



## *Join Us!*

### **Shabbat Under the Stars**

Friday, August 19, 5:15 pm

### **Chicago Dogs Baseball Game**

Sunday, August 28, 3:00 pm

### **Rosh HaShanah Services**

September 25, 26, 27

### **Yom Kippur Services**

October 4, 5

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Join Us!

-  = In-person attendance available
-  = Virtual attendance available via Zoom or Livestream
-  = Registration required

Go to ► [www.templebeth-el.org](http://www.templebeth-el.org)  
or call (847) 205-9982 to register  
for programs, receive links for virtual  
attendance, or more information.

## Services

AUGUST - SEPTEMBER

Temple Beth-El warmly welcomes our congregants to a wide variety of worship opportunities. From casual services to services to those with a more formal feeling, from family services to adult services, Temple Beth-El has a worship experience that is right for everyone.

► [TempleBeth-El.org/livestream](http://TempleBeth-El.org/livestream)

### WEDNESDAY MORNING MINYAN

Wednesdays, 8:00 am 

### SATURDAY CASUAL MORNING MINYAN

Saturdays, 9:30 am  

### KABBALAT SHABBAT

Fridays, 6:00 pm  

August 5 (anniversary blessing)

August 12

August 26

September 2 (anniversary blessing &  
early Oneg at 5:30 pm)

September 9 (early Oneg at 5:30 pm)

September 16 (early Oneg at 5:30 pm)

September 23 (early Oneg at 5:30 pm)

September 30 (early Oneg at 5:30 pm)

### SHABBAT UNDER THE STARS

Friday, August 19 

5:15 pm: BBQ Sponsored by  
The Men's Club

6:00 pm: Service



### HIGH HOLIDAYS 5783

#### Selichot

Saturday, September 17

#### Rosh Hashanah

September 25–27

#### Yom Kippur

October 4–5

## High Holiday TICKET INFORMATION

Registration will be online this year on the TBE Website. A phone alternative will be available.

Watch for information in the mail & via email.

High Holiday Services will again be held at Glenbrook South High School  
(except for Selichot and 2<sup>nd</sup> day Rosh HaShanah).

Ticket forms will be due by August 19, 2022 and tickets will be available for pickup September 18–23.

# From the Rabbi's Study

## On the Supreme Court, Religion, & Kindness

By Rabbi Sidney M. Helbraun



In its recent ruling on abortion, the Supreme Court based its decision on a particularistic, religious view; the belief that human life begins at the moment of conception, and that the life in the womb takes precedence over the life of the one who carries it.

This decision stands in sharp contrast to Jewish law which teaches that during the early stages of pregnancy, the cells dividing in the womb do not attain the status of a human being. Indeed, up to 40 days into a pregnancy, our tradition views the presence in the womb as mere water. And as a pregnancy continues, we prioritize the life and health of the mother over that of the fetus.

While there is ample room for theological debate on when life begins, the Supreme Court slammed the door shut on conversation, and erred in believing that theological questions could best be resolved by the courts, legislators, or popular opinion. Not only will their decision lead to pain, heartache, and death, it will also lead to disrespect towards both the law and religion.

Rather than viewing abortion as a legal issue, the court would have been wise to see it as a situation in which there is no 'right' answer, in which every

decision comes with some kind of cost. It is a situation rightly defined as tragic.

**It is foolhardy to believe that there is a 'correct' way to deal with tragic situations.**

Instead, we should recognize that these are times when a person needs to be able to weigh their options and decide for themselves which painful choice they will make. When a society steps in and legislates one answer to every different situation, it only serves to increase the tragedy.

In times of tragedy religion has a role to play. It is not coercing others to follow our one true path. Instead, it is responding to moments of tragedy with kindness and compassion, with an open heart and a loving spirit, with an understanding that life can be painful, and a promise that we will not add to that pain, but are here to help those who are struggling through times of trial.

This summer the Supreme Court turned religion into a hammer of coercion. It's action is an affront to those facing tragic situations, and to our cherished religious ideals and values.



Becca Helbraun and Alex Nofer celebrating their upcoming wedding with an Aufruf!



Rabbi Sidney & Rabbi Debbie at the 150th Concert!



This plaque "Temple Beth-El EST 1871" was donated by Michael Rubenstein and Shalom Memorial Park in honor of our 150th.

# 150<sup>th</sup> ANNIVERSARY PROGRAMS



Picture credits: left to right: Top row: 1. Nancy Vizer, Joanne Levine, Marla Brichtha, Jo Ann Kirsch 2. Doug Schwartz, Cyndee Schaffer, Rosely Kaiser 3. Art & Eileen Eisenberg and their granddaughter Celia 4. Susie Goldberg and Laurie Orenstein Bottom Row: Marla Brichtha, Rabbi Weissberg, Marcia Kanerek 2. Seth Pomerantz 3. Fred Rosenberg, Craig Hahn 4. Michelle, Alex, Talia Kahan

## MEET & GREET Saturday, August 27 3:30-5:00 pm

### Adults new to our community:

Meet and Greet other New Adult Members and Session with Rabbi Helbraun

Come into the Temple at 3:30 for a fun, scavenger hunt type tour and then participate in a conversation with Rabbi Helbraun. Enjoy a sweet ice treat at 4:30.

