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**Beyachad ביחד  
TOGETHER**

Join  
Us!



= Virtual attendance available  
via Zoom or Livestream



= Registration required

Go to ► [www.templebeth-el.org](http://www.templebeth-el.org)  
or call (847) 205-9982 to register  
for programs, receive links for virtual  
attendance, or more information.

## Services

November & December, 2023

Temple Beth-El warmly welcomes our congregants to a wide variety of worship opportunities. From casual services to services with a more formal feeling, from family services to adults of all ages, Temple Beth-El has a worship experience that is right for everyone.

► [TempleBeth-El.org/livestream](http://TempleBeth-El.org/livestream)

### KABBALAT SHABBAT

Fridays, November 10, 24, December 22, 29

Early Oneg, 5:30 pm

Service, 6:00 pm

### SHABBAT YELADIM

Fridays, November 3, December 1

Pizza Dinner, 5:30 pm

Service, 6:00 pm followed by dessert Oneg and age-appropriate art projects

### FAMILY SHABBAT

Early Oneg, 5:30 pm

Service, 6:00 pm

Friday, November 17

4th Grade dinner and service participation

Friday, December 15

Scholar in Residence Tracey Erin Smith, see page 8.

### B'NEI MITZVAH

November 4: Ember Yanes, 10 am; Bennet Vulykh, 10:30 am

November 18: Claire & Lauren Zilberstein, 9 am;  
Anna Kessler, 11:15 am

December 2: Aidan Shakhman, 9:30 am;

Evan & Olivia Salasche, 11:45 am

December 16: Josie Milch, 10 am

### CONGREGATIONAL HANUKKAH HAPPENING CELEBRATION AND SHABBAT SERVICE

Friday, December 8, Details below

### CASUAL MORNING MINYAN SHABBAT SERVICE

Saturdays, 9:30 am

November 4, 11, 18, 25

December 2, 9, 16, 23, 30

### SATURDAY MORNING SHABBAT SERVICE

See B'nei Mitzvah schedule as well

November 4, 10:00 am

November 18, 9:00 am

December 2, 9:30 am

December 16, 10:00 am

### SHABBAT AT HOME

November 10, 6–8 pm

Celebrate Shabbat in each other's homes.

[www.templebeth-el.org/event/shabbat-at-home.html](http://www.templebeth-el.org/event/shabbat-at-home.html)

## Hanukkah Celebration

### LIGHT DINNER & SPECIAL SHABBAT SERVICE

Beyachad (Together) Bring Light into the World

Friday, December 8 ✓

5:00 pm — Join us for a Family-Friendly Light Dinner and Social Action Crafts. Sign up by November 30

6:00 pm — Festive, Participatory family service for all. Bring a Hanukiah, we will light them together as a congregation!

7:00 pm — Grab and Go Sufganyiot

Registration is required for this free event.

Register at [www.templebeth-el.org/event/HH2023](http://www.templebeth-el.org/event/HH2023)



SCAN TO REGISTER



# From the Rabbi's Study

## The Power of Stories

By Rabbi Sidney M. Helbraun



**The book of Genesis is one of the most engaging parts of the Torah, filled with interesting stories; some that we love to share, and others that describe moral situations which are unflattering and even embarrassing.**

Yet despite their difficulty our tradition never hid these stories or disowned those relatives. They've all kept their place in our holiest of texts. It's a decision that's led me to appreciate the Torah even more, because it provides an unvarnished portrayal of our founding families, detailing their successes as well as their failures.

This is one of the enduring gifts, not only of our Torah, but of 'stories' in general. It's why I frequently listen to the Moth Radio Hour on NPR; a program where people from all walks of life share stories about their challenging moments. While their situations don't always relate directly to me, listening to someone describe difficult moments in their life almost always creates an emotional connection between them and me.

The truth is, I often get choked up listening to these stories of strangers. So much so, that by the end of the story, even though I wouldn't recognize them if we were standing in the same room, I no longer think of them as strangers.

The act of listening creates a bond between us. It opens my heart, touches my soul, and leaves me richer than I was before.

I've encountered this same type of feeling when I've sat with families who've suffered a loss, as they share stories of their loved one. I feel privileged to be present for these conversations, and sometimes a bit sad — that I never realized quite how extraordinary a person I 'thought I knew' was, until after they were gone. And how much more I would have treasured them if I had known them better.

**The stories we carry within us are precious; priceless gifts we don't share often enough.**

Experiences of challenge and heartache, triumph and tragedy — they're all part of what it means to be human; part of what makes us who we are. They're experiences that all of us have at one time or another, but rarely acknowledge to ourselves — let alone to others. And yet, those who are brave enough to tell their stories, rather than keep them locked up inside, offer gifts to the rest of us — precious, priceless gifts that remind us of the challenges we all face, and provide us with the opportunity to build deeper bonds of caring and connection.





# Getting to know TBE

## Yahrzeit List

A yahrzeit is the anniversary date of the death of a loved one, which is marked by the lighting of a yahrzeit candle on that day, and by reciting Kaddish in their memory. Yahrzeit reminders are emailed to the mourner (paper letters are mailed to anyone who does not have an email address in our system) approximately one month prior to the yahrzeit date. If your loved one has a memorial plaque, their name will automatically be included on the Yahrzeit list that is read during the corresponding Shabbat Service. If your loved one does not have a memorial plaque, please reach out to the temple office so we can add their name to the Yahrzeit list.

## Kaddish List

Kaddish is a prayer said by a mourner to show that, despite the loss of a loved one, we still praise God. It is also a way to honor the life of the deceased. Our Kaddish list contains the names of loved ones who have passed away within the last year. TBE member names remain on the Kaddish list for a full 11 months. The names of extended family of our members are placed on the Kaddish list for 30 days (Shloshim) and can be included for the full 11 months if requested by the TBE member.

