family whose child is scheduled for Spring 2021 dates. The response has been wonderful. It is a true collaboration around the needs of the child, the family and the synagogue. The families are provided with material that will guide them through the experience. Now more than ever, we are approaching the process by reimagining the day as one tailored to meet the needs of the student who is having a virtual experience with the congregation and many of their family and friends. We anticipate continuing this process post Covid as it presents a significant opportunity for increased communication for all. It is one of the silver linings of this pandemic.

The second task group is currently titled ‘BGE’, or playfully, THE BEST GROUP EVER! The focus is on efforts designed to support the religious school experience for the students, their families, teachers, tutors, and our Kehilah. The Group benefits from the expertise of Rabbi Sarah, Lead Teacher Marissa Mallett, Co-chairs of the 2020 and Beyond Education group Wendy Greenberg and Fred Ende, RS tutors Lynn Michaels and Jeff Guest, RS executive committee liaison Gabrielle Duke, Educational Committee Chair Jen Lomas, and I, representing the Board of Trustees. At this time the group has focused on facilitating communication and putting into place specific expectations for each role. There have been numerous e-mails that have emerged with much rapidity that reflects the strength of commitment by all the volunteers and staff. The desire of each participant is to continue building upon the excellent learning experience that the children are already receiving. We have been exploring reorganization of some areas of curriculum as well as software platforms. The energy of this group is high and has been impressive.

The third group that recently began to collaborate is the TBS Visioning Group. This group is facilitated by Sharon Gunzburg, Rabbi Sarah, Allan Gunzburg and me. The goal of this group is to work with many existing groups within TBS and potentially form new task groups to envision, identify, and build a plan that will not only

take TBS through 2021 and the pandemic, but also to utilize all the best practices from before the pandemic, during the pandemic, and into our future.

We began by formulating some basic ideas and questions initially presented at the congregational meeting. At that time, breakout groups were formed and the feedback we received was tremendous and very helpful. We then held a workshop that Sharon Gunzburg expertly facilitated that yielded further information. This group of very diverse congregants was forthcoming and shared their ideas and passions about what life in a synagogue community can look like over the years ahead. The data and information were presented by Sharon Gunzburg at the February board meeting. The next part of the plan is to determine which groups are already working on related tasks at TBS and determine if new groups need to be formed. There has already been progress as the TBS Technology group identifies some areas that will help our membership. The Education group has pioneered changes in B'nai Mitzvah that are already yielding benefits, and Rabbi Sarah has begun writing in our local newspapers on topics of spiritual care. Her first article is about resilience and is very moving in this unforeseen time. Over the next months, the Visioning Group will yield further results that will be updated here in Temple Times.

We continue to meet the challenges that we are facing

due to the Corona Virus through the dedication of the Covid19 Response Task Force. This group has started conversations that will guide our recommendations about outdoor and indoor activity this spring and summer.

Much of the guidance is rapidly shifting and right now we do not have a clear picture of how the vaccine will change our ability to gather. What we do anticipate is that we can plan for outdoor activities and we will make that information available just as soon as possible. The activity level that can take place indoors is still developing as we await further information from the CDC, the State, and our community leaders. The Jewish value of life promotes the safety of the members of our community. I am uplifted by the level of community that has continuously supported one another during this time. And when we do have the capacity to enjoy Spring 2021, I know that we will all share the warmth of the change of the season as well as the warmth of seeing one another as we gather together.

Sharing hopes, warmth, and love,

Gail




Selling of Chametz

One of the prime elements of the Passover Holiday is the removal of leaven products, known as "Chametz" from one's possession. "Chametz" is defined as any product from wheat, barley, rye, oats or spelt which was allowed to rise, e.g. bread, crackers, etc.

This is accomplished in two ways: outright disposal of all Chametz products in one's possession, or sale of those products to a non-Jew.

Go to https://www.tbsmahopac.org/sell_chametz/ to appoint Rabbi Sarah Freidson as your agent to sell your Chametz on your behalf.

Sisterhood News By Robin Kushner



Just before Covid was in full bloom, Michael and I had plans with another couple to go out for dinner. Thanks to Covid, we had to cancel our plans. My friends called us up and invited us to join them on a Zoom call to share a drink. This idea was new to us and I was not sure how enjoyable sharing a drink on Zoom would be. We zoomed with our friends that night, and after about 2 ½ hours, we disconnected. I was surprised by how much we enjoyed our Zoom call.

Zoom has become such a big part of our daily lives. Many of us do not even have to leave our homes to connect with family or friends these days. It has become a staple in our daily lives. As Sisterhood continues to reinvent itself and navigate through this difficult time, we have been using Zoom and other computer technologies more and more.

Sisterhood has been very busy putting together regular events. Recently, we held the Act of Kindness, Cooking Demos, Sip and Schmooze, and Game Night.

The Act of Kindness is when a temple member receives the name of another person and then sends that individual a gift. When I received my gift, I completely forgot about the Act of Kindness. I was touched by the lovely note sent by my designated giver. It made my day. It is always nice when someone thinks about you. If you missed this event the last two times, no worries – keep watching the constant contacts for when will have this event again.

Cooking demos have been open to the entire synagogue. So far, we have had two demos: one for Cuban Bimuelos during Chanukah, and the other for Challah made easy. Both events were well attended. It was fun learning new techniques and different tips for baking and or cooking. Our third demonstration will be Hamantaschen baking on February 21st, just in time for Purim. I am looking forward to learning the best way to make my hamantaschen corners and not have all my jelly leak out! Sisterhood already has another demo planned for Passover and one for April.

