



# Congregation Dorshei Tzedek

An Affiliate of the Jewish Reconstructionist Movement

Av/Elul 5776

September 2016

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## Introspection and Examination

by Jen Kaplan



Photo: Party in the Park, August 2016. Photo by Jen Kaplan.

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**YOU MIGHT BE** reading this newsletter over Labor Day weekend, wondering how the summer went by so quickly (as if often does). Can this truly be the “last official” weekend of the summer and the beginning of the academic year? I am hoping that this summer provided you with some opportunities for relaxation and downtime with family and friends.

Our individual experience of a slower pace this summer contrasted with the upheaval and violence that befell various parts of the country, starting with the mass shooting in June at a gay nightclub in Orlando, where 49 people were gunned down. African Americans and police were killed in Baton Rouge and Dallas. I continue to feel dismay and disappointment at Congress’ lack of action and their unwillingness to create and vote on sensible gun control legislation to keep semi-automatic weapons out of the hands of individual citizens who have no business using them as well as providing important background checks (e.g. not selling guns at WalMart).

These current events perhaps provide a starting place for our individual reflection and preparation as we head into the High Holydays with Rosh Hashanah beginning

the evening of Sunday, October 2nd. The ten days that follow, the yamim noraim or Days of Awe, are an opportunity for us to reflect and examine how we've done in the past year. Some questions I will be asking myself include: Did I make time for my family and the important people in my life? Did I treat them well or take them for granted? Did I care for our natural resources and use them wisely? Was I ethical in my business dealings? Did I do my part for tikkun olam (repair of the world) by helping causes that are important to me?

The sounding of the shofar on Rosh Hashanah is a wake-up blast and a sobering reminder that the time is near for the Day of Atonement. It is a call to teshuvah - to returning to our best selves or making an effort to better who we are. What ways can I improve? How can my life be filled with more gratitude? What can I do to help others? How can I be a good/helpful daughter, mother, father, grandparent, friend, employee (fill in the blank)?

As we begin this period of introspection and examination of our lives, it is also the time to make amends with those we have wronged and ask for forgiveness. This is hard work, and I am taking this opportu-

nity to try to make things right and to commit to doing things better. For me, it's not about being closed out of the Book of Life but about being given another chance to work on things. I believe the slate is wiped clean, if we make the effort. Hard feelings and resentment build in a body. Reaching out with apologies can clean out the "gunk". I hope we can all join together to cleanse our minds, bodies, and hearts.

As we work on making ourselves and our world a little stronger, may your heart feel more at peace. In Pirke Avot (the Ethics of the Fathers), it is stated, "It is not for us to complete the work, but neither are we free to desist from it." May these yamim noraim be just the thing we need to jump-start our engines to help create more good in our world.

Susie, Jordana, and I wish each of you a Shana Tovah U'metukah, a good and sweet year.

B'shalom,  
Jen

## Rabbinic Liaison

The **Rabbinic Liaison Committee** exists to ensure the maintenance of a good working relationship between our rabbi and the congregation. While congregants are always welcome and encouraged to discuss questions or concerns directly with **Rabbi Toba**, they may at times feel more comfortable talking to the Rabbinic Liaison Committee. Issues raised by congregants are discussed confidentially and, when appropriate, are shared with the Rabbi in a constructive manner. To discuss a question or concern, contact **Cindy Shulak-Rome**, **Rabbinic Liaison Chair** at [cbsrome@comcast.net](mailto:cbsrome@comcast.net).



Photo: Alison Lobron, Carla Naumburg, Lauren Stefano, and Robyn Stefano at Party in the Park, August 2016. Photo by Jen Kaplan.

## CDT

Dorshei Tzedek is a Reconstructionist Congregation dedicated to creating a caring and inclusive community, and to enhancing Jewish practice and learning in the lives of our members.

## Board

### Staff:

Rabbi Toba Spitzer

Interim Religious School Director: Alison Lobron

Director of Congregational Learning: Rabbi Shahar Colt

Administrative Director: Marla Lichtman

Administrative Assistant: Shaena Grossman

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VP Membership: Melanie Adler

VP Education: Lisa Schneier

VP Leadership: Ellen Hemley

Secretary: Doron Gan

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Ehrlich, Ruth Paris, Nancy Gertz

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Chesed: Benita Danzing and Amy Westebbe

Communications: TBA

Nediv Lev: Mark Paley

Newsletter: John Holohan

Ritual: Marion Ross and Laurie Goldman

Rabbinic Liaison: Cindy Shulak-Rome

Space: Ezra Hausman

Tikkun Olam: Bonnie Tenneriello

Website: Dan Halbert

Welcoming: Melanie Adler and Allison Hausman

## Newsletter

The CDT Newsletter is published monthly with a July-August summer issue. Email articles, events, and photos to [dtnews@dorsheitzedek.org](mailto:dtnews@dorsheitzedek.org). Usually the deadline is the 10th of the month for the following month's issue. For questions, email us at the same address.

