



Temple Beth-El's 2022 Purim Spielers!

Join Us!

- Annual Meeting**
Wednesday, June 15, 7:30 pm
- Generations of
Synagogue Sound**
Saturday, June 11, 6:30 pm
- The Men's Club Golf Outing**
Sunday, July 24

Inside

Services	2	Adult Education	10
From Rabbi Helbraun	3	From Don Solomon	
From Cantor Kahan	5	and Laurie Orenstein	11
From Rabbi Ari Moffic	6	Contributions	12-13
Youth & Family Programs	7	Community Garden	14
Sisterhood & Men's Club	8	Member's Corner	15
Social Action	9	Staff & Clergy contacts	19

Join Us!

-  = In-person attendance available
-  = Virtual attendance available via Zoom or Livestream
-  = Registration required

Go to ► www.templebeth-el.org
 or call (847) 205-9982 to register
 for programs, receive links for virtual
 attendance, or more information.

Services

JUNE - JULY

Temple Beth-El warmly welcomes our congregants to a wide variety of worship opportunities. From casual services to services with a more formal feeling, from family services to adults of all ages, Temple Beth-El has a worship experience that is right for everyone.

► TempleBeth-El.org/livestream

WEDNESDAY MORNING MINYAN

Wednesdays, 8:00 am 

SATURDAY CASUAL MORNING MINYAN

Saturdays, 9:30 am  

KABBALAT SHABBAT

Fridays, 6:00 pm  

June 3, Oneg in honor of Janice Hadesman

June 17, Becca Helbraun and Alex Nofer Aufruf

June 24, Anniversary Blessing

July 1, Anniversary Blessing

July 8

July 22

July 29

SHABBAT SERVICES

Friday, June 10, 7:30 pm  

SHABBAT Under The Stars

Friday, July 15, 6:00 pm 

CONFIRMATION SERVICE & EREV SHAVUOT

Saturday, June 4, 7:00 pm  

SHAVUOT SERVICE & YIKZOR

Sunday, June 5, 10:00 am  

B'NEI MITZVAHS

Saturdays, 10:00 am  

June 4

Shabbat Service & Bar Mitzvah of Carter Reyes

June 11

Shabbat Service & Bar Mitzvah of Zachary Karchmar



We offer comprehensive holiday programs for adults, families and everyone.



You're invited to join us for
 Confirmation and Erev Shavuot Service & Celebration
 Saturday, June 4, 2022, 7 pm  



High Holidays 5783

Rosh Hashanah, September 25–27, 2022
 Yom Kippur, October 4–5, 2022

Registration will be online! Watch for information in your emails.



From the Rabbi's Study

Simple tasks of Chesed – of kindness

By Rabbi Sidney M. Helbraun

A few months ago, Jason, our security guard, came to me with a concern. He shared that one of our members was no longer a safe driver and was worried, both for the health and well-being of the individual, as well as for others on the road. I thanked Jason and reached out to our member.

Now I'll be honest, I was not looking forward to making that call. But my friend was able to listen, and understood that I was speaking from a place of care. And he responded, matter-of-factly, that if I no longer wanted him driving to temple he'd stop coming because there was no other way for him to get here. I asked if he'd still come if we could find him a ride. He said he would.

Now I want to take a moment to acknowledge the generosity of that answer, his willingness to give up the independence of driving and accept an offer for help. For many people pride stands in the way of making changes, even when they're beneficial. Simply put, it's not easy for people to come to terms with our own limitations.

So, with a sense of appreciation for this generosity of spirit, I turned my attention to finding him a ride, a

task which turned out to be easier than I expected. I reached out to Barb Harris, who chairs our Caring Committee and asked for their help. And sure enough they came through with a number of temple members who volunteered a couple of hours of their time to drive and attend our Friday night service.

Now I know this isn't the most important story you'll read this week, but to me it's still quite beautiful.

We live in a world that often seems harsh and angry, where people have difficulty seeing the humanity of the other. But it doesn't have to be that way.

Our world can still be a place of kindness and caring, where small actions make a difference in the lives of others, and allow us to feel blessed as well.

Friends, I invite you to help us bring this other world to life, to reach out when there's a need, to receive others with kindness, and to help us do these simple tasks of Chesed — of kindness, that remind us of what community is really about.

Wishing you a summer filled with blessing!



SoBE Ice Cream and Family Fun Day had the Rabbi Rockin!



Rabbi and our religious school students discussing the Children's Garden. The Children's Garden was from a donation by The Vizer's in memory of Olga Vizer (1939-1944). Olga perished at Auschwitz.



Rabbi blessed our dogs!

