

## SHABBAT MATTERS

### Friday, March 1

5:48 pm Candles  
5:55 pm Mincha /  
Maariv - Sanctuary

### Shabbat, March 2

7:30 am Hashkama Minyan - Beit Midrash  
8:10 am Chumash/Rashi Shiur:  
Melech Halberstadt - Room 106  
9:00 am Shacharit - Sanctuary: Rabbi Taylor  
9:00 am Shacharit - Sisterhood  
9:30 am Shacharit - Beit Midrash: Rabbi  
Anstandig  
9:45 am Youth Programs  
9:45 am Teen Minyan

9:40 am Latest time to say Shema

10:30 am Teen Girls Parsha Chat with Yakira  
Gasner - Youth Lounge

11:30 am Congregational Kiddush - Banquet Hall\*

11:45 am Shiur with Prof. David Novak -  
Beit Midrash

5:35 pm Mincha - Sanctuary

5:55 pm Seudah Shlishit - Sisterhood Hall\*

6:54 pm Shabbat Ends

\* Pareve from the dairy kitchen

### Torah Reading:

Shemot 30:11-34:35  
Hertz P. 352  
Stone P. 484

### Haftarah:

I Melachim 18:1-39  
Hertz P. 369  
Stone P. 1160

## ISRAEL MATTERS

- Welcome back to Rabbi Taylor, Chazzan Freund and all the participants of Shaarei Shomayim's Mission to Israel.
- Join a community-led rally on March 4 at 11:30 am** to mark 150 days the hostages have been held in captivity by Hamas. The rally will take place at 4100 Yonge Street. Register at: [gdalitr@hotmail.com](mailto:gdalitr@hotmail.com)
- March 10 - **Shuk to the Core**: an event to support artists and vendors from Israel. See page 4 for more details.
- We ask you to please continue to pray for the safety of, and perform mitzvot in the merit of hostages, fallen soldiers, and those still serving.  
Fallen soldiers' names can be found here: <https://bit.ly/3SsxakA>  
Information about the hostages can be found here: <https://bit.ly/3tJ6Y4t>
- If you are travelling to Israel and are willing to help by taking a bag of aid or items requested by the IDF**, please let the office know and we can put you in touch with people and/or organizations in our area looking for volunteers.
- Mizrachi Canada is offering the opportunity to send Mishloach Manot to displaced families in Israel.** Each mishloach manot is \$15.00. For every Mishloach Manot you send, an e-card will be sent to a recipient of your choice to notify them that a Mishloach Manot was sent in their honour. The link to purchase is: <https://mizrachi.ca/mmforisrael/>



## PURIM MATTERS

- Do you have a child in Israel for the year** (in the IDF, studying, etc)? We would like to send them Mishloach Manot on behalf of the congregation. Please forward their name, mailing address, e-mail and phone number to [coordinator@shomayim.org](mailto:coordinator@shomayim.org). As this is a surprise, please keep it a secret.
- To donate funds for Matanot L'Evyonim**, please go to [shomayim.org/form/matanot](https://shomayim.org/form/matanot)
- We need volunteers to pack and deliver Mishloach Manot** for members of the community. Please see the flyer on page 5 for information.

### TODAH RABAH to our sponsors: KIDDUSH

Robert & Janice Jordan in  
commemoration of the yahrzeit of  
Robert's mother, Toby Jordan z"l

Mark & Kate Freiman in  
commemoration of the yahrzeit of  
Mark's father, David Freiman z"l

### HASHKAMA MINYAN:

Joyce & Aaron Rifkind and Family in  
commemoration of the yahrzeit of  
their daughter and sister, Tamar Yael  
Rifkind z"l

### SHABBAT MATTERS:

Louise Goldberg in commemoration of  
the yahrzeit of her sister, Elissa  
Goldberg z"l

### YAHREIT COMMEMORATION:

Yaakov & Chaya Feldman in  
commemoration of the yahrzeit of  
Chaya's father, Yosef Goldberger z"l  
and Chaya's mother, Miriam Malka  
Goldberger z"l

## UPCOMING PROGRAMS AND SHIURIM

Along with the services and programs in the shul building, weekday services and programs will continue on Zoom. Please call the office for log-in credentials.