### Families with Children:

Come in at 3:30 for a fun, scavenger hunt type tour, visit classrooms, meet your teachers and Temple families! Parents can participate in a session with Rabbi Helbraun while kids play! Enjoy a sweet ice treat at 4:30.



## A DAY AT THE BALL PARK August 28

Game at 3:00 pm  
Gates open at 1:30 for autographs  
and to play catch on the field

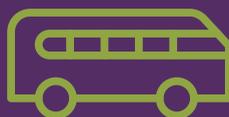
Bring the whole family and join  
Temple Beth-El for a Chicago Dogs  
Game at Impact Field in Rosemont.

Tickets: \$18 per seat

Purchase:  
[www.templebeth-el.org/event/chicago-dogs-game-outing.html](http://www.templebeth-el.org/event/chicago-dogs-game-outing.html)

Ticket sales end on August 19 at noon.

Save the  
**DATE**



## ANNIVERSARY BUS TOUR

Join us to tour previous  
Temple Beth-El buildings.

# Cantor's Corner Matriculation

By Cantor Adam Kahan

I remember the feeling of finishing high school and reflecting on the last four years travelled. The progression and personal journey from trepidation to confidence was a journey of emotions and lessons about one's self. In the summer that followed, I recall wondering about what would come in the next four-year set. After my college experience, and another four years gone by, I began to recognize the power of observing and digesting life in these four year blocks. It was a very approachable way to look at what just transpired, and then plan what I wanted to take on for the next adventure.

So I type all this one week into my fifth year with Temple Beth-El. Amazing! The previous four flew by, no doubt hastened by a three year COVIDian blur. However, in that time I have witnessed this congregation go through massively impressive transitions and growth, driven by our whole community working together. **And so, as we move into this next block of time at TBE, I look to what we can create together next on our campus:**

**This past year saw a resurgence in our Junior Choir at Temple Beth-El.** Our current group is open to those from 2nd Grade on up. If you have a young one who likes to sing, who wants to just be in with a group of really friendly and playful kids. please email me.

**Our temple musicians, of all ages, can beautifully enhance our services.** As we reconvene with less restrictions, we are resuming our exploration of vibrant musical services with lush singing and playing. If you are proficient in an instrument, and would like to take part, please email me!

**Our Adult Choir is soon beginning our preparation for the High Holy Days, and will also continue to sing throughout the year.** After the High Holy Days, as we round into 2023 we are inviting our choir to add their voices to first Shabbat services of each month. If you would like to explore with us for one or more of the High Holy Day services, or would like to be part of our year-long exploration at some point, please email me soon as some practices have already begun.

**Lastly, as we go through the year, there will be opportunities to gather on a weeknight to sit together and just sing.** This approach to a spontaneous "choir" is not formal singing with designated parts. Rather, we will just take a melody and explore that for how our voices can just be together. If you would like to join in on those evenings, again, please email me.

I look forward to what happens as we move into this next era of our temple and all the ways we can come together in music and in spiritual exploration.



## What an amazing night!

150 Anniversary Concert "Generations of Synagogue Sound." Jerry Lewis & Steve Lane, Cantor with Evie, Jerry Levin.



# Education Update Religious School Art Collaboration

By Rabbi Ari Moffic, Director of Congregational Learning & Engagement

I heard a podcast that changed my understanding of a fundamental Jewish idea, that of being made in God's image. The podcast was the *Judaism Unbound* interview of Joy Ladin.

[www.judaismunbound.com/podcast/episode-151-joy-ladin](http://www.judaismunbound.com/podcast/episode-151-joy-ladin)

*"The only thing we know about God is that God doesn't fit in human categories. And so the only thing we know about being created in God's image is that we have not been created to fit in human categories."*

Wow! My eyes and heart opened wide! The parts of us that are hard to describe with language, which don't fit into a box are how we are made in God's image. I was thinking of our laugh, our soul and our spark.

I have been working on a book project using Judaism as a model for having boxes/vessels/containers for certain items that we use ceremonially. And, in all cases, the thing has to come out of the box to be used. It's the coming out that is poetic and powerful.

**It's when we allow ourselves to spill over, that we glimpse God.**

John Gorman, art teacher and human being extraordinaire, brought this vision to life! This past school year, the religious school students worked on what would become massive (ten foot creations) to illustrate this idea of spilling over in Judaism.

They created a kiddush cup which is overflowing, an etrog box to show that the etrog has to come out to be smelled and used, the tzedakah box which has to be counted and cashed in to make a difference, the havdallah spice box which has to be shaken so the spices emerge into the air and they illustrated the ark.

**It says in Torah that God told the people to build a portable ark (a mishkan) so that God would dwell among them. God couldn't be contained in a box any more than we can.**

Talk with your children about the boxes we live in and how to spill over, step out and push boundaries when that exercise will feel liberating and lead to joy. Judaism itself gives us the model for how to do so!



## New Inclusion Team!

We have formed a new Inclusion Team made up of congregants who are educators, parents of children with special needs and neurodiverse congregants ourselves. We have met several times and have written Mission and Vision statements which can be found at [www.templebeth-el.org/inclusion](http://www.templebeth-el.org/inclusion). We are working on creating social stories so that people who need to review how an event will unfold prior to attending to help with their own regulation and planning, will have this resource.



## TBE Celebrates Pride!

TBE marched in the Buffalo Grove Pride Parade and co-sponsored Queer Torah Study with other local temples.