Special Program



IN HONOR OF TEMPLE BETH-EL'S
150TH ANNIVERSARY

GENERATIONS OF
Synagogue Sound

A Celebration of American Reform Jewish Prayer Music

Saturday, June 11, 2022

6:30 pm Reception | 7:45 pm Havdallah | 8:00 pm Concert



FEATURING
Cantor Adam Kahan
Kol Zimrah Jewish Community Singers
and Guest Musicians

**INFORMATION AND
REGISTRATION**
www.templebeth-el.org

Cantor's Corner Generations of Synagogue Sounds

By Cantor Adam Kahan



It was a rainy night, as we climbed the overpass that spanned the highway lanes. My father and I took out a tripod, set up the 35mm camera, and attached the device that would trigger and hold open the shutter. We sat there while the camera's film absorbed the long exposure of light. Later, as we developed the prints in the dark room, I saw a beautiful image of streaking headlights and taillights from all the cars that whizzed by us on that rainy evening. The camera captured all the light that passed by, and so the picture showed a long streak of gorgeous lights, as if time had been put on pause, but all the light that ever passed had been captured.

Decades later, I heard about a man who did the same thing, but with sound. He took the songs that had been "Number One" hits on the charts from the 1940s through the early-2000s, and he made a sustained chord of sound for each song. It created almost a sonic blur that represented each song. Each "blur" lasted one second of time for every week that the song had charted as "Number One" before moving on to the next song. This created a few minutes of shifting sounds, representing an aural journey through time. You could hear trends shift through eras. At first, the blur was made by the sounds of the "Big Band" phase. Later, around the 1960s, that tone shifted to one more reflective of guitar from folk and protest rock. It made for a really intriguing experience. You could hear society shift.

That movement happened beyond popular culture. It happened in all areas of America. The sound of the synagogue, the music that guided our prayer in the sanctuary....that also transformed through the decades and centuries.

As our Liberal Jewish experience transformed here in America, so did our music. What would it have sounded like, if one had that "long exposure" experience to hear all the different eras of that sound?

On behalf of Temple Beth-El's 150th Anniversary Committee, it is my honor to invite you to our concert that presents exactly this experience. On June 11, "Generations of Synagogue Sound" will share the evolution of our communal voice in prayer. I am thrilled to be joined by the amazing Kol Zimrah Community Singers, and other guest musicians, as we share this gift to our community, all as part of our year-long celebration of this historic temple.

Please join us for what will be an amazing cultural, musical, and communal experience together.



Shabbat Yeladim Purim Super Hero Fun!



Education Update **Mitzvah Mania!**

By Rabbi Ari Moffic, Director of Congregational Learning & Engagement

I am two school years in at TBE- both during Covid. Yet, somehow, we have bonded, learned, had fun and we have had meaningful Jewish experiences.

We have worked to make the world a better place inspired by our Jewish values. I'm grateful to our families who show up, exude flexibility and graciousness and have open minds and giving spirits. Our teachers are not only willing to do the mitzvah of teaching our children, but they lead our classes with joy, enthusiasm, creativity and kindness.

Our adult educational offerings continue to be robust. In April, we celebrated five adults who read Torah for the first time in their lives. How brave and miraculous. Our Sisterhood and Men's Club continue to offer engaging classes and speakers. Rabbi has led adult learners through the Torah each week both on Monday evenings and Shabbat mornings. This school year, I taught a lunch time class on Jewish poetry and then an adult class on our prayers. So much learning and social action occurs because of our Temple.

I am aware, especially in this epic birthday year of TBE's rich legacy. It is unusual and a source of pride to be part of a Jewish community that is 150 years young and going strong.

One might think that Judaism at its core doesn't change. Aren't we teaching the same Torah stories, the same holidays, the same Jewish values that TBE has always taught? Today, we bring a modern, pluralistic, historical lens to our texts that our predecessors didn't use in the same ways, perhaps. We understand in new ways how social-emotional learning is necessary if we are going to have successful content learning. What has not changed, though, is the culture at TBE of being mensches, of knowing each person in our midst and caring for each other. This is the steady, the rule here.

Enjoy your summer, and I can't wait to see you back in our classrooms in the fall!



Mazel Tov TBE Adult B'nei Mitzvah!
Left to right: Sara Fueston, Marsha Kamm, Vicki Bahnasy, Adrienne Johnson, Emily Kowal



Honoring Sharon Gross for 30 years of teaching!

Youth & Family Programs

-  = In-person attendance available
-  = Virtual attendance available
-  = Registration required

RELIGIOUS & HEBREW SCHOOL

REGISTRATION FOR FALL IS OPEN!

