

## **Congregation Dorshei Tzedek**

An Affiliate of the Jewish Reconstructionist Movement

### Shevat/Adar 5780 February 2020

60 Highland Street, West Newton, Massachusetts 02465 617-965-0330 | www.dorsheitzedek.org | info@dorsheitzedek.org

# **Finding One's Voice**

by Lissy Medvedow



THE CONCEPT OF speaking up and being heard – finding one's voice – has been swirling around my life lately. I'll start

with the Torah, a good place to start in a synagogue newsletter. In Genesis 32:4-36:43, on December 11th, we read *Vayishlach*, the story of Dinah and her father, Jacob. In that parsha, we learn about Dinah "going out" (literal translation "went out") on her own, apparently unheard of in those times, possi-

bly being raped (more on this in a minute), and Jacob's incomprehensible silence when confronted with his daughter's alleged sexual assault. I use the word "possibly" regarding Dinah's sexual encounter because Rabbi Toba, in her d'var, shared that the Hebrew word "innah," though commonly translated as "rape," actually leaves open the possibility that Dinah's sexual interlude (with Shechem) was consensual. The sentence is: "He took her, lay with her, and "innah'ed" her. Commentaries differ though most seem to suggest that Dinah was raped but I found the alternative interpretation totally intriguing.

Dinah never speaks about the incident.

Two of Dinah's brothers are outraged at what they view as their sister's defilement (or perhaps, they are outraged because their sister acted outside of accepted behavior for women). When the two brothers tell Jacob, their father, what they believe happened, Jacob says nothing; he remains silent.



So we have two instances of silence, both dramatic. Dinah could be traumatized, humiliated, scared, and embarrassed. Jacob, in turn, could also be traumatized, humiliated, scared, and embarrassed. Their reasons could be similar or vastly different.

After leaving services that day, I was thinking about the power of the MeToo movement and its concomitant ongoing failure to provide a safe voice even now. Coincidentally, the very next day, Gretchen Carlson had an op-ed in the New York Times entitled "I Want My Voice Back." In that piece, Carlson talks about the Nondisclosure Agreement (NDA) she signed when agreeing to a settlement in her lawsuit against Roger Ailes, former CEO of Fox News. And then a few days later, friends recommended the series, "The Loudest Voice," the story of Roger Ailes' truly disturbing and revolting professional and personal life. My husband, Cliff Cohen, and I watched it and we would recommend it, as

well (Russell Crowe is amazing as Roger Ailes).

We know that many people suffer silently, including members of our congregation. People struggle with physical and mental health challenges. Why do people remain silent? It's not that easy to share afflictions or difficulties in one's own life. Most of you have probably heard me speak at CDT events, meetings, and services. Although this may be surprising, having a voice – literally – is one of my own challenges. I have

a neurological disorder called spasmodic dysphonia that closes a person's vocal cords resulting in a breathy, strangled voice. The disorder is fairly uncommon, affects more Ashkenazi Jews, and more women. I'm one of the lucky ones; treatment works for me although it's taken several years to get the treatment to be as effective as possible. In my younger days, when I was an appellate

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lawyer, judges often asked if water would help and my response was always "unfortunately not." Managing a lifetime disorder requires a certain amount of fortitude, patience, and good humor. Silence has never been an option for me, professionally or personally. I respect those who choose to remain silent about their personal challenges but hope that everyone in our CDT community knows there are individuals who could potentially provide some solace, compassion, and possibly actual assistance.

This year, we are going to ask members for their vocations and avocations to include in our Membership Directory – all optional, of course. Frequently, someone on the listserv is looking for a lawyer, doctor, electrician, handyperson, and more. We're hoping to make it easier to find such individuals for personal and professional use. Watch for an email in the near future.

Returning to the idea of finding one's voice, I also want to let everyone know that at the March 8th Members Meeting, we will be asking for a vote on a By-Laws amendment to change the structure of the Board and Executive Committee empowering the Members-at-Large with a more meaningful voice. In so doing, we are asking to reduce the number of Executive Committee members to the President, First Vice President or Immediate Past President (alternating years), Secretary, and Treasurer; the Senior Rabbi and Executive Director will be exofficio, non-voting members. The Board will then be composed of the additional Vice Presidents (currently, Education, Finance, Leadership, Membership, and Tikkun Olam), and the Members-at-Large, as well as the Executive Committee members. The role of the Executive Committee will be to set agendas for the full Board meetings, handle personnel matters, and deal with emergencies. For the past several years, the Members-at-Large have not been afforded a strong enough voice and we've been trying to figure out how to rectify that situation. The By-Laws amendment being proposed will, hopefully, achieve that goal.

I'm also excited to share that Rabbi Deborah Waxman, President of Reconstructing Judaism, will be joining us at the March 8th Members Meeting. She'll be talking about what's happening within Reconstructing Judaism and the Reconstructionist movement. Save that date: Sunday, March 8, 2020, from 10 a.m. to noon at JCDS in Watertown.

I wish everyone a happy and healthy 2020. And within this community, I hope you will always feel welcome, safe, and empowered to speak up and let your voices be heard.