Sip and Schmooze took place this year instead of our annual wine tasting. I learned quickly that we have many skilled mixologists in our group. We had a chance to witness the creativity that so many of us have when it comes to mixing alcohol!! Since I am partial to chocolate, I demonstrated how to make “Summer Chocolate Ice Cream Party.” Imagine a spiked Friendly’s ice cream sundae and then add more and more chocolate!!

Game night was a lot of fun. We have already enjoyed playing Scattergories and Trivia. We are looking to do Jackbox in April. Stay tuned for more information.

A new and upcoming event will be a movie review. Join us Saturday, March 13th at 7:30 pm to review and discuss the movie *Agatha and the Truth of Murder*. It is free on Netflix or can be purchased for \$1.99 on Amazon prime or YouTube. Not too bad considering when you buy this ticket, you do not have to worry about the person in front of you blocking your view, AND you can make your own popcorn!!

The most rewarding thing about all of this zooming and creativity is the wonderful feedback we have received. Sisterhood has received many thank yous for our planned events. When you organize an activity, you never know if someone will enjoy attending. It means a lot to hear back from fellow congregants that they thought the Act of Kindness was “wonderful” or appreciated us running an event. When someone tells us that they appreciate Sisterhood “engaging the congregation,” we know that we have achieved our goal and that our work is meaningful.

I know when someone in your household goes through surgery or illnesses, it can be overwhelming to think about what you need to prepare for dinner. This year Sisterhood has helped many families by taking that decision away and providing meals that are already prepared. We have received numerous thank-you’s like this one “thank you Sisterhood for the food. You saved us from worrying about dinner.”

At our last meeting, we discussed the role Sisterhood has played in this community. As we discussed our role in today’s world, it was mentioned that Sisterhood plays a key role in keeping us all connected, especially during these stressful times. Sisterhood has given temple members the opportunity to meet other people. We have provided a space where people feel welcome and also like they belong somewhere. Our events and meetings have shown many that we are a multigenerational group. It doesn’t matter if you are a grandparent, mother or teen; we all have the same goals and respect for our religion. Sisterhood is across many generations with the goal of community, friendship, and unity.

On a personal note, I must say thank you to all the special ladies I work with during our Sisterhood meetings. Without your creativity and dedication, we would not be able to achieve all that we accomplish.

I know many of you are starting to get zoomed out. I would like to ask you to think about joining one of these events. I guarantee that once you attend, you will say “that was fun.”

Ritual News by Eddie Lapa



Shalom,

I can't believe that I am writing for the Pesach March/April edition of Temple Times.

First, I want to thank everybody that participated in our Purim program. Lynn did an awesome job as usual. The Hebrew school kids and members taking part in the Megillah readings. Gail Plaut, Sylvia, Elaine and the Caring Collective drivers for organizing and delivering the Mishloach Manot Bags.

Pesach is next on the list of Holidays. The first night is Saturday March 27th. We are going to try to see if people would like to host a Zoom Seder or need to be part of a Zoom Seder. More information will be coming. Rabbi Sarah will once again arrange the sale of Chametz. We have been thinking of ideas to make the Holiday fresh, so on the Shabbat morning of March 27th, we will have the theme of the breakout rooms be Passover fun facts. Services on the first day, March 28th will have a theme of Passover celebrations around the world. Thursday, March 25th is Fast of the First born, so there will be a Zoom Shacharit and study on that day. On April 4th there will be a Zoom service on the last day and will include Yizkor.

Our Yom Hashoa commemoration will be April 11. More details to come.

Our B'nai Mitzvah support group has met with the families of our spring B'nai Mitvot. We would like to wish a hearty Mazal Tov to Jessica Bowden and the Bowden family on Jessica's Bat Mitzvah on April 24th.

The Ritual Committee has been hard at work continuing to plan our Shabbat Zooms. We invite everyone to participate and sign up for an English or Hebrew reading, or even to Read Torah (now's the time as you have vowels and trope), or lead a D'var Torah.

Please support and participate in all the activities from Sisterhood and Men's Club.

On behalf of the whole Ritual Committee, we would like to wish everyone a zeisen and kosher Pesach. And as we say at the end of the Seder: L'Shana Haba'ah B'yrushalayim - Next year in Jerusalem or anywhere outside.

Everybody, stay healthy, safe, and strong.

Eddie and Matt

From the Men's Club By Joel Greenberg



Apparently, the groundhog saw his shadow, so it means six more weeks of winter. The groundhog really meant it since we seem to be having more than our share of snowstorms.

On Sunday, January 24, 2021 we had our second annual Judge James Reitz Vision Breakfast. Our special guest, of

course, was Barbara Reitz, who gave an inspirational opening and closing commentary. Our guest speakers included Putnam County Legislator Amy Sayegh, Mahopac Central School District Superintendent Anthony DiCarlo, Town of Carmel Police Chief Anthony Hoffman, House of Prayer and Worship Pastor Edgar Evans, Town of Carmel Councilman Frank Lombardi, Deacon John Scarfi, Town of Carmel Supervisor Ken Schmidt, Assemblyman Kevin Byrne, Senator Pete Hackham, Town of Carmel Councilman Robert Schniel, Putnam County DA Robert Tendy and our very own Rabbi Sarah. They each gave their vision for what accomplishments they project for 2021.