The deadline for early bird prices is July 1. Flexible options for all grades. www.templebeth-el.org/school-options.html

HEADING TO SUMMER OVERNIGHT CAMP?

We love to write to our campers! Send Ari your address at camp and you will get a TBE note!
AriMoffic@templebeth-el.org

SPECIAL PROGRAMS

WORK IN COMMUNITY GARDEN June 5 & July 10. All ages

Come enjoy the community garden and help with the planting and harvest. Check emails for times and registration.

GET YOUR CRAFT ON! JEWISH BULLET JOURNALING

Teens and Adults
3 Sundays in August

Learn cool letter fonts, and create journaling on High Holiday themes.



MARCH WITH TBE IN THE LGBTQ+ PARADE

Sunday, June 5
Arrive by 9:30 am, Parade at 11 am
Buffalo Grove Staging at
Old Checker Road

Celebrate the LGBTQ+ Community and show your TBE pride! RSVP to Rabbi Ari at arimoffic@templebeth-el.org

JOIN US FOR QUEER TORAH STUDY

Sunday, June 5, 1 pm
Mike Rylko Park

Following the parade, please join us in honor of Shavuot.



TBE wants to Celebrate our graduates!

Help Temple Beth-El celebrate your grad's accomplishment. Whether they're graduating from pre-school, 8th grade, high school, college, or graduate school, we want to know!

Complete the online form so we can include their information in a special edition e-blast going out in late June.

<https://www.templebeth-el.org/form/graduation-tracker-22.html>

The deadline for all submissions is Monday, June 6.

Questions? Contact Holly at hhamburg@templebeth-el.org

SAVE THE DATE — NOVEMBER 11-13! FOR OUR TBE FAMILY RETREAT! At Camp Osrui in Oconomowoc, WI Everyone welcome!

Enjoy a relaxing music-filled weekend with many fun activities.



Mazel tov

to Jane Kleczewski Heyman on completing her Certificate in Hebrew Through Movement

This is a program used in religious schools around the country. Jane took a 10-hour training on this program and submitted a video showing her proficiency with the material. Our students are hearing modern Hebrew, having fun and making connections with prayer vocabulary. The Certificate of Completion is awarded to educators who successfully complete the ten-hour online seminar.

This included submitting a video that had to be accepted showing proficiency in teaching Hebrew Through Movement. You can view the video at <https://youtu.be/wYKvTC9ufUY>

Sisterhood

► TempleBeth-El.org/Sisterhood

-  = In-person attendance available
-  = Virtual attendance available
-  = Registration required

Temple Beth-El's Sisterhood is a place to find friendship, warmth, sharing, and make new connections to the women of our congregation. We provide opportunities for personal and spiritual growth, and fulfillment in a Jewish atmosphere, through social and learning experiences. Sisterhood supports the Temple community through volunteerism, leadership, and financial assistance as well as affiliation with the Women of Reform Judaism [WRJ] and offers a wide range of activities and programs, both educational and social, to engage the women of Temple Beth-El. We do all of this with your membership dues and your support and participation.

Our membership year begins on July 1st, so it is time to renew. It is easy to join or renew using Paypal on the Temple's website: www.templebeth-el.org.

SISTERHOOD BOARD

We operate as a team and work together cooperatively. To help with events or hop on the Board, please email Rosely Kaiser at rkaiseroll@gmail.com.

BOOK CLUB

First Wednesday of each month
12:30 pm  

June 1: *The Lincoln Highway* by Amor Towles

Email Leslie Schlesinger, Idschles@aol.com for information, Zoom link or book suggestions!

FOOD INSECURITY DRIVE FOR NORTHFIELD TOWNSHIP FOOD PANTRY

Donate food pantry items inside the front doors of the Temple during business hours to support the food insecure in our community! Check website for most needed items!

COLLEGE CONNECTION

The College Connection Team of Temple Beth-El Sisterhood wants our college students to keep in contact to Jewish life and to their Temple Beth-El family while away from home. Your college students receive four holiday packages on Rosh Hashana, Chanukah, Purim and Passover.

Two Ways to order:

By check: <https://bit.ly/collegeconnection2021>

and then mail your check

Via PayPal:

www.templebeth-el.org/sisterhood

Men's Club

► TempleBeth-El.org/Mens-Club

Temple Beth-El's Men's Club is a group dedicated to fellowship, scholarship, worship, tzedakah and fun. With more than 140 members whose ages range from 25 to 91, the Men's Club is a great way to make new friends and get involved with the Temple.