## Mi Shebeirach List

The words Mi Shebeirach translate to 'the One who blessed.' It is a prayer that asks God to bring about healing for those in need. Our Mi Shebeirach list is read every week immediately prior to Shabbat services and contains the names of any TBE members or loved ones who are in need of healing

prayers. Those attending the service are also invited to share names of loved ones in need of healing during the Mi Shebeirach prayer.

## Memorial Plaques

Memorial Plaques are displayed on the walls outside our worship spaces and serve to memorialize family members who are no longer with us. Plaques may be purchased for \$750 and include your loved one's English name as well as their English and Hebrew date of death. The names of those who have a Memorial Plaque are automatically included on the Yahrzeit list which is read on the anniversary of their death.

## Trees of Life

Purchasing a leaf for one of our 3 Trees of Life is a wonderful way to celebrate milestones and achievements of our friends and family. Leaves (or stones — contact Leslie for more details) may be purchased for \$154–\$1,000 and can accommodate up to six lines of text. The Trees of Life are located in the foyer.

## Bricks

Inscribing a brick in our garden pathway is also a meaningful way to remember a significant moment in your family's life and add beauty to our TBE grounds. Bricks may be purchased for \$180 and can accommodate up to three lines of text.

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Please contact Leslie Hanus at [lhonus@templebeth-el.org](mailto:lhonus@templebeth-el.org) or (847) 205-9982, ext. 202 to add names to any of the above, or to purchase memorial plaques, leaves or bricks for your loved ones.







## Cantor's Corner

Now and Then by Cantor Adam Kahan

Biblical commentators explain away parts of the Bible that seem out of chronological order with the phrase “Ein mukdam um’uchar

baTorah” — There is no earlier or later in the Torah. That’s to say that the whole of Torah happened in a non-linear way, different then how we understand time. I am aware of that phrase as I write these words for our November and December bulletin. I can reflect on the beautiful American themes of Thanksgiving and the increasing light we aim to bring the world during Chanukah, but at the “same time”, I am writing these words less than two weeks after the massacres in Israel.

**How can I access gratitude, and focus on light, when engulfed in emotions that encompass fear, vigilance, and sorrow? By focusing on what I have...this exact moment.**

And so, I turn to the mindfulness and meditation work I have been exploring through The Institute of Jewish Spirituality. I share that perspective with you here, in case you ever encounter moments of difficulty, and want to access gratitude and light.

**If I close my eyes and focus on this moment, right now, and this breath, I can let go of all my concerns about the future, or the past...at least for this moment.**

It isn’t an instantaneous release....more like a hamstring trying to stretch, all tight and achy, but one that releases as we allow it to stretch. Our thoughts will race around, no doubt, but we can notice that and release the thought, and return to breathing in this moment. Once I can get fully present to the moment I am in, and let go of the worries and concerns about the future or past, I realize that this moment, right now, is like any other moment in time. If it were July, this moment, right now, might feel the same. If it were the season of Thanksgiving or Chanukkah, it would feel the same in this exact moment. So in this exact moment, I can allow myself to experience gratitude for that of which I am grateful. I can be present to the light in my life. We know not of what happens next, but we can be present to what is happening now. To that end, I hope this finds you well in this moment, and pray that your next “this moment” is as fulfilling as possible.

Want to learn more about mindfulness and meditation?

Visit [www.jewishspirituality.org](http://www.jewishspirituality.org).



Institute for  
Jewish Spirituality





# Education Update *Finding Light in the Darkness*

By Laura Perpinyal, RJE, Director of Congregational Learning

## **How do we find light in the darkness? How do we find gratitude in the most challenging times?**

The Talmud teaches that part of a Chanukkah celebration is to “publicize the miracle” by displaying our hanukkiot where neighbors and people passing by can see them. It can be so hard to find the joy in these dark times for the Jewish people, and yet, expressing our Jewishness, celebrating our simchas and living our lives proudly is exactly what we must do in the face of adversity!

In addition to celebrating Sukkot and Simchat Torah last month, our students in school helped to spread that extra light to soldiers in Israel. They decorated beautiful, handmade Israeli flags with peace doves and words of encouragement in Hebrew and English. The cards were sent directly to Israeli soldiers to remind them that we are standing with them and to show our love and gratitude. We spoke with all

our students in age-appropriate ways about the special connection we have to Israel, our Jewish homeland, even if we are far away. We ended by singing Hatikvah, (the Hope) the Israeli national anthem. Later in the month, our 6th and 7th graders learned about the special Chicago trip IsraelNow, an 8th grade, 8-day trip to experience Israel with their peers. It is my hope and prayer that ALL our students will be able to visit Israel and experience it for themselves.

To me, the goal of Jewish Education is to light a spark in our learners. A spark that continues to glow, grow, and mature with the learners. The spark inspires our learners to ask more questions, to explore and try new things and be proud of the heritage, tradition, and values it carries.

**As sparks find one another, the light grows brighter and stronger as it lights the way for all those around it!**



As we gear up for our programmatic school year, we would like to take photos to share our happenings with our community in our private and public social media groups and other publications.

We occasionally share images in emails and on flyers because pictures help us tell the TBE story.

IF you DO NOT want your child's picture used in these ways, please email Jessi Hersman at [jhersman@templebeth-el.org](mailto:jhersman@templebeth-el.org).

# Early Childhood, Youth & Teen Programs

✓ = Registration required

For more information on Youth and Teen Programs, contact Jessi Hersman at [jhersman@templebeth-el.org](mailto:jhersman@templebeth-el.org).

## EARLY CHILDHOOD PROGRAMS

### Shabbat Yeladim November 3 & December 1

Join us as we celebrate gratitude and giving thanks at our First Shabbat Yeladim of the year! Ideal for children in 2nd grade and younger. Older siblings and grandparents are welcome to attend and participate.