Additional discussion among the guests was the mutual feeling that the effects of Covid-19 in 2020 would still be part of our lives in at least the first half of 2021. It was

interesting to note that Putnam County is one of the safest counties in New York State. In addition, our guests also noted that there aren't any known threats from any of the extreme organizations. A lively discussion was held by the 40+ members of our temple family that joined us. The Carmel town officials listed many of the projects that are being planned for 2021, including some major changes to the traffic flow and parking in downtown Mahopac, or as we should say downtown "MaHOpac."

By the time you get this issue of the Temple Times, our second event of the year will have taken place, which was held on Sunday, February 28, 2021. We had a in depth discussion on anti-Semitism in the Hudson Valley. Our panel included Rabbi Sarah, Carmel Police Chief Anthony Hoffman, Putnam County Sheriff Robert Langley, Yorktown Police Chief Robert Noble, and Putnam County District Attorney Robert Tendy.

I hope that those of you that are eligible, are able to get the Covid-19 vaccine, and that everyone is healthy and staying safe.

Shalom,

Joel Greenberg





HAPPY PASSOVER

Thursday, March 25th

9:00am Siyum Bechorot

Torah Study and Breakfast to break the Fast of the Firstborn

Saturday, March 27th

10:30am Temple Beth Shalom Shabbat Morning Service

Passover begins at night fall

See Shabbat announcements for opportunities to join a virtual Seder

Sunday, March 28th

10:30am Abbreviated Service and "Passover Around the World" Presentation by members of the Ritual Committee

Monday, March 29th

10:30am Abbreviated Service and Adult Education with Rabbi Sarah

Saturday, April 3rd

10:30am Shabbat and Passover Morning Service

Sunday, April 4th

10:30am Passover Morning Service

Yizkor Memorial Service at approx. 11:15am

Passover ends at 8:06pm

All services will be held on Zoom



Meet Jessica Bowden



Jessica Bowden – Bat Mitzvah

“Your life is only as good as your mindset.”

Hi! I’m Jessica Bowden a.k.a. *Leah Yiskah*. My parents, older sister Kelly and I live in nearby Somers along with two energetic (crazy) and lovable (demanding) cats name Mysty and Winsted. We’ve been coming to TBS for the past decade or so.

Right now I’m a 7th grader at **Somers Middle School** where I’m a member of the *National Junior Honor Society*. A few years back, it was my favorite teacher, Ms. Monteleone, who introduced me to a couple of the things I now love most in Life: *field hockey* and *being mindful*.

In 4th grade Ms. Monteleone began a field hockey clinic after school on Wednesdays. Unfortunately I couldn’t attend (because of Hebrew School) but it captured my interest and I looked for alternatives at other times. Luckily, I got involved in nearby clinics run by accomplished local coaches - and before you know it, I was participating in after-school and summer programs nearby and eventually my first tournament [the Capitol Land] at SUNY/Albany in July 2019. I currently play for the *New York Hockey Club* in Somers and Ridgefield, CT.

As you can tell from the quote above, I’m very big into mindset and mindfulness. Ms. Monteleone used to sign her assignments with the symbols for “peace and love”.

This got me thinking about what both mean to me, and how I could use them in my Life. I do my best to maintain a positive mindset (which isn’t always that easy) and hope one day to work in the mental health field, or as a Special Education teacher.

This all connects back to my years at TBS. I loved studying the various Jewish holidays and traditions, crushing it in the dreidel competitions, and learning Hebrew from all my teachers [shout out to Mrs. Arsham and Ms. Blair]. My Bat Mitzvah is **Saturday April 24th** and will be a very small and low-key affair due mostly to the pandemic. I hope to celebrate with family and friends at some point in the future.

For now, I have been learning my parts [thanks to Jeff Guest], and raising money and awareness for the **JED Foundation** as well. I chose this important organization because a lot of young people struggle with anxiety and mental health issues, especially now when people don’t know who to talk to about this and feel lost. In the future I hope to be able to help people improve their lives by staying positive. Please donate, if you can, to my fundraising page at jedfoundation.org.

When it comes to having fun, I like to be by the water - whether it’s boating, swimming, and jet skiing, or traveling to Maine and Martha’s Vineyard. We’ve gone to the Vineyard for a week every summer - and hope to do so this year as well. To celebrate, I plan to start a new tradition: buying a different bucket-hat each year. I’ll do my best to keep you posted about this in the future.

MAZEL
TOV

Meet Joshua Leviner



My name is Joshua Leviner. My Hebrew name is Yeshoua. I am in the 7th grade at Mahopac Middle School. This year I have been going two or three days a week and learning remotely the other days. I have twin siblings, Eli and Zoe, who are in the 5th grade. I like to play video games with my brother and watch movies with my sister. My mother's Hebrew name is Esther Malka Rena and my dad's parents are Israeli, and he is just Ron.

My favorite sport is Ice Hockey. I am a NY Rangers fan. I have been to a few games and look forward to being able to go again. I play defense for the Putnam Panthers team this year. We have not been able to play any games yet this year, but are going to start soon. Last spring, I was able to play on the Mahopac modified Ice Hockey team. I have been skating since I was four years old. I have travelled to Niagara Falls and Notre Dame with my teams in the past.