MEN'S CLUB BBQ & ANNUAL MEETING

Tuesday, June 7, 6:00 pm 

THE 22ND ANNUAL MEN'S CLUB GOLF OUTING
Sunday, July 24, 2022



11:30 am Registration Begins
1:15 pm Scramble / Shotgun Start
5:45 pm The BIG Dinner

White Deer Run Golf Course
250 W. Greggs Parkway Vernon, Hills
\$180 per Golfer

Registration is open at
www.tbemensclub.com

TBE Terminology

There are many terms we use at TBE that everyone might not be familiar with.

Shabbat Yeladim: Shabbat means Rest. Yeladim means Children.

At TBE we invite you to join us for Shabbat Yeladim, a fun Shabbat experience for families with children 2nd grade & younger, older siblings and grandparents are welcome to attend & participate. Starting again in the fall!



SOCIAL ACTION & VOLUNTEER OPPORTUNITIES

CARING COMMITTEE B'YACHAD

Now more than ever people need a hand during these challenging times. Please let us know if you would like to volunteer to help our members most in need including wellness check-in calls, shopping, delivering treats to those who are ill, or help with other requests.

Contact hhamburg@templebeth-el.org or templebeth-el.org/caring-community

NEW MEMBER AMBASSADOR

The goal of this program is to create relationships and connections between our more seasoned members and our new members as well as provide a resource and contact person for new members. Think back to when you first joined TBE and how much you would have appreciated having a "buddy" to help you navigate your entry into TBE.

Contact [Holly Hamburg](mailto:hhamburg@templebeth-el.org), hhamburg@templebeth-el.org

A JUST HARVEST

Thursdays June 30, September 29, and December 29.

Volunteer to shop and/or deliver food to A Just Harvest, the largest community soup kitchen in the Chicago Metro area. Volunteers from Beth-El join together four times a year to help feed those in need.

Volunteers (13 years and older) can choose to shop and/or deliver food. We are not preparing food due to Covid-19 restrictions. If volunteering in person is not an option, donations to help pay for meals are also accepted. Donate online at www.templebeth-el.org/donate. For more information or to volunteer, contact Barbara Charal at becharal@att.net.

Providing Notary Public Services Since 1965



Contact Fred R. Rosenberg
fredfox18@comcast.net
312-532-2457

No Fees To Temple Beth-El Congregants
(Donations to TBE Education Fund Appreciated)

BLOOM MAGIC WEDDINGS

Flowers for the big day, and every day.

Kirsten Rabishaw
224.458.8310
bloommagicweddings.com



Michael Rubenstein

Family Service Counselor

Shalom Memorial Park
Shalom Memorial Funerals
(847) 668-2724
mRubenstein@Shalom2.com

Helping our community plan their Cemetery and Funeral Arrangements

Proud to be a Beth-El Congregant for 19 years

Mitzvah Photography
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Adult Jewish Education

► TempleBeth-El.org/Adult-Education

 = In-person attendance available

 = Virtual attendance available

 = Registration required

We always welcome ideas for new classes, programs and activities and invite you to send those ideas to AriMoffic@templebeth-el.org

ADULT B'NEI MITZVAH

New Cohort Forming Now!

Over the years TBE has offered adults the chance to lead a Shabbat service and read from the Torah scroll. For many adults, they never had this chance at turning 13 either because it wasn't offered to girls or because they were not brought up Jewish or other reasons.

The cohort of adult learners bond and gain much more about their understanding of the prayers, their own spirituality and have this pivotal, joyful experience. Anyone can do this! You don't need to be the best Hebrew readers. If you are interested, email Rabbi Ari.

TALMUDIC TREASURE WITH RABBI WEISSBERG

Ongoing Tuesdays, 9:30–11:30 am  ✓

The Talmud is a repository of Jewish wisdom and inspiration. Join Rabbi Weissberg's class to explore, imbibe and enjoy the Rabbinic mind and spirit that is cogent to this very day. Knowledge of Hebrew or Aramaic is not a prerequisite.

PARASHAT HASHAVUAH (Weekly Torah portion) WITH RABBI HELBRAUN AND CANTOR KAHAN

Ongoing Saturdays, 11:00 am–Noon  

Join Rabbi Helbraun and Cantor Kahan for teachings from the weekly Torah portion. On mornings when there is a B'nei Mitzvah, Tom Burnstine will lead the class.

RABBI HELBRAUN'S TORAH STUDY CLASS

Mondays through June 2022, 7:30 pm–8:30 pm  ✓

JCFS CHICAGO

TBE's liaison to JCFS is Carol Brumer Glikzman. If a TBE member is looking for services, programs, contacts, articles, etc. regarding issues they are facing, Carol will speak with you and direct you to the appropriate resources. Contact Carol at carolbrumergliksman@jcfs.org or (847) 745-5404

WISE AGING

Monthly on the 2nd Wednesday, 9:30–10:30 am 

Where we now experience our lives is not a chronological age but a life stage, and those who inhabit it are a diverse group- differently abled, some married, some alone, some with children or grandchildren, some solo agers, some with discretionary resources, some with economic insecurity, some caregivers, some who struggle with their own illness or chronic pain, yet as different as we are, there are some common questions.