**5:30** Complimentary pizza dinner

**6:00** Age Appropriate and fun Shabbat experience with prayers, singing, story, craft and Oneg. Our Craft will be a Gratitude tree! The fun continues on

December 1st for a Hanukkah themed shabbat.

### JBaby Broadway Storytime ✓

Spend the morning with your 0–2-year-old as our littlest Broadway fans are introduced to show tunes, characters and stories while Broadway musicals are brought to life by Stages Performing Arts. Each class incorporates activities that are designed to support your little one's physical, cognitive, social-emotional and language development. An age-appropriate story will be included to give

you a chance to socialize too. Come meet other parents with children similar in age!

**Movers and Shakers: 9:30–10:30 am**  
**Babies: 10:30–11:30 am**

**Session 1: Wed., Oct. 4–Nov. 22, 2023**  
8 classes, Cost: \$96

**Session 2: Wed., Jan. 10–March 13, 2024**  
10 classes, Cost: \$120

**Session 3: Wed., April 10–May 29, 2024**  
8 sessions, Cost: \$96

## YOUTH PROGRAMS • KoBE (Kids of Beth-El) Grades 2nd–4th • YoBE (Youth of Beth-El) Grades 5th–7th

**KoBE is programming created for grades 2–4** and is the place for FUN, social time with a Jewish twist! It's a great way to meet new friends and get to know each other outside the classroom. Events are hands-on, drop-off and engaging!

### Upcoming KoBE Events:

#### Making Mitzvahs:

**Sugar and Spice and Everything Nice!**  
**November 18, 4:15–5:45 pm ✓**  
**\$10/child. Registration closes on 11/12.**

Join us for a yummy and artistic way to make connections with our TBE family. Students in grades 2–4 will work with a professional baker from Erin's Emotional Eats, Erin Miller, to decorate cookies, and create other sweet treats! They will decorate some to take home, and some will be given to seniors in our TBE community. We will also work together

on a sweet (but secret!) surprise for them to take home! This program will end with a Havdalah.

#### YoBE is programming for grades 5–7.

This is space for students to connect with friends, to try something new and explore the world around them with a Jewish lens.

### Upcoming YoBE Events:

#### Making Mitzvahs:

**Warm and Cozy Movie Night**  
**November 18, 5:30–8:30 pm ✓**  
**\$10/child. Registration closes on 11/12.**

Come in your comfy pajamas for a movie showing and mitzvah magic. Students can bring sleeping bags, a blanket, and bring a friend! We will cuddle up and watch the bar-mitzvah themed movie musical, 13! rated PG. We will start with Havdalah and then, while we watch, we

will create individual personal care bags to be donated to the Ronald McDonald House. We will be providing popcorn and pizza.

### Let Your Light Shine GLOW Party! Grades 3–7

**December 16, 2–4:30 pm ✓**  
**\$12/child. Registration closes on 12/12.**

You are invited to an epic glow experience! This neon and glow-in-the-dark-themed event will celebrate the light from within! From minute-to-win-it games and a glow stick scavenger, to dancing to your favorite hits- this event is not to be missed. There will be no food or drink served or used during this program, but all kids will go home with fun surprises. This event will happen at the same time as our SoulOTheater Storytelling event with Tracey Erin Smith for adults.

## TEEN PROGRAMS • ToBE (Teens of Beth-EL) Grades 8th–12th

**ToBE is programming created for grades 8–12 and is where leadership, social action and fun meet and come together.**

This programming will be created and implemented by teen leaders, with the support of our Engagement Coordinator. Events range from social action work to trips to experience traditions and cultures all around the Chicagoland area, and even hosting and creating internal experiences for grades 2nd–7th.

### Upcoming ToBE Events:

#### Making Mitzvahs:

**Warm and Cozy Movie Night**  
**November 18, 5:30–8:30 pm ✓**  
**\$10/child. Registration closes on 11/12.**

Come in your comfy pajamas for a movie showing and mitzvah magic. Teens can bring sleeping bags, a blanket, and bring a friend from another temple too! We will get comfy and watch You Are So Not Invited to My Bat Mitzvah, rated PG-13. We will start with Havdalah and then, while we watch, we will create individual personal care bags to be donated to the Ronald McDonald House. We will be providing popcorn and pizza.

### Let Your Light Shine GLOW Party! December 16, 1:30–4:30 pm ✓

We need your help! To make this GLOW party shine, we invite all students in grades 8–12 to help create and carry out this event. The creativity and leadership of our teens is what will make the magic happen! If you would like to be a part of the Teen Event Team for this event or any youth event, please email Jessi Hersman at [jhersman@templebeth-el.org](mailto:jhersman@templebeth-el.org).



# Adult Education & Programs

► TempleBeth-El.org/Adult-Education

✓ = Registration required  
👤 = Virtual attendance available

## PARASHAT HASHAVUAH (Weekly Torah portion)

with Rabbi Helbraun or  
Cantor Kahan

Ongoing Saturdays

11:00 am–Noon 🧑

Join Rabbi Helbraun or Cantor Kahan for teachings from the weekly Torah portion. On mornings when there is a B'nei Mitzvah, Tom Burnstine will lead the class.

## RABBI HELBRAUN'S CLASS MODERN RESPONSA ON BIOMEDICAL ETHICS

Starting Monday, October 16 ✓

Mondays, 7:30–8:30 pm 🧑

## GRIEF SUPPORT GROUP

4th Wednesday of the month  
7:00 pm at TBE

TBE has partnered with JCFS to provide members and the community with a professionally facilitated grief support group. If you are interested, please contact Marsha Raynes at JCFS at (847) 745-5408 or MarshaRaynes@jcfs.org for more information.