# Youth & Family Programs

## RELIGIOUS & HEBREW SCHOOL

Starts September 11, 2022!

### BACK TO SCHOOL BASH

August 27, 3:30–5 pm

Come see your Sunday School and Hebrew School classrooms, meet your teachers and get to know other families. The Kona Ice Truck will pull in at 4:30!

### KOBE—KIDS OF BETH-EL

Open to 3<sup>rd</sup> through 7<sup>th</sup> Graders  
Saturdays, 4–5:30 pm

October 1, November 5, December 3,  
January 28, February 25, March 18,  
& April 22



WELCOME TO THE *Spirit Room*

One of a kind Sunday School class for children Kindergarten through 7th grade with ADHD and ASD.



TEMPLE BETH-EL  
*Religious & Hebrew School*

**SAVE THE DATE —  
NOVEMBER 11–13!  
FOR OUR  
TBE FAMILY RETREAT!**

**At Camp Osruï in  
Oconomowoc, WI  
Everyone welcome!**

Enjoy a relaxing music-filled weekend with many fun activities.



## Early Childhood Programs

Learn more and register: [www.templebeth-el.org/preschool](http://www.templebeth-el.org/preschool)

Questions: Email [AriMoffic@templebeth-el.org](mailto:AriMoffic@templebeth-el.org)

### Shabbat Yealdim: Shabbat for Young Families

Join us the first Friday of each month (starting November, 2022) 5:30–6:30 pm for a fun Shabbat experience for families with children 2nd grade & younger at Temple Beth-El. Older siblings and grandparents are welcome to attend and participate. Complimentary dinner followed by age appropriate prayers, singing, story craft & oneg. No cost; RSVP required.

### Pre-K class on Sundays — Registration now open

Join us twice a month on Sundays from 9:30–11:30 am for a new Pre-K class to introduce Sunday School in a fun, supportive way. Stories, songs, crafts, and games in our beautiful early childhood light-filled classroom! Cost: \$360 per student for Sept. 2022 through May 2023.

### Grown-Up and Me @ TBE — Registration now open

Join us 6 times a year at Temple Beth-El from 9:45–10:30 am for a class facilitated by an early childhood teacher. Includes music, sensory play and Jewish holiday celebrations! \$60 for a series of 6 classes.

### Jbaby Broadway Storytime — Registration available soon

Spend the morning with your 0-2 year old as our littlest Broadway fans are introduced to show tunes, characters and stories while Broadway musicals are brought to life by Stages Performing Arts. Each class incorporates activities that are designed to support your little one's physical, cognitive, social-emotional and language development. An age-appropriate story will be included to give you a chance to socialize too. Come meet other parents with children similar in age!

### Board of Jewish Education (BJE) Early Childhood Center's Northbrook @TBE

The BJE has been providing and developing Jewish preschool education since 1972, and their educators are trained in secular and Jewish early childhood education. The BJE prepares children to be successful for life learners for life. Contact Natalie Gurin (onsite director) at (847) 272-4455, or visit their website for more information.

# Sisterhood

► TempleBeth-El.org/Sisterhood

-  = In-person attendance available
-  = Virtual attendance available
-  = Registration required

Temple Beth El Sisterhood provides many opportunities for personal and spiritual growth through our wide range of programs throughout the year. We are a group where you will find warmth, friendship and make connections to the women of our congregation as we socialize, share ideas, provide services to the congregation, and engage in philanthropic and fun activities for women of all ages.

We contribute annually to a summer camp scholarship for Temple Beth-El children, stay in touch with Temple Beth-El college students through our College Connection holiday boxes, and have an ongoing initiative to help feed our neighbors who are experiencing food insecurity.

We are excited to get together in person again and reconnect with old friends, and welcome and meet new Temple Beth-El members. We value your participation and ideas and look forward to seeing you at our activities.

**Watch weekly e-mails for details.** We encourage all to join and support the Temple Beth-El Sisterhood. Simply follow the link on the temple website to join using PayPal. We operate on a July-June fiscal year.

**Time to think about wishing your family, friends and business associates a sweet new year!** Before you get busy, order your honey, 12-ounce jars for \$15.

## BOOK CLUB

**First Wednesday of each month**  
**12:30–1:30 pm**  

**August 3:** *The Warsaw Orphan*  
by Kelly Rimmer

Watch the weekly Programs email for information on upcoming books. Sign up on Temple web site to receive Zoom link or book suggestions! Email Leslie Schlesinger, [ldschles@aol.com](mailto:ldschles@aol.com) for information.

## FOOD INSECURITY DRIVE

Combatting shortage of food among our neighbors is a high priority; we deeply appreciate your support of our on-going food drive. They need non-perishable food and women's personal care items, which can be left in the temple vestibule.