**Volunteer Staff:** John Holohan (chair), Josette Akresh-Gonzales, Barry Ingber, Barbara Pittel, Vivienne Shein (photographer), Emily Shumsky, Michael Singer.

# Shabbat and Holidays

## ALL-AGES EREV SHABBAT SERVICE & OPEN HOUSE

Friday, September 2

6:00pm candle-lighting & potluck dinner,  
6:45pm service

Join us for this fun, musical, all-ages celebration of Shabbat! We are also welcoming all those who might be interested in Dorshei Tzedek and our children's education program for the coming year, so bring a friend! We'll begin with candle-lighting and the Shabbat blessings at 6 pm, followed by a vegetarian potluck dinner (please bring a main dish or salad, enough for 15-20 people; drinks and dessert provided). Services begin at 6:45pm, and we'll end with an Oneg Shabbat at 7:30pm.

## LABOR DAY SHABBAT

Saturday, September 3

9:45am-noon

On this Labor Day Shabbat, join us and reflect on the meaning of work in our lives, and who we are as workers, employers and consumers. Dr. Robert JS Ross (husband of CDT member Marion Ross) will be a special guest speaker, sharing his own connections to the labor movement, and how we all are affected by the injustices exacted on those who have not been empowered as workers. Bob is Research Professor of Sociology at the Mosakowski Institute for Public Enterprise at Clark University. The son of a teacher and a garment worker and the grandson of garment workers, he is Vice-President of the Sweatfree Purchasing consortium, an organization of nineteen cities and states which are working to remove sweatshop labor from the supply chains of their public purchasing of uniforms. The author of *Slaves to Fashion: Poverty and Abuse in the New Sweatshops*, Bob has written extensively on the global apparel industry and labor conditions and workers' rights in it.

Also on this Shabbat, we will be celebrating Rosh Hodesh with the singing of Hallel, and celebrating the naming of Phineas Leonard Hennessy, grandson of Debbie Waber, son of CDT "graduate" Abigail Waber and her husband Peter Hennessy.

## GOT SHABBAT?

Saturday, September 10

9:45am-Noon

Kids and adults and everyone in between are invited to join us for this Elul-themed Shabbat morning experience! We gather together with Rabbi Toba for morning

songs and blessings at 9:45am, followed by workshops for all ages including Tot Shabbat, Elul study with Rabbi Toba, a drumming circle with special guest Shira Moss, a special all-ages activity with Rabbi Shahr, and more! Following services, we will join together for kiddush lunch. Tell a few friends and bring them along!

# THE DAYS OF AWE

## SELICHOT: BEGINNING THE JOURNEY

Saturday evening, September 24, 8:00-10:00pm

60 Highland Street, Room 111

We kick off the High Holydays season with our sister Reconstructionist congregations, Hillel B'nai Torah and Shir Hadash, with a Saturday evening Selichot program, including:

8:00pm Havdallah, dessert and schmoozing

8:30pm Crafting Your Kavanah (Intention) for the Year, with Laurie Goldman

In this workshop, we'll use the power of the Hebrew language to craft our personal kavanah or intention for the year (no knowledge of Hebrew necessary to participate!) Laurie Goldman, Ph.D. has paid close attention to words and the lessons they illuminate as a researcher, organizational consultant, community activist, and Torah learner. She teaches in the Department of Urban and Environmental Policy and Planning at Tufts University and is a CDT member.

9:30pm Music and meditations for teshuvah, "turning/return"

## ROSH HASHANAH & YOM KIPPUR

Gann Academy, Waltham

Sunday October 2nd, 7:45 pm

We welcome our members and the larger Jewish community to our High Holydays services, held at Gann Academy in Waltham, MA. Rosh Hashanah begins the evening of Sunday, October 2, at 7:45pm. For a full schedule of services and children's programming, please go to <http://dorsheitzedek.org/high-holydays>. While we do not want finances to be an obstacle to anyone's participation, we do rely on contributions from our guests, as well as fees for childcare, to cover the considerable expense involved in our High Holydays programming. All non-members who pre-register for services will have a name tag awaiting!

*Unless noted otherwise, all Shabbat programs are held at the Dorshei Tzedek prayer space: 60 Highland Street in the Second Church of Newton, West Newton. Shabbat morning services are held weekly, starting at 9:45 am. Free childcare is available during Shabbat morning services in room 112. For the comfort and health of our members and guests, we ask everyone attending our services to avoid wearing fragrances (perfume, cologne, hair and body sprays).*

# Community

## MAZEL TOV

To Beth and Jeff Green and their entire family on the birth of Evie Adira Silver, born June 23rd!