## WEDNESDAYS WINDOWS

Wednesdays, 1:30 pm ✓

Meeting monthly for social and light educational experiences for adults. Each month there will be different speakers and topics that offer a “window” into a part of our world.

**November 15** – Charles Troy on Irving Berlin: The Ultimate Jewish Immigrant

**December 20** – Gary Midkiff on the history of Supreme Court Justices

Save the dates:

January 17

February 21

March 20

April 17

May 15

## SAVE THE DATE

Dinner and Movie

December 24

Join your temple family for Chinese food and a movie! More information to come.

## SCHOLAR IN RESIDENCE

TRACEY ERIN SMITH

December 15–17 ✓

As we get to know one another join us for an incredible weekend of story telling.

We have invited Storyteller Tracey Erin Smith of Share Your Story. World acclaimed teachers and storytellers will spend the weekend with us as we tell and listen to the stories of our community.

## SOMETHING FOR EVERYONE:

Join us Friday, December 15 for a special shabbat service and Oneg and meet Tracey.

**Saturday,  
December 16, 2–4 pm  
Storytelling Workshop**

Youth Group event to coincide. Both events end with Havdallah.

**Sunday  
December 17**

**Teen Workshop**

**Story Showcase**

**4:00–5:30 pm**

Light snacks served





# Tikkun Olam / Social Action

► TempleBeth-El.org/Social-Action

## Are you looking for a great way to get involved?

### Join our Caring Committee Beyachad

Now more than ever people need a hand during these challenging times. Please let us know if you would like to volunteer to help our members most in need including wellness check-in calls, shopping, delivering treats to those who are ill, or helping with other requests. We especially need volunteers who are west of Milwaukee Avenue. Email Holly at [hhamburg@TempleBeth-El.org](mailto:hhamburg@TempleBeth-El.org).



### A JUST HARVEST

#### 5th Wednesday and Thursday of the month

Many of our students choose to decorate the Bimah with food baskets

representing our support of A Just Harvest. AJH's mission is to fight poverty and hunger in the Rogers Park and greater Chicago community by providing nutritious meals daily while cultivating community and economic development and organizing across racial, cultural and socioeconomic lines in order to create a more just society. For more information visit [www.ajustharvest.org](http://www.ajustharvest.org). Volunteer to shop and/or deliver food to A Just Harvest, the largest community soup kitchen in the Chicago area. Volunteers from Temple Beth-El join together four times a year to help feed those in need.

To participate in A Just Harvest shopping or delivery, register using this link: <https://www.signupgenius.com/go/5080C4FA8AF2DA02-ajustharvest>



### FEED MY STARVING CHILDREN

Many of our students choose Feed My Starving Children for their B'nei Mitzvah projects. FMSC believes hope starts with food and is dedicated to seeing every child whole in body and spirit. They work with

food distribution partners that stay with communities for the long haul, empowering them to move from relief to development. To get involved, visit [www.fmssc.org/get-involved](http://www.fmssc.org/get-involved).

## PLEASE JOIN MENSCH MATCH!

Would you or your family like to bring more joy into the life of an elderly person? Teach your children about a different kind of mitzvah and enjoy a feel good experience?



TBE Sisterhood is partnering with Gidwitz Place for Assisted Living in Deerfield to create a one-on-one matching program for residents and any TBE congregant/family. You or your family will be matched with a resident who could use an occasional visit to bring them some much needed happiness. You would commit to visit your "mensch match" at least once a month. You can bring activities or games to play, books to read, or even a special treat to eat together. Even just stopping by briefly to say hello will make your resident feel special.

Please reach out to Jolie Genender at (847) 224-5052 if you're interested.



## CHAVUROT FRIENDSHIP GROUPS

To kick off the new year we are continuing our efforts to build Chavurot (Friendship groups), so that TBE families can get to know one another and connect in a more intimate setting. Once you sign up you will be grouped with a few other families/couples with similar interests.

The goal is for each group to meet about once a month and do fun things together of their own choosing (Shabbat Dinners, volunteering, casual playdates, cooking together etc.). This is a great opportunity to meet other Temple families and build lasting friendships!

Open to the entire TBE community.



Beyachad ביחד  
TOGETHER



Register with this QR code.

Questions? Call the Temple office for more information or to join the planning team.

# Sisterhood

LEARN MORE & REGISTER ► [TempleBeth-El.org/Sisterhood](https://TempleBeth-El.org/Sisterhood)

 = Virtual attendance available

✓ = Registration required

## SISTERHOOD EVENTS

### BOOK CLUB

Second Wednesday of the Month  
12:30–2:00 pm ✓ 

### CANASTA MONDAYS

10:15 am–2:30 pm ✓

### “I’LL HAVE WHAT SHE’S HAVING”

The Jewish Deli Exhibit and Lunch  
Sunday November 5 ✓  
10:00 am–12:15 pm at  
Illinois Holocaust Museum

### GAMES GALORE AND MORE

Tuesday, November 14, 6:30–9 pm ✓

### BOOM SHAKA LATKE

Wednesday, December 6, 7–9 pm ✓

### VIRTUAL LILITH SALON

Thursday, December 14 ✓   
7:00–8:00 pm on Zoom



### GIFT SHOP

Come browse in our Temple Beth-El Gift Shop. You'll find us located off the lobby. Shop for your tallit or check out our wonderful selection of Judaica for all your holiday needs.

## COLLEGE CONNECTIONS

### JEWISH HOLIDAY CARE PACKAGES FOR COLLEGE STUDENTS

The College Connection Team of Temple Beth-El Sisterhood wants our college students to stay connected with Jewish life and to their family while away from home. Four times a year (Rosh HaShanah, Hanukkah, Purim and Passover), the College Connection Committee sends your students Jewish holiday gift packages loaded with delicious baked goods and fun treats.