## **Rabbinic Liaison Committee**

**Rabbinic Liaisons:** While congregants are always welcome and encouraged to discuss questions or concerns directly with **Rabbi Toba** or **Rabbi Shahar**, there are other avenues through which to bring concerns. The Rabbinic Liaison Committee exists to ensure the maintenance of a good working relationship between Rabbi Toba and the congregation. Issues raised by congregants are discussed confidentially and, when appropriate, are shared with the Rabbi in a constructive manner. To discuss a question or concern, contact **Cindy Shulak–Rome**, Rabbinic Liaison Chair at **cbsrome@ comcast.net**. Rabbi Toba, as Rabbi Shahar's supervisor, is the person to whom to bring any concerns relating to Rabbi Shahar and her work for the congregation.

## Newsletter

The CDT Newsletter is published monthly, with a July/August summer issue. Email articles, events, and photos go to dtnews@dorsheitzedek.org. Usually the deadline is the 10th of the month for the following month's issue. For questions, email us at the same address. **Volunteer Staff:** John Holohan (chair), Josette Akresh-Gonzales, Liz Holohan, Barbara Pittel, Vivienne Shein (photographer), Amy Westebbe.

# CDT

Dorshei Tzedek is a Reconstructionist Congregation dedicated to creating a caring and inclusive community, and to enhancing Jewish practice and learning in the lives of our members.

### Board

#### Staff:

Rabbi Toba Spitzer, t.spitzer@dorsheitzedek.org

Rabbi for Congregational Learning: Rabbi Shahar Colt, s.colt@dorsheitzedek.org

Executive Director: Melissa Colten, m.colten@dorsheitzedek.org

Program Associate: Lidia Pruente, l.pruente@dorsheitzedek.org

Inclusion Coordinator: Amira Shulman-Kumin, inclusion@dorsheitzedek.org

#### **Executive Committee:**

President: Lissy Medvedow

VP Finance: Ezra Hausman

VP Membership: Debby Saltzman

VP Education: Diana Fisher Gomberg

VP Leadership: Rob Greenly

VP Tikkun Olam: Bob Warren

Secretary: Ro Weichman

#### Board Members-at-Large:

Ellie Axe, Laurie Gould, Dan Rome, Jonathan Rosenthal & Lisa Samelson

#### **Off-Board Chairs:**

Children's Education: Sarah Birkeland & Webster Pilcher

Chesed: Elaine Landes

Nediv Lev: Debbie Waber

Newsletter: John Holohan

Inclusion: Susan Nitkin

Ritual: Marion Ross & Peter Katz

Rabbinic Liaison: Cindy Shulak-Rome

Executive Director Liaison: Linette Liebling

Space: Steve Siegel

Website: Dan Halbert

Welcoming: Benita Danzing

## Shabbat & Holidays

#### ALL-AGES EREV SHABBAT SERVICES

Friday evening, February 7, new March date: March 20, April 3

6:00pm candle-lighting & potluck dinner, 6:45pm service, Oneg Shabbat dessert at 7:30pm

Tal Shalom-Kobi and the 6th-7th grade CDT band will join Rabbi Shahar for a special musical service. Join us for this fun, musical, all-ages celebration of Shabbat! We begin with candle-lighting and the Shabbat blessings at 6:00pm, followed by a vegetarian potluck dinner (please bring a main dish or salad to share; drinks and dessert provided). Services begin at 6:45pm, and we end with an Oneg Shabbat dessert at 7:30pm.

#### SHABBAT MORNING TORAH STUDY

There will be no Shabbat morning Torah study while Rabbi Toba is on sabbatical. Resumes March 21.

#### **FEBRUARY 1, 2020** SHABBAT BO

Rabbi Shoshana Meira Friedman will lead us in Shabbat morning services and Torah study.

We will also be welcoming Rosanne Levine (cousin of Karen Arnold!) who along with her family is devoted members of the Tree of Life synagogue in Pittsburgh. Rosanne has been traveling the country as an ambassador and will speak about the experience of her community and her ensuing activism around gun control.

#### **FEBRUARY 8, 2020** SHABBAT SHIRAH

#### How Chanting the Bible Explains the text (Cantillation in a Nutshell)

Cantor Louise Treitman served Temple Beth David in Westwood, MA for twenty years and is honored to be their Cantor Emerita. Connected to Hebrew College since the 1980s, she now serves as Senior Advisor to the SJM, and teaches and coaches there. She is the High Holy Day Cantor at Beth Hillel Roma, a Progressive congregation in Rome, Italy. With degrees from Wellesley College and the New England Conservatory of Music, she received her Certification as an Invested Cantor through Hebrew Union College-Jewish Institute of Religion in New York. She looks forward to sharing Shabbat Shirah - The Sabbath of Song - with all of you.



#### FEBRUARY 15, 2020 **SHABBAT YITRO**

Shabbat morning services and Torah discussion.