Our Wise Aging group connects to discuss the commonalities as well as the differences we each are experiencing. We are about growing with and from one another, being resources of information and practical connections for one another.

Thus far, our conversations have been about:

- Ageism and our experiences with being tagged with various descriptors of our demographic. What do we call this stage of our life? How do we feel about some of the words that are used such as “golden agers”, “seniors”, “elders”, “boomers.”
- What keeps us up at night? What gets us up in the morning? (Fears and hopes)
- What are the transformations and transitions we've experienced? How to reframe them as an “unrequested learning opportunity.”

Upcoming topics may include:

- How do we prepare for loss of independence?
- What does “stuff” mean to us at our age?
- Which rituals and ceremonies are meaningful to us; and what ones do we want to create?

We're referencing two books as starting-off points: “Wise Aging” by Rabbi Rachel Cowan & Dr. Linda Thal and “Getting Good at Getting Older” by Rabbi Laura Geller and Richard Siegel. Where the conversations go from there will be a journey of shared learning.

For further information, contact Leslie Schlesinger at ldschles@aol.com or register online.

TBE Restaurant Night! Order out from your favorite local restaurants and TBE will get a percentage of total sales—the perfect excuse to eat out or order in! Mention TBE Fundraiser when you order.

GREEK FEAST, Tuesday, June 7

www.thegreekfeast.com, (847) 559-1901

GRILL HOUSE, Tuesday, June 14 & July 5

www.eatgrillhouse.com, (847) 205-2200

JIMMY THAI, Tuesday, June 21 & July 19

www.jimmythaideerfield.com, (224) 235-4650

ITALIAN KITCHEN, Thursday, June 30

www.deerfielditaliankitchen.com/

(847) 945-2727

EGGSPRESSO, Any day any time

www.eateggspresso.com

(847) 940.8444 Bannockburn

(847) 730-3171 Glenview

SUPERDAWG

Monday July 11–Sunday, July 17

(847) 459-1900

superdawg.com



Behind The Scenes

One Final Thought By Don Solomon, President

When I took the office as President in July 2020, we were deep in the quarantine of the pandemic and facing great challenges. And now, when my term ends at the end of June, it looks like we may have come out of that long COVID tunnel.

So much has been accomplished in these two years. I won't go over all the amazing achievements as I've mentioned them here multiple times. However, I recently had a congregant say to me, "Things are going so well at the synagogue. You're doing a great job!" I had to laugh as I had almost nothing to do with all these good things! The kudos have to go to all the great people that stepped up and did the work when we needed them.

There are so many that have done so much and I wish I had the space here to recognize you all. I hope you all know who you are, staff and congregants. I've done my best to thank you when I can and I would like to do it one more time. THANK YOU!

I would also like to leave you with one final thought for my last article. Temple Beth-El has amazing, good people. If you reach out and get to know your fellow congregants, you will reap wonderful riches.

Do not be afraid to introduce yourself to someone new or volunteer for a special task. The people you will meet will become your friends. You will find happiness in seeing them at holidays or services, or in catching up with what is happening in their families. You will feel joy at their Simchas, and share their grief at times of loss. And, they will feel the same for you. This is what being a part of a congregation is all about.

It's been an extremely challenging two years. But, together we have made it through and created a future that looks so bright for Temple Beth-El. We should all be very proud of what we have done.



Laurie Orenstein joined the TBE family on April 4 as Executive Director

Laurie and her husband Dan live in Glenview with their three kids Jacob (15), Ruthie (5) and Johnny (5). Laurie comes to Temple Beth El after 25 years as a professional in Jewish Chicago having worked most recently Anshe Emet Synagogue and before that at JCC Chicago and JNF. Laurie grew up in the South Suburbs (Homewood-Flossmoor) and her family was active at their synagogue and in the Jewish community. Laurie has a great love for community and Jewish Life and looks forward to meeting the entire TBE family in the coming months!