Scan for more info and to order!



## Men's Club

Ric Bachrach & Bryan Mittelman, Co-Presidents

LEARN MORE ► [www.tbemensclub.com](https://www.tbemensclub.com)

The TBE Men's Club has great programming every month

### WATCH THE BEARS VS. PANTHERS — FREE!

Thursday, November 9 ✓

6:45–10:30 pm

North Branch Pizza & Burger Restaurant  
4520 E. Lake Ave., Glenview

### SUNDAY BRUNCH AND CONVERSATION

with Phil Ponce (WTTW) and

Mike Flannery (FOX Chicago)

Sunday, December 10 ✓

9:30–11:00 am at TBE



Learn more about the  
Men's Club Softball Team







# Behind The Scenes

By Laurie Orenstein, Executive Director

Friends, as I look back over the last few months, I am amazed at how far we have come as “Kehilla Kedosha” (holy community). We were on the move over the last few years but the distance that we have gone in the

last few months is nothing shy of amazing....

Here are a few facts for you to digest.

- We are offering new programs for adults and looking forward to many upcoming enriching and engaging events in the months to come. Task forces are being formed daily to support these events.
- Our Men’s Clubs and Sisterhood are offering more programs and opportunities than ever!
- Our Friday night services began with an average of 30 people and we are now averaging 85.
- We have dedicated 5 new Torahs to our congregation.
- Our wonderful school has gone from 190 students last year to over 270 this year.

- We have begun our B’nei Mitzvah season with our first ever back-to-back services and our first ever concurrent services.
- We have welcomed 3 new full-time staff and have developed a wonderful team.
- We printed over 1500 High Holiday tickets!
- We have welcomed over 200 new families since our membership campaign opened last June.

I am tremendously grateful to every staff person, board member, volunteer, congregant, and community member that has made this happen. I am proud of all we have done and can’t wait to see what the coming year will bring.

**If you are new to us and looking for a way to get involved, or not so new and wanting a way to reconnect, call us. We are here to help you find your place! There is something for everyone!**

In this season when the world can feel so dark let the spirit of our community light the way....

Happy Thanksgiving and Happy Hanukkah to you!!!

## Are you ready to get involved?

**Our Temple family is full of experts in many areas, and we need you. Please consider joining one of our teams/committees.**

Community Involvement/Activities	Facilities
Caring Committee	Education
Finance	Inclusion
Green Team	Social Action
Religious Activities	Shabbat Service Greeters
Membership	Israel Committee
Communications and Marketing	

**Email Laurie Orenstein, Executive Director at [lorenstein@TempleBeth-El.org](mailto:lorenstein@TempleBeth-El.org), to find the group that fits you best.** We can meet your needs with short-term tasks or long-term teams. Just reach out!

More teams are expected to form soon. Please share your team ideas with us! **Learn more at: [www.templebeth-el.org/get-involved](http://www.templebeth-el.org/get-involved)**





Eat at your favorite local restaurants and TBE will get a percentage of total sales—the perfect excuse to eat out or order in! Mention TBE fundraiser when you order.

### BUONA BEEF

Tuesday November 14  
<https://buona.com>  
 (847) 643-2333

### GRILL HOUSE

Tuesday December 19  
[www.eatgrillhouse.com](http://www.eatgrillhouse.com)  
 (847) 205-2200

### GREEK FEAST

Tuesday, December 5  
[www.thegreekfeast.com](http://www.thegreekfeast.com)  
 (847) 559-1901

**SAVE THE DATE November 21**  
 Thanksgiving Pies and dinner rolls are coming to your table from Shalom Bakery!



## FAMILY RETREAT

**SAVE THE DATE**  
**MARCH 15–17, 2024**

At OSRUI Retreat Center in Oconomowoc, WI Everyone is welcome! Enjoy a relaxing, music-filled weekend with many fun activities. Such a special experience for families!



### CAMP & ISRAEL TRIP SCHOLARSHIPS

**Application deadline is December 31, 2023**

TBE scholarships are available for OSRUI and youth trips to Israel for children of our members. Contact Leslie Hanus (847) 205-9982 ext. 202 or [lhonus@templebeth-el.org](mailto:lhonus@templebeth-el.org)





# Contributions

Received September 1 – October 18, 2023

## TO MAKE A DONATION:

[Templebeth-el.org/donate](https://templebeth-el.org/donate)

See page 16 for mail-in form.

### A JUST HARVEST

#### *In honor of*

Our 55th wedding anniversary from Barb & Jeff Gordon  
Brooke Carroll from Jonathan & Katrina Carroll

#### *In loving memory of*

Sam Gothelf from Barbara Berman  
Robert Lewis from David & Violet Lewis  
Susan Levine from Fred Rosenberg & Barbara Berman

### BLITZ FAMILY CHILDREN'S CULTURAL ARTS FUND

#### *In honor of*

Robert Marks from Steven and Jane Marks

#### *In honor of the birth of*

Dawson Blitz from George & Nancy Vizer

#### *In loving memory of*

Robert Essak from Sharon Gross  
Lil Cohen from Janice & Howard Hadesman  
Bob Essak from Janice & Howard Hadesman  
Shana Perellis from Janice and Howard Hadesman

### CANTOR KAHAN'S DISCRETIONARY FUND

#### *For the Birth of \**

Sophie Lev from Beth & Eric Schwartz

#### *For the yahrzeit of*

Florence Salkin from Ashley and Josh Kaplan, Andrew  
and Kalee Rifkin & Alxiiss DeBellis  
Ellen Farber Aul from Charles & Donna Schwartz  
Sidney Robin from Patricia and Allen Robin

#### *In appreciation of*

Cantor Kahan from Tammy Mormino

#### *In honor of*

Bella and Abby O'Connor's B'nei Mitzvah from  
Emily and Rich O'Connor  
Milton Weiner from Joshua Deltoro