- Mondays, Wednesdays, 1:00 pm—**Circle of Care Senior Exercise Class** at Shaarei Shomayim. To register contact Mila Robinson: [mrobinson@circleofcare.com](mailto:mrobinson@circleofcare.com)
- Tuesdays, 10:30 am - **Walkie Talkies** (Banquet Hall)
- Tuesday, March 5 at 1:00 pm: **Shaarei Shomayim Book Club: "The Tunnel,"** presented by Ralph Wintrob. Register at: [www.shomayim.org/form/bookclubmar5](https://www.shomayim.org/form/bookclubmar5)
- Wednesday, March 6 at 8:00 pm: **Speaker: Reflections of a Combat Physician in Gaza** with Dr. Maru Gete. Join us to hear Dr. Maru Gete, a head and neck surgery fellow at Mount Sinai Hospital, who will share his experience as a combat physician in Gaza (please enter through the parking lot).
- Sunday March 10 & 17 at 8:00 pm in the Beit Midrash: **Shiur with Rabbi Anstandig: "The Heartless Chicken of 1709"**
- Tuesday, March 12, 8:00 pm at Shaarei Tefillah: **Women's Pre-Purim event: Upside Down.** 3 Rebbetzins, including Rebbetzin Emma Taylor, will be giving 3 mini-talks. Registration required: [shaareitefillah.com/form/upsidedown](https://shaareitefillah.com/form/upsidedown)
- Tuesday March 19 at 12:00 pm: **Lunch and Learn with Rabbi Taylor and Friends: A Report on the Mission to Israel.** Registration required: [shomayim.org/form/lunchnlearnmar19](https://shomayim.org/form/lunchnlearnmar19)

## TORAH MATTERS:

Sunday, March 3 / 23 Adar I	8:30 am 5:55 pm	Shacharit Mincha / Maariv	7:45 am	Daily Gemara shiur - Yevamot (in person & Zoom)
Monday, March 4 / 24 Adar I	7:10 am 5:55 pm	Shacharit Mincha / Maariv	6:25 am 9:30 am	Daily Gemara shiur - Yevamot (in person & Zoom) Rabbi Taylor's Mishlei shiur (Zoom)
Tuesday, March 5 / 25 Adar I	7:15 am 5:55 pm	Shacharit Mincha / Maariv	6:30 am 9:30 am 8:00 pm	Daily Gemara shiur - Yevamot (in person & Zoom) Dr. Shoshana Zolty's Class (in person & Zoom) Rabbi Diamond's Parsha Shiur (Zoom)
Wednesday, March 6 / 26 Adar I	7:15 am 5:55 pm	Shacharit Mincha / Maariv	6:30 am 9:00 pm	Daily Gemara shiur - Yevamot (in person & Zoom) Rabbi Taylor's Mishna Berura Shiur
Thursday, March 7 / 27 Adar I	7:10 am 5:55 pm	Shacharit Mincha / Maariv	6:25 am 9:00 am	Daily Gemara shiur - Yevamot (in person & Zoom) Coffee Klatch with Rabbi Taylor (Zoom)
Friday March 8 / 28 Adar I	7:15 am 5:57 pm 6:05 pm	Shacharit Candles Mincha	6:30 am	Daily Gemara shiur - Yevamot (in person & Zoom)

## PARSHA MATTERS by RABBI ELLIOTT DIAMOND

### BACK OR FORTH

When our kids were young, we enjoyed reading a book together called "Go Hang A Salami, I'm A Lasagna Hog". It's a strange name for a book, right? What may not be obvious when you first read the title is that the name is, in fact, a palindrome. What's that?