## COLLEGE CONNECTIONS

Our college students love receiving packages on the holidays. Be sure to sign up on the TBE website, so your college students will receive four special packages for Rosh Hashana, Chanukah, Purim and Passover. [www.templebeth-el.org/sisterhood](http://www.templebeth-el.org/sisterhood)

## ORDER YOUR HONEY FOR A SWEET NEW YEAR!

Kosher Michigan Honey. 12-ounce jars for \$15. [www.templebeth-el.org/sisterhood](http://www.templebeth-el.org/sisterhood)

## TBE'S FAMILY TABLECLOTH

Have your family's name added to our beautiful, embroidered tablecloth for \$36 Information and to order:  
[www.templebeth-el.org/sisterhood](http://www.templebeth-el.org/sisterhood)

## SAVE THE DATES

### Big Breakfast September 11

Co-sponsored by the Men's Club & Sisterhood

### Meet and Greet October 2, 9:30 am

Breast Cancer Awareness Program

### Game Night is Back! October 25, 6 pm with dinner

# Men's Club

► TempleBeth-El.org/Mens-Club

Temple Beth-El's Men's Club is a group dedicated to fellowship, scholarship, worship, tzedakah and fun. With more than 140 members whose ages range from 25 to 91, the Men's Club is a great way to make new friends and get involved with the Temple. Meetings are monthly, with activities including Sunday Brunches with compelling speakers, adult's night out programming, a Men's Club softball team and the unforgettable golf outing each summer.

To Join visit [www.tbemensclub.com/member-application](http://www.tbemensclub.com/member-application)

# TBE *Teacher Highlight*



My name is Sandy Salkover and I am so excited about my new role as the Sunday School Resource Teacher. In August, I will begin my 18th year as a School Social Worker in Glenview District 34 supporting students in grades 3-5. I have many years of experience working with both students and staff with regards to social-emotional functioning, behavior, and regulation and look forward to utilizing these skills in my new role.

As a Sunday School Resource Teacher, I will be supporting the social-emotional and behavioral needs of all students within the Sunday School setting. My goal is to help ensure that every child engages in their learning, feels confident, and has a positive learning experience. I will also be providing training and professional development for teachers and staff related to best practices in behavior management, social-emotional development, and co-regulation. My strengths include relationship building, skill development, communication, and problem-solving. I believe that each child is deserving of a safe learning environment that promotes social and emotional well-being, elevates student strengths, addresses behavioral challenges, and enhances positive interpersonal relationships.

I am originally from Buffalo Grove and continue to reside in the same community with my husband, David, and two children, Benjamin (age 9) and Zachary (age 6). I enjoy reading, baking, and spending time with family and friends. I love coffee, traveling, and all things related to fall. I am so excited to join your team and feel very grateful for this exciting new opportunity!

## **SOCIAL ACTION & VOLUNTEER OPPORTUNITIES**

### **CARING COMMITTEE B'YACHAD**

Now more than ever people need a hand during these challenging times. Please let us know if you would like to volunteer to help our members most in need including wellness check-in calls, shopping, delivering treats to those who are ill, or help with other requests.

Contact [hhamburg@templebeth-el.org](mailto:hhamburg@templebeth-el.org) or [templebeth-el.org/caring-community](http://templebeth-el.org/caring-community)

### **A JUST HARVEST**

**Thursdays September 29, and  
December 29**

Volunteer to shop and/or deliver food to A Just Harvest, the largest community soup kitchen in the Chicago Metro area.

Volunteers from Beth-El join together four times a year to help feed those in need.

Volunteers (13 years and older) can choose to shop and/or deliver food. We are not preparing food due to Covid-19 restrictions. If volunteering in person is not an option, donations to help pay for meals are also accepted.

Donate online at [www.templebeth-el.org/donate](http://www.templebeth-el.org/donate). For more information or to volunteer, contact Barbara Charal at [becharal@att.net](mailto:becharal@att.net).

### **NEW MEMBER AMBASSADOR**

The goal of this program is to create relationships and connections between our more seasoned members and our new members as well as provide a resource and contact person for new members. Think back to when you first joined TBE and how much you would have appreciated having a "buddy" to help you navigate your entry into TBE.

Contact *Holly Hamburg*,  
[hhamburg@templebeth-el.org](mailto:hhamburg@templebeth-el.org)



## **Michael Rubenstein**

*Family Service Counselor*

Shalom Memorial Park  
Shalom Memorial Funerals  
(847) 668-2724  
[mRubenstein@Shalom2.com](mailto:mRubenstein@Shalom2.com)

Helping our community plan their  
Cemetery and Funeral Arrangements

*Proud to be a Beth-El Congregant for 19 years*



## **BLOOM MAGIC WEDDINGS**

Flowers for the big day,  
and every day.

Kirsten Rabishaw  
224.458.8310

[bloommagicweddings.com](http://bloommagicweddings.com)

# Adult Education & Programs

► TempleBeth-El.org/Adult-Education

 = In-person attendance available  
 = Virtual attendance available  
 = Registration required

We always welcome ideas for new classes, programs and activities and invite you to send those ideas to AriMoffic@templebeth-el.org

**LUNCH & LEARN WITH RABBI ARI**   ✓  
Wednesdays from 12:00–1:00 pm

Starts October 26 and meets weekly on Wednesdays except for the 1<sup>st</sup> of the month.

Each week, we will explore a major Jewish concept building our own Jewish literacy. Each prompt will give us food for thought about our spiritual lives and how Judaism can help us navigate our daily paths. .

**TALMUDIC TREASURE WITH RABBI WEISSBERG**  
August 10, 2022–June 28, 2023  
Tuesdays, 9:30–11:30 am  ✓

The Talmud is a repository of Jewish wisdom and inspiration. Join Rabbi Weissberg's class to explore, imbibe and enjoy the Rabbinic mind and spirit that is cogent to this very day. Knowledge of Hebrew or Aramaic is not a prerequisite.