#### **FEBRUARY 22, 2020** SHABBAT MISHPATIM

Rabbi Jordan Schuster teaches Jewish mysticism, Mishna, and Tanakh at the Rabbinical School of Hebrew College. Before moving to Boston, he taught Yiddish literature and language at Columbia University in New York, studied psychoanalysis and queer theory in San Francisco, and tended the gardens and greenhouses of a small local grocery store in southeastern Wisconsin. He is delighted to spend time with the Dorshei Tzedek community again!

#### **FEBRUARY 29, 2020** SHABBAT TERUMAH

Rabbi Shahar Colt will lead us in Shabbat morning services and Torah study.

#### MARCH 7, 2020 SHABBAT TETZAVEH

From Priests to Maskilim--What Does Dress Matter?

Dr. Frances Malino is the Sophia Moses Robison Professor of Jewish Studies and History Emerita at Wellesley College. She is the author of The Sephardic Jews of Bordeaux: Assimilation and Emancipation in Revolutionary and Napoleonic France (1978) and A Jew in the French Revolution: the Life (1979) of Zalkind Hourwitz (1996) and co-editor of (1980) Essays in Modern Jewish History: a Tribute to Ben Halpern (1982), The Jews in Modern France (1985), Profiles in Diversity: Jews in Changing Europe (1998), and Voices of the Diaspora: Jewish Women Writing in New Europe (2005). Her current project is titled Teaching Freedom: Jewish Sisters in Muslim Lands. In 2012 she was named Chevalier dans l'Ordre des Palmes académiques by the French Ministry of Education.

#### TOT SHABBAT!

Shabbat mornings (Saturday) at 10:45am

Feb. 22, Mar. 14, Apr. 4, May 9, June 13

Tot Shabbat is a monthly Shabbat morning program for children ages six and younger, and their adults and siblings. New this year, it will be led by Morah Devora Rohr, CDT's Nitzanim/Gan teacher. We will sing, pray, dance, march with Torahs, play games, read stories, and eat... all we need is YOU!

#### CHILDCARE AVAILABLE FOR SHABBAT MORNING SERVICES

Families: We will have two trained CDT CHILDCARE providers every Shabbat, Saturdays, from 10:00am until 12:15pm.

All members: Know a babysitter? Please help us fill in the gaps in the CDT CHILD-CARE schedule. 14-18 year olds earn \$27.50 and 18+ earn \$40 per shift.

Contact Us! Please email Kristin Butcher at kfbutcher@yahoo.com, or call Rebecca Pomerantz at 617-312-2636 for more information.

To make our services accessible to all of our members and guests, we ask everyone to remember – and to remind your guests and family members – that we seek to make our services fragrance-free. This means to please refrain from using any kind of perfume, hair or body spray, cologne, and the like.

# Community

#### YAHRZEIT

This month we remember **Mara Gibbs**, daughter of Lauren Gibbs, whose 3rd yahrzeit falls this year on February 6. We will be remembering Mara at Shabbat Shira morning services on February 8. May Mara's memory be for a blessing.

We also remember CDT member **Francis Greenberg**, whose 15th yahrzeit falls on February 26. We will remember Francis at Shabbat morning services on February 29; may his memory be for a blessing.

And we remember CDT member **Marion Weinberg**, whose 23rd yahrzeit falls on February 29; we will remember Marion at Shabbat services that morning. May her memory be for a blessing.

#### MAZEL TOV

To **Rabbi Shahar Colt** and **Darya Mattes** on the birth of their son, Kalman Elya Mattes-Colt!



To **Allegra Heath-Stout**, on being inducted into the Susan M. Daniels Disability Mentoring Hall of Fame on January 17, 2020. The Disability Mentoring Hall of Fame honors people making a HUGE difference in the lives of youth and adults with disabilities through mentoring and raising awareness about the importance of mentorship for people with disabilities. Allegra is Fellowship Director and Trainer at JOIN (Jewish Organizing Institute and Network). Anyone who has worked with Allegra at JOIN can attest to the incredible difference she makes for Disability Justice.

#### CONDOLENCES

We extend our sympathies to **Peter Shapiro**, on the death of his father, Stanley Shapiro. May his memory be for a blessing.

We extend our sympathies to **Edith Epstein**, on the death of her father, William Epstein. May his memory be for a blessing.

We extend our sympathies to **Phyllis Kantor**, on the death of her brother-in-law, Joel Fazekas. May his memory be for a blessing.

#### **REFUAH SHLEYMAH**

We send blessings for complete healing to. Stan Fleischman, Ellen Pashall, Lynne Brandon, Elaine Pollack, Joann Breuer, and Linette Liebling.

#### NEW MEMBER WELCOME

A warm welcome to new member **Miranda Patton**.