A palindrome is a word that runs both ways—literally. The original Greek meaning of the word is "running back again," from "*palin*" meaning "back" or "again" and "*dromos*", from the Greek verb meaning "to run." Don't take my word for it. Check out the title yourself to confirm it. While palindromes may be curious oddities of language, in the context of this week's Torah portion it becomes so much more.

As part of the proscribed census process, the Almighty instructed each person to give a half shekel coin. All the coins would then be counted to ascertain the necessary census information. In Hebrew the verb used in the verse is "ונתנו" which means "and they shall give" referring to the donation of each person's half shekel. It's important to notice that in the original Hebrew in the Torah the word is נתנו which is a palindrome. It's the same word spelled forwards and backwards.

There are no coincidences in Hashem's world and the message is unmistakable. When we open our hearts and reach out to the people who need our support and help because that's the right thing to do, our efforts will be returned to us as blessings. The structure of the word contains the blessing of our giving.

Simply put, we get what we give.

## YOUTH AND TEEN MATTERS

Teen girls are invited to this week's "Parsha Chat" with Yakira Gasner—10:30 am – Youth Lounge

SNIF: 5:30 PM – 6:30 PM

PCL & PCL+ - Parent / Child Learning has concluded for the season

Thank you to Leah Lechtman and Zev Hochman who delivered last week's beautiful divrei Torah

S.T.A.R.S. Teen Leadership Program (Spring session begins March 26th)

**FAMILY KABBALAT SHABBAT** – Friday March 8th, 6:00 PM – All Families Invited: Ruach-filled davening \* Kid's Program \* Kid's Kiddush.  
Register at [shomayim.org/form/kabbalatshabbatmar2024](http://shomayim.org/form/kabbalatshabbatmar2024)

**Middle School – Purim Dinner & Show** – March 23rd—Watch for details coming this week

**PURIM CARNIVAL Extravaganza:** Sunday March 24th—Registration Now Open: [shomayim.org/form/carnival2024](http://shomayim.org/form/carnival2024)

### UPCOMING Youth & Teen Programs

Family Chessed Project \* Youth Shabbat Lunch/Learn/Laugh \* Sunday Funday \* Youth Movie Night \* Teen Girls' Melaveh Malkah \*  
Shul-wide Youth Raffle

### CALLING ALL TEENS...

Need Volunteer hours? Contact Rich for volunteer opportunities

### TOTS MUSIC CLASS

Watch for registration details for our Spring session beginning in May

To sponsor a Youth or Teen Program, go to [www.shomayim.org/form/YouthSponsorshipForm](http://www.shomayim.org/form/YouthSponsorshipForm).

SHAAREI SHOMAYIM \_\_\_ TH! What's Missing? YOU Are!



# REFLECTIONS OF A COMBAT PHYSICIAN IN GAZA



March 6, 2024, 8:00 pm

**SISTERHOOD HALL**

(please enter through the parking lot)

Join us to hear from  
*Dr. Maru Gete*, who  
recently served as a  
combat physician with  
Sayeret Golani in Gaza

Dr. Gete is currently completing a research and clinical fellowship in Otolaryngology (head and neck surgery department) at Mount Sinai Hospital. He is a graduate of the Medical School at Ben-Gurion University and Yeshivat Birkat Moshe in Maale Adumim. Dr. Gete and his wife Dr. Shacked Lubotzky Gete have six children.



# SHUK TO THE CORE

## ISRAELI VENDOR FAIR

***Come together to support artists and vendors  
from across Israel***

Sunday, March 10, 11:00 am - 3:00 pm  
Shaarei Shomayim - 470 Glencairn Ave

**Jewelry • Judaica • Art • Toys • Crafts • Books**

**\$5 suggested entrance fee (Funds go directly to vendors)**

**Refreshments for Sale**



BETH  
TIKVAH  
SYNAGOGUE



HABONIM



FOREST HILL  
JEWISH CENTRE



BETH SHOLOM  
SYNAGOGUE



# *Chessed Committee*

## **MISHLOACH MANOT INITIATIVE**

The Chessed Committee's Mishloach Manot Initiative delivers a Purim gift to recently bereaved families, members who are experiencing health issues, and our members who are 80 and over.