Two summers ago I went with my family to Israel. My grandmother, who lives in NJ, but was born in Israel, also came with us. We travelled all around the country and got to meet a lot of my relatives. My favorite thing we did was getting up early and climbing Masada to see the sunrise. My family has been trying, since we've been back, to find hummus as good as we had there, but we have not been able to. I thought the food there was so good. I hope to be able to go back again soon. My second favorite trip was to Costa Rica. The fruit there was really good. My family and I went ziplining over

the rainforest. That was a lot of fun. We saw lots of animals and spent a night in a hotel surrounded by monkeys in trees.

My favorite subject in school is Social Studies. I like learning about historical events. We are currently learning about the American Revolution and the early times of our country. I also like reading a lot, and would like to study and read more about history in the future.

My favorite holiday is Hanukkah. I like the food and getting presents. We have a number of menorahs that I got to light this year. Because it's a long holiday, I get to see and do something different each night with different members of my family. My favorite activity from being in Religious School also happens during Hanukkah - the dreidel spinning contest. My family has also hosted the Israeli Scouts for a few years, and I liked meeting them and learning about their lives. When we were in Israel, we went to see a movie, and amazingly, one of the Scouts we hosted several years back was also in the theater and remembered us.

I plan to be at Temple Beth Shalom for my Bar Mitzvah service with my family. Afterwards, I hope to safely have some people over for lunch.

I plan to remain connected to the temple and the friends I have made here. I can help my siblings with their Bar/Bat Mitzvah learning when they begin studying next year.



Hebrew School News from Marissa Malett



Religious School-

March-

3-6 Family Shabbat- Kitah Bet, Gimmel, Dalet & Hey meet from 9:45-10:15am.

Kitah Vav & Zayin meet for regular

congregational services at 10:30am

28th – 31st Passover Break No Religious School

April-

3-10 Family Shabbat- Kitah Bet, Gimmel, Dalet & Hey meet from 9:45-10:15am. Kitah Vav & Zayin meet for regular congregational services at 10:30am

4th – Passover Break No Religious School

Yom Huledet to our following students!

March-

Eli Leviner

Zoe Leviner

Ellis DiMucci

April-

Anthony Shaffer

Sydney Ende

Teens & Kadima -

March 21st 12pm – Back by popular demand, “Movie Night”. Teens and Kadima vote on a movie. Don’t forget the popcorn!

April 25th 12pm – Another Teens favorite, “Cooking in the Kitchen with Marissa”. Teens will pick what is on the menu.

Reflections-

January – Teens and Kamia explored the fusion of Jewish tradition, text study, and pickling! This exciting program was led by Camp Ramah.

February –

Our Tu’Bshvat Youth Group was entertaining with interactive games, stories and of course a scavenger hunt!

Teens and Kadima were busy planning and hosting our virtual Purim Carnival! Well done and great fun was had by all! Religious School students had their prizes delivered to them.

Marissa



Teens gathered all the ingredients needed for an exciting interactive pickling experience with Camp Ramah!

While exploring the fusion of Jewish tradition and text study, they learned some fun pickling techniques and enjoyed eating them a few days later!



Adult Education with Rabbi Sarah

Together & Apart: The Future of Jewish Peoplehood

Wednesday evenings at 7:30pm on Zoom
January 20th -April 21st



Come join Rabbi Sarah as she explores one of the most pressing issues facing the Jewish world today – how we move from being a people with no permanent homes in Israel and in North America. The curriculum examines the forces dividing the Jewish people today, including nationalism, antisemitism, dual-loyalty, and identity politics; and it imagines new conceptual frameworks that can help sustain and grow the story of our people for a new millennium.



Join us for a fun filled service!

The evening is geared towards elementary school aged kids and kids at heart.
Along with your favorite Shabbat melodies, this interactive service
features games, props and more!

Questions? Ask Rabbi Sarah rabi@tbsmahopac.org

Services to begin at 9:45 am on Zoom
March 6th & April 10th

Virtual Adult Education with Rabbi Sarah



***New class starting in March
Tuesdays at 11am on Zoom***

***Please RSVP Rabbi Sarah to join this
meeting Rabbi@tbsmahopac.org***



Save The Date

Temple Beth Shalom Presents


**HOLOCAUST
MEMORIAL DAY**

**Sunday, April 11th
On Zoom**



For more information, please contact the Temple office at Office@tbsmahopac.org or (845) 628-6133

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Due to the Corona Virus, our building remains closed and therefore, no calendar can be provided at this time.</p> <p>At the time this publication went to press, we have been meeting via Zoom every Tuesday and Friday, and we anticipate that those meetings will continue for the duration of the pandemic.</p> <p>Watch your E-mails for meeting information and updates</p>						

~ רפואה שלמה ~ *Mi'sheberach*

Wishing a return to good health to those who are ill in our community

<ul style="list-style-type: none"> • Moshe ben Menachem Avraham • Dawn Andron • Chiya Blima bat avraham re sarah (Elaine Jacobs) • Perel Yenteh bat Briendel • Sharon bat Chava • Yenta Raisel bat Leah • Baila bat Rut • Reuven be Malka • Gershon Ben Gitel Drazier • Yaakov ben Leah • Yosel ben Schmucl 	<ul style="list-style-type: none"> • Laura Bronzo • Jennifer Brown • Shirley Celestine • Barbara DiChiara • Betsy Dobbs-McAuliffe • Jerry Dubin • Dennis Forte • LucyBeth Fraser • Eunice Goldfarb • Lainie Handelman Zuckerman • Evan Heller • Gordon Kalmanson 	<ul style="list-style-type: none"> • Eleanor Katz • Philip Kirschner • Yita Bayla Leventhal • Laura Mazzacone • Menachem Mendel Simcha ben Sarah • Christine & Joseph Paravaty • Alfanzo Petrus • Lew Rabinowitz • Rudolfo Rodríguez Quezada • Marcia Scanlan • Peg Scarfi 	<ul style="list-style-type: none"> • Ben Semegran • Lubor Stejagal (Stes-kal) • Mona Sternbach • Ora Stochel • Herb Sturman • Larry Ticker • Steven Treistman • Ross Treistman • Shmuel T'vi ben Freidel • Laurence Weinberg • Richard Weiss
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Schedule of Services and Candle Lighting Times