#### TODAH RABAH

Thanks to everyone who provided kiddush:

Reva Kasman, Tessa Goldsmith, Barbara Harris, Pamela Rosenstein-In memory of Becky Wilson, Becca Gutman, Allison Andrews, Arthur Lent, James Kaplan, Jennifer Sartori, Barry Gilbert, Scott Gordon, Rachel Pytel, Rachele Rosi-Kessel, Adam Rosi-Kessel, Karen Leitner, Josette Akresh-Gonzales, Rebecca Cohen, Susan Silberberg, Abby Cohen, Ellie Baron (Captain), Kate deBethune, Chanda Prescod-Weinstein-In memory of Norman Weinstein, Kevin Hsu Weinstein, Robin Bernstein (Captain), Barbara Beck-In memory of her parents, Edith and Irving Beck, and her brother, Stephen Beck; Steffi Aronson Karp, Chagit Steiner, Tania Mireles, Debbie Isenberg (Captain), David Shumsky (Captain), Emily Shumsky

And thanks to everyone who helped with the Chanukah party:

It takes a lot of people to make the CDT Chanukah party possible, and we couldn't have done it without you! Thank you!!

**Rosalyn, Webster, Liz, Joanne, Michael**—Thank you for coming early to set up the space!

**Susan, Shalev and Ziv**—For accompanying our chanukah blessings and leading songs!

**All the members of the dalet/hey band**— For organizing and performing two awesome songs!

**Tal**—For leading the band and the creative performance activity, and for helping with the sound system!

Lindsay and Ashley—For prepping the donut dough, leading a hundred small children safely around oil frying, and making 2 kinds of donuts!

**Liz**—For leading up the arts and crafts room! **Ilana**—For joining me in leading the adults in our study and sharing your beautiful poetry!

**Devora**—For providing meaningful chanukah activities for our youngest members!

**Rick, Lynda, Joe, Jonathan, Amy, Nancy**for cleaning up so well after all the fun was had!

Liz, Linda and Emily—For stepping up at the last minute to help out where needed! Melissa—For procuring latkes, and heating them, and generally being around and helpful in so many ways!

**Lidia**—For being the backbone of the program and helping everyone have what they need, where they need, when they need, from set up through the end of clean up!

### IMPORTANT NOTE FROM OUR STAFF: LOGISTICS

**Please Don't Forget Your Bambaggies!:** We're excited to compost at our communal meals, however the price of compostable plates, cups, and utensils costs an extra \$700 per year! Help us save the planet and keep our costs down by remembering

## **CDT Events**

#### TU B'SHVAT CLIMATE ACTION GATHERING

Wednesday February 12, 2020 7:30pm

Stay tuned for details. Please email Laya Steinberg if you'd like to get involved in the planning: lasword@rcn.com



#### ON AND OFF THE BIMAH

#### From the Ritual Committee

On and Off the Bimah is an occasional column. We hope that the following exchange of notes will help us all have a meaningful experience in our sanctuary. If you have questions about ritual or CDT traditions, on or off the bimah, please send them our way.

#### Dear Ritual Committee,

I'm a new member of CDT. I have received a warm welcome from Dorshei Tzedek, and am very excited about all the special events planned for Rabbi Toba's sabbatical. However, I'm wondering about "shul etiquette." Could you clarify some guidelines for sanctuary behavior? Taking notes is clearly out, right? But what about walking about the sanctuary during a talk, whispering to one's neighbor, or coming in and out multiple times. I was distracted by these things and worried that our guest might be too. Please advise so I know what our expectations are.

Sincerely yours,

Perplexed

#### CDT FILM CLUB

Saturday evening, February 8, 6:00pm potluck, 7:00pm movie

At the home of Judy and Chayim Herzig-Marx.

**Disobedience.** 2017. English, Hebrew. A woman returns to her Orthodox Jewish community that shunned her for her attraction to a female childhood friend. Once back, their passions reignite as they explore the boundaries of faith and sexuality.

RSVP to Judy Herzig-Marx, if at all possible.

Note: Due to space constraints, this event is for members and their families.

#### Dear Perplexed,

We are so glad you asked! We hope to create a sanctuary that feels like sacred space for prayer, meditation, and learning. Our expectation is that folks will be aware of their voices and that their whispers can carry. So out of Kavod (respect or honor) for our sanctuary, and for those attending our Shabbat or holiday services, we try to keep extra sound to a minimum. The same principle applies to walking about and coming in and out. For one reason or another we might have to move around, but, again, we are aware that our motion can be distracting if it is pronounced. We want everyone to be able to enjoy our prayer service, as well as the presentations offered for our enrichment and spiritual connection. We have so much to learn from our Rabbis, the stellar group of invited guests, and from our own CDT members.

I hope that clarifies, and that you are no longer so perplexed!

The Ritual Committee

For information about the film club or if you'd like to host a film, contact **Stan Fleischman**, **film-club@dorsheitzedek.org**.

#### SAVE THE DATE

Members meeting on March 8!

10am - 12 noon at JCDS

### FROM THE WELCOMING COMMITTEE

#### GESHER MEANS BRIDGE: BECOME A CDT GESHER!

In the spirit of community, connection, and kehilah (congregation), the CDT Welcoming Committee is excited to continue the Gesher buddy program. Gesher builds bridges between new member households and the CDT community. Established members are paired with new members to help them learn about CDT, navigate CDT programs, and answer questions.

#### How to be a Gesher:

• Make a call to the new member to answer questions and let them know about events that may be of interest.