To Emily Sper on the publication of her two new children's books: *What On Earth Can We Do?*, an environmental primer for young readers, and *Follow the Yarn: A Book of Colors*, a presentation of all the colors under the playful paws of a mischievous black cat (CDT's feline member Batman Wilcox-Warren!). Emily will be presenting *Follow the Yarn* at Newtonville Book's Storytime on Sept. 18 at 2 pm. There will be cupcakes! Be sure to wear your favorite color. You can see both books at [emilysper.com](http://emilysper.com).

## TODAH RABBAH

A huge "todah rabbah" to Danny Shain, for chairing the newsletter volunteer staff these past two years, making sure a wonderful newsletter was ready every month! And good luck to Danny and Caitlin as they make Sharon their new home (we will miss you!).

Todah Rabbah to everyone who helped with kiddush or holiday programs in July and August:

Ellie Goldberg—in memory of Theresa Koenigsberg & Leola Michaels, Lauren Stefano, Debbie Waber, Andrew Stefano, Sarah Hartman, Laurie Gould, Karen Arnold, Wendy & Charles Frankston, Allison Andrews, Linda & Peter Katz, Erica Streit-Kaplan.

## NEW MEMBERS

We welcome new member **Reva Kasman**. A native of Toronto, Reva has lived in the Boston area since 2007. She has been attending Shabbat services fairly regularly at CDT and feels the services fit well with where she is in her life right now. She is looking forward to the opportunities for Jewish learning and participating in social justice projects.

# CDT Events

## WISE AGING

*Mondays, November (dates to be announced)*

Marion Ross and Louise Enoch will once again be offering the "Wise Aging" group. Based on a curriculum developed by the Jewish Institute for Spirituality, the group offers participants the opportunity to explore topics related to aging, as well as to develop a spiritual approach to the challenges of the later years. Designed for anyone over 60, the group uses discussion, texts, meditation, and self reflection to build a foundation for joy and resilience. Learn more about the potential for growth that the years ahead can offer, while deepening relationships among group members. Come join us! Let Marion or Louise ([lpenoch@rcn.com](mailto:lpenoch@rcn.com) or [marikal50@hotmail.com](mailto:marikal50@hotmail.com)) know if you are interested or if you have any questions.

# Jewish Community Events

## LIMMUSBOSTON COMING

*December 4th*

Plan to attend LimmudBoston, the annual, volunteer-driven conference celebration of everything Jewish, which will be at Temple Reyim and Mayyim Hayyim on December 4th. Everyone is a learner at LimmudBoston, and anyone may offer a session. Last year's ticket price remains in effect through September. Session proposals are due by September 15. See [www.LimmudBoston.org](http://www.LimmudBoston.org) for more information

## YAD CHESSED: A COMMUNITY CELEBRATION—HONORING THE PAST AND INSPIRING THE FUTURE

*Sunday, September 18*

*Reception 4 to 5pm, Speaker 5:15pm, Temple Aliyah, Needham, MA*

Josh Zakim, Boston City Councilor, will be the keynote speaker.

## THE ALAN TEPEROW UNITY MISSION TO NEW YORK CITY.

*Sunday, November 20 & Monday, November 21*

Interested in a transformational journey with a diverse group of travelers to major Jewish institutional centers in New York City? Learn about the similarities and differences across the streams of Judaism. Keep an eye out for details and registration information.

Please notify the Newsletter of life cycle events, significant accomplishments, or other moments you would like to share with the community.



# Learning

## ELUL: PREPARING FOR THE HIGH HOLYDAYS

with Rabbi Toba Spitzer

Wednesday evenings: September 7, 14, and 21, 7:30-9:00pm

In rabbinic tradition, the month of Elul—the 4 weeks leading up to Rosh Hashanah—is an auspicious time for personal reflection and transformation. In this class, we will explore some of the themes of the High Holydays, studying a variety of Jewish texts and thinking together about how to make meaningful changes, whether big or small, in our lives. This workshop is free and open to the community; please join us!

## MINDFUL MORNINGS

Thursday mornings, 8:30-9:15am

60 Highland Street, Library

This weekly gathering combines guided and silent meditation to develop our capacity for mindful awareness, helping us cultivate qualities of patience, gratitude, clarity and compassion. This month, Rabbi Toba will lead an Elul-themed session on September 1, and **Karen Arnold** will lead a meditation based on the weekly Torah portion on Sept. 8. At other sessions, **Carole Slipowitz**, **Laya Steinberg**, and other group members will facilitate the meditation. All are welcome, whatever your level of experience (or lack thereof!). No need to make a weekly commitment; join us when you're able! For more information, please contact [mindful-mornings@dorsheitzedek.org](mailto:mindful-mornings@dorsheitzedek.org).

## RELIGIOUS SCHOOL NOTES

First day of religious school is Sunday, September 18th. Mark your calendars!