Contributions

Received during March & April, 2022

TO MAKE A DONATION:

Online: TempleBeth-el.org/donate

Mail-in form is available on page 18

A JUST HARVEST

In honor of

The B'nai Mitzvah of Marsha Kamm from Fred Rosenberg
& Barbara Berman
A Just Harvest from Sheila Myrent

In loving memory of

Jeanne Sachnoff from Jo Ann Kirsch
Tamar Weissberg from Ruthie & David Meyers

BLITZ FAMILY CHILDREN'S CULTURAL ARTS FUND

In honor of the birth of

Tully Liv Hall from Susan Coren

CANTOR KAHAN'S DISCRETIONARY FUND

In appreciation of

Cantor Kahan from Steven & Cheryl Weiss

In honor of

Marsha Kamm's Bat Mitzvah from Diane & Jeff Arnold

FREE WILL

In honor of

Emily Kowal's conversion from Jerry and Sandy Lewis

KAPLAN CAMP SCHOLARSHIP FUND

In loving memory of

Earl Hoffenberg from Donna Blumberg

MATTHEW SCHAFFER-SCHWARTZ

TIKKUN OLAM AWARD FUND

In loving memory of

Phil Hanover from Evie & Jerry Levin
Betsy Millman from Evie & Jerry Levin
Tamar Weissberg from Evie & Jerry Levin

MEMORIAL FUND

For the yahrzeit of

Mike Barr from Sanford L. Barr

In honor of

Tamar Weissberg from Murray Sprung

In loving memory of

David Israel from Alice Osur
Adrienne Nickow from Arthur & Eileen Eisenberg
Jeanne Sachnoff from Audrey and Len Rubin
Patricia Goodsitt Spira from Audrey and Len Rubin
Tamar Weissberg from Audrey and Len Rubin
Betsy Millman from Audrey and Len Rubin
Tamar Weissberg from Barbara Berman and
Fred Rosenberg
Tamar Weissberg from Bruce & Jill Weininger
Tamar Weissberg from Bryan & Adrienne Mittelman
Betsy Millman from Bryan & Adrienne Mittelman
Jeanne Sachnoff from Caryn & Barry Siegel
Tamar Weissberg from Charles & Susan Silverman
Pauline "Pearly" Holtzman from Hal & Cindy Wolken
Tamar Weissberg from Hal & Cindy Wolken

Tamar Weissberg from Javier & Lisa Rubinstein
David F. Israel from Karen Londa
Jeanne Sachnoff from Kim & Kal Kleitschke
Tamar Weissberg from Martha Young
Tamar Weissberg from Melinda Helbraun
Tamar Weissberg from Perry & Phyllis Gerber
Tamar Weissberg from Phillip & Holly Hamburg
Jeanne Sachnoff from Phyllis Victorson
Tamar Weissberg from Ronald & June Lobert
Betsy Millman from Sally and Steve Lane
Judge Earl Hoffenberg from Steven & Julie Rifkin
David Israel from Westbrook School Social Fund
Tamar Weissberg from Lonni & Scott Glickson

MEN'S CLUB

In honor of

Cooper Izenson becoming a Bar Mitzvah from
Diane Bachrach

MILTON STEINBERG EDUCATION FUND

In honor of

Adrienne Johnson's Bat Mitzvah from Caren Brown

In loving memory of

Tamar Weissberg from Douglas Schwartz
& Cynthia Schaffer
Tamar Weissberg from Leah Goldberger
Betsy E. Millman from Leslie & Paul Schlesinger
Tamar Weissberg from Paul & Leslie Schlesinger
Tamar Weissberg from Wendy Lake, Jodi, Jeff, Hudson &
Marlee Schulman

PERPETUATION FUND

For the speedy recovery of

Sandy Feldman from Fern and Craig Hahn

In loving memory of

Aviva Woll from Fern and Craig Hahn
Betsy Millman from Fern and Craig Hahn
Roy Schlachter from Fern and Craig Hahn
Tamar Weissberg from Fern and Craig Hahn
Tamar Weissberg from Joanne and Gordy Levine

RABBI HELBRAUN'S DISCRETIONARY FUND

For the yahrzeit of

Howard & Lisa Doman from Michael & Devra Doman

In honor of

Scott Abrahams wedding from Audrey and Len Rubin
Hannah Tamez's Bat Mitzvah from George & Nancy Vizer

In honor of the birth of

Tully Liv Hall from George & Nancy Vizer

In loving memory of

Stephen Gold from Barb and Tom Harris
Betsy E. Millman from Barb and Tom Harris
Lynn Huck from Barb and Tom Harris
Betsy Millman from Bruce Werner & Family

Tamar Weissberg from Faryn Rudnick
Tamar Weissberg from George & Nancy Vizer
Jeanne Sachnoff from Matt and Joan Lewin

RABBI WEISSBERG'S DISCRETIONARY FUND

In loving memory of

Tamar Weissberg from Ellen Robin
Tamar Weissberg from Irwin & Leslie Leiter
Tamar Weissberg from Sally and Steve Lane