**PARASHAT HASHAVUAH (Weekly Torah portion) WITH RABBI HELBRAUN OR CANTOR KAHAN**  
Ongoing Saturdays, 11:00 am–Noon  

Join Rabbi Helbraun or Cantor Kahan for teachings from the weekly Torah portion. On mornings when there is a B'nei Mitzvah, Tom Burnstine will lead the class.

**RABBI HELBRAUN'S TORAH STUDY CLASS**  
**THE BOOK OF DEUTERONOMY**  
Mondays, October 4–June 12, 7:00 pm–8:30 pm  ✓

There's a fascinating story in the book of Second Kings, where a scribe reports that he found a lost scroll of the Torah. He brings the scroll to the King who reads it and institutes reforms based on its teachings. Biblical scholars believe that this scroll might just be the book of Deuteronomy. It's an intriguing theory, one of many we will explore as we read this last book of the Torah. I hope you'll join us this Fall.

## JCFS CHICAGO

If a TBE member is looking for services, programs, contacts, articles, etc. regarding issues they are facing, please email Laurie Orenstein at Lorenstein@templebeth-el.org or (847) 205-9982 ext. 211. Laurie will direct you to the appropriate resources.

**COMING THIS FALL!**  
**New Congregational Programs!**  
**Watch for dates and details!**

**Friday Night Speaker/Dinner Series**  
Once a month after services.

**Sunday Night Live**  
Exciting speaker series where a congregant will share a cause or project they are passionate about. A chance to learn with and from each other.

*If you would like to be a speaker for either of these programs, email Rabbi Ari at AriMoffic@templebeth-el.org.*



Temple Beth-El stands with Highland Park as our community continues to heal.

**TBE Restaurant Night!** Order out from your favorite local restaurants and TBE will get a percentage of total sales—the perfect excuse to eat out or order in! Mention TBE Fundraiser when you order.

**GREEK FEAST, Tuesday, August 2**  
www.thegreekfeast.com, (847) 559-1901

**MARCELLOS, Wednesday, August 10**  
https://marcellos.com/menus/, (847) 498-1500

**GRILL HOUSE, Tuesday, August 16**  
www.eatgrillhouse.com, (847) 205-2200

**JIMMY THAI, Tuesday, August 30 and September 20**  
www.jimmythaideerfield.com, (224) 235-4650

**OLIVERIS, Tuesday, September 6**  
https://oliveriis.com. (847) 559-8785

**EGGSPRESSO, Any day any time**  
www.eateggspresso.com  
(847) 940.8444 Bannockburn only



# Behind The Scenes

By Amy Huck, President

As I begin my two-year term as President of Temple Beth-El, I am excited by the progress that has been made over the past two years. COVID presented some unique challenges, but Temple Beth-El's lay leaders, Clergy, volunteers and Staff all stepped up. Each of them worked tirelessly to assure that the needs of the Temple were met. They all deserve our thanks and our gratitude.

**As you know, TBE is celebrating 150 years as a congregation this year.**

No synagogue achieves this milestone without the strong leadership, focus and a commitment to our past as well as to our future. Lay leaders with guidance from the Senior staff and Clergy developed and implemented several new initiatives including the Bridge to the Future Campaign, the Community Commitment and a rebranding and marketing communication program. These efforts are aimed at securing Temple Beth-El's future through growth, retention, and financial stability. We are now beginning to see the success and benefits of these initiatives. Once again, a big thank you to all who work and continue to work on these projects.

I have recently been asked by several people why would I serve as President? I understand the question, particularly because my husband and I are now empty nesters. This could be our time to travel and be free of responsibility, so why take this on? My answer is simple, the Temple Beth-El community, the

Clergy and my faith have given me strength and guidance in both good times and bad. I believe I have a responsibility to work to support TBE to ensure another 150 years.

Please consider volunteering in whatever capacity you can to continue to strengthen our Temple Beth-El community. I look forward to working with you.

**Thank you to our outgoing Board Members! We are so grateful for your service. Welcome and thank you to our 2022–23 Board!**

## Executive Committee

President: Amy Huck  
Executive VP: Ken Traub  
Facilities: Len Rubin  
Financial VP: Howard Korenthal  
Membership VP: Bob Karp  
Program and Activities VP:  
Barbara Charal Rosenberg  
Recording Secretary: Ben Margolis  
Education VP: Sandy Ridker  
Immediate Past President: Don Solomon

## Members at Large

Fred Rosenberg, Lee Boushie, Debbie Glickman, Jerry Lewis, David Cohen, Kelly Kaufman, Andrea Brown, Ron Jacobson

## Affiliate Board Representatives

Men's Club: Ric Bachrach & Bryan Mittelman  
Sisterhood Leadership Team

## To My TBE Family,

Thank you for the appreciation and warmth I felt on my special Shabbat in June. Walking into the sanctuary and seeing so many faces was overwhelming (as well as the calls and emails I received from those who could not attend).

Thank you for all the kind notes that were compiled into the book I was presented. Feeling your appreciation validated why I always felt I was helping "my family"...not going to work each day.

Thank you for all the lovely gifts.. the beautiful necklace, the donations to the Blitz Family Fund in my honor and the sign at the newly planted butterfly garden now called, "Janice's Garden."

Looking forward to my next chapter as a congregant and continuing to enjoy and be part of our TBE family. Thank you for everything.