**We are looking for volunteers for the following:**

**PACKING MISHLOACH MANOT ON MARCH 10 @ 9:30 AM**

**DELIVERING MISHLOACH MANOT TO VARIOUS LOCATIONS  
AROUND THE GTA (VOLUNTEERS WILL BE GIVEN SPECIFIC  
AREAS FOR DELIVERY)**

**To be put on a volunteer list please call the office  
(416-789-3213), or contact Dalya Hakimi or  
Francine Goldrich**

**Generously sponsored by Stewart & Danielle Turk  
Additional sponsorship opportunities available**





# Purim Carnival EXTRAVAGANZA

**SUNDAY MARCH, 24TH**

**11AM - 1PM**

**\$15/MEMBER CHILD. \$20/NON-MEMBER CHILD.  
\$45/ MEMBER FAMILY MAX.  
INCLUDES HOT DOG, DRINK + 1 TREAT OPTION.  
ADDITIONAL FOOD FOR SALE**

**INFLATABLES  
BALLOON ANIMALS  
MAGIC SHOW @ 11:45  
HYPOSENSORY ZONE  
TODDLER AREA  
GAMES  
FACE PAINTING**

**SHAAREI SHOMAYIM  
470 GLENCAIRN AVE.**

**REGISTER AT:  
[SHOMAYIM.ORG/FORM/CARNIVAL2024](https://shomayim.org/form/carnival2024)**





# BOOK CLUB

We are pleased to announce our new Book Club!  
Talks will be held at 1:00-2:30 pm in the shul on:

**Tuesday March 5 | Ralph Wintrob**  
*The Tunnel* by A. B. Yehoshua

**Tuesday April 2 | Dr. Janna Nadler**  
*Brotherless Night* by V. V. Ganeshanathan

**Monday June 3 | Dr. Sara Horowitz**  
Book TBA

Cost per session:  
Member \$10/person | Non-Member \$20/person

Register for the March 5 session at  
<https://www.shomayim.org/form/bookclubmar5>

470 Glencairn Avenue | Toronto, ON M5N 1V8 | Tel 416-789-5215 | Fax 416-789-1728 | WWW.SHOMAYIM.ORG

# FAMILY ORIENTED

## KABBALAT SHABBAT & KIDS' KIDDUSH

**March 8**  
**6:00 pm - Mincha**

followed by ruach-filled Kabbalat  
Shabbat in the Main Sanctuary

**Kids' Mini**  
**Leil-Shabbat**  
**during Maariv**

**Kids'**  
**Kiddush in**  
**the main**  
**lobby**

Register at: [shomayim.org/form/kabbalatshabbatmar2024](https://shomayim.org/form/kabbalatshabbatmar2024)

Sponsored by: Adir & Dara Dishy, Jonathan & Bailey Roth, and  
Marc & Joy Koplowitz

## THE WEINBAUM FAMILY SCHOLAR IN RESIDENCE SERIES

**RABBI DAVID STAV**  
**SHABBAT | MARCH 29/30, 2024**

Friday Night D'var Torah

Shabbat Morning Post Mussaf Drasha  
*Questions of Faith in War*

Pre-Mincha Shiur  
*Halachic Questions from the Battlefield*

Sseudah Shlishit  
*The Jewish Identity Challenge Before, During  
and After the Conflict*



Rabbi David Stav is the founder and chairman of Tzohar, a modern orthodox rabbinical organization which aims to provide religious services to and create dialogue with the broader Israeli population. He also serves as the Chief Rabbi of the city of Shoham. Previously, he served as the rabbi of the religious film school, Maale, and was one of the founding Rosh Yeshiva of Yeshivat Hesder Petach Tikva. He is the author of Bein Ha-Zemanim, a book about culture and recreation in Jewish thought and law, and two books called Avo Beiticha dealing with laws of intimacy and modesty. One of Israel's most visible rabbinic figures, he regularly appears on Israeli television and radio, and lectures to a wide range of audiences.