SISTERHOOD

In honor of

Mara Parks B'nai Mitzvah from Barbara Berman
and Fred Rosenberg

In honor of the wedding of

Scott Abrahams to Pei-Yu Wei from Ryna and Jerry Becker

In loving memory of

Tamar Weissberg from Edward & Joan Freud

SOCIAL ACTION FUND

In honor of

Marsha Kamm's Bat Mitzvah from Linda Block

TEMPLE BETH-EL ENDOWMENT FUND

In loving memory of

Phil Hanover from Amy and Rich Noren
Betsy Millman from Cindy Schoenstadt
Tamar Weissberg from Cindy and Kate Schoenstadt
Eleanor Rosenberg from Fred Rosenberg
Tamar Weissberg from Judy & David Rosen

TEMPLE BETH-EL GENERAL FUND

For the speedy recovery of

Allen Rifkin from Steven & Julie Rifkin

In honor of

Nort Josephson's special birthday from
Herbert & Lillian Cohen
Fred Rosenberg's special birthday from
Herbert & Lillian Cohen
Jerry Levin's special birthday from Herbert & Lillian Cohen

In honor of the birth of

Jonah Daniel Henry Hilton from Arthur & Eileen Eisenberg
Tully Liv Hall from Douglas Schwartz & Cynthia Schaffer

In loving memory of

Tamar Weissberg from Barb and Tom Harris
Betsy Millman from Douglas Schwartz & Cynthia Schaffer
Jennie Pohl from Noreen Brand
Rita Karp from Robert and Marsha Karp

TZEDAKAH

In loving memory of

Tamar Weissberg from Gail Sussman-Miller, Steve Miller,
Sandy Sussman, Ron Schnur
David Israel from Howard and Maureen Yanes
Tamar Weissberg from Paula and Michael Haber

YAHRZEIT FUND

For the yahrzeit of

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In loving memory of

Tamar Weissberg from Jerry and Sandy Lewis

Betsy Millman from Jerry and Sandy Lewis

Ian Stewart from Vicki Bahnasy

Correction:

We thanked our generous blood donors last month in the Bulletin and inadvertently left off one name. Thank you Sarah Heyman! Sarah donates every year and it is so appreciated!



The Community Garden



Spring is here and it's time to start planting in the Temple Beth-El garden.

Did you know that behind the Temple is a place you can grow your own vegetables and flowers? Established in 2016 through a partnership between the Northbrook Community Garden, Inc. and Temple Beth-El, the garden is now in its seventh season. If you lack space in your own yard, want to be part of a community of gardeners or want to help make contributions to the food pantry, then get involved.

The garden still has a few openings if you are interested in planting and harvesting on your own patch. The fee is \$25 for a half of a patch. You decide

what to plant. The garden has been successful with everything from tomatoes, cucumbers, peppers, green beans and broccoli, to lettuce, herbs, zucchini squash, radishes, garlic and cantaloupe.

If tikkun olam is your focus, you can help with the Temple's garden patches designated for the Northfield Township Food Pantry. Through weekly deliveries to the pantry, the Temple helps provide fresh, nutritious food to those facing hunger.

It's time to get planting! Come join dozens of other gardeners like you in the Temple Beth-El garden. Contact David Levine at dlevine@templebeth-el.org for information.



Jerry Lewis volunteers with TBE. Join him in the garden on June 5 & July 10 to help with planting and harvesting. All ages are welcome!


NAOMI RUTH COHENSM
Institute for Mental Health Education
at The Chicago School of Professional Psychology

TBE is proud to be a sponsor of The Naomi Ruth Cohen Institute for Mental Health Education at The Chicago School of Professional Psychology. The important topic this year is **"It's Tough Enough"**

"Adolescent Mental Health in Our Changing World"

The conference is **Sunday, June 12, 9 am–4 pm** at Evanston Township High School. It is open to anyone in the community who cares for or about adolescents, parents, teachers, coaches, individuals and families directly affected by mental health concerns, and mental health professionals. Teens 14–18 are also welcome.

Information and registration here: <https://naomicoheninstitute.org/conferences/2022-annual-conference/>

TBE Member's Corner

Thank you to our wonderful school volunteers! Reflections from two of them!



FROM MARLA BRICHTA

Last year I took an amazing refresher Hebrew class with Rabbi Ari Moffic. That class re-ignited my love for Hebrew. When Rabbi Ari asked me to help out with the Hebrew School students during the 2021–22 school year I jumped at the opportunity. It has been a pleasure working with the Hebrew students this year. I have observed that some kids are naturals and some need a little extra "nudge" to learn their aleph, bet, vet, gimel. Overall I observed the amazing creative and fun way that Hebrew is taught at Temple Beth-El. Thank you to Rabbi Helbraun, Rabbi Ari and Cantor for all of your incredible dedication to teaching the next generation. I have thoroughly enjoyed this past year.