Fondly, Janice



# Contributions

Received during May, June, 2022

## TO MAKE A DONATION:

Online: [TempleBeth-el.org/donate](https://TempleBeth-el.org/donate)

Mail-in form is available on page 18

### A JUST HARVEST

#### *In loving memory of*

Harris Lee Rothenberg from Barbara Berman

### BLITZ FAMILY CHILDREN'S CULTURAL ARTS FUND

#### *In honor of*

The Bat Mitzvah of Marsha Kamm from

Barb and Steve Kitsberg

Janice Hadesman's retirement from

Howard & Robin Diamond

### CANTOR KAHAN'S DISCRETIONARY FUND

#### *In honor of*

Daniella Bauwens' Hebrew Baby Naming from

Dina Bauwens

Emily Kowal's B'nei Mitzvah from Douglas Schwartz

& Cynthia Schaffer

Sara Fueston's B'nei Mitzvah from Douglas Schwartz

& Cynthia Schaffer

Adrienne Johnson's B'nei Mitzvah from Douglas Schwartz

& Cynthia Schaffer

Marsha Kamm's B'nei Mitzvah from Douglas Schwartz

& Cynthia Schaffer

Vicki Bahnasy's B'nei Mitzvah from Douglas Schwartz

& Cynthia Schaffer

### FREE WILL

#### *In honor of*

Temple Beth-El's 150th Anniversary from

Stuart & Leslie Dubin

Janice Hadesman from Stuart & Leslie Dubin

Becca Helbraun & Alex Nofer from Stuart & Leslie Dubin

### MATTHEW SCHAFFER-SCHWARTZ

#### TIKKUN OLAM AWARD FUND

#### *In honor of*

Allie Moffic's Bat Mitzvah from Evie & Jerry Levin

Marsha Kamm becoming a Bat Mitzvah from Mark

& Sharyn Trachtenberg

Adrienne Schwarzbach Johnson's Bat Mitzvah

from Robin Kopech Berk

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#### *In appreciation of*

Rabbi Helbraun from Irwin & Karen Morris

#### *In honor of*

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& Jerry Levin

Becca Helbraun and Alex Nofer's upcoming marriage

from Florie and Andy Perellis

The upcoming wedding of Becca Helbraun and

Alex Nofer from Irwin Leiter

The Auf Ruf of Becca Helbraun & Alex Nofer from

Martin & Diana Marks

Ava York's Bat Mitzvah from Michael and Laura York

Sara Fine's Bat Mitzvah from Rhonda and Stephen Gordon

Jeter Kaplan from Steven & Julie Rifkin

#### *In loving memory of*

Shirley Feigenbaum from Larry & Linda Simon

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1st Lieutenant Sheldon B. Schulman from Fred Rosenberg

Pearl Sperling from Fern Hahn

#### *In honor of*

Noah Grossberg's Confirmation from Cindy Schoenstadt

Marsha Kamm's Bat Mitzvah from Fern and Craig Hahn

#### *In loving memory of*

Laury Chez from Fern and Craig Hahn

Dr. Morris Zelman from Sandy Lewis

### TEMPLE BETH-EL GENERAL FUND

#### *For the speedy recovery of*

Gloria Septon from Robert & Gloria Septon

#### *In honor of*

Temple Beth-El from Besa Hazizaj

Marcia Kamm's Bat Mitzvah from Brian & Rose Dubin

Temple Beth-El's 150th Anniversary from Caryn Cherpak

Temple Beth-El's 150th Anniversary from Corinne Baskin

Victoria Bahnasy's Bat Mitzvah from Diane Green

Jane Heyman receiving her Certificate in Hebrew Through Movement from Douglas Schwartz & Cynthia Schaffer  
 Mara Parks becoming a Bat Mitzvah from Jay & Nancy Reil  
 Sara Fueston's B'nei Mitzvah from Jerold & Evelyn Levin  
 Marsha Kamm's B'nei Mitzvah from Jerold & Evelyn Levin  
 Emily Kowal's B'nei Mitzvah from Jerold & Evelyn Levin  
 Vicki Bahnasy's B'nei Mitzvah from Jerold & Evelyn Levin  
 Adrienne Johnson's B'nei Mitzvah from Jerold & Evelyn Levin  
 Joel Bruckman receiving the Presidential Citation Award from the Decalogue Society of Lawyers from Jerry and Sandy Lewis  
 Temple Beth-El's 150th Anniversary from Roger & Carol Hirsch  
 Temple Beth-El's 150th Anniversary from Susie Field

**TORAH FUND**

**In honor of**

Vicki Bahnasy's Bat Mitzvah from Holly & Phil Hamburg

**TZEDAKAH**

**In honor of**

Sharon Gross from Eli Dardano  
 Allie Moffic's Bat Mitzvah from Lynn Herling  
 Janice Hadesman children from Wendy and Ron Weiss

**Yahrzeit Fund**

**For the yahrzeit of**

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 Jack Weinstein & Rebecca Winston from Douglas Schwartz & Cynthia Schaffer  
 Matthew Schaffer Schwartz from Douglas Schwartz & Cynthia Schaffer  
 Kim Blitz from Edwin Blitz  
 Jerome Tenenbaum from Elaine Tenenbaum  
 Paul Tobey & Mary Schwartz from Georgean Goldenberg  
 Richard Schoenstadt from Gloria Weiser