## PARENT LEADERSHIP AT THE CDT SUNDAY SCHOOL

By Rabbi Shahar Colt, Director of Congregational Learning

On the last Sunday of our education program in the spring, parents were invited to participate in one of four facilitated conversations. The topics for these conversations came out of themes that had been

raised by members of the CEC (Children's Education Committee) and other parents over the course of last year: inclusion for all students, adult learning/programming on Sunday mornings, supporting family Shabbat practice, and social programming/community building.

I was energized to see how many parents found a topic to engage with! The room was buzzing with all sorts of ideas, many of which will lead to changes or new opportunities in the coming year:

- **Sunday morning Adult Learning:** In addition to parent learning sessions led by myself and **Rabbi Toba**, there will also be programming led by members of the community around their own areas of expertise. For example, keep your eyes peeled for Jenny Sartori's presentation about her research on interracial adoption and Jewish identity. These programs are open to the whole community.

- **Supporting the learning needs of all our students:** The inclusion committee has been hard at work! They met again over the summer, and are making progress in many directions, touching on topics both in and outside the classroom—such as food and allergen awareness. We are excited that **Alison Lobron** will be working as the school's inclusion coordinator to streamline the process of supporting the learning needs of all our students.

- **Parent-led meet-ups:** The social programming group discussed having parent-led meet-ups for families on Sunday afternoons—"lunch and a plan." More info coming soon for these events.

- **Practice Shabbat as a family:** A group of families has expressed interest in exploring how to practice Shabbat as a family, both at Dorshei Tzedek and at home. This group intends to meet roughly monthly to explore Shabbat practice in different ways. If you are interested in being involved, please let me know. (The children do not need to be in the Dorshei religious school to participate.) As I think about all these different initiatives, I am so inspired by the ways Dorshei parents are committed to the growth and

improvement of the CDT education experience. It is only possible with all of us working together. I look forward to seeing everyone again soon!



## MEET THE NEW SCHOOL ASSISTANT

My name is **Lidia Pruento** and I am the new school administrative assistant. I am very excited to be joining

the Dorshei Tzedek community. I grew up in Newton and studied religion and history at Cornell College in Iowa (no, not the one in Ithaca). Since graduation, I've worked as a baker and Girl Scout camp counselor, and like to spend as much time as possible in the woods hiking, reading, or making pies over the campfire.

Growing up in Newton, I have heard a lot about Dorshei Tzedek's great reputation as a welcoming community and a social justice oriented congregation. I look forward to getting to know community members and families, both as a member of the congregation and in my work at the Sunday school. I will be communicating with parents about volunteer tasks, snack sign ups, and attendance, and will be present in the office on Sunday mornings. If you have any questions, I can be reached at [schoolassistant@dorsheitzedek.org](mailto:schoolassistant@dorsheitzedek.org).

## FREE YOUTH MENTAL HEALTH FIRST AID TRAININGS

Sundays, September 11 and 18, 12:30pm-4:30pm

Thanks to a grant administered through the city of Newton, Dorshei Tzedek, FUSN, and several other local faith communities are co-hosting Youth Mental Health First Aid Trainings. These eight-hour trainings are free, and directed towards any adult who has any contact with youth, not only youth professionals! This is a valuable opportunity for anyone who has children or youth in their family or extended family, neighborhood, or work environment. Please contact **Rabbi Shahar** ([dcl@dorsheitzedek.org](mailto:dcl@dorsheitzedek.org)) for more information.

# Chesed

Our congregation values chesed, acts of loving-kindness. The Chesed Committee coordinates our community's response for members who are in need of support, such as at the time of a birth or adoption, illness, death, or other significant life change. Some of the types of things we coordinate include meals, grocery shopping, and transportation to a medical appointment.

## CHESED RECIPES AND SPECIAL INGREDIENTS

By Ellie Goldberg

To take the guesswork and stress out of Chesed, the Coordinators ask about a member's food preferences and allergies to add to the notes section in the task description on CDT's LotsaHelpingHands website. We also encourage emails or phone calls between the volunteers and recipient families.

On the CDT Chesed Committee webpage we will be posting recipes and suggestions for meals and food baskets. (See <http://dorsheitzedek.org/chesed-caring-community>) A food basket of clearly labeled store bought items is very helpful to folks who need to avoid gluten, nuts, dairy and other allergenic foods.

We hope that the CDT community will contribute favorite recipes and food sources, favorite GF or Nut Free items, and suggestions for websites so we can all learn from each other. Forward to the Chesed Committee at [chesed@dorsheitzedek.com](mailto:chesed@dorsheitzedek.com). To start the process, here are some food sources and recipes.