<p>Regular Shabbat Services When we get back to “normal”</p> <p>Pre-Shabbat Schmooze 6:00pm Sat Mornings Zoom 10:30am</p>	<p>Candle Lighting</p> <p>03/05/21 5:33 PM 03/12/21 5:41 PM 03/19/21 6:48 PM 03/26/21 6:56 PM 03/27/21 8:16 PM 03/28/21 8:17 PM</p>	<p>04/02/21 7:04 PM 04/03/21 8:24 PM 04/09/21 7:11 PM 04/16/21 7:19 PM 04/23/21 7:26 PM 04/30/21 7:34 PM</p>
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Yom Huledet Samgakh

יום הולדת שמח

March/April

<p>Mar 02 Zoe Leviner Eli Leviner</p> <p>Mar 03 Ellis DiMucci Kanna Wohl</p> <p>Mar 04 Dale Raefski</p> <p>Mar 05 Celia Goldstein</p> <p>Mar 07 Mark Beshears</p> <p>Mar 09 Frank Stainkamp</p> <p>Mar 10 Gail Plaut</p> <p>Mar 11 Jeffrey Guest</p> <p>Mar 12 Andy Philip</p> <p>Mar 15 Jerry Malett</p> <p>Mar 16 Scott Markman</p>	<p>Mar 17 Alan Belsky</p> <p>Mar 21 Jessica Zager</p> <p>Mar 23 Samuel Begler Michelle Kushner Ariel Simon</p> <p>Mar 24 Jennifer Lomas Jeffrey Roberts</p> <p>Mar 25 Daniel Philip Phyllis Solar</p> <p>Mar 27 Jennifer Bates</p> <p>Mar 28 Amy Solar-Doherty</p> <p>Mar 29 Gary Loewenberg</p> <p>Mar 30 Rebecca Peikes</p>	<p>Apr 03 Alissa Luxemburg Eileen Markman Sarah McDermott</p> <p>Apr 04 Joseph Brice</p> <p>Apr 05 Joel Greenberg Judith Occhiogrossi</p> <p>Apr 07 Richard Weiss</p> <p>Apr 08 Ruby Aday</p> <p>Apr 11 Dagan Duke Lauren Rosenblum</p> <p>Apr 13 Scott Liff</p> <p>Apr 17 Jocelyn Peikes William Raefski</p> <p>Apr 18 David Freundlich Spencer Rubin</p>	<p>Apr 19 Phyllis Nadelhaft Richard Zager</p> <p>Apr 20 Sylvia Philip</p> <p>Apr 22 Lillian Goldstein</p> <p>Apr 23 Glenn Sapir</p> <p>Apr 25 David Lapa Alec Petrone Ari Pollack Anthony Shaffer</p> <p>Apr 26 Melody Weisman</p> <p>Apr 27 Ilene Thompson</p> <p>Apr 28 Sydney Ende</p> <p>Apr 30 Robert Casalbore Sharon Gunzburg Jeanne Toovell</p>
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Join us for a fun filled service!

The evening is geared towards elementary school aged kids and kids at heart. Along with your favorite Shabbat melodies, this interactive service features games, props and more!

Questions? Ask Rabbi Sarah rabbi@tbsmahopac.org

Services to begin at 9:45 am on Zoom
January 9th & February 6th

Check your email for the Zoon Link invitation

Adult Education with Rabbi Sarah

Together & Apart: The Future of Jewish Peoplehood

Wednesday evenings at 7:30pm on Zoom
January 20th -April 21st



Come join Rabbi Sarah as she explores one of the most pressing issues facing the Jewish world today – how we move from being a people with no permanent home to one with two permanent homes. Through video lectures, interviews, and textual sources, this 14-unit course addresses the complex features of Jewish peoplehood and the contemporary challenges to the Jewish people in an era in which we have moved from having no home to having two different, vibrant, homes in Israel and in North America. The curriculum examines the forces dividing the Jewish people today, including nationalism, antisemitism, dual-loyalty, and identity politics; and it imagines new conceptual frameworks that can help sustain and grow the story of our people for a new millennium.

Check your email for the Zoon Link invitation

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In memory of Moe Apple, Father

Jerry & Janice Malett
Wishing a speedy recovery for Wendy Greenberg

General Fund

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In memory of Fred Happ

Anita Feldman
In memory of Stuart Feldman

Ann Koblenz
In memory of Morris Pomerantz

Ann Roffman
Just because

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In memory of Gary Lowenberg

Cynthia Hertz
In memory of Matthew Hertz

Deborah Carrillo
In memory of Joseph Carrillo

Deb Seaman & Tobi Taub
In memory of Ruth Miller Elliott

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Herbert & Elaine Bessen
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Gary Schnorr & Mary Palmer
In memory of Gary Lowenberg

Gary Schnorr & Mary Palmer
Thank you Andy Milkis for upgrading video capabilities