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Only 100 tickets remain!

## World's Greatest Cantors Am Yisrael Chai

**Tuesday, April 9, 2024**

Meridian Arts Centre, Weston Recital Hall, 5040 Yonge Street



Cantor Azi Schwartz  
New York City



Cantor Shai Abramson  
Israel



Cantor Netanel Hershtik  
The Hamptons



Cantor Yanki Lemmer  
New York City



Maestro Raymond Goldstein  
Israel



Cantor Gideon Zelmanier  
Montreal

[www.worldsgreatestcantors.com](http://www.worldsgreatestcantors.com)

## CONDOLENCES

Our sincere condolences to Glenda Osher, **Robbie & Avis Osher**, Jodi & Craig Suchard, Merle & Robin Schoenlank, and **Susan Osher & Chris David** on the loss of their husband, brother, brother-in-law and uncle, Jack Osher <sup>z"l</sup>

## Yahrzeits

DATE OBSERVED	Yahrzeit DATE		
Shabbat, March 2	22 Adar I	David Freiman, father of Mark Freiman Anna Rosmarin, mother of Ian Rosmarin Toby Jordan, mother of Robert Jordan	Elissa Goldberg, sister of Louise Goldberg Sarah Rose Nayman, mother of Sol Nayman Maurice Berenbaum, brother of Shirley Hoffman
Sunday, March 3	23 Adar I	Esther Levine, mother of Julie Kershen	
Monday, March 4	24 Adar I	Ida Holtzkener, mother of Rifka Eisenstat Shirlee Seidman, mother of Peter Seidman	William J. Sohn, father of Laura Winer
Tuesday, March 5	25 Adar I	Alice Lowenstein, mother of Marjorie Gann	
Wednesday, March 6	26 Adar I	Charles I. Ziman, father of Melva Novak	
Thursday, March 7	27 Adar I	Yozepf Goldberger, father of Chaya Feldman Tamar Yael Rifkind, daughter of Aaron & Joyce Rifkind and sister of Naomi Rifkind Mansell and Jacob Rifkind	Samuel Lang, father of Aaron Lang Rose Silverstein, mother of Saul Silverstein
Friday, March 8	28 Adar I	Albert Perez, brother of Debby Goldman Dina Hoffman, mother of Albert Hoffman	Rita Yedidya, sister of Ala Gamulka Esther Newman, mother of Samuel Newman

### TODAH RABAH to our sponsors for Yahrzeit Commemorations:

- Sol & Queenie Nayman in commemoration of the yahrzeit of Sol's mother, Sarah Rose Nayman <sup>z"l</sup>
- Sandy & Jerry Genesove in commemoration of the yahrzeit of Sydney Beube <sup>z"l</sup>
- Ala Gamulka to the Rabbi's Charity Fund in commemoration of the yahrzeit of her sister, Rita Yedidya <sup>z"l</sup>
- Albert & Shirley Hoffman in commemoration of the yahrzeit of Shirley's brother, Maurice Berenbaum <sup>z"l</sup> & Albert's mother, Dina Hoffman <sup>z"l</sup>