### Food Sources:

Blacker's Bakery Kosher/Pareve (dairy free) and nut-free bakery with vegan options  
<http://www.blackersbakeshop.com/>

Harriet's Bakery (GF)  
<http://www.harrietsbakery.com/products/>

Trader Joe's Gluten Free (GF) Information  
<http://www.traderjoes.com/dietary-lists/gluten-free>

Trader Joe's Vegan (V+) List

<http://www.traderjoes.com/dietary-lists/vegan>

Vegetarian (V)  
<http://www.howsweeteats.com/recipes/vegetarian/>

Vegan (V+)  
<http://www.howsweeteats.com/recipes/vegan/>

### Recipes:



#### (V) Easy Mexican Black Bean Salad (Elaine Landes)

##### Ingredients:

2 cans black beans, drained  
1 can corn, drained  
1 can diced tomatoes, drained  
3 scallions, chopped  
chopped fresh cilantro  
salt, pepper, cumin, chili powder to taste

##### Instructions:

- Mix all together in bowl.
- Add red wine vinegar to taste and mix well, chill.
- Double all ingredients to make a larger amount



#### (V) Gilda's Sesame Noodles (Chagit Steiner)

Includes peanuts and sesame

##### Ingredients:

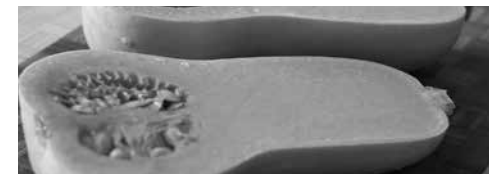
1/2 cup brewed tea  
1/4 cup sesame paste  
1/2 cup crunchy peanut butter  
1 Tablespoon Chili oil  
1 lb thin spaghetti noodles  
2 Tablespoons sugar

3/4 cup light soy sauce  
1/2 cup sesame oil  
2 Tablespoons minced garlic  
1/2 cup red wine vinegar  
2 Tablespoons rice vinegar  
2 cups chopped scallions

##### Instructions:

- Combine all ingredients except scallions and spaghetti until the clumps are smooth. Don't overblend.
- Cook spaghetti.
- Mix together.
- Top with scallions.
- Serve cold.

(Modifications: Use less garlic and less oil. Leave out the scallions for a more kid friendly version.)



#### (V) Baked Delicata Squash (Ellie Goldberg)

Plan 2 servings per 8 inch squash.  
Goes well with bulghur, quinoa or brown rice.

##### Instructions:

- Wash squash. Slice in half. Scoop out seeds. Butter a baking sheet or spray with coconut oil.
- Place squash halves face down.
- Bake at 350 degrees until soft and the edges of the squash are caramelized.
- Lightly salt hot squash.
- Put a dollop of Labne (Kefir Cheese) in the center and sprinkle with toasted sesame seeds, pistachios, or sliced toasted almonds. Alternative: Slice squash crosswise into thin rounds and arrange on a buttered baking sheet. Bake until caramelized.

Rabbi Toba is available to talk about any spiritual, religious, or personal issues that you might want to discuss. To schedule an appointment, please contact her (confidentially) at [rabbi@dorsheitzedek.org](mailto:rabbi@dorsheitzedek.org) or 617-965-0330. She does not check email or voicemail on Shabbat (Friday evening through Saturday evening) or on Mondays

(her day off). For congregants experiencing financial difficulties, help is available through the Rabbi's Discretionary Fund. This fund is administered solely by the rabbi and is completely confidential.

The Chesed Committee would like to thank everyone who did acts of Chesed last month.

The Chesed coordinators for September are **Benita Danzing** and **Amy Westebbe**. Contact them at [chesed@dorsheitzedek.org](mailto:chesed@dorsheitzedek.org).

We post Chesed tasks online on the Lotsa-HelpingHands (LHH) calendar.

Sign up for LHH at <http://tinyurl.com/SignUpLHH>

Forgot your LHH password? Go to <http://tinyurl.com/GetPsWrdLHH>

#### REFUAH SH'LEYMAH

We send blessings for healing to **Ruby Weinberg**, **Mark Schafer**, **Marjorie Salvadon**, and **Dan Karp**.

#### CONDOLENCES

We extend our deepest sympathies to **Ben Dash** and **Sara Cohen Dash**, on the death of Ben's mother, Janet Dash; may her memory be for a blessing.

We extend our deepest sympathies to **Danielle Klainberg** and **Mark Rosenberg**, on the death of Danielle's father, Bernard Klainberg; may his memory be for a blessing.

#### YAHARZEIT

This month, we remember CDT member **Debbie Sher**, whose 5th yahrzeit falls on September 17; we will be remembering her at Shabbat morning services that day. May her memory be for a blessing.

#### MOURNING AT CDT

As a reference, CDT members have created the brochure "Finding Comfort, Giving Support: A Guide to Mourning at Congregation Dorshei Tzedek," available on the resource table in our sanctuary and on our website under: <http://dorsheitzedek.org/sites/default/files/managed/mourning-2010.pdf>.