• Invite them to join you at a CDT event, services, holiday celebration, or committee meeting.

•Be a resource during the first year of membership

#### Email Sharon Gorberg, Sharon.gorberg@gmail.com.

Please provide preferred email, your phone number, and town of residence. We will be in touch with additional information.

CDT Events continued on page 6

## Chesed

#### Chesed: We need YOU

#### by Ellie Goldberg

The Dorshei Tzedek community values Chesed, acts of loving-kindness. Doing Chesed is a lot like being a good neighbor we offer each other gestures of practical comfort and caring. Acknowledging each other's life transitions or stressful times strengthens community bonds. Our Chesed Coordinators use LotsaHelpingHands to facilitate volunteer support.

Since CDT membership is spread out geographically, the more members that join LotsaHelpingHands the easier it is for Chesed Coordinators to facilitate connections neighbor to neighbor. As Mr. Rogers said, "The connections we make in the course of a life—maybe that's what heaven is."

To join CDT's **Chesed Caring Community (Updated)** please go to https:// my.lotsahelpinghands.com/community/ cdt-chesed-caring-community-updated.

The Chesed Coordinators for February are **Beth Green** and **Gail Pressberg**. If you have questions about Chesed, as a recipient or as a volunteer, please contact them at **chesed@dorsheitzedek.org**.

#### Chesed Q&A: What Do the Shiva and Chesed Committees Do?

https://tinyurl.com/Shiva-Chesed

**Rabbi Toba** is on sabbatical and will be returning on March 10. During this time, **Rabbi Shahar** is available for pastoral and rabbinic support, and can be reached at **s.colt@dorsheitzedek.org**. While Rabbi Shahar is on parental leave (for four weeks in January/early February), there will be "on call" rabbis if needed. Please contact Executive Director **Melissa Colten** if you have a question about who is available, at **m.colten@dorsheitzedek.org**. You are also welcome to contact the Chesed coordinators for support at **chesed@dorsheitzedek.org**.

chesed@dorsheitzedek.org

## **CDT Events (continued)**

#### EXPLORATORY TECH COMMITTEE - INPUT FROM CDT MEMBERS DESIRED!

CDT members are invited to help explore how CDT could use tech to design how its community connects and interacts. All levels of expertise, including 0, appreciated. Limited time commitment, and all meetings are Zoom-interactive as well as faceto-face. Participate in any of the planned phases. Can't make the group meeting time, but have something to say? Call or email, **Melissa m.colten@dorsheitzedek.org**, to schedule a time to talk.

#### Phase III: Spreadsheets and Proposals

Mondays, February 3, 10, and 24, 6:30-7:30pm

Committee members will meet, discuss, and propose combinations of technology researched. We will creatively vision how members of vastly varying abilities, comfort levels, and expertise can more easily and effortlessly communicate with each other, get information about what is happening at CDT, and make our myriad offerings more accessible to all. Our goal is to present 3 different budgeted visions to the CDT board to consider for 2020-2021.

## Learning

#### MINDFUL MORNINGS

Thursday mornings, 8:30-9:15am

60 Highland Street, Library

This weekly gathering combines guided and silent meditation to develop our capacity for mindful awareness, helping us cultivate qualities of patience, gratitude, clarity and compassion. The group is led by experienced CDT members. All are welcome, whatever your level of meditation experience (or lack thereof!)

#### SUNDAY MORNING ADULT LEARN-ING PROGRAMS

These programs happen during religious school hours on Sunday mornings, at JCDS, 57 Stanley Avenue in Watertown.

Parenting Through a Jewish Lens

Feb. 2, 9, March 1 with Ayelet Lipton JCDS, 57 Stanley Avenue, Watertown

TIME TO REGISTER !!! For parents raising children ages 0-9, this six-session program offers support, encouragement, and connection as you explore parenting through the Jewish tradition. Each session will incorporate Jewish values and texts to guide you in becoming a more purposeful parent, making difficult topics easier, and finding balance in everyday life. For more information, see hebrewcollege.edu/ parenting. To register for this program (registration is required), go to https:// hebrewcollege.edu/parenting-througha-jewish-lens and look for the CDT site (listed under Watertown). Further financial support is available through CDT.

### METAPHOR & MEANING: NEW WAYS TO ENCOUNTER THE DIVINE

#### with Rabbi Toba Spitzer

Thursday evenings, 7:30-9:00pm, March 19 & 26, April 2

Over her winter sabbatical, Rabbi Toba is working on a book about God and metaphor, and the ways in which Jewish texts and tradition offer new and sometimes surprising ways to think about divinity and our relationship to it. In this class, she will share some sections of the forthcoming book, and the texts that inspired it. Whether you are comfortable with God language, have no use for it, or are somewhere in between, this class is for you!







#### SAVE THE DATE: TIKKUN OLAM OP-PORTUNITY ON MARCH 15, 2020!

### From the Children's Education Committee

On Sunday, March 15, 2020 CDT families are invited to volunteer together at Jewish Family and Children's Services' Family Table program. (There is no religious school that day.) Up to 15 CDT families will meet at the Waltham JF&CS office at 11am to pack food for families in need. Packing takes about 30 minutes. Then you will drive and deliver the groceries to between one and three recipients. Deliveries should be completed no later than 1:30pm. Children of any age can help out. Would you like to join us?