Louis Grossman from Gloria Weiser  
 Emil Alter from Herbert & Lillian Cohen  
 Joe Groner from Howard & Robin Diamond  
 Bernard Greene from Joan and Ed Freud  
 Arlene Greene Cinadre from Joan and Ed Freud  
 Albert Goldblatt from Karen Goldblatt  
 Cecilia Abrams from Karyn Abrams  
 Anna Krugman from Larry & Linda Simon  
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 Elaine Pustil from Rhonda Gordon  
 Jonas Wolfe Applebaum from Rosely Kaiser  
 Fanny Bersofsky from Sandra Halperin  
 Ben Myrent from Sheila Myrent  
 Elizabeth Lerman from Sheila Myrent  
 Jack Brichta from Sidney Brichta  
 Melvin Teichman from Suzanne Groner

**For the yahrzeits of**

Burton Zoub & Michael Weiss from Eleanor Weiss Zoub  
 Mildred Giddens & Marvin Levine from Marlene Levine  
 Bertha & Sidney Hibel from Morton & Bonnie Hibel  
 Seymour Banks and Ruth Masel from Paul Schlesinger

**In loving memory of**

Morris Siegal from Allan Siegal  
 Elsa Strauss from Les & Arden Strauss

**YOUTH OF BETH-EL**

**In honor of**

Allie Moffic's Bat Mitzvah from Jerry and Sandy Lewis

**THANK YOU!**

Thank you to the Special Oneg Committee for the tremendous job you did for Janice's Oneg!

Thank you to Kirsten Gordon Rabishaw for donating the beautiful flowers for the special oneg.

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**Hineni Award**

Leslie Schlesinger is the recipient of our first annual Hineni Award. The Hineni Award recognizes the importance of volunteerism and community service to Temple Beth-El. Generous with her time and talent, Leslie has devoted her energies to supporting TBE and our community. Leslie's contributions are countless, and include serving as Sisterhood President, on the Sisterhood Board, as RAC Vice President, on numerous committees and running the TBE Gift Shop, Holiday Boutique, and Sisterhood Book Club. The list is endless.

# Rebooting with Kindness

As we learn to live with COVID (knowing that protocols will no doubt change) we have been rebooting over and over to realize our liveable normal.

**Our Temple community will be rebooting this year with Kindness as our theme, our mantra, to get us through.**

Each month, we will honor a group of congregants based on a theme of the month. We will perform acts of kindness all month for the groups we are highlighting and even read about them in emails and articles to get to know one another more.

See the monthly themes below and register to let us know if we can contact you for a blurb that can be shared with our Temple community.

## September — Back to School!

Let us honor our teachers!

If you have retired from teaching or are currently in the classroom, let us pamper you in this back to school month with acts of kindness.

## October — Breast Cancer Awareness Month

Honoring all cancer survivors and those currently in treatment. Let us know if we can interview you about your journey. We will spend October doing little acts of kindness for all of our cancer warriors to know you are not alone and your community stands with you.

## November — Honoring our Veterans

If you have served our country, we would like to know more about your story. We want to honor the sacrifices you have made to preserve peace and liberty.

## December — Interfaith Family Appreciation

December is filled with religious and cultural

observances, family traditions, and school and work parties. Interfaith families have to figure out how to honor both sides of the family, which they do in creative and beautiful ways!

We would love to highlight some of our members who are not Jewish, but who support this community with giving hearts. These are people who are raising children with Judaism and who add so much to our people!

## January — Happy New Year!

This is our month of new beginnings! Let us honor everyone who has had a baby or grandchild in the last year or who has had a major new beginning!

## February — Jewish Disability Awareness

We want to honor all of our congregants who themselves have a disability or are raising children with special needs. We would like to highlight stories of navigating life with a chronic illness including mental health and help each other gain empathy and understanding for and about those in our midst.

## March — Purim

This is the month of Purim when we read about our biblical heroes. During March, we will highlight all of the heroes in our community including first responders. We will also perform acts of kindness for the first responders in Northbrook.

## April — Honor the Earth!

We will perform acts of kindness as a community for our world!

## May — Older Americans Awareness

Let us honor our oldest congregants by hearing their stories and doing acts of kindness for them.

## Acts of Kindness!

1. Mitzvah day blanket making
2. Mitzvah Day Garden Work
3. Jerry Lewis volunteering in the Community Garden



# TBE Member's Corner

## Matthew Schaffer Schwartz Tikkum Olam Scholarship

by Cyndee Schaffer and Doug Schwartz



We moved to Northbrook in 1990 and joined Temple Beth-El. We found the congregation warm and welcoming to our family. In 1992, our son Matthew celebrated his Bar Mitzvah, one of the first special needs Bar Mitzvahs at our synagogue.

Our beloved son, Matthew, passed away in 2003, at the age of 24. We established the **Matthew Schaffer Schwartz Tikkum Olam Scholarship** at Temple Beth-El in his memory the next year, 2004.

We have been awarding this scholarship to a Temple Beth-El graduating senior who has made a significant contribution to the Jewish ideal of helping to “repair the world — Tikkum Olam”. In the past, we have selected one young adult, and on a few occasions, two young adults, to receive this scholarship.

Our eight year old granddaughter, Hava Shifrin,

asked us if this year she could be part of the process of selecting the winner and reviewing the applications with us. She read the essays, and said “why can’t all three get the award this year?”