# WANTED

## Editor and Designer for CDT Newsletter Committee

The newsletter committee is in need of an additional volunteer designer and editor to help produce the monthly newsletter. This is a great chance to contribute to Congregation Dorshei Tzedek and even learn a new skill!

The responsibilities break down as follows:

- As a designer, you would be responsible for the layout of the newsletter. You would be trained in Adobe InDesign by one of our current designers, which makes it a great opportunity for anyone who is interested in gaining that skill for personal or professional reasons, or for existing designers to keep their skills sharp.
- As an editor, you would be responsible for collecting, categorizing and editing newsletter submissions. You don't need any special software for this, just a great eye for grammar and spelling.

Though the newsletter comes out monthly, you would be joining a team and only be needed for a short time once every 3 to 4 months. I'd be more than happy to answer any questions or go over the positions in more detail with anyone who is interested. Looking forward to hearing back from you!

Thanks!

John Holohan  
Volunteer newsletter chair



# Tikkun Olam

## HELP CREATE MORE AFFORDABLE HOUSING THROUGH THE COMMUNITY PRESERVATION ACT (CPA)

By Esther Kohn

This past May, about twenty CDT members participated in a Greater Boston Interfaith Organization (GBIO) action of over 900 people focused on affordable housing, rising health care costs, and gun violence. Boston area residents told stories of how these challenges have impacted their lives. On the affordable housing issue, we heard from people whose families have lived in Boston for generations, but who can no longer afford to stay in their neighborhoods, or in any neighborhood in Boston. The good news is...we can actually do something about this. On November 8, Boston residents will have a chance to vote YES for the CPA (Community Preservation Act), a state program that would allow Boston to raise money for affordable housing, parks and recreation, and historic preservation through a 1% surcharge on property taxes. The average homeowner would pay about \$24 per year.

Since it was passed in 2000, 161 Massachusetts cities and towns have voted to join CPA, and have raised a total of \$1.4 billion statewide to create thousands of affordable homes, develop parks and playgrounds, and rehabilitate historic buildings. In 2002, Cambridge voted to participate and since then has raised \$143 million dollars, 80% of which has gone for affordable housing. We hope that happens in Boston this time around.

This is a tremendous tikkun olam opportunity with a definable, attainable goal. Join the effort to confirm YES votes from Boston residents. We have a team at CDT to organize a get-out-the-vote effort. If you know Boston residents who might vote yes, please contact Lauren Gibbs ([ladarelg@verizon.net](mailto:ladarelg@verizon.net)) or Esther Kohn ([estiekohn@gmail.com](mailto:estiekohn@gmail.com)) We hope many of you will join us at the GBIO kick-off action on September 13 at 7 pm, location TBD.

## VOLUNTEER FOR THE PRISON BOOK PROGRAM

By Barbara Shatkin

*Tuesdays: September 6, November 1 (more to come)*

*6:30-9:00 pm*

*Basement of United First Parish Church,  
1306 Hancock St., Quincy*

Volunteer with the Prison Book Program at the United First Parish Church in Quincy on the first Tuesday of odd-numbered months from 6:30–9:00 pm. Volunteers work at various tasks to respond to prisoners' requests for specific books and send them out. The church is very close to the Red Line (Quincy Center) stop or volunteers can organize a carpool.

Contact **Barbara Shatkin** at [bfshatkin@aol.com](mailto:bfshatkin@aol.com) with questions.

## THE GARDEN PROJECT: CDT AND FUSN TO GROW FOOD FOR LOCAL FOOD PANTRIES

By Laya Steinberg

Despite extremely dry conditions and extremely thirsty and clever rabbits who have taken a liking to tomatoes for the first time, we continue to harvest food for the Newton Food Pantry and Waltham soup kitchen. We've donated over 70 pounds of produce and will continue to harvest vegetables into the fall. Volunteers still welcome and appreciated, as we wind down and plan for next year. If you'd like to be involved in some way: planting, watering, weeding, harvesting or delivering, please get in touch with Laya Steinberg at [lasword@rcn.com](mailto:lasword@rcn.com). No experience necessary and no long-term commitment needed—come for an hour, an afternoon or all summer! There are plenty of tasks for those that don't dig the digging! Families welcome, especially fun for kids!



Photo: CDT Garden. Photo by Laya Steinberg.



# Nediv Lev

## AN UPDATE FROM NEDIV LEV CHAIR MARK PALEY

Thank you, thank you, thank you to all who contributed to the 5776 Nediv Lev campaign! Our goal was \$75,000, and we exceeded it with a final tally of \$75,620! A whopping 185 households (out of 200 total) contributed to the Campaign (that's 37 more people and \$2,725 more dollars than last year!). Yasher koach to all of us for raising these much-needed funds for the community.