#### PROGRAMS FOR FAMILIES WITH YOUNG CHILDREN

We are working on building connections between the Nitzanim/Gan program and other opportunities for young children and their families to connect to Jewish life



at Dorshei Tzedek. To that end, Morah Devora Rohr will be leading our Tot Shabbat programs once a month on Shabbat mornings, as well as our holiday related programming for young children.

#### UPCOMING TOT HOLIDAY PROGRAMS (for families with kids aged 0-5):

Pre-Pesach: March 29,

Second Church 4:00-5:00pm

Sunday Morning Parent Brunch

February 9

We will have a parent brunch hosted on a Nitzanim/Gan Sunday morning at JCDS for families with younger children (ages 0-3) to come and meet the Nitzanim families, hang out together (with their younger kiddos), and get to know the program and the space.

## Tikkun Olam

#### **ISRAEL-PALESTINE PEACE EVENTS**

### The Evolution of the Occupation and Its Impact on Everyday Life

**A three-session study group** began on Wednesday, January 29.

Session II: Beyond the Green Line: The Territories Since 1967 meets on February 26.

Please watch your email for further details and links to recommended readings and videos. This series is open to all members of CDT.

Session III, on March 25, will continue our study, focusing on "Turning Points: Governance, Rights, and Resistances" as we will look at descriptions, perspectives, and experiences at critical moments in Israeli-Palestinian relations, especially the 1987 and 2001 Intifadas, the Oslo Accords, and the creation of the separation barrier.

Our goal is to foster learning and understanding in an environment where we can explore different viewpoints within an open and respectful learning community. Materials for the session II will be posted on the website, but you are welcome to attend whether or not you have completed the readings.

#### PRISON BOOK PROJECT

Volunteer with the Prison Book Program at the United First Parish Church in Quincy on the first Tuesday of evennumbered months. Volunteers work at various tasks to respond to prisoners' requests for specific books and send them out. The Church is very close to the Red Line/Quincy Center stop, or volunteers can organize a carpool. CDT members can sign up in the Members section of the CDT website.

### Questions? contact **Barbara Shatkin** at **bfshatkin@aol.com**.

**NOTE:** An article in last month's newsletter on the UJIMA project was incorrectly attributed to **Ora Gladstone**. **Sandy Goodman** authored the UJIMA article and will be helping the UJIMA leadership team (**Alan Epstein, Mark Farber, Ora Gladstone** and **Jonathan Rosenthal**) with getting the word out as the congregation moves forward in our work with UJIMA.



### JOIN THE JERICHO WALKS IN BURLINGTON, MA

Every third Tuesday of the month at 1:00pm (3-2-1)

Next walk on Tuesday, February 18

March in Solidarity with those being mistreated by an inhumane immigration system.

The Jericho Walk is a silent interfaith prayer and act of solidarity. The walk draws inspiration from the Battle of Jericho, in which the community marched around the city of Jericho seven times, causing the city walls to fall.

The Jericho Walk of today is a silent, peaceful, and prayerful walk to bring down the walls of our unjust immigration system and is open to people of all or no faith.

Walks take place at the ICE offices in Burlington, MA (1000 District Avenue, Burlington, MA, 01803)

For anyone interested in taking part and carpooling from Newton (leaving at 12:30pm), or for additional information, feel free to contact **Amy Mazur** at **acmazur@comcast.net**.

### Community (continued)

to bring your Bambaggie or other reusable dishes.

#### LOGISTICS (continued)

Meeting and program set-up: If you are holding an event or meeting at CDT and would like help with setup or assembling supplies, please email requests to Administrative Associate Lidia Pruente (l.pruente@dorsheitzedek.org) at least two weeks in advance of the meeting. Thank you for understanding the need for advance notice! Storing congregant items & item donations: Due to space constraints in the Second Church, CDT is not able to store items belonging to congregants. If you'd like to leave an item for another member to pick up, items can be kept for short periods of time (a few days) in the church's lost and found basket, next to the coat rack, by the Mass Pike entrance. And of course, you may always arrange to meet each other in the building to do your exchanges.

And while we really do appreciate the thought, if you have anything to donate to

CDT, please ask a member of the CDT staff if they are needed, before dropping anything off. Thank you!

#### MOURNING AT CDT

As a reference, CDT members have created the brochure "Finding Comfort, Giving Support: A Guide to Mourning at Congregation Dorshei Tzedek," available on the resource table in our sanctuary and on our website http://dorsheitzedek.org/sites/

## **Nediv Lev**

There are many ways to financially support Congregation Dorshei Tzedek, including contributions to the General Fund or to targeted funds. The Rabbi's Discretionary Fund is not part of the congregation's operating expenses. Monies in this fund are used for tzedakah in the greater community, for special needs of the congregation (e.g., to buy books or help pay for an adult education program) and, most important, to help out congregants in need. The Jill Volk Teacher Development Fund provides scholarships for teachers in the Dorshei Tzedek Religious School to receive professional development and training. Jill was

one of the founders of our school and one of its first teachers; this fund allows her love of Jewish learning to continue to enrich our community.