Gary Schnorr & Mary Palmer
Mazel Tov Jack Tessler

Gary Schnorr & Mary Palmer
In honor of Ron & Marilyn Arsham's 35th Anniversary

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In memory of Libby Seiden

Barry & Gail Plaut
In memory of Brenda Seiden

Bernard & Myrna Holzman
In memory of Sarah Holzman

Bernard & Myrna Holzman
Just because

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In memory of Debbie Bowden

David & Gail Freundlich
Giving Tuesday

David & Lynn Michaels
For the Yahrzeit of Harold M Michaels

David & Lynn Michaels
For the Yahrzeit David's Aunt Frances Michaels

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In memory of Estelle Koswener

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In memory of Genya Zac

Mark & Patrice Liff
In memory of Elias Feldman

Ron & Marilyn Arsham
Giving Tuesday

Andrew & Kimberly Milkis
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Just because

David & Helen Bowers
Giving Tuesday

Joseph & Judith Occhiogrossi
In memory of Poppy

Joseph & Judith Occhiogrossi
In memory of Father

(Continued on page 17)

Contributions (December 2020—January 2021) - cont'd

(Continued from page 16)

Mr. and Mrs. Robert Lazar
Just because

Mr. and Mrs. Stephen Nadelhaft
In memory of Gary Loewenberg

David Goldberg
In memory of Harriet Goldberg

David Goldberg
In memory of Edith Goldberg

Gerald Leibman
In memory of Abraham Leibman

Jules Gidal
In memory of Chava Koblenz

Richard & Linda Kaplan
Just because

Dottie Cooper
In memory of Herman Victor, Father

Dottie Cooper
In memory of Lee Cooper, Husband

Marge Pollack
Just because

Marge Pollack
In memory of Ron Pollack

Agnes Rosner
In memory of Sid Rosner

Diane Cohen
Giving Tuesday

Diane Cohen
Just because

Linda Lehman
In memory of Pearl Meyer

Lois Siegel
In memory of Charles Siegel

Lois Siegel
In memory of Max Dreir, Father

Sylvia Philip
Giving Tuesday

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In memory of Rose Nathanson

Ron & Anita Salomon

In memory of Grete Salomon

Shari Zimmerman
Giving Tuesday

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In memory of Benjamin Delin

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In memory of Chava Koblenz, Sharon Feldman's mother

Mr. & Mrs. Joel Greenberg
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In memory of Dr. Gary Loewenberg

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In memory of Ruth Weiss

Ralph Horowitz
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Rochelle Hammer
In memory of Gary Loewenberg

Ritual Fund

Jeffrey & Bernice Guest
In memory of Sharon Feldman's Mother

Safety Fund

Gary Schnorr & Mary Palmer
In memory of Chava Koblenz, Sharon Feldman's mother

Yom Kippur Appeal

Alvin & Linda Silbert

David & Sharon Volkman

Dr. and Mrs. Michael Kushner

Dr. Bernard & Mrs. Elaine Jacobs

Gary Schnorr & Mary Palmer

In honor of Brett Bowden

Michael Hindin

Dr. Gary Loewenberg

James & Gabrielle Duke
Thank you Brett Bowden's Infectious TBS Spirit

Allan & Sharon Gunzburg
Wishing a speedy recovery for Jack Tesler

Allan & Sharon Gunzburg

Barry & Gail Plaut
In appreciation of The Bag Ladies

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David Volkman

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David & Lynn Michaels
In memory of Sam Fern, My friend

David & Lynn Michaels
Wishing a speedy recovery for Bruce Fern

David & Lynn Michaels
In appreciation of Maintaining a Jewish presence in Mahopac during these difficult times

Gabriel & Jennifer Lomas

Gary & Ellen Reing

Scott & Kei Reing

Mr. & Mrs. Joel Greenberg

Kenneth & Zila Koswener
In memory of Our Parents

(Continued on page 18)

Contributions (December 2020 – January 2021) - cont'd

(Continued from page 17)

Matthew & Lillian Hindin
In honor of Our children, Jacob Zachary and Sarah Esther

Matthew & Lillian Hindin

Mitchell & Jennifer Cohen
In memory of Lauren Klieger

Richard & Carol Zager
In memory of Parents

Ron & Karyn Leviner

Mr. & Mrs. Ronald Arsham

Scott & Eileen Markman

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Just because TBS!

Andrew & Kimberly Milkis

Ari & Heather Samson
To join in with Brett and all...

David & Helen Bowers
In appreciation of Rabbi Sarah

Jeff & Sharon Feldman
In honor of Rabbi Sarah

Jerry & Janice Malett

Stephen & Phyllis Nadelhaft

Steven & Patricia Bettman

Caleb Schepart & Rabbi Sarah Freidson
In appreciation of Our Beloved TBS Community