#### *In loving memory of*

Gertrude Jacobs from Barb & Jeff Gordon  
Lil Cohen from Gordon Levine

### FREE WILL

#### *In loving memory of*

Lil Cohen from Bruce & Jill Weininger  
Matthew Richmond from Rebecca and Chad Richman

### KAPLAN CAMP SCHOLARSHIP FUND

#### *In honor of*

The birth of Sophie Lev from Craig and Debbie Marlowe  
Sheila Wolinsky from Susan Herman

#### *In loving memory of*

Shana Goldberg Perellis from Debbie & Robert Fink

### MATTHEW SCHAFFER-SCHWARTZ

#### TIKKUN OLAM AWARD FUND

#### *In loving memory of*

Lillian Cohen from Douglas Schwartz & Cynthia Schaffer  
Lillian Cohen from Evelyn & Jerold Levin  
Thelma Porter from Evelyn & Gerald Levin

### MEMORIAL FUND

#### *For the yahrzeit of*

Florence Salkin from Stuart and Leslie Dubin

#### *In honor of*

Lillian Cohen from Tom and Wendi Burnstine

#### *In loving memory of*

Matthew Richmond from Anne and Mark Ellman  
Lil Cohen from Arthur & Eileen Eisenberg  
Lil Cohen from Audrey and Len Rubin  
Carol Ann Ross from Barbara Berman and Fred Rosenberg  
Robert Essak from Barbara Berman and Fred Rosenberg  
Irving Gordon from Bruce & Linda Gordon  
Bernice Gordon from Bruce & Linda Gordon  
Lillian Hanan from Craig and Robin Berk  
Zitzie Morgan from David & Violet Lewis  
Matthew Richmond from Debbie Winton  
Lil Cohen from Ellen and Michael Brottman  
Lil Cohen from George & Nancy Vizer  
Matthew Richmond from Howard & Barry Hurwitz  
Lillian Cohen from Jerry and Sandy Lewis  
Matthew Richmond from Kenny & Muffin Spielman  
Lillian Cohen from Maureen & Dick Appelbaum  
Dr. Matthew Richmond from Mauro & Thelma Gozum  
Bernard & Celia Davis from Michael & Michele Davis  
Lillian "Lil" Cohen from Michael & Sheila Schwartz  
Matthew Richmond from Michelle Melnick  
Susan Levine from Nancy & Jay Reil  
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### MEN'S CLUB

#### *In loving memory of*

Lewis Fishman from Lonni and Scott Glickson

## **MILTON STEINBERG EDUCATION FUND**

### ***For the yahrzeit of***

Irving J. Lewis from David & Violet Lewis

### ***In loving memory of***

Robert Essak from Fern and Craig Hahn

## **MISHKAN T'FILAH PRAYER BOOK PLATES**

### ***In honor of***

Diane & Ric Bachrach's 40th Anniversary from Beth Wolf

## **PERPETUATION FUND**

### ***In honor of***

Lynn Herling from Cheryl Herling and Jim Moore

### ***In loving memory of***

Lil Cohen from Jonathan Hattenbach

## **PHYLLIS NATALIE PODOLSKY LIBRARY FUND**

### ***In loving memory of***

Lillian Cohen from Michael and Carol Berger

## **RABBI HELBRAUN'S DISCRETIONARY FUND**

### ***For the speedy recovery of***

Cyrene Green from Marty & Gail Glink

### ***For the yahrzeit of***

Myrtle Gordon from Barb & Jeff Gordon

Roslyn Wolken from Hal & Cindy Wolken

Annie May Cafferkey from Patricia and Allen Robin

Myron Stewart from Ronald & Sherry Stewart

### ***For the yahrzeits of***

Esther Marshall and Phillip Hyman from

Naomi Marshall and Debbie & Scott Golan

### ***In appreciation of***

Congregation Achva Bakerem from Elliot & Joy Bruckman

Rabbi Helbraun from Toni & Patrick Giuliano

### ***In honor of***

Being called to the Bimah with the Sisterhood Governing

Board to read and light candles on Erev Rosh Hashanah

from Debbie Marlowe

Abby and Bella O'Connor's B'nei Mitzvah from

Emily and Rich O'Connor

Achva Bakerem Congregation from George &

Nancy Vizer

Achva Bakerem Congregation from Gerald & Sandra Lewis

Dan Gregerman and Family from Ira Gregerman

Tali's special Bat Mitzvah gift from Leslie Leiter and

Irwin Leiter

Achva Bakerem Congregation from Mary & Gene Silverman

Congregation Achva Bacherem from Rand & Marla Brichta

Al Gorman's 90th Birthday from Rosely Kaiser

Rabbi Tamir Nir and his congregation from

Sally and Steve Lane

Achva Bakerem Synagogue in Israel from Sanford L. Barr

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Sherry Rundell

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### ***In loving memory of***