There are many ways to financially support Congregation Dorshei Tzedek, including contributions to the General Fund or to targeted funds. The Rabbi's Discretionary Fund is not part of the congregation's operating expenses and is administered solely by the rabbi. Monies in this fund are used for tzedakah in the greater community, for special needs of the congregation (e.g., to buy books or help pay for an adult education program), and, most important, to help out congregants in need. The Jill Volk Teacher Development Fund provides scholarships for teachers in the Dorshei Tzedek Religious School to receive professional development and training. Jill was one of the founders of our school and one of its first teachers; this fund allows her love of Jewish learning to continue to enrich our community.

We gratefully acknowledge the following contributions.

### GENERAL FUND

Anna Agranovich  
Deborah Albenberg and Audra Karp—*In memory of Gina Fried*  
Allison Andrews and Arthur Lent  
Jacqui Bloomberg  
Amy Brodesky and Rex Flynn—*In memory of Gina Fried*  
Cary Coen—*In honor of Sara and Ben Dash opening their new business; in honor of Eli Coen Tarbox, on the occasion of his Bar Mitzvah*  
Louise Enoch and Alan Epstein  
Meryl Epstein and Trish Nuzzola—*In memory of Gina Fried*  
Beth and Jeffrey Green—*In honor of the birth of our granddaughter, Evie Adira Silver, to Elana and Jason Silver*  
Doug Hersh—*In memory of Gina Fried*  
Deborah Isenberg  
Steffi and Eric Karp  
Howard Levy & Gareth Levy—*In honor of Shahar Colt's ordination*  
Diana Perretta—*In memory of Fred and Helen Herstein*  
Elaine Pollack  
Pamela Schoenberg and Joel Reider—*In memory of Gina Fried*  
Susan Silberberg—*In memory of Ross Silberberg*

Ann Spanel  
Nessa Spitzer  
Rabbi Toba Spitzer—*With profound appreciation to the CDT staff, Board, and off-Board chairs, for their leadership and support during a difficult year*  
Erica Streit-Kaplan—*In memory of Irving Streit and Blanche Harris Streit*

### CAMP JRF FUND

### RABBI'S DISCRETIONARY FUND

Sharon Gorberg & John Holohan—*With gratitude to Rabbi Toba for her leadership on the CDT trip to Israel this summer.*

### SCHOOL FUND

### RETREAT FUND

### HOLY BOOKS FUND

### JILL VOLK TEACHER DEVELOPMENT FUND

### BUILDING FUND

## Support CDT Through Amazon.com



Buy your books, electronics, and whatever else, and support CDT at the same time! CDT is an Amazon Associate. When you click on the Amazon link on the bottom of the CDT homepage ([www.dorsheitzedek.org](http://www.dorsheitzedek.org)), a portion of any purchase you make will be contributed to Dorshei Tzedek. It's an easy way to support the congregation while doing the on-line shopping you were planning to do anyway!