Diane Cohen
In appreciation of My sister, Gail Freundlich

Sarah Rucker
In appreciation of The congregants of Temple Beth Shalom

Sylvia Philip
In appreciation of TBS and our great community

Richard Weiss
In memory of Ronald Ira Weiss





Yahrzeits - March/April

May Their Memory be a Blessing

**Mar 1 / Adar 17**

Edna Sapakie

Mar 3 / Adar 19

Frieda Horowitz

George Gidal

Mar 4 / Adar 20

Harriet Bettman

Mildred Bookman

Mar 5 / Adar 21

Samuel Zager

David Guest

Mar 6 / Adar 22

Helen Feldman

Mar 7 / Adar 23

Morris Negrin

Mar 8 / Adar 24

Bertram Silbert

Mar 10 / Adar 26

Marvin Schultz

Mar 11 / Adar 27

Donald Michelson

Mar 12 / Adar 28

Morris Tesler

Max Hammer

Charles Bornfriend

Mar 14 / Nisan 1

Samuel Small

Mar 16 / Nisan 3

Elliot Weinstein

Mar 17 / Nisan 4

Glenda Lewis

Mar 18 / Nisan 5

Herman Ecker

Mar 19 / Nisan 6

Sarah Baskin

Mar 21 / Nisan 8

Jack Keniston

Mar 23 / Nisan 10

Joseph Garfinkle

Mar 24 / Nisan 11

Marvin Smith

Philip Corn

Mar 25 / Nisan 12

Rachel bat Moshe

Mar 26 / Nisan 13

Ida Grossman

Mar 27 / Nisan 14

Shiah Arsham

Mar 29 / Nisan 16

Myron Pollack

Mar 30 / Nisan 17

Lillian Tesler

Apr 1 / Nisan 19

Albert Schwartzer

Jack Nadelhaft

Apr 4 / Nisan 22

Yvonne Horowitz

Abram Bress

Apr 6 / Nisan 24

Edath Small

Ceil Nadelhaft

Apr 10 / Nisan 28

Donna Schwartzer

Apr 11 / Nisan 29

Murray Levine

Lee Lipins

Apr 12 / Nisan 30

Samuel Simon

Apr 13 / Iyar 1

Doris Gunzburg

Apr 14 / Iyar 2

Marilyn Levy

Sol Gidal

Apr 15 / Iyar 3

Michael Goldstein

Apr 19 / Iyar 7

Harriett Arsham

Reuben Buckvar

Apr 20 / Iyar 8

Philip Luxemburg

Apr 21 / Iyar 9

Rose Ballas

Apr 24 / Iyar 12

Erwin Kaplan

Apr 27 / Iyar 15

Howard Zelman

Apr 28 / Iyar 16

Stephen Erlitz

Sophie Weiss

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Newsletter@TBSMahopac.org



**NEXT
DEADLINE IS**
April 10, 2021

Newsletter Errors

Occasionally errors & omissions are found in the pages of Temple Times. We appreciate being notified of any corrections by calling the TBS office (845)628-6133. A newsletter staff member will return your call ASAP. The temple office is not responsible for newsletter content. Many thanks to our readers, Temple Times Staff





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with mushrooms in a marsala wine sauce

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Eggplant Parmigiana over Linguini 25

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Cosmopolitan

citrus vodka, splash of lime, triple sec, cranberry juice

Ruby Red Cosmopolitan

ruby red vodka, splash of lime, triple sec, cranberry juice

Sour Apple

green apple vodka, sour apple pucker

Caramel Apple

apple vodka, caramel vodka, sour apple pucker

Espresso

vanilla vodka, dark crème de cacao, kaluha, shot of espresso

Coconut Espresso

coconut Jack Rum, dark crème de cacao, coconut Irish crème, shot of espresso

Hurricane

white rum, coconut jack rum, dark rum, pineapple juice, splash grenadine

Keylime

vanilla vodka, lime juice, triple sec

Keylime Pie

vanilla vodka, lime juice, pineapple juice, shot of whipped cream

White Grape

grape vodka with grape juice

Let's Get Twisted

raspberry, grape, apple vodkas, with touch of peach schnapps and cranberry juice

Chocolate

vanilla vodka, dark crème de cacao

French Martini

raspberry vodka, Chambord, splash of pineapple

Pomegranate

apple vodka, sour apple pucker, pomegranate juice

Butterscotch

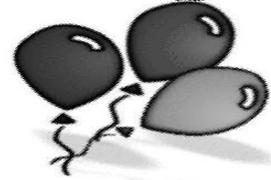
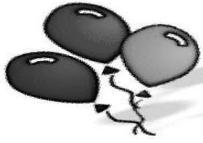
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yukon jacapple whiskey, apple pucker, cranberry