Lil Cohen from Amy & Jim Tuchler

Irene Greenberg

Dr. Robert (Bob) Essak from Barb and Tom Harris

Thelma Porter from Barb and Tom Harris

Lil Cohen from Barb and Tom Harris

Marc Levenstein from Hal & Cindy Wolken

Lil Cohen from Hal & Cindy Wolken

Eileen Kahana from Hal & Cindy Wolken

Lil Cohen from Judy & David Rosen

Lill Cohen from Paul Festenstein

Sylvia Ablin Adelman from Ronald & Sherry Stewart

Janet Levinsky from Henry Levinsky

## **SISTERHOOD**

### ***In loving memory of***

Beloved Cheddar from Ashley Kaplan

Lil Cohen from Rosely Kaiser

## **SOCIAL ACTION FUND**

### ***For the yahrzeits of***

Abraham Cutts & Harry Frishberg from

Gerard & Terry Moons

### ***In loving memory of***

Lil Cohen from Irwin & Leslie Leiter

## **TEMPLE BETH-EL ENDOWMENT FUND**

### ***For the yahrzeit of***

Arthur W. Glickson from Cindy Schoenstadt

Lois Rosenberg Van Crey from Fred Rosenberg

### ***In loving memory of***

Lillian "Lil" Cohen from Barbara Berman and

Fred Rosenberg

Lil Cohen from Cindy Schoenstadt

Lil Cohen from Joan and Ed Freud

Lil Cohen from Traub Family

## **TEMPLE BETH-EL GENERAL FUND**

### ***For the yahrzeit of***

Evelyn Shanoff from Neal Shanoff

### ***In appreciation of***

Honoring our loved ones in the Scroll of Remembrance

from Carol & Mark Finder

The Rosh Hashanah Aliyah from Charla & Arnold Silver

### ***In honor of***

Al Gorman's 90th birthday from Barbara Ezell

Arthur Eisenberg from Chuck & Sarah Orlove

Gene Rosner from Elaine Snow

Cantor Kahan from Jeff Kondritzer

The Bat Mitzvah of Emily Rose Loevski from

Jerold & Evelyn Levin

Asher Goldberg's Bar Mitzvah from Richard &

Corrie Goldberg

Art Eisenberg's 80th birthday from Robert &

Esther Manewith

The High Holidays from Roman & Anna Frid

Our Anniversary from Steven & Julie Rifkin



***In loving memory of***

Lil Cohen from Ilse Gordon  
Lewis Fishman from Jerry and Sandy Lewis  
Matt Richmond from Jerry and Sandy Lewis  
Dr. Matthew Richmond from Joel Schaller and Sally Oscherwitz  
Lil Cohen from Kirsten and Dan Rabishaw  
Matthew Richmond from Pamela Nadell & Edward Farber  
Henry Karp from Robert and Marsha Karp  
Lil Cohen from Lonni & Scott Glickson

**TZEDAKAH*****In appreciation of***

All those who made the streaming children's service possible

***In honor of***

Deborah Cohen and family in celebration of the High Holidays from Pam Galowich

**Yahrzeit Fund*****For the yahrzeit of***

Irving Naxon from Arthur & Eileen Eisenberg  
Samuel F. Gordon from Craig & Debbie Marlowe  
Dr. Matthew Fox from David & Beverly Fox  
Marlene Schaffer from Douglas Schwartz & Cynthia Schaffer  
Sherwin Geiderman from Douglas Schwartz & Cynthia Schaffer  
Jacob "Jack" Schaffer from Douglas Schwartz & Cynthia Schaffer  
Ruth Geiderman from Douglas Schwartz & Cynthia Schaffer  
Philip Bell from Elaine Tenenbaum  
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Betty Stern from Ilse Gordon  
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Loretta Sophian from Laurence Sophian

Irving Sophian from Laurence Sophian  
Israel Esador from Laurence Sophian  
Henry Goldberger from Leah Goldberger  
Shawn Weiner from Michael & Sharon Mell  
Geoffrey Reichman from Randee & Harvey Stelman  
Ruth Applebaum from Rosely Kaiser  
Morris Kaplan from Sanford L. Barr  
Florence Salkin from Steven & Julie Rifkin  
Charles Groner from Suzanne Groner  
Dorothy Teichman from Suzanne Groner  
Mary Stewart from Vicki Bahnasy

***For the yahrzeits of***

Etta Gold from Deb Kushner  
Lindsey Harris, Sidney Blumberg & Steven Blumberg from Donna Blumberg  
Howard Kahen from Gary & Robin Kahen  
Armand Ettinger and Ruthe Ettinger from Ira & Lynn Lawrence  
Bertha Hibel, Sidney Hibel, Ida Metz, Reuben Metz, Shirley Schulman & Aura Nelson from Morton & Bonnie Hibel

***In honor of***

Mary Siegal from Allan J Siegal  
Ned Langer and Matt Langer from Eileen and Chuck Kuenneth

***In loving memory of***

Celia Davis from Adrian Kolb  
Ann Siegal Ingram from Allan J Siegal  
Jerry Levant from Amy and Frank Huck  
Alan J Moyer from Craig and Debbie Marlowe  
Lil Cohen from Deb Kushner  
Tillie Kushner from Deborah Kushner  
Louis Krugman from Linda & Larry Simon  
Betty Levin from Rai Ellen Copeland  
Arthur W. Glickson from Scott and Lonni Glickson and Family  
Etta Tinsky from Shirley Kreisman



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| <input type="checkbox"/> Campaign for Religious Equality in Israel  | <input type="checkbox"/> Perpetuation Fund  | <input type="checkbox"/> Torah Fund   |
| <input type="checkbox"/> Free Will                                  | <input type="checkbox"/> Phyllis Natalie Podolsky <sup>z"l</sup> Library Fund               | <input type="checkbox"/> Tree of Life \$154/leaf<br><b>Leaf wording form will be sent</b> |
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| <input type="checkbox"/> Libby Golden <sup>z"l</sup> Memorial Fund  | <input type="checkbox"/> School Tzedakah  | <input type="checkbox"/> YoBE – Youth of Beth-El  |

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# Good Things are Happening!



Congratulations to congregant and Past President, Harold Israel, for being named as the chairman of the Spertus Institute Board of Trustees!

Mazel Tov to parents Rachel & Melissa Blitz and grandparents Caron & Al Blitz on the birth of Dawson Sherman Blitz — August 19, 2023

Mazel Tov to congregant Liz Zetley for being named a JCC Chicago Spirit of Sheva Award winner!

Mazel Tov to Michelle Barichello, daughter of Marcey Barichello, who is graduating with her PsyD in Clinical Psychology from Adler University.