We gratefully acknowledge the following contributions.

#### **GENERAL FUND**

Amy Becker-Mattes and Jeff Mattes—In honor of their grandson, Kalman Elya Mattes-Colt Lynne Brandon and Jyl Lynn Felman—In honor of the Chesed Committee, who saved them a great deal of time and effort, but most of all, worry and isolation Sue Fischlowitz and David Roberts

Sharon Gorberg—In memory of my beloved mother, Sylvia R. Gorberg Ricky and Rob Greenly—In memory of Lu-

cille Greenly

Melvin Schoenberg—In memory of Lewis Greenly

Debbie Isenberg

Linda and Peter Katz-In memory of Vivian Katz

Sue Lanser

Amy Mazur—In honor of the birth of Kalman Elya Mattes-Colt - Mazel Tov to Darya and Shahar!

Susan Sachs—In honor of the birth of Kalman Elya Mattes-Colt, son of Shahar Colt and Darya Mattes

Marjorie Salvodon and Mark Schafer—In honor of Cindy Rivka Marshall and Laurie

Goldman for leading us through a powerful midrashic storytelling of Vayigash Cindy Shulak-Rome and Dan Rome—In honor of 1) Lissy Medvedow for her continued, wonderful leadership of CDT; 2) Melissa Colten in appreciation for her new role as our community's 1st Executive Director; and 3) Lauren & Noah Hopton on the birth

#### JILL VOLK TEACHER DEVELOPMENT FUND

of their daughter, Ella Beatrice

Linda and Peter Katz—In honor of Kalman Elya Mattes-Colt

#### SCHOOL FUND

C. Anthony Broh—In Honor Of Kalman Elya Mattes-Colt, new born baby of Rabbi Shahar Colt Jamie Tessler—In Honor Of Lissy Medvedow, for her steadfast leadership and vision

**RETREAT FUND** 

HOLY BOOKS FUND

**BUILDING FUND** 

#### YAHRZEIT DONATIONS

Michele Arons—In memory of Gilbert Arons, for his first yahrzeit, which was in January David Reider and Gail Harris—in memory of Raphael Reider

#### SUPPORT CDT THROUGH AMAZON.COM

Buy your books, electronics, and whatever else, and support CDT at the same time! CDT is an Amazon Associate. When you click on the Amazon link on the bottom of the

CDT homepage at **www.dorsheitzedek. org**, a portion of any purchase you make will be contributed to Dorshei Tzedek. It's an easy way to support the congregation while doing the online shopping you were planning to do anyway.



#### CAMP HAVAYA FUND

#### **RABBI'S DISCRETIONARY FUND**

Annette Jacobs—In honor of Lidia's amazing help to the Welcoming Committee and in loving memory of her mother, Ada Jacobs, her father, Marcus Jacobs, her grandfather, Josef Loewenherz, and her best friend, Trudee Parenteau Sue Lanser Jo Radner Ruth Seidman Madeline Steinberg and Mitchell Feuer Jamie Tessler—In Memory of Stanley Shapiro, father of Peter Shapiro Hugh Wolff

## **CDT Calendar**

# February 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Shabbat Morning Services with Rabbi Shoshana Meira Friedman
2 Religious School Gr. 1-7 9:00am Board Retreat 11:30am	3 Phase III Exploratory Tech Committee Meet- ing 6:30pm to 7:30pm	4 Religious School Gr. 3-6 3:45pm to 5:45pm	5 Exploring the Bible 2:00pm	6 Mindful Mornings 8:30am to 9:15am	7 Shabbat Shira All- Ages Erev Shabbat Service / Potluck 6:00pm to 8:00pm	8 Shabbat Morning Service Shabbat Shira with Cantor Louise Treitman 9:45am to 12:00pm CDT Film Club: Disobedience 6:00pm
9 Religious School Gr. 1-7 9:30am to 12:00pm Parent Brunch for Kindergarten & under 10:00am to 12:00pm Parenting Through a Jewish Lens 10:15am to 11:45am GBIO Discussion 10:00am to 12:00pm	10 Tu B'Shvat Phase III Exploratory Tech Committee Meet- ing 6:30pm to7:30pm	11 Religious School Gr. 3-6 3:45pm to 5:45pm	12 Exploring the Bible 2:00pm Climate Action Gathering 7:30pm to	13 Mindful Mornings 8:30am to 9:15am	14	15 Shabbat Morning Service 9:45am to 12:00pm
16	17	18	19 Exploring the Bible 2:00pm	20 Mindful Mornings 8:30am to 9:15am	21	22 Shabbat Morning Services with Rabbi Jordan Schuster 9:45am to 12:00pm Tot Shabbat 10:45am to 12:00pm
23	24 Phase III Exploratory Tech Committee Meeting 6:30pm to7:30pm	25 Religious School Gr. 3-6 3:45pm to 5:45pm	26 Exploring the Bible 2:00pm IPPeace Study Group: Beyond the Green Line: The Territories Since 1967. Session II. 7:30pm	27 Mindful Mornings 8:30am to 9:15am	28	March 1 Shabbat Morning Service with Rabbi Shahar Colt 9:45am to 12:00pm