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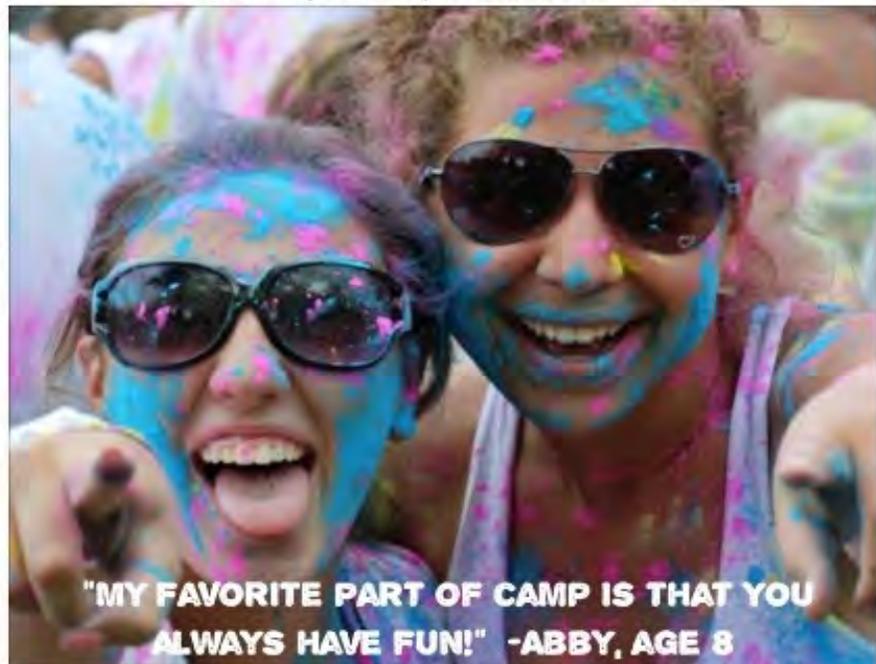
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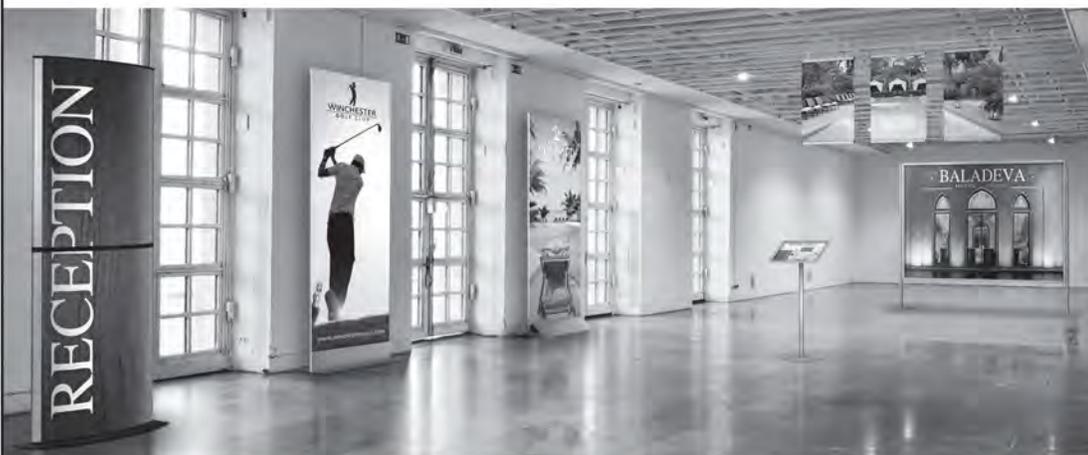
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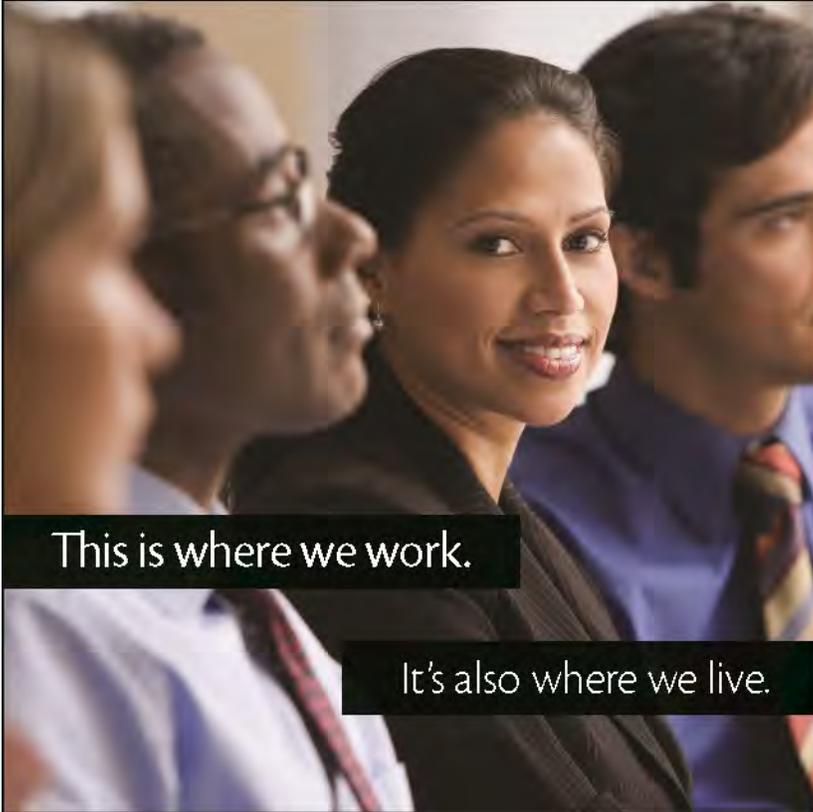
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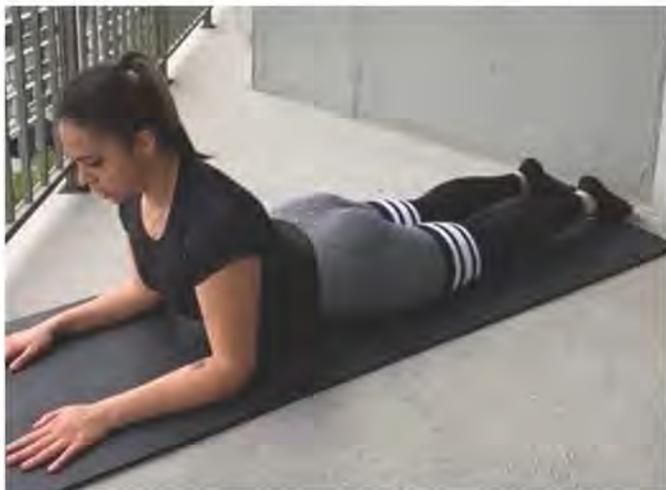
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