## COMMUNITY MATTERS

- The **Dennis Waldman Foundation for Jewish Education** is once again offering a **\$5,000 scholarship** for a graduating student from public, Jewish or other private secondary student going to university in the fall. Applications can be found at [waldmanfoundation.org](http://waldmanfoundation.org). Applications are due May 3, 2024.
- Sundays at 8:00 pm at Or Chaim: Beit Midrash Zichron Dov presents "**Sefer Shemot**" with David Koschitzky. Register at: <https://torontotorah.com/shemot>
- March 3 at 10:00 am on Zoom: **Info Session on the Reverse ShinShinim Gap Year**. Join UJA's Jewish Service for an info session on the Reverse ShinShinim Year of Service program! This elite program allows participants to spend 10 months volunteering in the community of Eilat-Eilat in Israel. Hear from current ShinShinim participants, our staff in Eilat, past participants, parents, and how to apply. Link to register: <https://www.jewishtoronto.com/events/reverse-shinshinim-info-session>
- March 17 from 9:00 am—6:00 pm at The Bay: **Canadian Magen David Adom National Training Seminar for Physicians**, in cooperation with Hatzoloh Toronto. Please register at: [www.cmdai.org](http://www.cmdai.org)
- Tuesday, April 9 at Universal EventSpace: **Harmony & Hope Gala Honouring Andrea Bocelli**. Join us to celebrate Chai Lifeline Canada's 18th anniversary. The evening features special performances, dinner and dessert receptions. Visit [chaievent.ca](http://chaievent.ca) to purchase your tickets.

## REFUAH SHLEIMAH

*Eliyahu ben Ryejah, Yehuda Yoseif ben Miriam Yocheved (Jerry Genesove), Eliyahu ben Ruth, Minah Tzurel bat Ita, Elyakum Zev ben Leah, Moshe ben Malka, Yekutiel ben Sara, Ronitte Dvora bat Esther, Hinda Rivka bat Mindel Esther, Tova Rachel bat Elka Tema, Yehoshua Tzvi ben Sara, Baruch Bendit ben Chana Gittel, Elana Chana bat Gila Brynlah, Shaul Efraim ben Hendl, Leah Adi bat Miriam Gittel, Brachah bat Gittel, Eliyahu Yom Tov ben Leah, Aryeh ben Tzipporah, Israel Binyamin ben Telma, Yehuda ben Chana, Levi David ben Elisheva Leba, Aron Shimon ben Faigi Chana, Emily Yael bat Naomi Gittel, Tova Sara bat Chana Rivka, Devora Malka Raizel bat Rut Chana, Eliyahu ben Clara, Rivka bat Chana Hentcha, Rivka Tzippora bat Chana Gittel, Moshe Mordechai ben Basha, Mordechai Ron ben Rachel, Yosef ben Esther, Chaim Shmuel ben Dina, Shimon ben Esther, Rifka Malka bat Liba, Frimet Ita bat Feiga Perl, Davida Leiba bat Bracha Rut, Pesach Shlomoh ben Leah, Aharon Leib ben Tzipora, Adi bat Francis, Lieba Rivka bat Chaya Reizel, Roochel Beila bat Chaya, Neshama bat Luba, Malka Beila bat Golda, Yaakov Zvi ben Chaya Baila, Binyamin Uriel ben Sarah, Tzvi Mair Yishehar ben Sorola, Yaakov Chunan Ben Fraidel, Yaccov Tzvi ben Chaya Baila V' Shabtai Zanvel*

Rabbi Sam Taylor, Senior Rabbi

Rabbi Elliott Diamond, Rabbi  
Jonathan Ostro, President

Rabbi Jared Anstandig, Rabbi  
Nicole Toledano, Executive Director

Rabbi Chaim Freund, Chazzan

### Executive Officers:

Yaakov Goldrich, Vice President | Raquel Goldberg, Vice President | Ian Rosmarin, Treasurer | Farokh Hakimi, Secretary |  
Louis Vandersluis, Gabbai | Robin Gofine, Immediate Past President

### Board Members:

Alan Burger, Advisory Council of Past Presidents Rep. | Tamar Arje-Lechtman | Dov Begun | Golda Brown | Sholom Eisenstat | Laurie Fialkov | Mark Greenberg |  
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