Unless noted otherwise, all Shabbat programs are held at the Dorshei Tzedek prayer space: 60 Highland Street in The Second Church of Newton, West Newton. No Fragrances, Please. So that Dorshei Tzedek events are accessible to all of our members and guests, we ask that people refrain from wearing fragrances (perfumes, scented oils, colognes, etc.) to all CDT events. While pleasant to some, fragrances can cause illness to those who are chemically sensitive. Thank you for your understanding and flowibility. your understanding and flexibility.

#### **KIDDUSH ASSIGNMENTS**

#### FEBRUARY 1, SHABBAT:

Kiddush Providers/Setup/Cleanup: Jeff Arnold / Debbie Waber (Captain) / Fran Malino / Gail Pressberg

#### FEBRUARY 7, FRIDAY EVENING, ALL AGES EREV SHABBAT & POTLUCK

Kiddush Providers/Setup/Cleanup: Elizabeth Roll (Captain) / David Roll / Ben Tillinger / Jodi Rosenbaum Tillinger

#### FEBRUARY 8, SHABBAT:

Kiddush Providers/Setup/Cleanup: Jeffrey Sacks (Captain) / Cheryl Sacks / Sherry Katz / Mark Farber

#### FEBRUARY 15, SHABBAT:

Kiddush Providers/Setup/Cleanup: Laura Katz / Cindy Marshall / Kathy Pillsbury / Laura Katz (Captain) / Joel Katz

#### FEBRUARY 22, SHABBAT:

Kiddush Providers/Setup/Cleanup: Ellen Lubell (Captain) / David Nathan / Miriam Bronstein—*In memory or Tamar Bronstein* / Rebecca Herst

#### FEBRUARY 29, SHABBAT:

Kiddush Providers/Setup/Cleanup: Laurie Goldman (Captain) / Allegra Heath-Stout / Vilunya Diskin / Robin Bernstein

Kiddush Note: The complete kiddush and holiday assignment schedule is available in the signups page on our website. Please remember to sign-in to the site to access the calendar as well as all member-specific information. When notified of your dates, please be sure to put them into your personal calendars. The whole congregation counts on your participation in kiddush and each assigned person is needed and expected to show up. Thank you! Parents of students in 5th, 6th, 7th & 8th grades, who generally help out with B'nei Mitzvah kiddush, ushering and sanctuary clean-up, can find their names listed on B'nei Mitzvah signup.

#### "A ROSE BY ANY OTHER NAME WOULD SMELL AS SWEET"

#### By Tony Broh

In the parashah this past Shabbat (January 25), the G-d of Abraham, Isaac, and Jacob revealed himself to Moses with a new name, which was a big deal. It made me think about Shakespeare's simpler query to us in Romeo and Juliet, "What's in a name?" Dr. Lawrence Rosenwald let us know his answer as he brilliantly wove together the Torah portion with a discussion of unwritten and unspoken names that have emotional and symbolic meaning.

But I focused on the parashah differently; greeting a person by name can be a reaffirmation of acquaintance, friendship, and commitment as YHVH described to Moses. Little could be more important symbolically in a community like Dorshei Tzedek.

So let me confess openly to a life-long shortcoming: I have trouble remembering names. A face can be as familiar as the back of my hand; but making the association with a proper noun for some reason just isn't as simple for me.

I have some techniques that help me address this problem. Before I attend a conference or meeting with people I know, I review the attendance list. When I conduct my own professional meetings with a large gathering, I download a photo of attendees and paste it on the official roster. Fortunately, people that attend conferences with me typically wear nametags; and if I am running the meeting, the first name is the largest font I can use to fit in the space. Oh, I'm farsighted, too.

I suspect others may have a similar problem since recalling the names of people and places becomes more difficult with age. So we might help each other with three easy steps:

Introduce yourself if others have not done so when you begin your part in services. Email a photo of yourself to Lidia Pruente, **l.pruente@dorsheitzedek.org**, so that she can post it in our gallery for others to see.

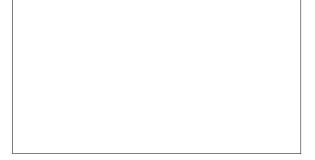
Like High Holidays, wear a name tag during Shabbat services and/or Kiddush.

They surely will help me and maybe newcomers and guests who actually don't know everyone yet.









# CDT PURIM CELEBRATION - SAVE THE DATE!

Monday evening, March 9, 2020, 7-9pm

FUUSN, 1326 Washington Street, West Newton

Join Rav Tiffany for an evening of humor, hamentaschen, megillah reading and, of course, the Spiel! Start planning your costume now - prizes for adults and kids! If you are interested in participating in the Purim Spiel, please contact Spielmeister **Sheree Galpert**.