We thought about her suggestion, and she was right! We decided that all three of these young adults did so much to help our world, each in their own unique way during these difficult times of COVID during their high school years. All three of these graduating seniors are deserving of this award. We are so proud of your commitment and devotion to Judaism and Temple Beth-El.

**Congratulations to Adam Hamburg, Seth Pomerantz, and Rachel Smith for making significant contributions to the Jewish ideal of “helping to repair the world.”**

## Mazel Tov!

To TBE teacher and congregant Jane Kleczewski Heyman on completing her Certificate in Hebrew Through Movement.

To Mike & Amy Rubenstein, proud parents of Rachel Rubenstein Volkmann, who was a finalist for Minnesota Teacher of the Year.

To Jaden Johnson, son of Adrienne Johnson, who competed for the first time in the Special Olympics on behalf of Deerfield High School. Jaden competed in the 50 Meter Run and the Tennis Ball Throw events.

To Joel Bruckman, son of Joy & Elliot Bruckman, who received the Presidential Citation Award from the Decalogue Society of Lawyers.

Congratulations to our 2022 Confirmands Jonah Pomerantz, Noah Smith, Isaac Stutzman & Sydney Traub.

### Adult B’nei Mitzvahs

Vicki Bahnasy  
Sara Fueston  
Adrienne Johnson  
Marsha Kamm  
Emily Kowal

### B’nei Mitzvahs

To Gabriel Rothenberg on becoming a Bar Mitzvah and to his parents Suzanne & Daniel Rothenberg  
May 7, 2022

To Ava York on becoming a Bat Mitzvah and to her parents Laura & Michael York;  
May 14, 2022

To Allie Moffic on becoming a Bat Mitzvah and to her parents Rabbi Ari and Rabbi Evan Moffic; May 6, 2022

To Sara Fine on becoming a Bat Mitzvah, to her parents Laura & Ken Fine and grandparents Helen & Jerry Tivers;  
May 21, 2022

To Shayna Kamm on becoming a Bat Mitzvah, and to her grandparents Marsha & Jack Kamm; May 28, 2022

To Carter Reyes on becoming a Bar Mitzvah and to his parents Raquel & Nicholas Maksomowicz; June 4, 2022

To Zachary Karchmar on becoming a Bar Mitzvah and to his parents Taryn & Keith Karchmar; June 11, 2022

### Weddings

To Gail & Bruce Levin on the wedding of their daughter Danielle Levin to Mollie Matz; June 11, 2022

To Diane & Ric Bachrach on the wedding of their son Daniel Bachrach to Rachel Sherman; June 19, 2022

### New Members

Jenifer, Danny, Blake & Maya Resnick  
Jody, Billy, Cameron & Quinn Moore  
Marla & Michael Gordon  
Jillian, Brad, Tovah and Aubrey Agdern  
Chaya Friedman  
Megan, Mike, Lauren & Claire Zilberstein  
Nataly, Michael & Anna Koshev  
Jenna, Steve, Sophia & Madilyn Tepper  
Lauren, Dustin, Hattie & Asher Lemick

### SHARE ALL YOUR GOOD NEWS!

Tell us about the birth of your child or grandchild, engagements, weddings and anything else. We want to wish you, our Temple Members, a mazel tov, and notify the congregation via email. Please contact Holly Hamburg to share your good news at (847) 205-9982, ext. 207 or [hhamburg@templebeth-el.org](mailto:hhamburg@templebeth-el.org)



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**“Never doubt that a small group of thoughtful, committed, citizens can change the world. Indeed, it is the only thing that ever has.” — Margaret Mead**

As you read in Doug and Cyndee’s article on page 15, this year there were 3 winners of Matthew Schaffer Schwartz award, each special in their own way. Rachel Smith, who addressed the issues of Mental Health in a wholistic manner, learning, writing, publishing a book of poetry, using the proceeds to establish a mental health club at her High School that provided resources for hundreds of her classmates. Adam Hamburg, who for 6 years mentored a young man with disabilities, and Seth Pomerantz, who became a role model extraordinaire in the hallways of Temple Beth-El, teaching, befriending, connecting with our students and helping them feel the richness of their Jewish heritage. Three special young people who shared their gifts to make our world a better place.

— Rabbi Sidney Helbraun



Seth Pomerantz and Adam Hamburg



Rachel Smith



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The Temple Beth-El Bulletin is published bi-monthly. Letters, comments and news about the Temple are always welcome. Please send via email to office@templebeth-el.org. Bulletins may be viewed on our website through Acrobat Reader. The deadline for the October/November issue is Friday, August 5.

## *Welcome* New TBE Members!

**We are so glad you are here!**

1. Jillian, Brad, Sloane, Tovah & Aubrey Agdern
2. Chaya Friedman
3. Megan, Mike, Lauren & Claire Zilberstein

4. Jenna, Steve, Sophia & Maddy Tepper
5. Tiffany Farber, Chris Leporini, Marco Leporini & Leo Leporini
6. Jody, Billy, Cameron & Quinn Moore
  - Nataly, Michael & Anna Koshev (no photo)
  - Jenifer, Daniel (Danny), Blake & Maya Resnick (no photo)
  - Marla & Michael Gordon (no photo)



*And Welcome back!*

Ellyn & Alan Leib