# CDT Calendar

# September 2016

| SUNDAY  | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  | SATURDAY   |
|---|---|---|--|---|---|--|
|   |   |   |  | 1<br>Mindful Mornings<br>60 Highland Street:<br>Library<br>8:30 am to 9:15 am | 2<br>All-Ages Erev Shabbat<br>Service / Potluck<br>60 Highland Street:<br>Kitchen, Fellowship<br>Hall, Sanctuary<br>6:00 pm | 3<br>Labor Day Shabbat Morning Service<br>9:45 am to 12:00 pm<br><br>Kiddush Lunch<br>1:00 pm  |
| 4<br>Labor Day  | 5<br>Tikkun Olam: Prison<br>Book Program<br>United First Parish<br>Church Quincy, MA<br>6:30 pm to 9:00 pm                        | 6<br>CDT Sings! (High<br>Holyday choral group)<br>Rehearsal<br>60 Highland Street<br>Newton: Room 111<br>7:30 pm<br><br>High Holiday Prepara-<br>tion Class<br>60 Highland Street<br>Newton: Library<br>7:30 pm to 9:00 pm        | 7<br>Mindful Mornings<br>60 Highland Street:<br>Library<br>8:30 am to 9:15 am  | 8   | 9   | 10<br>Got Shabbat? (Including Tot Shabbat)<br>9:45 am to 12:00 pm<br><br>Kiddush Lunch<br>1:00 pm<br><br>CDT Sings! (High Holyday choral group)<br>Rehearsal<br>60 Highland Street Newton: Living Room<br>12:45 pm |
| 11  | 12  | 13<br>High Holiday Prepara-<br>tion Class<br>60 Highland Street<br>Newton: Room 111<br>7:30 pm to 9:00 pm<br><br>CDT Sings! (High<br>Holyday choral group)<br>Rehearsal<br>60 Highland St. New-<br>ton: room/space TBD<br>7:30 pm | 14<br>Mindful Mornings<br>60 Highland Street:<br>Library<br>8:30 am to 9:15 am | 15  | 16  | 17<br>Shabbat Morning Service<br>9:45 am to 12:00 pm<br><br>Kiddush Lunch<br>1:00 pm   |
| 18<br>First Day of Religious<br>School for Nitzanim-<br>Zayin (Pre-school-Gr.<br>7)<br>Meets at Jewish Com-<br>munity Day School,<br>57 Stanley Avenue,<br>Watertown, MA<br>9:30 am to 12:00 pm | 19<br>First Day of Reli-<br>gious School for<br>Gr. 3-6<br>FUSN 1326 Wash-<br>ington St. West<br>Newton, MA<br>3:45 pm to 5:45 pm | 20<br>CDT Sings! (High<br>Holyday choral group)<br>Rehearsal<br>60 Highland St. New-<br>ton: Room 111<br>7:30 pm<br><br>High Holiday Prepara-<br>tion Class<br>60 Highland Street<br>Newton: Library<br>7:30 pm to 9:00 pm        | 21<br>Mindful Mornings<br>60 Highland Street:<br>Library<br>8:30 am to 9:15 am | 22  | 23  | 24<br>Shabbat Morning Service<br>9:45 am to 12:00 pm<br><br>Kiddush Lunch<br>1:00 pm<br><br>Selichot<br>8:00 pm  |
| 25<br><br>OCT 2<br><br>Rosh Hashanah<br>7:45pm, Gann Academy,<br>Waltham<br><br><a href="http://dorsheitzedek.org/high-holydays">http://dorsheitzedek.org/high-holydays</a>                     | 26  | 27<br>CDT Sings! (High<br>Holyday choral group)<br>Rehearsal<br>60 Highland St. New-<br>ton: Living Room (or<br>Rm 111)<br>7:30 pm  | 28<br>Mindful Mornings<br>60 Highland Street:<br>Library<br>8:30 am to 9:15 am | 29  | 30  | OCT 1<br>Shabbat Morning Service<br>9:45 am to 12:00 pm<br><br>Kiddush Lunch<br>1:00 pm  |

# Kiddush Assignments

**SEP 2** Shabbat: Carla Naumburg, *in memory of Leda DiCapi* / Carol Sklar, *in memory of Frances Sklar* / Emily Mathis / Sarah Birkeland

**SEP 3** Labor Day Shabbat: Matt Fried, *in memory of Arthur Fried & Jonathan Levine* / Alice Markowitz & Rick Glassman / Willa Kuh

**SEP 10** Got Shabbat? (Including Tot Shabbat): Polly Crozier & Jessica Keimowitz, *in memory of David Keimowitz Crozier* / Dianne Lior / Jodie Siegel / Barbara Beck, *in memory of Irving & Edith Beck, & Stephen Beck* / Amy Mazur, *in memory of Rhoda & Marvin Mazur* / Meryl Epstein & Trish Nuzzola

**SEP 17** Shabbat: Rachel Nemeth Cohen & Richard Cohen / Beth Brooks / Esther Kohn

**SEP 24** Shabbat: Sharon Sevransky / James Kaplan / Becca Gutman / Alyssa Cohen

**OCT 1** Shabbat: Steffi Aronson Karp & Eric Karp / Susan Bernstein / Janet Boguslaw

**Kiddush Note:** The complete kiddush and holiday assignment schedule is available in the members' calendar on our website. When notified of your dates, please be sure to put them into your personal calendars. The whole congregation counts on your participation in kiddush and each assigned person is needed and expected to show up. Thank you!

Parents of students in 5th, 6th, 7th and 8th grades, who generally help out with B'nei Mitzvah kiddush, ushering and sanctuary clean-up, can primarily find their names listed on B'nei Mitzvah dates.

No Fragrances, Please. So that Dorshei Tzedek events are accessible to all of our members and guests, we ask that people refrain from wearing fragrances (perfumes, scented oils, colognes, etc.) to all CDT events. While pleasant to some, fragrances can cause illness to those who are chemically sensitive. Thank you for your understanding and flexibility.



Photo: Party in the Park, August 2016. Photo by Jen Kaplan.



**Congregation Dorshei Tzedek**

60 Highland St.  
West Newton, MA 02465

Address correction requested



## Upcoming

### Selichot

*Beginning the Journey — Saturday evening, September 24, 8:00pm*

Kick off the High Holydays season with our sister Reconstructionist congregations, Hillel B'nai Torah, and Shir Hadash, with a Saturday evening Selichot program about crafting our personal kavanah (intention).



Photo: High HolyDay Services at Gann Academy, Waltham. Photo by Vivienne Shein.

### Rosh Hashanah & Yom Kippur

*Sunday evening, October 2nd, 7:45pm, Gann Academy, Waltham*

Join us for the High Holydays. For a full schedule of services and children's programming, visit <http://dorsheitzedek.org/high-holydays>.