FROM BENNETT RODICK

When I retired at the end of December, 2019, I had no idea we were headed into the pandemic. I knew though that I wanted become more involved with my Temple and asked Janice what I could do?

Janice connected me with Rabbi Ari and suddenly I was tutoring Hebrew school on zoom in the middle of a national health crisis. I loved it! While the kids were "zoomed" out they were fun and willing to learn. Tutoring became the highlight of dark pandemic winter afternoons.

Thank you Ari, for this marvelous opportunity to help then and now that we are back in school.

Do you have an idea for a story you would like to share about TBE or Jewish life? We'd love to hear from you. Email Barb Siegel, bsiegel@templebeth-el.org with your suggestions.

Mazel Tov!

Babies

To Jenny Goldstein on the birth of her first grandchild Madison Avery Goldstein, to parents Pam & Matt Goldstein, March 29, 2022

Weddings

To Linda & Phil Abrahams on the wedding of their son Scott Abrahams to Pei-Yu Wei April 3, 2022

B'nei Mitzvah

To Everett Brooks on becoming a Bar Mitzvah and to his parents Megan & Jason Brooks, March 5, 2022

To Joshua Dapin on becoming a Bar Mitzvah and to his parents Mindy & Matthew Dapin, April 9, 2022

Milestone Occasion:

To Emily Kowal who recently completed her conversion to Judaism March 29, 2022

SHARE ALL YOUR GOOD NEWS!

Tell us about the birth of your child or grandchild, engagements, weddings and anything else. We want to wish you, our Temple Members, a mazel tov, and notify the congregation via email.

Please contact Holly Hamburg to share your good news at (847) 205-9982, ext. 207 or hhamburg@templebeth-el.org

NOTICE OF ANNUAL MEETING
Wednesday, June 15
7:30 pm

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Our small but mighty dedicated staff are here to help you with all your needs.

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Laurie Orenstein Executive Director loreinstein@templebeth-el.org (847) 205-9982 ext. 211	Holly Hamburg Membership hhamburg@templebeth-el.org (847) 205-9982 ext. 207	Nancy Reil Accounting Manager nreil@templebeth-el.org (847) 205-9982 ext. 209
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Rabbi Ari Moffic Director of Congregational Learning & Engagement AriMoffic@templebeth-el.org (847) 205-9982 ext. 212		
Rabbi Victor H. Weissberg Rabbi Emeritus (847) 205-9982 ext. 202		

Mitzvah Project Highlight Gabriel Rothenberg

We ask that each B'nei Mitzvah student participate in a meaningful, significant mitzvah project. We have so many wonderful Mitzvahs being done by our students but we only have room to highlight one each month.

Gabriel Rothenberg became a Bar Mitzvah in May. This highlights Gabriel's Mitzvah Project. TBE is proud of all our student's mitzvahs!



For my Bar Mitzvah my mitzvah project was to host a charity basketball game as well as collect money for

the American Friends of Israel Sport Center for the Disabled.

This is a great non-profit with a wonderful mission. The Center is located in Ramat Gan, Israel. It is a place where Israelis can participate in and train for many different sports like tennis, basketball,

swimming, and biking. Some of the athletes have even participated in the Paralympics. They also assist in helping athletes get wheelchairs which can cost up to \$5000. I enjoy playing sports like tennis and soccer and I think this is a great foundation because it can allow people with disabilities to continue to play sports with confidence.

In December I will visit Israel with my family and hope to be able to go to the center to meet the athletes in person. My goal is to be able to help raise enough money for one wheelchair.

Please donate here https://www.flipcause.com/secure/cause_pdetails/MTQ2Mjc0 to help me reach my goal. Any amount is greatly appreciated.



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Temple Beth-El is an inclusive Jewish community open to people of all ages, races and abilities, welcoming interfaith families, people who are single, partnered and LGBTQIA+.

The Temple Beth-El Bulletin is published bi-monthly. Letters, comments and news about the Temple are always welcome. Please send via email to office@templebeth-el.org. Bulletins may be viewed on our website through Acrobat Reader. The deadline for the August/September issue is July 1.



Stop by
this summer
for a
cool
treat!

Welcome New TBE Members!

We are so glad you are here!

Lori Silverman & Vince Panozzo, & Sophie Panozzo
Rhonda & Stephen Gordon
Tammy Mormino
Audra, Ted, Hannah & Olivia Rosen