Mazel Tov to Rachel Gordon, daughter of Kirsten and Dan Rabishaw, for earning her Master's Degree in Psychology from Case Western Reserve University

Mazel Tov to Andi & Don Solomon on the engagement of Bradley and Traia

Mazel Tov to Ric and Diane Bachrach on the birth of their grandchild Miriam Zelda Bachrach to parents Rachel & Daniel Bachrach — October 10, 2023

## B'nei Mitzvah

Abby O'Connor, September 2, 2023

Bella O'Connor, September 2, 2023

Elliott Kleiman, September 9, 2023

Eli Schneider, October 14, 2023

Talia Leiter, October 14, 2023

Eden Smith, October 21, 2023

Braden Lauter, October 28, 2023

Lucy Barston, October 28, 2023

## Milestone Anniversaries

### September

Ric & Diane Bachrach – 40 years

Bruce & Barbara Heckman – 35 years

Mark & Mindy Kessler – 35 years

Ivan & Susan Zoot – 35 years

David & Susan Borovsky – 30 years

Marla & Michael Gordon – 25 years

Bryan & Adrienne Mittelman – 25 years

Charles & Marni Rotblut – 25 years

Noel & Alison Pearlman – 20 years

Jonathan & Tracy Passman – 20 years

Bess & David Cades – 15 years

Lauren & Aaron Singer – 10 years

## October

Alvin & Nancy Gorman – 65 years

Ronald & Jan Siegel – 50 years

David & Susan Levine – 50 years

Rhonda & Stephen Gordon – 45 years

Jeffrey & Linda Wolfson – 40 years

Stephen & Sally Lane – 35 years

George & Jane Heyman – 30 years

Stuart & Sheila Schwalb – 20 years

Zachary & Jennifer Raimi – 20 years

Emily & James Kowal – 15 years

Laurie & Dan Orenstein – 10 years

## November

Carely Ann & Aaron Ginsburg – 65 years

Ronald & June Lobert – 60 years

Roger & Ellen Sharpe – 45 years

Alan & Caron Blitz – 40 years

James & Amy Tuchler – 30 years

Charles & Laiyew Krawitz – 30 years

Paul & Shannon Miller – 25 years

Bruce & Cheryl Grossman – 25 years

Alissa & Michael Caulfield – 15 years

Neil & Michelle Friedman – 15 years

Alexis & Michael Friedman – 10 years

Ryan & Laura Dolin – 10 years

Adam & Allison Greene – 10 years



Please contact Holly Hamburg to share your good news at (847) 205-9982, ext. 207 or [hhamburg@templebeth-el-org](mailto:hhamburg@templebeth-el-org).

## Temple Beth-El Northbrook received The ARK Bagel Award!

TBE members went above and beyond by filling two PODs with items for The ARK. TBE Religious School teens went even further by separating out the non-kosher items, which allowed The ARK to share this food with our partner Kingswood United Methodist Church.



# New Members!

September 1 — October 12, 2023

William Adolph & Beth Katz-Adolph  
Howard & Edie Axe  
Sherry Bernstein  
Beth & Marty Birnbaum  
Anthony Brusatori & Jinny Davis  
Holly Falk-Krzesinski & Mitch Krzesinski  
Alexis & Michael Friedman  
Dan Gingiss  
Alyson & Adam Goldman  
Tera & Mark Goldman  
Besa Hazizaj  
Jamon & Rebecca Heller

Samantha & Eric Herscher  
Donald & Holley Hoffman  
Ronald Katz & Suzanne Zeller  
Lawrence & Francesca Kessler  
Troy & Tiffany Larkowski  
Stewart & Fay Lipton  
James & Donna McCabe  
Susan Medansky  
Mark & Deborah Metzl  
Dale Miller  
Alison O'Konis, & Aaron Rosenthal  
Barbara Pearl  
Daniel & Jordana Rosen

Stuart & Sheila Schwalb  
Marion Sherman-Behzad  
Brandy & Mark Skierkiewicz  
Stephanie & Jay Solovy  
Ricky & Ellen Stern  
Lisa & Matthew Talbert  
Joanna & Benjamin Tenenbaum  
Amy & Lucas Theesfeld  
Randall & Debra Usen  
Stacy & Tyler Wegener



## CALLING ALL NEW TBE MEMBERS!

Temple Beth-El welcomes all new members with a special Shabbat Welcome Basket. If you have not yet received your basket, please give us a call or send us an email to schedule a time for you to stop by the Temple during business hours so we can officially welcome you to the TBE Community with a new member basket!

Call Holly at (847) 205-9982, ext 207, or [hhamburg@templebeth-el.org](mailto:hhamburg@templebeth-el.org)

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## Michael Rubenstein

*Family Service Counselor*

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## CONTACT US

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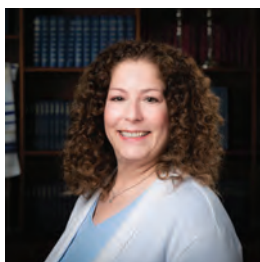
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**Jessi Hersman** (photo left)  
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**Rabbi Victor H. Weissberg**  
Rabbi Emeritus  
(847) 205-9982 ext. 202



**Linda Goldman**  
Communications and Event Coordinator  
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**Lisa Michael** (photo right)  
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Temple Beth-El is an inclusive Jewish community open to people of all ages, races and abilities, welcoming interfaith families, people who are single, partnered and LGBTQIA+.

The Temple Beth-El Bulletin is published bi-monthly. Letters, comments and news about the Temple are always welcome. Please send via email to [office@templebeth-el.org](mailto:office@templebeth-el.org). Bulletins may also be viewed on our website.



Wishing Our TBE Family  
*A Joyous Thanksgiving*  
— AND —  
*A Happy Hanukkah!*

